

Murdo MacDonald-Bayne

**What is Mine
is Thine**

WHAT IS MINE IS THINE

By
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PREFACE

The style adopted in these Lectures is intentional and the repetitions are deliberate. This double object is to convey the Truth to the mind. It is through this unique form of wording and of repetition that the Student is able to grasp the reality that is invisible and which is the basis of the visible. When we understand the invisible we are the more able to understand the visible.

Many people cannot understand that which is not seen, yet all that is seen exists only because of that which is unseen— and it is this great Truth that is being expressed right through these Lectures.

When the Student grasps the immensity and the inexhaustible nature of this wonderful unseen Universe of ours, he will be the more able to control that which is visible. We place an interpretation upon what we see with our physical eyes, but these interpretations are based upon opinions which are limited and obscure. Once this fact is realised, more effort will be made, in the endeavour to find the secret behind the visible Universe. I trust that you will progress through these Lectures diligently, quietly and slowly. Repeat the process as often as you can. The more often one reads, the more one begins to understand.

THE AUTHOR.

**What is Mine is Thine
(Part 1)**

LECTURE 1

Divine Metaphysics is a system or technique that enables us to eliminate from our minds, our bodies and our circumstances, adverse conditions and replace them with perfect health and happiness and an abundance of the things we need. You may say that this is a tall order. Nevertheless it is true. It has been done by the Masters, who state positively that it can be done by anyone who will practise diligently.

The greatest known exponent of Divine Metaphysics was Jesus, the Master. There were other Masters before and after him who also demonstrated this wonderful power which man is capable of using in his life.

When you switch on electricity you expect the light. So is it with the power of the Universe except that the switch is in the mind, and we must expect results just as we expect a light.

Our mind-forces are often bound by the paralysing suggestions that come to us from the crude thinking of the race, suggestions that are accepted and acted upon without question. We are subject, every moment of our lives, to these paralysing suggestions. Very often we indulge in the same process ourselves; and we accept without question and act on these suggestions, with disastrous results.

Impressions of fear, worry, disability and infirmity are given us daily, and the effect is sufficient to cause much sickness, misery and unhappiness in our midst.

What we must grasp is that mind is a universal substance, the basis of all things. This truth has not yet penetrated the general consciousness of mankind.

Modern science has revealed that light and sound are simply different intensities of motion; so are the thoughts of mankind different intensities of motion.

Now many of the new students will begin to wonder what I mean when I say that mind is a Universal Substance. We know that all solid or ponderable matter can be dissolved into invisibility, but matter is not

destroyed; we only change its condition. Matter is mind materialised. Mind substance is the basis of everything you see and feel. What you see externally is nothing but effect; cause is within. We are reacting to effects every day of our lives.

As mind substance is the basis of everything, then out of this mind substance everything must come, and we are united in it. We are actually part and parcel of it. Our consciousness by which we react to things external to ourselves is the universal consciousness within this mind that has been individualised in us.

We become aware of something external to ourselves, and this awareness of things external to ourselves can come only through our consciousness. You must therefore see that your consciousness creates the image of whatever you are aware of. Immediately you grasp this truth you will see how many of your own troubles have come about. Most of your troubles have been brought into operation by ignorance of this law.

You create in mental substance an image; this mental substance is the Universal Substance. It does not belong to any person individually. By our consciousness we create whatever we want.

Perhaps some of you have not yet realised that you have a consciousness; perhaps some of you have not realised the fact that you are conscious at all. In these circumstances then it is very necessary to become aware of your consciousness, the origin of thought and action in mind. The new era is about to dawn when man will begin to see something of the vastness of the meaning of life, something of its grandeur. Within life itself is the secret of all things great or small.

Man's growth cannot be measured by present standards of thought, because as yet we have not conceived the tremendous power of life that is inherent in the very centre of our being. A glimpse into the inner quality of man's consciousness by those who have led the world in thought and action has already shown what is possible. If we look back through the ages we can point out those great minds that understood the principles underlying this great, wonderful thing called thought.

But thought itself does not originate by itself. Thought is originated by the consciousness. Consciousness is the moving factor in every thought and in every thing throughout the whole Universe. The consciousness of God is

the means through which every Universe, every planet, every sun comes into operation; and the consciousness in man is the means through which every thought and every action that is produced in his own life comes into being.

When the consciousness knows its own power of creative thought and begins fully to understand its laws, the effect will be seen to be marvellous. But, as results cannot be obtained without proper application, diligence and concentration, it behoves us to examine the laws governing the mental and spiritual world. We will see that these laws are as fixed and infallible as the laws of electricity, of light, of sound. Proper compliance with the law will be found to produce the desired result with invariable exactitude.

When we learn that power comes from within we will find that we are weak only when we fail to recognise this or when we believe that it comes from without. Immediately we comprehend this great fundamental truth we acquire the attitude of mind that works miracles.

We know that electricity is mind in action, but no one knows what electricity is, even though we use it every day. If electricity is mind in action and we know the power from which electricity is derived, then we will know that we have a power beyond measure. But this power cannot give to you unless you are aware of it, unless you can comprehend it. You can only use the power that you comprehend and know well. If I was unaware of the fact that the use of an electric switch would give me a light I would remain in the darkness. Neither can you use the power of your mind until such time as you are also aware of it. That has been the secret of all the great people in the world. To us they have appeared great, but in the sight of the greater they are not so great because they have not even yet tapped a millionth part of the power in man himself.

The great thing then, for us to do is to feel ourselves one with this Universal Eternal Truth. We must establish the truth of our being that we are not separate from the great Mighty Power of the Universe or from the great Mighty Divine Mind of the Universe that people call God. Sometimes it takes a long time for people to get accustomed to the idea that this power is within themselves and not without.

I often draw this simile, that there are millions of lights in the city but only one electricity behind all the lights. Without electricity there would be

no light. We see the manifestation of electricity in many lights in a number of ways. We also see in all the personalities the one life that is behind them all. Personality could have no expression except by the life within it. It was through the words “I am the Light of the World,” that the Master showed this wonderful Truth. When we examine His words and the words of other great men who understood these laws, we also begin to realise this Truth.

It is essential that we realise within ourselves, not an intellectual knowing but this feeling of being one with the eternal Truth. When we become aware of this, our mind becomes steady and unwavering.

This state of consciousness then becomes the awareness of our being, which means the awareness of our life, of our being, here and now!

The majority of people muddle along reacting to gross conditions and to paralysing suggestions that come from the crude thinking of the race; and by so doing they are lost in them and naturally they suffer.

