



**Murdo MacDonald-Bayne**  
**Cosmic Consciousness:**  
**Your Silent Partner**  
(LECTURE NOTES 1947-48)

**COSMIC  
CONSCIOUSNESS:  
Your Silent Partner**  
(LECTURE NOTES 1947-48)

as given in series by  
**DR. MURDO MACDONALD-BAYNE**  
M.C., PH.D., D.D.

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\* This lecture has been expanded to include verbatim the text taken from the actual sound recording of the lecture.



### ACKNOWLEDGMENTS

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## PUBLISHERS PREFACE

An attempt was made in the late 1970's to release some of the remaining unpublished material (Lecture Notes 1947-1954) in book form. The first being "*Life Everlasting*" which was published in 1980 to be followed by the then unpublished "*Cosmic Consciousness: Your Silent Partner.*" But in both cases the material was unfortunately not presented in the original sequence that the lectures were given and therefore not in line with Murdo MacDonald-Bayne's particular teaching style.

Murdo was very specific about how his material was to be released. His lectures, given in serial form, followed the ancient method of teaching or transmission of knowledge from master to disciple, a method used by both Eastern and Western mystical traditions. The format was one of a spiral system, always returning to a subject or point, but each time revealing a bit more and advancing to another level in awareness. Murdo stressed repetition of re-reading his books or lectures to his students. He stated, "the style adopted in these Lectures is intentional and the repetitions are deliberate. The double object is to convey the Truth to the mind. It is through this unique form of wording and of repetition that the student is able to grasp the reality that is invisible and which is the basis of the visible. When we understand the invisible we are more able to understand the visible.... I trust that you will progress through these Lectures diligently, quietly and slowly. Repeat the process as often as you can. The more often one reads, the more one begins to understand."

It is therefore to be noted that these Lecture Notes only formed the basis for Dr. Murdo MacDonald-Bayne's talks from which he gave further explanation on the actual night. The Lectures Notes even on their own are still very inspirational and full of wisdom.

## PUBLISHERS NOTES ON “*COSMIC CONSCIOUSNESS: YOUR SILENT PARTNER*”

The following lectures were given in Johannesburg and Pretoria, South Africa, between 7th August 1947 and 12th October 1948. They formed the basis for the similar titled posthumous unpublished manuscript originally titled “Cosmic Consciousness: Your Silent Partner” (compiled from the lectures notes by former student Paul Troxler of Pretoria). This new revised edition is not that book and presents the lectures in the original order, and also includes additional lectures missing from the former unpublished manuscript.

Where known, the Publishers have kept the original title of the Lectures otherwise an appropriate title is given related to the contents of the message.

In honour of the work done by the late Paul Troxler (1905-93) in keeping Murdo’s teachings alive in South Africa, we have kept the original title of his unpublished manuscript.

## NOTES ON SOUND RECORDING “*INSPIRATION AND HOW IT CAN BE ACQUIRED*”

Taken from a recording made in Johannesburg at Escom House on Thursday night 26th August 1948. As with most of the recorded lectures a portable Webster-Chicago wire recorder was used, that is, the lecture was recorded onto a spool of stainless steel wire. A digital (PCM) transfer from the original wire spool was made on 26th June 2005, from which a final Master was made and released in Digital CD MP3 format (MMB 1001).

## MURDO’S BIBLICAL REFERENCES

Besides the standard King James Version, Murdo often quoted from another source, Moffatt:

“A New Translation of the Bible containing the Old and New Testaments.”  
James Moffat (translator), revised, 1935. Harper & Brothers, New York,  
1935.

**1947**

*EARLY LECTURES*  
*(Johannesburg Series)*

## Lecture 1 (7th August 1947)

### **THE ANGELIC POWER OF LOVE, WISDOM AND HEALING**

When you, a spiritual being, are born into this world you build into your personality and outer life what is supplied by the earth and its atmosphere. You do not become embodied in virgin soil by no means. I do hope that you recognise this fact. For the Substance you draw upon has already been utilised by others who have preceded you.

Every particle you use has been saturated by those who utilised them and to a great extent you are affected by these particles which make up your external organism including your mind.

Your mind accepts the thoughts of those who have gone before you, for very few are original thinkers. Only those who have stepped out of the commonplace of everyday thinking have given the world something new. The world does not accept it all at once, only those minds capable of receiving are the first fruits, then others follow and eventually the whole world accepts. That is why men and women only become great many years after they have left the earth plane.

But there is one way of affecting everyone on earth without even their knowing it. This method requires study and development by those who engage in it. The fact that it is Silent in its nature does not arouse the antagonism of the limited erroneous pre-existing ideas and superstitions of man which the ignorant cherish and cling to as if they were true.

The mind does not absorb new ideas readily because they clash with accepted ideas, which are old and worn out and have long ago become useless.

Man clings to the old ideas of separation and superstition created by the various beliefs which clash with one another only because of different

ideas, but you will observe that these ideas are man-made, and have become limited beliefs that are at the bottom of all separation.

When the new knowledge of our Spiritual Universe is revealed to man he does not take to it at first because it supersedes his limited ideas of the material world, of his religion, philosophy or system which has become his habitual, limited and static belief.

It is only half a century ago since the new idea that the mind had something to do with the functions of the body was even accepted by those who were our leaders in thought. Since then psychology has made itself known to many yet millions have never even given it a thought. Now the previous ideas of psychology have been superseded with new ideas and out of this several schools of thought have risen, some opposed to each other.

Science has made great strides in the molecular and atomic energy. Science is discerning the wonders of the new age in the material sense, but few have reached out to the truly great and only safe science, the Science of the Spiritual Universe which is behind the material Universe. Without this knowledge chaos must necessarily exist in the world, because the Laws which are a protection for mankind are revealed only in the Spiritual and not the material and that is why you and many more like you have realized this fact but have seen no way to spread this great truth, for the simple reason that most people will reject it as they did two thousand years ago with the advent of the Man of Galilee.

Now you must all know by now, especially the students who followed me from the beginning, that I am the mouth-piece of the great Spiritual Forces that are working to help mankind (in spite of man's ignorance and disbelief) for they are also linked up with the progress of mankind. When I say this I do not put myself forward as one who is superior to any of you, my brothers and sisters, for I am only that humble instrument peculiarly made, as you might say, to be a link between the higher Spiritual Beings in the inner realms and the Spiritual Beings in the outer who will one day become Spiritual Beings in the inner and will "see" with a greater love and understanding. Their one purpose will be to help their brothers and sisters in the outer, those whom they have left behind and those who will come after, and will know there is no separation for we are all of the One Life whether we are conscious on the outer plane or conscious on the inner planes. The

Christ Life is the only Life that exists in all, and the Christ still lives, the true Source and only Source to look to for freedom from fear, worry, sickness and conflict. For this Life is the source of true happiness, no matter what name we have given it, interpreted through the different religions. Thus I am instructed to instruct you in the great Universal movement to help mankind through the Silent Healing Power which in itself has all the power to unfold in man that Angelic Power which will lift mankind out of the state it is in today. You have been called to this great work, a blessing which you will see, will not only help your brothers and sisters but for yourselves will be a glory unsuspected by the most imaginative.

You will be pleased to know that Sanctuaries of the Silent Healing Power have been established all over the world. In America, Canada, Australia, New Zealand, India, Great Britain, Ireland, Holland, Sweden, Norway, Germany, Italy and other European countries including Russia. All over the earth those Sanctuaries will be linking in conjunction with thousands like yourselves in the quietness of their daily receiving and broadcasting into the atmosphere this Current of Life carrying with it Love, Wisdom and Healing for all mankind.

Above the Mighty Himalayas there has always been a mighty Spiritual centre of which the physical world has never heard. Masters are in direct communication with this Mighty Power for the upliftment of Mankind.

I myself, when in the Himalayas with the Masters, made contact with these great Angelic Forces, call it the Christ Power if you wish for that is what it is, others call it by other names but it is the one great Infinite Light and Love that surrounds the earth being directly mediated to earth through the medium of the Solar Angels. This one Power is linked up in every living soul on earth and it is the only Source of our being though few are aware of it. By our conscious awareness of it we open ourselves to it and by our acceptance of it it expresses itself through us, we become God's channel for the unfoldment of this Angelic Power latent in all.

God is the only living Being there is and you live because He lives silently within you and becomes active in your life immediately you become aware of Him.

The atmosphere surrounding the earth, as I explained in my communication to you with reference to the Sanctuary of the Silent Healing



Power, is permeated with the thoughts of mankind, thoughts of sickness, hate, jealousy, antagonism between individuals, groups and nations.

Ignorant man is continuously reacting to this thought atmosphere and by doing so not only adds to it but is drawing these conditions upon himself or herself according to the attitude of mind they hold, creating more misery for themselves and others.

Fear rules the heart of most men and women, everyone is afraid of something and few trust each other. Confidence has disappeared and mankind is divided against itself. Although we are all linked up in the great Angelic Stream of Life which is Love, Wisdom and Healing, yet the mind of man is not receptive to it mostly because he has never felt it or become aware of it, being ruled by the emotion of fear and by other influences that surround him, but our work will definitely help to change all this.

Now let me explain to you the state required so that you can join in receiving and expressing of this Mighty Force that will revolutionize the thinking of mankind.

1. The mind must be free from disturbances, steady, light and glad, open to this Power that will free the Life in all its beauty and loftiness. This will free become more evident to you as you tune in at the specific times in this communication.
2. You must endeavour to get rid of the habit of the invasion of troubling thoughts, wrong feelings such as envy, jealousy, anger, reaction to things, people, circumstances and the confusion of ideas about the various religions, philosophies and systems that cling to the mind.
3. You must not struggle with these things, for you will note that this makes things worse and as you discern deeply you will see that these things matter little because they are relative to you and have no power except the power you give them, for Life (Love and Wisdom) is free and natural and is not affected by any of these things or conditions and it is with this Life alone we are concerned and nothing else, It being the only Reality.

If you struggle with thoughts and wrong movements that come to you from outside you make them your own and this only further disturbs

the nature and makes it more difficult for the Force to work.

4. To be a real help in the expression of this Divine Power your mind must be quiet and at peace so that the Force can be received and expressed in its true nature—Love and Wisdom.
5. You will observe that these instructions supersede all other systems or studies of the past, even the studies of the art of the mind does not compare with it, neither can you compare it with any form of meditation you have tried. Neither is it that vacant state of mind that most people engage in for this allows the mind to open to all the influences of the thought atmosphere that surrounds you. It does not matter to what religion or sect you belong, it is this one Power that acts through all even if most people are blind to it.

To be a real channel you must study these instructions and try to grasp their full and deeper meaning.

The state required is a state of awareness, alertness, with the mind calm so that nothing can disturb it. The mind is then not ruffled or agitated; if activities come from outside there is no reaction to them and these pass across the mind leaving no trace, as I explained in one of my lectures, like a flight of birds crossing a windless sky. Even if the most violent events take place outside there remains that indestructible peace, that peace that passes all understanding, **that peace of the Christ within**. In this state you will be in tune with that Angelic Power of Love, Wisdom and Healing and you will be of real service to the world.

6. You must not try to give this Angelic Power a mental form nor add anything to it but remain calm, composed, unexcited, impersonal. It certainly means not only a presence but “THE PRESENCE”. You need not try to define it or turn it into an image of The Presence for this Presence in its nature is “Infinite.” What It has to manifest of Itself or out of Itself It will do inevitably by Its own power when there is a sustained acceptance by you. Many will feel the thrill of the Mighty Power pouring through them and this of itself is ample reward for it leaves its Presence with you. It is impossible to imagine the great

benefits you yourselves will derive for it fulfils every personal need as well.

7. Now let me explain to you the times when you can take part in the broadcasting of this Angelic Power for the benefit of all mankind.

The most positive time of the day is 12 o'clock noon when the sun is at its meridian and every three hours afterwards are suitable times, such as 12 noon, 3 pm., 6 pm., 9 pm., 12 midnight, 3 am., 6 am., 9 am., and so round the clock daily. It is not necessary for you to engage in all these times, the times most suitable for you for a few minutes **wherever you may be** is all that is necessary. This is also the time for all throughout the world. You will note that as the earth revolves and as the work will cover the whole earth, there will be a continual flow of the Divine Power moving round the world. There will be no time when this Love and Wisdom will not be dissolving away the chaotic atmosphere created by mankind. At the same time mankind will receive the Angelic Power in his or her own heart and mind to make it his or her own. Thus your work will be the greatest blessing that was ever offered to the world, **for the Christ can live again in the hearts of man and woman.**

As this message has been given to me by my Mentor so it is passed on to you.

May this Love and Wisdom of our Glorious, Indescribable, Adorable Loving Father-Mother-God and the Light of His Mighty Angels surround you in your great and glorious work.

GOD BLESS YOU AND THANK YOU.

### PRAYER

Our Father-Mother-God, we are all Thy children. We are seeking our way back to our Source, the one Abode of Light. Show us the one Highway of common realization to where all bye-paths must eventually lead.

All religions are but branches of the One Tree of Truth, some yet unaware of the One Life within that Tree, which is the only Reality. Help all to see this Life.

In the one Temple of Silence the chorus of many religions is heard by Thee, yet their differences serve to separate us from each other.

Teach us to chant in that one harmony of Love so that the melody of all Souls shall sing as one with Universal understanding of the one Life and Immortality.

## Lecture 2 (14th August 1947)

### **DEATH IS NOT THE END**

I have been asked time and time again, do we live after death and if so what happens to us?

Now this is a question that enters the mind of every living soul some time or another. There is not one who has not asked himself or herself this question or has not made some enquiry in regard to it.

All religions have been based on the assumption that there is an after-life but few can give a satisfactory answer to it. Most people pray for forgiveness of their sins with the view that they may still live after death. Many people fear the event, others wish it were upon them so that they could get out of their misery here. Some wish others were dead so as to get rid of them. Yet few understand the true meaning of the event that must eventually come to all.

Death is not the end by any means but the true beginning of the Spiritual Life. It was Jesus who knew this so well. His reappearance after the passing on the Cross was to assure mankind that Life is eternal. "I am" before Abraham.

Now this is a tremendous subject especially when there is so much to understand about it and what I intend to do is to ask for further information and will give you what I receive.

As far as I myself am concerned I know that there is no death, because I have experienced that time and space merge into one another at the exact moment called "death" and Life, the only Reality, neither knows time nor space, being eternal and ever-present. This experience came to me during the first World War and then again in the Himalayas with the Masters. I have already told you of these experiences and will not take up the time in

repeating them in this lecture, but will confine myself to what I receive in answer to my question for more enlightenment on the subject.

ANSWER:

The question you ask is perhaps the most important of all the questions you have asked for the simple reason that it not only pertains to every living soul on earth, but it also affects those who have passed through the portals called “the first death,”—the leaving of the physical body.

Death is by no means the end, in fact it is the beginning of your real experiences, although your real spiritual experiences do not take place till after what is known as the second death which will be explained later.

You have experiences through the physical senses by means of the physical body, so you have experiences through similar senses although more refined and expansive in nature in your astral body, and so on you will experience this expansion and glory, each stage being greater than the one before it. The **you** which is you will still be the same “you” becoming aware of these experiences similar to how you became aware of the experiences you had on earth, there is no comparison as to the experiences, although the modus operandi is the same. I hope you are able to grasp what I say.

You cannot compare your earthly experiences with Spiritual experiences although you may catch a glimpse of what they mean, but if you can separate yourself from all your experiences on earth and learn to discern them you will observe that they are external to the self that is examining them. This becomes more evident after the passing called death. You are then able to observe all your experiences with impartiality. Those necessary you keep while the others you dissolve away. If you could do that while living in the earth plane all would be possible to you, but most do not see this clearly till you leave the earth plane.

I have already told you that interpenetrating your physical body you have the finer substances out of which the neucloid of Life builds up the body you will use in the inner states.

The first or immediate body is the psychic body which exists within the physical body and survives physical death and brings you into relation with the inner earth plane which pertains to the world soul. This is not really a

Spiritual state of living but a stage which you have to pass through where there is a further reconstitution, reorganisation, and reformation which enables you to deal with all your earthly experiences as I have already mentioned. This enables you to leave that state and pass in time into the true Spiritual world.

If I can make it more plain to you by saying the ascending circuit corresponds with the gestation in the descending circuit into the physical plane—the descending is the involution or involving of your eternal existence in the various grades of substance including matter; and the ascending is the evolution or unfolding of your eternal existence out of the various grades of substance including matter.

This psychic form is not truly a Spiritual form but is built up out of the world soul in which you are living while in the physical body. It is in this body that all desires remain after leaving the physical. It is pliable and retains all earthly experiences, these must be dealt with by yourself. The crude is dissolved away in a similar way that you dissolve your crude experiences while on earth through discernment. If you cling to these experiences while on earth through fear emotion or reaction they frustrate your true experiences.

The saying that I can best give you to relieve you is, “Thy sins are forgiven thee, arise and walk.” The dross must be left behind, the only use these experiences can be to you is that by them you learn to unfold the Real, which is Love and Wisdom and Healing.

The psychic form is often referred to as the psychic double and sometimes it is violently precipitated from the physical during the earth life. Those who are precipitated from the physical body suddenly and ignorant of these facts often appear as ghosts because of their intense and urgent earth desires which makes them known as earthbound spirits, but immediately the consciousness becomes aware of itself and the condition in which it is in “out of body state” the ghost disappears. The appearance is made through strong earth desires which tend to modify the psychic body so that the physical senses can become aware of it. Also the projection of this form during earth life is now so well-known as to become an established fact being recorded so many times by so many people.

The appearance of this psychic double (or ghost) of those who have passed from the earth body is also well-known. In your Bible you read of many incidents of this kind and now while the world is entering a new cycle, many and many more such incidents will be recorded until such time that it is accepted by all, just as your wireless and television and many other things, which were thought to be impossible.

During your incarnation in the physical body the psychic remains connected to the body by a magnetic Life line. This magnetic Life line can be stretched across the world if necessary by one who has practised the projection of the astral body.

In the first instance the double can only be projected a short distance, but with practice however it lengthens through confidence, fear immediately draws it back into the physical and may never again leave the physical till so-called death.

At the advent of this death, this connection is severed and the psychic body no longer returns to the body. Severe illness or shock may cause the psychic double to leave the physical temporarily, this is often done while the person is in a state of semi-consciousness and many times during sleep. Children often experience the presence of their parents who are anxious about them when separated because there is a psychic link between all parents and their offspring. This is caused through the link that unites them with the Solar Angel who is the parent of the parent.

There is not such a thing as an illegitimate child in the Spirit world that only pertains to the ignorance of your world, when things are seen in their true light this unnecessary agony and suffering caused to the innocent will disappear.

When “you” the conscious self within the psychic form enter into relation with the plane of the world soul in which you find yourself you will react to the condition in that plane, to a great extent you will learn as you did on earth when you were a child with the exception that conditions are totally different. There is one thing I can assure you, you will never be idle for one moment, you will find so many interesting things to do as you progress, your inner faculties which you were unable to give full utterance to while on earth will find new avenues of expression. Opportunities will be afforded to you to express yourself fully.



At this psychic stage you know very little of the Spiritual state although you may think you are in the true Spiritual state and may think you are in “Heaven,” so-called.

Now it is from this plane that most of the communications come through mediums—entities in this psychic plane are often called spirits from the Spirit world, but these entities are selves whose interests still have strong earthly ties and can only deal with things pertaining to the outer earth. That is why so little information can be obtained about the Spiritual realms which in many cases causes most people to disbelieve in Spiritualism. They say “I can tell them more than they can tell me,” that is possibly so because of the fact that you may have studied the subject to a greater and higher degree.

The second death is when the entity leaves the psychic plane and enters into the more inner state and when this is completed the past becomes lost in oblivion and the consciousness of such can only be regained by entering temporarily into relation with the earth through a medium in the inner realms and then through a “medium” on earth. That is why I have told you before that the information obtained about the Solar Angels has been relayed from the inner to the outer and you are in direct communication with this information through this modus operandi.

In regard to evil as I have told you before: Evil only pertains to the outer world of appearances and does not affect the internal Spirit. It is not transformed into internal states. Experience in the lower degrees of Life makes the entity conscious of such states and when the entity reacts to this atmosphere he makes it his or her own. You hear a great deal about the evil in your world. You cannot eliminate evil by killing off a few people who you think responsible for evil for all are equally responsible. Those who think themselves good and others evil are often the worst offenders. If more of the eternal, ever-present goodness was realized, the atmosphere in which you live would soon change. That is why you have been instructed to form the Sanctuary of the Silent Healing Power. When this is fully understood, as will surely dawn upon the minds of the people, separation, the cause of all your troubles will pass away. It has been already stated by other Spiritual Beings that a millennium is at hand that can only come when separation is dissolved away from the minds of the people on earth. You have many

religions on earth, each claims itself to be the only religion. Anyone outside that particular religion is called a heathen, an infidel and so forth. When all peoples come under the spell of the One Presence a new enlightenment will come and all religions will merge into the one abode of Light and Love.

Your work is more important than you can ever imagine for the whole Spiritual World is co-operating with you. Yet we can do nothing unless man himself opens his mind and heart to the ever-present, omnipotence and omniscience of the Love that surrounds him, and the method you have been directed to adopt is the best way to accomplish this.

Many who are helping in the inner realms have while on earth lived selfish lives, lived for what all the pleasure of the world could give them. When they left the earth Life they continued for a more or less brief period in the plane nearest the earth until the form in which they emerged from the outer earth was dissolved away and the glory of their new experiences revealed the grandeur of freedom of the ever-present Life and by the experiences they have passed through both in the outer and the inner, after being emancipated and elevated, they are able to become instruments to descend and help in a manner unknown and un-thought of by Church or State as constituted on your earth. They become the saviours of mankind. Thousands, yes, hundreds of thousands are working with you now influencing for good your earth plane.

More information will be given on this subject later. In our next communication there will be further instruction in regard to the mental states in the order of quiet, calm, peace and Silence and how they are more easily obtained and will make you more proficient in your work of healing.

## BENEDICTION

Thou great loving and generous Parent, Father-Mother-God, I did not hear nor did I see but the presence of Thy Eternal Love whispered to me in the Sanctuary of the Silent Healing Power. My slumbering wisdom and love slowly awakened and I heard the whispers of Thy Eternal Presence becoming ever closer and closer. I felt my brother and sister who had already seen the Light and whisper Its presence to me in that Silence that

knows no equal and as I awakened more and more I knew that I was also the spokesman of Thy Eternal Love, Wisdom and Healing and now that I am awake my whispers shall never cease.

Awake now, my brother, my sister, work thou with me so that all shall hear the whisper of the "One" Eternal, Ever-Present Love and Wisdom. Let us all go into the one Home, that Sanctuary wherein all are one family praising our Eternal Loving Father-Mother-God Who gave us birth, born in His image and likeness.

SO MOTE IT BE

Lecture 4 (28th August 1947)

## **THE PSYCHIC BODY OF JESUS**

In my previous communication I made it plain to you I hope, that the natural body or outer material body was the outer psychic body or otherwise the outer body of the soul while the psychic body or inner, was the inner physical, the inner body of the soul. These two interpenetrate each other as ether interpenetrates matter or as water interpenetrates a sponge. Both bodies are made out of the same substance only one is finer than the other but identical to each other, the only difference being in degree of vibration. Each body reacts upon the other, what is established within appears upon the outer and vice versa.

You were told that all is Infinite Mind, that this Mind fills boundless space, there is no outside it, so there can be no other substance in existence. Therefore all is Mind and matter is Mind materialized. In fact matter is the name you give to the opinion you have in regard to it but you do not know what it is but you know that it is, that is plain to you now, is it not?

This mind we have called “Non-Self Conscious Life— Intelligence— Infinite Mind Substance.” This non-self Conscious Life is responsive to the direction of the Infinite Self Conscious Life—Infinite Self Consciousness. In this way all forms take shape and by these two we call the Father-Mother-God all must exist and all that lives must be a manifestation of them. The reason I am reviewing this is because I want to show that the story of Jesus and his reappearance to his disciples is not an unnatural or mysterious singular happening but a perfectly natural event. In the light of your recent advanced scientific research and with more knowledge on the subject of the psychic and super-physics old prejudices and superstitions are gradually disappearing. The minds of the people of the world are gradually

seeking new knowledge, and will not much longer be content with the jargon that has lasted through the centuries.

New knowledge is now accepted more readily but it is necessary that this knowledge should be correct, not limited to any kind of belief that would limit it, and thus prevent your further advancement.

It was ignorant beliefs that prevailed at the time of Jesus. Priesthood ruled as it still does in some parts of your world today where people are less enlightened. The priesthood saw the end of their control over the people if the teaching of Jesus were accepted by the people and even in your day there is the same fear although it does not take such a virulent form.

The following are true facts concerning Jesus and I am sure will be of great interest to all.

When Pilate appeared before the priests and the populace, and washed his hands in a basin according to the oriental custom he cried "I wash my hands of this man's blood. Upon you be it," and the crowd responded with a great shout "Upon us and our children be his blood." Little did those who said this realize what it meant for them and their children. I am not going into the whole story of his crucifixion for that is not so important at the moment as his reappearance, his resurrection.

Jesus had already informed his disciples that he would in three days appear once more among them. To the ordinary understanding this event seemed to indicate that he would occupy again his physical body and the gospel narrative seems to verify this idea. But this narrative was written by his disciples who, although acquainted with the Master's teaching of the inner world, did not comprehend the full significance of the one Mind and one Substance in different degrees, one interpenetrating the other, they did not fully comprehend the full meaning of the resurrection.

Now Jesus did really appear to his disciples and abode with them for a time instructing them in the deeper mysteries and secret doctrines. These mysteries are now being revealed to the world not as mysteries but as natural events in the lives of all. Enlightened minds are able to grasp these truths and make them their own thereby freeing themselves from ignorance and superstition.

Jesus appeared in his psychic body or his inner physical for the simple reason that shortly after leaving his physical body it was dematerialized beyond physical sight, and his appearance was in the astral or psychic body which was the inner physical.

Most of his disciples knew that the immortal part of the Master still lived when he made his appearance to them. Thomas was the doubtful one, only when Jesus showed his hands and his feet and the hole in his side was Thomas convinced.

The psychic body always takes on the features and characteristics of the physical and as Jesus was aware of what he went through the marks were still visible in the inner form although it had no effect upon it. You have seen yourself Yogis who plunge daggers into their bodies without leaving a wound or losing a drop of blood, also you have seen Yogis who walked over a blazing coke fire and were not even scorched.

When the out-of-body state is realized revealing the truth that death is not real, the mind is free from fear and belief in death so the body no longer is affected by fear of anything, thus complete control is obtained.

The first to see the Master in his astral form was Mary of Magdala. She was weeping beside the empty tomb and when she looked up she saw someone approaching and thought it was the gardener. The astral form was unfamiliar to her, more of a transparent nature only being partly materialized and at first she did not recognise Jesus. It was when he called her by her name that she saw the form growing more distinct and familiar, that she recognised the features of the Master.

Many people have had experiences of their loved ones who have passed over appearing to them and then disappearing again. These incidents are so numerous and convincing that there is no longer any doubt about them. It is this similarity I want you to see in regard to Jesus that is important to you.

The fact that when Jesus walked with two of his disciples while they thought he was a stranger, until he made himself known to them and after that he ate at the same table, later gave the impression that he must have had a physical body but the fact that one can eat when in the astral is common knowledge to those who understand this phenomenon.

The failure to recognise the Master is beyond ordinary explanation and the Churches who profess to teach his teachings make no effort to explain or make it understandable. The reason is because Jesus had not wholly materialized. His astral body at first, and his features were not therefore distinctly marked. You must now explain your own experiences when in the Himalayas when you gradually watched the features become clearer and clearer until wholly distinct, also your weekly experiences in the writing of these lectures. It is important that those whom you are teaching must have a grasp of these inner mysteries otherwise they will no understand what is to follow later on. This is also necessary for a complete understanding of the work in conjunction with the Sanctuary of the Silent Healing Power and the Spiritual forces you are co-operating with.

The orthodox theory of Jesus having reappeared in his physical body is because of the lack of understanding of the true facts. This coincides with the fact that they have been unable to explain the non-recognition by his disciples who had been his everyday companions before his death. Jesus appeared to many more people than his disciples, and which are not mentioned in the narratives about him. Jesus confronted the High Priests in the Temple and brought them to their knees in terror. He also appeared to Pontius Pilate and Herod.

The sudden appearance and disappearance of Jesus showing himself to those who he wished to see him shows you conclusively that it was his astral body he used for this purpose. It seems incredible that there should be any doubt about it. If the true teachings concerning the astral world and such phenomena were thoroughly explained to people instead of creed and superstition which fails to enlighten their minds there would be much more enlightenment on the subject in your world today.

Now the Gospel tells you that his disciples recognised the Master not as any unsubstantial form but felt his body and saw him eat. This has been to a great extent the cause of the belief that it was the physical body in which he appeared, but you know that the astral form can become so thoroughly materialized that it can be not actually seen but felt.

Then one day he appeared to his disciples and they accompanied him to the Hills. He gave them instruction regarding their future work. He then bade them farewell and began to fade away from their sight. His astral form

began to slowly dematerialize and he gradually faded away from the sight of his beloved followers who were now convinced that Life was continuous, even the personality survived the first death or the leaving of the physical body. When the complete dematerialization took place Jesus had cast off this psychic body known as the second death and passed on to the higher planes of being. He had then ascended into the Father or into a higher spiritual state.

It is plain to you now, I hope, that you observe that the physical body cannot pass into the planes where ordinary forms of matter do not exist. The physical body is but a temporary vehicle for the soul's experiences in your plane of action and you will discard it when the proper time comes, but as you have the gift of appearing on the astral you will also appear in a similar way to that which Jesus did. All this is for the purpose of enlightening people of the truth that there is no death, this alone will change the mind of man from material gain to Spiritual gains.

To know without doubt that the physical is but the outer shell and will be discarded by the soul as the chrysalis is discarded by the butterfly for its aerial flight into a new world, is what the world really needs.

The sooner the world realizes these truths the sooner will it free itself from all illusion and superstition which has been taught by orthodoxy. Hindered and blinded with beliefs that have no foundation of truth mankind has lost the true teachings of the continuity of Life.

All are Spiritual Beings now and do not have to wait till so-called death to become one. Life is independent of a physical body. Angels are those who are Spiritual Beings as you are but without a physical body, but at one time had physical form.

Life is one process of progression in infinite variety of forms yet all one Life in one Mind, one Scheme, one Plan.

When Jesus appeared to his disciples in the astral form he imparted many truths to them. He took John out of his physical body and showed him the Spiritual world and in this state John wrote his epistle. Jesus also informed them of the cycle of the world in which the sowing of the seeds of truth he taught would not bring the fruit until the time was ripe and that time must take two thousand years, that the passing of the centuries would be the preparing of the soil for the great work of truth that is now making



itself known amongst you all. This fruit will be good to eat but you must wait until it is ripe on the vine, when the Life of the Spirit will be lived by the race. This light of the Spirit is now being kept burning by you, in the Sanctuary to help mankind. This Spirit, the Spirit of God in man, called the Christ, still lives in the world ever striving to lead all to the realization of the Real Self within. It is this Spirit that I speak of as being ever with us, the Silent Partner waiting to enter into your daily life as the Comforter and Helper. He has not gone from you. He is actually here with you now and forever in actual Spirit communication and it is through this Spirit we are communicating the Presence to all the world through the Sanctuary of the Silent Healing Power.

The Lord has risen from the mortal form to immortal Spiritual existence, as all must do for this is the goal of the race.

It does not matter what defects you may have in your nature the one thing that matters is to keep yourself open to the Presence. No one can transform himself by his own unaided efforts. It is only the Divine Presence that can transform him. If you keep yourself open all the rest will be done for you. If you put too much reliance on the action of your own mind and will, you will not progress. If you get the habit of silent reliance on the power of the Presence not merely calling it in to support your own efforts from time to time but with that realization of its constant presence, every obstacle that may be in the way will disappear and the glory of the Spirit that knows no opposition will reveal itself in all your doings.

Study well the instructions given in the first and third communication it is of great importance in your work for the Sanctuary of the Silent Healing Power.

PEACE BE WITH YOU

BENEDICTION

O, Beloved One, One, Thy Love is like a balm that ever increases as we adore Thee.

Thy Presence spreads through all minds in all lands and as we learn to love Thee first above all else, Thy Spirit manifests Itself in all Its Divine qualities for the benefit of all.

Let Thy Kingdom, which is within, manifest Itself without, and when we look upon the face of our brothers and sisters we shall see Thee.

No need to plead, no need to struggle for the comfort and joy of Thy Divine Nearness and Companionship.

We only have to know that nearness that brings quietness into the Life, confidence and peace in the heart.

It is Thy Presence alone that can transform conditions and lives bringing harmony and beauty, peace and love.

SO MOTE IT BE

Lecture 5 (4th September 1947)

## **GIVE UP STRUGGLING WITH THE OUTSIDE WORLD**

In this communication I wish to show you the one essential thing in your practising the Presence. Give up struggling with the outside world, and relative things, for this is the cause of all frustration. Calm yourself and ask the question quietly, “What am I struggling for or what am I struggling against?”

Some are struggling all the time against sin with the result that they live miserable lives and want everyone else to do the same. The cure for this is to take hold of the Tree of Life and let go of the Tree of Good and Evil, then there is no longer any struggle for when the Presence is recognized there is Love, Wisdom and Healing. Immediately one sees that there is nothing to fight, there is freedom. It is like one struggling with the darkness, immediately you bring light to the darkness, it disappears.

To hold on to two extremes opposing each other is the cause of the double-minded creature, who cannot get anything from God because he misapplies the Law.

To have the Presence, you must wait on the Presence knowing it is there with the mind held firmly in that direction. When you hold the two extremes in your mind struggling to get one out and struggling to get the other in, you have what is called a double exposure. When two exposures are made on the one film you have distortion, so the mind is confused and ruffled and that calm state necessary for the reflection of the Presence is missing.

Some of you are struggling with disease similar to those who struggle with sin. We are witnessing this useless struggle going on, only making conditions more difficult.

If you think of disease at one end and health at the other you assume there is a distance between them and you struggle to bridge the gap. So health is always in the future, like tomorrow it never comes. It is just where the mind of the thinker placed it, at a distance, a place away from where “I am.” I am the Presence—and the Presence is Love, Wisdom and Healing and is ever-present with you all.

Our aid to you in your healing is to impress your mind and the patients’ mind of the immediate realization of the Cosmic Oneness—Cosmic Wholeness. There is no outside it and no division in it, it is ever-present in its wholeness. Let go of the self-created idea of disease. Infinite Mind does not hold it, neither should your mind hold it. When you realize that your mind is the reflection of the Infinite Mind there is no longer need for struggle, the only condition being sustained acceptance.

Most people who suffer are continually acknowledging disease and are possessed by the idea of it. Some struggle with it by denying it thus giving it a power it does not possess and this creates in the individual’s agitated mind a strong recognition of the power of disease. Denial of disease when it is felt in the mind and body only fixes it more firmly there and tends to disorganize the mind.

Again I want to point out the similarity in the Tree of Good and Evil where there is always conflict and frustration. Your religious leaders are hypnotized by the power of evil and can see nothing else. In the mind this thing is being given a power it does not possess. How can there be a power of evil in the omnipotent Omnipresence?

Your Bible tells you that you must not partake of the fruit of the Tree of Good and Evil for by doing so you die in your sin or ignorance. This tree has its growth and roots in man’s mind only. In your ignorance you created this dual nature within yourselves, so you are mentally divorced from the Garden of Eden, the Garden of the Soul (Cosmic Wholeness) because you cling to your ignorant belief of your duality, double-minded creatures! Jesus, when he healed the sick, asked “Wilt thou be made whole?” in other words believe with me and thou shalt be free. His wholeness was complete in the realization of “I and the Father are One.” But this **has to be realized** not merely said without understanding. How can the mind be free if this is not thoroughly understood? How many truth students today crumble at the

last hurdle? You may as well fall at the first since the fall is not so heavy, then you can get up and go on with true experience. I will have more to say of this further on.

You must be one-pointed with regard to the Tree of Life or the Presence. It means the same thing only in different phraseology. You will appreciate by now I hope that the Tree of Good and Evil is relative and not a reality, its growth is in man's mind and this blinds him to the Truth of the Cosmic Wholeness. So the fruit of this Tree is of his own growing and he eats thereof or otherwise feels and reaps the effects. Freedom comes when we discern the cause within ourselves, not merely denying it. This ignorant denying has been the cause of many abandoning the very thing that would be of help to the individual in suffering. Some may say that this teaching is the same as other Truth teaching only put differently, but you have only to examine it closely to see it is different—chalk may look like cheese, but it is not cheese.

You are Spiritual, made in the image and likeness of your Creator, you are His reflection and to have this reflection you must cease struggling, cease to crave, for this causes conflict, confusion and sorrow. God's Reality is your reality, His Presence your presence. I wonder how much you realize this great Truth! "Raise your hand and take hold of the Tree of Life," in other words, become aware of the one Life, the only Life. I am that Life, you are that Life "I am Alpha and Omega," the end is in the beginning. Within yourself is the proof of this.

This is the great Truth that must be kept alive. It was the Truth that Moses and Jesus were sent to reveal.

The story of Adam and Eve is an allegory. Adam and Eve are represented as a wedded pair. Adam represents the body and Eve the Soul. The soul is the builder of the body and the deception or wrong thinking on the part of the soul who eats of the Tree of Good and Evil reproduces upon the mind and body of the thinker what he or she thinks. "As a man thinketh in his heart so is he."

The erroneous idea which is prevalent amongst you all is that some mysterious way can be found to relieve man of his responsibility and will make him free from the obligation of Life and free from his problems. Most of you are waiting for an escape. The only escape is to discern the cause

within yourselves and when this is seen and dealt with fearlessly and without struggle there is a clearing of the way for the Presence, the Presence can only operate by your giving it reflection through you.

I told you previously that the immortal Spirit, the Christ of God which manifested through Jesus “the Light of the Solar Angel” is in the world helping all to meet their problems with that calm, steadfast feeling, light and glad, open to the Presence, never shirking any responsibility but with courage and confidence going forward without limitation.

Associate yourselves with the power of the indwelling Presence of the Infinite Intelligence—your Silent Partner, let Him speak through you and work with you. He is the greatest of all and the servant of all. He is Love, Wisdom and Healing.

Do not have your minds filled with the idea of demonstrating your ability to acquire things. Most people desire the truth only inasmuch as it can get them this and that and many do demonstrate small things and sometimes big things, but as this grows it creates a vicious circle with the mind centred on things with the result that when the most cherished desire is not forthcoming there is a deep inward struggle that causes havoc, the mind collapses and with it the body and all the things acquired are of no avail, they are left behind. This is where some truth students are utter failures and do much harm to others. The answer for this is, “Seek ye first the Kingdom of God,” God’s Kingdom within oneself. All things are there, there is no need to struggle or demonstrate, “the Presence” does it for you. “Whatever things the son seeth the Father doing the son doeth also in like manner,” the Father does not boast neither does the true disciple—only those filled with their own importance do this stupid thing and this is proof that they still believe in the limited self. The true disciple does not care whether people believe in him or not. His mind is far above these petty things. He sees the one Life running through all Nature and binding all together in one Universal whole, and throbbing with its Vital Wholeness. It is this Wholeness that is termed “Holy.”

Love and Reason must be equally balanced, both taken together must preserve that calmness, alertness, without fear; that poise against all impacts from without which might tend to throw one off balance.

You must become aware of The Presence sufficiently that nothing can happen which can make you even for a moment hate instead of loving or cease to look upon everything with the eye of all-embracing Truth.

Love and Reason must not be in opposition to each other, otherwise wisdom may be absent. Wisdom is pure action and is outward going, never relying on external things or external reaction.

To love, to feel love there must first be Love of the single individual, though that is not pure or balanced Love. But to arrive at that perfect balanced poised Love without fear or struggle you must go through this attachment to the individual with its limitation and sorrows and struggles and so on,—through these experiences growth is attained.

Growth comes naturally when the Presence makes itself felt, then that Love that has its roots in Eternity will be present. The most practical person in the world is the one who has discovered the true values of all things (that discovery is illumination). Like an eagle poised on a delicate branch it can fly high or fly low, it is poised always ready for action without struggle.

Those who live from their own separate centre think they live, but the time comes sooner or later when they find that the struggle is too great so they try to find a means of escape. There is no escape except through true discernment of the cause of struggle and the cause is separation. This separation can only be removed by the Presence of the Wholeness which is real.

I told you before you cannot make an image of the Presence for it is Infinite in nature. It is what it is, “Itself”—Love, Wisdom and Healing.

Mental theories are of no fundamental importance for the mind forms and accepts the theories that support the belief of the being. But the knowledge that there is a Supreme Existence, Consciousness and Bliss, which is not merely a negative existence or a static or featureless Absolute, but dynamic, complete and encompassing all, establishes the Presence. With this awareness of a Divine Consciousness that can be realized not only beyond but here, the acceptance of the Divine Presence is the foundation for your great work in the world today, with those who have been called to help. The Healing Power which is developing at the Sanctuary, at home and at the class lectures is being used by the Spiritual Forces operating all over the world. We are more than pleased with the results. The personal efforts

made by all of you has been transformed progressively into a movement of the Divine Force. Become more conscious of the Divine Presence and it will govern your efforts. Much has been done and much remains to be done. The Blessing of the Angel of Light surrounds you all in your work of the Sanctuary of the Silent Healing Power.

## BENEDICTION

The Voice of Thy Wisdom is roaming through the ether searching in minds and hearts for a resting place.

O, Divine Broadcaster, we are receiving Thy Love and Wisdom. Our Divine Radios are tuned in to Thee, with the result that many are hearing the Music of Thy Love and Harmony.

Souls smothered beneath indifference, touch them with a sense of perception so that they may also hear the magic song of Thy Presence—Love, Wisdom and Healing.

SO MOTE IT BE



Lecture 7 (18th September 1947)

## **EXPERIENCE IS ESSENTIAL TO YOUR FREEDOM**

These communications which are especially adapted to your work in the Sanctuary of the Silent Healing Power should be studied carefully.

Experience is the essential thing to your freedom. Through experiences you begin to realize that which lies behind the individual. Without experience you would lie dormant, asleep in your limitation. Yet experience without discernment and continuous adjustment is but a repetition in error and this means frustration, but continual adjustment through experience means freedom.

Life is impersonal, has no peculiar temperament. So Life cannot be understood through any temperament, for Life is the self of everything. But between that complete personal self and the understanding of it by the individual lies the individual existence. In this individual existence there is experiences, joys, sorrows and all that makes up the individual. It is in wearing down that individual existence through discernment and understanding lies the purpose of this individual existence. The small “I” in Life loses itself in the greater “I am” of Life where there is no division. There is no distinction between manifestation and Life. You cannot separate one from the other—you cannot separate a part from the Whole for they are inseparable. Separation then only exists in your own individual consciousness and not in the consciousness of the Whole which is behind all creation and the individual self.

When you feel yourself to be only a part seeking to become one with that Totality and that Totality is external to the self then there can never be a cessation of this continuous struggle that you are engaged in. But when you get a glimpse of this Life—Pure Being, the Presence of the Omnipresence,

and understanding this, then through spontaneous action you wear away this wall of separation that is in your own consciousness.

When there is total realization of this Omnipresence there is no longer the craving for separate existence, you are everything, you are creation, and the scar of individuality that was in the consciousness will have vanished. It is this scar of individuality which is separation and is the cause of all struggle. There cannot be pure action when there is a sense of separation.

Some will say that this means total annihilation because it cannot be achieved without the total destruction of individual existence. When you look at it from this point of view your individuality becomes the most important thing to you, but from the point of view of the Omnipresence, the individual existence is imperfection. You cannot develop something that in its very nature is imperfection and this individuality is imperfection. But you can wear down this individuality, this imperfection, this separation by constant adjustment of your conduct in action. That is why it matters vitally to you to put off all theories, and to know what you are **now**. In this you will see that it matters little whether the self exists or not—you are consciousness and in that consciousness alone there is the “I myself” or that which supports the “I myself.” If the former is dominant then there will be struggle, sorrow and separation but if, on the other hand, there is the realization of the Whole then struggle ceases and freedom is reached—only through discernment of your cravings, desires, wants, emotions, thoughts, can this state of Being be reached and not by theories, cults or religions for they are but the epitome of separation themselves.

In the Whole there is the “Love” which is Its own eternity, this Love which no one can gauge because it is beyond conception. But as you grow through experience, through suffering and through the limitations of your own narrow love you arrive at that point where there is consummation. Not until you arrive at that point where love does not demand an object will you have found then this true love which is without reaction. Jesus made the statement which sums up what I want to convey to you “If you love only those who love you, what credit is that to you?”

Yet this love can only be known through the limitation of your personal love, because Love is its own eternity.

By intense struggle you find out that the seed of Eternity lies hidden in this Love in which there is limitation, sorrow, pain, pleasure, ecstasy.

If you are truly seeking this realization of true Being you must have in that realization that fundamental lasting reality and this does not mean dependence upon any person however far evolved. If you seek this hidden reality and attach that reality to highly evolved types, when you have adjusted yourself to that type you find that reality is not in that type, so you go further on with the result that you only find illusion. Neither is it a question of gratitude, Truth has nothing to do with gratitude. Truth “The Presence” is beyond all persons, beyond all stages of individual development.

Most people who are seeking this “thing” are always attributing it to persons whom they read about or come across, but they will in time gradually eliminate these imagined types and arrive at that which is beyond all persons, beyond all visible effects. For these things are all external to the one who is seeking.

In the self alone can be found that which is real and supports all other selves. This Presence is not afar off but actually present with each one. “The Kingdom of God is within,” therefore do not attribute the totality of truth to individual types. The Ultimate is not reached through a person, through a sect or through a particular path. If you cling to any such illusion you are filled with that illusion. To understand you must be as empty as the desert, stripped of all illusion, of all external appearances.

My purpose is to show to those who are willing to see, that the Truth the “Presence”—the Omnipresence—lies within themselves. The happiness which you are seeking is hidden within your own limitation, within your own narrow love and thought. To expand that limitation into the unlimited which is within yourselves is the only way of realizing pure Life—pure Being. There is no mystery to anything which you understand, hence those who make mysteries of what they teach do so with the obvious intention of mystifying you and it is proof that the Truth is not understood by themselves. I am making an effort to enlighten you of the Truth that will make you free from all negativity.

The greatest sin in the world is for man not to think for himself. When man truly thinks for himself he will be free.

That is why sin is the foundation of all religions. Take the word and the idea of sin away from the Church and it would collapse. Cease to teach the philosophy of sin for three generations and the idea of sin would pass out of the consciousness, because sin is not a part of the Cosmic Creation. Sin is a man-made idea, hence it is not a permanent thing of the Cosmos.

“God the only One is Holy.” “God is too pure to behold iniquity.” God alone lives, and all that lives must be a manifestation of Him and all are thus His creation. Then this Truth should make the individual free from all hokum and bunk which is handed out on every side. Jesus said, “The Kingdom of Heaven is at hand.” He meant the Presence was in the immediate present.

I want to take you back to the advent of the Master Jesus, two thousand years ago, because all of you, no matter what religion you follow, know that the fundamentals were taught by this most remarkable person who revealed in no unmistakable manner that the Son of Man was the Son of God.

At that time the All-important thing to the ecclesiastics was the observance of the Sabbath. Obedience to this Rule was adamant and any act, no matter what its nature, was a sin, even to take an ass out of the ditch into which it had fallen was a sin. Just imagine then what a bombshell it must have been for those ecclesiastics when a man from the Hills unknown to them, but with great authority began to talk about “Love your neighbour.”

Let us build up the picture of what happened in Jerusalem two thousand years ago when the Carpenter of Nazareth appeared upon the scene and enacted the world’s most stupendous drama. This drama of Life was of a Cosmic Nature so much so that at that time the advent of Jesus was looked upon as you look upon the crowning of a new King, or the election of a new President.

All were unaware that the Solar Angels were taking a hand in the affairs of mankind and that the lives of all would have that impetus to move forward in the great Cosmic Scheme to free man from his own illusion and delusions.

The Hebrew people were the only people in the world who had formulated a religious philosophy for the guidance of man from his ignorance into enlightenment. There is ample proof of this in all writing of

antiquity. From the time of Moses downward they were the leaders in religious thought. But let me state here lest you mistake me: the prophets were entirely different to the priesthood. The prophets were the teachers, then the priesthood organised religion and destroyed the true germ that gave the world a glimpse of the great hidden reality in man by causing man to look without instead of within, and by taking away from man his power to think for himself, he became a slave to organised thought. By making him abide by various rules and religious ceremonies man was forced to look without and lost the great truth that the prophets revealed, the Truth of the “immanent” God.

It is well-known that the prophets prophesied the advent of a mighty King that would throw off the yoke of the pagan rulers and set up a government of righteousness that would permit all to find expression of the inherent beauty and power and glory of God.

This King came as prophesied, but the priesthood denied him because they saw in him their own downfall. The majority of the people having no real understanding of the inner reality and of what He spoke of were influenced by the priesthood, and the one whom they secretly loved in their hearts was rejected and then crucified.

Now Jesus knew that separation was the downfall of his own people and was the curse of the world, therefore he refused to enter into their personal enmity with their masters, the civil authorities. He said, “Thou shalt love thine enemy” for he knew that this was the only way. He knew that love was the foundation of the Cosmos and nothing could alter it and therefore He refused to be a party to anything that was contrary to the Law of “I and the Father are one,” and from this all things must be in accordance, otherwise only further chaos would prevail. So when He said “Thou shalt love thine enemy” He failed to come up to the standard of what they thought He should be.

This strong man in God was to them a weakling but in that so-called weakness, which they thought, was his great strength and which all accepted later, and so through the ages Christianity has been organised with the result that the teaching of Christ no longer lives and not until Christianity as it is known today will die can the teachings of Christ live again in the hearts of all. For His teaching was the teaching of Love in

which there is no separation and is the foundation of the Cosmos and the Law of the prophets.

The priests knew the Truth about Jesus and many understood him but they refused to tell the people because it would ruin their business. So when they asked Jesus to join them in their business he refused, but He asked them to join Him in His Father's business. As religion was the great power in the world mighty work could have been done, but we all know the result.

This is the all-important question that I want to put to you. Do you approach God to join you in your business or do you ask Him for the wisdom so that you could join Him in His business?

Do you not all feel the cruel yoke of bondage, injustices, all the "shalt nots" to which you have all been compelled to yield? Yet all the time salvation is at hand.

That Salvation is the Presence of the Mighty "Presence."

In your work of the Sanctuary you are doing more and more good, the world is now beginning to feel the power of the work that is being done. Remember the Angels can only work with that substance called Love and it is this Love which I want you to feel—the Eternal Presence is Eternal Love.

You are surcharging the atmosphere with this material but much more is needed. I told you last week how it is used for healing and helping thousands all over the world and as more and more of this Love is expressed by you so will there be millions of spiritual beings using it for the benefit of mankind.

The Blessing of the Angel of Light is upon you and your glorious work.

## BENEDICTION

My spirit bounds in joy over the Blue Sea and under the Blue Canopy of the Sky, banishing the discouraging vapours of the lowlands.

The fragrance of Thy Presence dives into my being which overflows with my Love for Thee and all Thy Creation.

O, what vitalic volumes of Life flow into me and out through the ocean breeze.

The shore on which I stand where the Blue Sky of Heaven meets the calm blue ocean, this glory of Thy Creation fascinates me. From this beauty I will drink Thy Presence of Love, Wisdom and Healing, and as Thou didst knit the deep blue sea with pale Blue Sky so dost Thou weave the vastness of Thy Spirit of Love, Wisdom and Healing with our faith in Thy “Presence” spreading it everywhere.

SO MOTE IT BE

Lecture 8 (25th September 1947)

## **HEALING THROUGH THE SANCTUARY OF THE SILENT HEALING POWER**

In this lecture I want to speak to you about Healing— Healing through the Sanctuary of the Silent Healing Power. This work was prearranged by the great Spiritual Centre above the Mighty Himalayas directed by the Solar Angels who are directly responsible for this work and who are in direct communication with the Earth Plane. This same force was used through Jesus when he was on earth and is still being used by him now.

