



**Murdo MacDonald-Bayne**

# Life Everlasting

**2nd revised edition**

(LECTURE NOTES 1948-49)

**LIFE**  
**EVERLASTING**  
**2nd revised edition**  
(LECTURE NOTES 1948-49)

as given in a series by  
**DR. MURDO MACDONALD-BAYNE**  
M.C., PH.D., D.D.

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\* Missing lectures not included in “Life Everlasting” (1980) edition.

- [1.](#) This lecture has been expanded to include verbatim the text taken from the actual sound recording of the lecture.



### ACKNOWLEDGMENTS

This volume could not have been put together without the assistance of: Clothide Scheffer, Corrie & Margaret Straub, Paul Straub, Harry E. Knowles, Louise Wade and David & Daisy White all of South Africa. Also thanks go to Bruce Hogarth of Christchurch, New Zealand for his assistance with the sound recordings

## PUBLISHERS PREFACE

An attempt was made in the late 1970's to release some of the remaining unpublished material (Lecture Notes 1947-1954) in book form. The first being "*Life Everlasting*" which was published (1980) to be followed by the then unpublished "*Cosmic Consciousness: Your Silent Partner.*" But in both cases the material was unfortunately not presented in the original sequence that the lectures were themselves given, therefore not in line with Murdo MacDonald-Bayne's particular teaching style.

Murdo was very specific about how his material was to be released. His lectures, given in serial form, followed the ancient method of teaching or transmission of knowledge from master to disciple, a method used by both Eastern and Western Mystical traditions. The format was one of a spiral system, always returning to a subject or point, but each time revealing a bit more and advancing to another level in awareness. Murdo stressed repetition of re-reading his books or lectures to his students. He stated, "the style adopted in these Lectures is intentional and the repetitions are deliberate. The double object is to convey the Truth to the mind. It is through this unique form of wording and of repetition that the student is able to grasp the reality that is invisible and which is the basis of the visible. When we understand the invisible we are more able to understand the visible.... I trust that you will progress through these Lectures diligently, quietly and slowly. Repeat the process as often as you can. The more often one reads, the more one begins to understand."

It is therefore to be noted that these Lecture Notes only formed the basis for Dr. Murdo MacDonald-Bayne's talks from which he gave further explanation on the actual night. The Lectures Notes even on their own are still very inspirational and full of wisdom.

PUBLISHERS NOTES ON 2006 REVISED PAPERBACK EDITION “*LIFE  
EVERLASTING: 2ND REVISED EDITION*”

The following lectures were given in Pretoria, South Africa, between 19th October 1948 and 28th June 1949. (They also had been given at different times in Johannesburg between 1947-49). They formed the basis for the posthumous book “*Life Everlasting*” (compiled from the lecture notes by Paul Troxler of Pretoria a former student). In 2004 Mystica published a Revised Edition of the 1980 book and presented these lectures in the original form and order as presented to his students along with those missing from the previous edition. Since 2004 more material has come to light which required the 2nd revised and expanded edition to be produced. Where known the Publishers have kept the original title of the actual Lecture Notes, otherwise an appropriate new title has been given related to the contents of the message.

In honour of the work done by the late Paul Troxler (1905-93) in keeping Murdo’s teachings alive in South Africa, this book is so dedicated.

NOTES ON SOUND RECORDING “*IS IT NECESSARY TO STRUGGLE IN LIFE AND IS  
STRUGGLING A BAR TO OUR SUCCESS AND HAPPINESS?*”

Taken from a recording made in Johannesburg at Escom House on Thursday night 3rd March 1949. As with most of the recorded lectures a portable Webster-Chicago wire recorder was used, that is, the lecture was recorded onto a spool of stainless steel wire. A digital (PCM) transfer from the original wire spool was made on 2nd July 2005, from which a final Master was made and released in Digital CD MP3 format (MMB 2002).

MURDO’S BIBLICAL REFERENCES

Besides the standard King James Version, Murdo often quoted from another source, Moffatt:

“A New Translation of the Bible containing the Old and New Testaments.” James Moffat (translator), revised, 1935. Harper & Brothers, New York,

1935.

1948

*(Pretoria Series)*

## Lecture 1 (19th October 1948)

### **THE PRESENCE OF GOD IS THE ONLY REALITY**

My last communication to you was for the purpose of creating pure thinking individually. No other person can do your thinking for you. This you must do for yourself if you want to be free. If you accept what others say as an authority you conform to their thinking thus you no longer can think freely, you only imitate. Some have not felt the full significance of what I said. Some are unable to think except in terms of what they have already accepted from others which have become beliefs. Pure thought can have no reaction to beliefs, ideas and prejudices. Some think that this pure thinking cannot be done in their daily existence. This is but an escape from responsibility to think correctly and succumbing to conformity which is limitation. Some rebel against the sweeping away of all organised belief.

What I want to point out to you is that first of all you are human beings in whom the Presence of God is the only Reality. Now this Presence is never in opposition to itself in any or all human beings. Now where does this opposition arise from? Suppose we take four persons of different denominations. These four will be perfectly happy together provided their beliefs are unknown to each other. Immediately their beliefs are known there is antagonism. Now they do not differ because they are essentially human beings but because they hold different beliefs. I want you to see clearly that beliefs is the main cause of separation.

The other day two people were talking in the most friendly manner until one said that he was of a certain faith. Immediately there was a coldness and their friendly feeling disappeared. I spoke to them and explained that all were first of all human beings in whom the one Life is the only reality and which they both depended upon for their existence and that their beliefs were but ideas which they had accepted from another. But if they would take a few minutes to think it out they would see that both their beliefs were

utterly false because it divided them and caused separation and this separation was only in their minds and not in reality for the Presence was indivisible and was never in opposition to itself. This was the only Truth, there could be no other. You must learn to think purely for in Spirit there is no separation hence no religious denomination and no differing cults or organisations, no nationality that separates one Spiritual Being from another.

If you look into your own lives you will see that there is a constant struggle to conform but there is no need to struggle to live. You live without struggle but when you struggle to conform you put Life in a prison of your own making.

All your effort is merely to adjust your ideas, your feelings, your actions to the dictates of another, to an authority whether it be system or belief. You will see that this struggle, this effort to conform, to imitate does not lead to understanding but makes you hypocritical, insincere to yourself. You do not know what you really think, what you really feel because you never doubt the pattern, you never question the authority. Like sheep you follow the dictates of another and are led to the slaughter. Therefore those who lead you destroy you.

Now if I tell you that God is Love, Wisdom and Healing and you accept this as true yet you do not discern that which is untrue you will still perpetuate that which is untrue and the Truth is not you. If you still adhere to your division in nationality, in religion, in the differing creeds and cults then you cannot think purely for you will only think in accordance with your belief which separates you and this is utterly false for the Presence cannot be divided against Itself and this is Life and Life is the Living You and you are the one who is living and not your beliefs, nationality, prejudices and ideas. These are of the mind steeped in illusion and ignorance. Truth is indescribable and that which is describable is not the Truth. But I can tell you what are the hindrances to understanding. By becoming aware of the hindrances yourself, by confronting them, by discerning them, by penetrating them with your pure thought you will free yourself from them and thereby realize that harmony, that poise of understanding.

Then you will see these hindrances with all their subtle variations that prevent you from living in the present. Living in the Presence, that in Itself is freedom and perfect living which alone is immortality.

Now what I am going to say to you is of great importance. Do not fight these hindrances nor pacifically endure them but become conscious that they are false, that they are a hindrance to the clarity of true discernment. You can become free only by examining them without with your mind utterly free from all attachment, free from prejudice, free from ideas or beliefs. If you use comparisons then there cannot be understanding. You are only deluding yourselves again. If mind is suffocated with the demands of loyalty, with the fulfilment of certain duties towards any organisation which demands conformity you will be incapable of true understanding. If your mind is attached to particular beliefs and prejudices which satisfy you and give you a sensation of greatness or of power, as long as there is this attachment there cannot be discernment of the true. It is only when you are unattached that the understanding comes in which there is no effort, no discipline. The Presence requires no effort to express Itself neither has It to discipline itself into action. It itself is pure action and in this there is the freedom of the individual who realizes it.

We see in the world a continual struggle, each one is seeking security, materially as well as spirituality. In the material this means piling up wealth and possessions which bring conflict and sorrow, in the spiritual there is the desire for the acquisition of virtues. Thus virtue becomes a vice. There is no security in either of them. Hence the world becomes the arena of competitive systems of material and spiritual which creates quarrels and conflicts. Mankind has separated the world into the material and the spiritual but there is no separation anywhere, the one is but the expression of the other. All is of the one Source, division is in the mind and this is the cause of struggle.

When you become aware that you are the creator of your own prison and no one can break down these prison walls but yourself you will begin to destroy these walls. Being a prisoner of wanting and craving you are perpetually concerned about what is Truth, what is God, what is light? You can know this only when you are out of prison. But if in the intensity of your suffering, if you only try to imagine what is freedom without knowing



the cause of your suffering you do not break down the walls of your prison but merely bring an idea into your prison. It is only by breaking down the illusion created through wanting, through craving that you rid the mind of the idea of destruction so that there is no longer a struggle. Struggle is limitation and limitation is—born through craving.

Immortality, eternity cannot be grasped by a mind in limitation but by living in the Presence, that Ever-present with intensity, but without struggle, for the present alone is eternity. In the Present alone is the fullness of understanding which is supreme intelligence. The mind is forced to grasp the truth that the Infinite Intelligence, the Presence, is within you. This pure thought is possible only when all illusions have been discerned. There need be no mental effort to realize that there is a Cosmic Power resident within your own mind and body for this must be so. The Presence is ever-present and the Present then is the only Reality.

He that cometh to God must know that He is. Therefore through pure thought we arrive at the conclusion that God, the Presence, is within us now. This enables us to act intelligently free from limitation, free from craving, free from fear, free from false beliefs that separate mankind.

The Presence is active now in your affairs. But if you look away from the Living Presence, this indwelling Intelligence, to look upon appearances, then you will be lost in the illusion. The realization of the immediate Presence of God in your affairs is so effective when understood that it eliminates from the mind all fear, all craving, all limitation. When the cause of fear, craving and limitation is discerned it falls away, it is dissolved and Reality takes its place.

By understanding what is not true we arrive at that which is true. You are the expression of Life itself, the expression of the Living Presence. Steadfastly refuse to let tradition affect your thinking. Do your own thinking free from tradition and limited beliefs. Jesus identified himself with God, at the same time he discerned the error that kept man in bondage. Therefore identify yourself with the Presence that is ever-present and that is the immediate Present. It is not your family nor tradition nor your Church nor your nation nor any special organisation that keeps your heart beating.

Listen to your heart for a moment and ask yourself who or what is keeping my heart beating. When you have thought purely you will come to

the only conclusion that is possible, that it is Life that is present in you. You are alive with this Life. When you realize that it is neither Church, State nor Nation nor belief nor ideas that keep your heart beating you will free yourself from this false illusion that hinders your true expression.

Have due regard for your family and all that makes up your individual life and furnishes you with companionship but do not get your values confused. Steadfastly refuse to worship your nation, your Church thereby becoming a slave to these things. Submit yourselves to the Presence only for in it you will find everything, your family, your nation, your Church but you will also find that it is never in opposition to itself nor does it divide itself. It is the same Presence in everyone, in the family, in all nations!

Realize this Presence, then all division passes away. In the Sanctuary of the Silent Healing Power all enter in free prejudices, free from ideas. Mohammedans, Buddhist, Christian, Jew are all equally aided, there is no distinction made. We of the Spirit world are working with you and when you realize that there is no distinction here then there should not be any distinction with you either. The work of the Sanctuary is continually blessed by the Angels of Light, the great Solar Angels of the Cosmos. Their blessing is also upon you and your work of the Sanctuary.

## BENEDICTION

Thy Love hast gone forth stirring the hearts of millions and re-echoing its Presence so that all shall feel its warm and attractive power and humming Thy name, seeking a resting place in the Garden of Ever-lasting Flowers, each petal revealing Thy glory, yet peering with half open eyes, not yet fully awake to the Rays of Thy Love that wait to pour into the bud of Thy Creation.

Thou art indeed sweet to the Thy human creation. Thy unending Love, Wisdom and Healing is the nectar that sweetens our lives and leads us ever nearer to the full realization of Thy Divine Presence in us.

SO MOTE IT BE

## Lecture 2 (26th October 1948)

### SPIRIT IS THE LIGHT IN MAN

The Spirit that we now know as the Light in man, involved itself in its own substance by ingression until it reached its depth of involution. It then began its evolution and today we know that the Spirit of man is struggling to free itself, and nothing can stop its progress. For this great and overwhelming force of Nature is the true governing agency of our planet. Although differentiated into form, It remains the same Absolute Spirit, undifferentiated, the **one** and only **One**.

The time is not far distant when mankind will be freed from the bondage of politics, economics, dogmas and blind orthodoxy, their end is near. Hear the cry for freedom from every part of the globe. Mark the change in the thoughts of mankind. See the mass of advanced literature that is on every hand and how eager people are to get it.

It is this urge that is making you all seek this true path to freedom.

As there is a cycle in man's earthly life, when he comes into it, and leaves it, so there are greater cycles in which he is moving and which are moving forward the whole of mankind, to greater freedom and glory of the power of the Spirit that is within.

The solution of the great mystery of death has already been solved on the Cross of Calvary and many more since that time have also solved the mystery. To those there is no more seeming death, for those who pass out are present as though they were still with us. This knowledge will eventually be the property of all, as the spirit sensitizes the senses as our progress is made. The spirit is evolving the human instrument in its greater cycle of unfoldment so that mankind as a whole is changing.

Just as the end of man's earth cycle ends abruptly so will this greater cycle of spiritual unfoldment take place, and the inner urge that you all have

for enlightenment and awareness of the truth is the herald of the new age to which the old age must give way.

Freedom will be easy for those who seek this unfoldment yet it will be difficult for those who cling to the old age of bondage, superstition, greed and ignorance to free themselves. It will be easier for a camel to pass through the eye of a needle than for one who clings to the old age to enter into the Kingdom for “he that bindeth shall be bound, he that freeth shall be freed. He that leadeth into captivity shall go into captivity. He that killeth with the sword shall be killed with the sword. As the old age endeth so in that hour shall the new be born.” These are the words I got as I began to write this lesson.

As there is only one mind in which we think, in which all our thoughts are active and tend to produce their kind, it is most important to us not only collectively but as individuals, that we should recognize this fact. And the more we know about the Universal Mind and our own individual minds the better it will be for all.

The real secret of power is to be conscious of the all-embracing power behind all creation, which is individualized in us, and which is the only reality in ourselves.

The Universal Mind is carrying out the desires of the Absolute at the same time it carries out our own individual desires and innermost thoughts whether we know it or not.

We cannot interfere with the great evolutionary forward movement of the Divine Spirit, but we can co-operate with it, and by doing so we are carried along the stream of life instead of battling against it. Therefore the more conscious we become of our unity with the Universal Mind the less conscious we shall become of our conditions and limitations and the more we realize we are one with the great scheme of Spiritual evolution the more free we become; freed from the conditions and limitations we impose upon ourselves.

As we become aware of the inexhaustible power which is behind us and which is within us, we can rely on this power as we draw upon it, to develop our greater possibilities of which at present we may hardly be cognizant. Yet by the application of this law we can manifest upon the objective world of ours things which at one time we thought impossible.

Our ability to think is the proof that we inherit the creative power that created the Universe and which is now expressing itself through its own creation, and is the very power we ourselves use to act upon the Universal Substance. For we are the very channels through which this Infinite Mind is expressing itself, and whereby this eternal energy is being manifested.

To become conscious of this, is to really live, for we become attuned and attached to the Universal Mind which is limitless and contains infinite possibilities for us when we co-operate with it with results exceeding our wildest dreams.

The individual mind contains the quality of the Universal Mind because it is one and the same, as a drop is to the ocean. When that drop becomes one with the ocean it is the ocean, so is the individual mind one with the Universal. The qualities of the Universal become those of the individual who becomes aware of its oneness. Thus the individual receives its power from the Universal to meet every situation which may arise in the individual life.

Our ability to overcome conditions depends upon the consciousness of this power, therefore the more conscious we become of the source of all power the greater will be our power to control and master every condition in life.

To the degree that you feel the creative mind can and will reproduce your desires, just to that extent will it manifest itself in creating them. Hence according to your understanding it shall be done unto you. Therefore the one hundred per cent positive mind becomes the ideal mind. This ideal mind is not obtained by loose imagination without due regard to facts or due regard to our thoughts and emotions.

Our habitual mind reacts to our present situation or condition. We must observe what our thoughts and feelings are and if they are dominating us. We should note carefully if our minds are manifesting fear, worry, joy and sorrow, hate and love, doubt and faith, and what are the varying degrees. What are our reactions to specific things and circumstances that definitely pertain to our happiness or success, our advancement and our unfoldment. Whatever happens to be the situation, stop for a moment and realize the cause of your confusion and feeling of despair. Instead of looking upon every lack and limitation, focus your attention upon the positive aspects,

learn to get your facts arranged properly and in sequence. Build from the foundation constructively bearing in mind that the Universe is built upon a foundation of true facts. Do not allow your imagination to escape into the realms of the impossible, not at first anyhow, not until you have gained confidence in your own ability to accomplish.

Do not base your foundation upon opinions. If you are of the opinion that a stone will remain in the air when you throw it, you will find that the fact does not coincide with your opinion, for the stone will come to the ground through the law of attraction.

A positive mind will produce successful ideas while the negative mind cannot. A positive mind is a balanced mind, a negative mind is not. A positive mind allows no outside interference to affect its constructive ideas; a negative mind does. A positive mind learns to reason the cause of any apprehension, a negative mind fears and fails to reason.

A positive mind is always calm under difficult circumstances, which leads to successful overcoming, a negative mind becomes irritated, fearful, antagonistic which breeds defeat.

Observe well the separate negative and destructive ideas, and suggestions, which keep cropping into your mind, for it is by dealing successfully in your mind with these specific negative ideas that victory can be achieved.

My experience in helping other people to be well and happy, and to accomplish, has proved to me over and over again that the necessary elements to health, happiness and achievement lie hidden in our own minds. Most people do not understand the language of nature because it is too simple!

(Here end this Lecture)\*

## Lecture 3 (2nd November 1948)

### UNDERSTANDING THE POWER OF THOUGHT

We are sometimes confused with terms in understanding the power of thought.

First of all let us consider mind as a substance that can be changed and is continually changing according to the thoughts which are seeds that are sown in mind, and use the mind substance in their formation.

Wisdom or intelligence possess the power to produce. Intelligence possesses an identity or consciousness, a combination of will and knowing how.

The body is the substance of mind in a passive phase, having no power of its own although it has natural senses in its own sphere.

The soul has intuition and clairvoyance independent of the natural senses.

Mind is spiritual matter and I have found that by the power of my own thought I can change the mind of my patient and produce a chemical change in the body like dissolving a tumour.

The general impression with most people is that mind is intelligence with will or direction.

Now I make mind a substance subject to the intelligence.

The word “fire” does not mean the material to be consumed but the process of consuming it. So mind is the spiritual substance that can be changed.

The power that governs mind is Spirit—consciousness and intelligence—or will, direction and intelligence, capable of creating.

Wisdom is the expression of First Cause and is superior to mind and moulds it.

Thought is a seed which we put into mind just like a seed of a flower or plant that comes forth in the form of an idea. It then waits like fruit to be eaten.

For instance, a thought is sown in the mind while we are ignorant of the truth. It grows and comes forth and produces a strange sensation in the stomach. The spirit is disturbed and tries to get rid of the enemy. This disturbance may be called an ulcer and the effect is called disease.

Now if no name had been given or fears existed the tree or idea would die of itself because it was not watered by belief in the condition.

Disease is what follows the disturbance of the mind or spirit matter. The mind is disturbed like the soil of the earth ready to receive the seed. This disturbance contains no knowledge or thought any more than a building that is on fire which disturbs the inmates who try to flee not knowing the cause. It embraces the mind without truth or error, like a weight set in motion without direction. Weight like mind substance never sets itself in motion but being set in motion it is called mechanical power. So is mind set in motion by spiritual power. Both are governed by laws of truth and error, the fruit shows which of the two governs.

If directed by the wisdom of God no bad results can follow, but if directed by error and ignorance it shows as error, which is belief in error which has no intelligence. Ignorance is its life and truth is its death. By the destruction of error comes the introduction of true science of life and health, which is the wisdom of God.

Error is disturbance in matter or mind. The matter or mind is not destroyed but the opinion or belief in the disturbance is annihilated.

The form which follows the disturbance is called disease. Here is where the error lies, the effect is taken for the cause. We take an opinion for the truth and this is the error, for what we know we have no opinion of. Knowledge is the destruction of an opinion which is made of mind directed by error. Therefore the truth is the destruction of this opinion or belief.

The theory that mind is one thing and disease another has left people in darkness and ignorance and causes more misery than all other evils put together.

Mind is spirit matter which, being agitated, disturbs the spirit. This disturbance contains no knowledge of itself but produces a chemical change



in the fluids of the system.

These disturbances may be produced in various ways through shock or fear, by the death of a friend or by religious beliefs and fears while ignorant of the truth. These are communicated to the Spirit and sets it to work to create what we call disease after the form the spirit or consciousness gives the mind.

The mind being matter under the control of the Spirit, is capable of producing any phenomena. When the truth is known to the consciousness or spirit, the phenomena disappear and truth expresses wisdom. With this understanding the error being a chemical action in the substance, disappears, the disturbance is overcome and truth remains. Herein lies the power of the truth being eternal and ever-present. Truth is life, ignorance is death.

Now can you grasp the difference between opinions and facts? Facts like mathematics is scientific, and opinions and beliefs are not scientific and create error.

Facts is knowledge and where there is knowledge there is truth. Opinions like beliefs have no knowledge and without knowledge we are liable to error. "The Truth shall set you free." "... .And the Word was with God and the Word was God and the Word was made flesh and dwelt amongst us." This is the wisdom of God, the perfect expression of the "I am." So the prophets know the eternal secret. The "I am " was made flesh and dwelt amongst us.

There is only one Infinite Mind in which everything is and can be created. Therefore all must be mind. Matter dissolves into mind substance when energy is applied to it, thus proving this to be a fact.

Jesus said, "He who is greatest amongst you is the servant of you all," thus revealing the Father as the all-perfect wisdom, the perfect Giver, the Servant of all, showing the great Truth that to become aware of this, the Divine Nature expresses itself of its own free will.

This is the great knowledge sought by all, yet how simple is the truth. Once the Spirit in man recognises its source it is free. Jesus proved the freedom of this truth by freeing others by the same truth. And by this self-same truth I will free you also.

The majority of people talk so glibly about that which is within. They talk about this thing which is within as if it were something apart from themselves, something separate and distinct. If this is so with you, then this thing is worthless and has no power and no wisdom, it is just an image in the mind, an opinion or belief. Those who are in this stage are almost in the same position as those who know nothing about it. “Thou shalt not have an image before me.”

The truth is we are the individualization of the Infinite Spirit and live and move in Infinite Mind, and to know this our Reality is proof against all error. This is the problem that eludes the intellectuals, they try to make truth conform to the standard of their limited thought, forming it into creeds, dogmas and opinions, limiting themselves and their adherents.

The Infinite is now as It was before it particularised “Itself” and determined Itself into finite selves whom we know here as men and women—ourselves, in conditions of time, but the majority do not realize this.

As Infinite they had no beginning, while in their manifestation as unit selves in time had a beginning and have an end. When they withdraw from certain conditions of time into inner states of being where time is replaced with state, there is a beginning and an ending to each state of conscious life so far as regards the outward manifestation of the same inner self and through all changing states. Yet the same unit had no beginning and consequently can have no ending as regards its actual life principle.

There is a beginning and ending to every stage through which the Spirit must pass but the inmost Life Itself knows neither beginning nor ending; though apparently differentiated as a unit of Life, yet it is undifferentiated as to the Life Itself.

Consciousness never occurs apart from life nor does it cease when life withdraws from its various states. It is life that is the essential substratum underlying the phenomena of consciousness, for consciousness is a quality inherent in Life itself and it is the one Infinite Conscious Life, and is the source and basis of being and becoming the ultimate Reality. Paul says, “We live and move and have our being in Him.”

There is but one Life Infinite, Ineffable, Inscrutable in Itself, which is made manifest by and is the central animating principle in every form that

appears to have life of its own, in every world, in every sphere, throughout the myriad Universes of Universes.

Although the Infinite will ever remain inscrutable, unknowable and incomprehensible, we can become “aware” knowing that we are the expression of the Infinite Life which is not subject to any law, state or condition of being, yet this Life which is ours by Divine right expresses itself in an infinity of forms.

To identify ourselves with this Life and the wisdom of its true expression is the guard against all error, beliefs, and opinions of others, no matter who or to what organisation they belong. We will be fortified against all that assails us from without, when we know ourselves from within to be one with the one life that is eternal, birthless and deathless.

“I will put my Law in their inward parts and write it in their hearts; and I will be their God, and they shall be my people. And they shall teach no more every man his neighbour and every man his brother saying ‘Know the Lord,’ for they shall know Me, from the least of them to the greatest of them, saith the Lord.” Jeremiah 31: 33-34.

## SO MOTE IT BE

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\* This lecture and the one preceding “*Spirit is the Light in Man*” are both parts of one lecture given in Johannesburg on 23rd January 1947 (Lecture #1) being part of an early series entitled “How to Make the Cosmic Forces Your Own,” they were apparently split for the Pretoria Series that forms this book.

## Lecture 4 (9th November 1948)

### THE INFINITE MIND IS ALL THERE IS

The Infinite Mind is all there is and there is nothing else, there is no “outside” it—all creation must be in it and of it. Therefore all is mind. This is the only logical conclusion we can come to. It is with this foundation that all those who realized it have become great.

Matter is a term given to the opinion which we hold in regard to it. Yet no one has been able to define what matter is. Scientists have proved that matter changes into a substance unknowable. This substance is mind. All is mind substance, therefore your body is mind substance.

This mind substance is changeable and changes according to our beliefs, opinions and fears in regard to disease, death and other external experiences.

The animating power in the Infinite or Universal Mind is Spirit. This Spirit causes all form and changes in that form to take place. It is the ruling factor which brings forth Universes, planets and all forms of life that exist upon them.

This Spirit is consciousness. It is self-conscious, that is, it is more than Consciousness it has will and direction, and has Intelligence as well. It is the controlling factor in the Infinite Mind and it is the controlling factor in finite mind. It is the only thing that has consciousness, therefore all creations having consciousness must have Infinite Spirit in them. It is the power behind thought. Thought is its means of creation. Its thought carries with it the means of sustaining its creation and this creation is the Intelligence in action.

The Infinite is the whole, the finite is that which is the image and likeness within that whole with the same Spirit functioning in the same mind-substance, with the same creative mode of action.

That is why the finite is the image and likeness of the Infinite. To the degree of our understanding in regard to this so is our power increased, so are we freed from all limitation, sickness and death.

There can be no imperfection in the image and likeness of the Infinite, then, any imperfection must come through our ignorance of this Truth. The more we realize this to be true the less we will react to the external, the less we will believe in sickness and death. The less we will believe in failure and limitation.

The more we can discern our thoughts, emotions, cravings and desires, so we will be able to strike at their roots and destroy them. When we discern our errors, and our belief in them we will know what is not real, when we discern what is not the truth, we will be better able to understand the real. Then the truth shall set us free. When we rid ourselves of our beliefs and opinions, the real which is always present will be established in us. Our beliefs are mostly based upon the opinions of others. Our beliefs when established in us become subconscious and active and tend to change the mind substance which includes our body and which changes according to the dominant ideas we hold in our minds. This change takes place because the substance is changeable.

If our beliefs are created through ignorance these beliefs reproduce themselves and this is the illusion. This is a self-evident fact that cannot be denied.

Our belief in disease produces disease, our belief in the Truth of the one Living Ever-present Perfect God is our freedom. God does not have to be created by us, "He is" now as He always was, the Omnipresent Omnipotent Omniscience.

Our belief in dogma and creed and religion based upon fear and illusion will produce the evils that our illusions and fears represent, that is why belief in the separate religions by different peoples has caused more suffering in the world than anything else.

Next comes belief in disease as represented by the medical fraternity. More harm has been done to mankind by these two than all the other evils put together.

It is for the purpose of clearing away the confusion from your minds that I have been sent.

Do not think I am claiming any special privilege, by no means. The Truth I have you all can also have and what I can do, you all can do if you will believe in the truth that I represent. This is the true teaching that the Christ revealed through Jesus and which has remained throughout the centuries as the only true guide to mankind.

I will prove to you that disease is a belief, an error which takes root in the mind and is not a real thing.

The world today believes in disease, believes in its power. Now tell me where does its power come from? As it cannot be the product of the Infinite it must be the product of the finite, not understanding its true nature, and through this ignorance the finite creates in the mind substance which it has control of, and the form of its beliefs is produced.

Beliefs can also take hold of the mind and create mass thought in the form of oppression, in nations, groups and religions. One of the greatest of these erroneous beliefs was the belief that the Deity was masculine only. With the result that women through the past ages have been oppressed and looked upon as inferior to men and this to a great extent is the ruling thought today, but it is fast coming to an end.

Woman was degraded by the medieval ecclesiastics in their ignorance as representing temptation and sin, when a celibate life was mistaken for a saintly life. This belief has hindered our progress for centuries. But the recognition that the Infinite is feminine as well as masculine will run concurrently with the elevation of the status of women which is now occurring everywhere. The principles of Love, Kindness and Purity, especially represented by her will consequently permeate human institutions in increasing degree, and as facts are bound to prove as we learn more about the human life. We will learn that there is as much female life in the male as there is male in the female, for this Infinite Life or ultimate reality will be shown as we progress in this Cosmic Course to be an Infinite-Self, not solely masculine, that is Father, as has been taught through the ages. It is feminine or Mother also, and in exact proportion to Its masculine expression.