Some people will say: “I am a good person. I do all I can for this or that, yet I suffer. Why should I suffer?” There are many good people who wish to be good, yet have evil. They are always looking for the evil and hating the evil, though they desire the good. But if they hate evil it is the *hating* that does them harm, not the evil. The hate within themselves makes them suffer all that hating can bring them.

Do not hate anything, because the hate in you will produce in you that which hate brings with it. Do not hate evil—because evil has no power of its own. Why hate anything that has no power?

The great Almighty Mind of God is all power and unadulterated Love; all philosophies, all sciences and all religions have proclaimed to seek it, and to find it is the peak of attainment, because it brings everything worth while into one’s life. By concentrating upon this truth and leaving the negative side alone it is dissolved away into nothingness where it belongs, because it has no power of its own. Evil is just the absence of good as darkness is just the absence of light.

But it is not only in our personal consciousness that we must know this truth; we must also know it so definitely with such feeling that it takes root in our subjective being that some call the subconscious mind. Everyone has heard the word “subconscious,” so often used, but very few understand what it really means. The subconscious mind in man is none other than the

Universal Mind itself, and this Universal Mind is a substance that will produce for you exactly what you think. It is no respecter of persons; it is impersonal in its nature. If you desire anything and you believe that you shall receive it, you shall have it. If it is detrimental to you the Universal Mind does not care. You are the responsible person who desires that thing, and as you desire it so you shall have it. And when you get it you do not want it, because it carries with it certain conditions, but this again is of no consequence to the Universal Mind because it is absolutely impersonal.

If you desire something that is detrimental to you, you can bring it into your life. But if you desire the things that are worth while, then it is necessary that you concentrate on the good because good is the only permanent thing in the Universe, and that which is good is created by the Infinite Divine Mind, the Divine Principle that is inherent in all creation, and this Divinity is registered in your own consciousness. You can think divinely and bring forth this Divine Power in your mind, or you can think the opposite and bring forth the opposite.

The subjective activity is set up when the Truth is revealed and the Truth is revealed to the personal consciousness when it sees that "I and the Father are one." The beauty in the expression of these words is beyond the comprehension of the ordinary mind. You must enter into the deeper state to comprehend the wonder of this Truth, and immediately the personal consciousness comprehends this Truth in its greatness and its vastness we create in our inner realms the cause that will bring forth its effect in our lives. It is something that is real and not imaginary, while that which is not perfect and not good is not real and dissolves away into nothingness when "Reality" takes its place.

We must learn the art of Divine Reasoning, for this fortifies the faith. The mind is steadily unfolding throughout the whole race. We are entering a new era wherein people shall seek more and more of this great and wonderful Truth, and there is a crying need for it today. Man is desiring to see in this world that promised millennium but, unfortunately, he fails to see that only through himself can it be brought into manifestation.

The mind is capable of understanding and discerning its own processes of thought-action and the centre from which it moves. We must discern our thought-action and know that it begins in the very centre of ourselves and

works outwardly! That which creates our thought is the Creative Principle in us, one with the Creative Principle of the Universe; they are identical in nature. The principle of combustion is the same whether it is a large or a small fire, and so it is with this creative power that in the first place created the Universe and that is individualised in us. With this Creative Power man thinks.

When we can comprehend *this* centre as our own creative power and the thoughts that emanate from it, we will have reached the stage when we can control the external world and all that is in it. We have been given dominion over all things.

Not only must man become aware of this centre within himself, the centre that has created all, but man must also become aware of his thoughts and his reaction to things external to himself. Then he will not be caught up in the paralysing suggestions that come from the crude thinking of the race. He will then not allow disease, worry, disability and infirmity to be established in him, to be registered in his subconscious or subjective mind, and to be expressed when the opportunity arises.

We are always looking for something outside ourselves to give us the power to accomplish, but we are deluding ourselves, creating images in the mind, looking for truth from some outside source.

A person said to me the other day: "I have been going to church for many years. Is it necessary that I go to church?" I said: "If you go to church you take God with you anyhow. He is with you wherever you are. You will not find Him outside yourself but deeply rooted in yourself." Thank God that is true! It is the most wonderful thing in the world to know that God is so near and so powerful that we can feel Him within ourselves! We live and move in Him. He lives and moves in us, and if we recognise Him He can bring about that happiness, that happiness that is truly worth while, and that peace that passeth understanding, a peace and happiness indeed beyond price.

Whenever you are unhappy you are only expressing some negative emotion or some negative reaction. Hate, envy, jealousy, misery and fear are the things that give us unhappiness. We are never unhappy when we express true love. This is the joy of our life! These moments were few perhaps, but even those few moments have meant a lot to us in our lives.

Let us create more of such moments and see how wonderful the result will be.

I will repeat the Master's words, showing how clearly he understood the power that was registered within himself: "Do you not understand me? He who has seen me has seen the Father. What do you mean by saying 'Show us the Father?'" Do you not believe that I am in the Father and the Father is in me? And the words that I speak to you all I do not speak of my own accord; it is the Father who ever remains in me who is performing His own deeds."

It does not matter how often you hear these words—the main thing is when you hear them establish this wonderful Truth in the depth of your own life and you can make your life over by accepting them. When that comes about, the Father will be revealed in you and will manifest through you. The son realises his oneness with the Father and the Father expresses Himself through the son. The Father is the Divine Life. The dominating factor in our lives must be this Divine Love which overcomes and transcends all things.

Perfect expression is always assured when Love rules our life and mind, free from possessiveness, greed, envy or hate. What a wonderful Truth: the perfect expression, the perfect word, the perfect speech and never a word that is out of place! Can you say that you do that every day, or do you ever do it at all?

I am now bringing to your consciousness something that has perhaps not been revealed to you so expressively before. *As we think, so we speak: and our words go forth to reproduce themselves in our own lives.*

The scientists tell us that we live in the universal ether. It is formless of itself but it is pliable and forms about us, in us and around us, according to our thought and word. To get the complete power of this statement we must realise that consciousness is the central point from which thought flows and which forms this pliable substance. Therefore we have to become aware of our consciousness and of our thoughts as well as knowing that we are creating causes in this etheric substance that will form into effects in our bodies or environment. We set them into activity by our thoughts and words. We are beginning to realise now that the scientific world is wakening up to the wonderful truth, that behind all, is mind.

Sir James Jeans ¹ says in effect that the only way to account for the phenomena of the Universe is that it is controlled by mind, that the whole Universe is a mental phenomenon.