The Presence is always present and it is this that all Masters know so well and I want to direct you in the way of using this power for the benefit of all.

Now, most people speak about creative thought power and many think that thoughts of Love and Strength sent out to people whom they know to be in sorrow, ill-health or depressed help them. Now many have tried to do this and often persons to whom these thoughts have been directed have been helped, but more often the upliftment does not last long and this has made many people doubt the value of this kind of thought power.

The weakness in this kind of thought projection is that the one who sent forth the thought did not understand the true fundamentals upon which it works with the result that only a little was done instead of a lot.

It is not a question of sending thoughts to someone who is suffering or not suffering. It is a question of thought itself.

How can anyone help another if they themselves are uncertain of their own achievements, their own desires and actions?

If you are strong, certain, purposeful, then you automatically help everyone around you. But this strength, this certainty, this purposefulness only comes when the presence of the Presence is realized. How can you be



purposeful if you are uncertain? What does your thought amount to when you are weak yourself? I have made it plain by now I hope that it is not the individual alone that does the work and if thought is weak it is not usable. But if thought is charged with the essence of the Presence from within, then it is usable by the Spiritual forces who are working with you.

Bees go to the flowers that have the nectar out of which honey is made. The objective is pure honey. Now if you are all the time concerned with whom you are going to help without being concerned with having the quality that enables you to help, then you do not have pure honey or nectar to make honey.

Spontaneous action is always beautiful and hence it has certain qualities to help but it does not sustain that aid unless it is charged with that real quality of the Presence for this means permanent and complete aid.

Now this quality is effortless and hence one is not concerned with whom one is helping or not helping. If you are concerned, worried and entangled in the idea of whether you are helping or not helping you are caught up in a mental struggle which is not filled with the Presence. The Presence is healing and the Presence is in everyone and it is the All and not only the individual that you must be concerned with. The projection of the Healing Force charged with the Presence is that effortless reality that in itself contains the cure for all conditions. You do not have to think of a particular trouble or to send a particular thought, what is necessary is to know that the Presence is present and this in itself fulfils the Law.

I want to take you back to the time when Jesus returned to Capernaum after passing through the coast town in his mission of healing and teaching. The news of his wonderful healing power had spread far and near.

As he reached Capernaum a man named Jairus, an eminent member of the Church and the community came to him and beseeched him to heal his little daughter aged twelve who had been taken seriously ill and had been given up by the physician as incurable. What I am going to relate to you will convey to you the meaning of what I want you to receive probably more than if I made several communications on the subject.

Now Jesus was teaching at the time when Jairus approached him and because of the father's great grief Jesus paused in his teaching and turned towards Jairus' house. Of course you can imagine the throng of people who

followed him to see this— another miracle—performed, everyone was jostling one another and pressed hard around the Master Jesus. His mind was made up, He knew the Presence was with the child and himself. His whole being was charged with the power of the Presence. His organism was filled with the vital forces ready to be released at any moment. When he felt someone touch his garment in search for healing, he immediately perceived what had happened for he felt the stream of this Living Force flow from him into one who was ready to receive it and he turned and said, “Power hath been drawn from me, who touched my garment?” Now it is obvious that many had touched his garment but only one had claimed that power, so his garment was touched in a certain way and the power flowed from him towards the one who had sought it so fervently. At that moment the woman was healed and his words were to her a benediction, “Thy faith hath made thee whole.”

It is this Presence that you all must realize and feel within you and as you come into the Sanctuary you give off that power so that thousands eagerly waiting with faith can receive it.

But let me complete my story to you about the healing of the little girl. As Jesus neared the house of Jairus the servants and relatives came running out to exclaim in their sorrow mingled with a certain amount of resentment because the “healer” had not arrived sooner, that the little girl had died. The father broke down at this terrible news coming at the greatest moment of his hope. Jesus turned to him and said, “Jairus, have faith, believe with all your heart, and the presence of God will be revealed to you.”

Jesus then called on three of his disciples: Peter, James and John and sent outside all the weeping family and the wailing neighbours.

He then took hold of the child’s cold hands within his own. Then a strange happening began; the little chest began to swell out with Life’s breath and the child’s cheeks began to glow with Life’s blood as she opened her eyes with a wondering look she peered into the eyes of Jesus and smiled, within she knew that the Presence had met the Presence.

This incident created a great stir. The orthodox priests and relatives were indignant. How dared the usurper (as they called him) interfere with the dead on whom the last rites had been performed and whom the learned physician had pronounced dead.

But Jesus knew their ignorance, took no notice and went back to his work of teaching as if the event was just an ordinary occurrence. It was to him because he knew, but to others it was a miracle.

As the work progressed he began to instruct his disciples in the methods of Healing and as his disciples went forth under his instructions great successes were obtained.

You can imagine how the news spread of this young Hebrew from Nazareth who had been doing mighty works among the people, yet he showed them that this very power lay within themselves. If you will only believe in me and what I tell you, these things you see me do you will do even greater things and anything you ask in my name my Father will give to you. His name was the Presence, the very Father being expressed in the Son and that this Presence is ever-present everywhere not only in the visible but in the invisible as well was something that most people could not grasp, that those who had passed from earth were still present with God and the Presence was still in them. This was beyond their comprehension, and is much the same with most people today.

Look back in your own lives and think: how long is it since this knowledge has come to you, this assurance of the Mighty Presence in your midst and think how you have changed. “God in the midst of thee is mighty.”

I hope you are beginning to see now the true meaning of what I want to convey to you. Words are inadequate to describe the indescribable but when within yourselves you feel this Presence although you cannot say it is there or here, It is working through you or when you leave this room you are aware of something that you cannot describe—that is the “Truth” that sets you free. For that which can be described is not the truth. The knowing is within yourselves but that knowing is not explainable in words. Only the mind that sees can know within itself this glory that is indefinable, this grandeur that words cannot express, this ecstasy that the human mind is incapable of giving expression to, to the full. This love that remains when all other emotion has died away. This wisdom which is true expression from within, where reaction has faded into nothingness.

This is the quality that I want you to have and wherever you are and whomsoever you meet you help automatically. For we are always present

with those who have this quality and through them we can help others.

So you see it is not a one-sided affair as most of you have thought.

I will try to give you a short description of what happens on our side. As space is limited I will confine myself to the operators who descend from the more interior planes and not those who are in your immediate plane next to the earth.

Now I want you to realize that you cannot gaze upon the Angel form and see it as it really is but the Angel form can descend through the various planes taking on the quality and form of that plane and can be actually embodied in the flesh. For the Angel must assume the appearance of those who inhabit the external planes in which the angel is functioning.

Now Angels can and will and do appear in the outer earth plane as men and women and then return into the Angelic spheres and appear there as such. I know it is quite difficult for most people to understand this, but in your own work you appear on the inner planes as you know entirely different from what you appear in the physical. You retain a great deal of your youthful appearance when you return to earth again and this happens during your sleep state. Just as you saw Geshe Rimpoche appear to you on several occasions when you were in trouble in the Himalayas so you can realize what can be done for others by thousands of spiritual workers eager to help through the Sanctuary of the Silent Healing Power.

The Sanctuary of the Silent Healing Power is our work, you were told and inspired by us to set up the necessary foundation in the earth plane. The Presence is within each one of us as it is within each one of you. Also Angels proper who do not become embodied in forms on the lower planes, commune with embodied human beings by reason of the Life Current. They can enter into the consciousness of those with whom they commune with while in contact as you experience when lecturing to your class.

This will give you much valuable information to be passed on to those who are capable of receiving it.

Great operators are penetrating through the different planes of being within our Solar System, the inmost of which have been till now unheard of and unknown to us. Yet to them from the Centre to the outer is linked up in one continuous unity while with us the higher and inner planes remain

discrete and transcendent. This action really pertains to the process of the Evolution of the Cosmos.

As the offspring of these mighty beings, made in the image and likeness of their parents the Solar Angels, plunge down into this outer plane and return again to their homes, and as you in this outer plane express more and more of that Presence which is within all and in all planes of manifestation, so, in increasing numbers, will these Beings descend to your earth. As you all become more powerful so will the work be greater.

The Blessing of the Angel of Light is upon you all and your work of the Sanctuary of the Silent Healing Power.

## BENEDICTION

O, Silent “One,” Who ever remains behind invisible space, Thou hast torn the veil of Eternity and appear in finitude in the boundless temple of space.

In the Shrines of Cosmic dreams the idol of finitude moves consciously in the sleep of individuality.

Yet every day with closed eyes I gaze at Thee—Thy Presence—and try to grasp Thy Infinity.

As I open my spiritual eyes I gaze into Eternity and there abide. I see the One who became many, yet remained One.

It is Thy Presence alone that will loosen the entanglements of our self-woven nets of illusion. Let Thy Presence spread over the earth sprinkling each petal of Thy flower of humanity with Thy dewdrop of Love, so as each awakens to Thy Presence, Thy Love shall lead the way back to Thee, O, Beloved One.

SO MOTE IT BE

Lecture 9 (2nd October 1947)

## UNDERSTANDING AND FAITH IN THE PRESENCE

In this communication I want to show you some important factors which are necessary to your understanding and faith in the Presence. The divisions in humanity have their roots in the different religions. For instance if you were born a Hindu or a Chinese you would no doubt follow the Buddhist religion. If you were born an Arab or into one of the North of India tribes you would probably become a Mohammedan. If you were born into a Jewish family you would follow Judaism. If you were born in Europe or in America you would become a Christian. That these religions are not reconcilable, is not true for all, although it seems that animosity between the different religions prevents any form of unity in the masses. They are unable to think for themselves because of the rigid orthodoxy taught in these various religions.

Those who do and can think for themselves have advanced beyond the antagonism of the different religious sects and see the unity of humanity as more and more people begin to think for themselves so will they loosen the bonds that have bound them to any form of religion that prevents the true expression of the Divine Spirit in man.

You will readily see that man is not antagonistic to the Truth but antagonistic to the different opinions people hold in regard to it. It is only when you are able to reason to the ultimate that you can escape the limited opinions that bind you to false doctrines.

All religions have the same foundation viz. "In the beginning there was only God" "I am the only One" "I am the Lord thy God and there is none other beside me. By Me and out of Me the only One all things have been made."

In this is the completeness of man's understanding of himself, to become aware of the unity of God and man, also to become aware of your relation to things and people, to discern deeply your thought-action, how and where it is moving. Is it moving towards other beliefs and opinions or is it deeply concerned with Reality? For you are only able to free it from limitation when you are concerned with Reality. But if you are caught up in greed, craving, envy, imitation, beliefs in the different creeds or when you are dependent on things and people then you are limited and bound, and this brings fear, sorrow and conflict.

Your freedom comes through self-reliance obtained through your awareness of your own Reality, your oneness with God the Father of Love and Unity, Wisdom and Healing and on the other hand being able to discern that which is false, able to discern the world of illusion caught up in opinions of the different beliefs, and opinions which do not matter.

You cannot escape your relationship to people and things for through them you gain experience. You begin to know yourselves only if you can discern your thought-action and reaction and free it from envy, cravings, dependence on people and things, beliefs and opinions of others.

If you do not become aware of your thought action and are caught up in reaction then freedom is impossible. Freedom is a state of consciousness, an awareness of the unlimited Reality. This alone can free you from envy, jealousy and emotions that rule the mind and thought.

You are immortal now as you always have been and will always be, immortal. In this realisation there is no longer a seeking after immortality. You will no longer be filled by the belief that this way or that way can lead you to immortality. It is "the One" and "Only One" who is manifesting Himself in humanity. The time is soon coming when religion and Science will move forward hand in hand; when this takes place the fear of death will disappear. When this last enemy in man's consciousness will be dissolved then mankind will be freed from all belief in the vengeance created by orthodoxy for the purpose of subjecting mankind to false authority.

Division will never solve the problems of Life.

When children are brought up to understand the Science of Life, there will be a sense of freedom and this is now the age of science, that is why so many people are beginning to question religion as it is taught today.

There is only one religion: the Fatherhood of God and the brotherhood of man. If anything enters in to interfere with this fundamental truth then there can only be sorrow and conflict in the world.

Some have the belief that if children are brought up without any religion there is a danger that they will become materialists and that they will not seek the Spiritual Life.

Now why should the materialists be despised? They are just like everyone else in sorrow and conflict. Do you think that by giving names such as material and spiritual you are going to solve the problem? By only labelling this group or that group or this person or that person you are not going to find out the Truth. Some have the word of God on their lips all the time and they think that is spirituality. It only requires your deep discernment to see that it is not the Truth. On the other hand if a person has real affection, if he loves people, if he is impersonal in his thought he is not looked upon as Spiritual.

So first of all you must find out what Spirituality is.

A materialist may be more spiritual than one who has God always on his lips and evil in his eyes.

Now, Spirituality does not consist of intellectual feats. Spirituality does not consist of examination of phenomena in other planes. Spirituality is not the exclusive worship by any sect whether it be a belief in Christianity or Hinduism or Mohammedan or Judaism or the exclusiveness of Spiritual distinctions whether a man is a bishop, a priest, cardinal, pope or rabbi. True Spirituality is to be all-inclusive without any distinctions. This can be arrived at and it is not a very difficult thing. But if you try to arrive at it through distinctions it is much more difficult and that is why some of you have perhaps chosen this way. True Spirituality is the awareness of the true worth of things and the expression of Love, Wisdom and Healing to all in thought and action.

When you begin to understand this then the distinction between material and spiritual disappears. When you no longer separate yourself as a superior being because you think yourself more spiritual. When you have understood the laughter and the tears of Life with others who have the same laughter, the same tears, hidden in them, when you have understood that, then you will not divide up life and say this one is spiritual and that one is material.



Being is the finality of all action. “Being” is the greatest thing there is but most are not content with just Being, they want to see proof of their action. Being is eternity and “Being” is just Being Real. Understanding and Love are its highest achievements.

The world is yourself magnified millions of times in different forms, in different manifestations, that is the world. The result in that manifestation is the result of the change in yourselves. That is why I have repeated the necessity of your realisation of the Presence ever-present everywhere. You automatically produce an effect but you must not be concerned with the effect lest you lose the substance for if you are concerned with the effect you are caught up in the effect and are held in the bondage of the result of action. To be aware of the Presence and Being that Presence is the essential thing.

The cause of cruelty, pain, sorrow and conflict is separation. In this separation there is exploitation of others. To bring a change about you must see what part you played in these contributing causes. Therefore to no longer engage in these causes but to see yourself free from all these things and to awaken in others the desire to make themselves free, by giving them the freedom of the Presence; and in that Presence only there is Being and that Being is Being the Presence. **This is freedom.**

Do not battle or struggle with ethics, virtues and their opposites. If you battle against error, longing for virtue, you are caught up in both. If you find out what you desire, then the struggle will cease, because you will find out that your desire is the pursuing of happiness. If one does not know where true happiness is one may try to achieve it by drink, if one thinks it can be achieved by drink then drink becomes the goal of desire. If then one thinks that by giving up drink it can be achieved then this new goal becomes the desire. One may think that by things happiness can be attained, then things become the goal of desire and when happiness does not come through this end another is substituted. One will engage in good work and this then will be the goal and so forth until all avenues are tapped without result. Do not hack yourselves to pieces with vices and virtues. The perfume of understanding lies in desire, in desire itself. But one must know what desire is and where it is leading. The wise know how to lay the emphasis on the

essential. The Presence is the only essential, It is Itself—freedom, unlimited expression and in this lies happiness and freedom.

Love, Wisdom and Power is the trinity in mankind. Wisdom and Power can guide man into the things of the world but without the key of Love to open the door into the Divine or Christ consciousness man is lost. Wisdom and Power guided by Love is the perfect expression of the Presence with all.

Infinite Power is never expressed without the perfect element of Love within it. True Wisdom and Power are the results of the expression of the binding element of Love.

Those who would become leaders in thought must have the expression of the three in unity and through this the female emancipation of mankind will come. For God created man in His own image and likeness and in the image and likeness of God are we all made.

With this understanding we are filled with the faith by the presence of the Creator in His creation.

Now this awareness or faith in the Presence is a gradual and natural growth. As you become more aware of the one Life that is behind all creation and expressing Itself through the individual and as the individual realises this so is the power increased in the individual. It is this power and faith I want you all to understand, and I could not do better than relate the incident when Peter saw the Master Jesus walking on the water. When with the Master, Peter had the faith to sustain him on the surface, but by himself he lost that feeling of confidence that was necessary for the power to work.

It was on the shores of Lake Bethesda seven miles from Capernaum the town where the Master restored the little girl from death to life of which I spoke to you last week. It was on the still side leading down to the lake that Jesus fed the multitude of five thousand from the few loaves and fishes which were at hand, and after all had been served and eaten, the scraps and fragments which were gathered up filled many a wicker basket and were distributed to the poor people of Capernaum for tomorrow's use. Enthusiasm arose in the multitude after this act of Jesus and the people were proclaiming him the Messiah, the King of the Jews, Provider of the people, Ruler of Israel. The crowd were swept with intense excitement. Jesus, recognising the peril to his mission, ordered the twelve disciples to cross the

lake to the other side in the darkness, while he returned to the hills near by where he spent a few hours in meditation.

Then early in the morning he noticed a storm rising over the lake and knew that the tiny boat with his disciples in would be in great danger. He wished to reassure them that all was well, no boat lay handy and he stepped upon the water and walked swiftly towards the direction in which He knew the boat must be.

With that complete awareness of the Presence he did not have to use the occult power necessary for levitation in accomplishing such a feat. He soon overtook his disciples. When they saw a white figure swiftly moving on the water towards them they were greatly afraid, believing it to be a ghost. When they heard a voice calling to them out of the dimness of the early morning light "It is I, be not afraid," you can just imagine what was in their minds after the miracle of feeding the five thousand and now to see the Master walk swiftly towards them on the surface of the waves. Then Peter in all his excitement of his own thoughts cried out, "Lord, direct me to walk to Thee on the waves." The Master, understanding the feelings of his disciple, directed him to walk towards him. Peter's latent occult power was aroused by his great faith in the Master and he sprang over the side of the boat and took a few steps towards him. When Peter saw himself walking on the water he could hardly believe it, then he suddenly lost his faith and courage and the power left him and he began to sink beneath the waves. The Master knowing what had happened stepped forward quickly and caught Peter by the hand and told him to walk, saying, "The water is solid beneath thy feet." So they both entered the boat together and they all proceeded to the shore near Capernaum.

It is this experience of Peter I want you to see. When Peter saw Jesus in the water he was caught up in the power of the Presence, all else was oblivion to him. At that time he knew that if the Master directed him to walk upon the water he would do so, but when he actually saw himself doing something unfamiliar to his belief in himself, he lost that faith, that awareness. The spell was broken, through his mortal mind he succumbed to the prevalent belief in its limitation.

All masters know that without implicit faith in the power of the Presence within them, they do not attempt certain forms of manifestation.

For they know that with faith—that awareness of the Presence—so called miracles are performed, which are impossible otherwise. For the individual performing the feat must know that it is the Presence that is doing it, the individual is the instrument through which it is performed. The two must be as one and nothing else. So as long as Peter held his faith he was able to counteract the laws of gravity, but as soon as doubt and fear took the place of faith his power left him. For the individual and the Presence must be as one in the consciousness and not separate. This incident of Peter will give you greater understanding of what I want to convey to you than several communications on the value of faith or a volume of occult instruction. To those who have ears to hear let them hear.

In your work of the Sanctuary I want you to apply the same feeling that Peter had when he asked Jesus to direct him to walk upon the waves.

In entering the Silence of the Silent Healing Power, enter into the Presence and unite with It, for It Itself is all. In this state there is neither the desire to see the effects of your action because you know that when the Being is the Presence and this Presence being Love, Wisdom and Healing there is only true Being and the world has benefited beyond the most vivid imagination.

The Blessing of the Angel of Light is upon you and your glorious work.

## BENEDICTION

O, Beloved One, I feel in my heart Thy heart-throbs, in my happiness Thy joy, in my activity Thy power of direction, in my soul Thy Spirit of Love, Wisdom and Healing.

Divine One, I lay all the petals of my love at Thy feet. Open wide the bud of my devotion for Thee and release Thy fragrance that it may spread from my soul to the hearts of others, in Thy ever-whispering love. United we will find Thine Omnipresence enthroned forever.

SO MOTE IT BE

## Lecture 8 (4th December 1947)\*

### **REAL SERVICE COMES THROUGH TRUE UNDERSTANDING**

Real success is derived from a real attitude of mind. It is this attitude of mind that opens the door to all things. The full significance of this Truth does not reveal itself all at once for the simple reason that the mind is taken up with the external world and loses itself in fear and in desire—“where your heart is there shall your treasure be also.”

Desire is an attractive force and fear is its enemy. Both are active in the mind that is not matured through understanding. But understanding comes through experience and when experience is rightly interpreted it leads to the seeking of something that is greater “pure thinking.” Pure thinking leads to that mental attitude that enlarges our circle of friends by helping others, by being of service to all.

Real service comes through true understanding. Most people give service only when they want something in return, this is not the attitude of mind that makes one a real success. Now real success is not acquired through possessiveness, real success is only developed through experience that leads you to pure action, and pure action leads you to service with integrity and justice.

The person that is not fair in his intention is simply ignorant of the fundamental Law of Success. He may think he is winning but he is doomed to disappointment. You cannot cheat the Infinite, the law of compensation is always in operation and it is this that the ignorant are unaware of.

Now watch carefully how I am putting these points before you. You have in the past learned a great deal about the mind that has misled you. In fact you have often read and often heard from others ignorant of the real Truth how to approach the Deity, how to attract the attention of the Deity so that your “desire” for a material possession may become fulfilled. But you

will notice that I am leading you away from the material plane into the inner realms where you truly abide and only from this realm are you able to govern the material plane.

Until you can pierce the veil of outward appearances and see the truth that you are the reproduction of the Divine Creative Spirit of the Presence that is eternal and ever-present your thoughts are bound to externalize themselves to your disadvantage. But immediately you become aware that you are the image and likeness of your Creator, your mental attitude takes the form of quiet and peace in which the Spirit manifests itself in all its glory and perfection.

If you will look into your minds you will see that your prayers have been mostly for your own personal benefit. Yet your faith was never strong enough to overcome the fear you had in your mind before and after you prayed and this to a great extent is the cause of all your failures, coupled with the fact that you lived in the material plane and looked away from within yourself for your aid. "I do the will of the Father, the Father's will is done in me." This alone gives you the right to that perfect happiness which is promised to all mankind, when you listen to the Presence, that Silent Voice that always guides aright. But if you seek things from the outer world while reacting to the conditions in that world you establish the errors you are ignorantly unaware of, with the result that you defeat your own purpose.

The forces of Life are volatile, through this force our thoughts and ideals are turned into form and all depends upon the attitude of mind you have. Remember always that greater opportunities approach you when you are interested in the race rather than the prize. The pleasure is always in the action and seldom in the possession. Your success will come as you begin to help others, and what benefits one must benefit all.

Generous thoughts are filled with strength and vitality, selfish thoughts contain the germ of dissolution. If you recognise the Presence that is the source of all supply and adjust your consciousness to this Presence then through this Presence will flow the supply not only to fulfil your own needs but the needs of others.

The average person is entirely incapable of deep thinking. He accepts the ideas of others and repeats them in very much the same way as a parrot. This is quite apparent to the enlightened mind that sees the methods used to

form public opinion. The docile immature attitude of the large majority who seem perfectly willing to let a few persons do all their thinking for them. It is this that enables a few men in all countries to usurp all the avenues of power and hold millions in subjection.

Creative thinking requires discernment and understanding. One who conforms is unable to think. There is too much worshipping and too little thinking and too much preaching and too little action. Clear your mind of the deities and images you believe in, and the hindrances you create through craving, then you will get that deep knowing, that awareness of wholeness, then you no longer crave for things, yet these things are there for the taking. “Son, thou art always with me and what is mine is thine.”

So long as you limit the Presence within yourselves to the narrow boundaries of condition in which you are involved you will never know the truth of Being. You must know yourselves to be united in the Presence which is unfettered now, and always, as it was in the beginning. This is the only “One,” out of which and by which all things are created and in this “One” we live and move and have our Being. “For I am persuaded that neither death nor Life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature shall be able to separate us from the Love of God.” Romans 8: 38-39.

Most people live a life of craving not only for possessions but for immortality. When you realize that you are immortal, craving ceases not only for mortality but for possessions; in this realization there is peace, love and understanding.

There are thousands of individuals in the world who are rich in possessions but poor in thought and no matter how much they possess they can never be rich till they change their thinking. There are others who fear evil and are caught up in its tragic net. But whence does evil get its power? Not from God—for no destruction of Life can come from the Fountain of Life and as it does not come from God whence else can it come but from your own misconceptions.

Spirit, whatever it may be, must be considered as the essence of consciousness and as consciousness must envelop everything it must be the Reality underlying thought and as all ideas are phases of activity of conscious mind in thought, it follows that in Spirit and in It alone is to be

found the ultimate fact, the real thing or idea. This being so it seems reasonable to hold that a true understanding of Spirit and its laws of manifestation would be the most “practical” thing that any “practical” person can hope to find, and this Spirit being the “Presence” or Life that gives you consciousness and sustains you, the realization of it, you would think, would be the first thing a “practical” person would seek, and the first thing a practical person would do is to get in touch with some one from whom that person might obtain such knowledge of Spiritual things and laws. You need only grasp this fundamental fact to move in the direction of that which is the essence of all achievement and success.

Knowing the function of this tremendous force which is in all you can see and feel, it is essential that it be awakened, and like the muscle of the body it will grow stronger by use.

It is left to each one of you whether you will remain infirm and weak or awaken and arouse this force and use it for your up-building and for the aid you can give to others who are also seeking the way, and who through their own ignorance have come to that “dead end” state of mind. Through misunderstanding they have been seeking in vain through conformity, through craving, through fear, through reaction to the external world not knowing what it is, through looking without instead of within, through ignorant desire for things instead of for that which creates all things, through selfishness, desiring things for the self instead of being imbued with the idea of service.

Remember if you love you will be loved, if you hate you will be hated, if you laugh the world will laugh with you but if you cry you cry alone. When you know the inner Reality you will not be affected by the pessimist or the optimist. Take away the personality or magnified ego from the conception of the “the Infinite” and there remains that “Infinite Presence” the essence of Spirit Consciousness and as you are the manifestation of Spirit you should harmonise yourselves with your origin and source. Then you will manifest in the degree of your awareness of your unity with the omnipotent and omniscient Omnipresence, the “One” eternal and ever-present in all.

Happiness rises from within from your knowledge of your unity of the ever-present Omnipotence. Happiness is not obtained from that which is



external for there you find the opposites. Success and failure, health and disease, love and hate, beliefs and antagonisms, good and evil, these are the things that perplex the unenlightened mind.

You must free yourselves from this positive-negative, giving for getting, possessive-loving and heartache, desiring to have and fearful of getting. You are bound in the prison of your own making. You can only break your prison walls and free yourselves from this turmoil by discerning the cause of it, and Living in the Reality, the Presence, which is free and natural.

If I am painting a picture of your minds it is for the one purpose of freeing you from illusion. As soon as you acquire this inner realization you will attract new things. They will drift towards you as a piece of steel drifts towards a magnet. The less you care for things the more they drift towards you, the magnet does not run after the steel, the steel flows to the magnet whenever the magnet approaches it. Craving demagnetizes the magnet of the Presence because you surround it with the resistance created in your own mind.

Security can only be obtained by steadfastly uniting with the ever-progressive Spirit in mankind. It is this Cosmic evaluation that is ever urging us on to greater heights.

Realize that the transcendent force of the Spirit of the Cosmos “the Presence” is within each one of you and you will then know that there is no privileged few. Everyone is progressively moving towards the inner realms of the Universe of which the outer is but a school for experience in which God is no respecter of persons. All are human beings no matter what station or position they hold in Life and as the evolution of the Cosmos progresses more and more, those who fail to give service in the appointed task will be promptly removed. As man becomes more enlightened to the Reality in everything so will he take an active part in the Cosmic Scheme of which he is a part, not separate from other parts but united in one whole as the Cosmos is one whole. Love and service will then be the keynote for progress, for it is the Law of the Cosmos underlying the whole Cosmic creation which includes mankind as its special creation made in the image and likeness of its Creator.

Today man is in the throes of ignorance where he is cajoled and controlled because he is ignorant of this Truth. But I can assure you that the

Spiritual evolution and the unfoldment of the Spirit in man is now moving man forward with great pace and through the suffering of the masses will come the wisdom that will guide them to Reality and freedom. Man will come to know that the only Divine authority is the Presence that dwells in every soul and not some self-appointed authority that supports the present irreligious religions and the evils of your political, social and economic systems that have long since outlived their usefulness in your modern age. Nevertheless through this opposition to the progress of man will be found his freedom.

What frees man from all his limitation is to discern the cause of his limitation and to recognise his unity with the Universal Life which is impersonal and makes no exception in favour of any individual. The Universal Life does not act from hate, anger or jealousy, neither can it be flattered, cajoled or moved by sympathy or petition. It works through co-operation and those who understand this appear to be favoured because he has found the source of all things. But the moment you worship something objective to yourself or some other "I am" outside yourself you are dwelling in an illusion.

Truth is beyond all personal allegiances. Step out of all these illusions and see how magnificently you can thrive on your own strength in the recognition of your oneness with the Infinite Life, the "Presence" within.

The work of the Sanctuary is progressing most favourably with your excellent co-operation. I may venture to say that nowhere on earth today is there such good work being done for humanity as a whole. More and more Spiritual workers are being added to the Sanctuary on the Spiritual side of the work and as you all become more and more proficient in your positive meditation in the "Presence" so will you increase your value in the work.

The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

## BENEDICTION

The fortunate who care not for the unfortunate cannot feel Thy Omnipresence. Those blinded by selfishness cannot see Thy abiding

Presence in others. The unfeeling rich are poor in heart, their comforts are but pangs of ignorance.

Blessed are those who serve others knowing that they serve Thee. To die rich without giving service is to die poor. But to pass through the portals of death serving others is to be truly rich.

I love dreams of noble achievements. I love all dreams of love and service for they are the Keys to Thy Presence. But even if I dream many dreams I will ever awake thinking of Thee. I will ever behold Thy face as I love and serve Thee in all my brothers and sisters who are ever under Thy watchful Eye of Love.

I know that health and sickness, life and death are but dreams and when I finish my dreams of love and service and awake behind the world-painted screen of illusion I shall behold Thee as the only Reality the Presence in all and I shall hear Thy voice say sweetly in my heart “As much as you have done unto one of these (my children) so have you done unto me.”

SO MOTE IT BE

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\* Lecture #1 16/10/1947 Johannesburg. (“*The Presence of God is the only Reality*”) appears again in the Pretoria Series in the book “LIFE EVERLASTING: Revised 2nd Edition” 2006 (page 11). Lectures #2-7 23/10/1947– 27/11/1947 appear throughout this volume in their respective correct order as part of the Pretoria Series. Lectures #8 & 9 are unique to the Johannesburg series.

Lecture 9 (11th December 1947)

**“CHRIST”—THE SUPREME MASTER OF THE SPIRITUAL  
AND MENTAL LAWS**

The greatest event in the annals of human history is the Life of Jesus, for the simple reason that nearly every person on earth has heard his name and has read something about him and this was the humble carpenter of Nazareth, whose teachings have spread all over the world because they held more promise than any other. This is not only my own view but the view of the leaders of thought in all lands, in all nationalities.

Man has split the atom, has invented instruments that can use the ether in space. We can travel through space faster than sound and is only now turning his attention to the greatest study of all, the study of the mind and consciousness in man the instrument through which all these things have been made possible, and its mysteries are no longer mystifying to those who have entered into this field of science.

As you commence your studies of the mind you all commence at the outer edge but as you go deeper into the realms of the mind you realize more and more the Supreme Master of this power of the mind and who demonstrated its hidden power was this man whom we know as the Carpenter of Nazareth who attained to the title of the “Christ”—the Supreme Master of the Spiritual and Mental Laws.

The teachings of Jesus constituted the highest scientific treatise of the subject of the mind ever known, but not until one gets into the deeper study of the mind and all its phases can his teachings be properly understood.

Jesus went to the root of all things and there extracted the essence of truth from it. He taught that love was the fulfilment of the Law. It was his consciousness of the companionship of the Father as his Silent Partner and by dwelling in that he got back to the Source to find himself in possession

of boundless possibilities without any fear of misusing them because he did not seek to possess the Divine Power without being possessed by Divine Love and Wisdom.

I have shown you many interpretations of Jesus' words in the parable of the prodigal son and here again we can gather a great deal when we see the elder brother is the man who had not thrown off Divine guidance as the younger had done, but who had realized it only in the light of a restriction and within that limit could he act and consequently starting with the idea of limitation he finds limitation everywhere. Then the Father meets him with the gracious words "Son, thou art ever with me and all that I have is thine," and therefore as soon as this elder brother becomes sufficiently enlightened to perceive that all the elements of restriction in his beliefs have no place in the ultimate reality, the only existing Law being the Law of Love, he also joins in the festival of everlasting joy.

The entire Bible is the unfolding of its initial statement that man is made in the image and likeness of God and the teaching of Jesus is the proclamation and demonstration of this Truth in its complete development—the individual rejoicing in perfect life and liberty because of his conscious Oneness with the Universal.

The teaching of Jesus whether by word or deed may therefore be summed up as follows: He says in effect to each of us: what you really are in essence is a concentration of the one Universal Life-Spirit into conscious individuality. If you live from the recognition of this Truth as your starting point it makes you free. But you cannot do this as long as you imagine that you have one centre and the Infinite another—you can only do it by recognizing that the two are one, for Life can only come from Life and this Life which is Infinite in nature creates the body, brain and nervous system through which it expresses itself in individuality, the individual perceiving this truth is then capable of using this Creative Power.

This is the meaning of the words the Master spoke when he said, "It is the Father who ever remaineth within me is performing his own deeds" and also when he said "I do the will of the Father, the Father's will is done in me."

Think of these things until you see that it is impossible for them to be otherwise, then step forward with perfect confidence knowing that the

Universal Principles must necessarily act with the same mathematical precision in yourself as they do in the attractions of atom, of matter, or in the vibration of ether.

Every undiscovered fact in the great Universal order is a Divine Secret until we find the key that unlocks it and the Master says that there is nothing hidden that shall not be revealed.

The working Laws inherent in nature follow an intelligent sequence of cause and effect and this is what the Master showed to us. With the limited time we have at our disposal I can only deal with a skeleton of the work of Jesus. The greatest point we have to discover in our own hearts is the sound basis of the moral and social laws which Jesus taught which was love thy neighbour as thyself. Now, how many social laws do you know that are based upon this teaching?

When man begins to legislate social and moral laws based upon “Love thy neighbour as thyself” then and then only will you see the Law of God incorporated into the constitution. Social and moral laws do not cause the tides to rise and fall nor do they make the earth bring forth its bountiful crop every season.

Jesus taught that God is Love. He demonstrated the one Law of God in all his works. You must get the teachings of Jesus divorced from social and moral laws or you will never get the slightest inkling of what he taught. No institution can ever teach you this truth you learn by your own application, experience and practice.

The Gospel narratives show Jesus as the great healer as well as teacher and this was his practical application of the Law. There are several incidents that stood out among the hundreds of less noticeable ones. The cure of the leper is one of such remarkable cases.

Leprosy is a foul disease and is prevalent in the oriental countries and is dreaded by most and the unfortunate person indicated in the narrative had become an outcast from whom all others fled. Now this leper heard of the wonderful things that Jesus did and he was determined to get into his presence. How the leper managed to get through the crowds into the presence of Jesus is not known, but in some way the leper came face to face with Jesus. This poor creature raised his repulsive form, the picture of

human misery and woe and confronted the Master and begged him to exercise his gift of healing.

The leper's face shone with faith and expectation; as Jesus gazed upon it he saw the fire of a fervent faith covered the tortured features. He moved towards the leper defying the laws of the country which forbade the same, not only this but he laid his hands upon the unclean flesh and fearlessly passed his hands over the leper's face and cried aloud "Be thou clean."

The leper felt a strange surging thrill of life running through his body, every atom of his body seemed to tingle with a peculiar smarting sensation and even as he looked he saw his flesh changing and taking on a new shape and form, that of a healthy person, the numbness departed from the affected parts and as the Life current began to build up new cells, tissue and muscle Jesus still held his hands on the leper allowing the Life Current of the highly vitalized Life energy to pour through him, for Jesus knew that he was the point through which the storehouse of this vital energy could flow and under the trained will of the Master the work was directed to completion.

Then he made the healed man depart to comply with the Laws of purification and change of garments including appearance before the priests to receive the certificate of cleanliness, and he also bade him not to say anything regarding the nature and the particulars of the cure for two reasons. If the authorities knew that Jesus cured the leper they would be prejudiced against the leper and also that he himself wished to escape the notoriety that the report would be sure to excite in the masses.

But this was asking too much from human nature for in spite of the injunction laid upon him the healed man began to shout aloud the wonderful powers of the Master. With wild gestures and gleaming eyes he told the story time and time again until the whole countryside was familiar with it. The whole region became excited and crowds gathered around him crying aloud for new wonders and miracles. The curious sensation seekers were in full force crowding out those whom the Master wished to teach, great numbers of sick and crippled people also crowded around him for aid and cure.

Not only were the authorities and priests angered and annoyed but also the physicians who saw their practice ruined by the man whom they called a

charlatan and deceiver of the people whose physical wellbeing was safe only in the their hands, while the spiritual well-being was only safe in the hands of the priests. So Jesus closed his ministry at this place and moved on to another town.

At the well of Bethesda,\* a region where there are many mineral springs, called at that time “healing waters” many sick were carried there by friends and paid attendants. Jesus walked among the crowd unknown, when his attention was drawn to a poor fellow who lay on his cot far away from the springs with no one to help him. Jesus knew well that the cure was not in the water but within the man himself. Jesus walked up to him and by a firm look the healing power streamed into the man, then he cried suddenly “Take up thy bed and walk.” The man startled into obedience much to his surprise took up his bed and walked, he found he could move freely, a well man.

This cure also aroused the greatest interest but also antagonism from the ecclesiastical authorities because it was performed on the Sabbath day, so the good pious folk urged on by the priests began to abuse and condemn the healer and the patient. Bound by forms and laws of the ecclesiastics they failed to see that Love of God was being continuously outpoured to all his children twenty-four hours of the day seven days of the week. But as their minds were blind to the Truth they abused Jesus just as they also abuse those who are gifted in our time.

The “good folk” of the place loudly denounced the Sabbath-breaker and demanded his punishment. “Were the ancient Laws of Moses to be thus defiled by this presumptuous Nazarene whose religious ideas were lacking in orthodoxy?” So they cried, “Punish the upstart” and again Jesus was in actual peril owing to the religious bigotry of the orthodox people. Is not the same feeling held by the orthodox people today? Some are even forbidden to go to the healer to be healed because he is not of the same church or perhaps does not belong to a church. Therefore he is a heathen. How ignorance is perpetuated down the ages and the masses are fed with antagonisms one against the other because of the different beliefs. They cannot see that it is the one Life, the one God that exists in all and His name is Love and His son is the Christ that lives in every heart.



Jesus was opposed to the strict iron-clad laws of the Sabbath observance for he knew that the Sabbath was made for man and not man for the Sabbath. He knew that Sabbath was a day of rest from the physical toil of six long days, and what better way could man rest but in realizing nature in all her beauty and magnificence, not in intolerance and restriction and bigotry.

Jesus spoke many things in parables. “For whosoever does the Will of my Father in Heaven he is my brother, my sister and my mother.” Here he showed the one family, the Father in heaven as the Supreme and each one of us as sister, brother, mother, all born of the Spirit. In this he showed the oneness of the Spirit in all and this he recognised as the only essential thing.

The parable of the sower is another powerful reminder to those who seek the truth, and how some seek it weakly or for their own ends.

When I was in the Himalayas I was told a story about one of the Masters there. A youth came to him to be taught the Truth so the master took him down to the river and bade him kneel with his face touching the water, then the master held his head under the water till the youth struggled for breath. When he let him up he asked him “What was it you wanted most when your head was beneath the surface” and the youth replied, “My breath.” Then said the master, “When you want the truth as much as you wanted your breath come back to me.” There are so many the same today they want the Truth but how little do they want it. So the parable of the sower is a good one to end this series. Although I have given it to you before I feel it is time again for you to have it. Now here is the parable:

“The sower went out to sow his seed. And when he sowed, some fell on the roadside; and it was trodden under foot, and the birds ate it.

“Other fell upon the rock; and sprung up earlier, and because it has no moisture, it dried up.

“And the other fell among thistles; and the thistles sprung up with it and choked it.

“And other fell in good and fertile ground; and sprung up and bore fruit a hundred fold. And when he said this, he cried out, He who has ears to hear, let him hear.

“And his disciples asked him, “What is this parable?”

“He said to them, To you it is granted to know the mystery of the Kingdom of God; but to the rest it has to be said in figures; for while they see, they do not perceive; and while they hear, they do not understand.

“This is the parable. The seed is the word of God.

“Those on the roadside are those who hear the word; and the enemy comes and takes away the word from their heart, so that they may not believe and be saved..... ‘from their ignorance.’

“Those on the rock are those who when they have heard, receive the word with joy; and yet they have no root, but their belief is for a while, and in time of trial they stumble.

“That which fell among the thistles are those who hear the word, and then choke themselves with worries and riches and worldly covetousness, and bear no fruit.

“But that in good soil, these are those who hear the word with pure and good heart, and keep it, and bear fruit with patience.

“No man lights a lamp and covers it with a vessel, or puts it under the bed; but he puts it on the lamp holder, that whoever enters sees its light.

“For there is nothing covered which will not be uncovered; and nothing hidden which will not be known, and come to light.

“Take heed how you hear; for he who has, to him shall be given; and he who has not, even that which he thinks he has shall be taken away from him.”

The Blessing of the Angel of Light is tonight on the work of the Sanctuary of the Silent Healing Power.

## BENEDICTION

O Christ, Thou rarest of hearts, Thou didst sail on the storm-tossed sea of prejudiced minds. Yet thou shed the aroma of goodness and forgiveness so helping all through example to become like thee, knowing “Our Father in heaven” to be Thy Father also for thou didst say, “For whosoever does the will of my Father in heaven; he is my brother, my sister and my mother.”

And the mighty miracle of love was established in each heart when the magic of Thy Voice uttered, “Forgive them for they know not what they do.”

We have grown to see thy instruction “Love thine enemies as thyself,” for they are thy brother and sister though sick and sleeping and only by doing so can we ourselves be free. O Shepherd, wandering hearts are seeking the one fold of the Divine Love that heals all. We have heard Thee ever calling with Thy infinite kindness.

Our one desire is to be at home with Thee in the one house of the Father of Love, where we will all rejoice together. There we shall also know thee to be our brother who showed us that Love was the only way to everlasting happiness.

SO MOTE IT BE

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\* *Bethesda*. From Aramaic *beth hesda* ‘House of mercy.’ A pool in Biblical Jerusalem, believed to have healing powers. John 5: 2-4.

1948

*“COSMIC CONSCIOUSNESS:  
YOUR SILENT PARTNER”  
(Pretoria Series)*

Lecture 1 (3rd February 1948)

## **THE SILENT HEALING POWER**

In this communication I will direct you in the development of the Silent Healing Power.

By understanding the action of thought you become aware of the action of your own thoughts. So you put upon them a greater value in regard to the kind of thoughts you think. If you are ignorant of the law of thought you place no value upon them and when you are affected by the result of their action you naturally rebel against the condition and in all probability place the cause at every other source except the right one.

Now by rebelling against these effects you only increase their intensity without gaining any understanding or relief. The greatest battle in the world today is the battle between individuals. In every nation, in every group there is a conception of reality which they call God yet all their efforts and prayers and energies directed towards this Reality is dissipated. Instead of individuals helping each other they become barriers to each other, because most people do not approach Reality with affection for Reality but only as a means of getting something from Reality for themselves.

In approaching Reality we must not merely discuss Reality without any value to our practical Life.

If you will look into your minds you will see that you have been discussing Reality as an idea, something outside yourselves. In all literature of this nature there is this same mistake made—the mind is directed to create an idea of Reality. Now Reality is not an idea nor a conception of something that the mind can grasp. Reality is Life itself, the foundation of your own Being. The question must not only be on Reality or what is ultimate Reality, but must be the translation of that Reality into conduct in the individual Life.

You must not lose yourselves in philosophies, in questioning something that can only be realized by oneself. If I begin to philosophise to you on the wonders of this Reality you only build up an idea of It. But if through your own awareness you realize this Life, this Pure Being, then all conduct will ultimately lead towards that Pure Being. So the question must not only be on that ultimate Reality, but on the practical way of translating that Reality into conduct.

The Silent Healing Power is not obtained by your reaction to things or forms or conditions, but through your understanding of them. The Silent Healing Power is not obtained through a time or space factor but through the understanding that Life is one Whole, is omnipresent in its entirety. Therefore at any moment of time all Life or Spirit is concentrated at any point in space that you may choose to fix your consciousness upon.

Pure Being, Life or Spirit, whatever name you may call it to give the appropriate meaning, must of necessity continually subsist whether in a corporeal body or not and from It all phenomena of Being must flow whether in an Angelic, mental or physical plane. The knowledge of this fact is the basis upon which you can more easily develop the Silent Healing Power.

You must not approach this question with the idea of how good a healer you may become for this is seeking something for yourself which is frustration. If you seek to corner the Infinite Being for your own welfare you will become antagonistic to others and this leads to frustration. But if there is affection towards Reality there is friendship for all those who are approaching Reality.

It is an opening up inwardly towards that Life which is ever present Love. It is not a looking at something that is external to the self but to find the self in that "Being" which is behind every other self.

You will notice if you examine your minds deeply that you are all seeking Reality separately, individually, as separate entities, each elbowing the other out. This is the cause of the contradictory spirit in the world today. It sets up antagonism between religious groups and individuals who are all approaching the same Reality, all trying to realize and understand It and instead of affection for all who are approaching it there is rivalry. But to understand, to approach and to realize, you must come with affection, not in

the sense of possession or competition as to who is to understand more or who is to understand less. Reality must become the dominant factor and not individuals.

Reality must become a living perceptible enthusiastic realization of Itself in activity, in conduct. In this way you will not lose yourselves in theories, beliefs or philosophies, but you are all the time highly concentrated on translating your understanding into daily action, into conduct. So your conduct in affection does not need the backing of a highly complicated philosophy or a ritual to which you have to conform. True conduct is self-realized conduct through affection and understanding not based on any philosophy or religious belief but based on one's own experience. Hence your conduct becomes the translation of your realization into activity. You are not judged by your philosophy or by your beliefs, but by what you are, by the manner of your treatment of others, the manner of your friendship, the manner of your speech. If you are loving and kind to all and antagonistic to none then you are translating Reality into action.

The Presence is never antagonistic to Itself in any individual. Then what makes you antagonistic, competitive? It is the idea of your approach in which all your energies are dissipated without result. If you think that by your philosophy you may be thought intellectual then you have lost the real and see only the shadow.

As soon as you try to realize the Central Living Reality in everyone and to which everyone however awkwardly is moving, then your affection, your thought, your whole enthusiasm is turned towards It. You cease to be antagonistic towards other individuals who are also approaching It.

It is difficult for those who are approaching this mighty Reality for the first time because of the terms used, which are words meant to convey a meaning. Many terms are used such as Absolute, Infinite, Universal Mind, Divine Mind, Life, Reality, Ether of Space, Essence of Substance, Matter, etc., etc.

If the students will keep in mind the wholeness, the oneness of all there is, seen or unseen, they will realize that the term used is the most suitable to convey the meaning or kind of manifestation which is referred to.

When we use Universal Mind or Divine Mind we mean that which comprehends, that which embodies, and includes all that we call

consciousness, individualized or otherwise. We mean all that is visible or invisible, all that which is known or unknown, all that can be seen, touched, handled or sensed, all that can be apprehended, and all that which is beyond apprehension. **All is God** and there is no separation, no division.

If I may put it this way to you the Universal Mind consists of the manifested and the unmanifested. The manifested portion can be apprehended by the human mind but that which is unmanifested cannot be apprehended, yet the manifest is in the unmanifested and of it, there is no separation.

There is a plus element which is always above and beyond that which is manifested thus manifestation takes place within the unmanifested and that something—that plus within—brings forth the manifested and it is this ineffable, this indescribable this pure Being that remains within its creation, yet always transcending it, and it is this Reality which we approach with affection and Love. And as we realize it more and more we translate it into action for it is “this” that is behind our own thinking. In this realization God alone lives, God lives in you, He guides all your actions, He leads you where He would have you go, to work in you, to will and to do whatsoever He would have you do. Then let the external manifestation be what it will, believing that it is just what Divine Mind would have it for the present, even if it is exactly opposite to what you have planned. This cessation of struggling brings true expression and freedom.

Now let us consider the human mind. Much conflict exists in your world today whether or not the mind is dual in nature, that is, two separate minds. The difference of opinion is so great that it prevents the establishing of a true picture of what really exists.

Some say there are two minds, one is conscious and the other is subconscious, but in reality there is but one mind. There is an outer and an inner function and the Silent Healing Power can only be developed by a true understanding of the relation of each function.

Now the outer is associated with the relative world and reacts to the condition of the personal environment which is very much limited. It takes into cognition time and space, events etc and is influenced by them. Therefore you will understand that this outer consciousness is limited and reasons from the individual point of view. That is to say, it draws



conclusions from supposed facts and effects which are seen on the surface, (yet the real cause is hidden in the inner,) or where a part only is seen while the whole is not recognised. A good simile here would be the discernible part of an iceberg, the sparkling pinnacles which are seen above the water are but a fraction of what is underneath the surface, but the iceberg is one whole, that which is seen and that which is unseen is one and the same iceberg. So that which is seen on the surface is but a limitation by one's opinion of what one sees and with a lack of understanding of the seen and being unaware of the unseen, fear, doubt and apprehension is caused by assuming that the limited opinions of what is seen on the surface are actually true while they may be entirely false.

Now I want to place before you the one who is wholly affected by what he sees, and the other who has actually realized the Reality and at the same time discerned that which is false and incomplete or limited.

You will see clearly that it is a state of consciousness or awareness. When the consciousness becomes aware of Reality there is a sense of perception that reveals that which is false, or that which is only partially revealed on the surface and with this understanding there is at once a doubt, a questioning of what is seen on the surface, and this leads to reflection and discernment. On the other hand with the unawakened consciousness there is an acceptance of what is seen. Therefore what is seen on the outer is believed in the inner and there is a reproduction of what is seen faithfully and logically with all the details accurately produced whether the facts are true or not. Thus it is most important that you must discern that which is unreal and false before you can know that which is true. You are what you believe you are.

When the Truth of your true Being is realized and understood—that the eternal Life is ever rejuvenating the mind and body—that the Presence of the Eternal Presence is your Silent Partner you begin to understand the power of the Silent Healing Power. But if your mind is full of falsehood and beliefs which make you antagonistic to others then you will only create inharmony. When this inharmony is dealt with by yourself alone you will then have revealed to your consciousness something of the real which is “Harmony” (Love, Wisdom, and Healing). To establish this Truth in your

outer consciousness is the solid foundation upon which to develop the Silent Healing Power.

When we begin to see that the outer is but a state of consciousness unaware of Reality and that which it is aware of is but effects of what is created from within, and not knowing the true facts, we react to what we believe to be true. But immediately you identify yourselves with the ever-present Intelligent Spirit which prevails throughout the whole Universe you see clearly that the inner consciousness is that which is one with the Universal Consciousness, the Creative Power, throughout all nature. It is this understanding transferred to the outer that gives you dominion over all things.

This creative power gives rise to all forms which also give rise to the outer consciousness as the external manifestation of that which is within. The Reality is that creative power, that Love, Wisdom and Healing that is always at work—active, regardless of time and space, for time and space do not exist in the Eternal Ever-Present. But if you are lost in the outer and cannot discern what you see, then you will only create sorrow and conflict because with your feeling of limitation, your feeling of insecurity, your feeling of inward poverty, you will crave and this craving leads to frustration, sorrow and conflict.

To attain to that which is true you must think in the Absolute and not in the relative which is but a restrictive state of consciousness.