The modern recognition of the immanence (Webster's Dictionary—inherent; indwelling; denoting that the universe does not transcend consciousness, but is inherent within it) of the Infinite in the finite makes it

indisputable that it must be both masculine and feminine. Consciousness represents the masculine and Intelligence and growth the feminine and they are never separate nor can they be separated. The Father-Mother-God is in all things and there is nowhere where it is not. It is in equal proportions in all things seen and unseen. It is a dual unity, being positive and negative which creates interaction, or propulsion and attraction inherently in all things that have manifested life, and is electro-magnetic in character, consequently positive and negative, which is another illustration of its inherent dual unity and throws an illuminating light on its omnipotence.

If you are really interested in listening to me you must put off all superstition, for this truth belongs to you just as much as it belongs to me. Do not take what I say as mere words and phrases or some kind of hazy eastern philosophy. It is not any of these. It is the way that you can lay your hands on the fullness of Truth so that you can liberate life itself in all its glory of pure reason and pure love. The union of these brings the culmination of the flower which is the blending of wisdom and bliss, enduring vision and enduring happiness. This is not only for the few but for the whole world and you and the rest of humanity are the world.

I know that many will grasp this truth sooner than others, but all must grasp it in the end before we can become one, united in the whole.

Youth and age both have their illusions, the old have their illusions in concealed superstition in which they take refuge, the young mostly have no belief but live in the illusion of concealed indulgence. The old find comfort in their superstition and beliefs which have grown up with them, while the young lead to aimless revolt against such beliefs and superstitions without any guiding-post or landmark to guide them to the truth.

These lectures if studied disregarding all previous beliefs and opinions will open up the way to freedom which all are seeking.

We must free life from all the illusions we have created in regard to it, and allow it to function freely through us. By this we establish the true serenity of thought and the purity of emotion which belongs to the freedom of life. To strike at the root of illusion which makes up our beliefs we must know what the root of the illusion is. We must intensify our desire with regard to the Universal Life and kill out the desire of the separate or personal life. We must not destroy desire but desire truly and when we do

this we will have attained the kind of desire which does not lead to illusion and bondage but that which leads to freedom. When this is accomplished there is no fear for the conflict of life but there is joy in its activity. Then there is no illusion or conflict. With this true understanding life becomes a joy that is ever-present in its action through the **individual.**\*

## SO MOTE IT BE

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\* This Lecture and the following one "*Happiness never comes through Possessions*" are both parts of one lecture given in Johannesburg on 30th January 1947 (Lecture #2) of a series entitled "How to Make the Cosmic Forces Your Own." They were split for the Pretoria series that forms this book.



## Lecture 5 (16th November 1948)

### **HAPPINESS NEVER COMES THROUGH POSSESSIONS**

Happiness never comes through possessions and when man finds this out he enters the second stage of desire for the subtle things, such as the grasping at spiritual comforts which shall protect him from the conflicts of life. He reaches out for guides in order to protect him on the higher levels. But this in turn will all prove illusionary.

The third stage is reached when he tries to escape conflict by giving up all attempts to find happiness outside himself in a life of seclusion. But this does not liberate life to freedom. To liberate life is to know it, to live it with others, enjoying its activity with others.

You must have an independent outlook in life, your thought must be original, not merely mechanical, influenced by beliefs and superstitions of others. Independent thought-action and feeling free from all authority, creeds, dogmas or system must be cultivated.

However difficult it may be at first you must practice without shrinking. It must flow spontaneously from the inner impulse of life itself, not from anything outside itself. For such only breeds confusion and sorrow. You cannot confine life in a cage then keep on substituting one cage for another in the desire for freedom.

You are only happy when you find the truth yourself and not the truth of another. Follow the voice of Intuition, the voice of the Eternal within which is the Infinite expressed in the “finite” which is the image and likeness of the Father-Mother Principle.

Free life by living courageously, confidently, gloriously. Living, and Loving, not possessively or with the sloppy thing most people call love, but with that deep understanding in the silent recognition of the Living and Loving God that dwells in every soul. Loving all, resisting nothing.

If you find others opposing your freedom, remember the words “he who binds shall be bound” and “he that frees shall be freed.”

The effect of external worship has been to divide mankind who is carried away in bondage. The moment you worship a super-human being you are cruel to man. Look down any street and you will see vast churches and men and women in tears. When you can come to worship God in the person next to you you will begin to understand the purpose of life.

In our expression of life we must be fearless, positive. There is no failure only experience and this experience is wealth. Try to work not for possessions but for true expression. Then your actions will be crowned with success because fear will have vanished. Your work becomes a joy in your spontaneous action directed by an Intelligence beyond the personality. Possessions come as a natural sequence but with them there is no possessiveness that brings conflict and sorrow, for our eyes are fixed upon the real,—the creative power that produces, and not upon the false which is fleeting and temporary.

Do not be afraid of large ideas as long as they are based upon facts and a solid foundation. When these ideas are held long enough they destroy all undesirable tendencies. Petty and annoying obstacles will be removed from your path.

By increasing your mental capacity through understanding you will be conscious of a greater world of thought which places you in a position to accomplish things of greater value.

By this method you will find no more difficulty in handling big undertakings than you do in small ones.

To organise victory this must first be accomplished within oneself, then it is natural to make it real in the objective world.

When we realize that the Infinite Mind is present in the finite mind we no longer waver at every turn, because our victory is already established within. We must also remember that the Universal Mind is also the manifestor of our conscious mental habits. As long as these habits are in accordance with the law of progression we are on the wings of victory. But if these mental habits are the reverse we need not bewail the result for we are their creators. In this way conditions are produced and we find that our lives are simply the reflection of our habitual thoughts.

The science of Life is then the greatest of all sciences. The Law of the Infinite Expression is that the Spirit Consciousness attracts to itself the substance necessary to out-picture what is held there. The same Law persists in the finite, being made in the image and likeness of its parent. Therefore our dominant mental attitude attracts conditions corresponding to its nature.

There is a distinction between the individuality and the personality. Our personality is the expression of our habitual thoughts which are retained in our minds, the outer being the reflection of the inner. If we love we shall be loved, if we hate we will be hated. If we laugh the world laughs with us, if we cry we cry alone. No one wants to associate with a nagger or a pessimist, they are a drug to one's happiness. If you know yourself you will not be affected by either the pessimist or the optimist for you will know in the individuality an inner reality that is far above either.

Let our happiness rise from within from the knowledge of our unity with the ever-present omnipotence then it will be true happiness, not a happiness that is the result of that which is external for there we find the opposites, happiness in success, sorrow in failure, disease and death and this is an ever see-saw movement of the unenlightened mind.

When we change from the outside to the inner realm so will our personality change and the real individuality takes its place. It will not be made up of the ups and downs of the ordinary existence, it will be the true expression of a calm and joyful expression of Life itself, freed from the effects of the illusion of the outside world.

As soon as you have acquired this inner realization you will attract new things, they will drift towards you as a piece of steel drifts towards a magnet.

There is no standing still, we either go forward or backward, there is no standing still in the world which is continually moving forward. We must move forward or the clock works backwards for us and many have found this out to their cost.

Security can only be obtained by steadfastly uniting with the ever progressive spirit in man. It is the cosmic evolution that is ever urging us on to greater heights. When we realize that the transcendent force of the Spirit of the Cosmos is within each of us, we will know that there are no

privileged few. But as long as we believe that this Cosmic force is alien and apart from humanity and only given by Divine right to a few we will continue to be oppressed and controlled, cajoled and bound by those who exploit our ignorance.

The real work of humanity is to recognise and free the Divine Spirit in man, to recognise that all power comes from within, that no one has any power more than another. The social crimes that are rampant in our midst is the result of this belief of inequality and the fantastic doctrine of Divine Authority being placed in the hands of a few. Through the ages more misery has been caused through this stupid belief than any other form of institutionalism.

What frees us from all our limitation is to recognise our unity with the Infinite Universal Life. The Universal Life is impersonal and makes no exception in favour of any individual. The Universal Life does not act from anger, jealousy or wrath. Neither can it be flattered, cajoled or moved by sympathy or petition. It works through co-operation and those who understand this appear to be favoured because he has found the source of all wealth, health and power.

The source of this wonderful all-embracing, loving Giver, is not only in ourselves but deeply rooted in everyone, and in our association with others we get the experience which is so essential in order to understand reality.

When we understand our thought processes and the things that are not real, we will have a better understanding of that which is real. When all thoughts of superstition, hate, jealousy, envy, possessiveness, failure, limitation, sickness and death are rooted out, that which is left will be the ever-present Divine Nature in mankind. Then we will know as we are really known.

I hope I have made this clear to you. Anything less is of little value to you. There is so much sloppy trash written and spoken today, instead of liberating the life by it we only substitute another cage.

Now I have explained carefully to you why societies or organisations cannot lead you to truth. Truth is purely an individual affair, eternally subjective. Societies, organisations, etc., are objective and the moment you worship someone else or another “I am” you are dwelling in an illusion. Think well over this.

Truth is not concerned with money, tithing or gifts; nor is Truth concerned with loyalty. Truth is beyond all personal allegiances—these are all personal things. Yet some will make you believe they belong to truth and they make you believe that your health and success depend upon them. You must escape all these illusions. If you are mentally bound to these things then you are not free. They have nothing to do with Truth, it is merely a mental attitude. Step out from all these beliefs and see how magnificently you can thrive in your own strength, in the recognition of your oneness with the Infinite Life.

This is truly the Christ Life.

“The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my Life; of whom shall I be afraid?” Ps. 27: 1.

“If any man serve me let him follow me and where I am there shall also my servant be. If any man serve me, him will my Father honour.” John 12: 26.

SO MOTE IT BE

## Lecture 6 (23rd November 1948)

### EVERYTHING IS IN VIBRATION

Everything is in vibration and the different vibrations make up the different things we see and feel, not only in the visible world but also in the invisible. All is within the one mind and the cause of the different vibrations is the prevailing thoughts.

The vast panorama of nature is being constantly changed by the change in the rate of vibration. The same process is taking place in our minds and bodies usually unconsciously according to the prevailing mental attitude we maintain. Any inharmonious vibration that may be prevailing can be immediately changed by our consciously becoming aware of this condition and changing same by our changed attitude towards it. That is why it is so essential that we become aware of our mental attitude always aware, noting the kind of desires, emotions and thoughts we entertain. If we become lost in our mental attitude we are incapable of strict examination and the result we blame on others. This only adds coal to the fire we have kindled ourselves.

If we maintain a grudge towards someone or some condition or if steeped in superstition we are incapable of deeply discerning our mental attitude. The vibrations set up within is being expressed in our lives, in our bodies and our circumstances. When these conditions become manifest, unaware that the cause is within we seek outside for a cure, with the result that we never find it for the cure must come from within ourselves.

We read books with the idea that this will relieve us. Everything we do is done with the idea of ridding ourselves of our trouble, we read our trouble into every kind of literature we can lay our hands on. We may seek relief from others who are as ignorant as ourselves as regards the cause of our trouble and who often advise us to read certain books with the result

that we are very little if any better than before, only to become more confused, for we substitute one cage for another.

Little do we realize that it is Life that is seeking freedom from this confusion. Many Truth students are moribund with affirmations and are not enlightened regarding the real truth of the real way to the freedom of life. They keep on repeating words and phrases, a temporary relief may be obtained, but it is only temporary and many have found this to be true.

Life itself is free and natural, it is the true expression of the Infinite Mind in the finite mind. If the finite mind is **not aware of this**, we create beliefs, build images in our minds in regard to what our beliefs represent. We put life into one cage after another. This only produces for us experiences which are contrary to our true nature, and then we rebel. We seek outside ourselves for some relief so we ask others for the bread of life but we are given a stone. We may accept what we are given but soon we find we have just substituted one cage for another, so life goes on in the continual seeking for freedom. We carry our conditions around with us, we present them to this specialist, that specialist, this psychologist or that. Some specialists will give it a name, others will say "I cannot find anything organically wrong with you, it is in your mind." The first has added to the harm already done by identifying the condition with other conditions which are known in our world of ignorance, with the result that we believe that all other aid is futile and resign ourselves to a life of misery.

What the second says is partly the truth but gives little relief to a person who knows and suffers agony with no means of eliminating the condition. So we wander along to a psychologist who looks into our minds, mistaking effects for causes, trying to find this cause and if the cause is found this ends the matter. Still we are just as bad as before because when one devil is released without putting in the truth seven other devils may take its place, so we try truth teachers, and some say, "Now I will give you some books to read." So we read our troubles into the books and become more confused. Another will say: "You do not give enough. Open your purse and give and you will be free." But this is just exploitation of the ignorant who suffer, and when we do give, we find ourselves with less, materially, but just the same in regard to our trouble.

This is exploitation in its worst form and many people are bluffed by it. But the poor sufferers still have their cages. Some may give us phrases to repeat but this is just another form of mental hypnosis which wills us into a false feeling of security from which we must eventually awake.

I hope you see the point I am driving at. It is the freedom of life and life can only be free when the individual frees him or herself by knowing the truth about themselves, by discerning that which is not true and disposing of it as we would an old coat and recognising then our inner reality and freeing it from all its cages, no matter what they may be, religious or otherwise.

Error produces error, beliefs produce only beliefs. You cannot substitute one error for another error or one belief for another belief. Life does not need any of these things. It is free and wants that freedom of expression that is seen in the little child, for such as these make up the Kingdom of Heaven—the Kingdom of Freedom.

If we are uncertain of our own judgement we instantly resort to authority and tradition. This has the effect of weakening our capacity for judgement and defrauds it of its true aim.

What we need is to become more and more impersonal so that judgement becomes freed from entanglements. To become strong and free we must not appeal to authority outside ourselves. We must take sole responsibility for all we do, then we begin to rely upon ourselves. We must not run away from suffering, we must know what it is, then we shall be free from it, and this can only be done by a process of impersonal progressive discernment, and when we establish that impersonal outlook in ourselves we will find that we will no longer cling to authority and tradition, which are cages in which we live.

Most people are imitators. They live on second-hand ideas for the fulfilment of life. People of the same type gather together. You will notice that the greater the mass the greater the ignorance, because they have the same outlook. It is only the few who will get down to self-development, that is the only way to realize life's purpose.

The majority think that life's purpose is sleeping, working for material gain, eating and having plenty of amusements to drown the suffering that it brings.



The next group are those who seek relief through religion of some kind. So the great Spiritual thing in Life is standardized and the individual is smothered.

The individual is taught to want and to give but this is always a going away from oneself. It is our being we have to recognise, this is the only positive thing in us and this is what everyone is seeking. To obtain it we must not depend on external things. Our wanting or giving are personal things and has nothing to do with Truth. The majority try to buy themselves into Heaven. When we enter into this being which "is" we become the sunshine in which all things grow and in this being we will find that there is nothing which is evil or good, bad or indifferent for these are relative things and are not the subjective reality we are seeking. These things are made in man's ignorance of his true nature. We create the vibration and this produces the condition we ourselves rebel against.

This knowledge is of priceless value and by applying it we shall know what we can do. We will realize that our present physical condition and environment is the result of our thinking. Our errors are externalized by the power of the thought they engender, therefore we must examine our method of thinking.

We must remember that every thought attracts its kind and produces the vibration which we see manifested on the screen of our lives.

To make a mental picture of physical perfection is not enough, there must be a discerning of the motives and thoughts that cause these conditions otherwise we will not be free. The mental attitude which we hold will keep expressing itself in the subconscious and will show itself in the objective, sooner or later. We may hold a picture of the perfect physical but if the mental attitude towards others and life in general is distorted then we shall not be free. The old conditions will keep cropping up from time to time. We must rid ourselves of all these things by deep discernment.

By this method thousands have destroyed all manner of physical and mental disturbances in a few days and sometimes in a few minutes.

(Here ends this lecture)\*

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\* This Lecture and the one following "*The Cosmic Unit*" are both parts of one lecture given in Johannesburg on 20th February 1947 (Lecture #3) as part of a series entitled "How to Make the Cosmic Forces Your Own." They were split for the Pretoria series that forms this book.

## Lecture 7 (30th November 1948)

### THE COSMIC UNIT

It is through the Law of Vibration that the mind exercises its power over the body. Every movement in mind is a vibration and this is mind in action.

A vibration of fear immediately modifies every atom in the body. Every life cell is affected and an entire chemical change is made in every group of cells.

With this knowledge we can change the vibration and produce the condition we desire to manifest in our body and circumstances. We use the power every minute but are not aware of it, thus producing undesirable results.

When we are in accord with the intelligence of the Universe we produce desirable results and this should not be difficult now that we have gained the wisdom that will help us to understand ourselves. We will cease to produce the unpleasant and disagreeable sensations we so much rebel against.

A great contributing cause to these conditions is the misconception that we are endowed with separate independent self-existence and this fallacy reacts throughout the world today and it is this ignorance that must be dissolved away in the individual mind.

The paramount ideal pursued by all is the acquisition of wealth, with the result that the well-being of the less fortunate is a very minor consideration; all being absorbed in the competitive struggle for existence and in which by common consent the less fit go to the wall. Under this system many unfortunately live solitary lives deprived of sympathy and kindly consideration **from others similarly situated.**

Our inner state is the guide to our outer physical state, that is, when we understand ourselves better and the cause of our troubles, we will

participate in an associative mode of living opposed to the fallacious conception of the separate independent self-existence we now maintain.

We will be in keeping with our inner state of being in the Cosmos which is waiting to be expressed in our outer state or condition in time in which we now live. As time goes on mankind will get to know itself as a Cosmic Unit in a united Whole.

Our present state will be gradually abandoned and replaced by the realization of sharing as an associated unit of life in the Life of an integral living unity in which solitude is forever left behind and replaced by the stimulus of comradeship in pursuit of common aims and ideals.

Indeed each consecutive stage in our ascent inwards or into higher modes of being, is a state of identity which is accompanied by the entrance into the conscious sharing in the experience of an expanded manifold; a manifold of which the integral units become consecutively spirits, angels and even gods as the unit-self rises higher in the modes of being, ever uniting in the expanding and enlarged unity of each stage; and in the experience of the whole of whose integral units we consciously participate: the combining composition of the manifold being in each case a mighty and still mightier self.

This interesting fact which no modern speculative thinker has yet advanced is the model or archetype plan upon which this expansion of an integral manifold takes place, in which each unit enjoys reciprocal interchange of experience with other integral units, is illustrated in the identity of the self known as man-woman in whom a manifold of experience is united without ceasing to be a manifold.

Thus the Infinite in all His glory and perfection of the whole becomes the consciousness of the unit.

This is illustrated in man-woman, in the functioning of the self-conscious life through the integral neurons of the brain, through which the manifold of experience is held united in identity—these neurons exchange their content of experience reciprocally in reflection, their total experience is synthesised in the identity of the finite self.

The unit of Life uses the brain and the nervous system to express itself on the physical plane, each organ is a group of cells independent yet united

in the whole body, each cell is independent yet united in the organ. This is the microcosm in the great Macrocosm.

But the same principle applies in the Mighty Selves referred to, in whom the integral units are living self-conscious Angelic-selves. Their manifoldness is also united in identity without ceasing to be manifold.

The finite-selves integrated in the Solar-self exchange their experience reciprocally. The whole of their experience is synthesised in the identity of the Solar Self. The Solar Self which comprises the Solar Angels will be referred to later.

Not only does this Mighty Solar Self comprise all the selves who descend as neucloids into the earth and return made in the image of their Makers; but also all selves who have evolved in connection with the other planets in the solar system. Yet the unit-selves who have ascended from this earth come to share consciously in the experience of that manifold.

In this great Cosmic scheme which I am showing you is reflected in the unit-self, you and me, while living on this earth.

The Grand Scheme of the Great Cosmic Architect which includes myriads of Universes will be ours as we progress, this alone should turn our eyes away from the petty things of the material world thereby enabling us to do greater things for mankind while living here.

Now each of the Solar Systems is associated with a Mighty Self, comprising all the integral selves of that system in its identity, and as each unit-self is ascending inwards from state to state passes ultimately from our Solar System to that of its interior parental Sun and System, and comes to constitute a relay-link in the Life Current between the two and thereby comes to share in the experience of the selves constituting the identity of the parental Solar Self.

What conception can we form of the vastness of the knowledge thus embraced and which becomes available to every entity comprised in that self!

I feel that in this lecture we have sufficient for us to grasp for the moment but as we progress, I am told, we will see a plan so immense and wonderful that the mind of man can only partly comprehend, but as information is conveyed with regard to the process of self-manifestation by the Infinite Self-Conscious Life in and through its finite selves it will lead

us to an apprehension of the possibility of forming a conception of the all-embracing Infinite in which we live and move and have our being.

The fact that the mind can apprehend it is proof that such is a fact although it cannot completely comprehend it. Our Spirit, soul and body in this plane correspond as the microcosm to the great Macrocosm. This will give us a feeling of greatness that cannot be obtained through any other source. Logic is like Euclid, it leads us to the true plan. The question is how far can we go.

Einstein's mind was an expression of higher mathematics of the Universal Mind and in this Course our minds become the expression of the Cosmic realities, for our minds are but a rudimentary mode from which higher and more intensified modes ultimately develop. We are the reflection of the mind-consciousness that permeates the whole Universe for the finite self remains undifferentiated as to the Life itself, the Reality within.

*Special Note: As I write this material I am amazed at the information and being only a humble instrument I bow to the greater Intelligence that reveals these truths. I am told that this information has been relayed through many different degrees of consciousness before it reaches this planet of ours and I feel it a great privilege to be the means through which it is given to you.\**

“If I go and prepare a place for you, I will come again and receive you unto myself, that where I am there ye may be also.”                      John 14: 3.

Here the Christ spoke, revealing the oneness of all Life, the Inseparable unity of all units in the One Life.

SO MOTE IT BE

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\* This note is contained in Johannesburg series # 3 Lecture Note dated 20/2/1947

## Lecture 8 (7th December 1948)

### LIFE IS

LIFE IS. Life is free and natural. Life is consciousness, awareness. True awareness is a consciousness of the present only, not of the past or the future. These are ideas, cravings in the mind. You may have been poor in the past so you want to be rich in the future. Your past memories fill your mind and this sets up a resistance, then Life, the only real thing, is smothered by your ideas and there is a struggle that goes on all the time in the mind and this leads to frustration.

If you will free your mind from craving for the future, you will lose the memory of the past and then you will live in the present which frees you from the opposites in which you live. By doing this you will be free from craving that creates the resistance to true expression. Then Life itself will be freed through you. Its desire for complete expression will find you a clear channel through which it can flow. Then there is no conflict but pure action.

You will find that you cannot escape by pursuing an opposite because the opposite contains the thing you are trying to escape from. If you dislike someone it is useless for you to say you must love him, that breeds hypocrisy. Neither can you say mentally, "I must rid myself of dislike" for you will still have the distinction of like and dislike and you are only intellectually deceiving yourselves, for the quality you think you have is but a deception. But if you recognise your dislike and the reason for it you will free yourself from its entanglements.

Life has no likes or dislikes, nor is it caught up in opposites, it is free and natural and as we are the life we must free it by uncovering it from all that mental conflict we ourselves create.

What I want to show you in this lesson is the action of the mind which creates resistance and frustration, which prevents the freedom of expression you are seeking. The mind is like a pendulum it swings from one side to the

other, from the positive to the negative and vice versa. It is only when we can discern what we are doing that we begin to be free.

The only way to freedom is to perceive completely and when this is done there will be no craving which creates its opposite. When the mind is alert it frees itself from the cause of limitation which is craving. When we are watchful, pliable, we go to the very root of the cause.

We create the opposite in mind by wanting; to free ourselves we must realize that Life is ever renewing itself and is ever pliable and is ever recreating itself, that it is immortal and eternal. This indescribable, deathless and birthless Life is not static, it is a concentrated essence expressed in energy ever active, therefore there can be no end. To be one with Life is to be ever active in the present. If you seek an end and try to hold that end you are frustrating the Life that is trying to free itself.

The Mind is ever wanting and craving, giving and taking. We are blind to the fact that Life is impersonal and is the only reality. Life does not need our ministrations, these are personal factors. We must learn to get out of the personal into the impersonal which is truth. Please do not confuse the issue.

I am not saying that giving is not good—for Life is always giving to those who understand her. She is lavish and seeks nothing in return. What I want you to do is to discern deeply the nature or motive of the desire behind your wanting and giving and this depends on how honest you can be with yourself.

Is your giving based upon the desire to get something in return or is it based upon pity or is your giving based upon egotism, that you are so important that your giving will be appreciated. If this is so then your giving is destroying the receiver, it is merely a subtle form of exploitation. Please do not misunderstand me, what I want to do is to free you from the entanglements of your mind and point out to you the freedom of the Life which you are in reality. If you can perceive the true meaning of life you will be free from all that binds you and by which you bind others, for this only causes sorrow and confusion. When you are stripped bare of all craving past and future which are merely personal things which hinder and frustrate true expression, you will begin to understand Life.

To be kind is good, but to be kind to one and not the other, is not being kind. To be kind you must know what kindness is. To say we must be kind



to one another because we may not live long in this world is but a false state of spiritual security. This is not kindness but sentimental exploitation. Life does not need this sort of kindness. When we realize we are the Life we inherit kindness that is not provisional, and has no motive, no virtues or qualities, it just is what it is, REALITY.

I am trying to show you what is not real and when you know what is not real you will have a better understanding of the real.

Some are continually seeking company to escape loneliness, suffocating their minds with ideas, or losing themselves in good works to smother it. They may cover it up over and over again with many sensations but this loneliness will remain, but if you become aware of your loneliness and face it and never try to escape from it you will see in what manner you are trying to escape from loneliness, you will perceive the subtle deceits of the mind and each time you are aware of your escape you are enriched in wisdom through your awareness.

To be ever watchful to face up to all things is the only way to dissolve them. To try and escape through their opposites does not relieve you but brings more sorrow and conflict. You will then learn that opposites are in the mind and are not born of life or consciousness, but born out of craving. Through knowing what it is then you will be free from its limitations.

When we know the things that are binding us, crippling our thought and our true emotions and wasting our energy, and this is quite easy to know if we do not try to escape in their opposites, we will face up to these things and dissolve them away for they have no power except the power we give them.

(Here ends this Lecture)\*

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\* This lecture and the one following "*To Know what Truth is*" are both parts of one lecture given in Johannesburg on 6th March 1947 (Lecture #7/8) as part of the series entitled "How to Make the Cosmic Forces Your Own." They were split for the Pretoria series that forms this book.

## Lecture 9 (14th December 1948)

### TO KNOW WHAT TRUTH IS

Through the process of freeing ourselves from the cause of all our hindrances we will begin to know what truth is.

We cannot imagine what truth is for Life is not an idea. If we try to imagine what truth is we will find this truth that we seek a dead thing, and all our achievements will turn to ashes, and this is what most people are doing. Their whole structure of thought is based upon imitation, then achievements are full of emptiness but few see the misery of it.

Do not try to imagine what truth is, saying it is one flame in many lamps or we shall be united in the future, otherwise the future will always be as far away as it is now.

It is not imagining what it is, but living in the present knowing that it is now the same as it has always been and you are "It" but if you submit yourselves to the standardization of thought prevailing in the world you will never know It.

We are actually the expression of one whole and are expressing that whole now, this is the ecstasy of life realized in the present. If our minds are hindered by the future or the past then we cannot know that ever-present Life of which we are one.

Most people will never know the Truth because their personality is in the way. The personality is filled with cravings, wanting, ideas of self which is separation and limitation. The personality must be entirely removed before you can know the ecstasy of the all-embracing Life Consciousness that is not subject to any limitation, idea or fancy.

Personality and separation is the cause of the failure of many who try to know the truth, for while these illusions remain, freedom is impossible. Some try to teach the truth; how can they teach the truth when they do not

know what it is, this is merely exploitation. Some may have been helpful personally but this is not the revealing of the glorious truth.

Some may say they have been put on the path—what path? Do you not see that this is but an idea in the mind? If I try to describe the indescribable to you you will never understand it even if you try to copy it.

The majority pattern their lives after what they have seen or read or believed and say this is the truth while others differ. Where there is confusion of thought there can be no truth.

Life is not confused, it is the mind that is confused and prevents true understanding. The whole is wrapped up in theories and ideas and none are the truth. Truth is Life and Life is free and natural. Your cravings for truth lead you from one to the other and you become more confused.

When you rid yourselves of the resistance to truth then you will know it. Therefore I ask you seriously to search deep into your mind and rid it of all the causes of resistance and frustration. When that is done then only will you know something of the Truth.

If you are only interested in truth because it will give you something, you cannot look to reality to give you freedom, it does not do that but makes you a slave to your idea. Reality is freedom. Now remove the cause that prevents this freedom then you will begin to understand.

What I am trying to do in this lesson is to free you from your own limitations by deep discernment not by escaping into the opposite where you again get lost, just as you are lost now in a maze of ideas and images, likes and dislikes, love and hate, kindness and cruelty, wanting and giving.

Life does not like one and dislike another, nor love one and hate another or is kind to one and not to another or eternally wanting so as to give or giving so as to get, this is all exploitation and is not Truth.

These things belong to the mind in ignorance of the freedom of truth.

If you can clear away some of these hindrances the light of truth will begin to dawn upon you and your further progress will depend upon your progressive discernment.

Some of you may ask why we came into existence at all. “Why should the Infinite Life, the One Whole and Who remains One, create finite selves of itself?” This is proof that the Infinite Life Consciousness cannot be static

which would be a negation of itself. Infinite Conscious creation is thought in action, pure thought and action.

The Infinite Life contains within Itself its finite conceptions. There is no I myself distinct from the Infinite Life although each integral inseparable self appears to be endowed with self-consciousness.

The unfoldment of this self-consciousness reveals a unity of one whole, therefore the differentiation only pertains to self-consciousness in appearances, for the finite selves ever remain undifferentiated as to the Life Itself.

We remain united in the identity of the Infinite-self, as similarly the manifold of our experiences is held in the unity of our own identity and through the discernment of that which is not real.