Consciousness is in the mind; consciousness is not a product of mind, but it is the directing power in mind itself! Thought is governed by law, and the reason we have so little faith is because we lack understanding of this fact. We have not realised that everything is in accordance with definite laws, and when we do recognise that everything works according to Divine Law we begin to feel and know the meaning of faith. “Thy faith hath made thee whole.”

Faith is a feeling in the thought, the knowledge that the thought will bring about just exactly what it is itself. But if you fear, you will bring forth that which you fear. As Job said, “Whatever I fear befalls me, and what I dread draws on me.” If I can teach you, and you can learn from this, one lesson alone, namely, the definite law of thought, that it produces its kind, then I say that it is worth a great deal to you.

If you do not learn this lesson, then you will continue to create conditions in your lives, and then rebel against these conditions. By rebelling against them and thinking about them you increase their intensity; you make them your own by believing in them.

Everything works in exact accordance with Divine Laws, and the law of thought is as definite as the law of mathematics or electricity. When we understand that health, happiness and success, every condition or event, is a result of our thoughts, consciously or unconsciously, then we will agree that a working knowledge of the laws governing our thought world is vitally important. Our thoughts take root in the mind and produce fruit after their kind. To improve our condition we must first improve ourselves, holding strictly to the awareness that our thoughts and desires will eventually show in our life and environment. If we are ignorant of this we are like children playing with fire.

Mind is the great underlying substance of all things and forms into ponderable substance, into effects which become visible to us. These effects are just the mind in action. The cause is hidden from the personal consciousness and it sees only effects which are reacted to. These reactions help to sustain the effects in our lives whether we like them or not.

Everything we see is but effect, and as mind is the foundation of all things and the only substance there is, we must know that the cause is in mind whether it be a Universe, a planet, a man or beast; and as thought is the power in the mind, and man has that power, *he creates in his own life that which he thinks.*

At the end of this lesson I will give you an exercise whereby you will be able to analyse your thinking. Every thought that enters into your mind you yourself should become aware of. These thoughts sometimes may not be very pleasant ones and may shock your better self inside, but if they do shock that better self it is the beginning of “knowing.”

Abundance is the Law of the Universe. The vast scheme of the Universe is lavish wherever we may look. The process of creating and recreating is forever in operation. We have not yet realised the universality of all substance, that mind and consciousness are the active principles which set causes into motion, and that thus we are related to all we see, feel and desire.

The first thing I do to a sick person is to make him believe that he can get well. I show him that negative conditions have no power of their own. I show him the Divine Principle and point out definitely and clearly that he can get well and will get well. I set into operation that power of the perfect creation.

Sometimes the patient begins to reverse the process immediately he gets outside the door by holding on to his trouble instead of seeing the perfect creation going on inside. When he comes back with a pain next week, I again show him the truth until he grasps it firmly in his mind. The sick are generally reacting to the old suggestions, the crude thinking that is habitual to them. It is a habit that can be eliminated only by persistently seeing the truth of being—one with the Divine Nature that is not subject to sickness.

When we look on what mankind has obtained through the laws of electricity, we will see the unimaginable advantages that man will gain when he uses the laws of the mind in the same way that he uses the law of electricity. Electricity is mind in action. Then let us use this mind as we use electricity.

The majority have not begun to think yet! We cannot have any power until we *realise* that we have it. That is the extraordinary truth. It is by

patience, by practice, by diligent observation, concentration and meditation that we become aware of our inestimable power.

“I and the Father are one.” I am not separate from God. I am the Life!

We must see at once that we create negative conditions just as well as favourable conditions. If we refuse to believe in the law of mind we have only ourselves to blame for our lack and limitation, for our weakness, ill-health and all those things we do not want. We dwell on them, fear them, think them, make them our own. If we refuse to use the switch that would give us light we remain in the darkness, until we realise that the only way to get light is *to use the switch*.

The Law is no respecter of persons. It is in constant operation and relentlessly brings to each individual exactly what he has created. “For whatsoever a man soweth that shall he also reap.”

We begin to see how true are those sayings in the Bible. Most people just gloss over them, and thus miss the great significance of the words, which fade away through lack of understanding. What is needed is to sustain the Divine mental attitude that the Divine Metaphysics gives us; it must be maintained until it becomes habitual.

Health depends upon the recognition of the laws of health, happiness depends upon the laws of happiness, abundance depends upon the laws of abundance. Mind is the only substance, and within mind is the creator, the consciousness.

We must place ourselves in harmony with the law and share in the benefits of the law. This discovery of the law of mind has eliminated uncertainty from the lives of those who have begun to understand and to use it.

To know the law of mind and yet not to use it is like a man looking into the mirror and seeing his face and then immediately going away and forgetting what it was like.

There are certain qualities that must be acquired through the mental attitude which must become habitual. Our mental attitude is responsible for all conditions, environment and experiences of life.

Do you have a mental attitude of interfering, being a gossip, a negative being? Do you irritate other people when they come near you? Are you

gloomy and sad, are you so sensitive that no one can speak to you in comfort? Do you carry this negative mental state around with you?

If so, then you must change your mental attitude instantly from its negative state to the positive state through the understanding of the Law.

Our attitude of mind is the general tone of our thought. That is why I give you exercises to enable you to see what your thoughts are. I want you to “check up” on your thinking. If you perform these exercises diligently and wisely with courage and determination I assure you that you will be a different person.

The first thing we have to do is to “check up” on our thinking, that is, “check up” on our thoughts. The word must not be spoken until you know the motive behind your thought.

Sit quietly and look over your thinking for the past week, this is your world within and it will shortly out-picture itself. A change of mind is necessary. That is the first lesson: to become aware of your thought action. You will be surprised when you really examine your thoughts faithfully and courageously, regardless of whether they offend your higher self. It is better that you know them now than to allow them to out-picture, because conscious or unconscious thoughts strive for expression. See that only the right kind have a place of authority in you.

Now, do you understand what you have to do for the first week? Go into a room where you can be alone and sit quietly. It may take you half an hour or even more, the longer the better. You will examine your thoughts and see what is passing through your mind. Examine your words and thoughts for the past week; examine what you said. Bring before your mind the various people you have met and what you said to them or about them. You will see what was in your mind. Did you have a trouble you were continuously thinking about?

Instead of thinking about the Life Power, the only power that exists in reality, did you hold on to those things that are not real and sustain them by the fear of them?

I do not say that you will get rid of your negative thinking in one week. You must work until you get the positive mental habit. This mental habit will come, and when it is established you will know yourself. **YOU WILL KNOW YOURSELF!**

MEDITATION.
(10 Minutes).