Now a final word to you in the developing of the Silent Healing Power. Take your realization out of the relative where it is restricted and surrounded by beliefs and opinions which are false and transfer it to the Absolute Reality where it is not thus limited and approach this Reality with Love and Affection so that you will externalise in conduct this Reality in your daily Living.

The blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

BENEDICTION

O, Love of my Heart, I open my soul to Thee so that all the fragrant musk of Thy Love will scent the atmosphere that surrounds me.

O Blessed One, sing in my heart, "I shall be Thine for ever." I will laugh at all dangers for I will always hold Thy protecting Love in my constant remembrance of Thee.

In Thy Blessed Light dissolve all shadows and fears of my imagination so that in Thy Blessed Light I shall remain awake for ever.

May Thy Love shine for ever on the shrine of my Devotion and may I be able to awaken that Love in all hearts.

SO MOTE IT BE

Lecture 2 (10th February 1948)

## **THE ATTITUDE OF JESUS**

In this communication I want to reveal the attitude taken up by Jesus in his great work for the world. It will be difficult for many of you to attain to his stature but it is not impossible for He said himself, “These things I do greater things shall ye do if ye will but believe.”

In your work in the world of trade and commerce, in your association with others you must not confuse the issue. Some will say it is impossible to be a Jesus but this is because you confuse the world of trade and commerce with the true Spiritual Life which was lived by the man of Galilee. Yet he gave to the world a way of Life which if it had been followed the world today would not be what it is, and it is so because the world did not understand him. They only made an image of him in their minds, an idea of him and carried on in their same way of destruction ever since his advent upon earth.

Now the world is trying to right itself through economic and other means but this will also fail—not until the world will accept that fundamental Reality and translate it into daily living can there ever be peace and plenty.

Jesus made a total dedication of his life to the aspiration of the discovery and embodiment of the Divine Truth and nothing else whatsoever. He did not divide his Life between the Divine and some outward aim and activity that had nothing to do with the search of the Divine Truth.

Jesus went inside himself and entered into a complete dedication to the Spiritual Life. All clinging to mental preferences fell away, neither giving them election, selection, choice, priority, advantage or precedence.

He put away all insistence on vital aims and interests and attachments. Neither did he cling to family or country. If he did, he could not succeed in doing what he did.

Whatever he did all his energies had to proceed from the Truth, and not from mental or vital motives, only from the Divine Will and not from personal choice or the preference of the ego. He was aware that no mental theories had any fundamental importance. No beliefs in creeds or imitation of others, for He knew that the mind forms and accepts theories that support the turn of the mind in ignorance.

What was important to him was **that call** from the deepest within himself.

He knew that there was a Supreme Existence, a consciousness and bliss which was not merely a negative theory, neither was it a static or featureless Absolute, but dynamic and complete.

In the perception of this Divine Consciousness he realized not only beyond but here and the consequent acceptance of this Divine Life was His aim.

His beliefs did not belong to the mind nor was it a question of a mere mental theory. He also knew that His outlook could be supported mentally as any other, yet it was real not transitory, but of experience and by this experience greater experience was sure to follow, the Soul's faith bringing with it the mind and the Life's Devotion.

By his own experiences He knew that one who is in contact with the "higher light" and has the experiences can follow the way however difficult it may be for the lower nature to follow.

He also knew that one who was touched by it even without having the experience, but having the call, the conviction, the compulsion of the soul's devotion, can also follow. This was the basis of His teaching so that all, no matter what or who they were and what they had done in their lives, good or bad, could come into this blessed realization of the immanence of the Divine Presence within them and with this understanding all that was false would be discerned and dissolved away. His parable of the prodigal son was the evidence of this fact.

He also knew that the ways of the Divine Mind were not like the ways of the human mind.

According to the pattern of the human mind it is impossible to judge others or lay down what one shall or shall not do, for the Divine knows better and to admit the Divine at all, both true reason and devotion seems to be at one in attaining that implicit faith and surrender to that Divine Everlasting Presence. He knew that it was not to impose his mind and will on the Divine but to receive the Divine Will and follow it, was the true attitude to adopt. "Thy Will be done, not mine." He did not say this is my right, my want, claim or need, or requirements, and why do I not get it? But he gave himself to surrender to receive with joy whatever the Divine gave, not grieving, not revolting. (Then what you receive will be the right thing for you as it was for him.) He showed that reliance upon God, surrender and self-giving to the Divine Power was necessary and indispensable. But he also showed that reliance upon God must not be made an excuse for indolence, weakness and surrender to every whim of the mind, but it must move along with untiring aspiration and persistent discernment, the dissolving of all that comes in the way of the Divine Truth. Also that the surrender to the Divine must not be turned into an excuse for the surrender to one's own desires, to one's ego that puts on a false appearance of the Divine.

In His Life He showed that you had only to aspire to keep yourself open to the Divine and to discern that which was utterly false, so that the Divine could work in and through you doing all your work no matter in what capacity for the Divine and in the faith that it is through the Divine Force alone that you can do it, and if you remain open in this way the knowledge and realization will come to you.

Now all depends on whether you can open to the influence or not. If there is sincerity in your aspiration and a patient will to arrive at the higher consciousness in spite of all obstacles then the opening in one form or another is sure to come. It may take time according to the prepared or unprepared condition of the mind and heart.

If the mind is full of theories and the heart full of antagonisms then these must be abandoned before the true light can dawn upon you. Therefore patience is required to rid yourselves of these things otherwise

the effort may be abandoned owing to the difficulty at the beginning. It is not easy to throw out from the mind ideas that have grown since infancy but if you look into your minds you will see what it is that hinders you from accepting that Divine Nature that is present in everyone and antagonistic to none.

So first of all concentrate on your heart and see if there is anything there that in any way separates you from anyone, any enmity, envy or jealousy, any antagonisms that hinder your acceptance of this blessed thing that alone can free you. Then call the power and the Presence of that Love of the Divine to take its abode and the work of this Divine Love will transform the consciousness.

You can also concentrate on the head and between the eyes but for many this is too difficult. When the mind becomes quiet and the concentration becomes strong and the aspiration intense then there is a beginning of experience. The more the faith is turned towards the Divine Presence the quicker can you effect a change. Success at the beginning may be only partial and chequered by many failures but this should not daunt you. Be patient and persevering.

To turn all action automatically into Devotion cannot be done by thought control only, for this is but contraction and not expansion neither is it understanding. There must be a strong aspiration in the heart which will bring about realization or feeling of the Presence, neither must you rely on your own efforts alone but on the grace and power of the Divine Presence you adore.

The cause of your failures to reach this realization is because you place too much reliance on your own mind and will, that is why some of you do not progress. If you could once get the habit of silent reliance on the power of the Divine Presence not merely calling it in to support your own efforts, most of the difficulties would diminish and eventually disappear. You must come to actually know that it is the Presence that does the work. When this is thoroughly understood and becomes the habitual thought behind all your doings a new life will open up for you.

Now all sincere aspiration has its effect and if you are sincere you will grow into the Divine Life expressing Love, Wisdom and Healing.

To be entirely sincere means to desire the Divine Presence only, to surrender yourself more and more to the Divine Presence, to reject all personal demands and desires other than this one aspiration to offer every action in Life to the Divine Presence and do it as work given without bringing in the ego. This is the basis of the Divine Life.

The Christ Consciousness is not attained all at once but if you aspire at all times and call up always the aid of the Divine Presence that is ever-present within you with a true heart and straightforward will, you will grow more and more into this consciousness.

You will not find it easy to get rid of the personal effort at once: gradually the personal effort should be transformed into a movement of the Divine Force.

The main thing first of all is to look into your minds and see what is there—hypocrisy is the first thing that must be uprooted. This may be hard to do because the mind clings to the personality which is full of defects and pettiness. It delights itself in social inaccuracies, in vain platitudes and repetitions. Then first discern your own mind and see what it contains then you will not be so ready to condemn or criticize others.

The Divine Nature cannot manifest in a mind that is full of contradiction. Therefore discern your thoughts in the first place then you will be able to empty your mind and heart of all that is not of the Divine nature that lies hidden, buried, by your own falseness and remember that the Divine Presence forgives and holds nothing against you, so when you have cleansed your mind and heart the Presence will take its abode of its own free will for there is its dwelling place. Your personal effort will be transformed into a movement of the Divine Force, and when you feel the consciousness of this Divine presence call it in more and more to govern your effort, to take it up to transform it into something not yours, but the Presence Itself. There will be a taking up of the forces at work in the personal self by a transformation not suddenly complete but progressive until complete. And as the mental poise and quiet is established then will come peace and a silence that nothing can change for that which is in itself complete will be established in its own temple for it is said that “Ye are the temples of the Living God.”



It is this Presence that is established in the Sanctuary of the Silent Healing Power and as you get more and more into the understanding of the great work that is being done you will all appreciate more and more these instructions that are being given to you.

The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

## BENEDICTION

O, Beloved One, through the door of my aspiration the imprisoned fragrance of Thy Omnipresence was released on the wings of Thy Love.

It spread over Infinite Space carrying Thy blessing of peace to every being, turning unhappiness into joy.

I have broken the cage of the past memories and habits that held my wings fast in the bars of my personality.

Thy Eternal Presence has revealed to me it was but a torturing cage of dreams, and now I am soaring in the Presence of Thy Love that unites me with everything.

SO MOTE IT BE.

## Lecture 3 (17th February 1948)

### **YOU DO NOT STRUGGLE WHEN YOU ARE FREE**

In this communication you will find the instruction of great help in acquiring that mental state you are struggling to get. I have made it plain to you that it is necessary to observe, discern and dissolve the causes of your struggle. You do not struggle when you are free, it is only when you feel that you are imprisoned that you struggle for freedom.

You struggle with thoughts that enter into the mind when you wish your mind to be quiet, you struggle with thoughts which you feel are foreign to your true nature and you try to banish them, without result. It is necessary to observe and understand these wrong movements in you.

Some are continually aggressive, others are quarrelsome, some nag all day long, some are jealous, some envious, some selfish, some egotistical,— I can go on enumerating many more of these false movements that you are caught up with, and not even knowing that you are caught in their net.

Now to deny these things only does not get you out of the net into which you have fallen.

When you have come to be aware of these wrong movements do not be always thinking of your defects and wrong movements but think more upon what you are to be. The goal before you is the translation of the Presence within into your daily living, for in this only there is true happiness and perfect bliss and freedom.

To be always observing faults and wrong movements in yourself and others only brings depression and discourages the faith. Turn your eyes more to the coming light and less to any immediate darkness. Confidence and cheerfulness and knowing that victory is assured are the things that help. They make your progress easier and swifter.

You must remember that the difficulties in meditation when all kinds of thoughts keep coming in is not due to hostile forces but to the ordinary nature of the human mind. All have this difficulty at first and with some it lasts longer than with others.

There are several ways of getting rid of these interruptions. One way is to look at the thoughts and observe what is the nature of the human mind as they show it, not to give any sanction but to let them run down till they come to a standstill. If you struggle against them or fear them it shows that you are just ignorant of their true nature, and thus you attach yourself to them.

Some are continually trying to banish thoughts from their minds because they believe they are evil. Most of these thoughts rise from the **Subconscious** which belongs to the world in evolution and is not evil when understood. You have had this explained to you before. When this is not understood your reactions to these thoughts overwhelm your conscious control to a certain extent. Failing to realize and recognise the Divine Power you possess you live in a world of fear and illusion created by yourselves.

These influences of the evolutionary process rise to the surface in the mortal man—mortal man thinks it evil—spiritually enlightened man transmutes them. What is above comes down and what is below comes up. Man unites them through understanding and begins his spiritual evolution. You become your own emancipator when the Presence which is within you is freed from the illusion of the sense and belief in sin.

You are all apt to react to conditions in your life in a negative way thereby harbouring fear, anxiety and doubt and in this way you lose control and it is this lack of control in your daily life that causes such thoughts to interrupt your meditation. But as you progress you grow more and more into a better understanding of yourselves.

Some worry about their thoughts. Worrying about a thought is the only evil there is, it is more deadly than the thought itself, for thoughts pass away and dissolve. When you understand that you are the Living Presence in Reality no harm can come nigh you.

Life alone lives. Life created the body, the brain, the nervous system through which it could express Itself in the physical world, then it is Life that lives **not you**, you live because Life is living. Life is God and God is

Life—the Presence—and it is this Presence that is omnipresent and is the Presence that is your Silent Partner and is the greater of the two. When you realize that it is this Presence alone that has consciousness and is your Reality then you will discern better that which is false, and when you discern that which is false you will know that which is true. I have said this many times to you but I know that the true significance has not dawned upon you, that is why I am showing you this gem of Truth in another setting.

Now, if you observe the thoughts that cross your mind and you stand back and look at them regarding them as things that come from the outside, you see **them** as passers-by crossing the mind-space with **whom** you have no connection and in **which** you take no interest. In this way after a time there comes an awareness of consciousness and mind being distinctly separate. The consciousness witnesses and watches while being perfectly undisturbed and quiet while witnessing the object of observation in the mind—those thoughts that cross and wander through mind in space.

There is a third which is the shortest and most powerful way to silence, but few can do it at the beginning: that is to detect the thoughts coming, before they enter, knowing these intruders for what they are and dissolving them away at once. If this can be done it is swift but much more difficult for beginners.

The cause of most fear in people is the preaching on all sides about sin and damnation with the result that from infancy this fear has dominated the lives of millions. There is a fear of something that they do not understand because they are ignorant of the truth about things. They accept what others say without question and their imagination runs rampant with fear and illusion.

Every educated person knows that the main facts about organic evolution are firmly established and are quite different from theological outbursts of ignorance propounded from the pulpit. You are not required to do violence to your reason by rejecting the assured results of modern Science. If the theology of religion is to be of any use to humanity it must be simplified spiritualised and brought up to date, at present it is encumbered by bad science, caricatured by bad economics, and the more aware you become of this the less you will be disposed to stake the

existence of your faith on superstitions which are the religion of the irreligious and the science of the unscientific.

Ninety-five percent of the people are busy attempting to change effects. Something happens which they do not like and they try to change the situation. They soon find that they are simply changing one form of distress for another. The other five percent which include yourselves are engaged with the causes and you know now that in order to make any permanent change it is the cause you must seek, and you soon find that the cause is within your own control. It is the five percent that are thinking the other ninety-five percent are merely accepting and conforming to the thoughts and ideas of others. It is those only who think who can see and feel a thing before it happens.

These hostile forces are anti-Divine, not merely un-Divine—they make use of the lower nature, pervert it and fill it with distorted ideas and movements and by that means, influence man and even try to enter and possess or control him.

Free yourselves from all exaggerated self-depreciation and the habit of getting depressed by the sense of sin, difficulty or failure. These feelings do not really help. On the contrary they are an immense obstacle and hamper the progress, they belong to the religious, not to the adept in Truth.

You should look on all the defects of the nature as movements in the Subconscious which are common to all no matter who they are, the main thing is to observe them, discern them and dissolve them calmly, firmly and positively with full confidence in the Divine Presence—without weakness, fear and depression or negligence and without excitement, impatience or violence.

The rule I give you is not to let these movements depress you, to stand back from them, observe the cause and then remove the cause, for the cause is always within the control of the self. For all vital defects are within the control of the self through understanding.

Sometimes a wrong movement, a petty desire indulged in causes a recoil—sometimes by its satisfaction and sometimes by its disappointment. Sometimes a desire is satisfied, sometimes a false movement given its head, produces very often a worse recoil than a disappointed desire.

What is needed is for you to become more “aware” in the inner and less in the outer, even if you live there, for the more you react to the outer the more you are exposed to its touches.

The Immanent—the Presence—is not oppressed by them. It stands in Its own closeness to the Divine Omnipresent Eternal Love and Wisdom and sees the small surface movements as surface things foreign to the true Being.

My last communication to you on the attitude of Jesus should be studied with this communication, then you will more easily conquer your difficulties and the wrong movements that assail you.

The mistakes you have made in the past are probably because you are identifying yourself too much with these things that assail you and regarding them as part of your own nature. You should rather dissociate yourself from them, regarding them as movements of the Universal subconscious that try to make you the instrument of their self-expression. By this discovery you will be able to live more and more in the Presence that is Wisdom, Love and Healing, which is not troubled by these movements and automatically refuses assent to them, the soul that is turned toward the Divine Force reaches the higher plane of consciousness.

Now find that part of your being and live in it. To be able to do so is the true foundation for the Presence to work.

By standing back in the shade of the ever-present Omnipresence you find a quiet poise in yourself, although witnessing the surface struggle. You can thus call in the ever-present Presence to help deliver you.

The Divine Presence, calm, peace, purity, force, light, joy, wideness are above waiting to descend into you. Find the quietude behind and your mind will also become quiet, for whatever the consciousness is aware of, so does the mind respond to, and through the quiet mind you can call down the descent of the purity, peace and power of the Divine Force. When you feel this peace and purity descending into you you can then call it in again and again till it begins to settle. Then you will feel the force working in you to change the movements, to transmute them and transform the consciousness.

In this working you will be aware of the Presence, that Divine Presence that is not disturbed or affected by outward conditions and effects. Once

this is done it is only a question of time as the progressive unfoldment of the Divine Nature in you is translated into your daily living.

The idea of tests is not a healthy idea and should not be considered too far. Tests are applied not by the Divine but by the Forces of the lower planes, mental, vital or emotional, and physical, allowed by the Divine because it is part of the soul's training, and helps it to know itself, its powers and its limitations which it has to outgrow. The Presence is not testing you at every moment but rather helping you at every moment to rise beyond the necessity of tests and difficulties which belong to the inferior consciousness.

To be always conscious of that help will be your best safeguard against all attacks whether adverse movements generated by your own cravings and desires or those of the subconscious.

If you do not succeed as you would like to succeed do not be disappointed or doubtful, success is assured. Experiences are your stairs of progress and when rightly understood aid, your faith. I could not do better than repeat what the Centurion said to the Master Jesus: "I am also a man of authority and if I give an order it is obeyed, but you are of a different realm and if you give a command it will also be obeyed and my servant will be healed." And the Master said, "I have found no greater faith in Israel." At that moment the servant was healed. Jesus spoke the word of true understanding because He knew He and the Father were one and his word did not return unto him void but completed that which it was sent forth to do. It was done in the Father's Presence by the Father's Presence.

This will aid you to understand what is possible in the Sanctuary of the Silent Healing Power.

I have shown you the mind of Jesus in my last communication now look into your own and see how near you can come to the mind of the man of Galilee.

The Blessing of the Angel of Light is upon your work in the Sanctuary of the Silent Healing Power.

BENEDICTION

Dressed with Thy Beauty, clean and holy, Thou didst send me to play in the fields Thou hadst prepared for me.

But I played in the darkness with ignorance and lost myself in the mire of suffering. I went out clean but came back to Thee besmirched with the mud of illusion.

O, Divine Presence, wash me with Thy Love and Wisdom and make me clean and clothe me again. I lost everything while roaming in the darkness.

O, Divine Presence, Love of my heart, the tiny candle of light of my remembrance of Thee was not extinguished by the gusts of disbelief. I loved all things, only to find that I needed Thee alone.

Come with me, O Beloved—Be with me always.

SO MOTE IT BE



Lecture 4 (24th February 1948)

## LIVING REALITY NEVER CHANGES

The Truth, Life, God, Essence, the omnipresent Presence, the Christ, the only Reality in us or whatever name you like to call it, is that part of us that is neither an idea, an image or sensation but an actual Living Reality, which is eternal, birthless and deathless.

Our ideas change, our beliefs change, our personality changes, our minds change, our bodies change—but “this” Living Reality never changes.

The revealing of this great ever-present Life is continual unfoldment through which we continually make adjustments according to how we identify ourselves with this mighty Presence. In this lies the seat of all power in mankind. How do you identify yourself with this ever-present Presence that is responsible for all creation? I want you to give considerable thought and contemplation to this the most important thing in your life. It is so big and so vast that we can neither see the beginning nor the end of It yet **it is** ever-present within us.

All manifested substance, forms, compositions, all visible things are but the expression of an interior productive cause, invisible which is the spiritual essence in all those things. The thing that you see, feel or touch is the effect, **the cause is within the thing**. There can be no separation between the cause and the effect. You cannot divide the ether of space which fills all space of which Science tells us is the basis of matter and the framework in which matter is built, and thus form comes forth through an anterior cause which is responsible for appearances. Now appearances are what the senses respond to and are generally taken for realities but it is the unfolded mind that begins to see behind appearances and there finds the cause.

The starry heavens awaken and invite us to seek that which is beyond appearances and as I have already stated herein lies the power of mankind but few have grasped it, that is why man is today impotent in a world of effects which he finds overwhelm him and to which he succumbs because he has not yet sought deep enough for the solution, which he will eventually find within himself.

The deep faculties of man's mind are not limited to the five senses. The principles of nature are revealed through those who have developed this gift of intuition through clear thinking, not accepting what others have said and believed in the past, for this is but perpetuating the ignorance in the world. When man begins to see that most of his troubles are created by himself he will find the solution also within himself for within him lies that eternal Reality which is responsible for all creation including himself and within himself he will find also the cause of his miseries for the cause is never separate from the effect. The effect is only removed when the cause is revealed and corrected in our own minds by the Creative Power Itself for man thinks good and evil by the same power.

It is this deep intuition which has caused us to move onward and upward side by side with deep logical reasoning which enables us to see further than those who attribute their knowledge to the limited sphere of the physical senses. When we lift our consciousness in thought into the higher things of Life we are able to obtain much information that cannot be obtained by mere groping in the mud. One cannot find the secret of the lotus flower in the mud in which it grows but by understanding the spiritual cause that forever remains invisible to the senses, but can be comprehended by a deep thoughtful mind.

Truth is hidden in the words of which St. John spoke. I will repeat it again to you. "The word was in the beginning and that very Word was with God and God was that Word.... The same was in the beginning with God.... and the Word became flesh...."

St. John also tells us that we cannot understand this until we can comprehend the mighty truth about ourselves—unless we become aware that we are not of blood nor of the will of the flesh nor of the will of man but born of God. No man has ever seen God but the Father is revealed in the Son, and it was this that Jesus revealed to us in his great teaching of the

truth which cannot be superseded. Know ye not that I am in the father and the Father is in me and the things that ye see me do is the Father who worketh in me. The Father who ever remaineth in me, it is He who is performing his own deeds. When you have seen me you have seen the Father. Your Father and my Father—our Father which is in Heaven. Heaven is that inmost Sanctuary in ourselves where the Father ever remains waiting for our awareness of Him. This is not an idea an image or a belief It is the Living Reality and is the source of our own livingness.

This Truth must become objective as well as subjective before it means anything to us, and this is brought about by our awareness of it, so that the inner shall become the outer and the outer the inner. Now this has nothing to do with ethics which blinds the consciousness to the Truth of Life and the Ever-Presence. Ethics is eternally caught up in the relative things, but this Truth I am revealing to you can never be understood via ethics or any other things that turn your mind outwardly. Those whose minds are filled with ethics can never know that warmth, that joy of living that is attained only by the awareness of the ever-present Love and Wisdom that is always giving expression to Itself through those who identify themselves with It. It is simple, unaffected, always kind, always loving, always generous, always forgiving, does not make vain display and does not boast. It is not easily provoked and thinks no evil. It never fails when put to the test no matter in what situation. Its power lies in the fact that it is present everywhere, and It knows no opposition, and is never antagonistic, no matter how irritating others may be. There is a calmness that nothing can move for it knows Itself to be the only Reality. This goes beyond the reason of man but it does not run contrary to that reason. For we know that this must be so for the Universe to eternally exist. It must have perfect harmony at the source and that source is also within ourselves.

When one begins to know this Truth one begins to express that Truth and that is how one knows whether one has the truth or not. For it is the translation of this ever-Presence into our daily living that reveals what we know in our hearts. One may have an intelligent grasp of the Truth but unless one has become aware of that Reality in oneself as the Living, Loving expression of harmony, as the Source of his or her own living, they

are like the man who looked into the mirror and saw a reflection of himself and immediately went away and forgot what he was like.

We all know very well that we do not act up one hundred percent to that which is real within ourselves because of our desires, cravings, etc. but as we unfold these things no longer worry us even if we may become possessive for the things of this world and for those we love etc. To become aware that we are possessive to know our cravings to know our weakness is half the battle and not to struggle with them knowing that they have no place in Reality. And as we come to know that this world of ours is but a preparatory school for our immortal existence so shall we cease to grab all for ourselves and work for the common good. Yet through our suffering caused by our own misunderstanding will come the wisdom that will guide us to freedom.

As we come to know that the only authority is the Divine Presence that dwells in each and everyone of us and is not separate and distinct to that which St. John spoke of we will then realize that it cannot be antagonistic or in opposition to Itself at any time and as we identify ourselves with this Presence so shall we become aware of all the false doctrines that cause strife, separation throughout the whole world.

It is because we have failed to realise that we are immortal is the cause of our ignorant craving for immortality and we are caught up in the fear of death, which is but an illusion in man's mind because he has not realized the eternal ever-Present Life within himself. And because of his ignorance he is exploited through his belief in death. So he tries to buy with as little as he can of his worldly goods a passport to some unknown destination from those who claim to have the sole right of admission. And because the paramount longing in the human heart is for the things desired unaware of that which produces all that is resident within himself he develops a sense of inward poverty, and to cover up this sense of inward poverty he surrounds himself with things, title and rank which he finds a very poor substitute, and thereby develops a sense of insecurity. So he tries to make himself secure at the expense of his brothers and all he gains is sorrow and conflict. So man creates the exploitation by which he is exploited from every side. When through an enlightened mind man begins to discern that the cause as well as the remedy is with himself and that the Truth, Life, God

or whatever name we like to call it is beyond all personal allegiance, he will step out of his illusion and see how magnificently he will thrive in the recognition of his oneness with that Presence that one Life that unites us all as one family, not only on this earth but one with all inhabitants in the vast Cosmos. For surely within the one Infinite Mind all must exist and as there is no outside It, we must also be in It and of It. Then to identify ourselves with this Infinite Mind develops within ourselves the qualities of this Mind.

The comprehensiveness of the Cosmos is beyond our human conception but nevertheless it is a fact that the worlds within our visible physical senses are but a fraction of the manifested Universe and that this manifested Universe is but a speck on the horizon in that Infinite Mind that fills boundless space. We are told there is something like two thousand million millions of worlds visible to us and that this is but a fraction of the manifested Universe. Many of the suns and worlds making up that visible Universe are thousands of times larger than our sun and planets. Our earth is but a grain of sand in this panorama of worlds yet we are linked up with the same substance that same Mind the same Creative Spirit. Furthermore there are belts of invisible matter inhabited by spiritual beings that were once physical like us at one time or another. Although we are incapable at present of seeing those inhabitants they are not oblivious to our existence and many are helping and guiding us. To have this true conception of life we get beyond creeds, dogmas, ethics and the limited thoughts of the human mind and we soar into that which we know exists now as it did in the beginning. Some will say where is your scientific data to explain all this? There is ample proof by those who have experienced at least a modicum of its truth to make it evident that there is more in heaven and earth than man has ever dreamt of.

Physical Science has only yet groped in the dust of the earth but Cosmic Science will be the Science of the future. Science has already found out that matter dissolves into energy and we are told that this energy fills all space—commonly called “ether”. Out of this ether and in this ether all forms visible must exist.

There are far-reaching powers of the human mind that can and will in the future reveal intercourse with the inhabitants of the inner worlds. I have

had that opportunity myself of this communication and what one can do all can do.

The law of gravity which unites all the worlds in the Universe is one grand system separating man from his kindred spirits in other planets and interposes an impassable barrier to his excursions to distant regions.

This is because man is only in the infancy of his being yet he is destined to a future, an eternal state of existence where the range of his faculties will be expanded. A few have expanded these faculties, and these few have been regarded by the masses with awe and sometimes they have been put to death for fear that the pet theories and religious beliefs of the blind who lead the blind would be shattered. But those who acclaimed Barabbas and put Jesus to death could not destroy that which they could not see, that which was real and eternal. So after all they did not destroy anything, nor could they keep that light from coming into the world and that light is beginning to shine brighter than ever.

A wide boundless prospect lies before us and time will reveal the numerous order of kindred beings with whom we will associate in terms of enduring love and friendship. There are other active spheres which exist superior and interior to our world system, and to which we are materially bound in our onward and upward progression. Yet that same Life, that same consciousness that makes us conscious and aware will be the same eternal birthless and deathless thing that will unfold the beauty of the Universe. For the whole Universe is within the consciousness of the Supreme Architect and it is the same consciousness that makes us living thinking beings now, made in the image and likeness of our Creator.

That the Infinite is revealed in the finite and that the finite reveals the Infinite being eternally linked in one whole—it is this Truth which gives us that freedom from our limited conception of things in the mortal sense. Oh, could we wing our way with the swiftness of a Seraph from sun to sun and from world to world until we have surveyed all the systems visible to the naked eye which are but a mere speck in the map of the Universe— could we at the same time contemplate the glorious landscapes and scenes of grandeur they exhibit—could we also mingle with the pure and exalted Intelligences which people those resplendent abodes and behold their humble and ardent adoration of their Almighty Maker—their benign and

understanding deportment towards one another, each esteeming the other better than himself and all united in the bonds of purest affection without one haughty or discordant feeling, what indignation and astonishment would seize us on our return to this obscure corner of creation. Yet within ourselves is this grand thing and to know it in our hearts is to live it.

Some seek health for health alone.

Some seek wealth for wealth alone.

Some seek happiness for happiness itself.

Now seek this Truth and you will find all within yourself.

“I am Alpha and Omega the beginning and the end. I will give unto him that is athirst, of the fountain of the water of life freely.” Rev. 21: 6.

SO MOTE IT BE

## Lecture 5 (2nd March 1948)

### **WILL POWER**

If only the world thinkers and scholars would step out of the old limited way of thinking into the new pathway they would lead mankind to a better understanding of himself through the science of Life and the Cosmos, and how much better this world would be. The habit of thinking in terms of effects and limitation has hindered man in his progression, has stilted his growth spiritually, mentally and physically, has also kept mankind in the throes of misery and ill-health and unhappiness. When we take into consideration the teachings of the great prophets and masters of all time they have directed man's thinking into wider channels of thought, but the habit of looking at things through mortal senses has blinded man to the great truth about himself, which alone can set him free.

This course of lectures is for the purpose of freeing man from his own limitations for man is only limited by the concepts he holds and believes to be true.

The secrets of the earth and all that is in it and the cause, is not altogether hidden from man and as we search we find that which will confirm our earthly existence and will also confirm in us a greater glorious foundation than that which was first supposed and taught by those who accepted the effects seen without due regard to the causes behind them, and the immediate work in this class is to show man's relation to God and the Universe.

In our last lecture we saw clearly that the whole Cosmos is one whole with no division anywhere. The appearance of separation we saw is but an illusion in man's mind. Because of the great Truth that God is the only "One" and all must exist in Him and by Him we also saw that all manifested substance, forms, compositions, all visible things were but the



expression of an interior productive cause invisible which is the Spiritual essence and the only reality in all things.

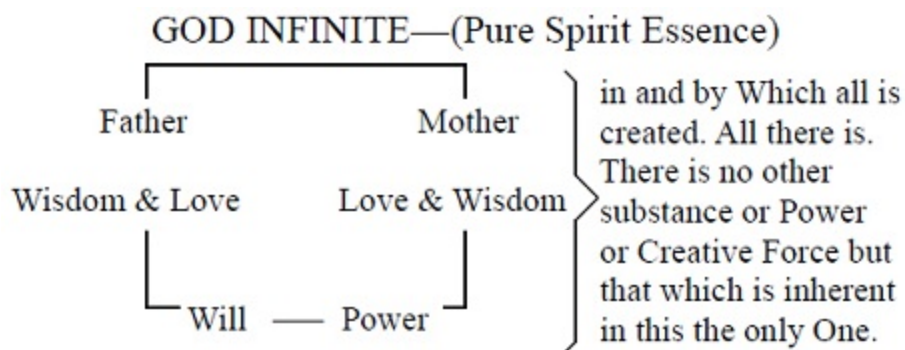
We saw that matter was energy commonly called ether of space which filled all space in which there could be no division. We also saw clearly that this ether was an expression of the Infinite Mind that filled boundless space and there was no outside It and therefore all must be in It and of It. I do not want to repeat what we have already said, because our time is little enough to explain the magnitude of the material for our consideration which is to follow and in this lesson I will use a few diagrams to reveal some fundamental things which must be grasped otherwise we will not get the benefit of this wonderful knowledge.

The Bible story of the Creation of the world is a concise explanation of its creation, but before one can read it with understanding the fundamentals must be understood, that is why those who read the story of Creation of the world and man, is at a loss to understand its significance.

We are told that Life is God and God is Life, therefore Life is not limited by body or mind but is free and omnipotent in its omnipresence and the point through which God expresses Himself through man is the point through which man expresses the Infinite, but this must be realized by man before it is possible; this is the Law of our Being.

Therefore we are forced to accept the great truth that God is **all there is**.

Now let us take a look at this diagram:



Let me explain the first part of our diagram to you:

As God is Infinite in nature there can be no other creation but His therefore He becomes what He creates. Read your last lecture of what I said about the Word becoming flesh.

Love and Wisdom are the impersonal principles of God and are the foundation of all which He creates. These principles never change they are always the same. Mankind unfolds as he realizes these unchangeable fundamental principles. So we progress and give expression to them according to our awareness of them, not that we are separate from God in any way but we are made in His likeness and this has to be realized by us before we can express our true nature.

“Will” is the uniting and active link in all creation because without will there can be no action, and through the will of God so does His creation come forth, and there can be no other will but His and this will is situated in us as the Creative Power in ourselves, and our will becomes more powerful as we become more aware of God’s unchangeable impersonal principles—Love and Wisdom.

Now these three “Love—Power—Wisdom” are one and never separated at any time in God’s creation; and this is expressed in us as consciousness and intelligence.

Life alone has consciousness and the consciousness in us is proof of God in us and in our own consciousness is the seat of that will. A very little reflection will make us realize this to be true. The Intelligence is that active principle in Life that causes all that the conscious will desires to be expressed, and as there is no outside the Infinite Mind and no other substance, all is created in that substance. So man creates for himself his pleasure and his pains according to how he identifies himself with these unchangeable impersonal principles which underlie the whole Universe.

In this lecture I want to deal with and to show its power.

The Masters say cut out desire, this is true, because desire is the cause of all manifestation for behind desire is the will. But we must understand that there is pure desire—the will of God, and personal desire—the will of man, the former brings peace and happiness while the other often brings the reverse.

Now will power is that force which is the director of all mental currents not only affecting ourselves but also affecting persons and things outside ourselves.

In my training with the masters I was shown that will was the projector of all mental currents and was the basis of all mental phenomenon, and as I am permitted to reveal to you this tremendous force I am also advising you to be careful in the use of it. Let it be tempered with Love and Wisdom to guide it into constructive and beneficial avenues for yourselves and others. When used with understanding the results will astonish you and all who observe it.

The will of a strong conscious awareness reaches out far beyond the limits of the brain and influences people and things causing them to be inclined toward the desire expressed by that will. Many have worked their will upon others far removed from their immediate surroundings. This power has acted upon them as a mental influence. Call it mental telepathy, thought transference or anything you like but it is reality. A mental current projected by the will works as surely as the sun's rays affect the growth of plants and flowers and fruits in accordance with the power that individual has developed. It is not the purpose of this lecture to give you specific instruction in the active projection of this power. What I wish to do is to draw your attention to it, as a power that is inherent within you and what I want you to realize is that will is a living force that can be projected and operated at a distance. It is this force that the Creator uses in the manifestation of all His Creation.

The Creative Will underlies all Life's manifestation including the mineral, vegetable and animal kingdom and is individualized in man. It acts independently of brains and controls all life and body functions in man. This mighty force is at its greatest when directed by our Divine Consciousness, the consciousness of our Divine Nature. Herein lies the secret of all power in man. This Universal Power can be used by man, and we must learn to understand its laws as we learn to understand the laws of electricity to use it to our advantage. But it is just as dangerous as electricity when we fail to discern its laws and abuse its power.

Desire and will are the primary factors to our thought, they render thought powerful. The more feeling we have the stronger is the thought

pregnated with the power of will. Yet many people live only in desire and feeling because they fail to define this thought. Thought is the arrow that goes forth and according to its definition, according to its complete form so will it produce.

People who are incapable of thinking are often using this power but it is dissipated, like the noise of a cracker, there is nothing to it. Thought is the arrow that goes straight to the target and the force behind it is will, but unless you begin to think for yourselves unless you give up conforming to other beliefs and desires, you will never be able to use this power of thought with any degree of success. In these lectures I want to give you the basic foundation upon which to build this power.

A child feels and desires but its thought has not formed and nothing is accomplished and the majority of people in this world have still the child-mind, they have not yet grown up.

Will—Desire is a natural force inherent in all and can be used, controlled and directed just as electricity can. The Masters have trained and cultivated this will-force to degrees that seem miraculous to the western mind. By this force they performed so-called miracles.

Many of the astonishing healings I have performed which seem to be miracles to many are performed in this way, and many of the ascended Masters who are working with the Sanctuary use this power in the many healings that take place through the Sanctuary. This accounts for the many wonderful results we get.

In the East there are hermits who remain in the mountains and develop this mental power and influence others at a distance, while in the West we see this will expressed through men of action, men of industry and in men like Roosevelt, Churchill and others as leaders of nations but even in these it is but a futile effort compared to those who can become aware of their Divine Nature, linking themselves with the Cosmos and who begin to think and feel the ever-present Power of Love and Wisdom which is the impersonal foundation of the Cosmos itself.

Therefore what I wish to show you in this lecture is the Source of all things and this you must identify yourselves with otherwise you will never know the omnipresent omnipotent in your own life.

The Divine Mind is the Mind of God in which all is perfect. Now the mind of man is a reflection of that Mind and not until we can comprehend this great truth can we ever be able to make that reflection real in our own lives.

In my next lecture I will prove to you that matter is not as it is seen by the senses, and why it becomes visible and how it can become invisible.

In concluding this lesson I will ask you to contemplate upon what I have to say which is the only conclusion that all great thinking minds can come to, that is that God the Infinite the Eternal “One” timeless, limitless, spaceless, birthless, deathless, the first Cause, “One,” remember, and still the only “One” has seemingly individualized Itself and created form for Its own self-expression, the only “One” expressing Itself in the many “the One in all and the all in One.”

“My word shall not return unto me void but shall accomplish that which it is sent forth to do.” In this is the completeness of man’s understanding of himself—to become aware of the unity of God in man. “The Lord thy God in the midst of thee is mighty.” Now also become aware of your relation to people and things and discern deeply your thought action, how and where it is moving, then you will be able to free it from limitation.

When your thought is caught up in greed, envy, craving, imitation, beliefs in conformity to creeds, systems etc., when you are dependent on things and people you are limited and bound. Yet freedom comes through self-reliance obtained through your awareness of your own reality, your oneness with God the Father of Love, then discerning that which is not real in the world of the senses which is but an illusion of shadows. Keep reading these lectures during the week for they contain much help that will dawn upon you as you get into the Spirit of this Truth.

“But though our outer man perish yet the inward man is renewed day by day.” 2 Cor. 4: 16.

“As to wisdom and knowledge forsake her not and she shall preserve thee! Love her and she shall keep thee. Exalt her and she shall promote thee. She shall bring thee to honour, when thou dost embrace her. She shall give to thy head an ornament of grace; a crown of glory shall she deliver to thee.”

Prov. 4: 6, 8-9.

SO MOTE IT BE

## Lecture 6 (9th March 1948)

### **MATTER IS SPIRIT MANIFEST IN FORM**

In our last lecture we saw that Consciousness Intelligence, Substance, Love, Wisdom, Thought and Will were the essentials in Creation and were one in all and all in one, united in the manifestation. We also saw that unless we co-operated with these Principles which make up all Creation we could not express them, although they are within us—that they would not manifest fully in our lives unless we recognized their presence. We also saw clearly that all creation was within us—that we were Creation Itself including all Its attributes, the only difference being in the degree of manifestation of these attributes—for the Creator could not separate Himself from His Creation and remain absolute and Infinite. “He became what He has made.” We saw also that all must exist in the Infinite and of It and there was no possibility of separation of any kind because It was Infinite, and to be Infinite and Absolute it must occupy all space—boundless space and therefore must include all Creation.

Strange as it may seem to us, it is nevertheless true that when we begin to think of matter, when we use matter with our hands and mould it according to the image we hold in our minds we are unaware of the potential energy in that substance we call matter. Also we are unaware of the fact that we do not know what this matter is yet it contains within itself the Laws essential to its numerous and varied formations and in this lecture we will explore some vital facts pertaining to this unique and fascinating subject of creation which is essential for us to understand if we are to be able to use this substance with any degree of proficiency.

We saw that the fundamental impersonal principles underlying the Universe are Love and Wisdom, and that this Love and Wisdom was united in manifestation through “Will” the inherent power behind all

manifestation. We also saw that awareness (an expression of consciousness) was pure thought, that kind of thought that is not uncertain, not wavering or unsteady but is complete in Itself. It is this fact that makes the Universe enduring and perfect.

If we examine ourselves we will see that we are the image and likeness of the Creative Principle and it is quite evident to the awakened consciousness that very few have realized this, even those who profess to show us the way for they are busy formulating religions of sorrows and conflict.

Life is beautiful and for all we know death is just as good, for Science shows that death is but a form of life and when we realize the truth we are willing to go or stay. John Calvin<sup>1</sup> and John Knox<sup>2</sup> had a lot to do with devising and formulating a religion of sorrow, and each died old at the age of fifty-seven. Unfortunately for them they took their selves seriously and were caught up in the net of their belief and anyone who does this cannot think clearly and will suffer sooner or later from arteriosclerosis of their thinking cells. Life is fluid and there is nothing permanent but change and if we will think with Life we will unfold into the continuity of Life, young, yet matured.

When you know the Truth you can live dangerously and carefree knowing that it is Life that lives yet those who do not know the Truth live in fear, and this fear attaches itself to everything that is said or done. With Truth nothing matters but living and knowing that the fundamental Law of Life is Love and Wisdom.

To refute untrue things said about you is an error of judgment for all wrong recoils upon the doer. It is the one who makes wrong statements about others who is to be pitied. It is better to be lied about than to lie against another, for no one can harm us except ourselves. That Presence that is ever-present is your shield.

Mind and matter are interchangeable, convertible, essentially identical, harmonious and are welded by polarities of Nature's forces. In my last lecture I promised that I would prove to you that matter is not as it is seen by the senses and why it becomes visible and how it can become invisible.



Science has proved to us that matter viewed separately from energy does not exist. Chemical effects, action and reaction, electricity, magnetism, heat, light, are different modes of motion, different expressions of force transferred from one to another, electricity, magnetism, chemical affinities are reciprocal, mutual, complementary to each other and change readily into each other without loss of quality of the original force. These forces are but one force and are all convertible from the invisible to the visible, and from visible to invisible. This is the source of delusion we are under in regard to matter when we say we see or feel it.

We create in our minds a mental concept in reaction to what the senses see and feel, but there is no evidence to substantiate that matter exists at all except as a concept we ourselves create. Feeling is a resistance to motion and seeing is a reaction to light vibration, from these we create images in our minds which we believe to be true. Now this is the cause of our impotence in regard to so-called matter.

In the following diagram (see page 124) I will reveal the truth about matter, showing that matter is but spirit manifest in form. As there can only be one substance we will see how the substance changes yet nothing is lost in so doing.

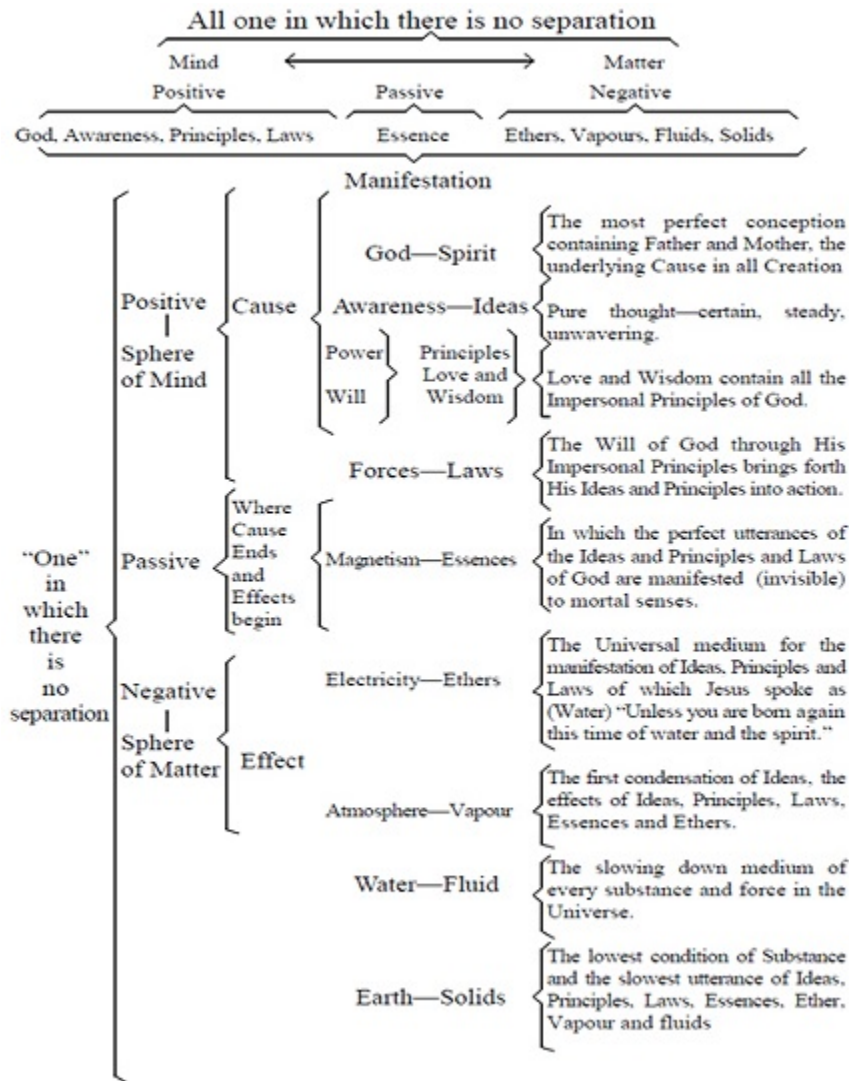
Now let me explain this diagram to you:

God is Spirit and we must worship Him in Spirit and in Truth as Jesus says. In other words we must know Him to be Spirit, the only Living Being there is and Who dwells in all His Creation. He is the Source of all Creation, Principles, Laws, Essences etc., by which all is created.

His awareness or ideas contain Love, Wisdom, Will which reveal the universality of motion, light, life, sensation, order, beauty and intelligence.

The power behind all His Creation is seen to be Will linking together His impersonal and perfect eternal Principles of Love and Wisdom.

The first exhibition of His Will is through Law and Order. This is the first manifestation of His mind in motion and the effects of the force of His Will. We call the Law of God that which is perfect. When we work with the Law we become the Law. This we see as the forces of Nature.



Essences—the first manifestation of mind as an all-prevailing solution which is neutral to receive the Ideas, Principles, Laws in which they become formed. The Substance is the link connecting the Ideas, Principles, Laws, Forces which represent the perfect utterances of God and in which they ever remain perfect. This substance cannot be affected by man's ideas while ignorant of his true nature, all imperfect ideas are dissolved away in the essence. Out of this Substance the ether is produced which is the Universal medium for the manifestation of Ideas, Principles and Laws. This ether is the substance that Jesus spoke of as water, the psychic substance. It is the medium through which Mind or cause ends and effects begin, the medium of exchange from one to the other. The essence enables the Ideas, Principles and Laws of God to become manifest as we see them in matter.

When the Divine Consciousness holds an idea the Intelligence completes it in detail and it becomes a manifestation under which lies His eternal Principles and Laws. The outer is but the expression of the inner and the same Law is inherent in our being. Thus we are as we think because the Law has individualized Itself in us. Now in the explanation of the sphere of matter I will commence with the solids so that you can see how these solids dissolve into higher phases of itself.

In the solid substance we see the atoms when they are slowest in motion and coldest in temperature and drop into a compact body which we call solid form. This matter represents the gorgeous galaxy visible in the heavens spanning from north to north-west to south-west, the Milky Way, some of its suns are more than nineteen thousand million miles from our sun and planets yet we belong to this belt of the visible Universe, the slowest utterance of Ideas, Principles, Laws, Essences, Ethers, Vapours and Fluids.

Fluid is that solid substance into which has been developed energy raising it up one degree, the same atom changing its vibration to a higher state. Solid Substance is porous and energy passes through it without interruption. Ether supports the gross substance and interpenetrates it as do all energies that are faster in motion. Fluid is the first condensation of ideas, the effect of Ideas, Principles, Laws, Essence and Ether. Man's body is a condensation of gases and vapours, everyone of which is floating around us in the atmosphere. Oxygen which we inhale continuously is a gas without which we could not assimilate any food. Hydrogen is a gas which unites with oxygen forming fluids in the body and carbon a gas which combines with oxygen and hydrogen creating growth and movement. Nitrogen is also a gas we create which clings to oxygen and neutralizes it, it acts as a powerful tissue builder with the other elements such as phosphorus, calcium, sodium, chlorine and other elements, all possible of liquidity. When we eat our food we are consuming these elements although we are not aware of it. We are also continually changing these substances back to liquids and vapours which we give off again in invisible evaporation and emanations; these emanations are as material as the body of man is material, just as material as a drop of perfume which you perceive in evaporation through the sense of smell.

These human emanations go forth continually in millions of tons daily into the soils of the Celestial Lands invisible in space to make up our spiritual homes. How true it is that we make up our spiritual homes while here on earth. Love and wisdom is beauty. Selfishness is ugliness. This is the key to our Spiritual home here and now.

Ethers—Vapours: atoms ascend one degree higher in the scale and manifest throughout all space in the increase of motion in the substance called ether. Ether is the basis of matter and the framework in which matter is built. It responds to mind and forms according to the image in the mind.

In ether there is form as well as in matter but this is invisible to the physical eye. Yet these forms are as substantial if not more so than those we see in the physical.

We see mountains, trees, rivers, real and substantial in the material Universe, nevertheless they are only images, forms originally existing in a world which we do not see and from which they are derived, forms which are as real and material, for nothing exists except by reason of the Spiritual manifestation that exists in the world of Spirit or Essence. What we see in the physical or material world is purely and simply effects. We move in ether and ether supports all matter in space. Ether, vapours, fluids and solids represent the sphere of matter in which man lives as human beings.

As Life is God and God is Life this eternal creation called mankind unfolds the beauty that is within. We recede into the inner realms which are more glorious and inconceivably beautiful than our mortal senses can comprehend.

“I go to prepare a place for you for where I am there shall ye be also.”

Raise your hand and take hold of this truth, the Tree of Life, and so gain your Divine Birthright. Life alone lives, I am the Life. The Beginning and the End are one—Eternal and ever-present. The greatest message that can be given to mankind is of its Divine and Eternal existence in the Infinite.

This world is still in the womb of its soul essence. The new heaven and the new earth will come into being for the germ, the seed is here now at this moment forcing its way through the darkness of the human mentality, and through humanity it will be brought into being for humanity is the vehicle the Infinite created for that purpose.

Let us then broaden our vision beyond the material sense which is but an effect, into that which is the cause of all Creation and we will find ourselves one with it. Herein lies the power of the Master and all can reach it for it is our Birthright... “The things I do greater things shall ye do...” Let us cast off all beliefs that hinder that true expression of the one Presence that lives in all.

“My Covenant I will not break nor alter the thing that is gone out of my lips.”

“In hope of eternal Life which God, that cannot lie, promised before the world began.” Titus 1: 2.

SO MOTE IT BE

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[1.](#) John Calvin (1509-64). French theological writer and reformer.

[2.](#) John Knox (1505-72). Scottish Protestant reformer and historian.

## Lecture 7 (16th March 1948)

### **REALITY IS UNITED IN THE “ONE”**

Our last lecture requires a good deal of thoughtful study to master it for our subject under discussion is not one that can be understood fully all at once, for it is a continuous unfoldment of the truth that people all over the world are seeking but do not know where to find it. Many books are packed with ideas about the truth, yet they have no foundation to work upon and it is this foundation that is so essential.