When we can discern the personality or apparent separation as being only an image in our minds, we become conscious of the oneness of Life, oneness with the Infinite Life Consciousness. We may retain that “I myself” which is but a reflection in the mind and it is this reflection we take as reality and this is the illusion—we take the shadow for the reality.

That which you can perceive is not Reality but that which perceives **is** Reality and this Reality goes beyond mind. It is this conscious Life that organises its own mediums for expression and thereby perceives its expressions, in this way God is aware of us.

You cannot comprehend what your consciousness is, but **you know that it is** and as we begin to unfold so does this Consciousness recede into the inner states. As we are aware now so too will we retain that awareness, yet it becomes greater and greater as we become to discern more of the mighty Universe within external to our consciousness. So do we become more aware of that Reality that is behind them all, the all being held in that one Consciousness we know as the One and only One which has individualized itself; and we are that individualization.

It was this understanding that enabled the Master to say “All power is given to me in heaven and on earth.” “I of myself can do nothing it is the Spirit of the Father within me that doeth the work.”

“The words that I speak to you all I do not speak of my own accord; it is the Father who remains ever in me who is performing His own deeds.”

SO MOTE IT BE

1949

*(Pretoria Series)*

## Lecture 1 (1st February 1949)

### LIFE IS A SINGLE IDENTITY

Life is a single identity, positive and negative in action. The fusion of these two is the expression in all things including man-woman or woman-man. You cannot say that Life is masculine here and feminine there. Life is a single identity in operation, the operation reveals its nature, yet the nature of the thing contains both aspects of life from the greatest creation down to the smallest. As we divide into parts each part carries with it the positive and negative in a single identity and by splitting up until it reaches the state where there is no more possibility of splitting, merges into a single identity of life in the whole out of which they came revealing a single identity of Life and Substance yet dual in nature.

The process of creation is thought and thought is inherent in Life and is inseparable from Life. Thinking is a process of going out from the self establishing distinctions. It is here where we get lost in creating distinction of good and bad, heat and cold, etc., etc. All the various distinctions are created in our minds and in which we most fervently believe, thus establishing them as real in our own lives. The thinking of the Infinite Life must engender living thoughts or units of thought life thus entailing manifestation. We are therefore living thoughts of the Infinite Eternal Life and the only reality in that thought is the Life which we really are, and from this Life Consciousness we think.

Now you see clearly, don't you, that when you get caught up in your thought action and reaction you smother up the Life which is the thinker and freedom is no longer possible. To know what our thoughts are we must discern them deeply so that the thinker can free himself from all the entanglements we believe to be real. Life cannot be free when we impose upon it what is foreign to its nature; thus we suffer from our own ignorance, which results in craving.

The Masters say that there is the interplanetary current of Life that flows to us in a never-ending stream in and out, being a permanent flux that ever connects the finite consciousness to the Infinite Consciousness, and in which the finite consciousness as it unfolds, flows inwards towards the unlimited, ineffable and eternal, unknowable, omnipotence—the only source of our being. We are therefore moving towards our true spiritual form, becoming that true form eternally held in that Infinite Mind which is the essence of Life itself.

In our Cosmic reasoning we are forced to recognise several things clearly, being an axiom of truth which results in our actual knowing.

In the first place there is the Cosmic Self. Self is a term we hold to define “one” or wholeness. In the second place we recognise the I myself as an expression of that Cosmic Self, and as far as we are concerned we will call this the knower—that which knows. Next comes knowing, what the knower knows is in relation to the knower and next comes the object known.

The presence of the knower or self is the precondition of knowing or experience. Apart from the presence of the knower, no knowing is possible, but equally the presence of objectivity or not-self is a necessary element in knowing.

The Infinite knowing must be in relation to what He creates in His mind, that is become consciously aware of His creation. I have already stated that there is only the Infinite Mind and that is all there is and in that Mind there is only Infinite Consciousness which creates in the mind substance and form comes forth.

Apply this to our finite minds and we will see the same process with the exception that if we are ignorant of our source we create that which is contrary to our true nature, and believing same to be true we live in the illusion we ourselves create. Our true happiness, health and success depend upon our knowing how to create without resistance so that what we truly desire will come forth. This is the law of the Masters who have demonstrated the fact that all is possible when this knowledge is firmly established in the mind.

The knower in man-woman can never be made into an object of knowledge by him or herself for the knower ever recedes before the



regarding mind; it transcends finite knowing, being Infinite knowing. Therefore we are led to conclude that as it is present in every finite self as the basis of our knowing, while it cannot be known to us and even transcends finite cognition, this knowing in man is the Infinite Self-Conscious Life living and cognising through every finite self yet ever transcends them all. It is the immanence of God in man. I explained the word “immanence” as described in Webster’s dictionary in a previous lecture and will again repeat it here also so that you can grasp the true meaning— in this lecture also. Webster’s Dictionary describes “immanence” as: inherent, indwelling, denoting that the Universe does not transcend consciousness but is inherent within it.

This is confirmed by the fact that the Infinite implies omnipresence and omniscience as well as omnipotence. This entails Its presence in all finite knowers as that which knows. Otherwise if its finite unit-selves were dissociated, It would cease to be Infinite.

The finite self may identify himself logically and knowingly with the Infinite Self. The finite self may apprehend this unity, but he cannot comprehend it fully because the Infinite Self while present in the finite self as “that which knows” with the finite self cannot be made into an object of knowledge by the finite self. It even transcends cognition and recedes before introspection. The ‘truth’ that you perceive is only in your imagination, an idea, a sensation, whereas truth is not of these things. It is useless to try to force your mind to comprehend something that is beyond it. “Life is”. It does not have to be. It is, you are it, yet you cannot comprehend it with your mind, only know that “you are it”.

You cannot define reality, there is nothing in or out of mind to compare with it. It is beyond all things seen and heard. Let your self-consciousness be expansive, be aware of it as the whole and then “I myself” loses itself, the “I” no longer arises, then the true Intelligence transforms the nature and a spiritual world is seen before your eyes. The King and His Kingdom become one. Doubt and fear disappear and the nature is transformed without effort, because you will have freed yourselves from all that hinders that true nature from manifesting. There must be a continued effort to free oneself from limitation and illusion, a constant awareness must be maintained lest limitation enter in.

It was this that the Master meant when he told his disciples to be ever on the watch. The word prayer to him meant that constant knowing of that union with God, and to watch lest any limitation or error entered into the mind to distract or disturb this blessed thing resulting in frustration.

We can see that this was the power the Master used in healing all manner of disease and belief. For he knew that the belief in ignorance held the people in bondage just as it does today except that it may be more refined, but it is the same belief that is the tragedy of it. It is this knowledge and understanding—"the truth that will set you free."

There is but one Life and one Substance in which Life is made manifest in an infinitude of forms and no line can be drawn that separates one from the other. This Life assumes many modes or degrees of self-determination, and as that Life in differentiation becomes aware of its true source, this becomes a truth, a fact and as this unfoldment proceeds so is the power in direct ratio to that unfoldment or awareness. It is this great point that I want you to recognise. Your only power depends upon the degree of recognition of your oneness with the Infinite Life Consciousness, which is the finite expression "I am." Therefore the "I am" is as much the name of God as it represents to the individual who recognises it, and this recognition can only be obtained by clearing away that which is not true to the nature of the "I am" within.

The method I have already described to you is to discern deeply your thoughts, actions and reactions and the motives behind them for it is these and only these that hinder the true expression of the Infinite Life within mankind. This is why it has always been stressed by the prophets: "In all thy ways acknowledge him and he shall direct thy paths." (Prov. 3: 6).

If you are religiously inclined and feel that you want confirmation of what I have said, read what Jesus said, and in the light of this knowledge you will find how identical are the meaning of his words—clothed often in parables as this was the only way to describe the indescribable.

Jesus never created a religion. He came to free the people from the bondage into which they had fallen through their religion. He knows that to free people this freedom was an individual thing not second-hand or the truth of another. His people had been smothered as we are all today through

orthodoxy which hindered true expression of the Life that was immanent then as it is now.

The world is suffering badly today through orthodoxy and we seem to be saddled with it more and more but the chains are being broken one by one and the captives are being led to freedom and one day we will see that one Christ revealed in the hearts of every living soul. For this Christ is not something outside ourselves but the very true expression of God Himself in whom we live and have our being.

Do not think that I am denying you any religion, dogma or creed that is your own personal affair. Nor do I deny you any philosophy or series of exercises or systems as long as you know them for what they are so that you do not flounder in them. Are you seeking health for health's sake? Are you seeking material gain for material gain alone? If you seek any thing for that thing alone it will elude you. When this craving ceases then you will find the pearl of great price, then you will receive fully.

“Riches and honour are with me; yes, durable riches and righteousness.

My fruit is better than gold, yea, than fine gold; and my revenue than choice silver.” (Prov. 8: 18-19)\*

SO MOTE IT BE

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\* This lecture was part of a series entitled “How to Make the Cosmic Forces Your Own.” that was given in Johannesburg on 20th March 1947 (Lecture #9/10).

## Lecture 2 (8th February 1949)

### ANGELIC BEINGS

Modern thinkers find it impossible to accept as Supreme Deity the old tribal idea of a personal God endowed with unattractive anthropological attributes who was called Father with no corresponding mother, thus ignoring that such an ideal was necessarily sterile.

The ideal was personified to the level of an idol subject to human frailties and represented as disappointed with his own work and angry with his own offspring. To abandon such an idol is scarcely a loss. But in more recent times this conception has been partially replaced by that of a God of Love, an ideal more in harmony with the modern mind while retaining the conception that God is a personal being external to man, to abandon this idea may bring disappointment to many.

The great omnipresent, omniscient and omnipotent Supreme Being cannot be comprised within one personal being as that entails restricting limitations. Rather is its life manifested in all the personal forms who possess the human principle as formulated in the modern conception of the immanence of God in man, instead of a great unity being vested with the perfections and many of the imperfections of humanity. The Masters say that all human beings are the offspring and outcome of the Infinite Dual Self who is both Father and Mother and whose life lives through and manifests in and through and by means of all angels, spirits and men and women.

This system comprises angelic beings who might well be termed gods and actually are our Fathers and Mothers, that is men and women who have developed through stages and ages until they have reached degrees of knowledge and power far beyond the imagination of the personal God worshippers and by whom our Spirit entities have been birthed into differentiation as surely as our physical bodies have been birthed into earth

existence by the instrumentality of our earthly parents, such angelic paterna and materna must surely be classed and more directly related to us in a personal sense than ever Jehovah could be.

It is because in the current conception God is conceived to be a personal being external to man that man is supposed to have a separate independent self-existence of his own. But if that were the case where would the operation of the omnipotent, omnipresent omniscience of the Infinite come into play? In what field would the prerogatives involved come into manifestation?

If all finite selves were endowed with an independent existence of their own then the Infinite would thereby become restricted, limited, circumscribed or finite and would cease to be Infinite. Therefore it is only by recognising that God cannot be a personal being external to man but is Infinite, omnipresent and consequently must be immanent in all men and women and in all self-conscious beings. This recognition of the Finite of the immanent Divine Omnipotence enables those who recognise it to acquire the qualities of this Omnipresence which are beyond the imagination of man. These teachings replace the old conception of a personal God by that of the Infinite Self whose life lives through all men, women, Spirits, Angels and still higher Beings.

The Ascended Master continues to say: The great "I AM" is made manifest in the finite forms of Life and while the appearance to the external man or woman is that he or she has a life of their own, the reality is that the Life power is not his own property to dispose of as he conceives and exercise by his own free will. For it is the property and prerogative alone of the one grand Life which manifests itself by its own will and power. All personalities are carrying out under the impression that it is by their own power, the purpose and will of the Infinite Wisdom and Love who has vested them with the appearances and possessions of such power.

When the inner man will be the conscious actor and the human principle emancipated from the domination of the external personality then the acknowledgement will be made with true humility, that all are the instruments consciously or unconsciously used by the one grand Life Power and as such that all are doing the part assigned to them in the grand drama of human embodied life. Further, as the action of the angelic degree within

the human form asserts its presence and power to such an extent that the consciousness of the personality can be imbued with the knowledge and power of the internal man so the man-woman can realize that the seat of power is occupied by the great Infinite Life Power itself, of which every specific unit of self-conscious Life forms an integral part. This then is the distinction between appearance and the reality.

The Master further commentates: “Our mission is not to pull down or destroy the image which the external personality has set up. But by virtue of your possession of the Life current from the great angelic centre our work is to awaken within the Universal embodied personality the desire for pure Truth as against the appearance of Truth.” When this knowledge becomes the possession of the human race the idols will be removed from their pedestals and the ideals will be replaced by the actual appearance of the Angel and the Angel without will respond to the Angel within the human organism. As the Life quality of the Mighty One is evolved and developed in the inner degree of the embodied Spirit then contention and conflict will cease, for all who experience this awakening will recognise this Truth and know that every human being is the offspring, outbirth and manifestation of the one grand Infinite Life Power. This makes it quite clear that the old idea of a personal God together with the conception of man having an independent self-existence of his own must be abandoned.

It has been concurred in the past that revelation or inspiration was effected by a personal God. But in as much as we now have to recognise that a personal God is an illogical ideal that conception has to be abandoned. I am told in these teachings that inspiration is constituted by thought-transmission, the operators being great Angels. We know that the earth was not created by a personal God but by the Infinite who created the millions of other suns and planets throughout the limitless Universe of Universes, by means of concentrating the Life permeating space by the associative energies of these great Angels directed by greater Cosmic beings under the direction of the all omnipresent, omnipotent and omniscient Life itself. How grand it is to know that we are the eternal expression of the Infinite Life acting out the great Scheme of the Universe. With this knowledge we can go forward with a light heart and a clear mind, knowing that every man and woman is an expression of God.

The Universe we know, vast as it appears to be, forms one of a series and in this series it forms but a small portion of the whole. Yet within the whole and not separate from it. Our sun is a projection of a still more anterior and interior sun which in turn was projected from a sun anterior to it and so on till we reach the grand parental Sun around which each and all universes revolve forming a Universe of Universes. I am told that the great central Sun has millions of suns, thousands of times larger than ours, with their planets which form a part of a still greater system which in turn revolves round a mightier and more central Sun. Our minds whirl with the thoughts of the vastness of it all. In the boundless space what appears to be a vast void is nevertheless pervaded and permeated with Life either in solution or in form. Other Suns have been formed and inhabited by solar Intelligences and by focussing the Life Power on given parts it was externalised and the particles or atoms assumed a more dense form with the result that material earth or physical globes came into existence. The substance we call matter is simply a growing of particles of energy, science calls electrons, in fact the electron is a property of matter. This energy is created by thought or life influx. When we understand that the material of which things are made is thought energy or vibration and it can be moulded into form by the thoughts we think, we are prepared to realize that the world we live in is very real and that what we need is to not deny it, but to understand it, in order to master it and to be masters of bodies and conditions.

Physical Science takes matter back to its origin in a primary substance which is called ether, this ether pervades all space.

Ether is a name given to that which can neither be seen, felt or tasted or examined scientifically yet the necessity of the case posits its omnipresence. It is said to be frictionless, pulseless, a motionless medium until it is moved by some form of energy which we have come to understand as the power of thought.

When the visible Universe comes into existence it begins with a movement of some sort within the visible ether. Science speaks of whirling particles of energy but whirling particles of energy without direction is out of the question. Therefore this whirling mass of energy prerequisites a form of direction or intelligence. I am told that the *modus operandi* of the

concentration of our sun was as follows: The influx of Life power from those mighty intelligences whose home is in the Central Sun of which I spoke was brought to bear and focussed on a given part of that which appears to external sight as unoccupied space. This caused the attraction and cohesion of the living particles that floated and swam in that particular region. The manipulation of certain forces brought to act on this nucleus they gradually became more solid and denser, and the result was the solar orb which was to be the animating life power utilised for producing the planets as yet unborn. The Life power was received from the solar inhabitants of prior suns of which it was the outcome, and these solar beings became the artificers of the planets that were to be called into objective existence. By this you may see that the solar life principle itself is perpetuated by calling into existence a continuity of separate and distinct solar orbs. That solar life principle circulates through all the suns which form the great Universe of which ours is a part. The sustentation and perpetuation of the Beings who inhabit these various central orbs or suns are the same in each and the Life quality of these is enriched and increased by the addition of human beings who have graduated and been embodied in the various planets out-born from themselves.

Our sun receives and gives forth the Life flux by means of which we understand as light and heat, this is but the circuit of Life. Intelligence which circulates from the central orb to the outermost planet in our system where distance is so vast that to mortal mind it is incomprehensible.

As our scientists use the terms force and energy, supposing that these express the action and power of the sun itself, but these are the means used by beings and intelligences whose power is exerted to produce the action by means of which we ultimate our life thoughts of which light and heat are the expression.

So in like manner the neucloid of the Spirit unit of Life after finding a resting place in the organism of the form of a feminine human being begins to gestate and attract to itself atoms supplied by Mother Earth which it moulds into an organic structural form for its own use even so the neucloid which is our planet's world soul. After being projected by the Solar Life thought was enclosed in a certain position of the great immensity and became responsive by reception of influx containing the Life thoughts and



began the operation of gestation and from that point in space began to evolve and develop just as the human spirit entity attracts to itself the living particles of earth even so the gestating germ in the world soul attracted to itself that which may be termed the Spirits of air, water, fire by which it was surrounded in the vast immensity. Then commenced the process of evolution. As the continuous influx of Life thoughts was received by the gestating world Soul (involution) in the world of space or that part in which it was located it evolved and developed into a globe as we know it.

The combination and contact of the Spirits of air, water and fire impregnated with the Life Principle of the world Soul produced in its solidified state, granite from the gases etc., which produced it.

This resulted from the influx of that portion of the solar life to which the skeleton or body part of our organism corresponds. When the conditions had been provided by the mineral kingdom then came the influx containing Life thoughts from another section of Solar beings. That being received by the world Soul projected and ultimated in the first and lowest forms of the vegetable kingdom. Gradually the conditions were established for the insemination of higher and more beautiful forms. The process was continuous each new species being an advance upon what had preceded. In the next lecture we will continue definitely showing that at no time did the human life originate from the animal as it is thought by the Darwin theory of evolution. What I am describing to you is what has been given to me by great Spiritual Beings who are acquainted with the modus operandi of the world formation.

SO MOTE IT BE

## Lecture 3 (15th February 1949)

### THE LIFE CURRENT OF THE INFINITE SELF

We have learned that our solar system was condensed from the diffuse non-self-Conscious Ethereal Life Substance occupying space by the energies of a host of transcendent but finite operators who are transmitters of the will and Intelligence of the Supreme Being working through them for a specific purpose which must have been completed in detail in the Infinite Consciousness before this stupendous work began.

These operators dwelt in the Spiritual Spheres of a Solar system which was prior to ours in Cosmic order. They were in permanent receipt of currents of Life from their own Source of Being which in turn received this Current of Life from a Solar System prior to that. This required the work of myriads of artificers and ages of duration to accomplish.

It is to be observed that the whole work was the expression of pre-existing Intelligence acting in finite but transcendent selves who themselves were giving expression to the determination of the Infinite Self conveyed to them by the Life Current of the Infinite Self ever being mediated to them.

The action thus generated was brought to bear on the non-Self-Conscious Component of the Infinite Life of the Infinite Self we can call the Infinite Mind Substance. So the action of the Self-Conscious Life upon the non-Self-Conscious Life, both being components of the dual unity of the Infinite Mind, one being passive and the other active, electro-magnetic in Nature, proving that in the non-Self-Conscious Life substance is an active substance within itself and not one particle is a dead particle but is a living substance although not self-conscious yet it is controlled and moulded into form by the Self-Conscious entity which directs the Self-Conscious Life thought within it and it is the degree of self-Conscious Life that reveals the inherent power of the Infinite Life ever present, ever renewing its creations.

We can no longer think of Spirit in terms of form but the Cause of form, the inner reality of our own Life is that Self-Conscious Life that is able to create form. When we understand this we learn to think of God as the Life that is within us yet without the limitation of the individuality. When we deal in personality we discern as a mind apart from another so one can be a person only by being distinct from another, but this is impossible with the Infinite since He is all. So in reality the person is only separate in appearance and not in fact. We now realize that our Solar System was condensed by the Great Artificers of the Supreme from His diffuse and formless Ethereal Life Substance occupying boundless space. Our world has been formed out of the Solar Nebulae by the action of the same operators. The four domains which exist in the earth planet receive their corresponding Life Current from the Solar Angel whose prerogative it is to transmit the will of the Infinite into form; mineral, vegetable, animal and human Life are all expressions of the Infinite Life. These are planes of manifestation under the control of a specific Artificer directed by the Infinite Life Current that sustains and controls them. The Artificer Principle of the mineral world creates and controls all mineral activity; likewise the Artificer Principle through which the vegetable world was created and controlled; following on this the Artificer Principle creating and controlling all animal Life. These were direct and separate activities in the Infinite Mind controlled and directed by separate Solar Angels under the direction of the one Infinite Life Principle which controls and directs them all in their separate functions.

Thus the Substance in its essence was now conditioned through these Artificer Principles preparing the way for the Self-Conscious Life to take up its abode, to grow out of the limitation specially created so that the unlimited Life Principle could unfold its true nature amidst the limitation created for that purpose.

The mineral does not become the vegetable nor does the vegetable become the animal. Neither does the animal become the man. Mankind is a special dispensation as described in the Bible made in the image and likeness of God.

The story is told in this way: In the beginning there was only God “I am the only One,” “I am the Lord thy God and there is none other beside Me.”

“Me, out of Me and in Me the only One all things are created under My will and within My domain.”

God said, “Let us make man in our own likeness to resemble us with mastery over the fish in the sea, the birds of the air, the animals, every wild beast of the earth, and every reptile that crawls on earth.” So God formed man in his own likeness, in the likeness of God he formed him, male and female he formed both. And God blessed them: God said to them, “Be fruitful, multiply, fill the earth and subdue it, mastering the fish in the sea, the birds of the air, and every living creature that crawls on earth.” God also said, “See, I give you every plant that bears seed all over the earth, and every tree with seed in its fruit; be that your food. To every wild beast on earth, to every bird of the air, and to every living creature that crawls on earth, I give all the green growth for food.” And so it was. God saw all that he had made, and very good it was. “Evening came and morning came, making the sixth day.”

Before the advent of man upon the earth the Current of Life was transmitted direct by the Solar operators to their field of action in the earth, in the production of the necessary preliminary forms of Life in order to evolve the living forms in which the germs of Finite Selves could incarnate later. But when these forms had been produced and man made his first appearance on the earth in rudimentary forms the Life Current then flowed through him as a supplementary relay to the forms in the Kingdom of Life below his own and thence into matter, and through this media of Self-Conscious Life man has control of all things including matter on earth and as he evolves this Self-Conscious Life controls all activities in the planes he inhabits. As this current is mediated through a chain of finite selves in the intermediate states of being and then to man whence it flows to the forms of Life in the Kingdom of Nature below man and then into matter, it holds all these connected in the fundamental unity of the Infinite Self.

In the Infinite Mind we therefore have the passive and the active, the unconscious Life Substance and the Self-Conscious Life which acts upon it by means of thought through the Life Current, in both cases the interaction of the dual correspondents of the One Infinite Life. In the finite-selves this Current of Life from the Infinite Fount relayed through the Solar Beings produces thoughts.

In the non-Conscious Life in matter it produces living forms. The Substance of the Universe or the invisible matter which we call ether and others call mind is by no means a dead thing. Matter cannot be dissociated from the one Life of which it is the external expression. Atoms possess sufficient Intelligence in them to act in obedience to the Law of Attraction and Repulsion (both polarities being present in the atom) either to coalesce with or to be repelled from each other. This is the evidence or Cause of the Law of Chemical affinity by the action of which law matter becomes objective.

Molecular atoms are divisible by their central atoms constituting their nuclei. Nuclei are individual and cannot be separated from the one Life underlying them no more than finite selves can be separated from the one Infinite Life. Life itself is unchangeable but is made manifest by a continual change in manifestation. Thus all atoms are in a continual state of change and pass by transmutation from one kingdom to the next just as finite selves pass from one state of being to the next in their conscious unfoldment as they recede inwards in their continuous progression.

This points to the fact that the earth is in a continual state of flux, or changing, and as a continuous state of transformation takes place in the finite selves so will the matter in which they exist for a time in their eternal progression ultimately change. As the finite selves evolve so will the unconscious Life Substance evolve with it.

The details I am given are as follows: The Life of the vegetable is developed and sustained by contact with the earth and absorbs into itself the minerals required, the intelligence within the vegetable or plant gathers together the substance it requires from the air which is impregnated with all the vitals required for its growth to fruition. When the atom of mineral substance passes into the vegetable it is now more than an atom of matter, it has become a certain Life property by uniting with other atoms in the formation of the vegetable structure.

It is the same in reference to the animal kingdom which absorbs the vegetable, and the human partaking of the animal and the vegetable receives the Life quality of these three kingdoms external to itself into its outer form. Consequently the atoms do not retain their specific

characteristic as material atoms. The change from one kingdom to the other is not a mere transfer but is accompanied by a transmutation.

After serving the purpose of embodied man some of these atoms pass off to form another structural organism and being again transmuted, ascend into inner states of being and are there integrated into the outer forms of Spirits dwelling in those states and are again transmuted in a repeated process until they can be made available for the outer form of the Conscious Angel in the Central State of our Solar System.

While the process of condensation has taken place through involution the transmutation into higher forms takes place by unfoldment or evolution. It shows that while the Conscious Life Substance (not Self-Conscious Life) forming the vast oceans of Life in space has been condensed into “matter” (a name man has given to this Substance which we know so little about) by the energies of the Self-Conscious Artificer of the Supreme and this is transformed down from the ethereal states on high to states of density below or into outer states as we know on earth, there is also an accompanying return circuit at work by which the atoms of that Life ascend from below or outer states inwards from state to state, evolving into this condition throughout every step or stage in the process.

Non-Self-Conscious Life Substance always alive and active, as well as the Self-Conscious Life or finite selves, are propelled from the inner to the outer and are subsequently attracted back again to that centre to which they belong. The “becoming” of the Self-Conscious Self takes place while the non-Self-Conscious Life evolves.

There is thus a perpetual afferent and efferent process of Life flowing from the inmost or central Fount in the Universe to the outer and returning again to the centre as there is in man in whom as a microcosm it is illustrated in a subordinate manner. When we realize the foregoing facts we will have a true working basis upon which to base our thought-action. We will perceive at once that we do not have to deny matter in order to control our bodies and conditions. We need only to recognise its nature being responsive to the intelligence by the power vested in our own consciousness. We do not have to prove God by any demonstration, we have to know ourselves.

God is real. The Universe is Real. Mind is Real. Matter is mind materialized. Forms are thoughts of the Life Current whether they manifest in a Solar Angel or a human being, the process is the same. The non-Self-Conscious Life takes form by means of the Self-Conscious Life that plays upon it by means of thought. We can control our world by virtue of the intelligence that supports it being subject to our conscious realization of our oneness with the Infinite Life Consciousness that is responsible for all creation.

Good and evil are both effects, they are simply the expression of our mind conceptions. When we share the knowledge and wisdom of the Solar Angels who are our parents as greater Angels are theirs and the Infinite then the Father-Mother of us all we shall seek the Silent guidance and inspiration that comes from this great and mighty source of Power and Wisdom and Love. Thus does the Infinite Life as a dual unity unfold Its Consciousness of Itself in all Its finite selves. Consequently the sole reality in all apparent finite selves including you and me remains that of the Infinite Self.

(Here ends this lecture)

## Lecture 4 (22nd February 1949)

### COSMIC CREATION

It is so very necessary to thoroughly understand the importance and fundamental facts of Cosmic Creation, otherwise the acquiring of the amazing knowledge to follow may be materially hindered, and it is with this point in view that I am reviewing the main factors so as to establish a firm footing for what is to follow.

While doing this we must become aware of our conscious reality and at the same time discern our actions and reactions. Knowledge is a wonderful thing but it is not enough, we must have wisdom so as to unfold and express ourselves to our fellow-beings according to the Divine Plan in this one Life where there is no separation. For it is this sense of separateness that causes all our misery. And while we are learning of the great events of the Cosmic Creation we will have the wisdom to apply ourselves to the immediate tasks before us in our daily life and thus reveal the Divine Principle which is the foundation of our Being.

I said in my last lecture that the Universe is real. This means that the Universe is entirely Spiritual and Eternal and what seems to be otherwise to mortal sense is but appearances and not fact.

Our Solar System was condensed from the diffuse non-Self-Conscious Ethereal yet substantial Life occupying the boundless space—the eternal Spiritual Mind of the Infinite.

Infinity means all there is without division of any kind. All apparent division or separation is but an appearance and not a fact. We cannot divide that which is indivisible.

This Truth must be grasped firmly otherwise we are liable to think in terms of parts instead of one whole in which creation is taking place.

We saw that the stupendous Cosmic operation of condensation of the non-Self-Conscious Life was performed by the energies of a host of



transcendent but finite operators who were delegated by the Supreme to do the work. We were also told that these operators dwelt in the Spiritual spheres of a Solar System prior to ours in Cosmic order. In the Supernal state they occupied they were in permanent receipt of a current of Life from their own Source of being of the Infinite Life. This current was electro-magnetic in constitution and generated a radiant energy in them, enabling them to bring their life force to bear on a certain vast area of the non-Self-Conscious Ethereal Life Substance also electro-magnetic in nature.

The operators focussed their radiated energies on a given centre in space and by this means gradually transformed the vast floating non-Self-Conscious Life substance and in that region of boundless space began to densify this Life Substance causing it to adhere into the production of a nucleus. Magnetic attraction was then brought into action by the operators and this nucleus was thus made to attract units of the surrounding life. This work required the participation of myriads of Artificers and ages of duration to accomplish.

We were also told that the whole work was the expression of pre-existing Intelligence, being transcendent finite selves who themselves were giving expression to the determinations of the Infinite Self conveyed to them by the Life Current of the Infinite Self ever being mediated to them.