Relax. Feel that you are the centre of consciousness in the Divine Mind. In this state you will realise your oneness with the Mighty Power, the Love of God expressing itself through you. The highest centre in our body is above our heads—the Spiritual centre. All good things come down through our Spiritual centre, through minds, into our bodies and move outwardly. We draw into ourselves the great Mighty Power; we express this mighty power from within ourselves outwardly. We recognise the fact that we are one with the Father, not separate but *one*.

BENEDICTION.

Great and Mighty Eternal Father, we live and move and have our being in Thee; Thou art the only living Being. Thy Creative Power we use because Thou hast given us free will to use it. When we look unto Thee we know that which is good and we bring it forth. Help us to seek first Thy Kingdom that all good things shall be added unto us, for we are as Thou hast ordained us to be, with power and dominion over all things.

SO MOTE IT BE.

¹ Sir James Jeans (1877-1946) British mathematician, physicist, and astronomer

LECTURE 2

In the last lesson we saw that the attitude of mind is a necessary factor in our lives if we want any kind of health or happiness. This is true because we must *be* before we can *do*, and what we *are* depends upon what we think. We must take into consideration every thought that passes through our minds, we must go back to the beginning of our day and find what we said and what we did, what we thought about this person or that person, even what we thought about ourselves. Very often we think mostly about ourselves when we have any trouble; it is paramount in our minds.

I want to make you realise that you must not concentrate upon your negative conditions, but allow the Divine Power to manifest through you by concentrating upon it. Divine Metaphysics is the highest form of healing, and it is essential that you should understand it thoroughly.

We cannot express any powers we do not possess. The only way to possess any ability or power is to become conscious of it, and we can never be conscious of power unless we learn that all power comes from within. It is useless trying to believe that power comes from without. Every thought, every idea must become part of ourselves before it can be expressed. Any influence that comes from outside, any mental picture that we have, no matter what it may be, action and reaction, must become part of ourselves before it can be of any value to us.

The world within is a mental world and is governed by consciousness and by thought. When we discern this world we will find the solution to every problem, the cause for every effect. This world within is subject to our control. It was this world that the Master saw so clearly when he said "The Kingdom of Heaven (of power) is within you." Very few of us continually think as He did; we rush here and there to find the solution to our problems when all the time the solution is *within*. When we recognise this fact we become powerful. We can adjust ourselves and our circumstances and we can help other people to do the same.

As to our world without we must learn, and learn quickly, that it is but a reflection of our world within. In this world within also may be found the

wisdom of the Kingdom of Heaven, Infinite Power and Infinite Supply of all that is necessary. This inner world of God is waiting for unfoldment. We must begin to recognise the wonderful truth, that we are the expression of the Infinite Mind and that it is through us that the Infinite expresses Himself; we are the channels for His expression. If we co-operate we will find success, happiness, abundance, health and everything that man needs, but if we do not co-operate with that Infinite Mind in its expression, then we create within ourselves, in our inner world, the negative states that appear on the surface. If we will co-operate, the Divine Mind, being perfect in itself, will express itself through us.

So we find that this inner world of God, the greater world, is waiting for unfoldment and expression through each and everyone of us, for we are the only means whereby IT can express itself. If we recognise our potentialities in the world within, they will surely take form in the outer. What we see on the outer is nothing but effects; causes are hidden. Immediately we become aware of this tremendous fact we know the cause of effects and can rectify them if necessary.

The Infinite Mind is eagerly waiting for co-operation. The prophet exclaims in effect: "The Lord says try Me and see and I will fill you with every good thing brimful and running over."

Try Me and see!

Divine Metaphysics enables us to obtain recognition of the Divine Principle within us. The ordinary individual finds the law difficult to understand because his mind is caught up with things external to himself, and he is so confused by the effects and conditions surrounding him that he has lost the power of uniting with the real within. In fact, his own inner world represents his own outer world full of confusion which externalises itself in his life and circumstances.

No matter what we see or feel, we should take an optimistic view. It is necessary to hold an attitude of mind that will react constructively to every event in life. Every experience should be a stepping stone to greater things. If we stagger under our burden we will never gain the glory of the truth of our being. When we find wisdom within we shall have that understanding to discern the marvellous possibilities that are latent in this world within, and every condition in life can be made the springboard for greater things.

This alone can bring us to the understanding that all conditions in life are strengthening and not weakening. It is when we give way to our burden that our trouble begins.

Do you not see that immediately this thought world of ours becomes negative, it begins to express itself outwardly in the same form? It is he who gives in to his conditions whose burden becomes greater. The Master said: "Come up to where I am and your yoke will be light." The majority of us are Atlases carrying the world on our shoulders. If we can only recognise the truth that we have the power to overcome every condition if we believe we can! If you yourself could catch a glimpse of this mighty power and make it your own, the effects in your life would be marvellous, would be transcendent. Within ourselves is a world of intelligence where courage, life, faith and enthusiasm can make things real in our outer world of effect.

It is so essential that we become aware of our true Divine Nature, and gaze upon it and bring it forth into our everyday existence, so that we can use this Divine Creative Power so that all may benefit, The most potent statement that man can hold on to is: "The Father hath life in Himself and He grants the Son to have life in Himself."

"The same life in the Father is the same life in the Son."

"The least you do unto one of these so you have done unto me."

If you can give of this Spiritual bread to anyone that is hungry it will satisfy them. It was this that the Master meant when He said to the woman at the well: "Whosoever drinketh of this water shall thirst again; but whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting, life." And it is this food that man needs today. He needs it badly. But he is his own worst enemy, because he will not receive it, because he still goes on creating more causes by reacting to the effects he himself creates in his own world.

Isaiah says ". . . Why will you earn fresh strokes, for holding on in your revolt?" We must not only perceive the mind of the great prophets who understood the law, but we must also know the way to go ourselves. We create according to our own thought and expression. The Master Himself said "I do the Will of the Father. The Father's Will is done in me." This is the perfect way that has no reaction.

The Infinite Mind is the only Mind out of which everything can come. The Universal Mind is a substance in which consciousness and intelligence are partners, consciousness being the ruling factor, the directing power, the intelligence expressing that direction. Out of the Universal Mind everything comes: the bread we eat, the clothes we wear, everything that we use in our everyday life.

This substance is created into form, and the only way it can be created into form is through conscious activity, conscious action, thoughts or ideas expressed through the mind. It has been proved that matter is not solid, as it was thought to be; it is porous and pliable. We find that matter is a combination of atoms, and these atoms have within themselves a power so great that it staggers the imagination of mankind.