Most people have a religious belief which they follow blindly without question but this is of little value to you who are seeking the deeper meaning of life.

We saw in our last lecture that matter was not what our senses revealed to us. We also saw that there was but one force in the Universe and this force was readily convertible into other forms of force without loss of the original force. We saw that matter was energy and this changed into other forms of energy and nothing was lost in doing so, and that there could not be one atom out of place in the Universe and that all acted according to law and that this law underlies all manifestation in the visible and the invisible. We also saw that the invisible made up the greater portion of the Universe and man, and was the source of the visible creation including man.

The tables showing the oneness of All from the highest to the lowest and from the lowest to the highest should be studied carefully for only when the mind can grasp these great truths is it capable of great things.

If you look into your mind you will see that you have been reacting to the external world not knowing it nor understanding it, and it is this misunderstanding that causes you to be incapable and helpless in dealing with your everyday happenings.

The only difference between a master of nature and yourselves is the one understands the other does not. Man is only master when he becomes aware of his true spiritual birthright, and although I have explained in many ways how you can arrive at this awareness, I know that you have not yet fully grasped the great significance of it. Unless you can grasp the fundamentals of the Universal Law of that which is in the realm of the invisible as well as that which is in the realm of the visible, and unless you can understand the facts about your spiritual nature you will never understand the facts of the physical nature.

I have shown you how the Spirit is involved in its own creation. Now this involution preceded evolution and this is never lost sight of—the perpetual urge onwards of the Spirit for the self-expression in infinite varieties of form, for it is Spirit that is continually passing into manifestation and it is always the same Spirit the only One. This is the fundamental truth that whatever the variety of form, the Spirit is the only one.

Involution and evolution are one and the same thing, it shows where cause ends and effects begin, the beginning is not separate from the end, the end is in the beginning and must always be so, otherwise there could be no Universal Law. I have shown you clearly that there is only one substance and there can be no other substance and this substance is Universal Mind that fills boundless space.

The Bible says that God created heaven and earth. This is symbolical. Heaven means a higher state of consciousness and earth means a lower state of the same consciousness. Jesus made that very potent statement “the kingdom of heaven is within you”.

I gave you a table in the last lecture showing the oneness of all from the Spirit to matter, which included Ideas, Principles, Laws, Essences, Ethers, Vapours, Fluids and solids, showing that the lower included the higher otherwise there was no possibility of any creation in the concrete, that the solid form we see must be the expression of the Ideas, Principles and Laws manifesting in the form and when I revealed that the form was but the effect of all the others combined it brought home to you that mankind must include all of creation which is an undisputed fact.

Masters have arrived at this truth through diligent observation and study and it is this that has made them Masters, as it will make everyone, if they will take time to consider the great truth underlying all creation, that there is only One.

When the mind can grasp this Truth through understanding it becomes matured, but if you will look into your own minds you will discern whether it is a reality to you or just a belief or much less a platitude. Now this can never give you the power you are seeking for if your beliefs are born of imitation or the belief of another, all the efforts you make will not bring the desired results unless you can think it out for yourself and so prove in your own mind the great truth so as to make it your own.

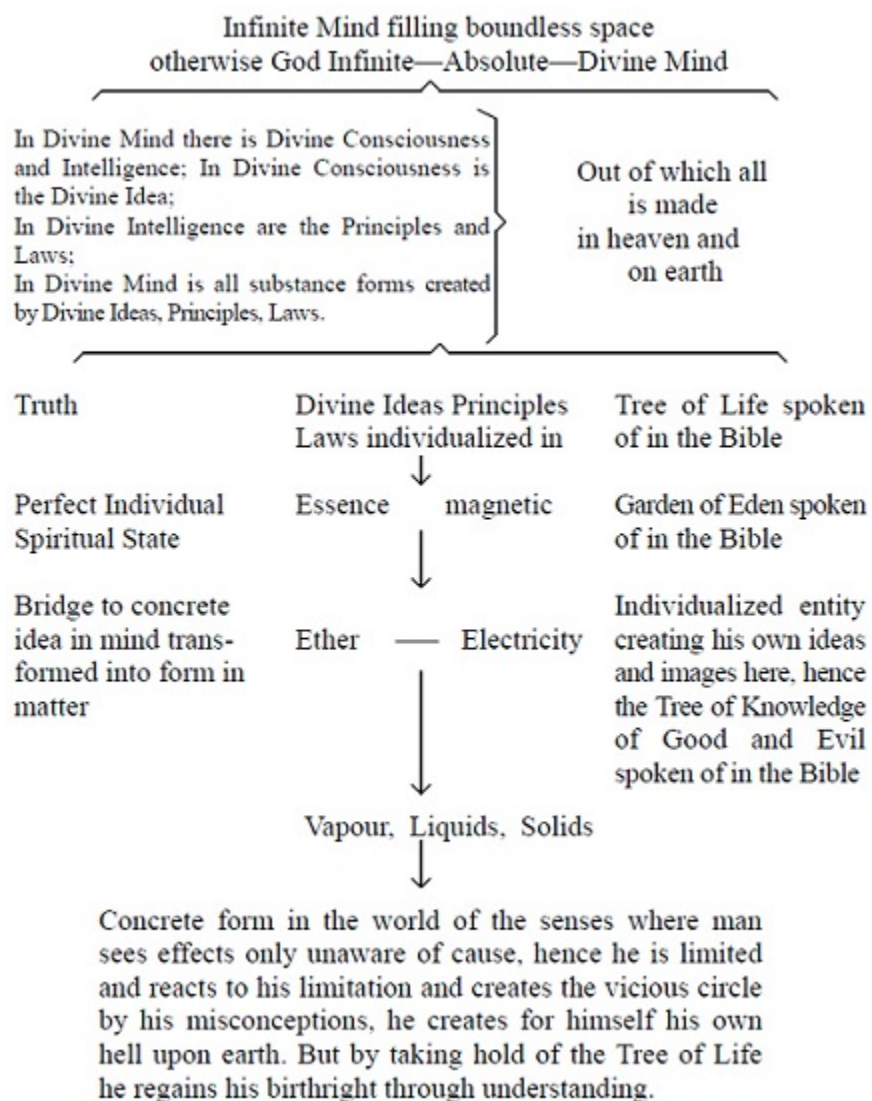
The consciousness must become aware of its Source, you have often heard the word “awareness” for I have repeated it so often to you, yet the acceptance of this word or its meaning cannot give you its true value, you must become **aware yourself**. It is difficult to make you understand this because awareness must be your own experience and without it you cannot progress, and the more I show you the truth as the Masters know it and as I know it myself the more you will begin to become aware and experience this awareness yourselves. This is so far off to most people and there is no use trying to reveal this to those whose minds are filled with beliefs, superstition or platitude, because they can never understand it.

Certain cells in the brain have to be awakened for this awareness to be real in this physical plane, and my reason for teaching you the way I do is to awaken these cells so that this truth can be made yours in the physical now and not at some future time to come in your spiritual evolution.

For your enlightenment I have given you another chart of a different nature but telling the same story of Creation.

“When energy is encased in its smallest space it is then at its greatest intensity.” This formula was given to me and I had to think it out for myself to prove its truth to myself. Science has already proved this to be true but this formula was given long before Science had any idea of extracting atomic energy and as this knowledge is common to all I must refer you to the Science of atomic energy for further information on the subject as the space and time is not available in this lecture except for a brief explanation which I will give you *ex tempore*. Now let us look at the diagram:





It is well known that matter called solids is a ponderous substance which is easy to dissolve. It is when the atom is reached that great force is encountered. The atom is an eddying whirlpool in ether having positive and negative parts, the negative part revolves round the positive the nucleus, “electron” is the name given to the negative part which revolves round its nucleus. There are many different atoms each of which is judged by the number of electrons which are revolving round the centre and according to the number of electrons—the smaller the number the higher the velocity and the larger the number the slower the velocity.

To separate the electron from its nucleus requires a tremendous force almost inconceivable to the human mind, also when they can be separated

through fission or attraction they create great devastation as instanced by the atomic bomb. Now I am not an atomic scientist but my knowledge obtained of this subject was obtained from the Masters who understood the formation of matter from an inner viewpoint and not from the outer, which science is finding out today. But both will meet at the same place, one operating from within and the other operating from without.

All units of energy when separated are not lost but unite with other units of a similar nature. This is the Law of Attraction that is inherent in the formation of the Universe and as Science goes on separating the units—the smaller the unit the greater the power until point is reached and when point is reached they will find that there is no energy external to point but that all energy is behind point and the greatest potential is concentrated at point. This is the Father-Mother-God, the Cause behind all Creation and cannot be separated. This is the Divine Law in action, having all power within itself, there is no power separate from it. It is all concentrated at point and point is everywhere yet no one can tell where point is or point it out.

Now man's consciousness is the point where the Infinite expresses himself through man and where man expresses the Infinite, but man is not aware of this, yet Jesus was, and as were all the Masters who became aware of this great Truth and could perform what is known to the world as miracles.

The great riddle of mankind solves at point, the greatest in the smallest and the smallest in the greatest. "The greatest amongst you is the servant of all," Jesus told his disciples. He did not mean the greatest man amongst them but that which was at point within them was the greatest, the Source of all Life, Love and Wisdom.

The ancient Sign of the Cross was known by the ancients as the symbol of creation. The perpendicular lines represent the Father or the Consciousness and the horizontal line the Mother or the Intelligence and where they meet is the manifestation, the Son of God or the Christ, the Living Life, the only Reality of which the Master was aware. There is more to the Cross than one would think of but this is not the purpose in this lecture. To those who understand the inner meaning it is the secret sign of spiritual manifestation. As man is the finite in the Infinite the great saying, "Man, Know thyself and thou shalt know thy creation," is not a platitude to

those who understand, but a living reality. For man will find within himself the glorious truth of the immanent God. For God formed man in His own image and likeness and this does not mean the body which is the temple of the Living God but that the same principles and creative power was also inherited by man by virtue of his creation, the only difference being in the degree of these principles. But as man grew into the Truth and through the unfolding of the involved Spirit of God so could he manifest power according to his awareness and understanding.

The Christ is still the only power on earth and will remain paramount and when we grasp that the Christ is not a separate entity but the Father Himself—this Jesus revealed to his disciples when he said, “Know ye not that I am in the Father and the Father is in me...” “It is the Father who ever remaineth in me is performing His own deeds.” I am aware that I am the Divine Idea. I told you in my last lecture that the principles of the Infinite were Love and Wisdom, therefore a Divine Idea must contain these principles and when the idea is expressed these Principles become the Laws. The law then becomes the expression of the Idea or Principle in the essence which is truth, the Tree of Life, the only Reality—for this is the highest manifestation of the Infinite Idea and as man is that Idea, his true state is Divine and must remain eternal and ever-present, deathless, birthless, impossible of decay. All change we see taking place is permanent in Life because Life is ever renewing itself, ever pliable, immortal and eternal, it is not static but a concentrated essence expressed in motion, therefore there can be no end. But the Divine Idea must always remain the same or the blueprint of man himself held in the mind of the great Architect of the Universe.

Ethers, vapours, fluids and solids are the bridge through which these ideas are transformed to form in matter and as ether is electricity—a force—and matter is a modification of ether matter also must be a force, therefore matter viewed separately from force does not exist.

Therefore the creation of all forms and the whole world’s conscious relations is the result of the Spirit’s one mode of action and that is thought. Let us look at it from this point of view.

1. The Creation
2. Creative thought or thinking.

3. The thought or thinking manifest in form.

The thinker is the first Cause and creates secondary causes, thought, and this cause must have an effect or manifestation. Apply this same rule to mankind and you will see that man becomes what he thinks, so when he thinks evil he creates evil in his mind and circumstances not knowing his true nature and he creates his own conditions by his thoughts and reactions through his senses. Here then is the Tree of Knowledge of Good and Evil, which we will discuss in our next lecture.

“Lo, I stand at the door and knock, if anyone hears my voice and opens the door I will come in and sup with him and he with me. The conqueror I will allow to sit beside me on my throne, as I myself have conquered and sat down beside my Father on His throne. Let anyone who has an ear listen to what the Spirit says.” Rev. 3: 20-22. (Moffatt)

SO MOTE IT BE

Lecture 8 (23rd March 1948)

## **THE GARDEN OF THE SOUL OF MAN**

We saw in our last lecture the great truth of the “One” the only One. The saying “the drop is in the ocean and the ocean is in the drop” is paradoxical nevertheless true. We saw that the Divine Mind contained Consciousness and Intelligence, Ideas, Principles, Laws; these were individualized in the Essence and was the perfect expression of “Divine Mind” and this is how the Divine Mind saw it “that it was good.” One saw also that the Essence clothed itself in ether-matter carrying with it the Ideas, Principles, Laws, therefore becoming form invisible and visible. And in this ether-matter the individual entity is given free will to choose and creates Ideas to bring them forth by the same mode of action as exists in Divine Mind.

It was in this vehicle ether-matter that we saw also where error in individual consciousness was outpictured because the individual did not know the truth about himself and about the Universe.

We also saw that the physical senses responded only to vapours, liquids and solids, and although the Divine had revealed Itself in the form of man in these, as well as in the higher or inner mediums of Divine Mind, man was not aware of this. Consequently man’s senses revealed only effects without understanding the Cause which brought about misconceptions, because man did not realize the cause behind it all and he did not even recognise what the effects were. His reactions then created in his mind and circumstances, limitations and chaos.

So the one great lesson in the last lecture was to become aware of our own reality united in the “One”—that is the primary factor in all development. It is the secret of our power and brings about health and happiness in this Life here and now, and we do not have to wait for it in some future time. Therefore everything we see and feel is none other than

Universal or Divine Mind in action. So “the drop is in the ocean and the ocean is in the drop” becomes clear to us when we realize that there is no outside Divine Mind and Divine Mind must contain and include everything—that Divine Mind must be in its Creation no matter how tiny or how big, also it must be in the Divine Mind for there cannot be any other substance, force, law or principle outside Divine Mind. Therefore Divine Mind includes all Creation including mankind as its special creation on earth.

When we speak of Divine Mind we speak of God’s perfect creation and there can be no other, for God alone lives and it is His Life that lives in us. We also saw that for the Infinite to be Infinite and Absolute, He must include all, and there cannot be anything except the Absolute. When the student grasps this fact a change takes place in the consciousness, the consciousness assumes a totally different attitude to that which it sees and feels. The consciousness in us being the ruling factor in our lives begins to create through the understanding of these fundamental Truths, very often unconsciously, just as the consciousness steeped in error and fear creates unconsciously through reaction what the senses reveal when ignorance prevails. With the result that like conditions are created in the personal life and circumstances and there can be no freedom until one becomes aware of cause and effect and this awareness can only come from understanding the Universe and man and their conscious relation.

The reason I am going over these facts from a different viewpoint is because it is the only way that you can acquire that state of consciousness that is necessary for your own freedom from fear and illusion, which leads to chaos in the mind and consequently in the personal life.

It will take time for many to free themselves from previous preconceived ideas which have no foundation in truth when they have taken hold of the mind as a tree takes root in the ground.

The tree that does not bear fruit must be rebuked so that it will die away. It was this that the Master showed when he came upon the fig tree that bore no fruit; he rebuked it, and it withered and died. It was not fruitful yet it took sap and energy from Life but produced nothing from it so it is the same with many beliefs today.

Now if you look into your own minds and see how many trees have taken root there and are bearing no fruit you will understand better the

works and words of the Master.

The whole world's conscious relations and the creation of all form is the result of the Spirit's one mode of action and that is thought. Very few are aware of this fact and know less about its manifestation, so we will explore the following facts:

1. The Creator, Infinite and Absolute, individualized throughout His whole creation.
2. Therefore the Creator exists in all because without Him there could be no Creative Being in any of His Creations.
3. This Creative Being is the Consciousness, Intelligence and Substance in all things.
4. Consciousness thinks.
5. The thought is then created.
6. The thought or thinking takes form—Intelligence in action in the substance.
7. The effect is seen and when cause is not recognised reaction becomes negative and the vicious circle or illusion is created.

All matter and form in matter is pervaded by an invisible essence. This is the great discovery of chemical science. Now this essence is a higher state of rarified matter, it is in fact the substantial form of matter itself in which we will find our spiritual homes.

The belief that matter is dead has long since been relegated to the scrapheap as have all other similar preconceived ideas, ideas propounded by those who had no scientific knowledge upon which to base their limited and stupid assertions. Nor is matter solid as it is supposed to be by so many misinformed people. It is these fixtures in the mind that prevent man from unfolding his true nature, which gives him power and dominion over all things as stated in Genesis.

For Truth to become of any value, the consciousness must become aware of it and this is the difference between one who knows and one who does not know.

The Law of Growth is of the highest importance to the student who wishes to develop and all of you are here for that purpose, for without

development along the right lines there is no possibility of giving true service to others. “The blind lead the blind and they all fall into the ditch.”

The main fact to remember is that Nature is natural. We may misuse and abuse Nature but it will prevail in the long run. If we drive it out through the front door it will surely return through the back door. The Law of Nature is the principle of growth and this law and vitality is inherent in the thing itself.

If we wish our work to be a success we will not force things to become that which by their own nature they are not. “He that believeth shall not make haste.”( Proverbs.)

In Proverbs 8: 22-31\* we read, “The Eternal formed me first of his creation, first of all his works in days of old; I was fashioned in the earliest ages, from the very first, when earth began; I was born when there were no abysses, when there were no fountains full of water; ere he sunk the bases of the mountains, ere the hills existed, I was born, when earth and fields were not created, nor the very first clods of the world. When he set the heavens up, I was there, when he drew the Vault o’er the abyss, when he made the clouds firm overhead, when he fixed the fountains of the deep, when he set the boundaries of the sea, when he laid foundations for the earth; I was with him then, his foster-child, I was in delight day after day, playing in his presence constantly, playing here and there over his world, finding my delight in humankind.”

If you can grasp the significance of this you will see clearly also in these lessons the same truth about yourselves. The Bible is the deepest occult Book ever to be printed but you can only extract truth from it when you take truth to it, and that is why the Bible will always remain a mystery to those who cannot read it. The Bible also stresses so much upon the power of faith and the weakening effect of fear and the destructive influence of unbelief and lack of wisdom. “I wisdom have intelligence in hand, knowledge and insight I command.” Prov. 8: 12.

As you follow these lectures and read them over and think about them you will grow naturally, some may think they are not progressing quickly enough, this is the mistake you make, you are not acquainted with the Law of Growth and you fancy you can hasten it by some exertion of your own from **without** and are thus led into doubt and anxiety and often employ



grievously wrong methods. Some will fail to understand at first, but understanding comes with perseverance, faith and patience. Some crave for truth but if that craving is only to fulfil some immediate desire then there is no depth to receive the truth that would set one free, and many fall by the wayside. Nevertheless one who recognises what the prize is worth will do all in his power to acquire it; that one will be like the merchant who had many pearls yet when he found the one priceless pearl he sold all to acquire the one pearl of great price.

How true this is! When we find this one great pearl of wisdom we no longer need the others, for with this one pearl we can do everything and this great pearl is the Tree of Life of which the Master spoke. When we take hold of it, it would be a spring of Living Water rising up to eternal Life.

I have so often said to you, unless you understand the false you will not understand the true and this brings us to the subject of which I said I would speak to you about—the Tree of Knowledge of Good and Evil.

The Bible is a book of occult wisdom and was written for the purpose of freeing man from the illusion of death. It also shows the way of deliverance from sorrow, sickness, poverty, ignorance and uncertainty, but unfortunately for mankind this book has been made the means through which he was forced to conform to a religious belief which bound and suffocated him. He was not allowed to think for himself, his thinking was done for him by those who did not know the truth or if they did they purposely kept it secret from him for the purpose of control through ignorance. But that time is fast passing and people all over the world are beginning to ask questions especially the younger generation and this thinking for themselves will bring them freedom and eventually freedom to others.

In this lecture there is just time for a quick review of the facts relating to the Tree of Knowledge of Good and Evil and we will continue this discussion in the next lecture.

Now let us look at the facts revealed in the Bible.

God is the only One, there is no other. By Him and in Him all is created and there can be no other source.

“All was created by the Infinite God, the Infinite saw that it was good.”

“Man is made in the image and likeness of God and so was man created.”

This likeness with God is the Christ within man, the power that brings forth everything you need, health, happiness and excellence in Life.

The Principles incarnated in man are the principles and laws of the Infinite which man inherits as his Divine birthright.

“God saw that which he had made was very good.” Yet man sees evil —“There is nothing good or bad but thinking makes it so.”

The story in the Bible goes on to relate about a Garden of Eden. This is an allegory and this allegory has been repeated in many lands throughout the ages: “The Garden of the Hesperides”<sup>1</sup> “The Romance of a Rose”<sup>2</sup> etc. The meaning of all these stories is the same.

The Garden is the Garden of the Soul of Man; In that Garden there are two trees, one is the Tree of Life, the only Reality in man—his Divine Consciousness—the Creative Principle—Life itself. Jesus tells us this is the well of water springing up to everlasting Life to all those who realize it and through this recognition you have already passed from death across to Life.

Now the other Tree is the Tree of Knowledge of Good and Evil. This is the intellect of man. Man unaware of the Tree of Life does not recognise the true spiritual nature of things and this causes him to have an entirely different conception of things, which becomes his misconception. He sees through the dimmed sight of his intellect, something that he does not understand so he calls it evil and that which he calls evil opposes the good. He separates everything into these two categories: good and evil, Life, death, hope-fear, faith-doubt, etc., not knowing the law of Transition. It is here where the illusion becomes a reality so he creates the error; and by doing so, outpictures it in his mind, body and circumstances. It is always the deepest thought that manifests. Thus man’s conception of things brings forth his misconceptions which to him are real and therefore produces them in his own life and circumstances by the law inherent in his own being: “a man is what he thinks.”

The result of this error and the way of deliverance will be discussed in our next lecture.

“As Thou Father art in me and I in Thee so may they be in us .... Yea, I have given them the glory Thou gavest me, that they may be one as we are one—I in Thee and them in me—that they may be made perfectly one .... I declare Thy name to them that the love with which Thou hast loved me may be in them and I in them.” John 17: 21-23, 25. (Moffatt)

## SO MOTE IT BE

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\* Moffatt’s translation

1. Hesiod (8th c. B.C.). Greek poet and author. Wrote about the legendary Garden of Hesperides. Three, four, or seven nymphs, daughters of Hesperus; they were guardians and with the aid of a watchful dragon, of the garden in which golden apples grew, in the Islands of the Blessed.
2. *Roman de la Rose*. A French Middle Ages poetic epic work ( running to 19,000 lines). The author of the first part (1230) was Guillaume de Lorris (c.1215-c.1278). Forty years later, the work was completed by Jean de Meun (c.1250-c.1305).

Lecture 9 (30th March 1948)

## THE TREE OF KNOWLEDGE OF GOOD AND EVIL

In our last lecture we saw that there were two trees in the Garden of Eden (the Garden of the Soul). One was Life itself the only living Reality and the other was man's intellect, what he thought about things. We saw that Life was always the same but man's thoughts and beliefs changed according to the change in his conceptions. And as man was not aware of the Life in him he was lost in the intellectual illusion of what the senses revealed to him. But that which the senses revealed to him was an infinitesimal part of what really exists. So he limited himself because of his limited concepts. This was the ignorance that led to his fall from his true Spiritual state to one of darkness where he found himself, and being unable to extricate himself he struggled against his self-imposed darkness because he would not discern the causes of his trouble. With the dimmed sight of the intellect he was unable to perceive the true state of things so he called his experiences evil.

It has always been shown by great thinkers, those who have been able to enter the higher levels of thought, that there is always an active phase and a passive phase in the Universe, throughout all creation, from the highest angelic beings to the human upon earth, and that 'something' which is eternal,—call it Life or any name you like for no one knows what it is, but we know **that** It is,—is behind and in all Creation.

There have been many writers of all kinds of scientific works who have made a guess at what Life is but the secret is wrapped up in the secret of the "All" which no one knoweth. And I am not going to indulge in vague speculation of what It is, **yet I know that It is** and this Life-Power is ever-present always expressing Itself in all its creations. And that which exists in this phenomenal world of ours is a manifestation of It.

There is an indisputable Law of Logic, that whatever is evolved is the result of that which is involved as a prior interior cause. You cannot get something out of a thing unless that something is already in it.

Therefore all creation has two phases, the interior and the exterior.

I have told you before that the brain and the body is created by Life for Life's own self-expression, the brain is elongated throughout the whole body, every cell is linked up with the brain through various plexi which is also brain stuff. Now this brain which we pride ourselves on is but a transformer for the Life energy on this plane of action.

The brain cannot create, its function is merely to transform or convert the Life energy into usable forms and phases, and as matter is mind materialized and cannot exist apart from energy we see the active and passive phase of mind and energy in action. We see the law in operation with electricity. Science tells us that electricity is never created, it is simply a portion of the Universal Energy converted or transformed into usable forms and phases. This same law seems to exist in mental action through the brain.

Let us examine the action ideas have upon us. When we hold an idea in the consciousness (consciousness being the primary factor in life) it sets up an activity in the mind. As mind interpenetrates the brain so it causes certain cells to become active because the brain is the physical counterpart and must respond. So acceptance is the first process then activity and transformation takes place, creating form. The mind controls the brain with all its ramification throughout the whole body. Therefore the brain is the instrument through which physical contact is made, through the cells in the brain a definite effect is created upon corresponding parts of the body. The intensity of the idea is reflected upon the organism. Not only is this action confined to the body alone, but is transformed into active currents of thought or vibrations which reach far outside and beyond the body. I often think of man as a lighthouse with beams which reach far and wide, and as man thinks so does his influence reach far beyond him. If the light is weak the light-vibrations will not travel far, but if the light is powerful the beam is seen in the sky for miles around and with man it is likewise.

Mind substance interpenetrates the brain substance being mind in a passive phase, for matter is but mind materialized and is the mind's medium

of expression.

Consciousness is the agent of awareness and the awareness of ideas creates impulses which are released throughout the whole organism. This shows clearly that the saying “mind over matter” is not merely a platitude to those who understand, but a real active dynamic truth which we learn often through bitter experience. So the tissue structure must change according to the idea in the mind.

It is the Life that is the dominant active principle for it contains as we have already seen—Consciousness, Intelligence, Substance, and has within it the principles and laws necessary for manifestation.

When Life individualizes itself in its own substance it carries with it all these attributes so the brain is the transformer for these attributes through the Idea held in the consciousness, “I am the Life.”

If we examine ourselves we will see that this operation is identical with ourselves therefore what is manifested in us must be identical in Life for there is no other source of manifestation. Thus we see the truth which is indisputable “that whatever is evolved is the result of that which is involved as a prior interior cause.”

When we understand ourselves we will understand more about our Creator for we are told we are made in His image and likeness.

Therefore the brain and nervous system being the passive phase of mind has no power of its own, it is but the vehicle for the transforming of Life energy into usable forms.

This shows clearly what the prophets meant when they said, “Take hold of this Tree of Life and it will be a well of living water rising up to eternal Life.”

To hold the perfect ideal is the beginning and the end. It is your reality, and to know this brings forth in form, life and circumstances the great truth “As a man thinketh in his heart so is he,” and with this knowledge all is possible.

Now there is a mechanism that is familiar with all the details of the physical and mental organisms but our knowledge of their functions is very limited. In fact there are even few who know where their organs are placed far less understanding the function; most people know they have a stomach,

a liver and kidneys but where they are situated is very vague. But you will realize that there is a mental action that is supreme for it must have created the body as the best means through which it could express itself. By the proper understanding of the Laws of Life which are natural, we become natural when we hold off ideas, desires and emotions that cause a destructive action in our system. Knowing that life is perfect we no longer worry about a condition nor hold it to us by fearing it. We release it through understanding, then that which is in the beginning must be in the end, and what we propose is realized.

So man has to accept the Tree of Life to make it a reality in his own Life, and within man himself is proof of this.

The Tree of Knowledge of Good and Evil has taken strong root in man and Jesus knew this when he said, "If they would not listen to Moses and the Prophets neither would they be persuaded though one who rises from the dead." Man must raise himself up through the Christ within, for the Christ is the Tree of Life, the only begotten Son who rests in the bosom of the Father. This is the Tree that has its roots in God and not the Tree that has only its roots in man's conception of things—man's intellect.

Now in the Bible man is warned that death will be the result of eating the fruit of this Tree of Knowledge of Good and Evil, but this warning is disregarded by Eve and she shares the forbidden fruit with Adam and they both suffer as a result.

Now it is seen that as the Garden of Eden is the Garden of the Soul. Adam and Eve are not separate personages but two principles of the human individuality, the active and the passive or the inner and the outer; they are also united as to be represented as a wedded pair.

Paul understood the allegory for he said, "Adam was not deceived it was Eve that was deceived." Now here is the key. Adam and Eve are the two principles, one is capable of being deceived and is deceived and falls as the result. The other is incapable of being deceived yet is involved in the fall of the former, showing the wonderful allegory of the inner and the outer. The outer man Adam has no power of his own, but what the inner man sees so is it represented in the outer as a natural sequence. Thus in Adam we die, but in Christ we live.

Adam is the representative of the material substance, Eve is called the Mother of Life, this is the soul principle in which Life creates and produces—Adam and Eve represent the Soul and Body and Christ represents the Spirit, the Tree of Life. At the well Jesus said to the woman of Samaria, “This water I give you you will never thirst again it will be a Spring of Living Water rising up to Eternal Life.” Eve represents the psychic and Adam represents the physical, the soul is deceived and the body must suffer that deception. And since the soul is that which supports the body the deception which causes wrong thinking on the part of the intellectual man reproduces itself in the physical imperfection and in adverse external circumstances.

The Soul—the thinking entity—is the only one capable of being deceived, the body is not capable of being deceived because it has no sense or feeling, nor has it consciousness except the consciousness that the thinking entity gives it. So it must of necessity fall with the thinking entity—the soul that is ignorant of the truth of its being. It was this that Jesus and all the prophets tried to show man and because man would not understand, not that he could not understand, but he was afraid that if he let go of what he had he would lose all. Yet Jesus said in other words He that holds on to this life will lose it, but he who gives up his life will retain it. He that clings to the limitation of the senses must eventually lose all, but he who refuses to be lied to by the senses shall find the real—“as a man thinketh in his heart so is he.”

The story proves that the intellect is wrong because it believes in evil. It is the intellectual man and not the spiritual man who has caused all the suffering in the world. Do we not see in our midst groups of intellectuals without true Spiritual understanding—religious groups, political groups, ideological groups etc., use their power for separation which must result in the ultimate destruction of mankind.

The atmosphere of ill-health, the atmosphere of misery, mental and physical is due directly to the Tree of Knowledge of Good and Evil.

Man ignorant of the Divine Law of Creation does not look beyond secondary causes and because of his creative power he creates thoughts that are externalizing conditions in exact representation of his conception. So he becomes more and more involved in the network of conditions from which



he finds no escape and because he is ignorant of the true Law of Causation he never suspects the real fact, that the originating power of all these conditions is himself. So he eats of the fruit of the Tree of Knowledge of Good and Evil.

Good and evil are relative terms, the relativity of these terms changes and is never stable. In fact what is one man's medicine is another man's poison.

Knowledge of itself is good but by thinking that evil should be studied as knowledge is deadly to the soul because of the Law of creative thought. The more one dwells on evil the more is it produced. That is why the Church has never progressed nor has it done much for humanity. Christianity has existed for 2,000 years yet look at the world today. Christianity as it is preached today must die before the teaching of Christ can live. We talk evil, we think evil. Sin is a paying business for many institutions. As long as man's mind is caught up in the net of fear and sin, the longer will he be bound by the Tree of Knowledge of Good and Evil which is his downfall.

As long as man gives equal authority to good and evil with God as some balancing point between them he will never understand the truth of his Divine Nature. Anyone can see that this is the stupid and ignorant intellect at work and an intellect that is very much limited in most people. I am not disposing of the intellect but when it is used without reason it becomes the serpent crawling on its belly. When we discern the cause of our own foolishness and the cause of all the misery in the world we will see that it is this intellect unaware of the truth of being that is responsible for all our suffering individually and collectively.

Knowledge of this thought-action is not reached in the masses nor in the individual until such time as he or she begins to think deeply, for only by the discerning of our thought-process can we be freed from all the conditions of the body, mind and circumstances that hold us in subjection to the Tree of Knowledge of Good and Evil. It is only when we have studied this prayer and made it a reality by transforming it into our daily living can we truly understand the Master's words to us, "Know ye not that I am in the Father and the Father is in me? It is the Father who ever remaineth in me is performing His own deeds." "Loving Father this is Thy Holy Temple, Thy

perfect dwelling place from which radiates Thy Love, Wisdom and Power to all Thy children. I am filled with Thy Mighty Healing Power, Thy inspired Wisdom and Divine Love and I am glorified in Thee. My eyes and ears are open whereby I see and hear, and my mind receives Thy Eternal Truths, for Thou hast proclaimed me Thy perfect instrument for Thy great and glorious work, that Thy Will, which is done in heaven, shall also be done on earth.”

So the great Truth concerning man is that he is made in the image and likeness of God with mastery over everything.

Man at first is ignorant of this truth and this ignorance is his fall. By his own creative power he creates self-imposed conditions from which he suffers because he falls into the error by seeing a negative power as having a distinctive power of its own outside the Infinite but there is no outside the Infinite, for to be Infinite It must include all.

But man at last comes to the perfect understanding of the truth of his oneness with Life and this understanding is his rising again, and enables him as he is instructed to do, to overcome and master all things.

“Return ye unto me, saith the Lord of Hosts, and I will return unto you, saith the Lord of Hosts.”

Zech. 1: 3. Mal. 3: 7.

SO MOTE IT BE

## Lecture 10 (6th April 1948)

### **THE TREE OF LIFE**

In our last lecture we gained knowledge of great importance to us in our daily living, the knowledge of the Tree of Good and Evil and the realization of the Tree of Life. We saw clearly that the Tree of Life was real while the Tree of Knowledge of Good and Evil was speculative, that is, what we thought about things and according to our understanding so did this good and evil affect us. If we were entirely unaware of the Tree of Life, the source of all things, then we were entirely lost in the Tree of Knowledge of Good and Evil thereby eating of its fruit which was forbidden lest we die in our sin—our ignorance.

The Tree of Knowledge of Good and Evil we saw clearly was the intellect of man. There was nothing wrong with this tree except we were bidden not to eat of its fruit. If we did this would be the cause of all our troubles and we would die in that trouble—the ignorance of not being aware of the Tree of Life, the true source of things.

We were shown clearly what was meant by the allegory of Adam and Eve. Eve was the soul and Adam the body, yet the Tree of Life was the Creator of both.

This Tree of Life is represented as the Christ, “I am the Life” which explains the trinity of man—Spirit, soul and body. And unless we get a true understanding of their value to one another we will get lost in all the various cults, including religion, metaphysics, psychology and the many other things that man tries to free himself by, but fails miserably because he has not yet grasped the great truth about himself made in His image and likeness.

We also saw that the soul was the thinking entity and what the soul thought or believed so was this out pictured in the body or circumstances.

Thus mankind is in conflict in a continuous conflict and confusion in regard to good and evil.

If his experiences were pleasant he would say this was good and if his experiences were the reverse he would say this was evil. And because he did not know that he was the creator of both, he suffered through his reaction to his experience. So he feared one and clung to the other, but what he feared came upon him so he ate of the fruit because of his ignorance.

(1)—We also saw that the great truth concerning man was that he was made in the image and likeness of God having dominion over everything. Now the point that has not dawned upon most is that God is the Creator of all things so He must have dominion over all that He creates and the only power man has is this Creative Power invested in him.

To be omnipotent must of necessity have all power centred in that omnipotence. Neither is omnipotence ever by itself, but is joined in the expression of the omniscience—the all-knowing. And it is this knowing that is seen in all Creation—the how of everything. And as man was not aware of this knowing that knows all, he was lost in his illusion of his fear of the unknown. But what man creates in fear is just as real to him as what he creates in faith. So we see the law of our Creative Being is—whatever the Consciousness is aware of the Intelligence will bring forth, and according to the intensity of the emotion attached to the Idea so is it out pictured in the body and circumstances.

(2)—As man was ignorant of this truth this ignorance was his fall. By his own creative power he creates self-imposed conditions from which he suffers, because he fears this evil which he himself creates. His intellect had not yet grown up through reason to recognise that there cannot be two opposing powers antagonistic to each other with equal power. This stupid concept can only arise in the mind that has not yet grasped the significance of the Tree of Life. There is always an inner and an outer but both are one. Mind and matter are not different things. Matter is mind in action—mind materialized—and mind and matter are complementary to each other, what affects mind affects matter and what affects matter affects mind and this is our reaction.

Pure thought and reaction are two different things, reaction is our response to effects and pure thought is thinking from Cause. With this

understanding we realize that our liberty resides in the Creative Power of our thought. We shall see the immense importance of recognizing the essence of things as distinguished from the effects caused from the misplaced order which we often first become acquainted with. If we let our thoughts dwell upon an inverted order we perpetuate that order. But if we go below the surface and then recognise the cause of this misplaced order and fix our thought on the essential of things, and see that it is logically impossible for anything to be essentially bad which is a specific expression of the Universal Good, we will then in our thought call things good. We will no longer perpetuate the inverted order of things but will help to bring about joy and liberty in its place.

The Master's teaching and works showed the natural outcome of his perfect recognition of the Divine Principles within himself. The recognition of these principles in us will bring about precisely what the Master himself predicted. He enumerated the signs which would follow those who readily believed and acted on what He really taught. He made it plain to all that He was simply making a statement of cause and effect. He never set up his power as a proof of a nature different from our own, on the contrary he said that those who learned what he taught would eventually be able to do still greater things. "The disciple when he is perfected shall be as his master."

The Master laid special stress on the perfect naturalness of all that he taught. When we realize what is accomplished by the Master we see what is potential in ourselves. And as we have reached the point where any further evolution can only result from our conscious co-operation with the principles inherent in all creation, we realize that our future progress depends on the potentialities of these Divine Principles contained in our own individuality and the use of them in our daily living.

It is impossible to separate the Father from ourselves and when we see this is an impossibility we see that we have immediate contact with the Father. By accepting this Divine Ideal as our own we realize the truth which the Master taught, that the Father has individualized Himself in us and this individualization is capable of recognizing itself. It is the Spirit of the Father in me who doeth the work, and this leads us to number three.

(3)—When man at last comes to the perfect understanding of the truth of his oneness with Life, this understanding is his rising again. With this

understanding it is evident to all who recognise it that we must become aware of our individualization as the Tree of Life. And when the truth of Being becomes a conscious Reality then are we able to do as we are instructed to do, to overcome and master all things. “If ye have faith as a grain of mustard seed ye shall say unto this mountain ‘Remove hence to yonder place’ and it shall remove and nothing shall be impossible to you.” Matt. 17: 20.

As we focus our attention upon faith and take it into conscious consideration it appears to have a very inconsistent nature; we find that the state of mind varies with different people and under different circumstances. It moves in natural sequence, determined and affected by the kind of understanding which appears on the plane of consciousness and this determines the degree and quality of faith. “It shall be done unto you.” If your faith depends upon a platitude, a belief then “according to your belief so shall it be unto you.” But if you have grasped the mighty truth as the Masters do, you place yourself beyond the destructive attacks of doubt, worry, fear and apprehension. This places you in the position to operate according to the natural tendency of the Law to fulfil its promise of satisfactorily producing “Whatsoever you ask in my name it shall be done unto you.”

In order to thoroughly understand the relationship of faith to the Omnipotent Omniscience, we must see that there is no separation between us and the Father and that we possess the Father’s gifts and nothing can be accomplished without Him.

The weakness in most people is that they do not take this great truth into consideration, and if they did they fear they might be considered foolish, but this is the height of ignorance caused by eating the fruit of the Tree of Knowledge of Good and Evil— otherwise the intellect. The intellectual you will notice is one who is mostly devoid of wisdom. He is self-opinionated in his own ignorance. A little reflection will reveal this fact. The more one is steeped in the arrogance of intellectual nonsense the more difficult it is to overcome this self-imposed stupidity because of the Law of Being, and not until one becomes humble can the light of truth dawn upon the mind.

We must accept the truth that the Superior Consciousness of our mind “The Father” understands all that our personal consciousness is trying to do

and transcends our personal consciousness in all things. It allows us to have the benefits of Its Supreme Consciousness provided we collaborate with It wisely and do not forget our true relationship as revealed by the Master, “I am in the Father and the Father is in me and me in you.”

The only requirement of the Creative Mind is that we include “It” in all our plans and schemes, even though Its activities are unseen and become known to us only through their results “one step at a time.”

When each step becomes for us a new experience added to the sum total of all our accumulated experiences we are content to allow the Law of Growth to take effect. But if we become anxious and fearful we violate the Law of Growth and this hinders its progress. When a seed is placed in the ground you do not continually take it up to see if it is growing. You allow the Natural Law of Growth to take effect. It is the same with the Universal Mind. Even though each step in the first instance is to the personal mind a blind operation. Nevertheless the employment of this understanding is the method whereby we may consciously increase our knowledge of the power invested in us, in the light of the fact that we are made in His image and likeness.

The Creator has ordained that He will make Himself known through our desires. Therefore we are born with an unquenchable thirst for achievement. We are endowed with the ability to unite ourselves consciously with the Creator making it possible that whatever we are aware of the Intelligence will produce,—in other familiar words, “Whatsoever ye ask in my name believing, the same shall be done unto you.” This is God’s gift to man, but unless man knows his relationship to God he is liable to err, and by the law inherent in himself he reverses the process. It is God’s will that man is equipped with faculties in order that he may partake of the fruits at the Divine feast.

We must learn to employ these faculties wisely and thus with the will of God intelligently play our part in His predetermined scheme of Creation, consciously co-operating with the Creative Power, and thereby successfully fulfilling our own Spiritual and material needs.

Our desires then should be that God’s scheme of creation should work through us individually and to do this efficiently and effectively we must

continue to employ the faculties God has given us. So we learn through doing, and to be happy in your doing is the key to further advancement.

So we have to be both passive and active. Passive when we depend upon the all-pervading Intelligence, and active to keep on keeping on, refusing to turn away or give up, or to be dominated by fear, worry or apprehension.

To see the Creative Principle acting freely, uniting with our “free will” in bringing from the unseen to the seen, is thus proving that “Faith is the substance of all things hoped for, the evidence of things not seen.” Heb. 11: 1.

Now because there are varying degrees of faith there are different degrees of understanding and consequently corresponding degrees of success and failure.

The natural tendency of the personal mind is to reduce all new ideas to the terms of its own past experiences with the result that by our past experiences we argue the possibility or the impossibility of accomplishing the new idea. This deprives us of the use of the Creative Law. Consequently we appreciate the need for greater wisdom and understanding.

“Whosoever of you is defective in wisdom let him ask God who gives to all men without question or reproach and the gift will be his. Only let him ask in faith with never a doubt for the doubtful man is like the surge of the sea whirled and swayed by the wind, that man need not imagine he will get anything from the Lord double-minded creature that he is wavering at every turn.” James 1: 5-8. (Moffatt)

Now you can see that the Tree of Life is your salvation. This is the Spring of Living Water that rises up to Eternal Life, and the only creative power in man.

“The Eternal shepherds me, I lack for nothing; he makes me lie in meadows green, he leads me to refreshing streams, he revives life in me.

“He guides me by true paths, as he himself is true. My road may run through a glen of gloom but I fear no harm, for thou art beside me; thy club, thy staff—they give me courage.

“Thou art my host, spreading a feast for me, while my foes have to look on! Thou hast poured oil upon my head, my cup is brimming over; yes, and



all through my life Goodness and Kindness wait on me, the Eternal's guest  
within his household evermore."

SO MOTE IT BE

Lecture 1 (13th April 1948)

## THE PERFECT LIBERTY OF THE INDIVIDUAL

In this Lecture I could not do better than give some idea of the general scope of the Master's teachings showing the force which pertains to them.

Now it must be remembered that Jesus was teaching a definite system, not a creed nor a ritual nor a code of speculative ethics, but a definite system of spiritual inspiration, logical reasoning, and experience in the mode of action in which the Universal Principles find expression through the human mind. His system therefore combines the science of Truth with inspirational philosophy.

The great point that he taught was the absolute liberty of the individual. The first fact is that the perfect liberty of the individual must be in accordance with the will of the Creator and the second fact is that this freedom is obtained simply as a result of coming TO KNOW THE TRUTH and to know that this liberty in Truth exists at this moment and what keeps us from enjoying it, is simply our ignorance of this fact, and this means that the ever-present Law in each individual is absolute liberty, and it is only our belief to the contrary that keeps us in bondage to all sorts of limitations.

In our experiences of the past we fear the present and the future and if we cling to the narrowing influences of our experiences we will remain ignorant of any other possibilities and it is the feeling of being tied to these experiences that we want to get loose from and the Master came to tell us that when we realized what he taught **we would find that we were not tied up at all.**

Now the great Truth that we must see and realize not as a mental concept but as a living reality is **that the Divine Mind makes things by Itself becoming them, then it follows that "It"**

**must become the individual and it cannot be any other than Its own natural expression in the individual** and through the individual the Divine is pressing forward into fuller and fuller expression of Itself and therefore becomes fuller and fuller in the Life of the individual that realizes It. And anything that limits the expression of the Divine Nature in the individual must be also a retarding progress to the individual and this can only come from the individual who is ignorant of this “truth that sets you free.”

The question that rises in the mind of many is: how can this be acquired? The way is so simple that it baffles most and that way is, that we have only to realize it. Now some will exclaim that this is beyond their comprehension and if they did comprehend it, it was far beyond the quality of faith that they have. Yet after all it is through this understanding that our faith grows and when you begin to think you will see that it is the only way that you have ever accomplished anything.

We take all the operations of the Life Principle working through our physical organism for granted, and what is wanted is a similar confidence in the working of our Divine faculties. We trust the functions of our body because we assume this to be the working of the natural law and when we begin to learn the truth as the Master taught it we will use our inherent powers by assuming them to be as natural as any other.

Jesus taught in parables because it was impossible to unveil the truth to the masses but he taught his disciples the inner workings of the Law, yet he also told them that the real significance of what he taught them would be revealed by the Spirit of Truth in themselves, and the time would come when the inner meaning of his words would dawn upon them and so it is with us. When the great meaning dawns upon us we see that his proverbs tell us plainly of the Father, and our only wonder is that we did not discern His true meaning long ago.

He revealed to us the great truth of the Universal principles being reproduced everywhere and especially in ourselves. He revealed the Law that was inherent in ourselves. He did not lay down rules and regulations, although he could if he wanted to, but there was something greater and more magnificent which he knew and therefore wanted all humanity to share in this magnificent truth that he himself knew so well.

The golden thread upon which the Master's pearls are strung is that perfect liberty is the natural result of knowing the Truth of your own being and when the Truth is found you will see that you are perfectly free irrespective of conditions and circumstances which you may experience. But the trouble with most people is that they cling to this experience and disregard the truth of their being. This final discovery cannot be made for us we must find it ourselves. Therefore "he that hath ears to hear let him hear."

This is nowhere brought to our minds more clearly than in the parable of the prodigal son. The fact of sonship had never altered for either of the two brothers, but in different ways they each missed the true position as sons. The one limited himself by separating off a particular share of the Father's goods for himself, and because he accepted his portion as a limited share instead of the whole, his share was speedily exhausted leaving him in misery and want.

The other brother equally limited himself by supposing that he had no power to draw upon his father's stores but must in some way wait until some specific occasion arose so that he may ask permission to do so, not realizing that it was his inherent right to partake of all that he needed, and it was the Father's privilege to give. "All that is mine is thine."

The younger son took up a false idea of independence thinking that he could do well on his own. While the other although staying in the Father's house believed himself to have no independence at all. The younger son finds that his dependence on his own resources fails him miserably, so he returns to find that he still has a position of honour and is capable of receiving all in the Father's house.

The elder son is rebuked by the simple words—why wait for me to give you what is yours already "All that is mine is thine."

You will see that it is impossible to make a more clear statement of the relation between the Universal and the individual mind, both are so interlocked together and are impossible of separation. The individual acting on the Universal can draw whatever the individual requires. But before this can be done this relationship must be realized and this is the Law that Jesus taught. So we see in this parable of the Prodigal Son the two errors which prevent us from understanding and utilizing this relationship.

The younger son is one who not realizing his own spiritual nature lives in the resources of his own intellect which leads him astray as we saw in our last lecture in the Tree of Knowledge of Good and Evil. He was not aware of the source of his being as the Tree of Life, so we see the same story in every parable the Master spoke. It was only when this son failed to meet his needs that he was driven to find something that could not be exhausted and eventually he comes to the recognition of his own spiritual being. This was the birthright given to him by his father. Therefore he could take more than he could ever use from the inexhaustible supply in the Father's house. He was the son made in His Father's image and likeness with dominion over all things and could not have been created otherwise. The Son was the direct expression of the Father, this unerring Universal Mind, and the only way the Father could express himself is through the son's awareness of the Father united in himself, and that whatever the son asked the Father would produce. But this Law of recognition has to be applied before the process could take place. "What man is there of you whom if his son asks bread will give him a serpent? If ye then being ignorant, know how to give good things unto your children, how much more shall your Father which is in heaven give good things to them that ask Him."

Gradually as we become more and more aware consciously of our inseparableness from the Father, He advances to meet us as he did to the younger son and at last we find we are folded in the Father's arms. Then we realize the full import of the Master's words as he clasped his son to his bosom and kissed him, meaning in other words "I and the Father are one." Then we learn that perfect liberty is in union and not in separation. Thus identifying ourselves with the Infinite we find that all that is God's is ours. This attitude when not only adopted but understood gives us this "Truth that sets us free" as the Master stated.

Now we can see clearly the simple fact that the only possible action of the Universal Mind or Life Principle must be to always press upon us a fuller and fuller expression of Itself in strict accordance with the conditions which each individual provides for Its manifestation. When we grasp thoroughly the principle of the Universal Mind undisturbed in Its differentiation, expressing Itself through the form prepared for that purpose

and when that special form is ourselves created with the means for that expression then the more we realize it the greater will that expression be.

When we realize that the foundation of this expression rests in a harmonious state of mind we can easily grasp the condition we have to sustain so that this great power may manifest in and through us. The emotions of fear, anger, jealousy, possessiveness, anxiety, all these and more must be rooted out of our minds through getting nearer and nearer to that which is harmony Itself.

Therefore as we begin to discern these conditions within ourselves we do not struggle with them, but quietly see that they can have no part in the scheme of things. As we get some insight into the boundless possibility which must result from this, we will realize before all things the necessity of seeking to reproduce in the individuality that harmonious order which is the foundation of the Universal system.

When we begin to express from moment to moment through our doing we are uniting with that power which is expressing itself through us moment by moment as much as we are capable of receiving. Also when we realize that the Source from whence we draw is impersonal in nature we can use it for any purpose for our immediate needs. But we can only do this by abiding in “the Father’s” house and by conforming to the rule of the House which is the Law of Love. Jesus made this plain in his parable of the Prodigal Son. There could not be any envy or jealousy in the Father’s house and in that house all were merry and all feasted at the Father’s table, loving one another.

This is the only restriction (if it can be called a restriction) to prevent us from injuring ourselves. When we consider that Love is the very thing that puts us in possession of this limitless power of drawing from the Infinite Source which is Love itself—“Ye have heard that it hath been said ‘Thou shalt love thy neighbour and hate thine enemies’, but I say unto you Love your enemies, bless them that curse you, do good unto them which despitefully use you and persecute you that you may be the children of your Father which is in heaven.”

The binding power of Universal Love is seen to be inherent in the very nature of the liberty of Life which we attain by the knowledge of the truth, but except this there is no other restriction. Why? Because we are

employing the Spirit which is “First Cause,” and our Creative Power and thought is the individual action of the same Spirit which is Universal in action and is both Cause and “Being” of every mode of manifestation and the great fact that distinguishes First Cause from Secondary Causation is Its entire independence of all conditions because It is not the outcome of conditions but Itself creates them. It produces its own conditions step by step. Therefore if the Law of Love be taken as the foundation, any line of action can be worked out successfully and profitably. So as our understanding grows so will the Law of Love grow in exact correspondence for in this companionship with the Father we get back to the source of our own Spiritual nature. So we find ourselves in possession of boundless possibilities without any fear of misusing them because we do not seek to be possessors of the Divine Power without being possessors of Divine Love and Wisdom also.