The action thus engendered was brought to bear on the non-Self-Conscious component of the Infinite Life of the Infinite Self—so it was the result of the interaction of the Self Conscious Life upon the non-Self-Conscious Life both being components of the dual unity of the Life of the Infinite Self.

It is to be observed that in the Infinite Mind being one Mind and in this one Mind there is the active and passive phases of which one acts upon the other and vice versa, all activity is predestined and forms according to the unalterable and infallible and accurate perfect plan of the Infinite Self Who is omniscient as well as being omnipotent and omnipresent.

The Infinite acts through His own finite selves in Whom His life is immanent and through whom His Life process ever flows.

The Universe is an ever-expanding Universe in boundless space. Perhaps you cannot grasp the meaning of the term “boundless Space” because we generally determine by our limited conceptions of our condition

in sequence of time in this plane of action which is to us limitation, but when we begin to understand that there is no circumference to the Universe and there cannot be, for this would mean limitation, therefore our Universe is one with millions of others, many thousands of times larger, in the one Infinite Mind, and there can be no ending to the expanding Universe in that boundless ocean of Life we call space.

It is also to be observed that the Infinite Self does not act immediately in producing finite manifestations, but mediately, through His own finite selves in whom His Life is immanent and through whom His Life Process ever flows.

These supernal operators originate as all finite selves do in units of the Self-Conscious Life of the Infinite Self. These were propelled into incarnations in the personal state on an earth belonging to a Solar System prior to ours in Cosmic Order where their Self-Consciousness was unfolded and developed. They then ascended through the intermediate stages of being in that system and became integral units in the Solar Self of that system sharing reciprocally in the Consciousness of all other units in that transcendent unity. Subsequently they were called upon to participate in the work of calling a new Solar System, that is ours, into existence as described. This throws light on our future destiny as we also pass through a similar process.

Having traced the origin of these operators let us now return to the operation in forming our Solar System after the production of the nebulae.

A similar process but in more external degree was then brought to bear upon this nebula leading to the production from it of a more densified substance which was again further condensed into matter and concentrated into planets.

All this was effected by bringing their transmitted electromagnetic energies to bear upon the polarity of the units of non-Self-Conscious Life integrated in the nebula.

Science has postulated the theory of a nebular hypothesis:— that the Solar System was developed from a cloudlike hazy vague indistinct formless clouded turbid nebular of nebulae—mist. How little they understand of the all-pervading Life of the vast boundless space, this non-

Self-Conscious Life teeming with Self-Conscious Life, mostly invisible to us.

PEACE BE WITH YOU

## Lecture 5 (1st March 1949)

### ECSTASY IS LIFE

In the last lecture we learnt that matter is produced from non-Self-Conscious Life, densified so as to be made objective to the senses of the human beings who were to follow when the field had been prepared for them. **All this was done, it will be observed, by the power of pre-existing Intelligence instead of intelligence produced by matter as is often supposed to be the case.**

This process was the involution of the non-Self-Conscious Life and the evolution of this non-Self-Conscious Life began when man made his advent upon the earth and thus evolution takes place from within man by the very fact that the Life Current which created the Universe is being ever mediated to man thereby evolving the unlimited out of the limited prepared for that purpose, and while this operation is in progress there is a continuous evolving in the non-Self-Conscious Life involved in the creation of the earth. Thereby the substance in which we live when recognised by the Self-Conscious units of Life inhabiting it will no longer be a solid immovable substance but will become as pliable as it was to the artificers who densified it.

When the earth was prepared for the advent of man the great Solar Angels responsible for the projection of the Infinite Self-Conscious Life projected the current of the Infinite Life into the Soul structure that interpenetrated and supported the earth. This Life is known to us as the Christ, the Son of God.

Thus man was created with all the attributes of that Self-Conscious Life to multiply and subdue as detailed in a previous lecture from the first Chapter of Genesis.

It will be realized from this that this system, the involution or directive ideas in the vehicle of Life, is the pre-condition and cause of evolution.

It will be seen in a later lecture that these great operators are dual beings. Their thoughts are then compressed in a vehicle of Life or are living ideas.

This difference in being explains the thoughts of our personal selves such as we are at present. It is this knowledge that will enable us to free ourselves from the bondage of our ignorance and enable us to act in freedom and in truth for we are potential Solar Angels in the making.

When we take into consideration our petty thoughts and our reactions and discern them properly we will see how petty we have been and this leads us to self-examination to see how we can better ourselves and others in the eternal progress that lies before us. The trouble with us all is that we feel a sense of separation and this frustrates Life.

When we as individuals who know separation conquer this separation then all delusion will cease. In the awakened individual there is a struggle and naturally freedom does not come without a struggle, but in this struggle there is experience that leads to freedom.

The sorrow caused by death is but a belief in separation. We must look at it from the truth of the continuity of Life. Your loneliness is caused because you gave your love to another who is equally aware of separation and when that person dies there must be sorrow, but with the knowledge we have now acquired we will rejoice in this Spiritual progression.

Take love from a viewpoint of separation. It is full of fear. To be free we must love without fear. A drop is in the ocean and an ocean is in the drop but if we take the drop and are not capable of uniting with the ocean it is because we are living in separation. To have love without fear we must go through all the processes of Love. You cannot merely sit still and meditate on the abstract of Love, nor can you attain it by reading books about it or listening to lectures on its virtues.

If you love a person it will lead to immense struggles, jealousies, anxiety, constant watching whether that person likes you. There is sorrow and pain but this leads more and more to the true quality of Love, that ocean of Love. But if you are afraid of Love and its affection you will leave it aside. You are then blocking up one of the channels through which you must assimilate the Life that is being mediated to you from the great Infinite Life Itself.

To gain the incorruptibility of Love begin with loving. It may be passionate, that does not matter. Some people think they are so good that Love taints them. Many are becoming so intellectually superhuman that their roots are beginning to rot.

Some people are indifferent to sorrow, to pain, to pleasure and love. How can you understand Life unless you grapple with it? How can anyone who is without passion, without ecstasy understand Life when ecstasy is Life? To climb high you must begin on the first step. But if from the beginning you have the perception of that end which is perfection, the fulfilment of Life, then the climbing will be a delight, the struggle will give ecstasy and not a mere drudging painful process.

Now for our reactions—if I should do a kindness to another and you would react to it because of some selfish motive within yourself that is frustration and this frustration brings sorrow and conflict in yourself. If I am kind I am kind to all and you are also benefited.

If you like someone because that person likes you that is a reaction from outside, but if your affections are spontaneous there is pure action, it goes outwards from you and never comes inwards, for pure affection never enchains, never holds another in its shadow.

We all know what it is to react, to react to kindness, unkindness, to jealousy, anger, etc. All these are external contacts which you have to go through in order to make you more and more dependent on your own pure action in order to discern your own pure Being. You have to go through these reactions of like and dislike until you arrive at this pure action which is always outgoing—pure Life in action—this is the freedom of Life.

With this understanding you will enjoy the ecstasy of that ineffable inscrutable unbelievable joy in pure action. Then we will share the knowledge and wisdom of the Solar Angels who are our parents as greater Angels are theirs and the Infinite then the Father-Mother of us all in Whom we seek that silent guidance and inspiration that reveals our true nature, made in the image and likeness of our heavenly parents in whom as well as in you and me remains forever the reality of the Infinite Self and in Whom we live and have our being.

The Infinite Self is one whole and not one particle can be separate from it. Separation is but an illusion that leads to frustration and conflict, while

the realization of our unity in the oneness of all things brings ecstasy and the joy of living.

(Here ends this lecture)

## Lecture 6 (8th March 1949)

### THE LIFE PROCESS OF THE INFINITE SELF

One of the principles laid down as a fundamental in these Teachings is that man is a microcosm, that is, an epitome of the Macrocosm.

There is no process in this external plane of being which is not a representation in subordinate mode of its prototype functioning in precedental order in higher, inner modes of being. There cannot possibly be any process in the subordinate which is not already in the transcendent and Supreme. This representation is an accurate reproduction from the highest, the Infinite Self down through all creation to man-woman.

Man-woman is a finite expression of the Infinite Self, manifesting him-herself in the outer, giving self-Consciousness to that Divine Idea and becomes angelic by returning through higher modes of being.

Therefore man-woman is the key by which to interpret the law of the Infinite Self, consequently by studying man-woman we may get some insight into the process of the Universal, "Man, know thyself and thou shalt know all things, as above so below" is not only true in fact but in substance.

A study of the conscious mental action of man-woman reveals that the process of his conscious perception flows through his nervous system in an efferent and afferent flux associated with his brain centre, while his life or vitality flows through him in a continuous flux by means of his arteries and veins, afferent and efferent also, associated with his heart as centre.

The dual unity indicated in the Infinite Self-Conscious Life is thus represented in its finite units. In both cases the process is associated with a permanent flux. It will be seen that it is a subordinate representation of an antecedent Cosmic process pertaining to the becoming of the Macrocosm.

I am told that the Life process of the Infinite Self flows through the non-Self-Conscious Life in boundless space from Solar System to Solar System throughout the Universe uniting all these in one unity.



This flux or river of life does not flow from physical suns to physical suns but from the great Beings and mighty Selves who dwell in the Solar Spheres or states, in the highest inmost and central state of each particular Solar System. It is evident that the Life process of the Infinite-Self flows through the boundless ocean of Ethereal Life from Selves as units, and anterior in Cosmic order, to selves who are successive or following in Cosmic order relating these in one transcendent unity.

From these Mighty Selves or Angels who receive this inflow of the Life Current of the Infinite Self, it is then mediated by them to the finite selves who are their offspring in the subordinate states of each of these Solar Systems, so in this way the finite selves in lower states remain connected with their own particular centre whence they emanated as finite units of the Infinite Self in like manner as the great Beings remain connected with their antecedent centre. Thus all finite selves remain inseparably connected in the Infinite Self which is immanent in all, yet transcends all. This process is illustrated in man in a subordinate manner which enables us to form some conception of the Universe. The tiny yet powerful atom invisible to the eye is the exact replica of the Universe in miniature. This reveals the microcosm and the macrocosm of the non-Self-Conscious Life in action formed by the Divine Will of the Absolute.

Further information reveals that the circulation of the blood in the external organism which carries the Life quality to every part of the various functions and organs of the embodied man corresponds to the ethereal Life Current in its circulation through illimitable space in which our Universe revolves, which absorbs the Life quality.

This Life Current is received from these inner spheres and gives off to the external globes what is required for the development of the forms of life embodied there, thence it returns again through the inner spheres to the central Fount to be sent forth again renewed by that Infinite quality that is the Inscrutable, Indescribable and Unknowable containing its omniscient, omnipotent and omnipresent qualities. Were it not for this circulating Current conveyed to us, we could not have self-Consciousness of our own.

This vast current of Life I am told is an actuality and the future scientist and philosopher of Spirit will be able in some measure to trace its action so far as it affects the earths of our system. The question will no longer be

what is truth, but what is Life? Even then until the finite can gauge the Infinite and until man can compass the Angel in whom Life in apparently differentiated forms is a manifestation, yes, even then Life will forever remain the inscrutable and incomprehensible as to what it really is. It will ever remain transcendent although living in its finite creation. It will be seen that the eternal flux of the Life of the Infinite Self flowing through the Cosmos from Solar System to Solar System and thus connecting these up, flows to mighty Beings dwelling in the Central States of these systems, and through them is mediated similarly by them to finite selves,— their offspring—men and women in the subordinate states of these systems. Thus all finite selves are held in connection with the Infinite Self, each unit receiving and giving off this Life Current to creation below it and as each finite self enters the inner states of being they evolve and expand into greater selves uniting with Solar Angels in the formation of further expansion of the Universe in boundless space.

Our Self-Consciousness is obtained from the quality of that Infinite Self-Conscious Life which we inherit and although differentiated in appearance remains undifferentiated as to the Life itself and as we pass through the earthly spheres of experience we are perfected by virtue of that experience and will arrive at the stage when we will be conscious of our oneness with the Universal Life. It will be observed that it is this Life flux flowing into mankind which is the healing power spoken of by all the prophets, sages and saviours. This Life unites us with the Infinite Source of all Power in a continual stream which flows through man from the top of his head and out at his feet. Man's soul is the receiver of this Life which is electromagnetic in nature.

I remember a lady who became blind through sorrow, I was told clairaudiently to make her walk in the wet dew every morning with her feet bare. On the third morning she regained her sight.

It is these facts that enable us to acquire an understanding of the ways of God. Healing to most people is a miraculous thing but to those who understand it, it is a law of Life. It is only when we believe in disease and fear it we close off the flow of the Life Current, while we sustain our conditions by virtue of our belief in them. This is proof that we are just what we think we are.

But as we learn more about the Cosmos we gain that understanding of what Jesus meant when he said, “Anyone who drinks of this water will be thirsty again, but anyone who drinks the water that I shall give him will never thirst anymore; the water that I shall give him will turn into a spring of water welling up to Life Eternal.” (John 4: 13-14 Moffatt Translation)

(Here ends this lecture)\*

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\* This lecture and the one following “*The Infinite Self-Conscious Current of Life*” were given as one lecture in Pretoria, said to be on 11th November 1947 (Lecture# 9), but it is more likely that this is part of the Johannesburg series entitled “How to Make the Cosmic Forces Your Own” as given on the night of 27th February 1947 (Lecture #4-6).

## Lecture 7 (15th March 1949)

### THE INFINITE SELF-CONSCIOUS CURRENT OF LIFE

Mankind has not originated from matter as some intellectuals would like you to believe. Their theories are very wide of the mark because it is mere guesswork, but not so with us who are acquainted with the inner workings of the process of creation.

It will be seen that our Solar System was condensed by the great Artificers of the Supreme, from His diffuse formless Ethereal Life occupying boundless space and that our earth with its world soul was formed out of the Solar Nebula by the actions of the same operators.

But the world once produced could not be abandoned and left to itself. In its embryo stage it required nourishing to enable it to develop even as a human embryo develops and continues to require sustaining even as the human body does in order to live and it will be shown how this was accomplished.

The Current of Life ever-flowing from the Central Font of the Infinite Self ever-flowing outwards to the operational point in boundless space and after being mediated through finite selves in the transcendent state who act as relays in every successive outer state of being in the Universe returns again to the source of all Life to be mediated out again.

This example is seen in the life of the tree. The life force flows up the centre of the tree and after it reaches the outermost leaves it returns via the bark to the ground. This process is continued and with such accuracy that not one single leaf is left without the life required to sustain it.

The Infinite Self-Conscious Current of Life is transformed down in degrees as it passes through each successive relay till it reaches the physical worlds and becomes densified into states or matter. It is this descending current of Life ever-flowing from the Central Fount that supplies the sustaining nutriment to the earth for its development and growth.

This Current acts upon the world-Soul previously concentrated from the diffuse life in space. This soul structure interpenetrates and supports the world and every living thing that exists upon it, thus proving every living being has a soul structure that is primary to the physical and will remain after the physical is discarded by the Self-Conscious Units of Life that hold it together. For the Life is held in unity in the Solar Angels through which the ever-flowing Life is mediated revealing the true significance and meaning of the Spirit, Soul and body, the trinity in man.

Jesus said, "As the Father has Life in Himself so He grants the Son to have Life in himself." We see here that the one Infinite Life ever-flowing from higher states is differentiated into germic units by the process of differentiation determined by the Infinite Conscious Self in the Celestial Beings of our Solar System. The Life by which we know ourselves to be alive is that Life that is being ever-mediated to us.

There are inner states of being of which at present we know little because they are constituted in Life carrying more rapid vibrations than those pertaining to the Life of the external personality in which we at present have our being. Consequently these inner states are transcendent to our perception at present.

As the units of Life of which we are, descended into incarnation in human parentage so do we as units of life inseparable from the eternal stream of life ascend after leaving our physical bodies, through the intermediate states to which I will refer later on.

When Jesus on the Cross said to the thief beside him "I tell you truly you will be with me in Paradise this very day," He was referring to these intermediate states, for Jesus was born direct from the Christ Life incarnated in the Soul of the world and knew the process of his incarnation as well as the process of his re-incarnation back into the higher states of Being which to him had already been revealed and it was this great truth he

gave to the world but the world could not receive it because of its belief in the things of the world.

The world was unable to grasp the wonderful truth of the continuity of Life of which Jesus personally knew, because the Christ they did not know had revealed it unto him and it is the same power that is revealing the same truth again in a different form but nevertheless the same continuity of Life.

Now these several states or modes or planes of being in our Solar System are constituted in Life carrying different intensities of vibration.

The more central or higher the state the more rapid and intense are the vibrations of the Life in that degree, the more external or lower the state the slower are the vibrations of the Life Substance in that mode or degree.

The differences in vibration entail that these states remain discrete (distinct) from each other as consciousness is always correlated to the degree of Life to which it pertains, yet while consciousness functioning in the lower or outer modes of being cannot see the forms of living beings in the higher states except through certain conditions, they remain inaccessible.

But the Life pertaining to the higher, through to the central state can interpenetrate the lower degrees of life and cognise it in that level. Consequently our angel parents can know our life on this outer plane and with this knowledge we can co-operate with the higher unseen Forces waiting to help us at all times through a bond of Love that is not known to human experience.

This is a spiritual Law of which we have seen the effects without knowing the Cause.

We who are living in the most external state are confined to that state through our senses being a mechanism of perception built up of the Life Substance of that degree and only responds to the stimuli that vibrate in unison with those of its own constitution.

We know that portion of the Universe to which our senses respond and as our senses respond to only an infinitesimal fraction of what really is we recognise how limited our senses are.

When we realize the logical necessity of the Infinite Self as the basis and precondition of finite selves, as Self-Consciousness can have no beginning—time and process being in and for Self-Consciousness—we

operate upon a law that reveals to us this higher power that we can use in our external existence.

We find ourselves as units of Self-Conscious Life living here in this external world and endowed with the faculty of identifying ourselves with the Universal or of apprehending our unity as integral units of and in the Universe.

No human thinker has ever dared to formulate a theory with regard to the process by which the Infinite Self particularises Itself into finite unit selves. The leap from the Infinite to the finite has had to be left a blank and has remained an unbridged gulf.

But this information coming from entities who speak from actual experience of their descent and re-ascent in the process of becoming is therefore of the greatest advantage and of supreme interest to every living being upon the earth.

This information I am told, has been relayed from one plane of Consciousness to another through finite selves operating on these planes until it is received on the outer in which we live.

I am told that there is no other Law in this outer plane that has not its prototype in the inner archetypal state and plane. Our prototypal process occurs in the inner state of the Universe in which our conception of separateness in space is transcended. The process in action is: as above so is it below, exactly the same, it is but a question of relativity.

This atom, tiny and invisible though it be, is really akin to the planetary system. In the centre is a positively charged electron, round it spins an innumerable number of negatively charged electrons, the same distance relatively speaking that separates the electrons is in exact proportion to the distance that separates the sun and the planets. The same Law and action underlies both, the only difference is degree.

This shows that the Life Currents mediated from the Solar Angels to man on earth is no more inconceivable as regards distance than the action that occurs in the atom is identical to that which operates in our planetary system.

“I am Alpha and Omega the beginning and the end.

I will give unto him that is athirst of the fountain of the Water of Life freely.” Revelation 21: 6

SO MOTE IT BE



## Lecture 8 (22nd March 1949)

### THE CREATIVE LIFE OF THE INFINITE SELF

It has been shown that the Creative Life in the Infinite Self is identical in nature to that in man, the only difference being in degree.

The degree of Self-Conscious Creative Life upon the earth is in exact correspondence to the vibration of the modification of the non-Self-Conscious Life Substance in which it manifests, being transformed down through several media or states in the formation of the Cosmos.

The similarity is seen in electricity. The Electric-Current that leaves the power house at a tremendous voltage is transformed down as it passes through the various sub-stations or transformers until it reaches the degree necessary to be used in a 250 volt lamp or motor. It will be observed that it is the same current of electricity that left the power house, the only difference is in degree. This helps us to understand what these Cosmic operators are trying to show us, that the Creative Life of the Infinite Self is identical in nature in the finite self, the only difference is in degree proving the inseparable eternal link we have with our Father-Mother-God, the Supreme Power in the Universe.

In seeking to understand our place in the Universe we realize the necessity of a fundamental unity relating man with the Universe as an integral unit of that Universe and we find the solution we seek in the Divine Immanence and transcendence of the Universal Divine Creation or Life of the Infinite God, which must of necessity include man, otherwise the Infinite could not be Infinite.

In the past this solution carried with it an inherent paradox, that being: If the Divine is immanent in man why is man not aware of it?

This limitation in finite cognition in many seekers has led to doubts and theories of the Universe as merely mechanical, eternally undergoing mechanical change. Others are repelled because the demand of their heart is

for a personal God and others again prefer to consider that God had only one Son and does not incarnate His Life in all His other children.

In studying the religions and systems of philosophy current on this earth, it is the limited individual intelligence that judges and decides what particular system he or she will identify themselves with.

This is conditioned by temperamental emotion and feeling, by heredity and by the influence of environment. Consequently we see the many different views on religion and philosophy, while the real knowledge is rejected as it was two thousand years ago when the man of Galilee trod the earth. The reality of his teaching has been submerged by sanctimonious formalities with the result that man is still ignorant of the message he brought to the world.

We know that man does not originate his own life, he does not build up his own organism, that is done for him. The inflow of life that then occurs does not cease at birth but continues and builds up the organism and continues till death and after.

It will be realized that the Immanence of the Divine Life in man, living and knowing through him, demonstrates the invincible immortality of man, and as there is only one and there can only be one creative mind, and this pervades all boundless space in which we can move and have our being, there is no possibility of one particle of life being separate from the whole.

It has already been made clear to us that the "ether" or Universal Mind or the ever-present Intelligence is acted upon by the Creative Power of the Self-Conscious Infinite Self by means of Its thought or awareness. This Intelligence is the basis of all things but is not everywhere acted upon by the Creative Principle and this is what is called "The Infinite in repose." The Universe in which we live is therefore the Creative Principle of the Infinite Mind in action, and where there is action there must be the Creative Principle underlying it.

We must not fail to observe two great facts, viz:

1. That the Universe is created by the very same principle that exists in man, the only difference being in degree;

2. That the Universal Mind is Spirit, active and passive, the Creative Principle acting upon the Intelligence or passive phase. So Spirit makes things by becoming the things it makes.

As Substance is found to be energy and energy in its final analysis becomes Intelligence, then the thought of the Creative Principle turns this Substance into things, that is why all things must be Spirit in manifestation, according to the vibration of the degree of the Creative Life animating the manifestation. The Word was with God, the Word was God and the Word was made flesh and dwelt amongst us.

This should clarify our minds as to the part we play in the Divine plan, for if Spirit produces a world and flesh by becoming the world and flesh then we produce the thing we desire by the same Creative Power. When we deeply discern the true meaning of this we will realize that we assimilate the things about us according to our predominant thoughts. If we are ignorant of this fact we find ourselves surrounded by conditions the cause of which we are unaware, and this causes us fear, apprehension, confusion and sorrow. Yet with the ultimate power within us when carried to its highest degree of what we are capable of through understanding, we can virtually create out of the Universal Substance about us. It was by this means that Jesus materialized from the atmosphere the bread and fish to feed the multitude.

If we cannot at present use the full power of the Son of God, even so, by our enlightened consciousness we can at least expect our bodies to yield to our Divine aspiration to produce what is within in the outer, and that our environment will reflect the mental attitudes we hold, “and to as many as receive, to them gives He power to become the Sons of God in very truth and understanding.”

(Here ends this Lecture)\*

## Lecture 9 (29th March 1949)

### THE REALITY WITHIN US

The last lecture brought us to the point where we have to choose between superficialities and realities. In everything these two exist—one is, and the other is of our own making and it is essential for us who are gaining the power of the Creative Principle through understanding to be ever watchful until that time comes when we will act automatically in accordance with the Divine pure action that is of the Life itself—the Reality within us.

If we live in a state of separation we have reactions to things external to ourselves, when we act from Life we have no such reaction for then our action is pure action. If you are still living in separation then you will have continued reactions and you should know whether by now you are living in separation or you are moving towards the unity which is real.

Pure action is spontaneous and acts from the Life within, always going outwards. I have mentioned this before to you. I have noted that some have not quite grasped the true significance of this perfect living.

Some react to conditions and circumstances that sometimes pains me, yet nevertheless I can see how you are making the effort to sustain that true expression that comes only through experience. As you have these experiences you begin to see how superficial you are and by the continual effort you are making, freedom will come, for freedom only comes through experience when we note these experiences and understand them.

Take criticism for instance, criticism is only of value in so far as it trains your observation so that it can eventually be turned upon yourself, that is the real purpose of criticism. The superficial is when you criticise others and are blind to your own weaknesses. Robert Burns\* said, “God knows I am no’ the thing I should be, nor am I even the thing I could be.”

I remember when at one time I criticised others, but when I turned that criticism upon myself I could see that which I criticised outside myself remained in my own heart and mind. The moment I saw this I began to grow and I began to destroy the superficial. Most criticism is dependent upon the personal, on moods, circumstances and limitations. As you gradually free yourself from the personal and superficial elements, the essential and real will be your guide.

The moment you enter into reality you are at peace with the Universe and you become a power that shall purge the world of all its unnecessary stupid childish things. When once you have grasped the Reality, that fundamental principle of Being, when once you have come into an understanding of it through impersonal criticism and examination, discovering your actions and reactions, discerning them impersonally, then through your own efforts you will dissipate the darkness that surrounds the Life and the lives of others, that darkness that I call the superficial, the unessential.

In the first place you must get rid of the personal element of moods, likes and dislikes. You cannot do this just by merely skimming the surface but by careful impersonal examination and discernment. When you have seen these superficial and non-essential things in the Life you will begin to discover “you”, yourself, that central Reality which no changing mood or environment can ever disturb.

Each one of you is either contributing to the growing sorrows of others and the world in general by lack of discernment of your moods and reactions or you can diminish them by observation and reflection; by kindness. But this can only be done through your individual effort, by noting your moods and feelings, being ever watchful that your moods, words, criticisms, antagonisms are transmuted and dissolved by affection that becomes spontaneous through self-realisation. It is only through this pure action that lasting happiness comes.

You must not approach this in the sense of possession nor in the state of rivalry as to who understands more and who understands less.

There is often antagonism between individuals approaching the same truth. The Truth must become the dominant factor, not individuals; Reality must become a living perceptible enthusiastic realisation of Itself in activity

through conduct. In this way you do not lose yourself in theories or philosophies but you are all the time translating your understanding and affection into daily action.

You are not judged by your religion or philosophy but by what you are, by the manner in which you treat others, the manner of your friendship, the manner of your help under all circumstances and not what you hold intellectually as your philosophy. It is not what you know that counts but what you are.

Turn your affection towards the Living Reality which abides in every other individual as well as yourself then you will cease to criticise the un-essentials, cease to be antagonistic, and instead of being a barrier to others you will become their guide, the philosopher and friend. The Reality within you will be translated into pure action and the joy of living.

Thus all conduct will ultimately lead to that Pure Being, so that the question may not only be **what is** ultimate Reality, but the practice of translating that Reality into conduct.

In other words, we must not lose ourselves in the discussion of Reality, in questioning something which can only be realised by oneself through perception, discernment and effort, otherwise we will be discerning the Absolute without any value to our practical life.

Seek to do good for good's sake, not for vanity or selfish ends. Pure action is spontaneous, it never seeks anything in return. It is the River of Life that flows eternally from the Font of God. "As much as ye have done unto one of these so have ye done unto me." St. John.

James 2: 2-4. "Suppose there comes into your meeting a man who wears gold rings and handsome clothes, and also a poor man in dirty clothes; if you attend to the wearer of the handsome clothes and say to him, 'Sit here, this is a good place,' and tell the poor man, 'You can stand,' or 'Sit there at my feet,' are you not drawing distinctions in your own minds and proving that you judge people with partiality?" (Moffatt)

James 3: 9-13, 17-18: "With the tongue we bless the Lord and Father, and with the tongue we curse men made **in God's own likeness**; blessing and cursing stream from the same lips! My brothers, this ought not to be. Does a fountain pour out fresh water and brackish from the same hole? Can

a fig tree, my brothers, bear olives? Or a vine, figs? No more can salt water yield fresh.”

“Who among you is wise and learned? Let him show by his good conduct, with the humble modesty of wisdom, what his deeds are.”

“The wisdom from above is first of all pure, then peaceable, forbearing, conciliatory, full of mercy and wholesome fruit, unambiguous, straightforward; and the peacemakers who sow in peace reap righteousness.” (Moffatt)

(Here this lecture ends)\*

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\* Robert Burns (1759-96). Scottish poet, many of whose poems are written in Lowland Scots.

\* This lecture and the one preceding “*The Creative Life of the Infinite Self*” were given as one lecture in Pretoria, said to be on 4th November 1947 (Lecture #8), but once again more likely to be part of the “How to Make the Cosmic Forces Your Own” series as given in Johannesburg (c. 13/3/1947).

## Lecture 10 (5th April 1949)

### THE SELF-CONSCIOUS LIFE

In the Introduction of the Master's Course I make a statement:

“I feel it a great honour to be the bearer of this message to the world; but I do not claim any special privilege, nor do I claim any spiritual quality that makes me any different from my fellow-men.

“For many years I have been an earnest worker and a student of the Inner Teachings, healing the sick and teaching what I knew of the Truth all over the world, and I have met with a very large measure of Success. For this I alone was not wholly responsible— as I now know—having been spiritually helped and guided throughout all these years of probation.

“It was not until one night when a mysterious Visitor appeared to me that I knew what my real mission was. He spoke these words: ‘I have been with you a long time but you know it not. But now the time has come for me to make myself known to you. I will guide you to the Himalayas in Tibet, where you shall receive instructions for your real mission. Many are called but few are chosen; are you prepared to leave all and follow me? Fear not, for the world will rejoice—the message you will bear will take away the confusion from the minds of the people; and those who will hear you are my people. I will be by your side and your strength shall not fail, for whom God has chosen he shall sustain.’ Then he took his departure as silently as he had come.” I am repeating this statement so that you will understand better what is to follow.