Energy encased in the smallest space has the greatest intensity. Matter consists of masses of atoms and electrons, and when it reaches the atomic state it becomes invisible to the physical eye. All forms can be dissolved into the one substance out of which they came. The form disappears, but the substance remains the same; it is still there as a basis for other forms to be created. Therefore the creative power in everything is within ourselves, and this consciousness is the power that brings forth form out of the substance, out of the Divine Mind; that Mind that we are living in and that lives in us, because we move and live and have our being in that Mind, the Mind of God, and God lives in us.

The majority of people are always looking for evil, for bad effects. Whatever is in your mind is sure to out-picture whether you like it or not. If you are looking for evil while desiring the good, the good will evade you. The Master said: "Resist not evil." Forget it, look for the good. Good cannot be seen through evil eyes, for evil is predominant in the mind. Most people who are looking for evil in others are producing it within themselves. They are not desiring to be good; they are only trying to see those faults in other people that are deeply rooted in themselves, and the result satisfies them.

The Master said: "Resist not evil." "Do good unto those that injure you." Concentrate on the good. "Do not condemn lest ye be condemned" by your own thought. We out-picture in ourselves what we think and feel.

How very few people understand the power of the spoken word. Think well of the power behind the spoken word before you speak. Know who

and what you are! You are not mind or body, but Spirit, infinite creative power individualised. “And My Word shall not return unto Me void, but shall accomplish that which it is sent forth to do.” You are individualised Spirit, not separate but one, and it is only when the mind is clear as regards the law behind the spoken word that it “accomplishes that which it is sent forth to do.”

In this is the completeness of man’s understanding of himself: to become aware of the unity of God in man—“The Lord Thy God in the midst of thee is mighty”—also to become aware of our relation to things and people, and discern deeply our thought-action, how and where it is moving. We are then able to free it from limitation. When thought is caught up in greed, envy, craving, imitation and belief in creeds, and when we are dependent upon things and people we are limited and bound. This brings fear, sorrow, and conflict.

Our freedom comes through self-reliance obtained through awareness of our reality, our oneness with God the Father of Love, and our discerning that which is not real in this world of illusion and shadows. Negative conditions, whether small or big, are of our own creating. When we recognise instantly that there is no reality in these conditions, the mind clings strongly to the Truth that God alone lives; He is the only living Being there is, and these conditions are but illusions. These dissolve away as the light of Truth enters the mind.

Immediately we use the surgery of the mind to cut out these illusions we find quickly that negative conditions disappear from the body as well. And the knife that is used is the Divine Consciousness; it is the greatest lance that man can ever have or ever will have.

In our relation with people and things we gain experience and begin to know ourselves. If we discern deeply our thought-action and free it from greed, envy, cravings and dependence upon people and things, we are free. If we do not become aware of our thought-action we are bound, freedom is impossible. Then we find only sorrow, fear and conflict which out-picture themselves in our surroundings, in our bodies and in our affairs, because we are caught up in our desires and cravings.

Envy, jealousy and emotions rule our thoughts and we are no longer free. It is this freedom, a freedom from all conditions, that I want to give you. I

gave you an exercise last week, to discern your thought-action, to see where it was moving and if it was caught up in emotions, envy, greed. Because if these conditions exist in your minds, they will be produced and out-pictured and the effects of them you will see and feel in your own lives. Does it not then behove us all to recognise the Truth and to know the laws upon which the Truth is based?

It is for us to recognise those qualities within us that we already possess, this unlimited power to act and to do. For all possession is based upon a conscious awareness of the things possessed.

Mental efficiency is entirely dependent upon the power of attention. To be able to direct your mind and to hold your mind, to be able to concentrate on any particular subject or object is one of your greatest assets. You must know clearly at the beginning that confusion of thought is sure to produce confusion in your environment and life.

You now see clearly that you are connected to the world within by your subjective mind through your objective mind. The objective mind is the mind on the surface that deals with things you see through your senses. The subjective mind is the mind that feeds on what the objective mind gives it. Your subjective mind is then the inner where causes are created, and these become effects in the outer. But the causes that you create are secondary causes, not primary causes. Primary causes are the perfect creations of the Divine Mind. Secondary causes are the creation of man's mind; the objective, seeing only effects and not understanding how they came about becomes confused.

If man does not know the difference between the real and the false, then he is lost in error. The majority of minds are caught up with both truth and error. But immediately you begin to know the law of the Divine Mind you will then create in your objective mind secondary causes in perfect accord with Divine causes, and you will be linked-in to the Divine Mind by your co-operation and effort.

We are connected to the world without by our objective mind, by our consciousness. The brain mind is the organ of this objective world. The cerebro-spinal system of nerves puts us in touch with every part of the body. This system responds to every sensation. The senses reveal the vibrations of light, sound, taste, smell, hearing, feeling. When we are aware

of the Truth the nervous system sends constructive impulses which react upon our body in pleasant and harmonious sensations, with the result that we build into our bodies health and vitality. If, on the other hand, we are unaware of the Truth we are liable to react negatively, and through this same objective mind we create sickness, lack, limitation and all the destructive conditions. Thus we are related to destructive forces through the objective mind by our worry, reactions and thought.

It is a wonderful thing for us that the Infinite Divine Mind has given us free will to choose. The choice is thus left to us, and we learn through the law of cause and effect.

The subconscious mind is the organism through which we contact the inner world, and the solar plexus is the organ of this mind. The sympathetic system controls all our subjective functions, circulation, breathing and absorption of food and reflex action; and harmony or inharmony is caused according to our thinking. It is also through the subconscious that we are connected with the Universal Mind through which we are brought into relation with the infinite constructive forces.

The Universal Mind is an extraordinary and wonderful instrument. It is man's instrument as well as God's instrument.

To understand this Universal Mind I will relate to you the pictures that come to me as to how this great Mind works.

The Universal Mind is impersonal in nature. In the first place it is through the Universal Mind that God creates all His Universes, including man. And as He creates man in His Universal Mind, this Creative Power with which God creates is individualised in man, and by this power man thinks. So we understand the meaning of "As a man thinketh in his heart, so is he."

This great Universal Mind holds all the laws and the ways and means of expressing things. It is Intelligence in itself and knows how to go about things. You do not have to tell it how to digest your food; it does it for you. The child, when it is born, knows exactly where to go for its milk.