As we are all children of the same family we only recognise the one Father-Mother. We are no longer limited by creeds orthodoxies and all sorts of conditions we impose upon ourselves, when we are met with these words “Son, thou art **ever** with me and all that I have is thine.”

And as soon as we become sufficiently enlightened as the elder brother was that there is no restriction except the Law of Love, we also enter the House now no longer a servant but as a son and we join in the festival of everlasting joy. This is the teaching of the great Teacher of Teachers who left us a legacy impossible to estimate, its value as we realize it becomes greater and greater and never dies.

“Now listen to me children, listen to instruction and get wisdom. Do not refuse my council for happy are they who hold to me. Happy the man who listens to me daily at my gate on the watch waiting at my doorway. He who finds me finds Life.”

Prov. 8: 32-35. (Moffatt)

SO MOTE IT BE.

Lecture 2 (20th April 1948)

## **EXPRESSING THE CREATIVE POWER**

I doubt if there is a person in the world today who would not like to have the power and practical application of the Creative Principle that the Master had, yet this is possible if we will put into operation the teachings of the Master, for he himself said, in other words, he who will practice what I teach will do greater things.

Now the only use anything can be to anyone is to be able to use it. Theorizing gets us nowhere it is the practical application that counts. It is all very well for one to have theoretical knowledge but this can only be a basis for practice and if you will look into your own minds you will see that the only thing of real value in your life was when you did something well.

The secret behind all growth is to do things well and the greatest results we can hope to have is, when we can use the Creative Power in a practical way, or may I put it another way— we have to make ourselves better channels for the fuller and fuller expression of the Creative Power which is working through us.

It is not important how much intellectual knowledge we have, if we do not understand the laws of the Creative Power, we will not accomplish very much that is of real value to our fellows. I have known many who although they have university degrees are miserable failures. I have also known many without much education make a success of their lives. Yet I have known those who have had wisdom and understanding make a more brilliant success of their lives. Success is not measured in terms of what we can acquire for ourselves, but in how much we can do for others, and this leads us to the practical application of the Creative Power.

If you have any theories and you cannot put them into practice it is better to leave them alone for you are wasting valuable time. By using the



power and opportunities you have now it will naturally open up avenues for still further opportunities, and the higher development of your powers becomes possible. As the higher development of your powers increases so will the way be opened up for further advancement and expansion. When you begin to experience this practical application you will realize that there is no limit to your progress other than denying or doubting the principle of growth in yourselves.

In my last lecture I showed you the parable of the prodigal son. The younger son thought that he could depend upon himself so he left the Father's house, but he found that he could not exist on his own resources so he returned to the Father's house where there was an inexhaustible supply. The other son we saw felt that he had no independence of his own and it was on special occasions only when he sought to draw upon the Father's stores. He was also shown that he was also a son having the right to draw at all times from the Father's inexhaustible supply, "thou art ever with me and all that is mine is thine."

When the Master spoke, he spoke from the Spirit, the Father within, that is why his words contain so much power and action, and we are compelled to take notice. In John 15 we read in verse 4, "Remain in me as I remain in you. Just as a branch cannot bear fruit by itself without remaining on the vine neither can you unless you remain in me."

By the employment of your faculties and opportunities as far as you can realize them and by the same law by abiding in the Father is certain to produce its own reward. "By becoming faithful over a few things you shall become ruler of many things." So as each day comes so shall you enter into a fuller and fuller expression of the Creative Power that is within you. And by virtue of your perfect liberty so do you have access to all the resources of the Universal Mind whether it be within you or around you.

Our faculties are represented as talents by the Master when he spoke the parable in Matt. 25. This parable is a long one but when we see its meaning it is clear to us that we must use our gifts of the Creative Principle so that by doing so we shall multiply what has been given to us. The parable is very plain in its detail. When the three servants were handed, one twelve hundred pounds, another five hundred pounds, and the other two hundred and fifty pounds, **each according to his capacity**, the first and second

servants went and traded with what was handed to them and made as much again, but the third went away and dug a hole and put the money into it. When the master came back the servant with the twelve hundred said, "You handed me twelve hundred, sir, I have gained another twelve hundred." The Master said, "Capital, you excellent and trusty servant, you have been trusty in charge of a small sum I will put you in charge of a large sum. Come and share your master's feast". The same happened with the second servant. But the servant who was afraid of his master and placed his in the ground and only handed back what the Master gave him, and was rebuked by the words "You idle servant" and the two hundred and fifty pounds was taken from him and handed to the servant who had twelve hundred. "For to everyone who has shall more be given and richly given."

Here is the Master showing that unless we use this great Creative Power handed to us by our Father we shall be like the servant who put the master's money in a hole in the ground. What good would it do us to leave this Creative Power untouched? We would be like the good for nothing servant who was thrown into the darkness outside where men wail and gnash their teeth. This is meant where those who fail to make use of their faculties are on the outside bemoaning the fact that others have plenty while they have nothing. So grand and comprehensive are these parables that they could be applied to so many things in life.

I have already in the last lecture pointed out that the only way in which this power can be used safely and profitably, is through the recognition of its Source which makes it in all ways subservient to the Law of Love.

"The Divine Marriage" is attained by the individual who recognises the union between the individual consciousness and the Universal Consciousness or Spirit which is the Creative Power in man and the recognition that the Law of Power is one with the Law of Love.

There are many who have made their way in this world without the Law of Love. This type although cultivated in their powers are minus the Robe of Love and this again is shown in the parable of the feast in Matt. 22: 1-14, where it tells that the Realm of Heaven may be compared to a king who gave a marriage banquet in honour of his "Son" and when the King sends out his servants to tell the invited guests to come to the feast all prepared for them they paid no attention. So the King sent his servants into the byways

to invite anyone they met to come to the marriage feast. So the feast was supplied with guests. When the King came in, to view the guests he saw a man not dressed in a wedded robe so the King said to him, "My man, how do you get in here without a wedded robe?" and the man was speechless. Then said the King to his servants, "Take him out and throw him into the darkness, there men wail and gnash their teeth." This is the one who may succeed yet not in the wedded Robe of Love is seen by the King. He is not allowed to enjoy that which he has grabbed for himself. Is this not true to Life? So without the Law of Love we shall not enjoy the riches held in store for us in the Father's House.

In this way we see how the practical application of the Creative Principle can be used to our advantage, thereby fulfilling all our own spiritual and material needs. The Divine Power can never be separated from Divine Love with impunity and we learn this often through bitter experience.

So we see on the one hand the idle steward who never made any use of his talents and the other who developed his talents divorced from the Law of Love. Therefore the practical application of our faculties and opportunities is to use our faculties not only for ourselves but so that all shall share in the benefit of our actions.

Again we see the great truth that although we may have plenty of material goods we may never enjoy them because it is only in "Love" that we can enjoy anything worthwhile for Love is Harmony and Harmony is happiness, because it is in accordance with the Law of the Universe, and one has only to turn from inharmony to Harmony to express the true nature within, for we are told that "nothing will be remembered against us." Neither can it be for where love reigns only harmony can exist. Thus the Prodigal Son returned and nothing is remembered of his past, for in Life there is only the present, the past and the future are but dreams. If we hold on to the past with fear for the future we will never know the glorious moment now, for moment to moment is Eternity.

The supreme mastery in the individual "Being" is that when the individual obeys nature, nature will obey that individual who realizes it. And this is but the ordinary rule of Science and common sense. The Universal Principle can never act contrary to Itself whether on the Spiritual

or material plane. So we can never make use of these principles on any level unless we are prepared to study this law of obedience. But immediately we begin to obey so does the Law become our humble servant, obeying us in every particular, on this condition, **that we obey it first**. The Life Principle is not separate from ourselves but is the supporter of our individuality, therefore the more we understand the general Laws underlying it so will we be able to put into operation the practical application of the Creative Principle which is inherent in all by virtue of our likeness to our Creator, as stated in Genesis “that we are made in His image and likeness.”

When religion and Science are prepared to go hand in hand, the one guiding the other we will arrive at an inspired philosophy that will lead all mankind into the practical application of the Divine principle which alone can give mankind what he is seeking and only by its translation into our daily living will we have that liberty that is ours now, by partaking of it.

What we really are in essence is a concentration of the “One” Universal Life Spirit into conscious individuality, and if we live in this recognition of the truth as our starting point it gives us freedom and the use of the Creative Power. But we cannot do this if we think that we have one centre and the Infinite another. We can only be free by recognizing that the Infinite who is all there is and is the only living Being is and must be capable of centralization in Itself and this centre is you and me.

You must think of those truths until you see that it is impossible to be otherwise then step forward with that confidence that is born of a faith through understanding that the Universal Creative Principle must necessarily act with the same mathematical precision in yourselves as It does in the attraction of atoms of matter or in the vibration of ether, in creating worlds and planets and all that exists thereon.

When we come to know the teaching of Moses and the teaching of Jesus we will see that they are identical, that there is only “One” Being anywhere and everywhere. And the various degrees of Its manifested consciousness can only be measured by the recognition of the meaning of the words “I am the Life.” This was the true and accurate understanding of the Master, which placed him in the forefront of clear thinkers of all time, and all clear thinkers today acknowledge this fact.

What we have been shown is that the working laws inherent in human nature follow an intelligent sequence of cause and effect and only this higher specialized knowledge can help the human race, and it is impossible to lay too much stress upon it.

Thus we see that the differing creeds, dogmas, beliefs are stumbling blocks on the path of human progress because of the antagonisms caused through them.

We see many like the elder brother who will not go into the Father's house while his brother who is not of the same belief is in there making merry at the feast. Those who enter have no belief, they just enter into their inheritance, they have already tasted what separation means and have learned now how to love all their brothers and sisters. For only those who can love their neighbours as themselves can wear the Robe of Love that entitles them to partake of the marriage feast—the union of the individual with the Universal, which can only become a reality through the Law of the Universal in the individual being expressed through the individual. We discern clearly now that the Law of Love is not only a principle of ethics but the means of our self-preservation.

Thus we see the Son of God and the Son of Man united in “one” as we saw the Christ manifest through Jesus. This practical application can be ours too by practising the teachings of the Masters.

For unless we understand and practice the fundamentals that underlie our future progress, mankind will still be led by the blind that lead the blind and we all fall in the ditch. Freedom lies in understanding, and understanding will strengthen our faith that moves mountains, and this will bring forth that which is in the unseen to the seen. That which is, already is now, and will be made manifest.

“I am the Alpha and Omega the first and the last, the beginning and the end.”

“I have told you all this while I am still with you, but the helper, the Holy Spirit whom the Father will send in my name will teach you everything and reveal to you everything I have said.”

Christ the Spirit of Truth in you will reveal everything I have said to you for he alone who rests in the Father's bosom knows the Truth. For that

which is to be, is already ordained and must come to pass.

“He that soweth to the Spirit shall of the Spirit reap Life everlasting.”  
Gal. 6: 8. (KJV)

“Those who love me I love them. Those who seek me find me. I hold wealth and honour. What I yield is better than the best of gold. What I bring in is better than rare silver. I deal fairly, justly do I act, enriching those who love me and filling their stores full.” Prov. 8: 17-21. (Moffatt)

SO MOTE IT BE

## Lecture 3 (27th April 1948)

### **THE FREE GIFT OF GOD**

In this lecture I want to gather together some of the vital points given in the previous lectures in this series. It is very important that you get a clear understanding of the fundamental principles revealed in these lectures.

Perhaps this is one of the finest series we have had, each series being a little more advanced than the one before it, that is why no student should miss any of these lectures if at all possible for they contain so much that you require in your application of the Creative Power in your daily living.

You will notice that there is nothing speculative. All bears towards the practical application of the Creative Power which we saw in our last lecture which Jesus manifested and there is nothing more fundamentally true than this fact that if we do not translate this power into action in our own lives we have not put into practice what was revealed to us and it remains imperative for us to do so and use this tremendous force for the benefit of ourselves and others.

The first fact we have to consider is that all there Is, is Infinite. This means that there is nothing outside the Infinite, therefore all must be in It and of It, that there is no other substance, Life, Consciousness, or power, but that which is Infinite. Therefore all substance is Infinite and is therefore indestructible. Not one particle of substance of matter as we know it to be, can be destroyed. It may change its form and in that change nothing is lost. We have called the change in form “decay” and decay to the mortal sense is a form of death, but when we examine this further we can see that there can be no death anywhere as generally thought. It is because we do not discern or understand the law of change or transition that we assume a thing to be dead, and this is but a lack of understanding. There cannot be one particle of Infinite substance dead. Modern science has proved this to us through the

atomic formation which underlies all structures, whether they be of mineral, vegetable or animal tissue which is visible to the human eye. Science has gone further to show that all solids, fluids and vapours are but a modification of the ether of space which fills all space and still supports all these forms, that this substance has a basis of intelligence and acts according to definite laws which are stable and eternal, showing that there is an Infinite Intelligence underlying everything. This Intelligence in creating form produces energy, and in the transformation there is nothing lost. From the principle of energy all energy comes forth and is again absorbed into the Principle, showing the indestructibility of all matter or energy which is cognized by our senses.

It has also been proved that Consciousness is Cause behind all creation whether in the Creation of a Universe by the Supreme Being or the Consciousness in ourselves used to create by our thought that which outpictures itself in form, condition and circumstances.

We are also told that consciousness exists in all Creation whether it be in the mineral, vegetable, or animal, human or Angelic, and that this Consciousness cannot be other than the Consciousness of the Infinite for there can be no Consciousness apart from Him so all must be of the one Consciousness. And as this Consciousness unfolds or evolves it controls all that is less conscious than Itself. Thus we have dominion over all things upon the earth and as we unfold into higher expression of this same consciousness so will we have dominion over the domain in which we function. That is why Jesus said “All power is given to me in heaven and on earth.” The fact that he could function in both realms, shows that he was aware of this truth. This truth is that which he spoke of when he said, “But anyone who drinks of the water I shall give him will never thirst anymore, the water that I shall give him will turn into a spring of water welling up to Eternal Life.” John 4: 14. (Moffatt)

The fact that drinking is symbolical of taking into oneself, so this truth when we realize it becomes part of ourselves. We must drink it and it is the drinking of this water that counts not just the intellectual knowing of it. But when it becomes a reality to us it is ours and we never thirst anymore. “If you knew what is **the free gift of God** and who is asking you for a drink



you would have asked him instead, and he would have given you ‘living’ water.” John 4: 10.

Now this living water is that free gift of God to all who will drink it—the true understanding that dissolves all doubt and fear from the Consciousness.

As the Infinite must be all there is there can be no other creation but His therefore He becomes what He creates. This is the meaning of the words “In the beginning was the Word and the Word was with God and the Word was God and this same Word was made flesh. The same was in the beginning with God. All things were made by Him and without Him was not anything made. In Him was Life and the Life was the Light of man and the Light shineth in the darkness and the darkness comprehended it not.” “And this same Word was made flesh.” The darkness is the Intellect of man as explained in my lecture on the Tree of Knowledge of Good and Evil.

In the light of man there must be included the fundamental principles inherent in that which was in the beginning.

These principles I have shown you were the principles of Love and Wisdom being the pillars of the Temple and this Temple is the Temple of the Living God.

Ancient Free Masonry was aware of these truths and the two pillars at the entrance to the Temple were represented by secret words which were only passed on by word of mouth. If the candidate did not know these words he could not be admitted. Unfortunately Free Masonry today has lost the truth and has become more and more of a social club than an order of Truth and I doubt if it will ever regain its place in the world as such. I have given many lectures to Free Masons on this vital thing but it does not sink in very far for the simple reason that the Truth as it was known to the ancients is entirely lost to the present form of Free Masonry, I am sorry to say.

I told you also in one of my lectures in this series that the principles of Love and Wisdom were combined with “Will,” will being the expression of the Truth itself as well as the power behind and in the manifestation.

When one is consciously aware of this truth the “Will” reaches out far beyond the limits of the brain and influences people and things causing

them to be inclined towards the desire of that will. This power has been quoted as a mental power that acts upon others even at a distance, and this power works as surely as the sun's rays affect plants and flowers. For it is this will, creative in nature that is behind all life's manifestation in all the kingdoms on earth and in the heavens. Herein lies the secret of power in man. Man must first learn the Laws of Life and by understanding them, then he can do greater things as stated by the Master himself, because of our more advanced knowledge of the structure of the forms we are aware of, and of the advancement in science revealing truths that were only visionary to past generations. Although the Masters knew the structure of matter our physicists and scientists did not.

The majority of people in the world are ignorant of true facts with the result that they create in their minds a mental concept of what they see, feel and hear. But when we examine these concepts we find that there is no evidence to substantiate what they believe to be true. They live in a world of illusion and this is the cause of their feeble and inefficient and ineffectual expressions. If they do succeed it is merely by a hit and miss arrangement, and not by understanding. When true understanding comes there is no uncertainty but the direct expression of the Law operating accurately through cause and effect.

We have already seen that solids change into fluids and fluids into vapours and vapours into a higher form of the same substance that underlies them all. They ascend one degree higher up the scale of vibration until they mingle with that substance that manifests throughout all space and there is nowhere where this substance does not exist.

We learn that Life Consciousness is the ruling factor in this substance and that this substance responds and form takes place. Thus again reminding us that the Infinite becomes what He makes. Therefore mankind must be included in this, for it cannot be otherwise. And as our consciousness becomes aware of this so do we create according to the Divine Law inherent within us. Thus are we the means through which the Infinite is bringing forth His creation "now", and now is always eternity. That is why I have always told you that the past and the future are but dreams in the mind that is not aware of this truth. If we are prone to dwell

upon our past experiences with fear for the future we can never be pure channels for the Creative Power that is eternally active now.

The chaotic state of man's mind today is the result of his fears. And fear is the basis of all his other negative emotions that appear to produce the vicious circle in which man lives. It was the purpose of the teaching of the Master to direct man away from this state into one of perfect liberty which he has now if he will only realize it.

The Christ of God is the light of man and this light was in the Master who revealed Its individualization in himself and that this same power was individualized in each one of us, and it was this we had to realize. Do not mistake me when I say that the same individualization of this great power still exists, of this truth I know, It is Spirit's eternal manifestation of Itself. But we cannot understand this Truth unless we understand that we are not born of flesh and blood but of the Spirit and in this realization we can be with him who revealed the Truth by his practical application of the Creative Power. He himself said, "Where I am, so shall ye be also." The Christ is not a separate entity but the Father expressing Himself. "Know ye not that I am in the Father and the Father is in me. It is the Father Who ever remained in me is performing His own deeds." Thus there is the ever-present Eternal, birthless and deathless, which is impossible of decay and when we identify ourselves with this, our true selves, we will no longer be impotent in a world in chaos but a tower of strength to all who need us and that need is very much in evidence at the present time.

Some are afraid to speak of this blessed thing—their fear is their downfall. As soon as you become aware of this truth you will rise above doubt, fear and apprehension, **as the mind is renewed day by day.**

Fear and faith are but the opposite ends of the yardstick which we measure with our minds. When fear is uppermost faith is down so we are continually turning the yardstick up and down with the result that we do not get very far. But when understanding comes this state disappears when there is the realization that there is but one Creative Power, so we create knowing that whatever our thoughts are they are sure to manifest. Consciousness is Cause.

This was and is the state of the Master, always subject to the will of the Creator with whom we identify ourselves. So whatever task is before us we

perform through the will of God. Thus we become channels for a fuller and fuller expression of the Creative Power. Is this not what you are seeking? As we complete the task well so will we be moved up. “Trusty servant you have been trusty over a small sum I will put you in charge of a large sum.”

We see that the Divine Marriage is the recognition of the union of the individual with the Universal. When this takes place we sit at the Father’s table and partake of the bounties thereon, and there is no limit to the supply as was shown to the elder brother who stood at the door and that door is always open, and the gift is free, as the Master said to the woman at the well. “If you knew what is the free gift of God and who is asking you for a drink you would have asked him instead, and he would have given you ‘Living Water’.” Jesus was speaking from the Christ Principle, the Son that knew the Father, the Word that was with God, the Word that was God, the Word that was made flesh. This is the gift of the Creative Power inherited by us, that can mould all things, and as the Creative Power cannot act antagonistic to Itself in any plane of manifestation we learn that the Law of Love is the essential thing in this plane as well as in the higher. To work in opposition to another’s welfare is to work against oneself. Therefore Love is the fulfilment of the Law, and is the shield for our self-preservation.

“Listen, my children, to a father’s instruction, attend and learn intelligence; I give you good counsel, turn not from my teaching. Keep in mind what I say, do what I bid you, and you shall live, swerve not from my orders. Get sense, get knowledge, at any cost get knowledge—never leave her, and she will guard you, love her and she will take care of you, prize her, and she will promote you, and bring you to honour, if you will embrace her, she will adorn you with charm and crown you with glory. Listen, my son, take to heart what I say, and the years of your life shall be many; I am giving you wise directions and leading you aright; when you walk, you will never be hindered, when you run, you will not slip. Hold fast to my instructions, never let them go, keep them—they are life to you.”

Prov. 4: 1-2, 4-13. (Moffatt)

SO MOTE IT BE.

Lecture 4 (4th May 1948)

## **THE WISE MEN OF THE EAST**

The greatest and most desired thing by every living soul is the method required to use the self in such a way as to express the creative power that is inherent in all. The cause of most failures in this all-important thing is that most people only recognise a creative power that is outside themselves and they look to this power to do the work for them not realizing that the same creative power is within themselves and that they can use it with effect and accuracy in any direction they wish provided they know the laws upon which it works.

Ancient wisdom was and is today the most advanced interpretation of this truth and this is definitely shown to us through the teachings of those who understood the fundamental principles underlying God, man and the Universe.

There existed in Persia before and after the birth of Jesus two thousand years ago a great school under the direction of the “wise men of the East” otherwise known as the Magi. At the same time there was also a school in Egypt under the direction of the “great therapeuti of ancient Egypt.” These schools were not only schools for the study of the great subject pertaining to God, man and the Universe, but the practical application of the Creative Power was developed by those who were admitted and legends tell us of these wonder-workers.

Ancient literature which I was privileged to see when I was in Tibet showed me that the knowledge of the Masters today is the same knowledge known to the ancients. This knowledge was previously kept secret from the masses and only those who had the utmost desire for Truth were allowed access to these wonderful truths. For example a young man came to Geshi Rimpoche, one of the Tibetan Masters asking to become one of his students

or chelas. Geshi Rimpoche took him down to the river, asked him to kneel with his face touching the water, then the Master held his face under the water until the young man struggled for his breath. When the Master let him up he asked him, “What he desired most when his face was under the water” and the young man said “My breath.” “Well,” said the Master, “when you desire the truth as much as you desired your breath come back to me.”

To know that this Truth is the greatest treasure in the world you would think that everyone would desire it ardently. But the parable told by the Master about the feast and the invited guests, when the King sent his servants out to tell the invited guests to come to the feast they paid no attention, is significant of the same attitude today.

In these ancient records there are statements of fact, stating that Jesus sojourned at these schools of the wise men of the East and learned of this wisdom and lore and also to Egypt to the great therapeuti where he was also a student, as well as being a member of the Essenes in his own land and with his own inner vision He became the greatest master of all time.

The reason why people today are ignorant of this knowledge and wisdom is because of the stupid and puerile version of the truth depicted in Sunday School books etc. God is represented as a bald headed old man with a long white beard clad in flowing robes to hide his body, and many other stupid versions which should have long ago been relegated to the waste paper basket. Is it any wonder that sceptics, infidels and scoffers of spiritual truths have arisen in great numbers when they are asked to accept such rubbish or be damned to a place called Hell. I showed you in my last lecture that hell could only be an “imaginary place where God was not present,” but as you know that God is Infinite, eternal and present everywhere, if there is a hell God must be there also.

Heaven is a state of consciousness acquired through the realization of the oneness, the union of the individual with the Universal, the Universal gives rise to the individual and the individual gives expression to the Universal. Hell is a state of consciousness where this realization does not exist—a state of separation.

It is not the purpose of this lecture that I go into the history and work of the Magi of Persia or the great therapeuti of ancient Egypt, what we intend

doing is to express in modern language these great truths which are the pearls beyond price which those ancients knew, understood and practised. This same knowledge and understanding was expressed by Jesus himself, in his great work of healing and teaching.

This knowledge can also be yours and there is not anything that can compare with it. It is more precious than fine gold and there is no value like unto it, the prophets have told us.

What is wrong with most people is that they are ruled by what has been told them, they have not thought things out for themselves. They have not used their divine gift of reason, their brains are all memory, and are wrapped up in ignorant concepts. They may say “We have always believed in God” but they don’t know where He is. They look into the sky and say He is up there somewhere. What good is that? Fortunately the present generation is not taking to what their parents believed, they want to think things out for themselves, so they will become their own salvation as well as the salvation of the future generations.

Most people are slaves to tradition in thought and religion with the result that the world is still perpetuating its own ignorance. Most people at the age of fifty and over get set in their ideas. It is only those, although up in years, but young in mind that wish to know more and more about the reality of things. A lot of our older people will say “But I have had a bit of experience,” but the trouble is they cannot keep their eyes off it, so they turn around and walk back through life instead of going forward.

This world is suffering from chills and fevers, panics and booms, something is wrong with the temperature, it is up and down like the waves of the sea. Can this be cured? That is the question. I am sure it can! But we must go to the mountain top and view things from above and see what is going wrong. By our Divine reason and insight and with understanding of the teaching of the master, the wise men and the prophets, we will see our own mistakes, we will view things from a different viewpoint. We will see that we ourselves are the cause of our chills and fevers, our panics and booms, our wars and our conferences that end in naught.

What we must do is to stop groaning about the miserable details of our lives, and look with the eyes of truth into a world that could be a paradise for all when the laws of Life are understood and operated upon by all

individually as well as collectively. Whenever we knowingly operate upon these laws troubles and worries are changed into opportunities, courage and understanding. Although the road ahead seems covered with mist, this should not daunt the one who knows that the Creative Power in God is the same in man, and its practical application is the same.

We must look the way we intend to go, one cannot go east by always facing west. We will go the way we face.

The human race as a whole is moving up. As to whether any individual moves up that depends upon him. Nature is always waiting to give a hand if you will but trust her. There is no promised land for those who can see nothing but a wilderness.

“Lead kindly light amidst the encircling gloom, lead Thou me on. I do not want to see, each step enough for me, lead Thou me on.” This shows that the consciousness of the Universal Mind is one with the individual mind now and when we realize it we know that this is the light amidst the encroaching gloom, that light that leads us on, we do not want to see, each step is enough. Herein lies the spirit of power—the creative power in man, the source of will, imagination and thought.

We have already seen that there cannot be any other Self but the Infinite Self. There cannot be any other mind but the Infinite Mind and therefore there cannot be any other substance, force or intelligence but the Infinite. We can only use Infinite Substance, mind or energy for there is none other, whether we know it or not. But when the Divine Marriage takes place that is when the individual merges with the Universal, knowing and understanding that they are one and the same, all is possible to those who realize it.

When the Universal gives expression to the individual and the individual gives expression to the Universal then the unlimited resources of the Infinite Mind is available to those who will partake of it.

This is the feast we explained in the parable of the Prodigal Son. We have only to recognise and realize this and this state begins to grow as the consciousness becomes more aware of itself as the individualization of the Infinite or Universal Consciousness. With this state there is neither fear nor doubt but an awareness that rebukes all doubt and fears that get in the way.



Consciousness is the Creative Principle in the Universal as well as the Individual Mind. It sets in motion the process of Creative growth which becomes automatic and manifests in form, the idea the consciousness holds. Therefore the law of the Universe is identical with the Law in man, the only difference being in the degree and this degree of awareness expands as the conscious unity between God, man and the Universe grows in the individual.

This Universal Mind is all there is and there is no outside it—all is mind and matter is mind materialized. The Bible is throughout dealing with those three factors: God, man and the Universe, and explains the Law of Evolution by which God passes into more and more perfect forms of self-expression culminating in the perfect man-woman, and however deep the mysteries all may encounter there is nothing unnatural anywhere—all is natural and everything has its place in due order in the great whole. If we have a mistaken conception of this order, this may lead us to invert or reverse it, and by so doing provide those negative conditions which we so often rebel against. But this inverted action is perfectly natural for it is all according to the law and how we operate upon it.

These laws of the Universe while within or around us are always the same. The only question is whether through our ignorance we shall use them in that reverse sense which reveals them in the law of death, misery or unhappiness or whether we use them in that true and harmonious order which reveals them in the Law of Life.

The wise men and masters and the prophets reveal to us in various ways for our intelligent enquiry to penetrate the various veils which hide them from the eyes of those who will not take the trouble to investigate for themselves.

It is this grand order of the Universe that is symbolized by Solomon's temple. It is seen clearly that Moses was the medium through which the Infinite showed himself as the Universal as the people of the "I am" as detailed in the narrative of the burning bush.

The promised land is the realizing of that land which flows with milk and honey which is symbolical of spiritual food which means plenty in the place of the individual, when the individual enters the promised land. When the enemies are extirpated from the promised land this condition would be

forthcoming to all who realize it. The enemies are these inverted concepts which the ignorant conceived without due regard to the Natural Law. Thus Moses lifted the serpent up in the wilderness so that all could gaze upon it and be healed, the serpent is symbolical of the Life Principle in man and when this is lifted up to its proper place it is seen from a completely new view to that which man had fallen through his ignorance.

Yet Moses knew that there was a far grander end in view and looking down the long vista of the ages he saw not Solomon but “a greater than Solomon is here.” “Oh, wouldst thou raise up a prophet like unto me.” This was the fuller and fuller expression of the Infinite Life revealed through Jesus called the Christ. This was the Christ of God who revealed Himself as the Spirit of Truth that would reveal unto all men the presence of the Almighty. So the people of the “I am,” “I am the Life” are concealed among all nations and must be brought forth by the prophet who would follow up the work of Moses further, as the Universal expressed in the individual.

Those three—Moses, Solomon and Jesus—are the builders of the Temple. Firstly Moses erected the tabernacle, the portable temple, that which accompanied the Israelites on their journeys. Solomon reproduced it in an edifice of wood and stone fixed firmly upon its rock foundation. Jesus then came and said, “Destroy this temple and I will raise it up in three days.” He spoke of the temple of the body, the temple of the Living God and within this temple God dwells, and moves into a fuller and fuller expression of Himself in the individuals that realize it.

This is the secret of the great Magi, the wise men of the East, the secret of the great therapeuti of ancient Egypt and is the secret now revealed to you. “He who has ears to hear let him hear.”

“Is not Wisdom calling, Knowledge raising her voice? On the high ground by the roadside, in the streets she takes her stand, by the gateways opening to the city, at the entries, she is crying out: ‘O men, I am calling to you, my appeal is to all men! O heedless souls, learn insight, O foolish folk, learn sense! Listen, for I have a weighty message, my lips open with right words, I utter what is true, false lips I loathe, all I say is honest, with nothing in it false or wrong; ‘tis all plain to a man of sense, and true for those who are intelligent’. Choose instruction rather than silver and

knowledge rather than rare gold; for wisdom is better than rubies, no treasure is equal to her.”

SO MOTE IT BE.

Lecture 5 (11th May 1948)

## **THE KEY TO KNOWLEDGE**

Wisdom is calling and knowledge is raising her voice. The wise men and the prophets tell us that it is plain to the man of sense and true to those who are intelligent. We are told that it is better to choose instruction rather than rare silver and knowledge than rare gold and that wisdom is better than rubies, as no treasure is equal to her.

The one who finds the unity of the Whole expressed in him or herself has obtained “the key to knowledge” and it is now in their power to enter intelligently upon the study of their own being and the use of that being in ways that will bring satisfactory results. By doing so they become helpers of others to advance into the greater light. This is the one who is able to become a “builder”.

The builder becomes the balanced person who is guided by wisdom and knowledge and is not affected by what is seen in the outer but has the true interpretation of Reality and therefore understands that all is possible with this wisdom and knowledge, and to those who put this wisdom and knowledge into action.

There is nowhere a more fascinating story than that written about the leading characters in the Scriptures and Paul gave us the key to their interpretation when he stated that the leading characters also represent great Universal Principles and as we progress further in these lectures we will reveal some astounding facts that will revolutionize our thinking.

God which we name the Universal Spirit can only be described as Love and Wisdom. Whenever the individual discovers the relation between the Universal and the individual there is a “feeling” that cannot be described. To describe what is primarily “feeling” is to attempt the impossible but the essence of this feeling consists in the recognition of a reciprocity of such a

nature that each supplies what the other wants and neither is complete without the other.

When this recognition by the individual of his or her own nature and of the relation to the Universal takes place the individual is reborn, as the Master said, "This time born of the Spirit," for then you are no longer the self you were before but your self becomes the reproduction of the Universal Self, which is conscious of that self. Then you become more and more the expression of that Universal Self as you grow into a fuller understanding of the Law by which the greater Self develops within you.

You learn that this greater self within the self is the true builder because It is the individualization of the Infinite Creative Power of the Universe. You will realize now that the working of this power must always be a continual building up through you of greater things as you recognise it more and more. Therefore the Infinite Creative Principle can have no other action than a continual expansion of Itself whether in the colossal scale of a Solar System or through mankind, this self-same self-inherent activity is the same in both which is for ever building up.

If we keep this in mind it becomes clear to the enlightened individual that the individuality is the manifestation of the Universal Principle and at this stage the individual who identifies himself with the Spiritual Force becomes the developing factor for it is seen that whatever takes place in the Universal must of necessity take place in the individual for the two are inseparable they are one and the same.

Now this truth is a paradox to those who have not yet understood the symbol of the Tree of Life and the Tree of Knowledge of Good and Evil. The Tree of Life as we are told was Universal Life Consciousness which had individualized Itself in man and this was the only Reality, but if this Individual Consciousness did not realize this fact it would eat of the fruit of the Tree of Knowledge of Good and Evil. This was man's intellect, wandering in the barren wilderness, what he speculated about things not knowing what they were. So as he experienced through his reaction he called that which was unpleasant evil and that which was pleasant he called good. But you will see that both are relative to himself and both are equally created by himself, just as fear and faith are his own creation, faith being of a very inconsistent nature according to our understanding. But when we

become aware that the Creative Power in ourselves is the only power there is we realize that what we think so do our thoughts manifest. So if we think evil we reap in the effects what we sow in thoughts and this was the paradox of the inner and the outer, the personal and the impersonal, a carnal and a Divine. But in Reality there is only one Mind, one life or Spirit behind all creation. The carnal is the reflection of the individual, distorted by the individual who thinks himself separate. So there is apparently two selves, a higher and a lower. The lower self is an illusion of the self for there is in Reality only one self that is the Spirit as I have already shown and as this truth becomes more and more known so will the self become brighter and brighter as we unfold into it. As Jesus said, the inner becomes the outer and the outer the inner.

The Real Self is the embodiment of the truth and the so-called Lower Self is this truth reversed by one who is ignorant of the oneness of the Infinite, as I explained to you in my last lecture.

We are told that there is the Devil—now when we begin to understand that the Infinite is Infinite in nature, that is, that He is all there is, and there is no other power but His and He is omnipresent, that is there is no part of Infinity where He is not, then how could the Devil exist in the Infinite which is Love and Wisdom and perfection. If the Devil does exist then the Devil is God Himself.

One very pious person said to me the other day, “But don’t you believe in Satan?” I said, “No,” and I asked her where was Satan and she said Satan was the Angel which fell from heaven, so I asked where heaven was, and she said she did not know. “Now,” I said, “the Master gave you the key to that when He said the Kingdom of Heaven is within you.” Then she realized the Truth when I said, “You are your own Satan, you are the Angel who fell from heaven.”

Yes, of course, this is the Truth. The Angel self which is the only self is Justice, Mercy, Love, Wisdom, Understanding. Satan only exists when the Spiritual attributes are not operating and this is what is known as the Tree of Knowledge of Good and Evil, the intellect of man who is unaware of his own reality. So this Devil has no ears to hear, no eyes to see, no heart to know and no power except the power we give of ourselves. This Satan is a myth clothed in the shadow of a mental image and the only devil from

which we must be redeemed is self. If man would look within he will find his name is “self,” and if man would find his Saviour he must also look within and there the Saviour waits knocking at the door of the heart. He is the warrior who will dethrone the demon self.

Reality is not the product of our thoughts. Reality is neither an Idea nor an image—Reality is the self that is Real and expresses Reality, Life, Love, Wisdom. Then the so called lower self disappears because it is not reality and disappears into nothingness where it belongs and the sooner we discern this devil the sooner will he disappear.

Enthusiasm is a force that can overcome all things but enthusiasm must be balanced by understanding. Unless we are able to reason from the source of all things we develop an unbalanced enthusiasm which leads to disaster and the reason why, when living in the materialistic sense people are seldom able to see beyond secondary causes, is that we get things through certain visible channels and we mistake these for the source. You will say the things you got you worked for, you bought with money. Of course you did, God does not put banknotes into your cash box by a conjuring trick, God makes things “generically” whether it be iron or brains, we have to use them. But iron or the brains or whatever else it may be ultimately proceeds from the all-Creative Spirit and the more clear we see this the easier it will be to go direct to the Spirit, for Spirit creates things by becoming these things, and God has bestowed upon us gifts, His gifts which are our abilities and these operate different ways in each one.

Be happy in your doing and conditions will be created without undue strain which leads to the Spirit’s own true expression in the individual. It is the one Spirit that is functioning through all, yet this one Spirit functions in a variety of ways. Thus your enthusiasm is tempered with understanding, and without this, enthusiasm may become insanity, sheer madness, without reason. **Yet in its highest levels it becomes the most beneficent force in this world.**

Beware of fanatical enthusiasm, when one becomes seized with a craze to do this or that without due regard to wisdom and understanding. Take military enthusiasm for instance, for centuries every possible trick, falsehood and device has been used to create enthusiasm for war—so man kills his brother whom he has never seen and is given medals for slaughter.

In religious enthusiasm we see in this, the terrible horrifying spectacle of the Spanish Inquisition, burning at the stake of thousands by religious fanatics, and recently the slaughter of Hindus by Mohammedans and vice versa, the hatred in some of our Christian sects for others who are supposed to worship the same God.

In political enthusiasm we see at every election every possible device is used to create enthusiasm, the wildest promises are made without the slightest intention of carrying them out.

In enthusiasm for justice we see here that our Courts which are supposed to be Courts of Justice become the arena for a battle of wits between the prosecuting and defending Counsels. The witnesses are subjected to a gruelling test beyond their mental capacity and are forced into saying things that they had no intention of saying and so the judge or magistrate accepts this evidence and decides upon it, with the result that the innocent are punished and lawbreakers are set free.

Then we have cultural enthusiasm. Those who are supposed to possess it form themselves into a caste, they do not concern themselves with the progress of humanity as a whole. If we look back through the ages we see Greece had a culture built on slavery. It is quite possible for a nation to possess a unique art and literature, and yet have the mass of its people living in servitude and squalor. The majority of cultures concerned itself with what is obsolete, glorifies the past, despises the present, dislikes science and efficiency. Our literary and spiritual people are for some strange reason reactionaries, they cherish the obsession that knowledge like wine must be old and cobwebbed. They cherish childish writings of centuries ago which have no meaning or truth revealed by science and modern thinking.

Then we have the humanitarian enthusiasm—this is created by pity but there is no real love for the unfortunate fellow, no knowledge or understanding of how things could be righted as a whole, so the world is rotting into a form of communism that will not only bring disaster but misery as well—there is no love in communism of our present day—and is doomed to failure and if it does survive it will bring humanity tottering to the level of the animal. Love alone and not force can save mankind.

And lastly, we have scientific enthusiasm. This passion for truth and discovery possessed by scientists of all branches including the science of



mind and life has set us free from superstition and ignorance, broken down national boundaries and marks great advancement for the future. There is nothing to be said against it except that it has added terribly to the horrors and destruction by war and this caused by the desire of nations to acquire a means to conquer by force instead of by understanding, wisdom and Love.

Our religious leaders, men of letters, are still wallowing in superstition instead of teaching the truth of the oneness of Life, the Tree of Life, the salvation of the Race. Fools and blind they were called by the great teacher two thousand years ago yet slowly they are learning to be wise and see the truth that the human spirit is a deathless entity and is the very fibre of the Universal Life. This Spirit of man is an eternal pilgrimage, eternal in time and Infinite in space. The spirit in man is the seat of all inspiration and glorious achievement and expresses its genius in the glorious manifestation we see in the physical world. These things are the result of the indwelling energies of the Spirit expressing Itself through the individual faculties in you and me and others, who learn to be wise.

When the self is united with the Universal Self in conscious awareness, through this shall all the glory and inspiration for the great achievement be obtained.

Wisdom is the breath of the Power of God in all ages entering into wise souls making them sons and daughters of God and friends of the prophets.

The Master said "Call no man your father upon earth for one is your Father which is in heaven." Mighty men are they who walk and talk with God.

"Listen to council and take advice that you may manage your life wisely. Man thinks out many a plan but 'tis the Eternal's plan that prevails." Prov. 19: 20-21. (Moffatt)

SO MOTE IT BE

Lecture 6 (18th May 1948)

## **IN THE IMAGE AND LIKENESS OF GOD**

In this lecture we will show that the majority of people in this world are lost in the effects which are seen on the surface, and this divorces them from the power that is theirs through understanding the hidden cause. When the causes of the effects are understood a new world opens before us.

Nine out of every ten people you meet will tell you that what they see is all they know about things but you who are advancing along the lines of Reality know that such objects are but appearances, phenomena produced by the invisible life within them which is their reality and cause of that which is seen in the manifested effects.

This is not only so with regard to living forms but also with regard to all inorganic matter. All are constituted of the one Life in different degrees or states of “becoming” and all are ever changing in their state in accordance with the invisible action exerted upon them from within by the Supreme Intelligence. Consequently the real is the invisible cause within the external appearance constituting our environment and that Reality is the one Infinite Life, the omnipotent omniscient and omnipresent “One” whose will, acting through the intelligence underlying all, determines the forms in which it manifests Itself. This is one of the most important facts for us to remember when considering what we see external to ourselves.

Without the consciousness in us there would be no external world for us, and without life there is no consciousness so it is Life that is the ultimate Reality both within us and in the objects external to us.

We are told that man is made in the image and likeness of God. This is the truth that enables us to progress with the Law of Growth and there can be no ending to this growth in us. But when man makes an image of God in

his own mind he finds that he must discard one God after another as he grows beyond the images he holds of his God.

I have repeatedly told you that it is impossible to perceive the whole truth but you grow into the truth by becoming the truth knowing that man is made in the image and likeness of God. The truth that most people perceive is only in their imagination. It is only an idea in their minds, but Truth is none of these things. But when we realize that we are the “truth” even if our minds cannot comprehend it we know that it is the Infinite Life which manifests Itself through us. At the same time we discern the action of this Life, quietly understanding that it is Life alone that is living and expressing Itself. The individual becomes aware that the Infinite Consciousness and the individual consciousness are not separate but are one in the expression of that Consciousness.

Therefore it is impossible to try and comprehend this truth through a background of ideas caught up from the various religions with their changing interpretation for when one theory is worn out a new one is created, and so on from one theory to another. The mind becomes confused with the many ideas and this causes conflict by trying to conform to these ideas. You will see that these are only beliefs, ideas and will remain so. But truth is none of these. It is beyond ideas and images. It is behind all creation yet we are one with It.

So many people pattern their lives after what they have heard or read and these are so many patterns all wrapped up in theories and none is the truth. This is the illusion that blinds them to the “truth” of the one Living God that is expressing Himself in everything we see around us.

The Truth that I am revealing to you can be demonstrated in your lives. I am not saying that everyone is capable of demonstrating this truth immediately upon hearing it. But as you unfold into this truth so will the truth express Itself through you. When your mind accepts this scientific reasoning, without effort the Truth will manifest Itself as you begin to realize it more and more. A Master does not flatter himself that he can accomplish what another person cannot do for he knows that all are capable of giving expression to this power as one grows in realization.

If you use your mind along the lines indicated in these lectures you will find that there will be a continuous growth for you and the time will come

as the great Master said, “All will be possible unto you.” A very large promise, you may say, but nevertheless true, “The things ye see me do greater things will ye do.”

After the Master taught the multitude in parables His disciples asked him, “Why speakest thou to them in parables?” Jesus answered, “Because it is given unto you to know the mysteries of the Kingdom of Heaven, but to them it is not given,” and afterwards he unfolded to his disciples the esoteric side of his teachings.

There have always been the esoteric and exoteric religions and sciences and there will be for some time to come, the outer form and ritual for the masses and the inner truths for students.

Modern physicists are now studying the ether, the invisible electrical particles that make up matter. This is leading them into the secrets known to the Masters centuries ago and we know as students of the greater Science of Life that there cannot be any manifestation outside the Infinite, whether we look at a blade of grass or a drop of water or upon a great city filled with the motley crowds or look upon our earth with its teeming myriads of humans and animals or look away into space, system after system of worlds, all is the Infinite in various states of manifestation. Everything in the Universe is an unfoldment of the Infinite Life and the Law teaches us that this unfoldment takes place upon the subjective plane before it appears on the objective. This law applies to everything including ourselves and it is this Law that we have to consider as the Law of Growth in us.

This great knowledge is gained in two ways by a knowledge of its principles from teachers who are schooled as Masters and by personal experience. But even when knowledge has been gained through Masters it does not put an end to experimentation and experience “for after the pupil has been taught the real knowledge comes through action and experience.”

The question is often asked, “Who are the teachers?” I will try to answer this in as few words as possible. I have in my lessons of the Cosmic explained that all humans are born Angels clothed in human form and as Cosmic evolution takes place we pass upwards through the interior realms and become as we really are Divine in nature, otherwise Angelic.

When a new Cosmic Day commences and new planets are formed, in these Angelic forms exist the evolutionary power inherent in these new

planets. Moses and Jesus were the direct representation of these forces while others are designated to link up with unfolding Spirits born into the earth. For every human soul has its parents in the sun world and are never separated from the Infinite Life which is forever mediated to them.

There are some who, chosen to become students of the Masters, at the same time become teachers on earth. Students who devote themselves to the Science of Life hold the same relation to the adepts as the adepts hold to the Masters.

There are Intelligences in the Universe far superior to man, yet as man unfolds through the Cosmic so do we all unite with the others in this great scheme of the Cosmic Creation.

There are Great Angelic Operators fulfilling the Infinite Scheme and through these Angelic forms flows the Life Current or Consciousness of the Infinite formulating the Creative System and from these Angelic beings flows the Life Current to the earth, to their offspring living in embodiment on earth and as this conscious Life is developed in the human soul so is the thought inherent in the Life Current clothed in language so that others can understand and by the process of this communication so do you have these advanced teachings.

Some will doubt or even refuse to accept the statement that thought currents can be transmitted from the Angelic Spheres in the Sun to earth. Yet they accept the fact that light and heat rays are being permanently transmitted. Heat and light are the objective aspects of the same Life rays which are invisible in the form of thought waves.

There is a permanent transmission going on from the sun to the earth similar to wireless which is transmitted through space. When we tune in to the wavelength we get the voice or if it is Morse code we pick up the dot-dash and transform it into words similar to those who are in contact with the forces of the Angelic world.

It is evident that the great Angelic Operators in question must possess and control greater knowledge than man can imagine, and as man can transmit vibration through space it is quite conceivable that the Angelic Forces should be able to use their conscious Life Ray for a similar purpose. Mental telepathy has been proved between humans, yet some people will

doubt that telepathy can be accomplished with even greater effect between Angel and man.

The idea concerning God changes as man develops, so he creates an idea of God according to his unfoldment. While it is true that God created man in His own image and likeness yet undeveloped man is forever returning the compliment by creating a God in man's image.

Man, living in the illusion of the effects of what he himself creates, reacts not knowing that he alone is the creator. So he is continually fighting an evil which he thinks is a power against God—so he elects himself the warrior going out to fight God's battle against evil while all the time it is man himself who creates the evil, and this is man's ignorance of his true nature.

We are passing into the transition stage of man's conception of Deity broadening from the anthropomorphic to a real Universal God without modification or limitation. The anthropomorphic idea means God made in the image of man, with human weaknesses and limitations, with attributes ascribed to man's God which we would not ascribe to the most backward savage.

Progressive thinking born of science has long ago refuted this libel on the Infinite Creative Power and the further man unfolds so does he realize that this Infinite Omnipotent Omniscience is Love and Wisdom, so we call this Infinite "Divine Consciousness." This Consciousness being Universal necessarily manifests everywhere. In all kingdoms this consciousness manifests. In the mineral Kingdom we see this consciousness as the cohesive force in the form of minerals, what we call chemical affinity.

A drop of water is formed by two gases, two parts of Hydrogen and one part of Oxygen known as H<sub>2</sub>O. Why should these particular atoms form this concentration rather than any other, and the amount of power required to separate these atoms is tremendous. This is the will in action, the cohesive will holding two particles together so that all fluids can be formed. When these atoms are separated they are brought into new conditions which show that there is still a conscious action in the finer, and forms a combination with even greater force.

In the Vegetable Kingdom we see the selection of particles of minerals, the absorbing of gases from the air and the vital rays of the sun which go to make up the different types of plants and vegetables. Here we see Consciousness in a higher degree.

In the Animal Kingdom the Consciousness becomes so individualized as to distinguish a higher form of consciousness in the human as its master and the lower in the vegetable. In mankind we see this Consciousness so developed that he can realize his oneness with the Infinite, a consciousness that is capable of recognizing itself as the direct expression of the One and only Consciousness or Universal Consciousness. In this is the Law of Growth in the individual. This was the great secret of the adept, to behold what the consciousness is aware of has in itself the power to manifest that awareness.

From man's point of view the manifested part of the Universal Consciousness consists of two forms, visible and invisible. Cause and effect. But as I told you before, cause and effect are one and are inseparable and this is part of the Law we have to study. Each of these, cause and effect, invisible and visible, is but a part of the complete unity of the Universal Consciousness upon the visible plane of manifestation, Divine Consciousness expressing Itself. Man has called this matter, yet matter separate from energy does not exist, energy separated from Intelligence or Consciousness cannot exist so we see clearly that what we see on the objective plane is but the result of the conscious manifestation of the Infinite therefore every particle we see or feel is Infinite.

Again I must remind you that consciousness is cause. What you are conscious of so must it manifest, this is the Universal Law inherent in the Universal Consciousness individualized in man carrying the same Law into operation. This tremendous fact puts you in control of all, as you are told in the Scriptures "Man is made in the image and likeness of God with dominion over all things."

The more this is realized the greater is your awareness of it, and awareness means manifestation.

Think, firstly, are you aware of your consciousness, that consciousness being none other than the Infinite Consciousness individualized in you, and the centre from which all thought and action must flow?

Think, secondly, are you aware of your thoughts? And are you just reacting to things as they come to you? If the latter exists you are controlled by your environment but if the former exists then you can control your environment. You are the active positive centre around which everything must move. It is your duty to become that positive centre, not only to yourself but to God. The Scriptures say “Thou shalt eat of the labour of thy hands, happy shalt thou be and it shall be well with thee.” Ps. 128: 2.

Ether is the unparticled sea of Divine Mind and flows according to the impetus given to it both by God and by man. It moves in the direction in which it is sent. Ether is the medium in which all things are created and through which all things are connected. It does not impair or retard the force you send into it, and it brings back to you precisely what you sent forth. It transmits all mental currents from one to another from Angels to men and from men to Angels. No wave or thought vibration can ever be impaired. Through ether I can contact anyone or heal or help those who ask. If you think of me I will get your call and will reply, help will come immediately. I can contact Spiritual Forces in the fraction of a second and ask their aid and immediately it is given. Jesus said, “I have only to ask and legions will come to mine aid.” Now try and realize what I have given you tonight. It is better than rare silver and the rarest of gold, for no treasure is like unto it.

In Proverbs 15: 33 and Proverbs 16: 1-3. (Moffatt)

“Reverence for the Eternal trains men to be wise, and to be humble is the way to honour.”

“A man may think what he will say, but at the moment the word comes to him from the Eternal. A man’s ways seem all right to himself, but the Eternal has the verdict on his life. Trust your affairs to the Eternal and your plans will prosper.” As Isaiah says, “It is the Eternal speaking.”