The answer to your question of the similarity of information given in previous communication will be answered in this communication later.

What I must impress upon you again is the Truth or fact that matter is resolved into energy and energy into Intelligence which is, in fact, the Universal Mind and the Substance out of which all things are made. Now, this Substance fills boundless space—I am repeating these facts to you so



that you can get a thorough grasp of the fundamental principles underlying the Universe and the finite Selves who inhabit it.

We have seen that non-Self-Conscious Life—Universal Mind—is formless. It does not create form by itself. Nor does it originate thought, although it causes thoughts to be generated in the finite self, as will be seen in the next communication.

It is the passive phase and is animated by thought generated by the Self-Conscious Infinite Life as the active phase.

Thus we learn that the non-Self-Conscious Life is acted upon by the Self-Conscious Life and produces the visible Universe by acting upon the invisible, moulding this Intelligence or Substance into form. Thus we are led to the inevitable conclusion that the visible existing Universe in which we live is the direct result of the Infinite Active Conscious Life acting upon and through the passive Infinite Intelligence, that boundless sea of unmanifested mind.

The Infinite creates within Himself finite selves through which He creates unlimited universes and forms in numberless variations. The formula I have already given must be accepted and applied in your own daily experience. “Consciousness directs, Intelligence fulfils that direction and form is manifested.”

The finite is made in the image and likeness of the Infinite, its Parent. The finite “you” is the “I am” made incarnate in flesh.

What I want you to observe is that the Intelligence acts impersonally, creating the pattern that the Consciousness holds within it so that the Invisible becomes visible. Remember that you are living in an Eternal Living Infinite Mind that can never pass away. Forms change and dissolve back into Mind Substance to be recreated again and again, but the Substance still remains the same. Consciousness and Intelligence transcend all forms yet animate all forms throughout boundless space. Read into this your finite action and you will know that good and evil are but relative terms. They are the interpretation you put on the things you create. Apply the dissolving action of true discernment to your thoughts, emotions and reactions for this is of prime importance in your daily life, and as the secrets of matter or the material world are revealed and its inherent power released the more will we understand that the Universe is of a Spiritual basis.

To maintain such a Consciousness, to create necessitates the presence of the Infinite Conscious Self in its finite creation, as it is the only creative principle in the Universe.

The complementary components of the Absolute are comprised in the dual unity of the one Infinite Life prior to manifestation. The process of manifestation implies the unifying of these dual components in finite selves, so that they may become like unto the Infinite Self but in finitude or degree, having the same quality and mode of action.

The finite Self-Conscious Life is the Infinite Self whose life it is and whose wisdom, love and power permeate, comprise and determine the whole of his-her Life by means of the Life Current which ever flows from the Central Fount through all His finite selves while ever remaining transcendent to them in His own Central State yet immanent in finitude within them.

The order of the Universe is perfect and its variations are innumerable. The Principles engaged in forming worlds are incessantly engaged in evolving them. In no other way can perpetual youth be bestowed upon the finer bodies and spheres in space.

When atoms are sufficiently refined to ascend above the mineral compound, they enter into the formation of the vegetable life, likewise the finer atoms of the vegetable enter into the building up of the animal structure.

Animal atoms, sufficiently refined, enter and support the human bodies and the most refined atoms of human bodies which are not required to construct and support the fleshy garment of the immortal Self-Conscious Life are used in forming the solids, fluids and ethers in the inner states to which all humans are being incessantly hastened, there to further unfold the Infinite Self-Conscious Life within them and to further evolve the atoms of substance making up the solids and fluids and ethers of the higher or inner states.

It will be observed from my previous communications that there are several states of being attached to your earth alone. It has been made plain to you, I hope, that the earth is a condensed form of the finer substance which makes up these planes, each becoming progressively finer as we

proceed inwards. This inward progression of the finite self is also accompanied by an unfoldment.

You must remember that while on earth the finite self “you” cannot understand fully what you do not sense, and as your senses refine correspondingly with your progression so the Universal is revealed to you in each successive stage. The fact is that your human brain has not the capacity to understand what it cannot fully comprehend, and your comprehension is limited by your understanding.

When I tell you that in the inner spheres of existence there are also forms similar to yours on earth you will realise that the higher prototype of that which exists on earth exists in the spheres above. Customs and life are changed according to the conditions existing on these planes.

Many of your existing works, especially those obtained through inspiration or direct communication as you are receiving now, have their astral prototype and the exact wording is often given which confuses those who do not understand this type of work. Your higher spiritual works are but the exact replica of what is held above, with the exception that at times there creeps into the expression on your plane some personal ideas and ideas held by the majority of people, but this is counteracted later on as the instrument becomes more attuned to the higher influences.

You must remember that we have also books with records of information mediated to us from the higher and more interior Solar Systems and such work is being mediated to you.

I do not want you to think that you or anyone else is a super-being for there is no such thing. “Super-being” is but an idea, begotten by one who may produce or do more spiritual work, but that is in accordance with the design within. As the finite self progresses in the various states so does the unfoldment produce the capacity to produce more and more power because of the Self-Conscious Life Principle being forced to act in accordance with the state the finite self inhabits. You may say that we are superhuman beings, but that is because you are not yet functioning on the higher planes of being.

I want you to criticize what is given you but do not disregard it for we are able to give you much information provided you empty your mind of preconceived ideas that prevent true knowledge being received.

May this Love and Wisdom of our Glorious, Indescribable, Adorable Loving Father-Mother-God and the Light of His Mighty Angels surround you in your great and glorious work.

## BENEDICTION

Our Father-Mother-God, we are all Thy children. We are seeking our way back to our Source, the one Abode of Light. Show us the one Highway of common realization to where all bypaths must eventually lead.

All religions are but branches of the One Tree of Truth, some yet unaware of the One Life within that Tree, which is the only Reality. Help all to see this Life.

In the one Temple of Silence the chorus of many religions is heard by Thee, yet their differences serve to separate us from each other.

Teach us to chant in that one harmony of Love so that the melody of all Souls shall sing as one with Universal understanding of the one Life and Immortality.

SO MOTE IT BE

## Lecture 1 (19th April 1949)

### **SPIRIT, SOUL AND BODY**

In this lecture we desire to correlate these three, Spirit, soul and body, although separate and distinct as far as you are concerned to the Universal Mind they are one, because they are all the product of this One Infinite Mind and all originate from the same source.

It has been common with you to separate these three because they have a different function, but this has been the cause of much ill-health and misery in your world and what we intend doing in this lecture is to make plain to you how Spirit, Soul and body are related to each other and why.

In the first place, to have a clear understanding we must state a truth that you can all prove for yourselves, that the Universal Mind or Infinite Mind whichever name you like to call It resolves Itself into an electronic substance that fills all space as a means of manifestation and is the basis of all form including the Soul structure as well as your body structure. The Spirit or Consciousness, again whatever name you like to call It, is that which is within this electronic substance and controls and directs it. It is in the Consciousness where your thoughts originate and these externalise into form, according to the law inherent in all. It is the same with us as it is with you, with the exception that our manifestation is more rapid than yours and we become aware of the action of our thoughts almost at once. You will readily grasp the great truth that a change of thought must according to the Law of the Universal Mind, change the form.

It is impossible to change the substance for this is fundamental, but the form in the substance changes according to the dominant idea held by the Spirit or Consciousness. You will readily grasp this and I will make it more plain to you in my remarks to you during the lecture.

From our position here I will explain to you what we witness in your world and around you, in your environment and condition. If you will pay

strict attention to what is told you and put into practice these instructions you will overcome most of your difficulties, if not all of them, for in fact you have been given dominion over all things. This may seem a platitude, to many it may seem just words. But if you think deeply enough you will see that it is a truth that cannot be denied and you can prove this for yourselves. Of course it needs practice as does with every other thing you wish to accomplish perfectly.

I want to put this question to you first. How do you react to your environment? Have you ever studied yourself in this way? Or have you just gone on reacting unconsciously to every suggestion, every fear, every trial, every emotion, every condition? How do others affect you? How do you react in your business life, your home? When you begin to study yourselves in these circumstances you begin to know what your thoughts are and this is the all-important point for both soul and body.

I am aware that many are under a continuous emotional strain. This burdens you to a great extent. Under these conditions various thoughts are engendered, and are not recognised at the moment, with the result that they surround you and hinder your true expression. Everyone of you is affected in this way, some more and some less, not only does this affect your soul structure, but also affects the body as well. When conditions are so created, naturally you are not aware of the cause and therefore you make no effort to counteract them and this is another very important point. Although you may think it is not of much importance, we see what is happening and often try to counteract these conditions on your behalf. Every soul on earth has a Guardian Angel.

The next point I want to bring to your notice is the fact that physical matter or form is but a mental substance conditioned for the purpose of your habitation in the physical plane. Now you will see that as this substance is responsive to your thought vibration in the inner realm so it must follow that it must be affected in the outer.

Your world will come sooner or later to the realization that thoughts do affect the mind or soul and body of the individualized Spirit that is the inhabitant. Not only the individual, thinking, but the whole world is affected by your thoughts and reactions. If this was more widely known, religion

would change from one of ethics to one of practice in the Universal Truth of the perfectness of the Universal Mind in Spirit, Substance and form.

From your own personal experience you will note I hope that conditions created by yourselves in the inner realms through your emotions and reactions, what you think, show themselves eventually in your body, conditions and circumstances.

A contented state of mind is the first thing that must be desired, this is not a static form of thinking but is the basis of your progress and your future happiness on the earth. When your thinking is based upon this foundation it has a very positive action in your lives and if you will think this out for yourselves you will see how true it is. This does not mean that you will stand still, it means that a contented mind is a mind in which power can be generated, and naturally the Universal Forces can more easily manifest through such a mind than it can through a mind that is in a continual turmoil of discontent. For it is in such a mind that dwells confusion and this confusion is expressed upon the body and circumstances, for the body is the vehicle of manifestation and sensation. Therefore one in such a state does not correlate the relation of the cause to their thoughts and emotions.

I have just told you that the physical substance is a substance that is conditioned, conditioned by the Intelligence of the all-Supreme Being. The body is regarded by many of your philosophers and teachers as a body of animal tissue. But what is animal tissue? What is mineral and what is vegetable matter? These are also conditioned substance, conditioned from the one primary substance of the Universe, the "Electronic Substance" that fills all space.

These planes of manifestation go to make up your physical body and as you live in them your experiences contain influences which have been impregnated in them for a specific purpose.

When you leave the physical you will know better what I mean, you will be able to see this great and wonderful Mind of God at work in all planes below you. Yet there are many things that you will not know or understand as we also do not know and understand. But we do know that all is a perfect scheme for a perfect purpose. Jesus said that there are certain things that no one knoweth not even the Son but the Father only.

Your scientists have given names to the many elements that make up your bodies, and they have found out how these elements, groups, etc., work together. But they have still to find out that these elements change their formation according to the thoughts you engender through your emotional and thought-reactions to your environment etc., yet all this is for a purpose to lead you to the truth—that you have dominion over all these elements. At present you act upon them unconsciously and bring about conditions that are not in harmony with the Scheme of Life. Therefore you suffer, but through the suffering you learn the true Law of Life.

When on earth, I was a very deep student of the ancient mystical works, some of which have been included in your Bible, also I was a Disciple of the Master himself, and his wonderful words of truth. “Love your neighbour as yourself.” “Love casteth out all fears.” His theme was “Love” and how true it is, that when one “loves divinely” without fear or jealousy, harmony is established in the elements and they form to coincide with the Divine Scheme throughout all nature and thus a perfect state is always in operation. This was and is the salvation of the race, the Master went to the core of things, and by his simplicity gave to the world the secret of true happiness and everlasting Life.

In the physical plane there is an instinctive principle in operation designed to carry out the Divine decree, yet this instinctive principle is affected by the thought of the individualized Spirit inhabiting this instinctive plane of action. And this must be so, because of the fact that the Individualized Spirit is given dominion over all things. This Principle will assert itself to maintain its equilibrium according to the Divine decree and that is why many of you get better in spite of your reactions to your environment, to people, events and conditions in your lives.

The cell life of your body has an intelligence, a predetermined knowing of the Infinite, as I have heard our beloved brother here express. This was an entirely new phrase to me, the origin belongs to him, but it fits into the scheme so well that it must be taken as an absolute truth, and describes in a few words the wonderful Divine Nature that exists for your benefit as well as for ours.

I would put it this way to you, the body is called animal tissue, but in reality it is a mechanism created by the Intelligence revealing an Instinctive



Principle founded upon definite Universal Laws, for the Universe is one whole and what pertains to a part must pertain to the whole. Therefore it is Universal in nature. The food you eat and the air you breathe are all harmonized by this intelligent action which makes your body function.

The Instinctive Principle functioning in your individual body can be upset by habits, thoughts, emotions, which are not in accordance with the nature of the Divine and we can readily see when we inquire what is the Divine Nature like. It is harmony, call it peace if you like, strength, love, contentment, etc., you all know now when you identify yourselves with this Divine nature It will externalise Itself in your lives.

Habit is perhaps the most difficult to overcome because habits are the result of a repeated process that becomes established in the individual. The remedy is not to rebel or feel inferior because of any habit, but to rise to the level of your Divine nature and the habit will fall away automatically.

Jesus taught us how to identify ourselves with God, the Father of all, whose Divine Nature is made manifest in all He has made. The religion of Jesus was the re-identification of ourselves with Him who created us in His own image and likeness, but I regret that this religion is not taught in the places where the Master is most spoken of.

What I have told you is true and if you will practice this simple method, your soul will be developed and strengthened and your body developed along with it. In Psalms 1: 23 you will read these words: "His delight is in the Law of the Lord, and in his law doth he meditate day and night. And he shall be like a tree planted by the rivers of water that bringeth forth his fruit in his season, his life also shall not wither and whatsoever he doeth shall prosper."

Here then is the way. Remove fear, anxiety, doubt and limitation and all such things, not by denying them, but by knowing what they are. The real is not the result of **your** actions or thoughts, Reality exists eternally and will be established in you by your meditation and practice of the Law of Life. The Truth of the Christ that Jesus taught was the truth about yourselves. You are not travelling on a road that has not been tried before.

Not one of you is perfect in yourselves but in God all things are perfect. There is ample proof that by yourselves you will stumble but **you will never fail**, this is made possible by the Christ within you. Failure is

impossible with God. When you realize that your so-called failures are but experiences on the way, you shall no longer fear or become dismayed, instead you shall move forward fearlessly knowing that the beginning and the end is God. "The Father and I are one," you keep on going forward with this firmly established in yourselves along the way that has no ending, no beginning, Infinite expression in the Infinite Mind. From one victory to another from one glory to another. Then you know that Spirit is triumphant and eternal. Soul and body are the substance of the Mind of God where the Consciousness or Spirit is continually expressing Itself. That Spirit is now and now It will always be. It will be now in a million years as it is now, yet the expansion of your individual Consciousness is now, and will be an eternal expansion. "From perfection I have come to perfection I shall return." To end this address to you I will repeat words from the Master's Course which was written through inspiration by our beloved brother.

"Live in the realization and recognition of your oneness with Me, and as ye know me as I am so shall ye be." "Meditate on this daily till the burning Sun of the eternal Reality bursts forth in your soul, to consume you in the All-ness of Its Immortal Love, Wisdom and Power."

LOVE AND PEACE BE WITH YOU

## Lecture 2 (26th April 1949)

### “I AM THE RESURRECTION AND THE LIFE”<sup>1</sup>

“I am myself resurrection and Life, he who believes in me will live even if he dies, and no one who lives and believes in me will ever die.”

When I came into the study tonight to take down this lecture, the whole place was filled with the beautiful aroma of incense and this was wafted through the whole house. My sister<sup>2</sup> also felt it and exclaimed, “What a beautiful smell of incense!” When I sat down I was compelled to write the above words.

“I am the resurrection and the Life.” And now my pen begins to flow.

The central Life is Love. Perhaps you have been theorising, never do this! You must let the truth unfold without suggestions from outside, nor must you make conclusions for this closes the avenue to truth.

What is space? You are now learning the rapidity of thought transference. What is between you and the mind that is influencing you? These thoughts know nothing of distance. Nathaniel asked, “Whence do you know me?” “Even before Philip called you, while you were under the fig tree I saw you. Truly, I say to all of you that from now on you will see the heavens opened and the Angels of God ascending and descending to the Son of Man.”

There is nothing that can interfere with the current of pure thought directed from Life for really there is no distance, the **only necessity is a condition of receptivity**. All your thoughts of Love and Healing sent out even without any special direction are caught up in the stream and helps all. Remember nothing is lost in this world of thought.

Space is a wrong idea belonging to separation and in reality there is no separation.

Let your hearts and minds rest undisturbed in the realization of the omnipresence of God. Even the flesh will come to know that there is no space or distance for you all dwell in God and there is absolutely nothing outside God.

For God Who made the world and all things therein and Who is the Lord of Heaven and Earth does not dwell in temples made with hands, neither is ministered unto by human hands, nor is He in need of anything, for it is He who gave life and breath to all men. And He has made of one blood all nations for to dwell on the face of the earth so that they should seek and search after God and find Him by means of His Creations, because He is not far from anyone of us. For in Him we live and move and have our being, as some of your wise men have said, all are His kindred.

Now therefore man being of the family of God is not bound to worship resemblances made of gold or silver or stone shapen by the skill and knowledge of man into resemblances of the Deity. Yet when men heard of the resurrection of the dead they mocked.

Your sense-mind would cloud or hide the vision. But now you are in the secret place of the most High and He shall wipe away all tears from your eyes and there shall be no more death, neither shall there be any more pain for the former things pass away. "I am Alpha and Omega, the beginning and the end, I will give freely of the fountain of living water to him who is thirsty."

Even as the rivers flow out and refresh the earth, so can you bring out that stream of Eternal Life into the outer, that unseen Spiritual Substance that is alone substantial and the only reality that can be expressed in your personal life now.

Use every opportunity to express that which you know. Let your love flow out and bless every brother every sister, so that all your divisions will be swept away by the ocean of Love, welling up in human hearts and lives.

You must all come to the understanding of the Omnipresence that fills all space, knows nothing of past or future but is eternally present, the same yesterday and forever. When you begin to know that all time is the present, you cease to "long," and a great strain drops from you. When you gain this understanding you eager souls who feel that you must accomplish so much in a given time, will come to know that service is pleasure and rest.

You will renew your energies and unfold wider avenues for further experience with a sense of peace and quiet that comes from that which does not consider time or space as an essential factor, for it knows no time or space being Ever-Present. To live in the spiritual is to live in Reality, not spasmodically and in limits.

“Love” is the eternal present and glorious now, which is a rest and a joy, a satisfaction too full to make us look backward or forward since we know that Love is ever-present. Its sufficiency is the active present. Think over this carefully so that your joy may be full. “I am” is the ever-present Love.

“Lazarus come forth,” was to speak from the Spiritual plane realizing only the present Life.

“I am” the Lord, “I” change not. Open your eyes and see this wonderful Truth.

You can be just as much of God as you are prepared to manifest. Christ, the Son of God, in the heart of humanity reaches out to man urging him to awaken to the Divine Consciousness.

The seven acts of Christ become actual to you now at this moment instead of belonging to a past period. The Christ experiences the birth into this Life, the awakening in the Temple that is not made with hands, the anointing—the consecration of the life to God, the temptation, the crucifixion, the resurrection, and the Ascension.

The Christ is in you and nothing can avail you from without, the evolution of one Soul exalts the whole race, that they may all be one.

The complete understanding of time as the only present factor, with neither past nor future, would remove false ideas and inherited ills. Only the good that man does has any vitality, then cease to uphold the working out of ignorance and sin. In your physical sense you make both good and evil seem of equal power. This is but theorising with mortal sense and is not a truth of Reality.

Love is the only reality and is ever-present and to realize this ever-present is eternity free from all conditions.

Darkness is but the absence of Light, when your hearts are full of Love there can be no darkness in the soul, for Love is the Light of the world. Truth is the search for the Light of the world “Love” is the first Cause and when you find this truth you have found everything.

As Love casteth out fear so does Love cast out all that is contrary to the true nature.

Fear is a thought-power generated by the self through lack of understanding and has the temporary effect of interrupting the flow of Life through the body affecting the entire body mentally and physically through chemicalization, to overcome this condition you apply the antidote of Love—Reality, the only permanent power in the Universe.

Love is power just as electricity is power. Love pours forth from its fountain in one continuous stream and is the only power there really is. Love is the Life Energy passing through the body. Love is a passion of great power in the heart. Love is the protective agency in every living soul. Love flows through all planes of Life, Love is the foundation of all Divine action and is the Salvation of the Race.

All are subject to the Divine, the more we know It, the more like God we become.

Love is the only Power that exists in the whole Universe, everything responds to it. Flowers, animals, humans and Angels all respond to Love's adoration.

Love being God, It must be the greatest power there is. It harmonizes everything. We cannot separate Love from anything in nature, for It is the cause behind all true manifestation and will remain when all other conditions are removed.

Ignorance has no principle in its-self just as error has no principle, mathematics has a principle but error can have none, for when the error is corrected it disappears, therefore you learn that ignorance and error have no power of their own. The prophet wrote in Proverbs, "My son, eat this honey because it is good and this honeycomb which is sweet to thy taste, so shall the knowledge of wisdom be unto thy soul, when thou hast found it, then there shalt be reward and thy expectations shall not be cut off." Yet Love is the secret balm that all can use, the learned and the untutored, the wise and the foolish. It speaks all languages. It is the soul's haven of rest.

God is Spirit and Spirit is Life, Life is Love and Love is the vital force in all things, is the harmony in all things, then we must worship in Love if we would attain a consciousness of God. Idols and images are but symbols in the mind and we gain little from them, we must identify ourselves with

the Love of God which is Spirit. You must identify yourselves with Spirit for Spirit is the power behind thought. The greatest power in heaven and earth is Spirit, the Greatest Power behind thought is LOVE.

The Real is the Principle of Love. God made the Universe by pure thought, positive and creative, which is the expression of His nature "Love." Then Love is the union between God and mankind. This Divine Energy is the eternal link that holds us fast to Him that made us.

So mankind becomes the vehicle for the expression of Love and this is the science of Living.

As we gaze upon the Fountain of Love, God's nature becomes our nature. "What I see the Father do I do likewise." It is no longer strange to you now, that our thoughts become the healing power that changes the ether of disease and death to those of health and Life.

By the power of the holy thought your bodies will be changed from carnal flesh to spirit form.

We are all sons and daughters of God by birth and all become sons and daughters of God through understanding and Love.

Through true understanding the vision is revealed, the Truth that we are all sons and daughters of God, from this point you start a new and greater civilization upon earth.

You shall all gain your inheritance even in the darkness that surrounds you for the Light that lighteth the world is within yourselves.

We are all joint heirs to all that is God's when we attain to an understanding heart full of Love. "Son thou art ever with me, all that is mine is thine."

Be through my lips, to unawakened earth, the Trumpet of Truth. The Lord thy God is one Lord and this is the Infinite Spirit within all mankind.

"I am the light of the world: he who follows me will never walk in darkness he will enjoy the light of life."

Then the Pharisees said, "You are testifying to yourself; your evidence is not valid."

I replied to them "Though I do testify to myself, my evidence is valid, because I know where I have come from and where I am going to—whereas you do not know where I have come from or where I am going to. You judge by the outside. I judge no one; and though I do judge, my judgement

is true, because I am not by myself—there is myself and the Father who sent me.”

## PEACE BE WITH YOU

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1. This Lecture was originally given in Johannesburg 9th September 1948 and is the first lecture in the famous series that formed the basis of the book *Divine Healing of Mind and Body*. It was repeated in this set of Pretoria lectures. The difference being, in this instance, is that here you have the basic lecture note which formed the basis of the famous lecture.
  2. Murdo's sister, was Mrs. Flora Chisholm (nee MacDonald). Flora accompanied her brother on his lengthy stay in South Africa and on some of his overseas trips (c. 1945-1954)



## Lecture 3 (3rd May 1949)

### IN SEARCH OF HAPPINESS

The ecstasy of an exalted state of mind is a state of freedom with the enraptured feeling of drawing breath from God with no past memory of wrongs, filled only with knowledge of the great Love-Life expressing Itself in the omnipresent, assimilating all that is happening into the present and living in the now always.

You would say that this is an impossibility while living on earth, that you would have to wait till you die before this was possible. But when we understand Life, there is no death, for Life and death are one.

If you would understand Life you must seek the truth away from the narrowness of conformity, free from the dictates of religious authority, however learned they may be.

Life is more important than any belief and to obtain the full fruits of Life you must liberate It from beliefs, authority and tradition for those who are bound by these things will have difficulty in understanding Truth.

If you condition Life with beliefs, dogmas, creeds, religions, you have imprisoned It in the walls of your own prison in which you live.

What I am saying to you is not a new doctrine nor am I forcing upon you any new or old authority for this would be limitation, one must be freed from limitation then you can free others by helping them to think for themselves.

To do this effectively it is necessary to question the things that are held dear and precious. So that by inviting doubt you will separate that which is unreal from the real, then only that which is of eternal value will remain.

Liberation and happiness do not exist away from you in some far-off kingdom by the sea or in the mountains. Liberation is freedom from all authority from all beliefs no matter what they may be and with this liberation comes happiness.

The question arises, how can one be in love with Life if Life is a burden, or how can one learn to have no fear, if fear is born in us.

Immediately you begin to understand your burden it will begin to disappear. Immediately you acknowledge that you have fear it will also begin to disappear. But if you say you have no burden, that you have put aside fear, you are deceiving yourselves and you are caught up in the net of both, your own deception and the condition. As soon as you know yourselves in all your weakness then you are the conqueror.

If you are not in love with Life, Life will make you unhappy and will force you to be in love with it by sorrow, by pain. It will lead you into deep waters so that you will have to struggle. When you understand Life, struggling will cease and you will love Life as Life loves you.

You must not divide Life into Spirit and Matter. Life has no problems, only man is in a bondage of his own making. Happiness can be translated into the physical. Any other happiness is not worth having. Those who say they will be happy when they die will always be postponing that which is theirs now. Happiness can be achieved here and now in the activities of your daily life.

The fact that you have divided Spirit and Matter, you imagine that Spirit dwells in some far-off unknown locality and where this Spirit is, there only can happiness be. But Spirit is here and now. It is the Omnipresence and the cause of all activity. If this is properly understood happiness can be attained immediately.

If you neglect and avoid the physical by ignoring the material as many try to do, you will never solve the problems of the world in which you live.

It is not by transcending the world that you can help the world which is at present in bondage, so long as Life is held in the bondage of ignorance so will there be imperfection.

You will never know sorrow unless you have suffered, and it would be useless for me to try and teach you if you have not suffered. It would be useless for me to talk to you about happiness if you had no desire for happiness. You could never know affection if your heart did not respond to love, nor would you understand if your heart did not ache. Neither can I give you a pill to swallow that will give you understanding.

Understanding comes when you have a strong desire to discover Life, when you are really suffering, really searching, when you are intelligently in revolt at limitation.

Life is “one,” you cannot divide it, there is no ordinary or extraordinary in Life. This is but an attempt to divide Life. Immediately you do this you are caught up in limitation.

The Creative faculty is expressed in form but that which is created in form must work towards that which has no form. Life must take on form in order to function, but this same Life is not limited in the form. **This is the realm of absolute Peace, the Kingdom of Happiness.**

You must not divide Life into that which is manifesting and that which is not manifested for it is the same Life. Nor can you divide the inner from the outer or the outer from the inner. Nor can you separate the visible from the invisible. When you have understood this you are free, and freedom is creation without limitation.

Form is not reality yet reality is behind form. To attain the Creative faculty you must not seek the form but realize the Life that is behind all form.

Rejoice for your names are in Heaven, Heaven is the inner Life without form. The souls that have perceived something of this light behind all men, have been overwhelmed by the knowledge of the possibilities of their own lives. They have come to the understanding of the Omnipresence that fills boundless space, knows nothing of past or future but is eternally present. The whole human race must eventually come to this understanding.

If you are caught up in the toils of your own creation you can never be real creators. To be real creators you must have the view of the Omnipresence though you may be creating in the manifested world, then your creation will have the stamp of eternity. The work of Jesus, Buddha,\* Moses and the prophets fulfilled their own lives by awakening in others the life that is without form.

The majority of people only know the objective form, a form that needs laws, regulations, creeds and dogmas. But there is a Life that is formless, a Life that is eternal and omnipresent, it is of this Life that I speak. This is the Life that I have realized, this Life you can also realize, then service will become a joy and rest.

To the weary heart the present is enough and to live in the present is to live in Reality not spasmodically in the past and the future which is limitation. “Lazarus come forth” was to speak in the Omnipresence realizing the ever-present Life, unlimited and free. If you do not see this then you are limited in the form. Jesus spoke from the unlimited state of his own consciousness, realizing the Eternal Life now. “I am the Lord.” I change not. “I am the Life.”

Open your eyes and see this wondrous truth. Realize the present then you will know that it is the physical Law that makes good and evil realities, when in themselves they are nothing.

Creation is Life. Life is creation. “To Be” is to create. Perhaps you do not quite understand this, but if you think deeply enough you will see that when this is grasped there is an awareness of Reality, not a limitation in Reality but Reality Itself. What we call manifestation—that which you see and touch is Life actively creating. It is not a limitation nor a disturbance of Reality. It is Reality in self-expression “I am this Reality.”

Into the world of form Reality breathes. The Absolute is no longer some remote abstraction to those who understand this truth. There can be no separation between that which is manifest and that which is unmanifest. And this is the Universe in which there is no limitation.

Creativeness is that which is within all. The sculptor, the painter, the musician, the philosopher, may be giving expression in different ways but is the same creativeness in them all, the only difference is in the technique used. All are releasing that creativeness which we call self-expression, giving shape to creative ideas. In this way we see that there is no separation, no limitation when we recognise and realize that which is working in us, is that which is expressed in the manifested Universe.