This Universal Mind is a vehicle for expression, a vehicle through which man and God harmonise as one, think and act as one. Through the Creative Power of God is created a Universe, man, beast, tree or plant. They are all creations in the Universal Mind, being different phases of activity,

expressed in the Universal Mind and producing their kind according to the idea that is held in the Consciousness of God. The Consciousness of God is spread throughout the whole of the Universal Mind and is behind every creation and every movement, seen and unseen, above and below.

In the Universal Mind the Law operates because the Infinite Consciousness has decreed that the Law shall be adamant. The Law comes into operation and man cannot interfere with it. Man may violate the Law but eventually he finds that he must abide by it if he would be whole.

This law operates so that the whole Universe expresses harmony.

The most extraordinary thing is, that this Universal Mind will create for the individual just as he thinks. It will create a negative condition as well as a positive condition in your life. The Universal Mind responds to man and gives him what he thinks, yet harmony still remains ready to function when negative conditions disappear through our change of thought.

There are certain laws that man cannot interfere with, and one of these is the law of harmony. Harmony is entirely and completely a principle permeating the whole of the mind, and when man begins to see this truth he discards his negative thinking and finds harmony remains in his life because it is permanent. Man creates the temporary and transitory condition, those secondary causes which come into effect in his life. But immediately he becomes aware of the fact that the law of harmony exists, that it is not the product of man's mind but the establishment of God's creation and therefore permanent, God out-pictures that harmony in man's environment, his affairs, his home, his entire life, when he co-operates with God.

The subconscious mind is the organism through which we contact the inner world. The solar plexus is the organ of this mind. The sympathetic nervous system controls all our subjective functions—circulation of blood, breathing and absorption of food and reflex action which causes conditions according to our thinking. It is through the subconscious that we are connected with the Universal Mind through which we are brought into relation with the Infinite Constructive Forces.

Various negative mental states, emotions and passions have their effects upon mind and body, producing their own peculiar form of disease which, if continued, may become chronic. To counteract these we must encourage the emotions and thoughts that have the directly opposite effect. Kindness,

Love, Goodwill, Faith, Hope and Cheerfulness create a harmonious chemicalisation of the body, exciting the healthy flow of all the secretion, and open the channels so that the Life Forces surge through the organism.

A method that I have advocated with unbounded success to many people with incurable troubles is to lie in the open air and breathe deeply repeating the words “Divine Life fills me,” saying it so often that it becomes an actual fact to them. It is a most wonderful fact, that what we say with conviction is out-pictured in action. The recognition in the mind of the true meaning of Divine Life makes that suggestion paramount, because as the Mind thinks so the body accepts. Your thoughts are in the inner world; the effects are on the outer. The reason is that the physical body is the mechanism especially adapted for the transmission of the inner or mental action into modes of external activity. The whole body is traversed by a network of nerves that serve as channels of communication between the indwelling spiritual ego and the function of the external organism. There you see plainly a wonderful scheme, and only God could create such an organism. This is the temple of the Living God, that is built without hands. Now realise the truth about yourselves.

Thought is the Spirit’s one mode of action. All forms are the result of thought. Let your imagination be clear and clean; let it be complete. Dwell in the deeper meaning of this, so that, that which you create shall be of a constructive nature, complete from the beginning.

The great law of God is that everything is now complete. We are partaking day after day of this completion, but we can eat only a crumb at a time. If we could discern the completeness of God’s great realm in which we live and move and have our being it would be so tremendous that we could not even live in a physical body; we would find that our consciousness would be so expansive that the body itself would just disappear. We would enter into that state of tremendous power where the Cosmic Ray that is identified with our own consciousness would become so active in our body that the very atoms themselves would become so expansive in its action that it raises the body with it—a change of mind a change of body through chemicalisation.

Through the Cosmic Ray the Divine Image is out-picturing itself and in that Ray is the tremendous power of consciousness. In that Ray also is the

Divine expression from which the Spiritual body is built. That Spiritual body you have now, interpenetrating your physical body, awaiting your recognition and awareness of it.

Know that you are the thinker. You think and by your thought you create. Therefore let thought be as perfect as possible, so that it will manifest accordingly. Your own Divine Power is the light behind the picture in the mind, and the only power it has is the power you give it, for it is your own creation. “Be ye perfect as your Father in Heaven is perfect.” “When we rest in the Eternal He shall reveal His glory in and through us.”

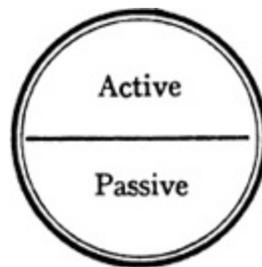
So the Creator is the Thinker, the thought is the cause; and the form or manifestation is the effect.

These three are one—One—changing from Cause to Effect. Heaven means the higher Spiritual state of man’s consciousness, and Earth means the lower state of the same consciousness. Jesus gave us the key to this when He said: “The Kingdom of Heaven is within you.”

In other words, Heaven is the Kingdom of the Innermost or Spiritual; and the Earth must be the outer, the symbol of the Outer or opposite, the material, eternally subsisting in the one, in perfect unity.

Ancient symbolism shows that there is but one Spirit. When the symbol is explained it becomes clear and well understood.

The circle means the Infinite Whole:



When you draw a line across the circle you separate it into two, but these two are not actually separate, one half becomes the active and the other the passive. Whatever is produced in the one is out-pictured in the other. As it is above, so it will be below; as it is below so shall it be above.

There is no separation. Life alone lives and the conception of ourselves being separate from Divine Life is the root of all our troubles. In the Masters’ Course* I explained the Trinity of Consciousness, Intelligence and

Substance. We must be careful not to make the mistake of thinking that this substance is the same as form. The form is in the substance and the substance is in the form, but the substance in itself is formless. Out of it all forms are made. These forms will dissolve away again but the substance will still remain the same.

We were told that the earth was void and without form; and out of the substance and in the substance it exists.

This is the great Truth in Divine Metaphysics that enables us to see the law clearly. We create, out of the substance, forms according to our own thought and especially those thoughts that have feeling and power behind them. Fear is an emotion of great strength and produces the thought that is held within its orbit.

In dealing with the nervous system we see the interaction of this nervous system which is none other than an out-picturing of the mind itself. It is a vehicle through which our thoughts can be expressed in the outer. There are thoughts in the mind that, when transferred through the nervous system, produce in our body the exact replica of the dominating thought which we hold.

The nervous system is dual in nature. One system is known as the sympathetic nervous system and is the channel for all those activities that are not consciously directed by our volition or will. We will call this the involuntary process of the body, such as the digestive process, blood circulation, repair of the body and the excretory system of the body through which we get rid of all waste matter.