“As the Father hath loved me so have I loved you, continue ye in my love.” “A new commandment I give unto you that ye love one another as I have loved you, that ye also love one another.” John 15: 9 and 13: 34. (KJV)

SO MOTE IT BE



Lecture 7 (25th May 1948)

## **MAN IS GOD MATERIALIZED!**

The only power we have lies in the subjective self. This self is the Real Self, the outer is but a manifestation of it. Although both are one the “inner and the outer,” the inner is the receiver and the giver. What we believe we manifest. The Bible is always telling us to look to the Eternal, the Infinite, and to establish this in ourselves. It shows how these prophets understood the Law of Being when we begin to understand it ourselves.

When we look through the objective self we find that we are subject to all kinds of limitations and these become suggestions which are accepted and naturally become subjective and are reflected outwardly again. If all our experiences are derived from this source you can see how easy it is for one to become completely negative, and carry this to the final issue. We realize that the Creative Power of our thought is the root from which all our experiences, whether subjective or objective, arise. We therefore become aware that everything depends upon the nature of the suggestions that give colour to our thought.

Whatever we are conscious of predetermines the predominating tone of our thought. By this very law we shall externalise what we fear. If on the other hand we grasp the great truth of the fundamental law of our being, as I have so often repeated to you, made in the image and likeness of God, then our thought shall be in accordance with the attitude we hold towards Life. But this must not be just an intellectual acceptance of the Truth. We must feel it deeply.

It is feeling that is the motive power behind all manifestation. As I have already mentioned, to carry this to its final issue, we carry these suggestions with us through the gates of death which is nothing more than moving from the objective sense to the subjective sense. And as this inner life is purely

subjective we will find ourselves still frustrated by our beliefs, and we will continue to be frustrated until we have paid “the ultimate farthing”—that is to cast off all these suggestions of impotence accepted in our ignorance.

Immediately we accept the grand Truth of our Being, our sins are forgiven and we are free. We see here that this not only applies to our inner life, but to our outer life in the body as well, and it was this that the greatest mental scientist of all time saw when he said, “Thy sins are forgiven thee, arise and walk.”

Man is God materialized! This is a tremendous statement, but when we analyse it to the ultimate we see that it is true. Then the feeling of this great truth rushes through us and fills us with an energy filled with this truth.

Man is an invisible entity, what we see of him in and through the body is merely the manifestation of the inner man. Mankind is the expression of the Infinite Spiritual energy—a conscious spiritual intellectual etheric materialised energy individualised in all planes, thus giving to man-woman individuality and personality. It is through this realization the locked up faculties and powers existing in every human being will manifest. The involved God-powers now existing in man will spring forth, for in the heart of every living being lies a god—the Cosmic Spirit individualized. All evolution is merely bringing forth that which lies hidden within.

The Universe is our home and we grow in it. “The seed of Abraham” is the Divine Spirit and its growth depends on our realization of it.

The esoteric meaning of “Abraham” “Isaac” and “Jacob” is as follows:

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“Abraham” — the Spirit in manifestation known as the Father—Life individualized.

“Isaac” — the soul, the manifestation of the breath—“Isaac.”  
“Is” means breath and is sounded as if drawing in breath, “aac” is sounded as the breath flows out and means action. Life in action.

“Jacob” — means the body.

So we have Spirit, soul and body—the trinity—the three in one. Yet Jesus goes further and shows the greater truth that sets us free—“I am before Abraham.” He identifies himself with the Infinite “I and the Father

are one.” This was the conscious state of the man of Galilee, and into which all must grow.

It takes many years for the awareness of the consciousness to awaken in some people. To many the conception of the abstract (which is the only Reality) remains impossible, they cannot rise above the concrete, with the result that they continually react to the concrete and their subjective self can only give to them what they are aware of. Many others have never attempted to analyse their own thinking process to its source, yet by doing so they would be able to identify their self-consciousness with the Universal Consciousness (the Infinite). This alone determines the state of one’s evolution, and evolution means the releasing of our Spiritual energies from within.

Our consciousness of self is due to the presence of the inmost Principle, the Infinite Knower. For the fact remains that we cannot have any faculty unless that faculty was predetermined by the Infinite Knower.

The history of the prophets and seers of all time reveal a magic that was awe-inspiring to the masses, yet this so-called magic was but the releasing of this tremendous invisible energy through the consciousness. But before this could be done there had to be a conscious awareness of it, and the feeling of this awareness was the secret of its manifestation.

The ancient Magi used their powers in the direction of healing the sick. People were brought to the temples to be healed and after the customary incantation designed to affect the imagination of the primitive people, they were found to be benefited and many actually healed. Behind the veil of the ceremonies the Magi released the Spiritual energies and those who were open or in the suggestive mood were healed.

This stream of conscious energy is positive to both ether and matter and a negative condition both in mind and body will yield to this positive force when properly and intelligently applied.

This force builds up the body from a single cell and is inherent in every particle of the body. Every cell and combination of cells is supplied with this energy or force. The body is mind materialized and every cell is the result of mind in action. We can now see that the mental state of an individual must be reflected upon the body. Therefore mind over matter is not just a saying to us who know, it is a living law in operation. Fortunately

for many, Nature is kind and she always tends to balance us through spiritual aids which we are totally unaware of.

I have no theory in regard to healing. I know from study, experiment and investigation and through the assistance of the masters both visible and invisible, that the releasing of spiritual energies in the individual results in a healing whether it may be immediate or delayed, and when intelligently applied apparently miraculous results are obtained, the finality is “awareness.”

The subject of healing has been elaborately treated by many writers and many have derived benefit from these writings. In some cases these writers base their work upon the fact that all healing is the result of a change in belief. This is indeed a great truth when we realize that the subjective self is the creative faculty within us and reflects whatever the objective impresses upon it.

Now the objective self is the intellect and what it sees it reflects in thought, this thought then is reflected as a belief, and this is then reproduced externally. But as we see that intellect is a very inaccurate thing, we have to go deeper to find the cause.

So many people will not let go of their beliefs although they are entirely false, so they have first of all to be convinced of the falsity of their beliefs and given reason for the new ones. It is only when they are shown the true Law of Causation that they get startled out of their lethargic dream.

Now the only conception you can have of “yourself” in the “Infinite” or “unconditioned” is a purely living **Spirit** not hampered by any condition of any sort, therefore not subject to secondary cause or condition which is the cause of most illness.

Secondary cause is the individual who is not aware of his true state and who reacts to conditions or circumstances which he perceives within himself or external to himself, with the result that he externalizes his beliefs.

Now when we take the teachings of the Master or those of the prophets they direct us to the first cause which is God and as God cannot be conditioned in any way, and if we identify ourselves with First Cause we know that what we are aware of, so shall it manifest. I have repeatedly told

you “awareness is manifestation.” The key to your happiness lies in your subjective self being impressed with this truth and not with the beliefs resulting from “secondary cause,” that is when you are unaware of the truth and allow your subjective self to be impressed by the suggestion from the objective self, buried in ignorance.

In many cases where first attempts in healing are not successful, it is because all your lives you have been holding on to false beliefs in sickness and other limitations as a substantiality in themselves. This is the primary cause of your condition and this has been ingrained in you since childhood and can hardly be eradicated at a moment’s notice. Not only this but this belief is inherited from your parents who have inherited from their parents and so on since the “fall of man.” But as I have said the Bible is a book which shows man the way to freedom and salvation, and when read with understanding will lead to freedom and happiness instead of being made the means of subjecting mankind to a system of slavery and fear through religious dogma.

In ourselves is the “seed of Abraham” the Divine Spirit in man and when we begin to realize It more and more so will we perpetuate this seed which becomes the salvation of the race. We shall no longer bring into this world souls born in ignorance. We shall no longer inherit from our parents the mind of a tramp in a world of plenty, but will come with realization of the truth in our very bones.

In further reference to healing we often find that in many cases there is an improvement in the patient’s health, yet after a time the old symptoms return.

This is because the truth of his own creative faculty has not penetrated down into the innermost depths of his subjective mind, only partially entered it. But as each succeeding treatment strengthens the subjective of the Real state of Being a permanent cure is effected. This is the self treatment that one should give oneself—the knowledge of the Law of Being. As this knowledge is not in everyone, the world is suffering from its own false beliefs, that is why we should consider ourselves extremely fortunate in gaining this wisdom that comes from the higher realms of Being by telepathic communication for our benefit.

A true healer is one who has acquired the knowledge of how to control the less conscious modes of spirit by the more self-conscious mode, and by his conscious awareness influences the consciousness of the patient and in many cases entering into the subconscious realm and establishing there, by concentrated thought, a power that begins to work, at the same time the patient's mind is subjected to suggestion of perfect health

Now the question may arise how does the healer substitute his own consciousness for that of the patient. This is a most enlightening point to consider. Our ordinary conception of ourselves is that we are separate individuals, that the two personalities are entirely separate, this is the great error. There is no such thing as separation or boundaries between one and another. The fact is that this so-called separation can be temporary or completely removed so that the two individuals become one.

Now the action that takes place between the healer and the patient is according to the awareness of the healer and the receptiveness of the patient who uses his or her will also to remove the self-imposed barrier in the mind, which does not exist in reality. So the patient allows the spiritual energies to flow in and the healer allows them to flow out. The Law of the Universe is such as to allow this flow from the plenteous to the vacuum. This was the secret of the Master, the secret of the Magi and the secret of the ancient therapeuti of ancient Egypt, these secrets can become yours. More will be said on this subject later on. "He who has ears to hear let him hear."

"The message of the Eternal, Listen to this you who are old, hear this all you inhabitants of the land. Has the like of it ever been heard in your day, or in the days of your fathers? Tell it to your children and your children to their children and their children to the coming generations. Thus shall it be that I pour out my Spirit on all. Sons and daughters shall be inspired."

Joel. 1:1-3 and 2: 28 (KJV)

"He who reverences the Eternal has strong ground for confidence His very children win security."

"Reverence for the Eternal is a Font of Life, it shows how to evade the nets of death."

"Cease not, my son, to listen to instruction and never turn away from a wise teacher."

Prov. 14: 26-27 and 19: 27 (Moffatt)

SO MOTE IT BE

Lecture 8 (1st June 1948)

## **THE MEANING OF TERMS**

A student who has been reading a number of books on Truth, Mind, Life, etc. has become confused with the terms which the writers use and I can see that this can happen to any of you, so I want to speak to you about the meaning of these terms tonight.

In most of the books that I scan I have noted that the writers are not fully versed in the meaning of the words that they use and no wonder that anyone might become confused with the terms used. I myself seldom read any books now for the simple reason that few have a deep enough meaning of the truth and are often inaccurate and misleading.

The main terms used are Mind, Life, Consciousness, Thought, Intelligence, Ether, Matter, Form, Subjective and Objective Mind, Substance, Infinite, Spirit, etc. All I can do in this lecture is to briefly explain the meaning of those terms.

We will take the terms most used to begin with. The term “mind” is often confusing, for this word is used in so many ways, “mind your mind” was a saying used for some time by Americans as a slogan to advertise a mental course. “Mind” is generally used in a broad sense to explain thought and other activities of the mind. But to take it in its true sense the word “Divine Mind” is meant to convey to the reader the idea of the Mind of God which must include everything that is perfect. Many try to interpret the Divine Mind by the action of their own minds, and the knowledge most people have of it is very limited, so it does not convey very much to the reader.

Now “Divine Mind” is a term used to convey the meaning of the complete action of the “Divine” or “God” which must include consciousness, intelligence, wisdom, love, power, etc.



The term “consciousness” is the most important term used. The individual mind is the exact replica of the “Universal” or “Divine Mind” so we find in ourselves that consciousness is of greatest importance. For if we were not conscious we would not know anything nor could we become conscious of anything external, far less being able to think. Consciousness is that quality of mind that enables us to become aware of anything, also enables us to think, reason and decide. Consciousness is the centre from which all force, intelligence must flow, whether it is from God or man.

Our consciousness in the material plane is very limited and is but a fraction of the totality of our consciousness. For this same consciousness that is aware here is also aware in the inner realms of activity. Nothing exists except by the fact that it existed before it became manifest—visible. So consciousness is the main-spring of the mind.

Many say that “thought” is a product of mind in the broad sense, we will grant that is so. But to be more accurate “thought” is the product of the consciousness. “Thought” is the power that goes forth carrying with it the necessary intelligence to establish the thought in the concrete or visible. But as we know that the visible could not exist except by the existence of the invisible, we can see that thought invisible becomes visible by the law inherent in itself. One can say that Divine thought is Divine Mind in action, that is the Consciousness, Intelligence, Wisdom, Love, Power of God manifesting.

The term “Intelligence” conveys to us a predetermined knowing, a knowing beyond the individual or human or angelic. The human mind cannot conceive fully the great meaning of this term. But when we see this Universe and all that is in it moving ever onwards and upwards by means of this Intelligence, it conveys a far greater meaning than what is usually applied to the term. Now Intelligence is not what we call intellect, Intelligence is an all-knowing while the intellect is speculative. So the term “Intelligence” is the knowing how to bring things about and must be inherent in the thought, otherwise the thought could never manifest. For when we think a thought we do not know how it will come into operation. We know that there is a law that operates beyond our personal intellect, for intellect wonders how it is done. Yet Intelligence does it.

The word “wisdom” is often used to convey the meaning of a wise person. But in this science, wisdom is an understanding, different to Intelligence in this respect that wisdom is more personal, it can become a product of the individual, while Intelligence is that all-predetermined knowing in all things. Wisdom is the expression of God in man, a guidance that comes from God when the individual recognizes “God” as the Reality within. Or in other words, when the human recognizes the “Divine” as the source of his own “being,” the Wisdom of God is in all things, so while man thinks it should be otherwise the Divine has the prerogative.

“Love” is the most magic word ever used to convey the meaning of the Divine Nature, and we cannot understand this term fully until we ourselves have had some experience with Love. The Love of the Divine is a love that is poured out to all irrespective of rank, wealth, position, good or bad. This love is seen as an ever-flowing Font of Affection. We see It in many ways in human life. The most beautiful is the love of a mother for her baby. We see it also as an affection for a friend. Also when people love each other there is an active response, a reciprocity that is automatic and spontaneous. You do not have to think why you love, you just love. Yet this love can become possessive in the personal sense and we must guard against this becoming an obsession. Those are just shades of the true love which we have not yet experienced. I think that the mother is the one who has come as near as humanly possible to that true Love.

Jesus who manifested the Christ demonstrated this Love, and at times we can feel the warmth of this Christ Love in ourselves, and this Love is enriched by giving. There is a little book written on love and the name of it is “The Greatest Thing In the World” by Sir Henry Drummond.\* It is well worth reading.

Love is the great attractive power of God ever drawing us nearer to Himself. The more we express Love the more we express our Divine Nature and as we express this Love so do we become an attractive power for others.

Love reveals the magic of magnetism, therefore Love is an emotion of great power, and that power is attraction. We see this in every existing thing in the Universe from the minute cell of protoplasm to the completed form,

whether it be an animal, human or angel and this power flows out and attracts to itself what it gives.

The term “Power” is seen as the effect of Law. There is no power except by Law and Law is the Intelligence in action. “Love, Wisdom and Power” are terms used when expressing the Deity. These are inherent in the Intelligence, that predetermined knowing of the Infinite. Thought has power—Law in action. According to the Consciousness being aware of Itself (Consciousness) so will the power of the thought be.

The term “Life” in the broad sense means God. God is Life, Life is God. When we begin to observe the fact that we are alive even mildly speaking, we begin to recognise the meaning of Life. Life is the only thing that lives and we can get a greater abundance of it by recognising It. Jesus said in other words that he came that we should have a more abundant Life by realizing what he taught.

Now, very few people take the trouble to analyze the terms used and accept them in the broad sense, yet unless we get down to their finer meaning we shall never be able to understand the great significance they have for us individually.

“Life” must include all the attributes of the Creator, that is Consciousness, Intelligence, Love, Wisdom, Power, Individuality, etc., and the mechanism necessary to function in the form in which Life is expressing Itself. We see Life is ever renewing Itself, ever unfolding Itself, ever-present, no matter in what state, from the smallest to the greatest. The Master said, “I am the Life.” He recognised that He was Life and this we must do also before we can gain the significance of the term “Life.”

The term “Ether” known as the ether of space is Universal. No one has ever seen ether, no one has ever felt it or tasted it. Science has postulated ether to account for the presence of matter. We are told that it is the basis of all matter. That matter is “ether” modified, become visible. Yet in its natural state it is the medium through which we are all connected by thoughts of love or hate etc. It conveys your love equally as it conveys your hate. If you love a friend that love will reach him or her as if you were clasped in each other’s arms.

Ether carries all vibration, for modern science has proved that at the same place and at the same time there may be an infinite variety of different

vibrations or etheric waves of different lengths without any of them interfering with each other. Not only does this ether convey such vibration created by us, but from the planets and stars vibrations are flowing to us continually. You can go out at night and absorb the vibration of the moon by night. (Some of you be careful that it is not full moon.) Or you can go out and absorb the vibration from the sun by day. This is a subject of great interest which I will deal with later on.

Ether, as I said before to you in a previous lecture, is the unparticled sea of Divine Mind in which we all live, angels, men and women, we all exist in this sea of Divine Mind. In it we become particled and formed both invisible and visible, from the invisible to the visible. As Paul says “things seen are not made out of things already made but out of the unseen.” We are all linked together and can commune with each other through the ether. All we have to do is to understand the *modus operandi*.

The term “matter” is a very confusing one because we see it, feel it, taste it, but even then we do not know what it is. The term “matter” conveys to our mind what we see and feel with our physical senses. Yet Science has proved to us that matter separate from energy does not exist, and the only meaning we can come to is that matter is the result of an intelligent energy producing vibrations of such a nature as to be distinguished by the senses.

I am only sorry that time is not available to go into further details and findings of science in regard to this subject. But there is plenty of data available in the libraries and is well worth the time spent in studying the subject.

The term “form” applies to what we see created in matter. Yet there are forms invisible to our senses existing in the invisible or etheric spiritual state.

What we see in the concrete exists in the invisible and is the basis of that which is recognised in the concrete. Every element that makes up our bodies is held in solution in the atmosphere invisible.

“Form” is the combination of the forces of Nature brought into the concrete. There is no original form existing which is not a manifestation of God or Spirit.

“Objective” and “subjective.” These terms are often substituted for conscious and subconscious. What is meant here is that what we are conscious of through our senses is the objective, and the subjective is the receptive apparatus which receives these impressions. Some call this “memory” others the “unconscious” and others “subconscious” or “subjective.” Nevertheless the fact remains we have a mechanism that recognises and then receives the impressions, good, bad or indifferent. These remain with us according to the intensity of our awareness of them. This is a subject for a whole lecture but as the lecture is merely to explain the meaning of the terms we will make this suffice for the present.

The term “Infinite” is stupendous and as I have already explained this in previous lectures you will have to refer to them for the explanation.

The term “Spirit” is synonymous with “Life” “God.” When we say “Spirit” we do not mean “a spirit” but Spirit. As Jesus said to the woman at the well “God is Spirit and you must worship Him in Spirit and Reality,” meaning that God is Life and you must worship Him as real, not as an image but as a living Reality.

I hope now that I have cleared away some of the misconceptions you have had with reference to terms. Perhaps you will read books with many similar terms and you will quickly note if the writers know the inner meaning of the words by what the writer says about them.

In Proverbs 17: 23 we read, “Even a fool may pass for wise if he says nothing. With closed lips he may be counted sensible.

(12: 15-16) A fool is sure that his own way is right. Sensible men will listen to advice. A fool shows instantly that he is angry. A prudent man ignores an insult.

(12: 18-19) A reckless tongue wounds like a sword, but there is healing in thoughtful words. Truth told endures forever.”

“Fraud is the aim of the evil-minded but those who plan the good of others prosper.” Proverbs 12: 20. (Moffatt)

SO MOTE IT BE

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\* [Henry Drummond \(1851-1897\)](#) Scottish evangelical theologian and biologist.

## Lecture 9 (8th June 1948)

### **ACQUIRING A GREATER UNDERSTANDING OF THE TRUTH**

In our last lecture we dealt with a few of the terms used in our study of the Truth or Life. We have by no means exhausted these terms used in this vast and comprehensive subject of Reality and as I feel you have been helped greatly by the explanation given we will deal with more of these terms later on, the unfamiliar terms used in this lecture we will explain briefly as we proceed.

In this lecture I want to dwell upon some of the important aspects in relation to our activities in acquiring a greater understanding of the truth as it affects ourselves personally.

First of all we have to recognise that what we see with our eyes must be and is but the expression of an idea that existed in the mind, either in the mind of God or in the mind of man. In other words that which we see with the eye in the objective world is but the effect of the cause that existed in the invisible. For nothing can become objectified except it first existed in the invisible or subjective. This truth must be grasped otherwise you will not gain the true understanding that is necessary for us to use the powers that are at our disposal now.

Visualization is an activity of the mind of the individual. It is a form of picturization and is upheld by the law of the creative power within us. Visualization is an action in the mind where an idea becomes the central pivot around which our visualization moves until we see the completed form in the mind. This completed form now exists in the invisible, and if we are faithful to our ideal our visualization will appear in the objective. This is a law that is immutably fixed in ourselves by virtue of the creative power inherent in our consciousness.

Visualization, further defined, is when the consciousness is concentrated on a particular idea, we call this a form of concentrated imagination by which we form or impress on the mind, and if we will take time to think we will see what we are doing is that we are creating in the inner world, the invisible, the realm of cause, that which will be externalized in the realm of effects in the form we visualize.

We are a combination of spiritual and physical or mental and material or inner and outer, all terms that mean the same thing of which the two different manifestations are but one and cannot be separated. Successful results are obtained when we understand this, so that we know what we are doing. Then as spiritual and material are but two aspects of the same thing, the latter must be the expression of the former. When we understand this law is in operation we set about to create the conditions we desire. The Creator and the created are one. Matter is Spirit made manifest or in other words mind materialized.

Feeling is a sense that can only be explained by the experience of it in one's self. It is difficult to define, yet it is the motive power behind the thought or idea, and visualization helps to bring the power of feeling into operation. It creates the conscious energy behind the idea.

Thought and feeling is the invisible combination. The more the thought is defined and the feeling intense the more perfect and rapid is the manifestation. You will now see that the form or manifestation is but a result of thought and feeling, and according to the accuracy of the thought or the intensity of the feeling behind it so will it be impelled into the outer exactly as it is held in the inner. This law is infallible and the more we begin to realize it the sooner will we make better use of our creative faculties.

The imagination should not be allowed to run riot, it must be trained so as to make it a good instrument. It is a good servant but a bad master, we can let it run into avenues which will reverse what we actually want; avenues of fear, doubt, envy, Jealousy, hate, etc.

To guard against mental chaos every idea should be subjected to a searching analysis based upon a true understanding that every idea is a blueprint of what is seen on the external, then everything we do will be crowned with success because we shall know what we are doing from the beginning.



You cannot base your knowledge upon your external impressions alone, nor can you base your lives upon the experience of others, for this is the cause of most errors in one's life. The Christ in you is the Father manifesting in all His glory, this is the "Son that rests upon the Father's breast." This is the wisdom that is able to see the error and dissolve it knowing that it has no power of its own, as ignorance alone is the creator. Ignorance is but the absence of understanding just as darkness is the absence of light. The fact still remains true that the darkness disappears when light appears so does ignorance disappear when wisdom appears. The secret of our success in all undertakings is the insight into the law inherent in our own being, this alone gives us the torch to light the way.

The knowledge of this law of the higher forces makes all the futile efforts we see in our midst fade into insignificance. The mental strata of the majority of the people in the world is clearly seen by the confusion of thought that exists in practically every field of endeavour. In worship, we worship a god of Love in theory but in practice make graven images of wealth, power, custom, convention and fashion. We fall down before them and worship them. In the intellectual field we will not let go of that which we have proved to be useless, we go on trying to excuse ourselves for our stupidity by becoming more "intellectual," while the very thing that would release us from our self-imposed bondage is to investigate the Law of Being, but this is never considered, because it is not according to the orthodox practice. All that orthodoxy has done for us is to perpetuate our ignorance from one generation to another. The germ that gave rise to the Christian religion has been submerged in sanctimonious formalities and is no longer visible as a guide to humanity as intended by the man who taught it, and so the world is still worshipping something that it does not know.

We are accustomed to look upon the world through our physical senses and from these experiences conceptions are created. But true conceptions are secured only by spiritual insight, the understanding of the law, operating within ourselves and to obtain this understanding the consciousness must be directed to the kingdom of heaven within. There we will find we are made in the image and likeness of God, realising that His attributes are also ours, it only remains for us to use them.

In concentrating upon an ideal we have to make it so clear that the mental action becomes a form of “contention” that is an automatic action that takes place in the inner or subjective or otherwise known as the subconscious.

The Universal Mind is always pressing forward through the individual and in fact we can only think in the Universal not out of it, as we appear to do or think we do. We find that we have in our minds a mechanism that tends to work upon any subject or object we give attention to. It seems to attract all the material around the central point or idea concentrated upon, and works along in perfect sequence, bringing facts together that are allied and dissecting other information for further attention. So accurate is this mechanism that it can work out a problem in a fraction of the time that we spend upon it consciously. All we have to do is to consciously give it attention in all its phases and let the “inner man” do the rest.

The inner or subjective is the universal wherein is that predetermined knowing how to bring things about. As I told you in my last lecture “The Intelligence” in action is that predetermined knowing that is behind the manifestation of all thought or ideas held in the consciousness, what the consciousness is aware of the Intelligence “the knowing how” brings it about. That is why we should lose sight of the personal self when steeped in the idea. The personal self is always a hindrance to the expression of the Universal Self. When the personal self is too much aware of itself either in the form of egoism or fear, both are equally frustrating. A musician, actor or orator, to be great, must be lost in his art, so as to be linked up with the Universal from whence all genius comes, drawing from it insight and knowledge and feeling, impossible of attainment in any other way.

We draw from the Universal Intelligence that “knowing how” insight and knowledge necessary for the expression of the idea that we hold in our minds, all ideas that are so held by “contention” attract the substance to manifest in the physical expression.

Therefore by this rule you can wrest the secrets from heaven and earth, for knowledge is essentially drawn to the mind that is trained in this way. As we translate into character and circumstance the ideas held in the mind that knows no opposition we thus grow out of our limited state into that

glorious expression of that which we are in Reality, “one with the cause of all things.”

When we realize great thoughts we shall experience the feeling that corresponds with great thoughts. We will then appreciate the value of Divine thinking when we see the Intelligence in action in out-picturing our thoughts in form in exact correspondence to that which we create within.

The fact that we can think and meditate upon the great Intelligence is proof that the Intelligence is expressing Itself through us and the more we realize and recognise this Intelligence the more it will manifest in and through us and our affairs. It is this great predetermined all-knowing that makes us aware of Itself, because nothing can exist to us except by the fact that we become aware of It.

When our consciousness can be centred upon or identified with the object of its attention it absorbs the object of its attention as the body absorbs food. Thus we become “aware” and as we understand that the physical is but the expression of the spiritual we become ‘aware’ of the omnipotence of thought, and by this means are we able to harness all natural resources.

We shall see through our own experiences, that concentration leads to “contention” and contention leads into intuition bringing the Universal into the individual conscious realm here and now.

Intuition often solves problems that are beyond the grasp of the individual reasoning. Conclusions are arrived at without the aid of experience or memory. The problem is worked out in the Universal or subjective which reveals the answer we are looking for. This intuition can be cultivated or developed by confidence and patient practice. When it comes give it a royal welcome and it will come again and again, but if ignored or neglected it will make its visits few and far apart.

Intuition is best developed by the convincing proof that all is Infinite and there can be nothing else, and as we identify ourselves logically and faithfully with the source, we develop a “silence” that is continually active. I cannot put it in better words and if you can catch the meaning you will soon experience this silence that is ever active, ever aware of Itself. It is so vast that the human mind cannot comprehend it fully, but it can merge with it.

A mind that is not capable of entering into this Silence is one that is full of movements antagonistic to Itself, for that which is antagonistic in oneself must be reversing the process of the Divine nature in oneself. This weakness shows itself in lack of self-control when the mind is primarily engulfed in fears, hatreds, envies, jealousies, and antagonisms of all kinds. There is the type of person that is antagonistic to everything. The idea as it were—"No matter what government, I am against the government." If you find that you cannot be alone with yourself there is a deep-rooted error that must be rooted out.

If you have phobias, fears, envies, jealousies, hatreds which are antagonistic to your Divine Nature you can never enter into this silence. You will always be seeking some outside attraction and they become the net in which you are caught up, and in this way you are trying to escape from your confusion. But if you become aware that you are trying to escape and why you are doing so and discern your thoughts and emotions, you will dissolve them and thus be free from their entanglements. The truth will then establish Itself in the mind that is free from conflict and confusion. There is no other way of explaining this, It may seem deep to you at first but as you begin to see clearly you will find the means and the method to suit yourself and thus free yourself from your self-imposed prison which you have created.

You will find that every obstacle conquered, every victory gained gives you more faith, more power, greater ability, and your success will be determined by your mental attitude.

It is easy for the mind that is freed by the "Truth," to seek the silence in union with the Divine for Truth dissolves the error.

It is good to remember this—that a definite purpose sets in motion the invisible world to find the materials to serve that purpose.

Aim to give service instead of seeking reward or position. Premature success cannot be maintained unless it is earned. We get only what we give. The law of compensation eventually brings about an exact equilibrium to those who try to get without giving. We must find the true source of power which is the source of our own Being, not the symbols of power such as wealth, position, etc. When the true source is known we are no longer

interested in shams and pretensions. Seek ye first the kingdom “the kingdom within,” and all other things shall be added unto you.

On the outside rages the clash of arms and the din of social problems, the world of effects mainly from man’s ignorance, we do not close our eyes to these, but see them in their true light for they also can only be changed from within and not from without. With this understanding we can commune with our higher self, the God of Power, the God of Love, the God of Wisdom. This is the practical application of the Adept and the way to freedom, individually and collectively.

“Bend your ears, listen to wise words. Study to understand their charm. Ever keep them in mind all ready on your lips. I am still teaching you my truths that you may rely on the Eternal. But have I not written them for you already, instruction about knowledge that you might understand them for yourself and answer all enquiries.” Proverbs 22: 17-22. (Moffatt)

SO MOTE IT BE

## Lecture 10 (15th June 1948)

### **UNDERSTANDING THE LAW OF LIFE**

The great difficulty with most people in this world is that they have not got a true understanding of things as they really are. They live in the illusion that matter and mind are two separate things, consequently they are forever trying to solve their difficulties through the physical while not recognizing the fact that mind and matter or the spiritual and physical are ingredients of one single system.

This is a great truth that we have proved in these lectures and when we have fully realized it we will recognize at once that this truth is not the product of our imagination but a living reality. Not only have we proved this through our studies in these classes but also it has been proved already along well-known-scientific lines.

There is no longer any room for the dualism that has haunted philosophy throughout the centuries.

It was Jesus who saw this truth so clearly and he demonstrated it. Although philosophers have been philosophising for centuries on the teaching of the Master few have really grasped the great significance of the materializing power of the thought-power Jesus used. It is only through the understanding acquired through these teachings that we can grasp fully the magnificent realization that dawns upon us with such force that we are almost spellbound when we fully recognize what it means to ourselves here and now.

The mistaken dualism of mind and matter has confused so many mental scientists and truth students including Christian Scientists when they try to prove that matter does not exist.

Healing can never be truly accomplished by denying matter or conditions that may exist. We must see that the condition which may cause

us mental anxiety is created by a belief, otherwise by thoughts that become active in the inner realms as the result of our belief, or that which we react to in the external, thus supporting the phenomena or condition which we believe to be true.

It is not the denial of matter or the denying of a condition that heals; this is just blind ignorance which may or may not give us temporary relief. It is through the understanding of the fundamental truth that we can consciously act upon matter and change or dissolve or create a condition that gives us power over matter or any condition that may exist. In the Bible it tells us that we have been given dominion over all things, and although this has been little understood, it still remains a fundamental truth that can be proved by anyone who applies the law.

When you see that an error exists in any calculation you do not accept that error, you know there is an error and you set about correcting it, yet the extraordinary thing is that we accept an error that exists in the human mind, body or circumstances to be a reality. You are the perfect expression of the Law of God as the correct sum is the expression of the Law of Mathematics. I want you to see this clearly so that you will be no longer confused in your mind in regard to the phenomena you see before you.

When you understand the law of life as you understand the law of electricity or mathematics you can practice a system that enables you to control matter through the natural law of the consciousness that exists in everyone. Everything is the result of this natural law whether you create a condition that is foreign to your true nature or whether you allow the natural law of God to operate for your benefit by recognizing this Law to be in yourself. That is, what you are conscious of tends to manifest whether you fear it or whether you have faith in it. But if you are caught up in your fears or caught up in your faith you still are not free. Freedom only comes when the true state is realized. This is the scientific basis upon which we can truly free ourselves from all conditions that hamper us. No matter how much you like to philosophize or try other means you will fail if you are unaware of this law.

The reason why most people cannot understand, is because they think that matter is fundamental and the effects which they see expressed are permanent. There is nothing permanent in matter, all is in a continual flux

or change, and change is the only thing that seems permanent, and this change originated in the inner world of our thought action.

There is no use in denying the effects we see, we must find the cause behind the effect. You cannot change an effect by ignorantly denying it, you must discern it and know it. Then and then only can you correct the error that is externalized in the effect by correcting it in your thought world or consciousness.

An idea in the mind of God has the predetermined knowing, (the Intelligence) behind it. This predetermined knowing knows the end because the end is in the beginning. But with man he seldom realizes that this same law exists in himself. Although he is unaware of the ways and means of this predetermined knowing, yet it exists as the Universal Law of Life. Whatever the consciousness is aware of the Intelligence will fulfil. While God's ideas are perfect, man's ideas are more often imperfect. Yet this should not alarm us, for only through experience can we learn to operate this Law of Life, as we operate the Law of Electricity or the Law of Mathematics.

These discoveries are only natural and inevitable to those who understand the significance of the facts which the Master Jesus revealed to the world in his teachings, through his parables and works. Even those with medium intellect can comprehend his teachings when freed from dogma and fear. And as we become more acquainted with his great scientific mind so will we realize that he is still the world's greatest leader in modern thought. Modern science and modern thinking today reveal this truth all too plainly to the consternation of those who still stick to the antiquated and erroneous fiction of the unscientific in the belief of a Devil and a Hell as depicted in Dante's Inferno.\*

We play a part in the great scheme of evolution according to the nature and intention of the Infinite Creative Principle, through the instrument of mind in action—Divine thought operating through man as a means of bringing about the direct expression of the Infinite. As there can be no other mind but His and no power but His and no direction but His we are assured that the ultimate result must be perfection.

Man may for a time please himself but in the end he can only please God. Thus he finds through action and experience, for the Law relentlessly



brings upon him “what he sows so does he reap” and ultimately there is no other way but to please God, and we find the way through the Man of Galilee. For the Infinite did express Himself through one so that all could follow in his footsteps and this way is the way for all. For Jesus was an international figure, it is only ignorant man that has made sectional denominations out of his teachings by making claims that have no basis of truth in them.

The various beliefs create only confusion and separation and are therefore entirely false. The statement that the Kingdom of Heaven is within us, is proof that only within can we find this “pearl of great price” and not through any outside organisation or system.

So we learn by experience as we play our part consciously or unconsciously producing health or sickness, success or failure, according to the nature of our ideas. In fact ideas are the impelling force behind our conduct. They cause us to act in accordance with the idea that dominates the mind. Thus we out-picture our ideas in Life.

When we get lost in our ideal we express ourselves through our ideal and we become our ideal. Therefore it is necessary to discern our ideal, and the motive behind our ideal, then we are not caught up in the net of our ideal, but are free to watch our ideal take shape according to the Law of which we have become aware—“whatever the consciousness is aware of the Intelligence, the predetermined knowing, existing in the Universal Mind will bring it about.”

God Himself while differentiated still remains undifferentiated. Although God becomes the things He makes He still remains the Creator eternal and ever-present. To claim all that the Creator has in store for us we must practice what Jesus said in similar words to these, we must love the Lord our God with all our heart, with all our mind and with all our strength, and we must love our neighbour as ourselves. For surely our neighbour is ourselves in the light of the truth that God alone lives and there is only “One.” The Infinite to be Infinite there must be the only “One” and all must be the Infinite. Therefore we prove to ourselves the simple law of “Love your neighbour” is the true expression of God in us. No matter in what capacity we are engaged, this great law gives us the perfect Life because it is in accordance with the Divine expression, the only Reality.

In our experience we find that when ideas are created through ignorantly reacting to outside destructive conditions they tend to out-picture themselves in us. If our reaction is hate, we create this in ourselves. If our reaction is anger, so we create this in ourselves. If our reaction is jealousy, we create this in ourselves. Our freedom again lies in what Jesus says “Love your enemies, return good for evil. Bless them that curse you, do good to them that hate you and pray for them who despitefully use you and persecute you that you may be the children of your Father which is in heaven.” What clearer statement can you have of the Law than this. This is not a code of ethics but the law of Life Itself.

In this we see what is meant. “Instead of being moulded to this world, have your mind renewed and so transformed in nature, able to make out what the will of God is, what is good and acceptable to Him and perfect.” The belief in “an eye for an eye and a tooth for a tooth” is as out of date as the belief that the earth is flat. We see then how important it is for us to watch carefully and discern what are our thoughts and reactions. Are they moulded to the outside world or are they moulded to that which is true?

When we realize that the inner self is identified with the great Infinite Self which is behind all creation and see this externalized in ourselves we recognise an unlimited inexhaustible power guided by Love and Wisdom and as we dwell upon this instead of the outer we are able to change the outer in accordance with what is true. Thus we gain for ourselves health, success and happiness, as a natural sequence. “For no eyes have yet seen or ears heard of all the good things that God has prepared for those who Love Him.”

As our thought world changes so must all outward conditions change accordingly. Let us see clearly that the external world is an exact replica of the inside world, and there is no power on earth that can alter this law. It is the Supreme Law that exists throughout the whole Universe from the highest to the lowest.

Our subjective self is the Universal Self, the only difference being in degree. They differ only as a drop of water differs from the ocean. When the drop is in the ocean it is the ocean, they are the same in kind and quality. While the Universal Self produces the individual self in the natural form out

of the Universal Substance, so does the individual self produce his or her own condition and circumstances out of the same substance.

Perhaps you have not yet realized the full significance of this Law. Yet day by day you practice and experience this law. Only when the great revealing power of this law becomes a reality to us do we wake out of our dream state, and truly live. It is the recognition of this tremendous fact that places us in touch with the omnipotent and omniscient qualities of the Universal Self in ourselves. With this understanding we can create ideas in the “mind” in which no limit can be placed upon its activities.

When we understand prayer in the true sense we will see that the results are the exact operation of the law, and that there is nothing religious or mysterious about it.

True prayer is the creating of an idea in the inner world with the understanding that it will be produced in the outer. But before your prayer is answered the method must be known and understood. We must close our mind to the outer so that nothing from the outside can interfere with the creation of the idea, as we hold our relationship to the creative principle. Jesus said in other words, go into your closet and close the door to the senses that react to the outside world.

When we deliberately begin to realize and recognise the tremendous power we have within ourselves, we will know that we are “made in the image and likeness of God.”

The Spirit or real power is the power of manifestation, for God is Spirit and has bestowed upon us all His attributes so that we might have an abundance of health, happiness, wisdom and love. And all things that we ask we shall receive provided we do not ask amiss.

“Now we have received the Spirit—not the spirit of the world but the Spirit that comes from God, that we may understand what God bestows upon us.” 1 Cor. 2: 12. (Moffatt)

SO MOTE IT BE

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\* Danté Alighieri (1265-1321). Italian poet. Author of “*Vita Nuova*” and “*The Divine Comedy*,” a philosophical poem comprising the ‘Inferno’, ‘Purgatory’, and ‘Paradise’.

Lecture 11 (22nd June 1948)

**“WHATSOEVER A MAN THINKETH IN HIS HEART SO IS  
HE”**

The great significant fact I wish to bring to your notice is that whatever we identify ourselves with determines what we shall be, in other words perhaps more familiar to you “whatsoever a man thinketh in his heart so is he.” This is the answer I gave to a question put to me the other day by a student and patient. His rapid recovery from a so-called incurable trouble baffled him.

Now there is no such thing as an incurable trouble, this is just a state of mind and if we examine this closely we will see how true it is. There is no such thing as a miracle. To the masses and the untutored yes, there are miracles, but a miracle only exists to the mind that does not know. To the master there is no miracle, it is the application of a natural law. For nothing can happen except through law.

To identify ourselves completely with the source of our being has always been the secret power of those who have been acclaimed by the multitude as miracle workers. Yet these so-called miracles have been the result of the operation of a definite law that is infallible when properly used.

The difficulty lies in the fact that few have sufficient confidence in the Creative Power within themselves to apply the Law accurately enough.

To acquire this state we must enter into the discipline necessary to think logically and correctly, eliminating from the mind all that is false. Although it is evident that wrong thinking has brought about much ill health, failures and unhappiness, most people will not take time to know this great truth and therefore continue to create for themselves the very things they do not want, they will not see that “conscious thought” and often unconscious thought is the only cause behind all outer manifestation.

When we look around, seeing intelligent people misusing this power almost every minute of their lives, is it any wonder that the whole world is suffering? Some say that the world is suffering from the pangs of rebirth. But if this rebirth is going to be founded upon the ignorance of this dominant law we will be having continual rebirth until the Law is understood.

In schools, the child's mind is filled with so much rubbish, the child is forced to accept things that have no foundation of truth, in fact they are fundamentally untrue. A child generally can think before he goes to school, but after a time at school he has lost the art of thinking. How many questions has your child asked you that you could not answer, or would not answer?

The science of living is the greatest science on earth, yet few intelligent people take a deep enough interest in it. They prefer to let things drift along not realizing that they themselves are caught up in the net of their ignorance and suffer with the masses. None can escape because there is no separation anywhere.

People must be trained to think for themselves and this is the only way to freedom for all.

Are we not continually fed on propaganda, cramped by orthodoxy and tradition? Life is one rush and tear to accomplish what? So mankind suffers spiritually, mentally and physically.

Our thoughts must be clear-cut, built up from scientific understanding and not hearsay and make-belief. Surely we have sufficient sense to realize that we cannot continue to build upon a false foundation, neither can we see melt away with twenty minutes right thinking, that which has been built up through centuries of wrong thinking. But we can begin now to build up harmonious conditions in our lives by the mental attitude we hold, freed from all ignorance and superstition and hearsay.

The true facts that have been scientifically demonstrated are that the Universal Mind is an electronic substance that fills all space and this substance is the basis of all form. Our thought originates in the consciousness within, and is externalized in form. Our original form is created by the Infinite, His Consciousness existing in that form as the only Reality, and this becomes our only Reality. When this is realized we know

that we also create with the same consciousness, and also act upon this same electronic substance to express what we think.

The general mental attitude is fear, anxiety, ill-health, limitation. If we will let go of this mental attitude and identify ourselves with our Divine Nature we will see that we also can operate upon the Law. "Seek ye first the Kingdom of God and all things will be added unto you." I hope that this is no longer a platitude but a living truth that we can realize now.

In my last lecture, I showed you that to deny a condition does not help very much, but to understand it would help, and better still, to understand yourself would free you from all conditions. "Trust your affairs to the Eternal and your plans will prosper." Prov. 16: 3. (Moffatt)

The prophets understood the Law and this same law exists now. We must look beyond our intellect to a Higher Intelligence with this understanding, that this Intelligence will act for us, protect us from suggestions of fear, worry, apprehension.

The fact that we must play our part consciously in cooperation with this Intelligence necessitates the understanding of the Law, if we are to be successful in operating upon the law. We must know that the Universal Mind will fulfil our ideas, and go forward with this understanding.

Science has pushed forward into the unknown realms and reveals that the material and spiritual are one. Where the borderline is, they cannot say. But I am urged to say that there is no borderline at all. Clear sight has revealed truths unknown to man, and now science is beginning to prove these truths. What is beyond physics is not unreal, even if it is not yet fully grasped. Centuries ago it was thought impossible for us to speak across the oceans and continents through the air. In time to come we will be able to speak as easily with those who live in the world we call "Etheria", the invisible, as we are able to speak through the ether to those thousands of miles distant.

With a vision within us of the potentialities of our new knowledge we are able to move forward into a new world proving that we are really the sons and daughters of God, possessing the attributes of our Father-Mother-God "Know that ye have the thing even before ye ask."

To acquire the power to operate the law we must refuse to identify ourselves with family, tradition, state or church. “For one is your Father who is in heaven.”

Those who have been caught up in the net of race thought, nationalism, creeds, politics, diseases, ignorance and death have permitted belief to rule them. They have consequently become impotent, they have lost their Divine Powers over the things of this world.

The great mass struggle that we see going on everywhere is the result of the inner struggle of the individuals. In the midst of amazing scientific achievements we find ourselves in a world torn by craving for the things of this world, a world sick and disabled and depressed. Anyone can see the ravaging effects are worldwide revealing a deep underlying error in our whole civilization. Yet we know that this will eat itself out in the end.

True statesmanship requires clear thinking from cause to effect, this cannot be done by politicians who make vain attempts to solve problems without understanding the fundamental laws governing human life. Unaware of the power of properly directed thought, while holding on to old fixed mental habits, the masses become the victims of their own ignorance.

Our habits of thought must be studied, understood and corrected. Not until our thoughts become truly intelligent can we have results that will satisfy the human heart.

We are still unconsciously and ignorantly pinning our faith to the power of things seen, the power in things already created, while we remain blind to the fact that these things are but the effect of thoughts and ideas in the mind of man.

These things are not the source from which we should draw to live, to think, to reason, being effects and not causes, they have no power except the power we give them.

On account of our lack of understanding of First Cause we find ourselves in a chaotic condition, we have become victims of our own creation. Yet through this state of things we will be led through discernment into the true law of Life which is the only foundation for the assurance of health, happiness and prosperity, and a continued civilized civilization. You



cannot say that we are truly civilized in the face of what is happening in the world today.

We must refuse to become a slave to any party, group, nation, society, family or anything external to ourselves. We must be about our “Father’s business”, with our vision transferred to the Higher Intelligence and hold it there long enough to affect the minds of others. We will then be true instruments in the hands of an Intelligence that is all-intelligent, and He makes His wishes known to us through our understanding that we are made in His image and likeness. Where “two or three are gathered together” and consciously transcend the mortal sense, they can bring about things beyond the understanding of the mortal sense.

Today as always we are moving, living and having our being in this Higher Intelligence—God, whose scheme of creation is being expressed through our consciousness in order to reproduce it in the material world. If we will co-operate with this Intelligence we can bring about conditions in our world that we hope to have.

If we follow a system that makes us fear, our inspiration to work begins to wither and die. But when we know that there is something that is beyond our imagination—A Reality—that knows all things and is prepared to act with us for the purpose of expressing that which is in heaven or that which is in the Higher Consciousness, then our inspiration to work is forever renewed by the fact that His will **will** be done on earth as it is in Heaven.

We cannot succeed if we leave the Higher Intelligence out of our activities. If our civilization with its railroads, steamships, airships, great cities and modern inventions is to evade the fate of ancient Rome and Greece and other bygone civilizations we must at once recognise the importance of the Spiritual as the source of material things, and that correct thinking in accordance with the Higher Intelligence will bring fruitful results. “For he maketh the sun to rise on the evil and on the good and sendeth the rain to the just and the unjust.” “If you only love those who love you what credit is that to you.”

These are the words of the Master himself whose ideas were the essence of logic. He showed the meaning and purpose of man’s inner struggle as the way leading him to the source of all Life in order that he might consciously

co-operate with this all-originating Life-Intelligence in creating for himself **that which was his own.**

“Son thou art ever with me, and all that I have is thine.” Luke 15: 31.

We must help our leaders with all the power we possess to carry our civilization on to a more magnificent proof of the eternal creative power of God revealed in us. This Power was revealed to us by the Master who discovered the power within himself and who gave us a method to direct and control the forces manifesting in all nature. By drawing upon the power, we as individuals, can draw upon the unlimited resources of the Universe to build and maintain a greater civilization.

Immediately a body of individuals become imbued with the Creative Power in action, there is nothing that can stop them. For we know that the source of all power lies within ourselves and that there is no separation. We can influence the mental state permeating the individual mind to bring about the desired result.

“I saw in the night visions, and behold, one like the Son of Man came with the clouds of heaven .... and there was given him dominion and glory and a Kingdom ... which shall not be destroyed.” Let your inner ear listen to these words.

SO MOTE IT BE

Lecture 1 (10th August 1948)

## **PRINCIPLE OF HEALING**

In this lecture I will deal with healing as it concerns so many of you in trying to understand the modus operandi. I am not saying that you can reach a stage of perfection in the manifesting of the healing power overnight. This requires a lot of diligent thought and observation as well as practice, nevertheless what I am going to say will be of great benefit to you all, spiritually, mentally and physically for this is our aim, to make you free to function in all planes perfectly.

Firstly, before any real results can be accomplished between healer and patient the two minds which appear as a barrier must be removed. This is the most practical and valuable application of the principle of healing. This is acquired by the complete understanding that pure Spirit is present in its entirety at any point simultaneously.

As soon as the healer realizes this, the barrier between the personalities is removed and then he can speak to the sub-conscious mind or inner mind of the patient as if it were his own. He does not have to think of his patient as separate but feels that in himself he is claiming that which is true. Being pure Spirit the thought of their identity makes them identical, and both are concentrated into a single entity at a single point upon which the conscious mind of the healer can be brought to bear.

The principle being that whatever the consciousness is aware of, there is in the inner a reproduction which must eventually manifest, this is a Universal Law, that can be demonstrated by anyone who tries faithfully to follow instructions. If we concentrate upon the diseased condition of the patient we are thinking of him as a separate personality and are not fixing our minds upon that conception of him as pure Spirit which enables us to enter into the very heart of his being.

It is most necessary that we must practice until we can withdraw our thought from the symptoms, even from his individual personality altogether and must see him as pure Spirit individualized and as such must necessarily be free from all conditions and consequently externalising the vitality and intelligence of pure Spirit. By thinking of him or her as such we make strong mental affirmations conscious of this fact. If the consciousness has not realized this state there is a mixture of thought that displays the doubtful attitude seen with most healers. Sometimes those who may appear to be confident on the surface feel this doubt internally. This state must be dispersed by the continual realization of the truth of your own "being." We have proved to ourselves that we are eternal in nature being Infinite for we cannot be otherwise and if we are eternal then that which is eternal must be perfect.

There is a strong telepathic connection between healer and patient and the healer and patient become aware of this truth, so that the patient's inner consciousness becomes imbued with its own Life-giving power according to the Law, that what the subjective mentality accepts so does it produce it into external manifestation. When this law is thoroughly understood then no time need be wasted in denials which often confuse the issue,

Now the great idea is to strengthen the individuality of the patient and not to dominate it. We must free our own minds before we can free the patient's mind.

Sometimes the trouble may be deep-rooted so much so that the patient cannot co-operate, this is often seen with those who have been under medical treatment for some time, where all sorts of treatments have been applied without result. A mind so affected must be taught to see the Truth gradually and this requires patience. Strong belief of incurable diseases is often the cause of failures. But we know that no matter what happens the truth helps in many ways. Once fear is eliminated it is easier to get deeper into the mind of the patient and place there the truth of being.

Any antagonism that may appear in the patient should be removed first. There is nothing so effective in doing this as absent treatment. If you have grasped all that has been said about Spirit and matter you will see that time and space do not exist and you operate upon a plane where these conditions do not exist, and it is quite immaterial whether the patient is present or in a

distant country. Under these conditions I have found that the most effective treatment can be done during sleep. In the first place the patient's whole system is in a relaxed state and prevents him offering any conscious resistance to the treatment, and furthermore the healer who has practised this method can more effectively treat during his own sleep after a certain amount of practice in going over details before sleeping, impressing the subjective mind. Actual contact can be made between healer and patient. This method I have carried out with amazing results, even while the patient treated knows nothing at all about it, the only thing that amazes them is that they get well so quickly or so miraculously. This method I have tried with young children with great success.