Life remains Itself no matter in what form it expresses Itself. When this is understood to the full the release of the Creativeness within takes place and finds full expression in form, and form is this living energy in manifestation. Pluck a flower and it is there, in a handful of earth, you hold it in your hand. The world about you is no longer a prison house. The air and sky reveal also Its presence. Reality has ceased to be a stranger to you now as you become conscious of Its presence.

When we cease to regard solidity as something to be carried, something to stumble over, and see it as the manifestation of the unmanifest we get a free Universe, when formerly there was nothing but burdens and limitation.

We reach that state of consciousness where the creative energy works with the effortless spontaneity to achieve perfection. We realize that Life is creating within us with that effortless spontaneous perfection as it is manifesting throughout the whole Universe, and wherever there is perfection, there the Absolute has found release through the form created. If you can become conscious of this great truth, then there is freedom and freedom is releasing the Creative Energy in all its own perfection.

A child may build a castle in the sand and in its mind there is perfection and freedom so with the artist with his painting, the sculptor with his statue. With that same freedom through experience we can co-operate with this Creativeness and produce that which has life and freedom which amazes all who look upon it, yet not knowing what it is. It is the Creativeness within being given free expression. It is the Absolute manifesting in us being given freedom through release, through realization and recognition.

This gives you a better understanding of the Ever-present, man and not God made yesterday and tomorrow. The Spirit of God manifesting in the flesh is the Christ in you. This is the Eternal Truth. The Christ does not age nor die, when you have discovered through awareness the eternal youth of the Christ, then you will know, as Christ is, so are we.

Although this does not appear to your mortal sense yet it is the Eternal Truth that all must learn.

We are still eating the fruit of the Tree of Knowledge of Good and Evil. Not until we become fully aware of our oneness with the Absolute that is ever-present and not something afar off—aware of the Christ filling the whole consciousness will we cease to be at war with ourselves, with our brother and sister and with God.

Through our attachment to one another we find happiness and pain in the personal sense, yet through this limitation we find the unlimited through the Beloved within ourselves. Then our affection becomes free from attachment and glorious in its expression to others.

Thus true happiness is gained. The ecstasy of an exalted state of mind.

## SO MOTE IT BE

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- \* Buddha ('Enlightened one'), Siddartha Gautama (c.560-c.480 B.C. ), also known as *Sakyamuni* ('Sage of the Sakyas'). The son of the rajah of the Sakya tribe, as a young man he left home in Nepal and renounced the world. Practised an extreme form of asceticism and became the founder of one of the great Asian religions.

## Lecture 4 (10th May 1949)

### **THE SUREST WAY TO SUCCESS AND HAPPINESS IS TO LIVE IN THE PRESENT NOW**

The present is the only time there is. I have so often spoken to you about this but I know that the great significance of this Truth has not fully dawned upon you.

If you are troubled with the past or if you have fears for the future you can never be one hundred per cent in the present, which is the only time there is. Action can only be done in the present and action is all that counts. Pure action is living in the present.

Some people are always harping about the “if” had been this or that, things would be better now. It is this “if” of the past that is preventing the present from being what it should be in your life.

Experience is essential to your freedom, through experience you begin to realize what lies behind the individual. Without experience you would be dormant, asleep in your limitation, yet experience, without discernment and continual adjustment in the present is but a repetition of error, and this means frustration. But through continual adjustment, through experience there is freedom.

Many people rebel against their past experiences, they fight, they struggle and become emotionally upset. This is the way to frustrate the true self, preventing it from coming forth in the individual.

All your experiences are merged into the present when you live in the present “now” and all the force of your true nature is present only when you live in the present. For if you live in the past or the future you live in the illusion of separation and this means struggle and disappointment.

It is the Infinite Life that is ever-present in the individual, and when you become aware of this all tension, all fear, all sense of wrongs and rights, all

hate, jealousies, all things that frustrate the individual in the present are dissolved away. **This is truly freedom.**

The Infinite Life is expressing Itself in the individual in the present always, this is the secret that many people have tried to find, but failed because of conformity to some idea, to some pattern or some system.

If you try to conform to some pattern you are in limitation; and if your pattern is not unfolding then there is worry, and worry makes your present work a failure. How many people in the world have tried to fit their lives into a pattern built up in their own minds. To follow a pattern is to be limited.

The Infinite Mind is complete, there is no limitation, no pattern to fill, it is complete and perfect. In reality the Infinite Mind is expressing Itself, It has created the finite for the purpose.

The finite is the individual existing in the Infinite. It is the wearing down of that individual existence in the consciousness through discernment and understanding lies the purpose of the individual existence. The small “I” loses itself in the great “I am” of Life where there is no separation, no division, no distinction.

This at present in your personal state seems to be afar off but in reality it is an actual fact now, that is why the present is so important, not the past or the future.

Any great thing that was ever done by man was done when the mind was concentrated on the present with no other thought or interruption of any kind. This is the Infinite Self giving expression to Itself through the individual or finite—the vehicle of expression.

Life built the body, the brain, the nervous system, the whole being, this is Life’s expression. Can you see this truth? I have said to you that you must identify yourself with the Infinite Life. This expression is from the relative but in reality you cannot identify yourself with the Infinite Life for you are It. Immediately you try to identify yourself with the Infinite Life you put Life outside yourself and this is an impossibility. What I want you to do is realize It, to recognize It as yourself. It is in this way I mean identification.

There is no distinction between the manifestation that you see before you and the Life that created it, and this Life is always present. It is the



creativity in you. If you live in the present not in the past or the future you will learn of this creativity in which all is possible.

You cannot separate a part from the whole, separation exists only in your individual consciousness, and this is the illusion that causes frustration. For if you feel yourself to be only a part seeking to become one with Life, the Life that is behind all invisible and visible manifestation, if this Life is external to the self, then there can never be a cessation of this continuous struggle that you are engaged in.

Most people are trying to picture what God is like, then He becomes an image in the mind. When this is so, there is limitation, living in the past and future living in a mind that is crowded out with events and sorrow, pain, hates, jealousies, frustration.

When you get a glimpse of this Infinite Life, this Life in which there is no separation, no sorrow, no pain, no past, no future, no birth, no death, when you can realize this presence then there is spontaneous action. You wear away the wall of separation that is in your own consciousness.

When there is complete realization of the ever-present there is no longer any craving, for you are everything, you are creation and the scar of individuality that was in the consciousness will have vanished. It is this scar of individuality that is in the consciousness that is the cause of all struggle, the cause of all craving, the cause of this separate existence, the cause of fear for the future and the cause of all fear of memories of the past.

The only experience that is retained in the finite is that which is pleasing to the Infinite, all else dissolves away. There cannot be perfect action in the present when there is a sense of separation. This all must learn, for it is the way to perfect happiness and success.

Perfect action, or pure action I often call it, is the result of the consciousness realizing its oneness with the Whole, understanding all external to it, the past or future, so that it becomes aware of the external as the effect and not the cause. The cause is the creativity within and this creativity is not separate from that within the individual.

This is often difficult for the students to grasp at first because most of their reactions are made from the external world, not knowing what it is.

Individual existence is imperfection, and this individual existence is worn down through understanding and constant adjustment. That is why it

is so necessary to put off all theories.

If you are caught up in the rights and the wrongs, if your mind is engaged in things external to the self you will never know reality. But if you are only concerned with the present you will express that which is perfect, for Life knows no wrongs or rights, no birth or death, no distinction or separation, no past or future. IT IS that which Is and I am That. This is why living in the present is the secret of success and happiness.

You will now see that it matters little whether the self exists or not for when the "I" realizes the great "I am," separation no longer exists and with this realization, struggle ceases and freedom is reached. You will readily see that this cannot be reached through theories, cults, creeds, for they are the epitome of separation themselves.

So it matters little to you now what appears external to you when the present is realized because this present is in everything, and what is always present is that which is eternal and the cause behind all manifestation. With this understanding, doubt, worry, fear disappear.

The material world is the revelation of the Creative Power, both grow out of the same source. Visible things are the representation of things invisible so both come from the same source. When you understand this you will understand the conditions that surround you, and you will no longer be afraid of them.

To realize the great Creative Law that is ever-present and by conscious use of this Law, you can operate upon the Universal substance in co-operation with the Creator of all things. This reveals a far greater power than any material possessions external to the self can give.

When the material world appears to the onlooker as the reflection of the Spiritual world where the idea becomes materialized, the material takes on a greater significance. Where at one time material conveyed only a substance composed of atoms, it now is seen as an Intelligence in expression, an Intelligence that is ever-present and responds in exact proportion in the lives of those who live in the present with the mind free from the past or the future.

This is pure action, an action that is the result of the release of the Absolute Life expressing Itself in man.

Then man will see that he is one with the Creator and with the same process he brings forth into his life and circumstances, conditions and things that he desires. But if he fails to understand these things he will eventually create a series of causes and effects and will be caught up in the illusion of his own separateness and limitation until he finds the Truth of the ever-present. Therefore in the present and not the past or the future lies the happiness and success of every individual.

SO MOTE IT BE

## Lecture 5 (17th May 1949)

### **THE GREATEST THING IN LIFE IS TO UNDERSTAND THE LAW OF CREATION**

Just as we weave into our minds impressions and ideas from the objective world, likewise we can weave into our minds the attributes of the “Presence”.

The Presence is that which “is”; It is not created by the human mind or any other mind. The Presence is that which “is,” never had a beginning therefore can never have an ending. This Presence is your real Self.

What we create in our minds tends to out-picture in the objective world, this is the result of our thought action, but thought itself must have an originating source, otherwise it could not exist, and the originating source is the Presence. Thus when we realise and recognise this Presence and dwell upon Its attributes we establish them within us.

When you think back until you get a clear conception of what you are in Reality you will then understand the Creative Power of Divine Thought. We must think back until we reach the source of things, before we can develop the power within ourselves.

“Faith is the substance of things hoped for, the evidence of things not seen.” “Faith” is that state of consciousness which has reached its own source. When this state is reached creation is automatic. Just as electricity flows through the filament in the lamp and produces a light, so does the Creative Power flow into the ideas the consciousness holds. We know that electricity is a form of energy but no one can tell what it is. Neither can we tell what the Creative Power is, but we know that It is, just as we know that electricity is.

To clearly understand how the Creative Power works we must understand our relationship to this Creative Power.

Jesus compared himself as a Son of the Father. “As the Father has Life in Himself so He grants the Son to have Life in himself,” showing that it

was the same life in both, that this same Life in the Father flowed through the Son as a means of creation.

“Whatever I see my Father do I do also.” Here is the answer. The mode of action must be the same, the Son being made in the image and likeness of the Father.

Jesus brought it down so that the human mind could comprehend the meaning that there was no separation between the Father and the Son.

All the struggle we see going on in our own lives and in the lives of others is caused by a sense of separation, thus a continuous struggle is set up to bridge the gulf of separateness, but when truth is realised the struggle ceases. “In other words take hold of the Tree of Life and it shall become a Spring of Living Water rising up to Eternal Life.” But to do this we must let go of the Tree of Knowledge of Good and Evil for we cannot hold on to both. We must cling to one and leave the other.

This world is still struggling with good and evil, with the result that chaos reigns instead of peace. “I am the Light of the World, he that follows me shall not walk in darkness but he shall find for himself the Light of Life.” This is the great “search” we have to find for ourselves, the Light of Life, then we shall not walk in the dark; we shall not walk in ignorance.

“All things were made by Him and without Him was not anything made that was made,” no existence came into being apart from Him. This is a clear statement of fact that the manifested world is but an expression in the Mind of God and not outside It. In the general way we look upon matter as something solid, but this “solid” substance can be changed from solids to vapour and disappear. We have not destroyed this substance, we have only changed the vibration of the atoms that make up the substance. So we can definitely state that matter is mind materialised and this manifestation of mind is the Intelligence in action. Therefore what we see before us is not merely a substance but the Intelligence expressing Itself and this same Intelligence is in us all.

The Master discovered this method by which he could use the Creative Power by understanding the Law. Want, limitation, sickness, failure and unhappiness in our daily lives are evidence of our ignorance of the Law of Life. Therefore the greatest thing in our lives is to understand the Law of Creation.

“I have come that they might have Life and that they might have it more abundantly.” This message is an extremely simple one. So simple, that it is difficult to understand. When we realise that our minds are the reflection of Infinite Mind then there can no longer be need for struggle, the only condition being a sustained acceptance of the “Presence.”

The secret of how the Law operates is well expressed in these words “It is not I who doeth the work but the Father who dwelleth in me, He does the work.” We must take exactly the same position, there is not one law for the Master and another for us. He showed that all are capable of using the Law, the only thing that prevents us from doing so, is our sense of separation.

When we comply with this Law of the all-originating Mind we bring about results. We must see clearly that the Life behind and within the form is formless yet it is the Creator of all form, “the Father that dwelleth in me, He does the work.”

The Intelligence is the predetermined knowing of the Infinite and whatever we ask with understanding, this Universal Intelligence will find ways and means to bring about any manifestation.

James says, “The double-minded creature need not think that he will get anything from the Lord.” “Let him ask in faith not doubting for he who doubts is like the waves of the sea driven with the winds and tossed.”

Thought is first invisible, then it becomes visible. If our thoughts are to become visible we must know what we want. The invisible power of electricity is controlled and made visible by the use of the laws pertaining to it and millions have benefited by it. Yet we can consciously or ignorantly violate the Law and bring about disaster. The lack of understanding of the Law governing the invisible world has the same result.

The mind must be free from past or future, free from prejudices, fears and envy or revenge. “Do not condemn lest ye be condemned.” “Love thy neighbour as thyself.” It is the state of mind that attracts the best in Life. It completes the circle between God and man and the Law of Harmony operates for our benefit. In other words you are in tune with the Infinite.

To be in tune with the Infinite there is a constant flow of Divine Energy through you and this flow never ceases for a moment. As you become more aware of this so it will flow with greater power to renew the mind, body and circumstances.

If your thoughts are not in harmony with the Infinite there is a condition created known as disease and unhappiness. The physician may diagnose the case by giving it a name, thus increasing the trouble instead of eliminating it. If wisdom and love were substituted it would strengthen and nourish the soul, then the body would soon recover as the inflow of the Divine energies is re-established.

Jesus cured the sick, and if people understood him they might do the same again today. What we need is the understanding of the Master and not theories or names of diseases. The Master was the oracle, Christ the Spirit of God is the Bread of Life and when eaten the Soul and body is renewed. When this truth is revealed to man the scales fall from his eyes and he sees how he has been deceived, generation after generation, by the beliefs and theories of others.

Man made in the image and likeness of God lives in a material or visible world in which he has been given dominion over all things. A world so constituted that if he understands the Law and uses it intelligently he will be lifted up to Spiritual heights yet unknown. He will expand his consciousness and practical knowledge of his oneness with the Creator of all things by the conscious use of the Creative Law within himself, and will represent to him a far greater power than the mere intrinsic value of material possessions which are the expression and use of the Law of Creation.

The material world to him will not be mere “material” which is little known or understood, but will represent the intelligent use of the Law of Creation situated within himself. We will see that the invisible and the visible are one and the same thing, one is the cause and the other the effect and cannot be separated, one is the expression of the other.

“God Himself has made it plain for ever since the world was created His invisible nature, His everlasting power and Divine Being has been quite perceptible in what He has made.” We must be one-pointed in regard to the Presence. We will see that this is the only Reality, all other things are relative, therefore have no power of their own, and are subject unto the Will of God in man.

Freedom comes when we discern the cause within ourselves not merely by denying it. This ignorant denying has been the cause of many

abandoning the very thing that would be of help to the individual sufferer. The only way is to discover the cause within ourselves and deal with it fearlessly and without struggle, then there is a clearing of the way for the Presence to operate in and through us. “As a man thinketh in his heart so is he.”

“Whatever things the Son seeth the Father doing the Son doeth also in like manner.” We must become aware of the Presence sufficiently so that every moment of our lives is an expression of It. This is wisdom and wisdom is pure action going out, never relying on external things but knowing that all external things are but the effect of the cause within.

The surest way and the simplest way is to love. To understand love you must first experience it. To love intensely is to grow in Love and we must learn not to condition Love, but to free it from all entanglements. In this way the Father who ever remains within us performs His own deeds, for this is the Law of Creation.

## BENEDICTION

O, Beloved Presence, I hear Thee calling to me to awake from my sleep of delusion and separateness. The Sunlight blazes forth in me yet I was blind to Its Spiritualising power and beauty, while my soul was darkened with separateness and ignorance.

Let the fragrance of Thy Presence pierce through my being to overflow with Thy love for all Thy Creation.

O, Beloved, I now drink of Thy Presence and Love that spreads everywhere, revealing Thy everlasting nature, embracing all within Thyself, and have found myself at last in Thee and Thee in me.



## Lecture 6 (7th June 1949)

### IS IT NECESSARY TO STRUGGLE IN LIFE AND IS STRUGGLING A BAR TO OUR SUCCESS AND HAPPINESS?

The majority of people in this world are in a continuous<sup>1</sup> struggle through their reactions to conditions and circumstances that surround them. They struggle because of unfulfilled desires, they feel the lack of things, they are bound by ill-health, they fear the future because of the past, so the struggle goes on incessantly.

<sup>2</sup>*Now think, the large mass of people in the world today are doing this. In fact struggling has become to be a habit with most people. And when they are struggling they have lost that which is real within themselves. Struggling is always something towards outside themselves. Therefore they are reacting to conditions and by reacting to those conditions they begin to struggle, unaware of the fact that they have power and dominion over all things.*

Now when we begin to analyse the condition of the mind under this continuous struggle we find that it is full of negativeness which means only one thing, frustration.

If we struggle with ill-health, if we struggle with burdens, we struggle against any condition, we only create a greater burden upon ourselves, because of our minds being filled with the effects of our struggle, therefore incapable of true direction, because we are unaware of cause.

Now let us analyze this deeply so that we can see how to act with direction. If we rebel against anything we struggle with it, this is reaction from without. If we are controlled by our conditions and circumstances, we have lost our God-given power of dominion over all things.

*Now you will see clearly that struggling is a negative condition. Supposing now that you were in water, in deep water, and you are not able to swim, and you found yourselves floundering. You begin to struggle in the*

*water and what is the first thing that happens to you? You drown of course, because you struggle in such a way without any direction of any kind, and consequently you sink. That is exactly the same as it is in the world. You are sinking through your struggling in a world that you do not understand.*

*But if you begin to realise the great Truth of that central power within oneself. You will see then that there is no need to struggle. When one learns to swim there is confidence, and innate accurate strokes in swimming and able to swim in deep water or shallow water.*

*The same thing is with you when you learn the Law. This Law of the Infinite Being that is expressing Itself through each and every one of us and we see this Life that is Creative in Itself, that is All-Power in Itself. When this consciousness in mankind realises that all is Spirit. There is nothing else but Spirit. Even the substance that is seeing this Spirit and the animating power within is the consciousness in that Spirit.*

*The power of the Master is nothing more than a realization of this Truth. A realization of the Truth where the Master becomes aware of himself as the ruling factor in everything. He becomes that centre around which everything revolves, he sees that everything does revolve around himself. Therefore he is the central point and has that power of direction, because he is aware that the power within him is creative.*

*If you are not then a proficient swimmer and you go into deep water, the first thing you will find is that you sink. The same thing applies to you in your daily life, if you are not aware, if you are not proficient in your expression of the truth you also sink. You struggle, and the more you struggle the more you intensify your conditions. Just the same as the drowning man, the more he struggles the quicker he drowns.*

On the other hand, if we understand the cause of our condition we would not rebel but would work from within, knowing that the Presence was there and that in the Presence there is no such thing as fear or lack or ill-health, therefore no need to struggle.

*If ye knew in yourself, realise this tremendous truth that there can be no sickness, no ill-health, no loss of power. Nothing that is detrimental to the human being whatsoever existing in the Presence. When you know yourself to be the Presence, you establish that in your own consciousness, and the individual consciousness then begins to express itself outwardly because*

*you are the central point in everything. Whatever the consciousness begins to express so does the body and circumstances take on.*

*Remember that there is no power external to you greater than the power within you, and when you recognise the truth "I and the Father are One," and this power is Infinite in nature. Only Infinite to you according to your awareness of it, if your awareness of it as much, you will begin to swim and you will begin to struggle, and you will begin to drown and you will call for help. If your awareness is just that you will only have that much. But if you can stand, on both feet, with your arms outstretched looking upwards with confidence knowing, "That all that is mine is thine."*

*In the picture of the initiation where there are three steps in the initiation. One; is a person kneeling on the ground with his head down. The next; is the same person standing up with his head forward towards the ground. The third; is the person with his hands stretched outwards looking upwards. That is then the three initiations the beginning of the understanding where you bow to this wonderful Truth. You are amazed by it. In wonderment. Then you begin to understand it and you rise upon your feet ready to act with it. When you begin to practice with it, it gives you confidence, and when that full confidence is supreme then you look forward with complete faith and understanding. There is never any looking back.*

We will learn that by pure action from within we can set in motion ways and means to accomplish without struggle, knowing well that the Law fulfils itself according to our understanding and practice of it.

*The most extraordinary thing about it, is this, that when we begin to know the understanding of the three principles or the three points of the Law. In the first phase; the great Mighty Intelligence that created all things, involves Itself in Its own Creation, and with it establishes Its own Law which becomes immovable, indestructible, and it can be neither affected by angel or man.*

*The second phase of the Law is this; that this Consciousness, that this Intelligence that is active in the Universe will respond to man's consciousness and will create for him also according to what he thinks good or bad. That is his responsibility*

*Then the third phase of the Law is; the true nature of God Himself being Love Supreme. The individual recognises this great Truth and instead of*

*looking outward he turns back and looks within. Just as the prodigal son did, returned to the father, and whenever we find that we see that Divine Love that overcomes all conditions and we stand before Him complete as He made us in His own image and likeness. With this understanding there is freedom.*

So that is what I call pure action, which alone brings results through understanding; while reaction to things external is only a degree of misunderstanding.

If you go to sleep at night happy or sad, depending upon success or failures, you will know that you are only reacting to your conditions. But if on the other hand you go to sleep understanding the Law of Creation and practising it, then while you sleep the Lord is preparing things for you. The Higher Intelligence will then begin to take a “firm” action in your affairs.

*How many of you then go to bed at night, think now, happy or sad according to your successes or failures. If you go to bed at night unhappy, its because of your failures and very often happy according to your successes. You are buoyed up because of these things. Don't you see, you are on a seesaw—up and down, backwards and forwards on a pendulum.*

*But if you go to sleep recognising the Law and this is what you should think of. This true Law that exists within yourself. Because you were created in His image and likeness you carry inherent within yourselves that Divine Law that exists throughout the whole Universe, that neither man nor angel can destroy. That Law is there for you, whatever your consciousness becomes aware of, so in that state of understanding, you will produce. So the Intelligence will take a firm hand in your affairs.*

You will perhaps not find immediate results but be assured that things are shaping. Your mind will take on a new aspect as your experiences become different, and a real start is made. “Blessed are the poor for they shall inherit the earth.” The opportunity to those to create. To feel within themselves the desire to create. If you look for immediate results, this makes the mind unstable and double-minded.

*You begin to demonstrate and then you begin to doubt whether your demonstration will be true or not, and leads us often into deep waters because the simple reason is this, that you do not understand the true Law of Creation. Anyway what are you demonstrating? Are you going to try to*

*prove God to yourself? That can never be a demonstration in any persons life, because that is a negative way of looking at it. You are putting God relative to yourself, putting God as something outside yourselves so that you can say, "God do this for me."*

*But if you realise that the Creative Power is within yourselves and knowing that this Law, this second phase of the Law, is this; that the Intelligence will act for you, whether you desire things that are good for you or bad for you, this Intelligence will produce them for you.*

*But if you are on the seesaw of fear and faith, you will be on the pendulum, swinging backwards and forwards not knowing where you are. You will perhaps not find immediate results but be assured that the thing has taken shape.*

If you know the law to be infallible, results are sure to come. The motto is "Be happy in your doing" knowing that the Presence is working for you. "Whatsoever I see my Father doing so do I in like manner." That was what the Master said. If you can understand this then there is pure action which is creative.

*His whole theme was based upon "love thy neighbour as thy self." Everything he did was not for himself but for others.*

*Everything God does is not for Himself but for everyone. He does not need to do anything for Himself because He is complete in Himself. If you are the image and likeness of God you must have that belief also being complete in yourselves. Then whatever you do, you will do for others and what you do for others, you do for yourself. "Whatsoever you do unto one of these so you have done unto me."*

It is difficult for the mind in trouble to discern for itself the difference between pure action and reaction. All things external to the self must be relative to the self and what is relative can have no power of its own except that the self gives power to it, and this can only be done by fearing and struggling which means frustration.

*I know how difficult it is for people in trouble to discern the difference of reacting to the condition and pure action. It takes time to sit down quietly. Quieten the mind and get a grip on oneself and begin to discern what the mind is doing. Where it is moving and how it is moving. What thoughts are passing through it. What thoughts you seem to grasp or grasp*

*at. What thoughts you begin to fear. What thoughts you begin to have faith in. This is discernment of the mind that is unstable. But immediately you begin to realise that discernment is necessary then your mind will become calm and peaceful, will slow down. You will be watching what is passing through it.*

*Then you will know what you are creating or what is taking place in your own mind, and when you have done that, then you begin to realise your own creative power. The ascendancy of the consciousness takes hold of oneself in its realization that it is the Creative Power in existence and begins to create purely, by pure action from Itself. First of all it says; "Peace!—be still." There is a calmness that comes over the mind, even a calmness will come over the world and everyone could see that.*

*But over the self this calmness comes and the mind is stilled. Then you begin to say "What should I fear? The Lord and I are one." Then begin to create in your own mind. To dissolve these thoughts of fear and bring harmony and peace into your soul and you call in the great Mighty Intelligence to prepare for you. You recognise at once that there is one greater than yourself. "I am myself the Father within me that doeth the work." "I and my Father are one." "The Father is greater than I."*

*The recognition of this greater one in which you begin to act together to bring about that which is necessary in your life. Then Truth pervades, things take shape, "and whatsoever you ask in my name so it shall be done unto you."*

Fear and faith are on the same yardstick, we measure with both. Job said, "What I fear came upon me," and this has been proven by millions of others. We create ignorantly with fear and faith, unfortunately we create more with fear than with faith because of the emotion attached to fear.

*So we create ignorantly with both fear and faith.*

*What is your faith? Have you ever asked yourself that question, "What is your faith?" Then you will know what your faith is based upon, something that's real or something that is illusionary.*

*If your faith is based upon something outside yourselves, then its an illusion. But faith based upon that which is real within oneself, that the Creative Power of God and the creative power in you is one and the same. Linked together. Individualised for your own benefit. But unfortunately most*

*people fear things, therefore they create most things in fear. "What I feared came upon me."*

*How I see that every day of my life.*

*People come to me full of fears with regards to their troubles. Some people, old perhaps, aged, with very few years to go in this world, they are full of fear. They're religious but their religion has not done much for them. They are still full of fear and they do not know the truth whether they will live at all. The first thing they fear is death. They are afraid to die. Their troubles are uppermost in their mind because they know that the trouble may cause their death. But they are afraid to die and their fear of death adds to their troubles enormously. Immediately I take the fear of death away from them, their face begins to clear.*

*I have known many a person in this world who has been sentenced to death by the medical profession saying; "You have got six months to live," "You have got two months to live." Time being there was a terrible shock to the individual. But after the individual gets settled down, gets things properly in his mind, recognizing their proper place in his mind. He means to say to himself, "Well if death 'is' I'm going to enjoy myself during the last two months of my life." He forgets all about his troubles. He forgets about his death. All he is engaged in now is to enjoy himself. He goes out and enjoys himself. At the end of six months he is still alive and he wakes up to the fact that he should have been dead four months ago. So he still goes on, and another year goes past and he is still alive. He wakes up again and he says, "I'm still alive." Now he is thinking, "how is this?, I should have been dead now. Yes, nearly eighteen months ago. I'm still living." The reason why is this, the simple reason is; that he forgot all about his troubles. He forgot all about death. He went out to enjoy himself and naturally Nature did her own work without hindrance. Nature is kind. She is beautiful. She is wonderful.*

If we are unaware of the truth of our being then we are living in the pendulum of both fear and faith, we are swinging backwards and forwards according to our reactions to the external world. But if we understand the Law of Life we remain at the fulcrum, we are aware of both fear and faith and what they are, therefore we understand the cause of our struggling and our struggling ceases.

*You struggle in faith. You struggle in fear. But you never struggle when there is this pure action that comes from knowing the Truth of your being. "I and the Father are one." Many have not yet completely comprehended that tremendous statement. It unfolds in your mind. You wake up one morning and you will say it and have a greater meaning for it, and you think you have found the completeness of it. But next morning another great vista of the same thing will appear before you, and this will go on continuously because of the Infinite nature of the Spirit within you continually unfolding glory after glory. This unfoldment will never cease. But few understand it.*

*The majority of people are searching for what we call selfish sensationalism which is of little value to them. There are only a few people in the world who barely grasp the Truth. Jesus had twelve disciples and even some of them denied him. "Peter, before the cock crows thrice you will have denied me twice."*

*When the individual begins to see the object external to himself and the subjectivity within himself, he will see that this subjectivity moves outwards to the object. If the individual is unaware of the "Presence" as himself then there is a reaction to the external, often in a negative way and this action from within outwards. Therefore you see when the individual is unaware of the Presence within himself, and he moves to the object external to himself, there is a reaction from the object to himself. If he is not aware of the Presence within himself then he reacts to this condition in a negative way. But if he being aware of the Presence within himself and recognises this condition, he does not react in the negative way, but knows at once, "I have been given dominion over all things," "My Father and I are one."*

*I am the Creative Principle with God. All power has been given unto me in heaven and on earth. All is Spirit Substance which folds and forms according to the Spirit Consciousness within. The Intelligence that is the Active Principle inherent in all Creation responds to the consciousness of man and accordingly responds to my consciousness as well. Therefore God and I are one. My thoughts then become pure in action, directed towards the subject or object and I am no longer swinging on the pendulum of fear and faith. I am at the fulcrum, where at the top, where you watch the movement. When the pendulum flows outwardly then flows away in this*



*direction and in that direction and in this direction. Then you are watching carefully this movement taking place knowing what it is.*

The Presence, you will note, is entirely different. For within the Presence there is everything because from within Itself It expresses everything outwardly. The Presence acts from within Itself outwardly but does not react to the things Itself creates, having dominion over all things, and man is made in the image and likeness of the Presence with the same dominion over all things.