The cerebro-spinal system is that system which is under the control of our volition. We receive impressions through our senses and exercise control over the movements of the body. This centre is in the brain, and the sympathetic nervous system has its centre in a ganglionic mass at the back of the stomach known as the solar plexus or abdominal brain.

The cerebro-spinal system is the organ of the conscious mind and the sympathetic system is the organ of the subconscious mind. The brain centre for the conscious mind is the cerebrum and the brain centre for the subconscious is the cerebellum. The bridge between the two is the corpus callosum that unites both of them and not only makes man a spiritual entity from a mental point of view but also enables Divine ideas to enter into the

mind so that the conscious mind can lay hold of them, and by laying hold of them they are transformed into action upon the body through chemicalisation.

The conscious and subconscious require an interaction so that the orders are carried out. A corresponding system between the two nerve centres is necessary, and one of the most conspicuous connections by which this is provided is the vagus nerve. The vagus nerve comes straight from the brain, passes down each side of your neck, moves right down into the stomach and spreads all over the abdomen; and then it filters away into the subconscious or what we call the involuntary nervous system, in the ganglionic mass uniting with the subconscious mind.

So we find that the conscious ideas in the conscious mind pass into the organism, control the functions and then disappear into the sympathetic nervous system, as they become one.

Here we see the manner in which our thoughts can consciously be carried out in the subjective mind through the nervous system.

As we have the conscious mind, so we have the subjective mind, and as we have the cerebral nervous system so we have the sympathetic nervous system, all in complete harmony. As we have the active Principle of the Universe so we have the passive; what the one decrees appears in the other. The vagus nerve passes out of the cerebral region as a part of the voluntary system, and through it we control the vocal organs. Then it passes onward to the thorax sending out branches to the heart and lungs and finally passing through the diaphragm. It loses the outer coating that distinguishes the nerves of the voluntary system and becomes identified with those of the sympathetic system, so forming a link between the two, making man a physically single entity.

The frontal portion of the brain controls the voluntary action, and the portion of the brain at the back of the head controls the involuntary. The intuitional faculty has its correspondence in an area between the two, and it is here that intuitive ideas find entrance. Man is then conscious as he acts through his cerebro-spinal nervous system. He is reacting to a world of effects through his cerebro-spinal nervous system or consciousness. Through the brain, man reacts to his senses, and his body responds through

the nervous system. What he fears comes upon him; as he believes, so is it unto him.

The intuitive ideas are first more or less unformed and generalised in character as perceived by the conscious mind. The effect of Nature is to bring these ideas into a more definite or usable shape. So the conscious mind lays hold of them and induces a corresponding vibratory current in the voluntary nervous system. This in turn induces a similar current in the involuntary nervous system, thus handing the idea over to the subjective mind. Therefore every mental action implies a molecular action on the brain and in the two-fold nervous system which controls every cell in the body. Thus we see cause and effect in operation, and what you then think is out-pictured upon the body.

Now that we are convinced we can reach the subjective mind we must tell it the Truth that there is only one Living Being in existence. That Being is God—Divine Life—“this Divine Life fills me.” The fact that we are alive is proof of the Divine Life filling us. We must show the subjective mind that the Divine Life builds the body for its own self-expression, because the body does not exist by itself, and the complicated operation is the work of the Divine Intelligence, so that it can fulfil its mission which is complete expression on earth. The only interference with this complete expression comes from the individual who is either ignorant of the law or disobedient, through lack of understanding. But when we understand that we are the individualisation of the Divine Life we do co-operate and results are obtainable. The Divine design is always within and is out-pictured through the subjective mind. All tension must be taken off the mind and body so that harmony can prevail.

Life organises our tissue structure from the elements around us, from the substance of mind in which we live and move and have our being. Life within created the body for its own self-expression, and when we know this we acquire the faith that moves mountains.

The same creative power in God is expressed in man, the only difference being in degree.

When we see ourselves separate we pray to a particular God outside ourselves, and “We receive not because we ask amiss,” for Jesus says “God is Spirit, worship Him in Spirit and Reality.” Again He says “I and the

Father are one,” “He who has seen me has seen the Father.” “It is the Spirit within that doeth the work.” “The Kingdom of Heaven is within you.”

Life alone lives, thus our living proves our oneness with God. Before the world was created it was void and without form; Cause operated before it became Effect. So it is in everything pertaining to man’s mind and body. Every cause exists first, and every effect is the result of Cause.

The Mind of God is perfect substance. In it is Life Consciousness and Intelligence, out of which all things must be created. Therefore we are *not* separate from Him, and when this great Truth enters our minds we are free.

To get the best results in health we must take all tension off the mind and body by means of mental and physical relaxation. When this is done all strain is taken off the vital centres and Nature begins to work harmoniously. Remember, the imagination is the subjective will and this is brought into operation through ideas that dominate the mind. It is the deepest thought that counts. Do not become anxious about your condition nor try too hard to get well. Remember as a man thinketh so is he. It is not just what you want that you get, but what you think deeply. Get your imagination filled with the idea that Divine Life fills you, and it will fill you. This is the way to apply the healing power most effectively.

The soul is the ethereal vehicle of the deathless, immortal, productive Spirit. Spirit is the immortal part of the human constitution; it never knows death or sickness. It holds the only consciousness you can ever have and goes from glory to glory in an eternal progression until it reaches home. “From Perfection I have come, to Perfection I shall return.”

Now it is necessary for you to get control of your thinking.

The exercise that is so essential for this week is similar to the last, with the exception that you will let your mind run out, any way it likes. Whatever thought comes into your mind let it move out. It is not a matter of thinking about your thoughts, it is allowing your mind to flow outwardly and you will see the benefit of this exercise every time you do it. You must do the previous exercises, as they enable you to perform accurately the exercises that follow. I cannot do these exercises for you; my place is to show you the way, and your place is to put it into practice.

Allow any thoughts to come into the mind, but watch carefully what they are. Do not disturb them, just watch them carefully. Do this for fifteen

minutes daily all next week. By this exercise of outcropping the mind, thought control comes easier. One thing is sure, you will know what you are thinking and where your thoughts are moving.

“Carry out my commands and leave the result to me. Do this obediently and faithfully as you would expect a child to follow without question a given rule in the working of a sum. If this is done according to the command the result will be right.”

“God is the Head of the Universe.

He is right here to stay.

In fact He always has been,

He has never been away.

It was in man’s own mind where separation began.