There are many healers who have been chosen by the Spiritual Forces for this work because of their peculiar make-up suitable for such work. These are the most successful. There are others who choose this work for themselves and although they do good and useful work they find at times a lack of energy and often work under great difficulties. Nevertheless the student who can grasp the fundamental laws of Spirit can do excellent work for himself and others.

In many cases I never see a patient personally although the advantage would be helpful, to give him or her oral instruction which is often of great benefit and the visible presence gives the suggestion that something is being done.

What we have to realize is this that the inner mind or subconscious does not have to work through the intellect or conscious mind to produce creative effects. It is part of the all-pervading creative force of nature called Intelligence and knows how, while the intellect is not creative and does not know how, it is the distributive factor in the human personality.

The practice of this type of absent healing leads to the transcendent power of clairvoyance operating by virtue of the law inherent in us, what the consciousness is aware of the Intelligence will fulfil. Therefore we must guard against allowing our imagination to run contrary to the direction we desire. We must aim at consciously concentrating our minds instead of letting our thoughts cause us to hurry hither and thither in a purposeless manner. When the imagination is directed upon a particular object, this creates the Spiritual nucleus which in its turn acts as a centre round which

the forces of attraction begin to work, directed by a knowing how or predetermined knowing of the Infinite and continues to operate until by the law of growth, the concrete result becomes visible to our external senses.

If we can grasp the true meaning of “repose” as a means of gathering strength this repose does not mean a state of purposelessness.

The inner mind or subjective mind never rests, it is universal in nature. It is the objective mind in its connection with the physical that needs rest, and there is no doubt that to get rest the general practice is to try and stop conscious thought altogether, but this often fails. The method to use is to quietly dwell upon what we are in reality, not that we need bother ourselves with philosophy or metaphysics in arriving at any conclusion, but if we will dwell upon our relation to the Universal Livingness of Life and thus gain a quiet centralization which though maintained through a conscious act of volition is the very essence of rest.

From this standpoint we see that all is Life and all is good, for that which is visible to that which is in the depths of the invisible are entirely devoted to our individual use, we have the key to all her treasures and we can now apply our knowledge of our law of “being” without entering into all the details, and when we do follow this path we find that all the details lead us to a consciousness of our oneness with the whole.

This is the great secret and when we have once fathomed it we can enjoy our possession of the whole or any part of it and can increasingly make it our own, realizing that we can draw from its vital energy which will make the very sensation of our living a joy. We will then radiate from us a sphere of vibration that will deflect all injurious suggestion on whatever plane.

If we would have Life enter into us we must enter into Life, enter into the Spirit of it just as we enter into the spirit of a game.

There can be no action at a centre alone, there must be a perpetual flowing out towards the circumference and back again to maintain a vital activity. We must realize this vital pulsating Life so that the outflowing consists in the mental habit of seeing good in others, we will thus develop avenues for the expression of this pulsating Life so that we can build up our own vitality and each day we will find ourselves more thoroughly alive than ever before. In our action and response alike we find that our strength lies in

our recognition of the unity of the Spirit and of ourselves as individual concentrations of it.

“The eye is the lamp of the body so if your eye is generous the whole of your body will be illumined. But if your eye is selfish the whole of your body will be darkened, then what a darkness it is!”

“Seek God’s realm and His goodness and all will be yours over and above.”

Matt. 6: 22, 23 and 33. (Moffatt)

SO MOTE IT BE

## Lecture 2 (17th August 1948)

### **WE HEAL OURSELVES THROUGH THE TRUTH**

In this lecture of the series I will deal also with healing as it affects most of you. To apply the Healing Power effectively we must realise the fountain from which it pours forth. With this knowledge, confidence and faith will be built up. Knowledge is the key to most things for it fortifies the faith. Blind faith is often so weakened through lack of understanding that it becomes useless and doubt takes its place. We must remember that every thought, every reaction, every movement causes a change in the body through chemical action. Unless we can discern our thinking and our emotional reactions we are bound to suffer. The main thing in healing is to know the Truth. Let us summarise what we mean about the Truth.

1. We must know that the Divine Spirit in man is inexhaustible and infallible. It is Perfect Intelligence, knows all and is able to restore even organs that have passed all artificial or material aid.
2. The Divine Spirit is perfect in its expression and is expressing itself continuously. It does not have to be urged it only needs our understanding and co-operation. The more we are aware of this the more powerful will it show itself in our minds and bodies.
3. Suggestion has a tremendous effect upon our minds and bodies. The most wonderful and powerful forces are set in operation through this agency and also the same agency can do untold harm. The majority of people are malpractising on themselves and others. What I mean by malpractising is when they see someone suffering badly, they think of the disease as a permanent reality and have already condemned themselves and others to a life of misery or to



even death. Thoughts are things and are absorbed by the sufferer. The tongue of the wise is health. When you see illness in others or if you are affected yourself you must at once see your Divine Nature and the same Divine Nature in others—by this means you not only help others but also heal yourself.

We heal ourselves through the Truth as we heal those who come to us. The Life Principle is the only reality and the disease has no power of its own. We must realise and recognise our oneness with the Infinite. There is no flaw in the Infinite, which is the foundation of our own existence. When we recognise this we will not malpractice on ourselves or others. To see the Divine Forces in action is to a great extent the fundamental principle underlying all healing no matter what method is used.

It has been proved thousands, yes, millions of times that disease that has resisted all other means to cure has responded to the Life Forces, directed by a faithful consciousness aware of the Truth of Being.

We must realise that the Life itself is the builder of the body and this Life Intelligence is within. There is but one Mind in which we all live and move and have our being. Each one of us is a cell in the Divine Mind imbued with the Divine Consciousness, which is the director of all things, and is also the source of our own thinking. So each one of us is manifesting the Divine Intelligence under the direction of the one Divine Consciousness which makes us all individuals having the power of free will to think, so we are to a great extent responsible for our own conditions.

The physical body is made up of cells controlled by an Intelligence which controls and organises them into organs all united in one whole, even the cells which float on the bloodstream belonging to the economy of a particular organ finds its way back to that organ through the Intelligence within itself. All these cells are under the control of the Divine cell which has within itself the complete blue print of the organism and through the nervous system messages are carried to all points of the body. That is why each thought or action affects the body through chemicalization.

Conditions dissolve away when harmony is established in the mind. So the Life in you is individualised in the cell of your body just as the Life of God is individualised in each and every one of us, the same Life

Intelligence moving through all. So this Intelligence responds to our awareness of it. In fact we are the externalisation of the one Consciousness of God. Do you not see now that the body is the Temple of the Living God, not a dead God as some appear to think—It was this mighty Truth of the Eternal Living God that the Master knew and demonstrated. He never malpractised anyone. He said “Stretch forth thine hand.” “Take up your bed and walk.” “Thy faith hath made thee whole.”

Now let us contrast this with the way we mostly think and act in our daily life. Our various mental states and our emotions produce in time their effect upon the physical body. It is common knowledge today that the mind affects the body. I have seen people faint when serious news reaches them. In fact, I know many cases where serious illnesses have occurred in this way. I meet this every day in my work in healing the sick. For most cases the doctor prescribes medicine which has little or no effect yet how easily these people are healed by relieving their minds through the Truth of their Divine Nature.

The reason is because the chemical action set up through fear disappears when harmony is established through Divine healing and Divine understanding. Fear and worry have the effect of closing up the channels of the body so that the Life Forces flow in a slow and sluggish manner. Hope and understanding open up the channels of the body so that the Life Forces go bounding through and disease is cleared away.

Dis—ease, is ease upset. When ease is established the “dis” disappears because it has no power of its own. It has no substantial force to support it. People who have no forgiveness in their heart eventually create disease in themselves. I have known people who suffered from unknown diseases being speedily cured by loving all who had done them an injury, for the path of Love through the soul is a herald of good health and happiness.

It has been known that a mother suckling her child while in an angry mood has poisoned the babe which was immediately convulsed. Anger and fear change the chemical properties of the digestive juices eventually ruining the digestive process. Severe fright, anger or shock may produce jaundice or diabetes. I saw a person after a violent outburst of anger who developed palsy. He was cured of his complaint when he realized the Truth.

Various negative mental states, emotions and passions have their effect upon the mind and body and they produce their own peculiar form of disease which, if continued may become chronic. To counteract these conditions we must encourage the emotions and thoughts that have the opposite effect. Kindness, Love, Goodwill, Faith and Hope, Cheerfulness create a harmonious chemicalization of the body, excites the healthy flow of all the secretion and opens the channels so that the Life Forces surge through the organism.

A method that I have advocated with unbounded success to many people with so-called incurable troubles is to lie down in the open air and breathe repeating the words “Divine Life fills me”—saying it so often that it becomes an actual fact to themselves. What we say with conviction is outpictured in action. The reason is that the physical body is a mechanism specially adapted for the transmission of the inner or mental action into modes of external activity. The whole body is traversed by a network of nerves which serve as channels of communication between the indwelling Spiritual ego and the function of the external organism.

The nervous system is dual in nature, one system is known as the sympathetic and is the channel for all these activities which are not consciously directed by our volition or will. We will call them the involuntary process of the body, such as digestive processes, blood circulation, repair of body and the excretory system of the body where we get rid of all waste matter etc., etc. The Cerebro Spinal system is that system under the control of our volition. We receive impressions through our senses and exercise control over the movements of the body. This centre is in the brain while the sympathetic has its centre in a ganglionic mass at the back of the stomach known as the solar plexus or abdominal brain. The Cerebro Spinal is the organ of the conscious mind and the sympathetic is the organ of the subconscious mind.

The Conscious and Subconscious require an interaction so that the orders are carried out. A corresponding system between the two nerve centres is necessary and one of the most conspicuous connections by which this is provided is the vagus nerve. This nerve passes out of the cerebral region as a portion of the voluntary system and through it we control the vocal organs, then it passes onward to the thorax sending out branches to

the heart and lungs and finally passing through the diaphragm. It loses the outer coating which distinguishes the nerves of the voluntary system and becomes identified with those of the sympathetic system so forming a link between the two making man physically a single entity.

The frontal portion of the brain controls the voluntary action, the back portion of the brain controls the involuntary action. The intuitional faculty has its correspondence in an area between the two and it is here that intuitive ideas find entrance. The brain is but an outer formation of an inner structure which supports it while the mind controls both.

The Intuitive Ideas are at first more or less unformed and generalized in character. As they are perceived by the conscious mind the effect of Nature is to bring these ideas into a more definite usable shape, so the conscious mind lays hold of them and induces a corresponding vibratory current in the voluntary nervous system and this in turn induces a similar current in the involuntary nervous system, thus handing the idea over to the Subjective Mind. Therefore every mental action implies a molecular action on the brain and in the two-fold nervous system which controls every cell in the body, thus we see cause and effect in operation.

Therefore the Truth is that there is always a tendency for actions which were first voluntary to become automatic, that is to pass from the conscious region into the subconscious region and to acquire a permanent domicile there continually exerting its influence upon the whole structure of the body.

Now that we are convinced that we can reach our subjective mind we must tell it the Truth, that there is only one living being in existence and that Being is God—Divine Life, and “This Divine Life fills me.” The fact that we are alive is proof that Divine Life builds the body for its own self-expression for the body does not exist by itself and all the complicated operation is the work of the Divine Intelligence so that it can fulfil its mission which is complete expression.

The only thing that prevents this is because of our lack of understanding. We do not co-operate but through our understanding that we are the individualised entity of the Divine Nature, then we do co-operate and results are obtainable. The Divine design is always within and is out-pictured through the subjective mind. All tension must be taken off the

mind and body by means of mental and physical relaxation. When this is done all strain is taken off the vital centres and Nature begins to work harmoniously. Remember the imagination is the subjective will and this is brought into operation through ideas that dominate the mind. It is the deepest thought that counts.

Do not become anxious about your condition nor try too hard to get well. Remember as a man thinketh so is he. It is not what you want you get but what you think deeply. Get your imagination filled with the idea that Divine Life fills you and it will. This is the way to apply the healing power most effectively. The soul is the ethereal vehicle of the deathless, immortal, productive Spirit. The Spirit is the immortal part of the human constitution it never tastes death or sickness. Associate yourself with it for it is your real self, it holds the only consciousness you can ever have and goes from glory to glory in an eternal progression until it reaches Home. "From Perfection I have come, to Perfection I shall return."

Psalm 23. (Moffatt Translation)

The Eternal shepherds me, I lack for nothing;  
He makes me lie in meadows green,  
He leads me to refreshing streams  
He revives life in me

He guides me by true paths as He Himself is True.  
My road may run through a glen of gloom,  
But I fear no harm, for thou art beside me;  
Thy club, thy staff—they give me courage.

Thou art my host, spreading a feast for me,  
While my foes have to look on!  
Thou hast poured oil upon my head,  
My cup is brimming over;  
Yes, and all through my life  
Goodness and kindness wait on me,  
The Eternal's guest within his household evermore.

SO MOTE IT BE

## Lecture 3 (24th August 1948)

### **LIFE EVERLASTING**

“Truly I tell you he who listens to my word and believes Him who sent me has eternal life: he has already passed from death across to Life.” “For the Father hath life in himself so He too granted the Son to have life in himself.”

Tonight I wish to speak to you upon this all-inspiring truth—God is Life and Life is God, there is no other Living Being. It is God who lives in us and He makes us alive, not only here upon earth but grants us eternal life in Himself.

Man believed that death was the end but that barrier was created by man himself through his ignorance of the Truth of Life.

Now the Master says “I tell you truly he who listens to my word and believes Him who sent me has eternal Life.” How significant these words are to us. The cloud of ignorance was broken by Jesus returning to show himself. He showed that there was no death—death was but man’s ignorance of the truth of eternal Life.

Ignorance dies hard and still millions of people have not yet grasped the great truth that Life can never die or fade away, Life is continually unfolding into greater expressions of itself and creates the forms for this purpose, and the greatest of these forms upon earth is the human body.

By now we have all grasped the fact that material substance is a modified form of an invisible substance that underlies and supports and interpenetrates it.

Life has individualized itself in the human form. The individual Spirit is eternal and this is what Jesus came to prove and did prove, and since then it has been proven millions of times by the passing of every human being from the earth plane.

Jesus took upon himself the burden of our greatest sin—our unbelief. Yet there is some excuse for man's unbelief because he had been born into a world ignorant of the truth of the eternal Life. So man would not believe what he could not see. But what he did see was the effect of an inner cause. Yet man had not grown sufficiently to understand this so he lost himself in his ignorance which was his greatest sin and which brought him his greatest misery.

Jesus told us the great truth "For as the Father hath Life in Himself so too He granted the Son to have Life in himself."

Here we see that the Son is the child of God. Now a child of the Living God can never die for we are that Life coming from its source, that eternal Source. So this Life becomes the Spirit, the Spirit that is consciousness and grows out of the body, glorious and immortal.

The Spirit is birthless and deathless and I am that Spirit, we are all that Spirit for we can be nothing else. If we were not then God could not be Infinite.

"The Eternal formed me first of His creation, first of all His works. I was fashioned in the earliest ages from the very first, when earth began. I was born when there were no abysses, when there were no fountains full of water; ere He sunk the bases of the mountains, ere the hills existed I was born, when earth and fields were not created, nor the very first clods of the world. When He set the heavens up I was there, when He drew the Vault o'er the abyss, when He made the clouds firm overhead, when He fixed the fountains of the deep, when He set the boundaries of the sea, when he laid the foundations for the earth; I, was with Him then, His foster-child, I was His delight day after day, playing in His presence constantly, playing here and there over His world finding my delight in humankind." Proverbs 8: 22-31\*

"I am the Eternal One, birthless, deathless and you are one with me." God is the one Consciousness permeating the whole of humanity. Our consciousness goes beyond all creation into the realms of immortality. When we become aware of this Divine truth we see beyond this world and behind all its effects.

Translation The Bible is a statement of Universal Law of that which is in the realm of the invisible as well as that which is in the realm of the



visible. It deals with facts of the Spiritual nature as well as facts of the physical nature.

It shows how the Spirit is involved, and this involution precedes evolution—the perpetual urge onward of the Spirit through the forms it creates for this purpose. Therefore God has involved Himself through all His creation including man. The beginning is not separated from the end, the beginning is God, the end is God, for there is only one Spirit involved, and evolving out of the forms it created for its own self-expression.

The great truth that we must become aware of is that God Infinite, the Eternal One, timeless, birthless, deathless, limitless, ageless, the one and only Cause has individualized Himself and we are that individualization. The one Spirit passing into greater expression of Itself. Therefore we realize that it is the Infinite Life is expressing Itself now, and this now is the Eternal Now, not separate but individualizing Itself by Itself and through Itself. The form in which the expression takes place dissolves into the substance from which it came while the essence, the Spirit, remains for further expression in a higher level.

God formed man in His own image and likeness. In this passage in Genesis it is not the form or body that is spoken of but the Spirit, the First Creative Cause, that is behind all Creation, the animating Life that is within the outer or material form, this is the only conscious reality, the thinking entity with power to create.

The fact is that we are the individualization of the Father-Mother-God and Jesus again makes this plain to the woman at the well. “God is Spirit” and again makes it plain by saying “The Kingdom of Heaven is within you” meaning that the Kingdom of innermost or Spiritual is within; the earthly body is the outer. Therefore we see that the “Spirit” the innermost—which is the real self “God” who preceded the stupendous work of creation and will remain after the visible Creation dissolves away which includes the physical body.

Life alone lives, and this is the all important truth for the conception of ourselves as being separate from the Divine Life is the root of all our misery, our unbelief.

Jesus again makes it plain when he says “He who believes in my words and in Him who sent me has already passed from death to Life, meaning

that Death is but the illusion of the mortal sense and Life is the truth of the everlasting.

There is the Universal Psychic medium which makes up the soul and which is the nucleus of the form to become consolidated on the plane of the concrete or material. This psychic substance obeys the movements of Divine thought. This Soul substance is the realm of potential forms to be and is the connecting link between Spirit and matter; and is the vehicle through which the individualized Spirit expresses itself. This Cosmic element is referred to in the Bible as water. It is the distributive medium in which the individualized Life produces the human form in the outer or visible plane.

Emerson\* says “The body the soul doth make.”

Therefore Life creates the form for its own self-expression, Life alone lives, thus proving our oneness with Life. When the individualised Life withdraws from the outer it still manifests in the inner or soul substance while the outer or physical form dissolves into the substance from which it came. Therefore as we think and act in the soul, we take with us our memories and experiences gained upon earth.

Again I will repeat some words of the Master to make this more plain to you: “God is Spirit” “I and the Father are one” “He who has seen me has seen the Father” “It is the Spirit within that doeth the work.” “The Kingdom of Heaven is within you.” “I am the Life.” All this goes to prove that the consciousness that is life in us and **is us**, is ever unfolding into more glorious expression of Itself. Consciousness expanding as it recedes into the inner, into the “greater world”.

“The Earth was without form and void.” In this state cause alone existed, then cause operated and the effects began to take form. The same operation pertains to mankind and man will always have a form coinciding with the plane of substance in which he is manifesting, and as his senses are attuned to this substance and plane of manifestation so will his reactions be. Yet that which receives these impressions is eternal and ever-expanding into that which it really is, “Infinite Spirit” therefore the beginning and the end are one. The inner substance is called mind stuff out of which the soul and other forms are created, the one is but a complement of the other—Spirit, soul and body.

The Master, when instructing Nicodemus, pointed out that the new birth results from the interaction of Spirit and water symbolizing the psychic or soul substance—especially emphasising the fact that the flesh had no share in the operation. The flesh the outer had no say. The Master stressed the weakness of the flesh, the nothingness of it, and the essentialness of water, the Soul Substance, the inner world. Here are the Master's words "what is born of the flesh is flesh and what is born of the Spirit is Spirit. Do not wonder at my telling you you must all be born from above. The wind blows where it will, you can hear the sound but you never know where it cometh or where it goeth, it is the same with everyone who is born of the Spirit." "Recognise no one as your Father upon earth for one is your Father which is in Heaven." "Our Father who art in Heaven." Again showing how the recognition of the Spirit becomes the only reality, this was always uppermost in the Master's mind for he knew this to be a fact. Born of the Spirit means eternal Life, and we are all born of the Spirit. But few can grasp this mighty truth because of blind orthodoxy has not yet fully realised the truth of the Master's words—that man is immortal.

The inner light symbolises the Spirit and this was the "light of man" "I am the Light of the world". This light of man can never be extinguished. It is the expression of Infinite Love, Wisdom and Power and comes forth in greater glory as it recedes into the inner, from where it first came. When mankind realizes this the whole world will change for the world will know there is no death in the Eternal Life.

The Source of our Being is God, and once we become aware we know that our Father is the eternal Infinite God. Thus the consciousness of man becomes aware that it is the Consciousness of God, "the Christ that has risen."

The man Adam is the earth man, the body of flesh, that has no power. It does not limit the Spirit of man except when man believeth he is but flesh, and this is the illusion of the mortal senses.

Until we pierce behind the veil of outward appearances and see the living Christ, the Divine Creative Spirit, as our real selves we will always suffer sorrow in our ignorance. But when the great truth is realized then there is great joy, and our selfish sorrow is no more.

I can remember well when one I loved dearly was about to pass, she asked me to repeat the hymn “Lead, Kindly Light, amid the encircling gloom, Lead thou me on. I do not wish to see, one step enough for me, lead thou me on.” As I was repeating it a serene lovely smile covered her face, the agony of pain had gone and I knew she had left her earthly tenement for a lovelier abode, and since then I have seen her and spoken to her many times, her words are always these “It is glorious here, glorious!”

“Thou art the ocean I am the wave.  
Thou art the fire I am the flame  
Thou art the Father I am the child.

Thou art the Beloved I am the Lover  
Thou art the Lover I am the beloved

Thou art the music I am the song  
Thou art the Spirit and I am one with Thee  
Now I know I will always be.

M.B.”

SO MOTE IT BE

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\* Moffatt Translation

\* Ralph Waldo Emerson (1803-82). American Transcendentalist, philosophic writer and essayist.

Lecture 4 (31st August 1948)

## **THE CREATIVE PRINCIPLE**

The Creative Principle is behind all creation including mankind. When we mention the Creative Principle it may seem to many something afar off, something that is nebulous. But when we begin to think about the Creative Principle and ask ourselves the pertinent question: what are the possibilities of this Creative Power, our minds encompass the Universe and all the mighty power behind it and all the Intelligence that is operating through it. And when we dwell upon the impression it makes on our minds and then let our minds accept the great possibilities that the Creative Principle means to us we establish something in the consciousness that was not there before.

We have already seen that the Creative Principle must be inherent in us for the simple reason that there cannot be anything else that can possibly create. When our minds have grasped this great significant fact, let us use this Creative Power in our own lives not haphazardly but with true understanding for it is this that makes all things possible.

When we dwell upon this great truth we begin to develop ourselves, what we gaze upon comes forth.

When we dwell upon the unlimited possibilities of the Creative Principle, the Wisdom, the Power and Affection expressed by it, we begin to weave these into our minds.

Now let us look at what is the habitual state of our minds. We weave into our minds the impressions that come from outside, our reactions in fear, in envy, in jealousy and all the emotions and fears that arise in our daily life in regard to our economic and social existence. This is the pattern of our minds, is it not? And it is this pattern that holds us in subjection to the material world and makes us slaves to our mortal senses.

We all know by now that thought is creative, we create in the inner world of ours by the power of our thoughts and emotions, and the natural sequence of the Law must produce in the outer what we create in the inner. If then we weave into our minds the pattern of the possibilities of the Creative Principle this will produce for us according to the nature of our realization.

When we recognise the nature of our creative faculties, completely, with the vision of our real Spiritual state, with this understanding we can overcome the limitations of our mortal sense through the raising of our individual experiences, thus not only raising our own standards but the whole social structure of the world.

Most people are continually blaming their conditions upon someone else. We must learn that the abundant life is not gained through the results of man's physical efforts but by man's direction of thought and the power that creates all things. And we must learn how to use it effectively and efficiently.

By the rising tide of our conscious aspiration the level will be reached which will bring peace and prosperity to the whole world, as well as solving our own immediate problems.

Civilization has been built up more or less through the unconscious application of the Creative Laws. Is it not then reasonable to assume that the conscious application of the Law by each individual who is awakened to the latent creative power within, will lead to a higher order of living and the desired condition will be established in the individual life?

Jesus discovered that the ability to use the Creative Principle was to associate himself with the Creative Principle. When we read the biography of some of the great men and women of the world we come across the same quality, which enables us to identify ourselves with that Creative Principle that is behind all creation. People like Voltaire,<sup>1</sup> Disraeli,<sup>2</sup> Lincoln,<sup>3</sup> Edison<sup>4</sup> and others also found that in the power of thought lies hidden the source of Cause and Effect. By this means they lifted themselves above the common level of the masses and revealing in their own experiences to the world that the individual is capable of creating a life more abundant, they not only enriched their own lives but enriched all others as well.

Our Creative Power depends upon our realization of the power of the Spirit and we must clearly understand our relation to it. "All things were made by Him and without Him was not anything made that was made." Here we see the clear description of the fact that matter is mind materialized. The Master perceived this fundamental Truth and used it. We can also discover the methods by which our needs are supplied, by which wisdom is obtained, by which error is dissolved away and by which a healthy and successful life can be accomplished.

These possibilities are inherent within all individuals. Their use is determined by degree of understanding. In the beginning we do not see clearly how to put into operation the Creative Power but through practice and experience we gain a greater understanding of the Law. Want, limitation, failure and unhappiness are the evidence of the misuse of the Law of the Creative Principle. Yet the proper application of the Law is simple.

"Those that wait upon the Law shall inherit the earth." Ps. 37: 5  
"Commit thy works unto the Lord and thy thoughts shall be established."  
"Whosoever trusteth in the Lord, happy is he." Prov. 16: 20

Wonderful possibilities are opened up to us through the understanding of the Master. Jesus said, "It is not I that doeth the work but the Father who liveth in me He does the work." We must take the exact same position. This is complying with the Law of the all-originating Mind which brings about results, for it is impossible for us to think outside the all-originating Mind. For when we create the ideas the intelligence of the Mind will flow to fulfil what we consciously hold before It.

We see that there is no need to struggle, struggle always results from our reaction to conditions. We struggle to overcome the pattern they weave in our minds. Struggle is frustration for we only create more and more of the conditions we struggle against.

Our personal effort must turn into pure action, pure thought, thought that is not subject to lack of faith or full of fear "the double-minded creature need not think that he will get anything from the Lord."

Pure thought does not rise from reaction, pure thought is the result of the awareness of our oneness with the Creative Principle, knowing that this

Creative Principle is active in us. “The Lord is with you, while ye be with Him.” 2 Chronicle 15: 2

Pure thought is like pure love, it does not demand an object for its expression. It is always there and when an object presents itself it goes out towards it.

Love is Life and Life is creative even when it is not necessarily expressing Itself in form, but to understand this you must understand what form is and the source of its being and first go through the personal effort to arrive at pure action and pure thought, coming from the Creative Principle, the Life within and not from the conditions that are without.

We must not be caught up in opinions of what Life is we must approach it with the knowledge **that** It is, not **what** It is. In this way the individual consciousness becomes wider, so will the Presence—The Life—express Itself through the consciousness that knows that there is no beginning and no ending but that Life is complete in Itself, for this is the source of pure thought

Life—the Presence—“is creation.” You cannot define it with words such as happiness, unhappiness, success or failure, lack or plenty, health or ill-health. In Life the Presence—the Creative Principle—is creation, is movement and in it there is manifestation and non-manifestation. The Creative Principle—the Presence—the Life—remains complete irrespective of manifestation or differentiation. The finite is the expression of the Infinite, the Infinite is formless yet the Infinite is within and behind all form and is the Creator of all form. This same Principle is the Creative Power in us and the Power we create with in all planes of existence.

“Life is Consciousness” and when individualized becomes the consciousness of the individual making the individual self-conscious. When the individual has become aware of the Presence in himself as the all-Creative Principle he has bridged the gap between himself and the Omnipresence. This is the purpose of Life.

Everything that is manifestation conceals the Creative Principle in Itself and when this Creative Principle has become concentrated in the individual consciousness the nature has fulfilled itself. This is not a theory but a living reality, neither is it an opinion or the product of the imagination. The proof of your living is the reality of It. I am speaking from a knowledge of life’s



operation beyond the material plane (these words are from the Spirit who is speaking to me.)

The whole destiny of the Presence, the Life, is to create individual expressions of Itself in the Self-conscious entity who becomes aware of himself or herself as the Life. Life itself becomes self-conscious in the developed awakened concentrated individual.

There can be no separation between you and the Life Itself, between you and the Infinite Life. If you were separate then the Infinite could not be Infinite. There could be no such thing as Infinity nor could there be any Absolute Being.

With this understanding you will readily see that you must see in others what you want to establish in yourselves. Jesus said “Do not condemn lest ye be condemned” What right have we then to criticise anyone, anyhow. “Take the plank out of your own eye and you will see better how to take the splinter out of your brother’s eye.”

“And thou say in thine heart, My power and the might of mine hand hath gotten me this wealth.

“But thou shalt remember the Lord thy God: for it is he that giveth thee power to get wealth, that he may establish his covenant which he swore unto thy fathers, as it is this day.” Deut. 8: 17-18.

The next phase of the Law is that, if we desire the impersonal power we must become as humble as the impersonal power Itself, expressing Itself through its most humble creation. “Unless ye become as a little child ye shall not enter the Kingdom of Heaven.” It is the Love of God in mankind that brings about every good thing and attracts to one the best in Life. The flow of the Divine Life to us never ceases for one moment, and as we become aware of this flow It becomes greater in our lives. But if our thoughts are not in harmony with It, they cling to us and finally manifest in our bodies and circumstances as fear, doubt, disease, frustration, unhappiness.

The physician may not diagnose the case correctly so he gives it a fancy name which has been manufactured for various ills, so the individual dwells upon it and increases the trouble. What is needed is wisdom and an understanding of the Law.

We build our bodies by subconscious thought and take the substance from our surroundings to do so. Our subconscious thought constructs both our etheric and our physical bodies and these are what we have subconsciously imagined. Without mind there would be no body, there would be no individual mind in our present state of consciousness. They are both complementary to each other. Just as our bodies grow by absorbing physical and etheric nourishment so our minds absorb mental nourishment of the mind substance of the Universe and this can never cease. Our mind is a developing substance and draws its power from the Universal Mind and this development will never end. We shall ultimately cease to be conscious of time and space, only of eternity, a state of consciousness apart from time and space. Our minds in this state shall encompass the Universe and we will have conquered all things. We will acquire this knowledge by the conscious use of the Creative Law, and which will reveal to us a deeper significance than the mere intrinsic value of material possessions, they will represent to us the extent of our Spiritual knowledge and our ability to collaborate with the Creator of all things. We will see that the whole world has come from the invisible and has been formed according to the Divine design in the mind of the Creator. "God Himself has made it plain for ever since the world was created, His invisible nature, His everlasting power and Divine Being, have been quite perceptible in what He has made." Romans 1: 20. (Moffatt)

Therefore our success depends upon the success we have in revealing the relationship between ourselves and our Creative Source of power and in explaining a method by which the Creative Laws inherent in this Source can be simply understood and used by all.

"I am Alpha and Omega, the Beginning and the End, I will give unto Him that is athirst of the Fountain of the water of Life freely." Rev. 21: 6.

SO MOTE IT BE

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1. Francois Marie Arouet Völtaire de (1694-1778). French deist philosopher, historian, dramatist, and writer of historical and satirical poems and tales. Known for his sharp wit.
2. Benjamin Disraeli, 1st Earl of Beaconsfield (1804-81). British Tory statesman, prime minister 1868 and 1874-80; novelist.
3. Abraham Lincoln (1809-65). American statesman; political leader of Northern States in American Civil War. 16th president of U.S., 1860-5; assassinated by John Wilkes Booth.
4. Thomas Alva Edison (1847-1931). American inventor of the phonograph and (with Sir J.W. Swan, 1828-1914) of the incandescent electric lamp. Entrepreneur, ‘The Wizard of Menlo Park’ was holder of 1097 U.S. Patents.

Lecture 5 (7th September 1948)

## **INTELLIGENCE, THE ACTIVE PRINCIPLE OF LIFE**

I have said before to you that there is a predetermined knowing of the Infinite that knows how.

This is a great and vast subject and requires much more than we can explain in one lesson. It is important to us in as much as it is always active around us and in us and is responsive to our conscious thought as well as our unconscious thought and this is the great truth we have to understand.

Everywhere we see this Intelligence in operation in our bodies, in our affairs, in the world and beyond it, everywhere this Intelligence is active fulfilling the Divine decrees and this is very important to us when we realise that we are also Divine. The Law is no respecter of persons, it is impartial and impersonal and we would not have it otherwise when we begin to think about it, and this Intelligence is the expression behind the Law, whatever the consciousness is aware of the Intelligence fulfils.

The Master Jesus was the greatest exponent of the Law although there were others before him and some after him who also demonstrated the Law. He was undoubtedly the greatest exponent of the operation of it and by his understanding of it he was able to show how it works

In his time there was no electricity, it was unknown to man then yet his demonstrations were sufficient to prove the Law of Life. I am going to use the simile of electricity to explain to you what Jesus knew in regard to the Law of Life. When you switch on the light you expect the light, the electricity is there all the time waiting to manifest in the form of light because you have directed it to manifest in that way. The Intelligence within the electricity performs the miracle according to the channel or form through which it flows. Electricity is impersonal as regards the form in which it manifests. Life is just the same, it is impersonal also and it will

manifest in the form in which it is directed, the Intelligence within Life performs the miracle. If you can grasp this great truth you will have gained an understanding that will aid you throughout eternity.

Life does not only manifest in the physical plane, it manifests in all planes of action and no matter in which plane of action it is the Life that is expressing Itself.

Our surroundings are just as they appear to be to us mentally, through the body we are inhabiting for the time being, yet we know that Life must be manifesting in a greater sphere of action. To assume that Life is limited to the ponderable substance of which we are aware is to limit the Infinite in us Who is expressing Himself in omnipresence. To ignorantly deny that Life does exist in the invisible around us is not only stupid but limits the Infinite and this as we know is an impossibility for the Infinite to be infinite His Life—pure Spirit—must be everywhere simultaneously, thus disposing of Time and Space which is the measurement of the mortal sense in limitation.

The earth is your world in the physical body, but it ceases to be the world to you when you leave the physical body and function in the etheric body because you then sense your surroundings through the etheric substance.

Consciousness is continually unfolding and this is a never-ending process. We all progress from one stage of expression to another through the ages, yet it is Life that is the ever-present and eternal now. “I am the Life,” individualized Life Consciousness, unfolding through the different orders of substance.

The Infinite Mind is one whole and cannot be divided. We must move and live and progress in that Mind for there is no other possible place, and because we cannot be outside it we must be in it and of it. Under whatever name this overruling Presence is known—God—the Almighty—the Father—the Universal Mind—the Cosmic Mind, it always stirs our emotions, and when we approach the Presence let us assume that attitude of reverent worship. This is the secret of opening up to the Ineffable, the Inscrutable

We must be careful not to limit ourselves by trying to define what it is, we must approach this unbounded reservoir of Wisdom, Love and Power as the everlasting eternal and omnipresent Living Being, deathless, birthless,

limitless and by identifying ourselves with It, we give expression to It, and in whatever form It is manifesting It will express Itself in all Its power and glory according to the capacity of that form to express It. A 1000-watt lamp will express much more light than a 100-watt lamp. Our wattage is our awareness of the source of our own Being and to which we can go direct, and draw from it according to our capacity to receive.

If your minds are bound by the paralysing suggestions that come from the crude thinking of the race, suggestions that are accepted without question, suggestions that become concrete concepts in your minds then you are bound and limited from the start.

If your minds are deeply affected by fear, worry, infirmity, inferiority etc. you will readily see that this will bring about much unhappiness.

What you must grasp is that Mind is a Universal substance that manifest's the Intelligence from within according to your awareness of It, thus creating the means by which the Intelligence will work for you.

Modern science has revealed that sound and light are simply different intensities of motion. Light can be turned into sound and sound can be turned into light. Behind all this is the Intelligence expressing Itself in whatever form we direct It, so are the thoughts of mankind just different intensities of motion. We can by thinking change the vibration so that we can express Love or hate, sorrow or happiness, success or failure.

Perhaps some of the new students may not yet have grasped the meaning of the term that all is mind materialized. Now we know that ponderable matter can be dissolved into invisibility, when it has gone into invisibility we know not where it has gone, in fact it has not gone anywhere it is right here. We have not destroyed one particle of the substance, it has only changed its form. But behind that change there is Intelligence, an Intelligence that knows how and this is the predetermined knowing of the Infinite in operation.

What you see externally is but the effect of this Intelligence expressing the cause from within. If you are continually reacting to the effects of what you see on the surface and blind to the cause within then you are living in the illusion of the mortal sense.

As Mind Substance is the basis of everything and out of this substance everything must come we readily see that we cannot be separate from it, and what affects one must affect all, although we are not at first aware of it, for we are all functioning in the same Mind.

In the ether of space there are vibrations of different wavelengths all vibrating at the same time and although they do not interfere with each other we can tune in to these according to the wavelength in our own consciousness, similar to the wireless which we are more or less conversant with. We see then that we are surrounded with various wavelengths of vibrations to which we can tune into, and the Intelligence will express them according to the state of our own consciousness. The Intelligence is impersonal, it is neither good nor bad and when we see this clearly we see that we do not have to push away the bad to get the good or try to get the good to keep out the bad, because neither exists in the Intelligence. Just as electricity cannot be said to be bad, when it kills someone and good when it gives us light and power. The fact remains that we consciously or unconsciously used the Law pertaining to it wisely or unwisely.

When we use the Law of the Intelligence wisely we realize the Presence of God in our affairs, this eliminates from our minds all fear, all craving, all limitation. When the cause of fear, limitation etc. is discerned it fades away and Reality takes its place, one is real and the other is not, for Reality alone exists. This has always been the power behind the Adepts, the Prophets and the Masters and the same power is now with us, if we will grasp the truth of this Law and use it.

No one can tell you what God is, we cannot describe the indescribable but we do know that He enters our lives when we identify ourselves with Him, this is the Truth that sets us free. If we burden ourselves with false beliefs, superstition and illusion we hinder His true expression in us. Then by discerning the cause of our limitations they fall away from us. By understanding what is not true we arrive at that which is true.

If I say to you that God is Love, God is Wisdom, God is Truth etc., you readily believe these things but if you do not discern that which is false you only bring these truths into a prison of your own making so you are still not free.

If you hold on to false beliefs you will still perpetuate them in your life or if you follow the dictates of another you will be caught up in his prison even if you may leave your own. It is only by thinking this out clearly to the end for yourself that you can be free. If you allow tradition, opinions, beliefs, antagonisms to affect your thinking then you cannot think clearly. If you believe what another has said or what you have read and you accept this without thinking it out for yourselves then you cannot know the source of your being. By thinking clearly to the end only can this be yours, and you must do it yourself.

You must be entirely free from antagonisms, beliefs, superstition, tradition, fashion and influences that come from without. When you are one-pointed in regard to Life and the Source of it, and by identifying yourself with It, you will readily see how to discern that which is false so that it will not obscure the beauty of the true in Its expression through you. Then the Intelligence which is the predetermined knowing of the Infinite will express Itself accordingly. There will be neither fear, envy, jealousy, hatreds, antagonisms etc., to hinder It.

Jesus identified himself with God, at the same time he discerned the error that kept man in bondage. He identified himself with the Ever-present that is the immediate Presence for there can be no other. The presence of the future is but an idea in man's mind. Is it the something in the future that keeps your heart beating now? Neither is it your beliefs, nor your family tree, or your nationality, or any special organisation. It is the ever-present Presence that is living in you that keeps your heart beating. Identify yourselves now with this "Now." The Ever-present is always omnipresent, present everywhere.

Have due regard for your family and all that makes up your individual life and furnishes you with companionship but do not get your values confused. Steadfastly refuse to worship dignitaries or potentates. Do not become a slave to the dictates of others, neither to nationality, church or family tree. "Call no man your father on earth for one is thy Father which is in Heaven." "The Kingdom of Heaven is within," in those words the whole of the Invisible is opened up to us. Heaven is the unseen, that which is behind the seen. The one Almighty Mind, unseen, has brought into manifestation all that is seen. This is the Mind in us, and our relationship to



it is our union with God, through our understanding that there can be no separation, that we are the true likeness of Him who created us in Heaven in His own Mind where we become His delight playing hither and thither in His presence. So we reverence Him with all our heart and mind, by doing so we express what we are aware of. He is the Giver of all power and glory and anything that we ask in His name shall be ours

“What man is there of you when if his son ask bread will give him a stone or if he ask a fish will give him a serpent? If ye then being ignorant know how to give good things unto your children how much more shall your Father which is in Heaven give good things to them that ask Him.”

SO MOTE IT BE

## Lecture 6 (14th September 1948)

### INSPIRATION AND HOW IT CAN BE ACQUIRED

It is very important that these lectures remain closed for this series. Quite a number of people have been seeking admission and we have been instrumental in their being refused because of the nature of these lectures. We have admitted on special occasions a few of your friends but even this should not be encouraged.

*\*It is necessary that you take note of what I am saying, and I will deal with this further on in the lecture. The reason why is very important to us at this time.*

The Spiritual Forces are building up a certain power-substance that can be transported to any part of the world through ether and they are taking this power-substance from the atmosphere around you, while these lectures are proceeding. There is great work being done in your midst of which you are mostly unaware of, although you are taking a very active part in it. We also ask that you make every effort to attend, even if you have other engagements, you should remember that this work comes first.

*It is very important that we maintain the certain vibration that is necessary because we have built up here an ectoplasmic power. This power is sustained by your effort. Each and everyone of you have been selected, don't think that you come here just because you come here. There are Spiritual influences bearing upon you. We find that as you come here each evening, you build up certain vibrations. The ectoplasmic substance, that is, a substance that is magnetic in its nature. It is a substance between the ethereal world in which we exist and the physical world in which you exist. It is a substance in between the two that we can use for material existing conditions within your world, as well, as we use it to transport it across ether so they can heal others. Not only that but we have at the present time*

*many Spiritual beings who are trying to get in contact with some of the greatest of our leaders in the world today. I tell you this, in your world and our world we are trying to bring together these leaders so that we can manifest almost in their midst. At least we can to a great extent use this ectoplasmic substance that is gathered from this room, so that we can make them hear us. The voice maybe inaudible at first, but by our practice we are able to enter into their minds and bring them to a form of sanity.*

*This is very important at this time in your world condition. It is very necessary, I say, that you make every effort to attend because it is necessary that we obtain the proper substance to carry out our work.*

*Do not think that you are just listening to a lecture. Remember that we are using you.*

*People now scorn at us who lived two thousand years ago, when we worshipped the sun. But let me tell you, we did not worship the sun, we worshipped the Life, and we knew that the Life was in the sun as well as in ourselves. We knew that this Life was mediated to us from the sun, where our parents existed, where our Spiritual parents existed, as your Spiritual parents also exist. So do not misjudge when you read something about the ancient Magi, when they used to worship the sun. The Sun-worshippers.*

The Spiritual Forces have taken control of these meetings for this series, and as the conditions of the world at present warrant it. And each night one of the many Ascended Masters will address you in some cases through telepathic communication. Many bands of Spiritual workers are working in different parts of the world in conjunction with us here.

Everyone of you can become inspired and it is for this purpose that you have been drawn here not entirely by your own desire but by those who love you and are near to you in Spirit.

You should cultivate the gift of inspiration for it is of the utmost importance. It is the pathway of all true knowledge and the great people of the world have used it. Without it the scientist could not reach that which he could not see at the moment. The philosopher uses inspiration to reveal the truth to others and as a true guide to him or herself. The great mystics of the world were in touch with the higher Spiritual Forces through the channel of inspiration. The great Master Jesus whom we reverence, just as much as you do on earth, was the greatest exponent of the inspirational expression. It

is the gateway to the unexplored regions of the Universe and it is the avenue through which all that is not yet known will come.

*Inspiration means that you open yourself to the great Spiritual Forces. That you aspire and as you aspire you begin to assimilate, and when you begin to assimilate then you begin to express what you assimilate.*

*But inspiration comes through telepathic communication to a great extent from those around you. Inspiration can also be obtained through elevating your mind. Elevating your mind to Spiritual things. Prayer is a form of inspiration. You open yourselves to inspiration when you pray deeply. What I mean, pray deeply, is when you begin to know what you are praying to.*

*If you are unaware of the fact that you are the living expression of the Almighty, and He created you for the purpose through He Himself can manifest Himself. If you are unaware of that then your prayers do not bring you true inspiration.*

*True inspiration is brought to you through the recognition of your unity. Your oneness with this great and mighty Power of the Universe. To become aware of this enables you to manifest that power and to establish it in yourselves.*

Inspiration comes through the understanding that the Infinite Life is in yourselves and as you open yourself to the whole of that Life it begins to reveal its secrets to you. At first many thoughts will come into your mind, some of these from the atmosphere around you, thoughts that are seeking an expression in action, but you should be selective in your acceptance until you gain experience in separating that which is true from that which is not true. Perhaps I have put this in too few words for you to understand fully at once, yet only by your own experience will you learn not by what I can tell you. A mite of experience is worth a great deal of teaching. At the same I will make this more clear to you.

*Separating the true from the false. How then can you know that which is true and that which is false? Anything that separates man from man is a falsehood. Anything that separates one human being from another is a lie.*

*There are many beliefs in the world and many types of people and many races. There is the one Life that is in them all and that one Life exists*

*Eternally, and is expressing Itself through the Individualised Creation which Itself created for the purpose.*

*It is ignorance that causes all the misery in the world through beliefs. We were called the Sun-worshippers. You, many of you are called Christian. Some of you were born Jewish. Some of you maybe have attended the Catholic Church. Others the Protestant Church and other denominations. You all have your different beliefs that separate you from one another. But now, thank God, that you are separated no-longer. You are one complete family used by the Spiritual Forces to help the whole world. So that we can unite and bring together certain forces that can bring peace to the world. You, then in your understanding that all beliefs that separate man from man is a lie. If you can realise that then you will see what is false and you will know what is true.*

There are certain forms of inspiration and we will discuss them briefly.

In the first place we can be inspired by others in our midst by their courage, action and words and when we think of them we can be inspired by their thoughts. This is more or less common to you in your plane of action and more so than you imagine.

*You are to a great extent influenced by people around you. A man who makes a success in the world; you look to him, you admire him, sometimes you don't, sometimes you would like to have his characteristics, or you would like to have his money, or you would like to have his position. You aspire to these things. That is a form of inspiration that takes place in your own plane of existence because it deals with the material.*

*But if you will remember, that the material is but the expression of the Spiritual. The Spiritual is the foundation of all physical matter and physical exertion of any kind. This spirit who is inhabiting the body may be ignorant of the fact. But he may have a will and a power whereby he can with driving force, he can force himself above his fellow man. But then he has a great responsibility.*

*It is not success that is measured by what you can gain is true inspiration upon this plane or any other plane. True inspiration is by understanding that Spirit alone has power to create. And when that power becomes aware, the Spirit then becomes the Spirit of being. That power becomes magnificent. The driving force. The Magi used it two thousand*

*years ago so they use it today. The same power does exist as it did two thousand years ago.*

Opinions have a suggestive influence upon you, that is why you should be more selective in your acceptance of what others say. Reflective consideration should be negative, a sort of doorkeeper to scrutinize words or sayings that are ready made and suitably coated to appeal to your desires and cravings. In this way groups, parties and nations that should be friends are turned into enemies. Because of a lack of truth. It is Spiritual knowledge that will save the world and this is our task to help you to help yourselves and to help others, and those others will help others.

*Do you know that we are on the brink of a cataclysm. Do you know that the Spiritual Forces are using all their influence's to bring about a better understanding. We know perfectly well that we have studied in the past and St. Anthony the Great of Alexandria<sup>1</sup> told you last week, of the influence of this planet (the sun) affecting the earth. That is perfectly true.*

*The sun is the centre of this Universe of ours but we live in it just as well as you live in it. Perhaps you think you are the only living beings on it. Very often it looks like it, but I assure you, you are not.*

*The sun is the centre of this Universe of ours. From this sun then was created the planets which surround the sun. Each Planet having a certain vibration, created for a specific purpose, by the Great Artificers of the Universe knowing exactly what they were doing.*

*Each and every planet moves perfectly in rhythm. Every planet will be at its proper place, yes, two thousand years from now. You could calculate where its position would be if you knew how to do it.*

*It was the Ancients that knew, the Magi, who were past masters in the art of delineation of the influence of the Planets. It was not a star that was in the heavens that was seen when Jesus was born, but it was a particular formation of the Planets when they appeared in the sign of Pisces, shortly after the sun had left Capricorn.*

*The influences of these Planets we knew perfectly well because we could measure round the 360 degrees of the Zodiac. We could measure what an influence would be. We could tell you; what town, what place, what country that influence would bear upon. So expert were we in the delineation. This*

*wisdom and knowledge was not only acquired by diligent studies at that time, but it was acquired through communication with higher Spiritual Forces who gave us the information or gave us the key so we could work out these things for ourselves.*

*Every Planet has a certain vibration. Mars has a vibration of— expansion, destruction, fire. Saturn has a vibration of— cohesiveness, closing in, consolidation. When these two planets are opposing each other. There is in one an expansion and the one other is a consolidating influence. According to the position that these planets are in it creates a vibration of breaking up. One is closing in and the other is expanding. These are brought about for the perfect thing to influence the mind of man. Because only through these influences can your mind be affected, and when you feel those influences you know perfectly well that they are established for your own benefit, your own evolution. Then when you understand these influences, you know what they are, you will rise above them because the Spirit is all-powerful. But to understand Him and you know the reason why, can the world today yet rise above those influences that affect his mind or the mind of the people for a specific purpose. Can the consciousness of mankind be raised sufficiently to see beyond and yet grasp the wonderful truth of the great Creative Spirit that exists in each one of you. Think it out for yourselves.*

*There is also a form of inspiration where we can open ourselves to that inward spirit and will reveal to us a Truth that I have told you this evening. That the one Life the one God that is expressing Itself and Himself in everyone.*

A cause begun, continuously sets up secondary causes and effects that influence all over the world. It will come to pass in not too far distant future that anyone who does not understand Spiritual worth inspired with high ideals will not be allowed to hold any public or important position in the life of the community. For only by those who are so gifted can there be true inspiration for all.

There is also a form of inspiration where the mind of the individual is elevated that it can attract thoughts from the higher Spiritual planes and many of these thoughts have not yet been expressed in your physical plane. These thoughts are waiting to find a channel through which they can be

expressed. When you are listening to these lectures your mind is in such a state to attract these wonderful thoughts. Many of you have experienced a thought that seemed too mighty and grand that it only stayed with you for a moment. This is because you did not sustain your vibrations on that level long enough to make this thought your own.

*There are times when you are meditating. There are times now when you feel this tremendous force, that power, that is manifesting all the time. There is then a period when you are sitting here that you get a glimpse of the most glorious thing that you ever could imagine, yet, you can not sustain it longer.*

*There are times in your own home when you are quiet, you may be reading a book of truth, reading one of those lectures. Then for a moment the thought enters your mind. So mighty is the thought then it envelopes you completely, for a moment, you are spellbound. You have grasped Infinity only for a moment. It dies away. Nevertheless even if it has died away it has left something, that will support you throughout eternity.*

There are also groups of holy ones—what I mean by holy ones is not a form of sanctimonious piety in adoration of one's own goodness. There are those who Paul said were asleep in Christ but have not yet awakened. It is those who have awakened in the Christ consciousness that are healing in our realm and will be in your realm also when you are truly inspired.