*Is the Presence afraid of the things It creates? No of course Its not, but you are. You are afraid of your own creations. Why? Because you do not know you created them.*

“The greatest amongst you is the servant of all.” When the Master said this to his disciples he had been explaining the Law. Yet they were still unable to understand the full meaning of his words. He meant the Servant of all within, this Servant is the “Presence” that knows all things—knows how to produce all things perfectly. What we have to do is to love with all our hearts so that the Law fulfils itself and what we seek for so shall it be unto us.

*We cannot get away from the Law that is paramount in God. Because if it were not for this Law of Love, for this Power of Love, the Universe could not exist as one Whole. This Law is inherent in everything that God has created. This Law is adamant and neither be affected by angel or man.*

*You see this wonderful story when we read the prodigal son. Here is the prodigal son. He goes to his father and says “I want my inheritance.” He goes away and spends his inheritance. He wants his share of his fathers goods so his father gives him his share, and he goes away and he spends this share. When it is all spent he finds has got nothing, so he comes back to the fathers house. Repents. The father sees him a long way off and goes to meet him. He does not chastise him. He did not say to him, “You are a bad son.” But he puts his arms around his shoulders, his neck, and he kisses him. He brings him back into the house and he sit down at the table and he feasts once more. Partakes of the father’s table now, forever. Because not only his share, but he finds that his share now can never be expended. It goes on to Infinity.*

*Now if you are like the prodigal son thinking you just have a share in the Father's House, that share will soon go by. Will soon be wasted and finished. But if you continue to eat and feast at the Father's table you will realise that that share means Eternity.*

*Sometimes there are others who object to see a prodigal son sharing in the fathers goods and making merry with them. You find that in the elder son who would not go into the house because of the music and noise. When he found that his younger brother had come back. Then he remonstrated and said "Why I have been with you all this while. I have done this and I have done that. I have obeyed your commands and yet I can't even have a cake to make merry with my friends." The father turned around and said, "All that is mine is thine, son." He did not know either that all was his. Although he thought he was in the father's house because he obeyed him all of the time and obeyed his commandments all of the time, and thought he was the good fellow. The good boy that the father would bestow all his goods upon just because he was good.*

*But that is not the way because in James it says; "If you are in anyway defective in wisdom, ask God and He will give without reproach. But you must ask in faith but never doubt Him."*

*Do you think then that God, being the God of Love would hate one of his children and love another. Could he be the God of Love if he hated one and loved another? You are not a loving person if you hate one and love another. You cannot be. But God is perfect in Himself. He is flawless. It is impossible for there to be any flaw in the Creative Power of God.*

*Therefore it lies in the central point. It is within oneself that the Law is adamant, unchangeable. The Master said it clearly and distinctly when they asked him the question, "Which is the greatest of the Laws?" He said, "Love the Lord thy God with all thy strength, with all thy might, with all thy soul. Love thy neighbour as thy self. When you fulfil this, you fulfil all the other Laws."*

*But if we harbour hate, jealousy, fear and the like we break the circuit, we become our own enemy. The one great truth that should be paramount in our minds is that which made the Master the greatest figure of all time, "I and the Father are one." (If you realize then what the Father is and you are one with Him. Then you must act up to that or try and translate the*

*Absolute into your daily living.)* If it made him what he is, it can do the same for us if we can realize its true meaning.

This is the transforming power in us all. It turns our base thoughts into loving thoughts, our negative but limited thoughts into faith and understanding that can move mountains.

*“I and the Father are One.”* When you go about with this, think what it means. Say often to yourself and think what it means. Continuously think in your mind how much it means to you and as it begins to take hold in your consciousness you see how wonderful it is. So many different aspects will rise to your mind. *“I and the Father are one.”* Why I should fear? If I and the Father are one. I know this is the Law of God.

The searching light of the “Father” as the Master called Him, brings Him nearer to us and enables us to discern the cause within ourselves. For we produce that which we gaze upon. If we gaze upon the objective world with fear so shall we produce. If we gaze upon the “Father” the only Creative Power seated upon the throne of Love within, we shall we create that which is perfect and acceptable to Him who created us in His own image and likeness.

That which is acceptable to God only remains permanent, all else will be dissolved away, even if in our ignorance we try to retain it. In this way I am satisfied that in the end as in the beginning all is perfect, and it must be now if we can realize it.

*How else can it be. A Perfect God. A Perfect Individual.*

*The trouble with us, a majority of people we do not understand the Law of Transition, the Law of change and when we see this Law of change taking place, we think it is evil. We say, “That there is decay, there is death.”*

*But if we knew the Law of Transition, that Nature is always Unmaking something to make something else. She is also always Undoing something to build something else out of that which she is Undoing and that the Law of change means a Law of progression unfolding. Above this Law of change, there is the Law of the “individual.” That Law that is above the Law of change, that Law, comes to man in his own recognition of his oneness with God. “I and the Father are one.”*

*That is the Law of the individual which is above the Law of change which the individual can act upon this Law of Transition and form for himself what he desires. But when knows the Law of change he will recognise that the Law of change may often take place within himself. For instance if you have a lot of poisonous material in your body and you go onto a properly balanced diet whereby you try to eliminate most of the poison. First of all you feel like the body was in racks, stretching this and pains come here and pains there and so forth. Because you do not understand what is taking place you become fearful and you drop what you are doing straight away and you never get any results. You do not understand the Law of change, the Law of Transition. Nature is tearing down some old material to build up the new.*

*If you do not understand the Law of Transition in your own lives then you will react negatively to most things in your life. This is the Tree of the Knowledge of Good and Evil. But the Tree of Life is the Truth. It is Life Itself, It is Perfect in Itself, and in Itself creates only Perfect things. Tears down old things completely and builds up the new. Being Perfect in Itself it tries to make everything as Perfect as Itself. That's it's nature.*

Love is dynamic, It is creative without the necessity of an object. It is immortal, It is Life and Life is creative and formless yet by it all forms are created. To understand Creation then we must understand form and through form we arrive at the source of Creation because we are Creation in form, and through form you gain all your experiences that enable you to realize that the Life in form is the same as the Life that is formless.

*The Life that I am in this form. It is the same Life that is formless, throughout the whole Universe. That Life is not affected by this form. But that Life can act in this form and re-create and re-build this form provided I am aware of It.*

*Every night when I go to bed I rebuild my body. The great secret of youth, to rebuild the body after the days work is done. You lie awake a little while thinking of the Creative Principle. Thinking of the Law of Transition, the Law of change, the Law of the individual. Thinking of Life Itself knowing what it is. Seeing that the Life in you is one with the Life that is formless. I am Eternal in God. It cannot be anything else except Intelligence in movement. Rebuild my body. Reconstruct it. Dissolve all*

*these conditions away. You are my servant as you are God's servant, because I and the Father are one. In the morning when I awake I am refreshed. All conditions have gone. I am a new born babe once more, with a little more knowledge. If you can realize this great Truth, you will find that not only in your own body but in circumstances things will change.*

When this Life is realized It must be stripped of all personal whims, personal viewpoints. You must not be caught up in the opinion of what It is. This is limitation because even the greatest idea you can have of Life is but a limitation.

Freedom comes as your consciousness becomes wider and wider. For the "Presence" expresses Itself in the proportion to the conscious awareness of the unlimited nature of the "Presence," understanding that there is no beginning and no ending. It is everything and It is whole and beyond the comprehension of the human mind.

Nevertheless it is through the human mind that the Presence expresses Itself, this is the great Truth of the "greatest in the smallest and the smallest in the greatest."

*You must realize that everything that we can do, God does also. "What I see my Father doing I do likewise."*

The reward for this awareness is beyond price and cannot be classified with any other effort whatsoever. The awareness and mental poise resulting from our understanding is permanently established in us. For nothing in Heaven or earth can deprive us of our unity—"I and the Father are one" through which all is possible.

There is no degree of material wealth, no degree of earthly power, no intellectual attainment that compares with this living satisfaction.

*Think it over. Practice it. See what it does. "Seek ye first the Kingdom of God and the right use of that Kingdom. And all shall be added unto you."*

All students of the Truth can see that this was the mind of the Master and Paul never expressed a greater command than "Let the mind be in us that was in Jesus Christ." The dominant thought in the Master's mind was his oneness with the Father "I and the Father are one."

If your life is commonplace, filled with fears, apprehension, negativeness, you will discover it is because you are not aware that the Father and you are one. If you are the victim of mass teaching, of some God

external to yourself whom you have to pray to, to beseech Him to come to your aid, and when you beseech Him and you doubt whether He will come or not, then you will never be able to come out of your commonplace life.

Many have read book after book trying to find the truth, but they will still be as far away as ever till they realize the great truth of the “Father and I are one.” If I could blaze this Truth in letters of fire to dazzle your sight I would do so for so important is this realization. *It is the greatest Truth that man could ever discover “I and the Father are one.”*

Many who write books on Truth have not yet found the simple Truth themselves. Consequently books of this nature can only be a hindrance and not a help, because they encourage limp thinking.

I have told you before not to deny any condition but to discern its cause, then bridge the gap in your mind between the Father and yourself by realizing your oneness. Every time you realize this Truth so does it become more firmly established in you, so that in time nothing can assail you from without.

Much of the teaching in mental sciences tells you to control your thinking. It is not so much the controlling of your thinking for this is a form of contraction, it is the raising of your individual consciousness into its Source and thus realizing the unity of God and man, thus unfolding the consciousness—the source of thinking. One may control one’s thoughts yet the consciousness remains in its limitations of separation.

*What is the use of you controlling your thoughts if you are still living in limitation and separation. You are merely contracting your mind, not expanding it.*

*If I want to see what my thoughts are and control them, I look at them. I am not afraid of them, I look at them. I know that it is my own creation anyhow. Why should I be afraid of anything relative to myself, no matter what thought it may be. That is the essence of sanity. But to be insane is to fear your own thoughts, and that is what most people are doing, and most people are insane because of that one fact. The more you try to control your thinking the more you begin to fear your thinking. The more you realize the source of your thinking then you are more free.*

The power of the Master is the raising of the Consciousness so that the source of thinking is realized, then you do not juggle with images in your

mind, not knowing where they come from nor understanding their nature or cause.

Jesus personified the Father in Himself, not that he limited the Father in that personification. The fact that he revealed the Father as working in and through him showed what man was capable of when this truth was realized.

*“I and the Father are one.” “The Father is greater than I.” Thank God He is greater than I. Thank you Father for being greater than I because I can rely on you. I know that I can rely on you I rely on myself because you and I are one. What is the use of talking any other nonsense. The other rubbish you hear is nonsense. I will say dam nonsense.*

We must not approach this Truth as a means of gain in the material sense, because our minds are then concentrated\* (*the recording ends here*) upon the external and not upon that which is Creative, nor should we give with the idea that by giving we shall get more in return, then we are lost again in the illusion of the mind.

I am not going to tell you how to make your demonstration in the physical plane, there is enough of this misleading material given in books of the American type of psychology and many so-called teachers have been caught up in its net. The propounding of this so-called Spiritual teaching is a worthless imitation of the Real.

Only when you begin to realize the real Truth can you be freed from this false teaching that has deceived millions through its selfish sensationalism.

The world is full of people who boast of their manifestation as a proof of Truth, while all they are doing is showing how ignorant they are of the Real Truth. They boast of their material gains as a proof of their knowledge of the Law, but let them lose all their possessions and see where they stand. They stand upon the shifting sands of craving and selfishness. They will remark “I don’t believe there is a God.” How often have I heard this statement from the lips of those who should know better.

Your heart is where your treasure is and one can easily find out where the treasure is by searching the heart.

If your treasure is in Heaven, in the inner and not the outer, you then become the son of the Father who says “Son, all that I have is thine.”

“For he shall be like a tree planted by the rivers of water that bringeth forth his fruit in season. His leaf also shall not wither and whatever he doeth

shall prosper.” Psalm 1: 3.

We see now that struggling is a bar to our success and happiness in this Life.

“The Father and I are one,” this is the answer to our question “Is it necessary to struggle in Life?” When we realize this Truth our struggling ceases.

## PEACE BE WITH YOU

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1. The sound recording starts abruptly here and also ends just as abrupt (page 156).
  2. The Italic verbatim text is taken from the actual original wire sound recording of “*Is it Necessary to Struggle in Life and is Struggling a Bar to our Success and Happiness*” as it was first given in the Auditorium at Escom House in Johannesburg on Thursday night 3rd March 1949. (It is to be noted that no sound recording exists of the Pretoria Lecture 7th June 1949).



## Lecture 7 (14th June 1949)

### **A GLIMPSE OF WHAT IS POSSIBLE TO MAN THROUGH THE SUBSTAINED ACCEPTANCE OF THE “PRESENCE”**

The majority of people in the world are blind to the radiant power of the ever-present Life. They have looked to the external world for power with the result that they have lost the only power to create with true satisfaction.

Man has been seeking for “something” above everything else in the world which would give him freedom and satisfaction, yet by his temporary blindness he has missed the splendour and radiance of this very thing, because It was too near to him, thus he could not see It.

The Sanctuary of the Silent Healing Power has proved to me more than anything else that when we once get a glimpse of this radiant power, the so-called impossible becomes possible.

The thousands of letters that I have received from those who have benefited through the Silent Healing Power has convinced me more than ever of the mighty power that is awaiting expression from within us all.

I sat down the other day to read some of these marvellous results where so-called incurable diseases have vanished almost overnight, where the depressed and dejected have been restored to happiness, where peace now reigns where at one time there was chaos, where the burdens of life have been lifted and confidence restored, where homes have been reunited in happiness, and success has taken the place of failure, where freedom has taken the place of bondage, and perplexed minds have attained the light of truth.

I could go on enumerating the many wonderful things that are happening in our midst, which shows that once we get a glimpse of the radiant presence of the “Presence” the impossible becomes possible.

The most important thing in life is to gain a further understanding of this great and mighty power that can do all these things.

I am not speaking to you about theories, for I have had enough evidence of the practical application of this power in my life and in the lives of thousands of others of whom I speak, to assure me that with our continual practice of the “Presence” in our lives the results we will obtain will be beyond our present ability to imagine, and **I say without any fear of contradiction that this is the greatest thing in your life and mine.**

We will examine the practical application of the technique we should use so that by understanding and applying this technique we can help ourselves and thousands of others to win this crown of glory.

When I say it is a state of mind that enables us to use this radiant power, it is a truth that cannot be denied. Although our contact with the “Presence” is eternal and ever-present we do not create the state of mind that is essential for the manifesting of this mighty power through us.

The majority of people have been led to believe that they have to learn philosophy, psychology, mythology and much more before they are able to express the Omnipotent Omniscience. Some would make you believe that they have the only right to It, and through them alone are you permitted to even glance at It, but I tell you It is free to all and is exceedingly simple in Its application.

When I switch on the electricity I get the light, the electricity is there all the time waiting to express itself. It is the same with the “Presence”. By our conscious awareness of the “Presence” we switch ourselves on so that the “Presence” produces for us according to our needs.

Now this seems very simple, and it is simple, when the mind is at rest and there is a quiet, calm peace. When there is a silencing of the outside noise, then this contact with the ineffable and glorious “Presence” that is above everything else in the world, is possible. It is possible to the extent that all is possible unto those who are “aware.” Do you understand what being “aware” means?

Do not think that the world has been left to itself to swim out of its difficulties as best it can. It is not so. There is a great Spiritual plan and that plan will be made manifest as the “Presence” is realized in our lives.

What we need is a sustained acceptance of the “Presence” so that Its mighty power can be active in our individual lives.

We must not try and make an image of the “Presence” for that would be useless, we would then be limiting the “Presence” according to our own “image” of It, and this has been the cause of most of our troubles. We have been trying to create an image of the “Presence” according to man’s standards.

Man made in the image and likeness of God has been trying to make a god according to man’s own image, with the result that the world has been lost in dogmas, creeds and illusions while Reality has been smothered by these beliefs.

We have smothered the “Presence” with religious ritual and sanctimonious formalities to the extent that we ourselves are buried in a grave of ignorance, and not until we dig ourselves out of this grave of ignorance can we realize that truth of our Being, and everyone must do this for himself or herself, there is no other way.

In my previous lectures I have made it plain that the “Presence” is the only Creative Power there is—the only substance there is. Therefore the “Presence” created form within Itself for Its own self-expression. Therefore in Reality the finite becomes the Infinite when this Truth is properly understood and realized, you know that “the Father and I are one.” Man gives expression to this absolute Love, Wisdom and Power.

Now, the state required which leads to the inspiration and expression of the Infinite power through the finite is one of aspiration. This state I would like you to understand is one that is free from craving from without. There must also be a state of awareness of the mighty “Presence” full of enlightenment and realization of the Love, Wisdom and Power of the “Presence”.

An enlightened consciousness is a consciousness that knows itself to be the point through which the Infinite expresses Its radiant power of Love and Wisdom.

The Infinite “Presence” is in nature omnipotent, omniscient and omnipresent, and although it is impossible for the individual consciousness to comprehend the immensity of the Infinite “Presence”, it can be aware of that “Presence”. Therefore the individual should make no effort to define It, but allow It to express Itself and rejoice in the expression.

We can see that the “Presence” does not crave, for within the “Presence” there is an eternal peace. It is the craving of the human mind which brings a deep sense of lack, and it is this turmoil in the mind that causes sorrow and conflict.

When you are fully aware of the “Presence” and Its peace, this peace and quiet is established in the mind, but this needs practising the “Presence”. By practising the “Presence” you improve your daily living in all directions accordingly.

When there is craving there is frustration, and when there is frustration there is sorrow and conflict through the mind being in a continual turmoil. You cannot reflect the mighty “Presence” through a ruffled mind.

The following will help you to attain the necessary state of mind:

First of all you must discern that which is relative to that which is Real within yourself. Everything that you can analyze is relative, what you can look upon, see, touch and the like, even what you “think about,” is relative to you. Therefore to think of God, to try and analyze Him you make Him relative, this you can see is an illusion.

That which is analyzing that which is thinking is Real. Thus you become aware of yourself as the thinker, the creator, the “Presence”. Then there is an awareness of the self as the greater Self. The finite and the Infinite become one in conscious realization. In this way there is no struggle no effort only calm discernment as if you were looking at something that you can control, and handle with ease, this gives you dominion over all things—the relative world.

With the awakened consciousness there is devotion which leads to earnest aspiration, then wisdom comes into the individual consciousness which leads to peace and “silence.”

When your peace is disturbed it is because you have not realized the truth of your Being. You are under great provocation, under emotion and desire. You allow things external to the self to control you, then the mind becomes ruffled and turbid.

The more you are aware of these experiences the sooner you overcome them, you get more and more strength as you begin to discern the cause of the turmoil and realize your dominion over all things.

Do not be dismayed if you do not obtain that peace at once. All things have a beginning and soon you will experience a peace that nothing can move, and as this peace is developed the “Presence” manifests Itself through you more and more. That is why tuning in to the Silent Healing Power is so essential. You must give time to this precious thing that you so earnestly desire. The time will come when no effort will be needed, the “Presence” takes Its abode in you permanently. This is the peace that the world cannot give. It is the peace that the Christ gives and is beyond human understanding.

You will see now that there is no need for you to become the football of your own unruly thoughts or a rudderless ship on the sea of your emotions and desires. Neither need you sink in the thought atmosphere that surrounds you. But through the practice of the “Presence” you will dissolve this atmosphere and help not only yourself but others as well.

You will soon recognise that there is within yourself that which is the factory of thoughts and also that which can discern, judge, dissolve and accept. You will then realize that which is real and that which is relative.

Some people struggle with their thoughts, they say that they practice the controlling of their thoughts, while all the time they are only creating turmoil and not peace.

The way to get peace in the mind is not through struggle but to watch quietly thoughts that pass across the mind, viewing them as you would a flock of birds crossing a windless sky. They come, you discern, and they disappear leaving no trace, while you remain undisturbed in the realization of the truth of your Being.

Practice is essential every day, then the Presence will surround the individual consciousness, and the outer will be full of peace. Then the Silence that is beyond description will reveal the vast impersonal Omnipresence and Omniscience giving expression to the omnipotence of Its Creative Power from within. This develops from that deep, deep silence that is only known to those who have realized the true Source of their Being, which begins to reveal Itself more and more as you expand into It.

I and the Father become one in Reality. This state is not a surface feeling nor a platitude in the mind but is an awareness every moment of the

“Presence” that is ever-present, and only in the **present**, the only time there is in Reality.

This is why I say practice the “Presence” as often as you can at the times indicated in the Sanctuary of the Silent Healing Power.<sup>1</sup>

You will then have a glimpse of what is possible to man through the sustained acceptance of the “Presence” in your own life.

## BENEDICTION

Be still, let the “Presence” work through you.

Learn to know the “Presence” through your own experiences.

The formless gives birth to the form, yet remains formless, while giving voice and power to the form.

The roar of the ocean, the silence of the deep, the rush of winds reveal the “Presence”.

Remember the thing or person that you loved most in the world, then feel this love and much more towards the “Presence”, then the Divine flame will leap forth to dissolve all that is not Its own.

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<sup>1</sup> Although this Angelic Power is permanently active, there are times when man can be more receptive. The most positive time of the day is 12 o'clock noon, when the sun is at its meridian, and every three hours afterwards are suitable times, such as 12 noon, 3 pm, 6 pm, 9 pm, 12 midnight, 3 am, 6 am, 9 am, and so round the clock daily. *It is not necessary for you to engage in all these times—the time most suitable to you for a few minutes wherever you may be, is all that is necessary.*

You will note that, as the earth revolves and as this work will cover the whole earth, there will be a continual flow of the Divine Healing Power moving throughout the world. There will be no time when this Love, Wisdom and Healing will not be dissolving away the chaotic conditions created by man himself. At the same time, mankind will receive this Angelic Healing Power in his or her own heart and mind to make It his or her own. Thus your work will be the greatest blessing that has ever been offered to the world, *for the Christ can live again in the hearts of man and woman.*

## Lecture 8 (21st June 1949)

### **OUR MOST PRECIOUS GIFT IS THE POWER TO THINK**

The cause of most of our troubles in the world today is that we are told what to think and what to say. We become puppets expressing the ideas of those whom we follow blindly.

What we need is to learn how to think for ourselves and to speak for ourselves and thus free the world from the burden of race thought and propaganda, dogma and creed which stifle the individual's true expression.

We must free ourselves from the age-long belief in sickness and limitation that makes us weaklings in God's Eternal Mind, when we should be as He created us in His image and likeness. The world is ruled by wrong thinking and we are perpetuating the error, so the whole world suffers and we suffer with it.

Shakespeare put his finger on the truth when he wrote, "There is nothing either good or bad but thinking makes it so." "The fault, dear Brutus, is not in our stars but in ourselves that we are underlings."

It is thought that creates our condition, whether we like to believe it or not, and the only way to correct the error is to understand the error and the error is in our thinking.

The power of thought is not a new discovery and those who have found this out have found the means of greater opportunities and have advanced above the average. They have become the unusual, the extraordinary.

When we realise and recognise what is behind our thinking, when we turn thinking back upon itself we will find what is behind thinking, then our thinking will become more like that which is behind thinking.

We will see that the Christ is the power in man and the only power there is, that is why we are directed to take hold of this Tree of Life and let go of the Tree of Knowledge of Good and Evil.

It was the Master who thoroughly understood this truth and those who have truly followed his sayings and acted on them have brought about great achievements.

Directly or indirectly the greater part of our lives is dependent upon those who have made these discoveries, they have given to us the law upon which we can work for ourselves.

Some people will imagine things which they fear, whatever you fear comes upon you. To have faith in anything outside ourselves is an illusion and can never be a help but only a hindrance. We must learn first of all that the only power is within and this is the power in which alone we can feel secure, because it is God in us and therefore with this Consciousness there is nothing that can harm us in any way.

We must discover the law of our own minds and use this law for our own benefit and also to enlighten others of the fact so that they also can understand and remove fear and helplessness from themselves.

The Law of Life reveals to us secrets that no outside source can reveal. It is the Christ within that says, "He that believeth in me and the works that I do shall he do also." If we can understand the Master's words we understand that he did not mean a power external to ourselves but the power of God within.

It is through getting this understanding of the power behind our thoughts that makes our thoughts resound throughout the world and this knowledge has come down through the ages but is little understood by the masses.

The Sceptre of Power is the consciousness within and its messenger is thought and this messenger is constantly moulding our invisible world which in turn produces our environment and condition in the objective world around us.

Therefore the real business in Life is to learn how to think, and this has been placed in your hands—a magical power that can be used for the all-good. Only through the awakened consciousness can one direct thought in such a way that it does not return void but accomplishes whatever it is sent forth to do.

An awakened consciousness is a consciousness that has become aware of itself as one with all Creation and the more we realize it the more



powerful it becomes, and not until we have a true recognition of this can we expect to get results.

The Master of Masters did not say that he was different from other men, he came to show man's own Divinity. "I Am" is the name of God, this is the secret word of power that is on everyone's lips yet they comprehend it not.

This is the awareness, having no limitation, expanding into infinity. The majority of people talk so superficially about that which is within as something separate from themselves. If you ask them what it is, they will in all probability say "God". But if you pursue it further you will see it is but an image of God they have in their minds, something apart from themselves. This thing then is useless for it has no power at all.

If you make God relative to yourself then there is no God at all for you, and most people are in this stage. Even most of our Truth students are making God relative to themselves, they talk about Him as if they know all about Him. You will see how utterly stupid this is.

It is only when you become consciously aware that the Infinite Spirit is yourself, that you realize this is the power behind your thinking, for it cannot be anything else otherwise God would be relative and this is impossible. Yet you will see that unless this awareness is grasped there can be no "within" that has power.

This is the thing that eludes the intellectuals, their God is a God that they can comprehend intellectually. They have no God at all in reality but only an image, an idol. So the real gem of the Christ is submerged in sanctimonious formalities that have no power.

So when you try to free them from their images they only create more images, so they create a god according to what they believe and so the vicious circle is created again and they are forever confused.

It is not by images that this awareness is obtained but by and through realization and recognition of the Infinite Life as the only Living Reality, therefore It must be the Real Self and thus the only Self. Images are your own creations, but **you** are God's creation and the only Reality is the Spirit of God that is the Christ in you, your Christ-Self. It was by this same Self that Jesus performed his miracles, "The Father that forever remaineth within me does the work."

It may take time before the full significance of this Truth dawns upon the consciousness but it will grow and grow as you realize It, and not until we have a true recognition of this can we get the results we so much desire for we are forever misusing the Law against ourselves.

The greatest rewards go to those who are capable of true thinking. What we need to know is, how the Law works. Consciousness is cause. Intelligence, which is the predetermined knowing of the Infinite, is brought into action and form comes forth.

Now when we examine the form we do not know what it is, we only know that it is, through our senses. We can say this is a man or a child, a tree or a flower, a dog or a cat, whatever the case may be. But let us analyze it and we will find that we do not know what it really is.

The same is with our own thoughts, we create thoughts that appear before us, some see these thoughts and become afraid of them and we call them demons or whatever the mind conjures up about them. But when we learn about them they no longer cause fear because we know that we are their creators.

Therefore in relation to the Universal Mind it is as a craftsman is to his tools. The Universal Mind is the Servant of man, the one that is the greatest amongst ye is the Servant of all.

The substance, we find, is the energy solidified in form and the energy is the Intelligence in action and the Consciousness is that which is the Director of all. Therefore there is no separation anywhere, the invisible is not separate from the visible, man is not separate from God, being one and the same. All is Universal Mind in action, Consciousness is the directing power and thought is its messenger, clothed in form. There is one Mind and all is within that Mind and there is no outside It. By the power within you create whether you like what you create or not. According to your thoughts so are your circumstances and conditions. If you dwell upon your conditions you hold fast to them. If you understand them you can dissolve them. We now see clearly the simplicity of the one Law that operates throughout the whole Universe.

What we have to do is to practice, to think for ourselves and not allow others to do our thinking for us, and we are more capable of thinking correctly because of our knowledge of the Law.

It is the conscious thought of the Infinite that keeps the world systems in operation. It is conscious thought that keeps man's world in operation. This is Mind in action. Universal Mind supplies the power to our minds just as electricity supplies the power to the dynamo. What we have to do is to turn on the switch of our own consciousness for we are the channels for the Active Principle of the Universe, according to our thought so does it mould into form. When we recognise this, we dispense with limitation because we know we are our own limitation. Modern science has proved that that which Jesus knew and acted upon two thousand years ago are scientific facts of our modern age. For Jesus knew and acted upon the atomic structure of the ether by the power of his own thought. He knew that the Divine Idea, that is an Idea in the Divine Mind, in a Mind that knows itself to be Divine, attracts electrons, atoms and molecules and forms a body according to the Idea in Mind. The Idea must have a cause and the cause is the Consciousness. The Idea is the mould into which the substance flows. "All power has been given to me in heaven and on earth."

God, **by expressing Himself**, created man therefore man and God are one, made out of the substance of God and held in God's image. I therefore exist in God as His own image and likeness with dominion over all things. "Do you know that you are God's Sanctuary and that the Spirit of God has His home with you." 1 Cor. 3: 16.

(Here ends this lecture)

Lecture 9 (Additional as given in the Johannesburg series L9—31st  
March 1949)

**THE TRUTH OF OUR BEING**

Many of the students have told me that the last lecture was so helpful in understanding the truth about the Real Self and some have asked me to elaborate some more on the Truth of our Being.