*“Take the mote out of your own eye before you can see how to take the beam out of your brothers eye.”*

*These holy ones, are ones, who have left the earth like ourselves. I am talking to you now here and I am just as I was then except that I know more as you will know more also. I tell you there is no death.*

These groups of souls once men and women in the physical plane meet together for the purpose of directing the spiritual Power, Wisdom and Love and knowledge mediated from a higher plane to them, this is then passed on to an individual on earth, sometimes through an intermediary that overshadows the individual so prepared for this work. It has taken a lifetime to prepare this instrument and although well up in years, he is kept young by the Spiritual Forces around him. He is inspired in everything he does, where he must go and what he must say. Of course, this does not continue 24-hours of the day but all the time he is healing and teaching he is under



the power of the Spirit. This form of inspiration is called telepathic inspiration and sometimes it is transfiguration, that is a more impressive state, a state where the impressions are more defined. *Where the overshadowing Master or Ascended Master has taken to a great extent more control of the mind and can see through the mind of the individual.*

*It is not a form of, what we call, deep trance control when the body is given over; that is not the case. Because of the individual. Because this instrument I am using. The brother who uses this body is able also to leave it at will. Takes his departure, yet we use the mind. We can sustain it and he is rent into it by a form of thread, an ectoplasmic thread if you like to call it, and he can if he wishes push us out at any moment. We have no control over the body or the brain. It is by his will, his cooperation and our cooperation that these lectures are being given to you.*

Great and mighty Beings higher than we have detailed us to work through our beloved brother here and it is from these higher Beings this knowledge is being mediated. Yet these mighty Beings were once inhabitants on a physical plane but have now so advanced that they merge in with the Cosmic Ray and control and direct them in accordance with the decrees of even higher Beings of the Cosmos. If you can grasp what we are saying, not that you can fully understand all yet, this will be your progress in the Cosmos to open up to this inspiration so that this Power, Love and Wisdom will raise your consciousness to the higher levels.

*Life flows forth from the Great Fountain, through Great Beings of the Cosmos, that are responsible for the organisation of suns and Planets. This Power is mediated to other Beings, till such time as it becomes sufficiently transformed in its nature, so that it can inhabit a body on the physical plane.*

*It is the same Life that left the source of its own power alone from the head. It is the same Life, the only difference, the degree of that Life that exists now in the physical. It is the same Life, the same Consciousness. That is why that this Power is mediated. This Power is transformed through the various stages of what we will say, ethereal layers, in which the Universe is built from.*

To say that Life does not exist in our sun or in any other sun is to deny the omnipresence of the Infinite Life. It is the same Life in you and in us

that exists in the Sun Angels, the only difference is the degree in the power of that Life. In your own world you have transformers that reduce the power through various transformers after it leaves the generating station so that when it reaches you you can use it, but it is the same power, the only difference is in the degree of that power.

*In our intermediary planes, the ether is of different densities, in the various planes. These planes are the transformers of this Life Power, which is reduced in its intensity. If the Life at the stage it leaves the Sun, would then enter into your bodies they would fly apart. The atomic rate of your bodies would not be suitable or could not absorb the energy of that Life. Therefore it would raise your body so high that it would disappear into ether. The consolidated form of the body would no longer exist.*

The Infinite Life is mediated through the Beings on these planes until it reaches you, suitable for you as an individualised Spirit or Life to live where you are. When you leave your earthly body you have a greater expansion of that same Life, **you, you** have more power, more Love, more wisdom more of everything and you will help those you love, inspiring them in their work on earth just as you were inspired and helped but did not know it when you contemplated or raised your consciousness so that you could be helped.

As you open yourselves to the wholeness of Spirit by becoming aware that you are Spirit and cannot be different from the totality of all Spirit or Infinite Life, this may be a more explicit way of expressing what I mean, this Spirit then being yourself, your livingness, your consciousness, your reality. You desire communion between the inner and the outer. You desire that the inner shall express itself in the outer. Immediately you aspire to this you open the channel from the inner to the outer so that that which is within, the all-powerful intelligent Life will begin to express Itself through the instrument It created for that purpose. The Christ spoke through Jesus, you all believe this, yet you cannot reconcile the fact that that same power is manifesting now here in your midst. It seems too big too afar off to you. It could happen two thousand years ago but it is impossible for it to happen now, you think. But it is the same Christ that is living now, as it was then, it is the same Christ that is living in us all. He is the only begotten Son of God, the Christ that lives in every living soul. The Master said “He who

does the will of my Father is my mother, my sister, my brother” and in other words he who will open himself to this same power that I express will do likewise and greater things shall he do. It is the one Life, “Infinite Life” mediated as the Christ Life in mankind, to understand this and realise it and aspire to it brings true inspiration.

*Jesus, as I knew him, was not a man of sorrow. He is a man that was happy and joyful. He felt the power of the Spirit. As a boy he inherited from his mother a tremendous Spiritual power. As he and many other people were created for a specific purpose so was he created for a specific purpose.*

*You ask this beloved brother, after I have gone, what was told to him in the Himalayas and he will tell you. He was a man of joyful laughter. A powerful individual. He was scathing in his remarks. Denounced the stupidity of the ignorant who believed in death. He feared no one. He was above reproach. He could not be bribed. He was a man like yourselves, manifesting the Christ Spirit.*

This is the power sought by all adepts and masters. Jesus manifested the same power “I and the Father are one.”

The method of communication we are using now is to impress you more deeply in regard to what is said. Although our beloved brother here is being used by us he himself acquired the robe of adeptship when he sojourned in the Himalayas. Not that he could not advance through his ordinary experiences to make him worthy of being selected for this work, but the Spiritual Forces can much more easily make contact through those who live in that atmosphere of daily reverence to the Eternal, away from the turmoil of world affairs, and some of his experiences he has already related to you. We will in the near future inspire him to write a book on his experiences for world distribution so that all shall be able to read the truth of such things.

*It is not difficult for us to appear, come here, and speak to you. But it would be utterly impossible for us to speak to you in the Town Hall filled there with a motley crowd of people; some ignorant of the truth completely, others have a little of the truth, and some perhaps know the truth. We could not speak to such a crowd for the simple reason that the vibrations would not allow it. Do you know that your vibrations have been risen? You raise your vibrations, they are risen when you come into this room. When you sat*

*in this room this evening, before this lecture commenced, you felt the power moving through you. Some of you perhaps did not but most of you did. That was preparation. I wish that you could see what is around you.*

When you desire inspiration desire the highest, the best, and no matter what channel it comes through there is always an eternal unity at the root. No matter what method used ask God the Father and you will find inspiration, the Source being eternal and Ever-present. This inspiration does not come through a negative form of meditation but through an active form of meditation that is ever active, yet it is perfect silence. The consciousness must be one-pointed and not wandering, the consciousness is the point through which all knowledge will come and the consciousness can grasp it when it is “poised.”

*When it is “poised.” Did you know what “poised” consciousness means. Consciousness that is ready and poised. Moment. Action. There is nothing mysterious about it, you are all capable of doing it. The fact is, you have never really tried.*

You must not put your dependence upon any individual, depend upon the Almighty alone, we can help you more when you do this, than if you put your dependence upon us, for we are but the channels through which the Infinite Life is mediated to you. We can influence you, and others on your behalf, we can apply the healing power which we do to all who come for treatment or ask for help. We are by no means idling our time away by singing hymns and playing harps.

The Universe is an Infinite organisation with a perfect scheme in operation and we are fulfilling our part just as you are fulfilling yours and through your experiences you learn. No matter in which capacity you are engaged, you are in your right place for the moment, when the time comes you will be taken out of it. You are just as important to God and perhaps more so than many others who are ignorant of this truth.

*You must not rebel against your circumstances and conditions. If you do you will still maintain them. What happens to you? You create a certain vibration around you. When by rebelling then you do not rebel the vibrations but you increase the intensity of it.*

*If you can understand what I mean now you will be able to accept those conditions and raise your consciousness beyond them. Then you will bring*

*into operation, you will be ready for the next step. As long as you rebel against your conditions, you will not be ready. Jesus said to you, "Resist not evil."*

You think that your desire for action is all your own, but it is not so. The only thing that hinders you, is when you mistake the shadow for the substance. Work for work's sake not so much what you can get out of it from the material side. Work for the love of working. In this way your inspiration will increase even if your work is sometimes tiresome to you. There is a power when you are ready and it will put you in another place only to gain more experience. Earthly desires are your own, see that they do not over-shadow the real: "If ye believe ye have received so shall ye have."

*Yes, many of you, a lot of you want things. It is not wrong to want things. We all did when we lived upon earth and everyone will do so. There is no getting away from the fact, that's a Truth. It is good that you should want things too because it gives you the incentive to gain more experience in this world.*

*But there are certain ways, that when you do want things, how to get them. It is not the continually wanting them, with a mind in that state of want. The mind must be in a state of plenty to attract plenty. "You must believe you have received and ye shall have." When you desire anything it is created in the Spiritual Plane. You think in God as God thinks in you. You think in Spirit. Remember that you create in Spirit. Do not destroy your creation by stupidity, lack of understanding of the law. But also remember, do not mistake the substance for the shadow or the shadow for the substance.*

This reveals to you the fact that there is an active and passive phase of the Universal Mind, otherwise a non-self-Conscious Life which responds to the Self-Conscious Life and produces the visible Universe by acting upon the invisible, the Intelligence moulding the substance into form which leads us to the inevitable conclusion that the visible existing Universe in which you live and in which we live is the same Universe and substance, the only difference is the vibration of that substance. To us there is also a visible substance although invisible to you and is to us just as solid as your world is to you. The only difference is that the vibrations are higher and our movements are accordingly increased. Nevertheless we are the same beings

that existed upon earth. This is all the direct result of the Infinite Conscious Life acting through His unbounded sea of manifested Mind.

*Yes, we do not know everything but we know a great deal more than you do. We cannot answer every question but we can reason with you and show you the ultimate. We cannot tell you what God is. But we will make you understand that He lives in you and is the only Living Being. We can channel your minds in the direction that you go. We can give you courage and strength. We can make you fearless, even of death itself.*

When the secrets of matter are grasped by all, that matter is like a number of rooms with nothing in them, nevertheless in these rooms are moving particles of energy revolving round the rooms at a colossal speed. For example, watch a fly fly round the room then you can grasp what these particles of energy are like, except they are invisible to the eye and revolve at millions of times the speed of a fly. It is these particles of energy that support the room in which you move, the walls are the circumference of the eddy or whirlpool which the particle creates, that is why we can see you but you cannot see us unless under certain circumstances which are created with our co-operation. So remember you are living in the eternal Infinite Mind. Forms change and dissolve but the consciousness transcends all form and animates all form throughout boundless space.

To see this and realise your oneness with it will open up the channels to that inspiration that will lead you to understand what Paul said, “We are confident, I say and willing rather to be absent from the body and to be present with the Lord.” 2 Cor. 5: 8.

“He that overcometh shall inherit all things and I will be his God and he shall be my son.” Rev. 21: 7.

*Now, we will tune into the Sanctuary of the Silent Healing Power.*

*(Short silence)*

*Great and Mighty Eternal Spirit. Thou art the only Living Being there is. We live because of Thy Life in us. We are expressing Thy Love, Wisdom and Healing, so that all may benefit thereby.*

## SO MOTE IT BE

*(Recording ends)*

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\* The Italic verbatim text is taken from the actual original wire sound recording of “*Inspiration and How it can be Acquired*” as it was first given in the Auditorium at Escom House in Johannesburg on Thursday 26th August 1948. What is of particular interest about this recording, is firstly, it is the oldest known surviving recording, and secondly, it was given two weeks before the start of the famous “Divine Healing of Mind and Body” series. Thirdly, and most importantly, it is an example of Murdo being overshadowed by an Ascended Master, in this case, one of the Egyptian Magi. Most notable is the change in Murdo’s voice and also, out of character for him, is the constant walking to and fro across the stage away from the microphone. (It is to be noted that no sound recording exists of the Pretoria Lecture 14th September 1948).

1. Saint Anthony the Great (251-356). Also known as: St. Anthony of Alexandria, of Egypt, of the Desert, The Anchorite, and the Father of All Monks (founder of monasticism). Born in Egypt to wealthy parents. At the age of 24, gave away his inheritance to the poor and needy and became one of the first Christian ascetics to attempt living a proper monastic life in the desert.

Lecture 7 (21st September 1948)

## **BE A THINKER AND NOT AN IMITATOR**

In this communication I want you to see what is happening around you. If you are unable to discern or become aware of what is taking place in your own minds and the minds of others you will be caught up in the net of the vicious circle in which the world is living. Now this state of affairs is the effect of your own thinking with millions of others who are likewise caught up in the net, and while struggling to get out of it you only get further entangled in it because you never realise that the conditions are of your own making.

The great majority of people do not think for themselves for their thinking is caught up in imitation, security, power. The conception of progress is but a continual movement from one object to another.

First of all there is the craving to possess a material object, so there is striving until it is obtained. But the moment it is attained it has lost its attraction, lost its significance. So craving goes on to the more subtle things such as popularity, fame, power, and the struggle goes on. But again there is disillusionment, and then there is a craving for truth, and that craving takes a more subtle turn again. Book after book is read in an endeavour to find peace, freedom.

Throughout the whole world everyone is seeking happiness, the happiness that endures, but such happiness is not to be found in imitation. Conformity with imitation begins from childhood through education, society and external circumstances. Thoughts and feelings are moulded to correspond with public opinion, to religious ideas, to spiritual authority. If you consider any philosophy, religion or system you will find it is a method laid down for you to follow. All you do is to conform, to imitate and force your thinking into the particular mould of philosophy, religion or system so



you merely become cogs in a social or a religious machine. The whole structure of modern civilisation is based entirely on conformity and adjustment to standards which have been laid down by authority, the authority of public opinion or of a spiritual leader. This conformity results in the suffocation of individual thinking. The desire is to solve one's problems and this is sought through a miracle.

Through the centuries a system of competition has been built up through selfishness. At the same time innumerable authorities and teachers, gods etc., have been set up for you to worship. You are taught to become lambs, but working for a living you become like as many wolves. The remedy does not lie in setting up another system or the worshipping of another god outside oneself but to go to the root of the whole problem.

The present civilization is based upon greed and individual competition. It cannot last forever because it has no intrinsic value.

The individual created the civilization which dominates him. The individual tries to express his ambition and attain his desired social position through the accumulation of wealth and power. The individual has set up social distinction which results in ruthless competition in every way of life. This ruthless selfishness must eventually break down. It is merely a matter of time. As long as you have this conception of individuality which is but selfishness, greed, no civilization, no structure built on it can last. The individual is the integral part of that civilisation which the individual creates.

Until now you have been spiritually a slave. You have followed, imitated, set up spiritual authorities and tradition has bound the mind. In thought and emotion the individual has merely conformed while in the world of action the individual has lived for himself selfishly pursuing his own security.

In order to supply the needs of existence the individuals must co-operate, work and plan together. That is, we must get rid of the idea of nationality, flags and frontiers. In this way we will naturally solve the economic problem because all will be working from a human point of view and not through separate national prejudices.

When society is built on selfishness, on ruthless competition, when one fights another for his own security and in the structure of the present

civilization the social order must eventually collapse. Man through his possessive cravings has built up what he calls civilization. To that world he clings, a structure based upon continual want, on the constant achievement of empty heights which must eventually crumble. What is the remedy?

There is no world panacea. But you can individually and therefore collectively see the basic cause and individually and therefore collectively step out of the system which is its inevitable product.

In the world of action man has become ruthless, aggressive in his desire for possessions, in his search for security. He has used his mind to gratify his selfish cravings.

The individual must be able to think for himself, free from all imitation and tradition or public opinion, in thought and feeling. In this alone can there be true co-operation in the world of action for the benefit of all. We must find that which is eternal within ourselves. Then and then only can we all work collectively based on human needs and not on human greed and exploitation.

When the individual breaks down the narrowness of patriotism, nationality, flag-waving and war and as an individual, ceases to exploit through selfish cleverness, there will come peace and understanding for which all are now groping in vain.

Those who have been caught up in the net of race thought, nationalities, creeds, politics, disease, ignorance and death have permitted beliefs to rule them, they have lost their Divine Power of the Presence that overcomes all things. Occasionally you see through all this struggle and catch a glimpse of something that gives you an ecstasy and you seek to make it permanent by avoiding the conflict. You perceive this ecstasy in the distance while you are still surrounded by all your struggles, your sorrows, pains and pleasures. It seems far away and you long to escape from all this turmoil to that ecstasy, yet it is through discerning the cause and understanding this conflict that there is ecstasy of freedom and not in escape. Through the true discernment of the cause of the conflict is revealed the ecstasy of the Presence.

What applies to the individual applies to our civilization. You cannot separate one from the other for they are one and the same. What is needed is clear thinking by the individual from cause to effect, not vain attempts to

solve problems without understanding the fundamentals of human existence. If you hold on to your old mental habits of imitation then there can be no real understanding. Your habits of thought must be studied, understood and corrected, not until thoughts become truly intelligent can you expect to see results that satisfy the human heart. You are all unconsciously and ignorantly pinning your faith to the power of things seen, remaining blind to the fact that these effects are but the result of your own action. Your minds have been built up and maintained under the influence of limited ideas derived from material things, but the only true foundation upon which to build the assurance of health and happiness is upon the Presence that is eternal and ever-present and not upon imitation and conformity which is perpetuating the misery of your civilization.

You do not free yourselves by acquiring comfort and consolation. You only live in an illusion if you only want satisfaction in your desires. You must strip yourselves mentally naked empty your minds of inherited theories of right and wrong, what is spiritual and what is not spiritual. If you rely on compulsion there can be no understanding. Through your fear you adhere to tradition and become an imitator instead of a thinker.

Likewise with regard to physical things the man who needs possessions for his happiness creates material exploitation. The exploiter does not come into being suddenly he is not a freak of nature he is the result of your demands, spiritual and economic. So you, the individual, are responsible.

The individual has lost himself in a maze of ignorance and you see the result in the chaotic conditions throughout the world. To find happiness you must direct your creative forces intelligently in such a way that you remain the sole controller of your own thoughts and feelings and not becoming a slave to tradition, public opinion and authority of the less informed than yourselves.

Man's whole conception of Life is based on selfishness with all its subtle ramifications, its illusions, its fears and consolations. Because man's action, through fear is unconscious it leads to irresponsibility and therefore to chaos, wherever there is selfishness there is lack of clear understanding. Conscious action through understanding and adjustment leads to pure action, pure action being that in which there is no longer selfishness,

personality, but an understanding of the Presence being never in opposition to Itself at any time or in any individual.

Good and evil are not entities, they are simply words which you use to indicate the result of your actions and these actions are predetermined by the character of your thinking. Therefore man is the root cause of good and evil. To guard against mental and physical chaos you must not accept any opinion without due examination. Care must be taken to construct your thinking through understanding and true discernment. What you accept from others is so often constructed without due regard to facts. Every idea should be subjected to a searching analysis, you must not accept anything except it is scientifically exact.

It is the Christ Mind that it always conscious of the unlimited power and ability of the Presence, at the same time understanding the limitation of the human mind. The highest possible gift man has is Love. If you are seeking Love the only way to get it is to love more. Love is not possessive because Love is the foundation of the Universe. Possessiveness is craving and this must be understood before it can be dissolved away.

The Presence is Love, Wisdom and Healing, it pours forth its mighty power to all. The only condition is our capacity to receive it. The whole world is looking for the Love that will set it free. Love is the expression of the Divine Nature that pours out through the entire Universe and everything must move around it and because it is the centre of the Universe it must also be the centre of man made in the image and likeness of God. In the Sanctuary of the Silent Healing Power you all express that Love because you are realising the Presence which is Love, Wisdom and Healing.

The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

## BENEDICTION

Divine Presence, unite our hearts with Thine to rest in Thee for ever and ever. Teach us to hold ourselves as perfect in the Mind of Thy Divinity.

Let the flame of our love for Thee soar triumphantly above the din of social problems and differing creeds. The Light of Thy Love has swallowed

up everything in one Light. I see myself always one with Thee. I pray that I may behold my Love in others and in the Light of that great Love may I behold Thy unveiled face of Peace. I behold myself in others and I even perceive Thee enthroned in our inmost hearts.

O Divine Presence, unite our hearts as one Heart and on the Sacred Altar of united hearts we will find Thine Omnipresence enthroned for ever.

SO MOTE IT BE

Lecture 8 (28th September 1948)

## **DISCERN ALL THAT IS FALSE**

In this communication. I want to give you some personal aid to your understanding based upon what I have already said.

I have pointed out to you several times so as to make it clear to you that unless you discern the false you will not understand the true. If you live in your limited state of mind brought about by conformity and imitation through education, religion, philosophy, public opinion and tradition, you will not escape by rebelling against the miseries you yourselves have created. You may seek an escape from the prison of your own making by accepting the idea that the Divine nature can and will release you from your prison, yet if you do not discern and discover the cause of your own miseries you can only bring the idea into your prisons and you are still bound by it.

If you have a belief which you feel binds you in a prison of fear and limitation and some one comes along with a similar belief which seems to you freedom you are only enticed into their prison so you are still bound, you are not thinking for yourself, you are only caught up in the net of a belief that is similar to your own that still separates you from your brothers and sisters. You are still imprisoned by your belief.

The only way to be in harmony with your spiritual self is to discern all that is false around you, not merely denying these things but understanding them. If they are not discerned and understood they will cling around you and finally bring doubt of that very Presence that could give you peace.

Most people cling to the name of a disease giving it an identity. By giving it an identity you are merely accepting another's opinion or belief and you will observe I hope that this is not thinking nor understanding. It is not a name of a disease you need but the wisdom to discern the cause. Then

you can drink the cup of Life that is ever-present. In the understanding of this a new life begins for you now. The happiness of man is not increased by opinions founded upon ignorance and belief in theories of those who cannot heal the sick or relieve the troubled mind which is caught up in the net of emotion, imitation and craving. Jesus cured the sick by giving the bread of Life to the sick who had been deceived by others ignorant of the Law.

When man begins to think for himself the truth will be revealed to him, the scales will fall from his eyes and he will see how he has been deceived generation after generation. Jesus says, "Man is himself the field, his deeds are seeds and what he does to others grows apace. The harvest is sure and he must reap what he has sown." "The fruit of peace and love can never spring from noxious weeds. The fruit is like its seed." "Each one has problems to be solved and he must solve them for himself." "How can you see the splinter in your brother's eye while you have chunks within your own?" "And while your eyes are full of foreign things you cannot see the way, for you are blind." "And when the blind lead forth the blind both lose the way and fall into the slough." "If you would lead the way to God you must be clear in sight as well as pure in heart." I am repeating these words of Jesus to show you that He did not merely give you an idea or a theory upon which you could rest but made it exceedingly plain that you had to see that which was false and that you must be clear in sight to see the way, as well as pure in heart.

Another statement made by him was "There is no safety vaults on earth no place secure from moth and rust and thieves." "The treasures of earth are but illusive things and pass away." "Be not deceived; your treasures are the anchor of the soul and where your treasures are so your heart will be." "The things that men see **not** with eyes of flesh are of more worth than are the things that man can see."

This shows why craving causes misery and exploitation and as the individual craves so is he caught up in the net of craving and is not longer able to think. His understanding has vanished like a piece of driftwood, he floats with the sea of humanity on a world in chaos.

Again He says, "For as you judge you shall be judged." "If you condemn you are condemned." Here we see the wisdom of Jesus in these

few words. You must cleanse your minds of comparisons, you are apt to compare yourselves with those you think spiritual and upright. You refuse to align yourselves with those whom you think are not your equal. This is the height of hypocrisy.

Some look at the evil deeds of others and condemn them, while in their own minds these deeds have already been performed. Jesus says, “But, lo, I say that he who in his heart desires to possess that which is not his own and would deprive the owner of the thing without his consent is in the sight of God a thief.”

This shows how necessary it is that you should discern your own thoughts first before condemning others for their deeds, for deeds are but thoughts expressed. Perhaps you have never looked at it from this point of view, but I am endeavouring to make you aware of your own thoughts so that you can dissolve the rubble that hides the Presence. Unless you can discern the false you will not know the true.

Most human beings are full of grave defects and it is necessary to discern them, not merely denying them, for this does not help matters. To shrug your shoulders or cringe at the sight of your thoughts is of no value. What is needed is to be quiet and more quiet to look at these influences as something not your Real Self for your Real Self is the presence of the Presence and to abide in a quiet confidence in the Divine Power.

If your soul asks for the Divine and your mind is sincere and calls for liberation from these influences, and by calling the Presence into your own heart and relying upon it more than on your own strength you will be able to end this “siege” and peace will take its place. You will break down the prison bars that hold you in the prison of your own making.

The material world is the revelation of the creative power manifested through the mind. Visible things are the representation of the invisible, both come from the same source. If you can comprehend this truth you will rise above the effects that you see in your everyday life. And when you understand the conditions around you, you will no longer be afraid of them but will meet them face to face knowing them for what they are—false creations of man’s mind through lack of wisdom. You will then know how to deal with them through the discerning of your own thoughts, cravings and emotions.



Man made in the image and likeness of God lives in a material world in which he has been given dominion, a world so constituted that if he will use it intelligently it will continually lift him to spiritual heights yet unknown.

The realization of truth lies in your self-conscious completeness sustained in the aloneness of your own integrity free from conformity, public opinion, tradition, nationality or creed. Through the flame of self-consciousness you arrive at full responsibility in the recognition of this completeness and this is true freedom. This is not an escape nor is it a flight from conditions around you, it is a gradual cessation of unconscious action through lack of discernment which leads to misery. In this understanding is the beginning of true action, which will expand your consciousness and practical knowledge with your oneness of the Creative Source of all things—"The Presence,"—and as you acquire this knowledge through practice you will, by the conscious use of the creative laws, have revealed to you a deeper significance than the mere intrinsic value of material possession. They will but represent to you the extent of your Spiritual understanding and ability to co-operate with the Creator of all things.

Material is but an idea in the mind, an idea of something of which you know little. But when you see that the material the "visible" and the "invisible" are one and the same thing you will appreciate that in the invisible is the cause and the material or visible is the effect.

When you can see with your clear sight freed from illusion that you are one with the Creator of the Universe, the Presence that is ever-present in you will bring forth into being "that which is acceptable to God." But if you fail to understand these things you will create a series of causes and effects of which you will become enmeshed in their net, and there can be no escape until the truth of what I have revealed to you fully dawns upon you. "God Himself has made it plain—for ever since the world was created, His invisible Nature, His ever-lasting power and Divine Being, have been quite perceptible in what He has made." (Romans 1: 20. Moffatt translation)

If you create error in yourselves through lack of wisdom you will externalize it. It has no power but the power you give it and when you can discern this you will begin to understand. Herein lies the secret of understanding, the Law of Cause and Effect. If you then set into operation the Law of Cause and Effect, let it be pure action derived from pure

thought, then it will have a true foundation which is scientific and will lead to peace. But if set in operation by human emotion and limitation it will lead to misery and chaos. Jesus says, "If you do unto other men as they do unto you you are but slaves." "But you as children of the Light must lead the way." "Do unto others as you would have them do unto you." "If you salute your friends and not your foes you are like other men." "Be ye perfect as your Father in heaven is perfect."

In other words, the Presence is never antagonistic or in opposition to Itself in any individual and when this is seen all are equally represented to the one who knows. When enmity is not created in oneself there is freedom. But if enmity and separation is created in the mind there can be no understanding therefore no pure thought that leads to pure action. Your friends and others may call you all sorts of names without any thought of your welfare, but as God has named you you remain permanently in His Eternal Mind just as He named you. Then act as such for Divine acting is the establishing of the Law which is Love, Wisdom and Healing of the Presence.

The Blessing of the Angel of Light is upon you and your work in the Sanctuary of the Silent Healing Power.

## BENEDICTION

O Fountain of Love, make us feel that our hearts and our Love for others are flooded with Thy omnipresent Love, that the rivers of our desires and cravings pass through the lowlands of humbleness and self-sacrifice and consideration for others and at last reinforced from Thy Fountain of Love shall unite in the ocean of fulfilment in Thee. Increase our affection and Love for all so that we do not lose ourselves in that drought stricken selfishness which is barren and waste. But let the lonely separate streamlets of Love coming from Thee at last merge into the vastness of Thy Presence revealing Thy Omnipresence of Love, Wisdom and Healing for all to receive who will. My faith in Thee has made me "Whole".

SO MOTE IT BE

Lecture 9 (5th October 1948)

## OUR SPIRITUAL INHERITANCE

Throughout the ages Spirit or Life has revealed Itself, embodied in its own creation, as a guide to our understanding. This same Spirit or Life is calling to the inner Life of embodied humanity that It has reared for its own habitation.

The time or state is at hand when the embodied Spirit-Self shall know and recognise its own inherent power, that its own Life is the Infinite Life which manifests Itself in an infinitude of forms in all worlds and spheres of Being. This means that we are all irrefutably and eternally linked with the whole Living Universe.

Those who showed the existence of this Spiritual inheritance by their deeds and words have left a legacy to humanity. Although their works were seemingly beyond the capacity of the human understanding they made it plain that they were not separate from humanity nor did they make any claim beyond the inherited power within humanity. But as time has elapsed the ideals or truth they showed were common to all humanity has become changed into idolatry. They have become the object of worship whereby the truth of Reality has been submerged in forms and formalities yet these instruments have left their footprints on the sand of time and the truths that they revealed will spring forth again as mankind becomes more aware of this immanent Life.

The sayings of Krishna,<sup>1</sup> Buddha,<sup>2</sup> Brahma,<sup>3</sup> Vishnu,<sup>4</sup> Zoroaster<sup>5</sup> and Jesus lived through the ages and are still the fundamentals upon which humanity can continue to progress. Yet all the great so-called systems in the world have been based upon the personality personified for the purpose of Religion which has separated the world into groups antagonistic to each

other, making the acquisition of the knowledge of Truth a question of competition and conflict.

The time is fast approaching when this irreligious religion will disappear and the real will take its place. It will not seek to draw adherents to itself by any claim of special Divine authority neither will it be associated with caste or class that perpetuates personal vested interests. But will be brought about by the involution of the Life flow that is inherent in humanity as a whole as it is inherent in the Cosmos as one Whole. This process will begin in the few and will spread gradually to the whole of humanity uplifting them to higher levels of thought and action.

Inspiration is not confined to the few, it is an inherent quality of the Spirit in mankind. It is the eternal link uniting the inexhaustible source of Life to its offspring and through this link the transmission of thought process from the higher to the lower can be opened up by any who desire to be recipients.

We recognise that nearly 2,000 years ago this source of transcendent transmission was seen expressed through one who proclaimed the same Truth that we now know to be the only way to freedom. This is not only to be preached but to be translated into daily living. Although tremendous progress has been effected in the material, scientific and industrial fields, the religious systems are not meeting the requirements of modern thinkers. The world is calling for a new Spiritual lead, a new inspiration conveying more explanatory information with regard to the Spiritual Universe and our relation to it.

When mankind comes to realize that the Infinite Self is permanently mediating Its own Life process to us thereby demonstrating that we are held by It in permanent inseparable connection, mankind need dispense with the rote that is being expressed on every side causing fear and confusion in the minds of people, which cause separation and distrust in one another, such religion has become the ridicule of the enlightened mind.

If we are all part of God we are all one family. The history of man contains much slavery, brutality and injustice. Someone a little stronger, a little cleverer than the rest enslaves his fellows for his own selfish ends. Man in the past has been the sport of Kings and priests. Through fear and starvation he was forced to cringe at the foot of the tyrant and through fear

of the unknown he has bowed to the authority of his religious belief to which he was forced to conform. However education is gradually making mankind realize that he is not here to be downtrodden. Understanding gives all the opportunity of becoming equal and those with finer minds will always take the lead.

It is quite evident to those who think and can see the writing on the wall. Since the beginning of history a small minority or an individual has kept a nation in ignorance and servitude or driven it on to war. The reason of course is that the unthinking individuals are like sheep, they only know enough to get a bare existence and through fear they conform to what others think and direct. Only when man combines his reason with his labour can he advance.

The ignorance among the masses is still pitiful but as man develops his mind through clear thinking so will he free himself from his past miseries and raise himself to self-respect and independence through understanding the cause of his miseries and the realization of what he is in Reality. Robert Burns<sup>6</sup> in his immortal ballad “For a’ that and a’ that” wrote:

“Then let us pray that come it may  
As come it will for a’ that  
That sins and worth o’er a’ the earth  
May bear the gree<sup>7</sup> and a’ that  
For a’ that and a’ that  
That man to man the world o’er  
Shall brother be for at that.”

We see also in the Scriptures the identical thing expressed by Peter at Caesarea “Of a truth I perceive that God is no respecter of persons,” and where Jesus says in St. John “and other sheep I have which are not of this fold. These also I must bring and there shall be one fold and one shepherd.”

Let each one of us where possible rescue the ignorant and help the helpless. Let us distribute words of kindness, cheerfulness and encouragement. By doing all the good we can by binding up the wounds of our fellows we are bringing nearer and nearer the great day when the Brotherhood of man and the Fatherhood of God shall become a reality and

not a platitude. To do all the good we can is to be religious in the real sense of the word and to do all the good we can is to be a saint irrespective of religious beliefs. To put the star of hope in the midnight of despair, to help those in need of help and to help those who suffer is true holiness. This is the religion of the future. That is what the Sanctuary of the Silent Healing Power stands for, that is what is meant by the Brotherhood of man.

Happiness originates in the heart and not from anything outside oneself. If I may quote Burns again on the vanity of possession—he says:

“It’s no’ in title nor in rank  
It’s no’ in wealth like London Bank  
—To purchase peace and rest.

It’s no’ in making muckle mair<sup>8</sup>  
It’s no’ in books is no’ in lear<sup>9</sup>  
—To make us truly blest

If happiness hae not her seat  
and centre in the breast.  
We may be wise or rich or great  
but never can be blest

Nae treasures or pleasures could make us happy lang<sup>10</sup>  
The heart aye’s the part that makes us right or wrang.”

We read also in the Scriptures in Ecclesiastics: (2:)

(4) “I made me great works; I builded me houses; I planted me vineyards: .... (8) I gathered me also silver and gold, and the peculiar treasure of kings and of the provinces.... (10) And whatsoever mine eyes desired I kept not from them.... (11) Then I looked on all the works that my hands had wrought, and on the labour that I had laboured to do; and, behold, all was vanity and vexation of spirit, and there was no profit under the sun.”

Just as we come to realize that this world is the preparatory school for our Spiritual existence so shall we cease to grab all for ourselves and work instead for the common good. When we are prepared to give to all what we claim for ourselves, then shall we be truly civilized and the world will be a fit place to live in.

Today every nation and every individual thinks only of their own needs first with the result that poverty and misery is rampant all over the world. My dear friends, this must not be and cannot last long. The sands of time are running out. Enormous sums are spent on the science of destruction to wipe humanity off the face of the earth, all on the pretext of self-preservation thus promoting suspicion at home and abroad. The hour has come for the call to go out to civilization to disregard leaders bound in ignorance both in the church and in the nation and adhere to the one ever-present Presence that is never antagonistic or in opposition to Itself in any nation or individual. If everyone of you did your part to enlighten others and “so as ye do unto one of these so ye do unto me.”

Jesus said in the Sermon on the Mount, “Blessed are the peacemakers for they shall be called sons of God.” (Matt. 5: 9). Here is the call to the disciple to use his wisdom and power in the direction of remedying the strife that arises from the different conception of God and Truth prevailing in the world. Those who are able to point out the Truth underlying all religions and belief indeed become the beloved sons and daughters of God. To be able to show that under all forms and ceremonies under various titles and names behind various creeds and dogmas there is but one God Whom all worship, assuredly he or she is a peacemaker and a son and daughter of God.

We also read of the Buddha in the Sermon at Benares.<sup>11</sup> Neither abstinence from fish or flesh not going naked not shaving the head not wearing matted hair or dressing in rough garments nor covering oneself with dirt nor sacrificing to Agni<sup>12</sup> will cleanse a man who is not free from delusion.

Reading the Vedas<sup>13</sup> making offerings to priests or sacrifices to the Gods. Self-mortification by heat or cold and much penance performed for the sake of immortality these do not cleanse the man from delusion.

In the Sermon on the Mount (Matt. 5: 17-18) “Think not that I come to destroy the law or the prophets; I am not come to destroy but to fulfil.

“For verily I say unto you, Till heaven and earth pass, one jot or one tittle<sup>14</sup> shall in no wise pass from the law, till all be fulfilled.”

In this passage Jesus asserted positively the fact that he was carrying out the work of those who preceded him. While Moses was the first great prophet Jesus was he that would come after. While Moses revealed the Universal Spirit of God, Jesus revealed this Universal Spirit in mankind individualized and that this was the central point in man himself, and from this all must proceed outwardly and to know it was man’s salvation. He told them of the Law written in the hearts of man which had always existed and would so continue and not one jot or one tittle would in no wise pass away from the Law till all things were accomplished, that which God had ordained would be fulfilled and the way of this fulfilling was shown by him, in all his sayings and doings which I have so often told you about. He informed his own people, the Jews, that he did not come to destroy the Law of Moses but to fulfil the greater part of it, to unite the world in the one family of the fatherhood of God and the brotherhood of man. That this teaching was the inner teaching not the outer religious creeds and dogmas— He came therefore not to destroy but to fulfil and when one reads the old Testament there it distinctly states “the Lord God is one Lord” and He created man in His own image and likeness.

Matt. 7: 1 to 5. “Judge not that ye be not judged. For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again. And why beholdest thou the mote that is in thy brother’s eye, but considerest not the beam that is in thine own eye? Or how wilt thou say to thy brother, Let me pull out the mote out of thine eye; and, behold, a beam is in thine own eye? Thou hypocrite, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother’s eye.”

Here Jesus deals another blow to the self-righteous of all the sects, creeds and cults of all lands, time and religion. He means those that thank God “I am holier than thou” attitude that so many vain formalists affect in their dealings with others. To be spiritual is not indicated by whether a man wears a gown or tinsel braid or whether he be a priest, cardinal or bishop.



Being Spiritual means wholeness, completeness, not separation. I am holier than thou, I am different. That was more than Jesus said of himself. So these immortal words of Jesus have sounded through the ages as a scathing rebuke to the hypocritical judges of other men, those people who wish to 'reform' others to conform to their standards. "Thou hypocrites, cast out first the beam out of thine own eye and then shalt thou see clearly to cast out the mote out of thy brother's eye." Out of the mouth of their Master are many so-called followers rebuked.

What at comforts most to those who understand is that the same Life in Jesus and the other prophets is in you and me. And to identify ourselves with this life is to be truly of service to all. To get this feeling of oneness is to believe no more but to see and feel instead. This is truly the science of living which brings the greatest rewards. In this way you increase your value in the Sanctuary of the Silent Healing Power.

The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

## BENEDICTION

O, Lovely One, Thy balm is in Thy breath of Thy creation. The stricken have heard of Thy Healing Power and have come to Thy door and find it ajar. Printed in Thy lettering of Love they saw "Enter in." Those whose hearts are breaking with despair and sadness Thy invisible hand has dried away their scalding tears. Those who are lost in illusion to whom shall they turn but to Thee? And with the advent of the dawn of Thy Presence their dark troubles will take wings. We rejoice in Thy quiet voice ever singing in our souls: "Tell me, Wilt thou be mine? Whatever is mine that also is thine."

SO MOTE IT BE

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1. Krishna. (Hindu Mythology). Great deity or deified hero, worshipped as incarnation of Vishnu.
2. Siddhartha Gautama (c.560-c.480 B.C. ), Buddha ('Enlightened one'), also known as *Sakyamuni* ('Sage of the Sakyas'). The son of the rajah of the Sakya tribe, as a young man he left home in Nepal and renounced the world. Practised an extreme form of asceticism and became the founder of one of the great Asian religions.
3. Brahma. (Hinduism). Supreme God (the Divine Reality) of which the entire universe is only a manifestation.
4. Vishnu. (Hinduism) One of the Great deities, identified by his worshippers with the supreme deity (Brahma) and regarded as the saviour of the world.
5. Zoroaster. (c. 6th cent. B. C.) (also known as *Zarathustra*). Persian. Founder of dualistic religious system of the Magi and ancient Persia which still survives among the Parsees.
6. Robert Burns (1759-96). Scottish poet, many of his poems are written in Lowland Scots. His birthday (25th Jan) is celebrated by many Scots with feasting and drinking. (*Burns night*).
7. Gree.= degree.
8. Muckle mair.= much more.
9. Lear.= learn(ing).
10. Lang. = Long.
11. Benares. Varanasi (formerly *Benares*). City on the Ganges in India, regarded as sacred by Hindus.
12. Agni. (Vedic mythology). God of fire.
13. Vedas. Ancient sacred literature of the Hindus. The major, being the four collections of hymns known as the Rigveda, Yajurveda, Samaveda, and Atharvaveda.
14. Tittle.= Particle, least possible amount.

Lecture 10 (12th October 1948)

## **PURE THINKING FREE FROM PREJUDICES**

The purpose of this communication is to give you a clear conception of pure thinking free from prejudices, preconceived ideas and beliefs. What I am going to say is very simple yet because of its simplicity it may appear complicated, because of the fact that it requires your diligent thought so that you can come to your own conclusions.

I am not going to deal with theories, ideas or beliefs, neither am I going to tell you what is intelligence or what is spirituality. This you must find out for yourself through the recognition of that which is unintelligent, thoughtless, stupid. Through the awareness of that which is not true you can discover for yourself that which is true and through your own deep discernment of that which is untrue so will you arrive at that which is true. This is essentially simple but not so simple for one who refuses to put off ideas and beliefs and not to be influenced by these, otherwise you will be unable to come to the core of the truth, that which is immortal in yourself.

We are not in any way attacking any organised society or religion for to us who know the freedom of this truth all organised religions are utterly false. They do not lead you to the realization of eternity, immortality, on the contrary they only hinder you.

Therefore do not repeat my words for this will be of no value to you. You must come to the conclusion which is your own, then you can be a guide to those who are bound. It is not what I say or what you say or what another may say, it is what you arrive at through your own discernment of what is utterly false.

You must examine what I say to you without reference to what you have heard or read for by comparing you will not find out the true simple meaning of what I say or if you begin to compare what I consider to be the

hindrances that prevent man from the full understanding of Life you merely set up one idea against the other and then choose according to your own prejudices, in this way there can be no understanding. You only become bound by your own opinions and prejudices which is not freedom.

To understand you must carefully examine impersonally with a mind that is free from ideas and beliefs, then you will arrive at that which is true in itself. To arrive at that which is true you cannot have pre-formed judgments otherwise you are only further deluding yourselves. If you look into your mind you will see there certain formed beliefs and ideas and opinions but if you examine them thoroughly not merely skimming the surface you will come to the conclusion that they are only beliefs, ideas and opinions and you will also find that these have hindered your arrival at that, that true expression of Life which you are so ardently seeking.

I am expanding this point because I desire you to see the importance of it for this although essentially simple is not easy because of your preconceived ideas. You want what I say to you to conform to those ideas which you hold, and immediately I say something that in any way confirms your ideas you feel relieved, glad, and if I say something that is not in conformity with your ideas you squirm and try to reject. Now you cannot arrive at the truth in this way, you only add further confusion.

What I say must not be compared neither must you accept what I say because it may confirm your belief or reject same, because it does not. True examination free from prejudices and beliefs is the only way in which you can find freedom and that freedom is within yourself, and you can find it only by being impartial, free from beliefs, ideas and prejudices.

If you listen to me with a background of what you have accepted without due consideration, that background may be one of Christianity, Theosophy, Hinduism or Buddhism or Judaism, you will be stuffed with these ideas which are in themselves contradictions. You can readily see that this background impedes your thinking and in your reaction to conflict your former ideas become your haven to which you return, and you are no longer able to think for you are content to accept your limited beliefs that hold you in bondage, rather than use that inherent gift of pure thought that enables you to accomplish the so-called impossible.

So if you examine what I say impersonally without bias you will discover for yourself its intrinsic, immanent worth.

Neither must you accept what I say as your authority for the only authority lies within yourself. So what I say I want you to examine freely, criticize it, doubt it, question it, all the time doing this free from any preconceived ideas, because you cannot examine, criticize or question anything intelligently if you are still attached to any ideas or beliefs, if you are biased or have prejudices.

Attachment is like one who is bound, hands and feet. Because you are attached to your family you have given in to them, because you follow a certain religion you give in to your priest, or you belong to a certain society or union you give in to them. All this prevents your clarity of thought and when you begin to cling to your ideas then you create division and you call it your path or my path. Now Truth has no paths. The division of “your way” and “my way” is born of ignorance of illusion and you make your choice with a mind which is attached to a particular idea or system against others who are doing the same, thus you create prejudices, but you will observe that that is not thinking and you can never find the truth this way. It is only when the mind is utterly free of all attachments that you can discover that which is true and you recognise the intrinsic worth of any idea. But where there is division, distinction, attachment, there can be no understanding at all, you merely perpetuate that which gives rise to separation, which creates bias and conflict. There is no sides and you need not think that you can take this side or that side to arrive at Truth, there can be no sides.

To realize eternity, immortality, pure action, pure thought which is pure love and wisdom, it cannot be understood through division, through systems or creeds, this path or that path. For when your mind is disciplined to think in a certain direction only, when it is controlled and directed it loses all pliability and hence all understanding. You have only to look into a mind that has been so directed and controlled to see how rigid it is in its beliefs, this is truly ignorance.

To approach and try to understand truth through division is futile. The idea of tolerance is but an intellectual invention which covers up the

conflict arising out of the false division. Where there is real affection, real understanding there is no need for tolerance.

When there is real affection freed from attachment then there is no need to organise, to create unity and understanding, you do not need to organise yourselves to become brotherly. You need not belong to any particular sect or denomination or society or Church to become a real “human being,” and this is greater than all theories.

What I am trying to show you is the hindrances which prevent in you the instantaneous recognition of truth.

Figures mean the same thing in all languages, and the problem when correctly worked out must come to the same conclusion, although the characters of the figures may be different. So it is with truth, there can be no duality in conclusion, there is no distinction in the result.

You are all essentially human no matter what nationality and it is this factor that must be seen free from all attachment to beliefs or ideas which create separation.

There is an ecstasy of Life, an eternity, an immortality, which is in the completion of your daily living freed from all separation created through attachment, ideas, theories and beliefs by living in the “Presence,” that Presence which in Itself is all complete and is expressing Itself in full when given the opportunity, and this does not mean in some distant future which is but a passing fantasy.

This ever-lasting reality can only be understood in the fullness of the present, that is ever-present, the realization of the Presence now and being that Presence, by allowing that Presence to express Itself without hindrance.

There has never been any separation from it nor have you ever been divided in it. This separation, this division is but a concept born in ignorance, and when you can discern this then you can dissolve it away, but this understanding cannot come through ideas or beliefs but through deep awareness of Reality and the discernment of that which is unreal. But Reality cannot be imagined or fancied and that which can be explained is not the Truth. That for which you struggle that which you conquer is not Reality. You do not have to conquer Reality nor struggle for it or with it. The ecstasy of the Truth, The Presence, comes spontaneously, naturally,

sweetly without the slightest effort, without self-discipline or direction, without analysis, without introspection. It comes without toil, it comes with ease, with quietness. It is this ever-living ecstasy, this Presence, this Truth that you must realize and when it is realized then all division, all ideas, theories, beliefs will completely disappear. They just drop away and leave you free in that Presence.

Now this is not reserved for some future time which some will have you believe. It can be understood only when the mind is freed from the past and the future. If you think of the past you create a future, if you think of a future you create a past and this is division. There is no division in the Presence for it is ever-present. Freedom from the past and the future comes when there is the full significance, the completion of the Presence always present.

To understand the completeness of the Presence there cannot be attachment to even a single idea, only in freedom from attachment is there true intelligence. When the mind is attached to an idea or a belief or to a past experience it reveals a lack of intelligence. When the mind is filled with the Presence there is freedom from past and future, beliefs or ideas. Now this is essentially simple but because of your attachment to ideas and beliefs it becomes difficult. Yet when you can discern these ideas and beliefs and see them for what they are they are dissolved away and this leads to pure thinking. Intelligent thinking is impossible while there is attachment.

Attachment is thoughtlessness, incompleteness in the present and when deeply discerned and understood you will see that thoughtlessness that incompleteness in the present is unrighteousness.

To theorizing there is no end. Anyone can invent theories. Many books are filled with them about the Spiritual Life and about Truth. Theories are inventions of the mind and are not Truth. I am not interested now in any theory whether it be Hinduism, Buddhism, Christianity or Theosophy. These are but patterns to which the human mind conforms. And where there is conformity there is no intelligence. Theories are valueless to a living person. It is people who live, not theories. I have observed those who belong to many societies and religions, those who hold many beliefs and hopes. I am not placing one theory against another so that your mind can

delight in the contrast and create a division and a conflict. I only wish to show you your own mirror, the cause of conflict, so that by true perception and clarity of thought you can discover for yourself that ecstasy of living Truth and thereby become free and joyous.

I know that most of you have patterned your life on theories which is one of the causes of conflict and your whole life is based on what another has said. As a living person you destroyed your own understanding through conformity through the dictates of another. That which you worshipped has destroyed your power to think.

There is conflict and sorrow in the mind and heart of everyone in the world and there is little use being concerned with ideas of helping the world unless you first begin to understand yourself, to understand that the Presence which is the only reality is ever-present and to begin to destroy your own walls of illusion and thus release yourself from your own prison. How can you expect to release another if you yourself are still in bondage, for you will only entice others into your own illusion which may by contrast appear freedom to others. If you look into your mind you will see that your thoughts and feelings are concerned with imitation. You have pre-formed and image of what Life should be or what Truth is, gathered through books or through the authority of another. You are thus forcing your heart and mind to reassemble that image.

Is it not true that you all have created a social structure which demands adaptation and conformity and are caught up in the net of your own creation? The social structure is the outcome of your own desires and illusions. If you believe in a preacher whom you think knows or has authority over you, if he creates in your mind and heart a fear then beware of him for he will destroy all understanding.

I do not tell you to follow me or obey me or that I represent the Truth or that you must become my disciple for this would create conformity and where there is conformity there can be no intelligence. Only when the mind is free from conformity or authority either of the authority of another or belief in the past or the future can the ever-present Life express Itself in you and this is the ecstasy of Truth.

Man has become a cog in a machine, because he exists without that completeness that ecstasy of living in the Presence. He is ever disciplining,



controlling, suppressing and destroying his own creative understanding. Hence the utter misery and chaos in the world.

Only through the realization of the Presence in the ever-present can man be freed. Thus the work of the Sanctuary of the Silent Healing Power is the most helpful to mankind because you are the world multiplied millions of times so when you realize the Truth and discern your own illusions so you help the world. In your work you are blessed for not only are you freeing those of the earth plane but many thousands in the psychic plane.

The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

### BENEDICTION

We have attuned our life with Thine and now our life is a continuous inspiration. Thy fountain of Eternal Bliss intoxicates us night and day. O, how we have dissolved into Thy Presence and become Thy Presence with endless indescribable beauty and fragrance of Thy Divine Breath of Love, Wisdom and Healing ceaselessly inhaling and exhaling Thy Divine Presence.

O, Divine Nectar, Wine from Heaven, we have found Thee at last and we shall taste of Thy Sweetness for ever and ever and ever.

SO MOTE IT BE



Dr. Murdo MacDonald-Bayne M.C., Ph.D., D.D.

Founder of the College of Universal Science and author of *"Divine Healing Of Mind and Body."* Murdo was born in Scotland in 1887 and served in the Great War (WW1) where he was awarded the Military Cross. He writes from practical experience having travelled the world several times healing thousands of people of all kinds of diseases and teaching the Truth of the Law of Being to many thousands more.

According to Murdo he had studied and gained experience in many lands and had spent long periods with the true Masters of the Tibetan Himalayas, where he received the true enlightenment essential for the writing of *The Higher Power You Can Use* and *I am the Life*, the pinnacle of the Truth. From 1944 'Dr. Mac' as he was affectionately known, resided in South Africa where he gave weekly lectures, some of which, over a four year period, were sound recorded. During a visit to England he passed over, suddenly in London, February 1955. His writings, then as now, still have a powerful inspirational and healing influence on those who seek the Truth.

#### *COSMIC CONSCIOUSNESS: Your Silent Partner*

These lectures were given in Pretoria 25<sup>th</sup> November 1947 to 12<sup>th</sup> October 1948. They form the basis for the posthumous unpublished book with above title compiled by one of Murdo's students. This particular volume is a revised edition of that book and presents the lectures in the original order as presented to his students along with those missing from the former edition.

Included is a bonus CD of an original sound recording of one of those lectures *"Inspiration and How it can be Acquired"* complete with verbatim transcription into text.



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