I know, as do all Masters know, that to acquire Divine Power we must realize the fundamental Truth of our Being. No matter what we may learn about the relative it does not give us true understanding and this means lack of power to our thinking.

The Supreme understanding is our realization of the Oneness of everything. Our own creative power is one with the Creative Power in everything and we must learn how to operate this Creative Power.

Now the majority of people today are striving to be something they imagine they should be, so as to ensure Eternal Life, and at the same time with a craving for the things of this world. Their minds are full of concepts and preconceived ideas which prevent their understanding the Truth of their Being. They are bound up in the world of phenomena in which they live. They have not got beyond the external, consequently they cannot understand the Truth of Reality.

There is only one Being and this Being is also our Being, therefore everything else must be relative to It. Unless we understand the error of our reactions to the external world we will continue to perpetuate the error.

“I am” is the foundation of Eternal Life and liberty, and we violate the Law of our Being when we think or believe that there is a living originating power outside the “I am”. When we realize that is impossible we will see that evil has no power over us, therefore we cease to react to it, we no longer eat of the fruit of the Tree of Knowledge of Good and Evil—the intellect—but cling to the Tree of Life “I am the Life.” As long as we limit

the “I am” in us to the narrow boundaries of the relative and conditioned, we will never realize that the “I am” personified in ourselves is the same unfettered “I am,” God, the Creator of the Universe.

This Truth is clearly stated in the first chapter of John, let us read the Aramaic translation\* of this:

“1. The Word was in the beginning and that very Word was with God and God was that word.

“2. The same was in the beginning with God.

“3. Everything came to be by his hand and without him not even one thing came to be of what was created.

“4. The life was with him, and the life is the light of men.

“5. And the same light shines in the darkness, and the darkness does not overcome it.....

“9. He was the true light, which lighteth every man who came into the world.

“10. He was in the world, and the world was under his hand, and yet the world knew him not.”

Moffatt’s translation says:

“11. He came to what was his own, yet his own folk did not welcome him.

“12. On those who have accepted him, however, he has conferred the right of being children of God, that is,

“13. On those who believe in his Name, who owe this birth of theirs to God, not to human blood, nor to any impulse of the flesh or of man.

“14. So the Logos became flesh and tarried among us; we have seen his glory—glory such as an only son enjoys from his father—seen it to be full of grace and reality.”

These are the words of the Apostle John.

Now these are the words of the Master: “Believe me the time is coming when neither on this mountain nor in Jerusalem they will worship the Father. You worship what you do not know but we worship what we do

know. But the time is coming and it is here, when the true worshippers shall worship the Father in Spirit and in Truth. For God is Spirit and those who worship Him must worship in Spirit and in Truth.”

It was Moses who first revealed the Universal state of the great “I am” and Jesus showed the same “I am” in man. Moses and Jesus to my mind are the two great prophets, not only are they prophets for the Jews alone but for the whole world, but it takes time for the human mind to comprehend the great Truth unfolded by them because of preconceived ideas.

The “I am” (God) in man is the doorway of the great “I am” (God) “Universal” coming forth into expression in form. When you grasp this fundamental truth then the use of the Christ Power is available to you—as sons and daughters of God. There is nothing mysterious about it, it is true in fact and cannot be denied.

The first process in this realization is to separate your self (Creative Being—Reality) from the external (the relative). What you analyze and discern is not the self but form. The self analyzes and discerns form but cannot analyze or discern what the Self is. It can only know It is.

The next process in the realization is to know that the substance of God, that is the Mind of God, is perfect and is the only substance there is, and this substance is the foundation of, and supports all form, yet the “I am” is not fettered or limited by the form but free and unlimited even while in the form. Yet you cannot separate one from the other, for one is the creator of the other and such creation must exist in the creator—the creator exists in his creation.

Now the human mind cannot conceive the whole Truth although it can realize the whole. For the truth that you may or can perceive is only in your imagination, an idea, whereas the Truth is none of these things. You do not create Reality, Reality is the creator. That is why I have said to you to turn your thinking back on your thinking then you will find the source of your thinking.

You have been given power to reason, and Truth does not run contrary to reason but goes beyond it. Therefore do not limit truth by your limited reasoning power but realize it to Be all power, all knowledge and ever-present.

I have no intention of trying to define Reality, for I know that to be an impossibility for there is nothing with which we can compare it. It is beyond mind, yet it is the power in and behind mind.

If I can bring your consciousness to become aware of itself, not **what** it is but **that** it is, then you have found the first step to power and unfoldment.

If you can follow this line of action you will find that that which “is” beyond mind, will express itself through you in Its great Wisdom, Love, Power and Perfection, Its own true nature, and what you will see will only be Its manifestation.

But unless you recognise the Truth, that the “I am” in man is identical with the “I am” God, you will live in the relative and will be limited by the relative through your reactions to the relative.

The majority pattern their lives after what they have heard or read and what others have taught. You will notice that some will say this is the truth and others will say, no this is the truth. You will readily see that their truth is wrapped up in ideas and theories and none is the truth. No one argues about Truth for Truth is beyond argument. We only argue about our ideas of Truth and beliefs of Truth.

Truth is “Life” and you cannot find it in any philosophy or creed, idea or system. If you try to find the Truth in this way you will find that your conception of Truth is but a continual movement from one illusion to another illusion in the relative, and this leads you from one teacher to another or from one prison to another prison.

One stage will continue until another stage is reached, at each stage there is a pause, a feeling of satisfaction. You think you have found the Truth, only for a moment does this exist, shortly the hunt will begin again with renewed effort along the same path of illusion. When you see that it is freedom from illusion you are really seeking then you will begin to grasp the Truth.

Even the disciples of the Master could not discern the truth, the Master tried to show them, for we read where Phillip asked, “Master, show us the Father,” and the Master replied, “Have I been with you this long while and you know not what I say to you? When you have seen me you have seen the Father. The Father and I are one.”

The disciple must know the Life to be the self, not separate from all other selves but one with all selves, even the Christ of God.

Reality cannot be imagined or fancied, that which can be explained is not the Truth.

Truth is “Living” joyful spontaneous, without effort or introspection. It is sweet and silent and complete, full, whole, and to realize this there must be non-attachment to ideas, beliefs, the past or the future, for with these you are held in a prison of your own making.

Free your mind from all authority, limitation and imitation. Refuse to allow others to do your thinking for you. Strip yourself naked of your beliefs, Spiritual, mental or material. If you look into your heart you will find inherited theories of right and wrong. Empty your mind and heart of all these things, then God will fill His own dwelling place with His Love and Wisdom.

The Truth requires no effort, no help, no aid. What you have to do is to keep your mind and heart free so that Wisdom and Love can manifest. My words cannot express the wonder of it all, but by constant recognition and realization the truth of the glorious Reality will unfold in you and as you begin to know It, live It fully and freely then you will unfold more and more for It is eternal and everlasting.

When we set our affection upon the Father of Love, the Creator of all, recognising our oneness we see how rich we really are. We see that God’s name is stamped in ourselves in the name of “I am”.

The Universal in God is individual in man and as soon as we realize this, the veil is lifted and the consciousness becomes aware—one with Christ, one with God, one with each other in one Mind that is Divine, with power and dominion over all things. Thus we are made in His image and likeness. This we must realize to the full.

(Here ends this lecture)

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\* “Holy Bible: From the Ancient Eastern Text.” George M. Lamsa’s Translations from the Aramaic of the Peshitta. A.J. Holman Company, Philadelphia, 1933.

## Lecture 10 (28th June 1949)

### **THE FATHER DOETH THE WORK WHEN WE CLEAR THE WAY**

In our last two lectures we dealt with the Realization of the Self, after this is accomplished there is a further step: the discernment of our motives and reactions to the conditions in our everyday life. If we are incessantly reacting to these conditions no matter how we try to realize the Self, we will have failed miserably to translate our Divine Nature into our daily living.

I may seem drastic when I say that to acquire the Power that overcomes all things we must also refuse to identify ourselves with the family tree, tradition, state or church. If we identify ourselves with anyone of these we have lost the power to overcome all things because we have identified ourselves with something that is external to the Creative Self, with something that is illusive and unstable.

Just think for a moment. If you are caught up in race thought you identify yourself with the race you think you belong to. If you are caught up in nationalism you have a belief in separation that leads to antagonism. If you are caught up in the net of creeds, politics, disease, ignorance and death you have permitted these beliefs to rule you.

If you permit any of these beliefs to rule you then you have lost your Divine Power over the things of the world.

There is a great struggle going on in the masses today. The ignorance of the individual is shown in the ignorance of the masses. In the midst of our amazing scientific achievements we find ourselves in a world sick, disabled and depressed because we have looked outside for our remedy. The more scientific we become it seems the more ignorant we become of Reality.

This is because we have not yet realized the deep underlying error in our whole civilization. When we see the causes that prevent us realizing our unity we will discard them.

Now what applies to the individual applies to our civilization, what the individual has to do is to observe, discern and dissolve the cause of the trouble. If the individual feels that he is in a prison, he struggles to be free. But if he does not understand the cause of his struggling he will still be in prison.

It is easy for me to say to you, the Father and I are one and it will be easy for you to accept this by reason of the fact that we are forced to accept this as a truth when we begin to think about it. But this does not free you from your prison, you only bring this truth into your prison and you are not much better off than before.

For instance if you struggle with a thought that comes into your mind, you feel that this thought is foreign to your true nature. But you will fight with this thought till doomsday, if you do not understand it.

There are many wrong movements in the individual, movements of the emotional nature, movements caused by selfishness and possessiveness, movements of antagonism because of various ideas and beliefs. There are hundreds of these movements in the individual. These frustrate the true expression of the Divine Nature because they rule the individual, hence the individual is in a prison of his own making.

Now just to look at these movements and shrug your shoulders or ignorantly deny them does not get you out of your trouble. Neither does dwelling upon your defects help you, this only makes you depressed and discourages you. It is only when you discern the cause in an impersonal way that you can dissolve the error and translate the Divine Nature into conduct in your daily living.

There are natural thoughts that arise from the subconscious, thoughts that are caused by the reproductive urge that is within every individual. Thoughts that arise from the influences of the evolutionary process come to the surface in mortal man. Mortal man fights them but the Spiritually-enlightened man transmutes them through understanding their nature.

Our realization of the "Presence" within ourselves as the source of our "Being" frees us from the illusion of the senses and belief in evil as having a substantial power within itself. If the Presence is all-power, then there is no power but the power of the Presence. With this understanding and the

discernment of our thoughts, feelings and our emotions and understanding them we are free from the illusion that they have any power over us.

We are all liable to react to conditions in our daily existence in a negative way. We harbour fear, doubt and anxiety about things. We lose control because we submerge ourselves in those conditions.

If we will but realize that **worrying** about our condition is the only trouble we have, immediately we cease to worry our trouble begins to disappear.

What we must understand is that Life alone lives and created the body, brain and nervous system through which It could act in the physical, and through this Life in us we have connection with every other soul in the world. When this is realized to the full, fear of your fellows is dissolved away.

There is no need to deny fear, by doing so we give it a power that it does not possess, but when we understand the cause of fear it dissolves away into nothingness, the illusion of fear disappears, but if you say you have no fear, you are only deluding yourself.

When I was a boy I saw coming from certain fir trees in Scotland a white vapourish substance. I was terrified, but when I was shown that it was just the phosphorescence coming from the trees all fear disappeared.

We are apt to fear things that will never hurt us. When we are lost in fear we have lost our Divine Power over the things of the world. There is nothing in God's world that you need fear, for God alone lives.

The curse of our age is that children are taught to fear from infancy. In most Sunday Schools they are taught to fear God, the devil, hell, sin and damnation. This has dominated the lives of billions all over the world.

Christianity is supposed to be the means whereby all peoples of the earth can come together and worship the one Father-God. But what do we find? Those who are supposed to teach this truth are influencing the minds of their adherents to suspect their brothers and sisters. Instead of being taught the doctrine of "Love your neighbour as yourself," they are adroitly taught to hate those who are of a different race or creed.

How can the world have peace if in each country individuals are divided into antagonistic groups? What do they expect to gain this way? It shows

that they are incapable of true reasoning or thinking for themselves. Aspiration to the real things in Life is nullified.

Let us free ourselves from all exaggeration, self-depreciation by the belief in sin and damnation, fear of lack, failure, sickness and death. These are an immense obstacle and hamper our progress. They belong to the pseudo-religious and not to the adept in Truth.

When we understand that the movements of Nature, movements of the subconscious, and the unconscious, are common to all, and all have their problems, their sorrows, their joys, we will see that we are all passing through the same school of experience. The things that are helpful we will retain and that which hinders we will dissolve through understanding. With full confidence in the Divine Presence we will emerge without weakness, fear and depression or negligence, and without excitement, impatience or violence.

This rule I give to you, it is the rule of the adept. Do not let movements in the nature or in mind depress you. Stand back from them and observe them, understand the cause and correct the error for the cause is always within the control of the self through understanding.

What is needed is to become more aware in the inner and less in the outer, even if you live in the outer. The more you react to the outer the more you expose yourself to its touches.

The Christ, the "I am" of Reality, is not affected, It stands in Its own closeness to the Divine Omnipresence, Eternal Love and Wisdom, It sees the small surface movements as superficial, yet remains quiet and unaffected with power and dominion over all things, all power being given to the Christ in Heaven and on Earth.

The attitude of the Master Jesus should be studied so as to acquire that calm will to conquer through Love and Understanding.

We must stand in the shade of the ever-present Omnipresence quietly poised in the assurance of our unity, witnessing the surface struggle of evolution in the outer in accordance with the Divine decree.

In this way we are aware of the Presence in ourselves that is not disturbed or affected by outward conditions and effects. Where this state of consciousness is developed there is a progressive unfoldment of the Divine Nature which is translated into our daily living.

Quite a number of students have remarked to me that this or that is their test. Now this is not a healthy idea and should not be considered too far. The Presence is not testing you at every turn but rather helping you every moment to rise above difficulties that trouble the mortal consciousness.

The forces of nature are always desiring to express themselves and this has been allowed by the Divine as a means of the soul's unfoldment, by becoming through overcoming. Thus the soul will realize its power over all limitation.

To be always conscious of Divine help is our best safeguard against all conditions, whether they be the result of our own cravings or desires or those which are born to give us the experience to overcome. Experience is our stair of progress when properly understood. Rebelling does not enlighten us, but understanding and faith moves mountains.

Tennyson\* says,

“Speak to Him thou, for He hears  
And Spirit with Spirit can meet—  
Closer is He than breathing, and  
Nearer than hands and feet.”

Not until we can embrace the Whole with the nature transformed shall we be released from the school of experiences. We shall eat the fruit of our selfish craving and desires (sorrow and conflict) as the result of the error of our misunderstanding of the Divine Law inherent within ourselves.

Success is assured for this is the Divine Decree. This is illustrated in the message we get from the Master. When the Centurion said to him, “I am also a man of authority and if I give an order it is obeyed. But you are of a different realm and if you give a command it will also be obeyed and my servant will be healed.” The Master said, “I have found no greater faith in all Israel.” At that moment the servant was healed. The Master was aware that the same Life in him was in the Centurion and in the servant, that Life being the Father. The Father and I are one. When the Master spoke the circle was complete, the Father did the work. This is the secret behind all manifestation. “The Father does the work when we clear the way.”

## PEACE AND LOVE BE WITH YOU

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\* Alfred Lord Tennyson (1809-92), 1st Baron. English poet and poet laureate from 1850.

*ADDITIONAL LECTURES*  
*(Johannesburg Series)*



Additional Lecture as given in the Johannesburg series (L4—24th February 1949)

**IF YOU ABIDE BY MY WORD YOU ARE TRULY MY DISCIPLES**

1. The world in which you live is full of wonderful possibilities yet remains unconquered because man has not reached the crown of his being—the Christ Consciousness.
2. The very seasons are dependent upon God in man and are according to the inner mind.
3. Because you have not yet risen to the consciousness that controls the world you pray to God for the seasons to produce for you.
4. If you had known that the Lord and Master was within; the very trees would respond on condition you became one with its hidden law.
5. I stilled the storm with the words, “Peace be still.” Not that the words were the cause but that I had control over my natural self and therefore used my God-given right of dominion over all things.
6. My disciples were fearful and said to each other “Oh, who is this that even the winds and the sea obey him.”
7. But I say unto you ye are the channels through which the Divine Will manifests Itself if ye abide by my word.
8. And to do this you must become selfless and at one with the Lord thy God for the Lord thy God is one Lord and not many.
9. This must be imprinted on your mind so that wherever you are it shall be before you to remind you of the Truth.
10. Then you will be alive to the truth of your Being, the omnipotence of God in man.
11. You have already learned that the body has no control over you, for the Christ in you does the work of healing. For it is not you who speak but the Spirit of the Father which speaketh through you.

12. All this is possible if you abide by my word for God never fails, and victory is yours.
13. Fear not what you shall do, for when the need arises you will know how to act. Never for a moment allow the senses to suggest fear or doubt. For I am with you always.
14. The Father never fails nor does He make a mistake. And He is forever working in you and the more you give the more you receive.
15. No weapon forged against you shall succeed. No tongue raised against you shall win its plea. This the Eternal has promised when you abide by my word.
16. There is nothing higher or more satisfying than that you know how to speak the word and heal in proportion to your understanding of the Truth.
17. For whoever wishes to save his life will lose it. But whoever gives up his life for my sake will find it.
18. This means that whosoever realizes that the flesh has no say in the matter, but that the Spirit alone has life, that one shall find the Christ.
19. The Christ stands for the complete and deliberate obedience to truth. This is the first step to be taken in the Christ Life.
20. This does mean giving up all things of the world in which you live. It does not mean that you have to become poor and desolate and separate yourselves from your fellows.
21. It is the sense of dominion over all things while using all things in their true values.
22. You no longer are in obedience to the world but are rulers of the world with Christ the “one” Lord.
23. True renunciation becomes real acquisition, you lay down your life of the world to take up your life of the Spirit, not that they are separate for they are not. One is the effect and the other is the cause—Spirit is the only Reality.
24. Yet the weapons you use are not earthly weapons but with the might of God you conquer all things.
25. Cast down every false thing that exalts itself against the ruling of the Christ of God for Christ alone is master over all things and you are my

disciples.

26. No man has power to take my life away from me. But if I lay it down of my own will I have power to take it up again. This command I received from my Father thus I am eternal and ever-present,
27. So with me, you lay it down to take it up again but with the great difference that you are one with me and are my disciples.
28. So while you are mortal you have become immortalized, and although the battle of life rages around you you know that the battle is already won, for no one can conquer those in Christ the only begotten Son of the Father.
29. For I have come that ye shall have life and a more abundant life.
30. Those who believe in death let them bury their dead, but you who believe in everlasting Life go and tell the good news so that all may hear it; and I am that Life which is eternal.
31. For it is the same Life in the Father as in the son and whatever I say my Father shall manifest for me for we speak as one.
32. Likewise you are Spiritual beings sent out from God to do His work. Thus the Father has sent you, as He hath sent me unto you.
33. The world is your place of action, never mind for the morrow, the morrow will take care of itself, sufficient unto the present. God has prepared everything for you, but you can only take in the present therefore the present is the only time for you.
34. You are my disciples for I have chosen you, you have not chosen me as I have already told you.
35. Therefore follow me for I am the good Shepherd and I know my own and my own know me.
36. Just as my Father loves me so do I love you.
37. It is my Father that gives all, the world gives nothing.
38. You are one with me while on earth to bring the Kingdom of Heaven, the Kingdom of the inner to the outer so that all may be one.
39. Thus it is important that you live every moment as the Christ lives every moment. There is no death in Christ only Life and this Life is all there is in Reality, all else is but illusion and shadow.

40. I am teaching you to be full of confidence for in this lies your work as my disciples.
41. For you have received the Spirit of God never to fear again and you now call God your Father.
42. For those who are led by the Spirit of God are the sons and daughters of God so you are not indebted to the flesh for your life but to the Eternal Father in whom you live and who lives in you.
43. There is a beautiful work before you, realize that the world cannot touch you for you are doing God's work and willing His will.
44. You have reached the place where you no longer hear two voices, only the one Voice of the Christ in you and His name is "Love".
45. To love thy neighbour as thyself is to live in the Law of Life and the Law is paramount.
46. Whatever ye decree in my name so shall it be unto you, because of the Law that is highest is above all things, all things respond to Love.
47. Love never fails but whether there be prophecies they shall fail, whether there be tongues they shall cease, whether there be knowledge it shall be superseded.
48. But with Love, It endureth forever and with it all things are subdued and conquered. I am that Love, therefore abide in my word and truly be my disciples.
49. Therefore I command you to love me as I love you so that my Father in Heaven shall glorify Himself in you.
50. And as you grow in Love you draw others with you. This is God's perfect plan for the fulfilment of the Christ on Earth.
51. There is a wave of unrest covering the earth, but be not dismayed. This unrest only proves the inherent Life at work to free mankind from bondage.
52. God's wheels do not clog. We are watching and waiting patiently the unfolding of the Divine Plan.
53. Wars are but the signs of the times. The Prince of the World is doomed as the Day of the Lord is at hand.
54. For the Christ is not mocked nor has He changed, He is ever the same, for all things are under His feet.

55. What is born of the flesh is flesh, what is born of the Spirit is Spirit.
56. That which descended from Heaven shall ascend to Heaven even the Son of Man who is in Heaven.
57. God so loved the world that He gave His only begotten Son so that whosoever believed in Him shall have everlasting Life.
58. And just as Moses lifted up the serpent in the wilderness so the Son of Man is ready to be lifted up so that all who abide in Him shall find peace and everlasting Life.
59. And the Keys of the Kingdom are in your own hands. With your heart steadfast and strengthened, out of chaos and confusion there will come peace and order upon earth.
60. The wars of nations are but the pangs of the birth of the New Era, the Consciousness of the Race will be lifted up by pain, the refining fire.
61. Open your hearts to the Christ Consciousness and be at rest for the new dawn is rising, the Christ the Light of the World shall reign. His Kingdom is the Kingdom of Love that cometh to reign forever and ever, then if you abide by my word you are truly my disciples.

MY PEACE AND MY LOVE I LEAVE WITH YOU TO REMAIN WITH  
YOU ALWAYS

Additional Lecture as given in the Johannesburg series (L7—17th March 1949)

**THE GLORY AND POWER WHICH MY FATHER HAS GIVEN TO ME SO THIS  
SAME GLORY AND POWER DO I GIVE TO YOU**

1. No one else can do your work in the great plan of Life.
2. Therefore you are not just born to suffer and decay. You are here for a purpose.
3. This is the great lesson you have to learn, then you will not accept the suggestions of the senses as real.
4. If you have difficult circumstances these can be made steps of progress. It is an opportunity to assert the Christ Life.
5. Yet every sense suggestion must be dealt with carefully and not ignorantly denied otherwise it will rise in the nature again.
6. There must be patience and understanding so that the Christ in you can speak the word of power.
7. Say silently in your heart It is God who worketh in me. Hold fast to this truth.
8. When this is strong there will be a gradual unfoldment and true awakening of your Real Self.
9. You only need the body so that you can experience Life in the flesh. The flesh has no say in the matter.
10. After true awakening, the Spirit is free from conditions that surround it in the flesh. Even pain has no effect upon the real self, for your strength is made perfect in suffering.
11. You are renewed every moment from the inner realm of God's own Life.
12. And when you have gained spiritual qualities through the refining process in your individual life, you reach the highest and best.
13. I tell you again that the continuity of Life is not broken when you cease to breathe in the physical. You keep on breathing in God's Life in the

soul Life.

14. Life becomes more intense, even memory. Yet you have the power to dissolve into nothingness and forgetfulness all that is not of use.
15. You make your own limitations by clinging to the form. Spirit—Life is formless and is the only power, being whole.
16. For God created the body and the body is for God.
17. And as God raised me so shall He raise you by the power of His own Spirit.
18. Now you see that the Christ possesses the body of flesh, and although I am away from you I am with you with all the power of Christ. It is this you must realize.
19. There is no reason why your body should not respond, unless you believe in the great enemy of separation.
20. Hear, O Israel, the Lord thy God is one Lord.
21. The Garden of Eden is the Garden of the Lord in which there is no separation.
22. Man divorced himself from the Garden of Eden through his belief in separation, in this way he has become impotent while the outer rules him.
23. Immediately you bring the outer into subjection through your awakened consciousness you are fulfilling the great purpose of the Christ.
24. Life is a Spiritual essence and birth is a Spiritual fact, invisible to the mortal eye, for Christ is born in the flesh.
25. Abstain from worshipping idols and symbols for the works of God are known from the very beginning.
26. Let me make it quite plain to you that God has always been manifest in the world.
27. And the Christ is the Love of God manifest in the flesh.
28. When you have conquered your false belief in separation and know that God is **all** in **all** then your false consciousness will disappear and the consciousness that is real will manifest to make all things anew.
29. The state of consciousness always brings about the outward manifestation on all planes both in the inner and the outer.
30. If you will learn this now you can avoid much unnecessary suffering.

31. You are constantly clothing yourselves with your thoughts and the state of consciousness determines the kind of thoughts you have.
32. I want to lead you to the higher possibilities of the Supreme truth of my abiding in you.
33. My word has power, then listen to my teaching for I preach the Kingdom of God.
34. Around you are people in sickness, misery and want, some of them Christians as regards followers of the personal Jesus.
35. But they have not yet made the great discovery of the indwelling Christ.
36. There is no special state of learning required for one to renew body and soul when this Truth is realized.
37. Learning is often a hindrance because of false beliefs.
38. Much head-learning may create a giddy whirl in which many lose their balance between things external and things of the Spirit.
39. The mind clings to the things that are seen, not realizing that what is seen is but the effect of that which is unseen.
40. The senses tire with repeated pleasures and excitement and cease to respond.
41. Beware that thou forget not the Lord thy God for it is He that giveth thee power.
42. It is the invisible Soul that sustains the living body so does the invisible world sustain your world.
43. If you cut yourself off from the invisible your inspiration ceases.
44. "Forget not," let this be fixed in your consciousness.
45. The world has indeed forgotten to look for Him, that alone can be found within.
46. You are clothed in the flesh so that God Himself can manifest, therefore do not allow anything to mar or blur the Divine Expression.
47. I have come that you shall have full rich abundant Life and there is no finer school for this experience than the earth life for you, at this stage of unfoldment.
48. To enter into the Christ Consciousness is to express "wholeness" in its **true** meaning.



49. I speak of the wholeness of the race and the mystical body of Christ, that is why I am in each one waiting for recognition.
50. In this way you make real on the plane of the senses the new earth.
51. True unity is not to separate heaven from earth but to bring the Kingdom of Heaven on to earth. For this I labour, watch and wait—Thy will be done on earth as it is in heaven.
52. The Christ has come to His own. The Christ of God who dwells within, the same spoke through the Life of the one you call Jesus.
53. This same Christ now speaks and He alone can deliver mankind from bondage of the world of the senses—the Christ in you.
54. In the morning when you awake, cast out false beliefs, beliefs in sickness, beliefs that cause fear, belief in the power of sin, belief in false doctrines, belief in false prophets.
55. The Spirit of God is not touched by sickness, fear, sin or death, remember this always.
56. By true reasoning and understanding with that awareness of your oneness with the Spirit of God the only reality you learn of the Christ of God.
57. Strengthen your soul with Love and the desire to bless all, no matter who they are.
58. For no man can serve two masters for either he will hate one and like the other or he will honour one and despise the other.
59. But ask and it shall be given to you, and whatsoever you wish others to do for you, do likewise for them, for this is the Law.
60. Therefore whoever hears these words of mine and obeys them he is like a wise man who builds his house upon a rock.
61. But whosoever hears these words of mine and disregards them he is like the foolish man who builds his house upon sand.
62. In all your thoughts in all your affairs with others remember you are one with Christ who dwells within all.
63. Seek ye first the Kingdom of God and His righteousness and ye shall prosper in all thy ways.
64. You are rich beyond human language for the Lord thy God in the midst of thee is mighty.

65. And everything which is mine is yours and what is yours is mine and you are protected in my name.
66. And as my Father has sent me, so do I send you forth with the word of Power upon your lips.
67. And the glory and power which my Father has given to me so this same glory and power do I give to you, and where I am there shall ye be. And where you are so shall I be there also.
68. And the Love which my Father has given me this same Love do I give to you that we may be one.

MY PEACE AND MY LOVE I LEAVE WITH YOU TO REMAIN WITH  
YOU.



Dr. Murdo MacDonald-Bayne M.C., Ph.D., D.D.

Founder of the College of Universal Science and author of "*Divine Healing Of Mind and Body.*" Murdo was born in Scotland in 1887 and served in the Great War (WW1) where he was awarded the Military Cross. He writes from practical experience having travelled the world several times healing thousands of people of all kinds of diseases and teaching

the Truth of the Law of Being to many thousands more.

According to Murdo he had studied and gained experience in many lands and had spent long periods with the true Masters of the Tibetan Himalayas, where he received the true enlightenment essential for the writing of *The Higher Power You Can Use* and *I am the Life*, the pinnacle of the Truth. From 1944 'Dr. Mac' as he was affectionately known, resided in South Africa where he gave weekly lectures, some of which, over a four year period, were sound recorded. During a visit to England he passed over, suddenly in London, February 1955. His writings, then as now, still have a powerful inspirational and healing influence on those who seek the Truth.

*LIFE EVERLASTING: 2nd revised edition*

These lectures were given in Pretoria, South Africa between 19<sup>th</sup> October 1948 and 28<sup>th</sup> June 1949. They form the basis for the posthumous book "*Life Everlasting*" compiled by one of Murdo's students. This particular volume is the 2nd revised and expanded edition of that book and presents the lectures in the original order as presented to his students along with those missing from the original edition.

Included is a bonus CD of an original sound recording of one of those lectures "*Is it necessary to Struggle in Life and is Struggling a bar to our Success and Happiness*" complete with verbatim transcription into text.

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