‘The Father and I are one’ has always been the plan.

In unity there is strength,

Separation is like a broken reed.

Man *alone* is a failure,

But with God he will succeed.”

MEDITATION.

This state of meditation is not a dream-state but a state where there is an “I am” Consciousness, concentrative, meditative awareness.

BENEDICTION.

Great and Mighty Eternal Spirit, we speak to Thee within ourselves, Thou indwelling Spirit of Love, Wisdom and Power. It is our recognition of Thee that makes everything worth while. We do recognise Thee in everything, no matter how large or how small. Give us that guidance and wisdom and that love to enable us to become like unto Thee, as Thou hast already decreed we should be.

SO MOTE IT BE.

* The Higher Power You Can Use

LECTURE 3

In the previous lesson we saw the action between the conscious mind and the subconscious mind, how the Universal Mind is acted upon and reacts in exact proportion to our faith and understanding. We saw how we externalise what we think in our conscious mind, how the subconscious mind reacts to our thoughts and how the Universal Mind out-pictures these thoughts in form. We saw distinctly that the conscious mind issues the commands and the subconscious fulfils that command. We order through the conscious mind, the subconscious mind fulfils the order, the Universal Mind produces it.

It is necessary to understand clearly, that that which controls is really ourselves. There must be no mistake about the understanding of this vital point, for if you miss this important factor you will not get the full value of the instruction that is to follow.

The wonderful truth about Divine Metaphysics is, that it reveals something beyond mind that cannot be analysed. We can analyse everything we put in the subconscious, we can analyse our thoughts and our actions, we can analyse the action of the Universal Mind, we can analyse the conscious mind. But there is something else we cannot analyse, because it is unanalysible, and that is your real self, the controller of your mind and body. We simply must get acquainted with this; otherwise, we shall lose sight of the wonderful truth that “as a man thinketh in his heart, so is he.”

First of all I want you to realise you are not your body. Your body is just the physical instrument which you, the real you, use for your purpose here.

You are not your mind, for it is just another instrument which you use to think, reason and plan with. You tell your mind to think, your body to move, and it is only when you come into full realisation of the true nature of the I, “you,” that you can enjoy the full sense of power that nothing else can give. All students in Divine Metaphysics must be aware of this great fact.

Although the “you” cannot be analysed, yet you must be able to recognise and realise this great power which is your real self. The “I” is that

which controls and directs both mind and body, it is that which determines what you do, what to do, what to say and how to act. You are the one who says what is to be. The personality is not “you,” for it is made up of habits, characteristics, a mixture of good and bad. Your personality is the sum total of your previous thoughts and actions, and changes accordingly. So you cannot be your personality because your personality is that outer expression that belongs to the external, and is not “you.” But it is, in fact, a record of your thoughts and actions, and though people do not actually see them they feel them. Your personality is felt amongst your fellow men and according to your awareness of this fact so will your personality improve.

Your personality is continually fluctuating, but the “I” never changes; it is always the same. The “I” is the Spiritual controller of all movements, thoughts and actions, yet it never associates itself with your personality. This a mighty paradox that baffles most people when studying the great truth.

The “I” is the real source of power that comes to men and women when they come into the realisation of their Divine Nature. The fact that this realisation is never-ending and is always progressive shows the students that there is nothing impossible. According to this realisation, so is the power in the individual; and in exact relation, too, as man thinks so it shall be unto him. That is why some seem more powerful than others, the latter having not realised the great and mighty power behind the thought and the personality.

The following will give you a fair idea of what is meant by our world of Cause and Effect:

OUR WORLD OF CAUSE AND EFFECT.

Spirit	= Thinker (I am)—First Cause.
Mind	= Thought—Expression—Second Cause.
Body	= Manifestation (Relative)—Effect.
Reaction to conditions increase effects.	
Emotions	= Fears—Vicious Circle.
Ignorance	= Disease—Death.
TRUTH	= Release—Life.

Spirit is the thinker, the "I am," the First Cause.

No real thought arises in the mind except the Thinker thinks it.

There are thoughts that pass into your mind telepathically which you become aware of, but the thinker must also fix these thoughts in his mind for them to have any power of their own; otherwise these thoughts come into his mind and pass out, like birds crossing the windless sky, leaving no trace. But if you, the "I," hold on particularly to any of these thoughts you fix them in your mind, thereby making them your own.

The Thinker thinks the thought, but if he is not truly aware of himself and his own nature he may live in the thoughts he creates and become lost in them.

The time will come when you will have to separate yourself from your thoughts and images and the conditions that you have created in your body and circumstances, and only by doing so can you control them.

The real student of Divine Metaphysics must see behind the thought, see the creator of the thought and know that he himself is the creator.

Consciousness is First Cause. Thought then is relative to First Cause, relative to consciousness; and manifestation is relative to thought.

When we react to effects we increase them because we do not realise that we are the creator in the first place. So we see that ignorance causes disease and death, but Truth gives us life.

The mode of thought and expression of the Infinite must be the same in the individual. The only difference is in degree.

Life exists in the Universe as first cause; we *are* that life; and that life has consciousness, and this consciousness is the "I am" in us that creates thought. Therefore this life in us is the same as the Infinite Life, only the degree is different; but the mode of action is the same. Therefore we are like unto God having the same creative power, acting in a similar way. When we know this Truth we act in accordance with the Divine Plan. When we are ignorant we are lost in the effects of the thoughts that we create ourselves.

The likeness therefore between God and man is the likeness of the Creative Power we use, for this creative power has reproduced itself in the individual, and the Bible reflects on this all the way through. The Master says: "I and my Father are one." "The Father's will is done in me. I do the

will of the Father.” He showed by living example the Infinite Law fulfilled in man.

We need much instruction on the nature of our own reality and in recognising and realising our possibilities. The whole world in fact needs this instruction. But when you tell some people the real Truth, the exact Law of Life, they will proclaim you against the Law because of their ignorance of the Truth. When the Master told the Scribes and Pharisees of the Law and how they should act, they proclaimed Him against the Law. The same condition exists among the orthodox today, but they cannot get away from the Law, “As you think so shall you be.” Our thoughts, created by the consciousness within us are expressed outwardly in the substance, in the body, in our environment.

A little consideration of the evolutionary process will show us that since there is no other source from which our consciousness can proceed, the individual life consciousness, which is the essential entity that we call man, can be no other than the consciousness, that concentration of the Universal Life consciousness into individual consciousness. That is to say that the same Universal Life consciousness is concentrated into individual consciousness in us, and is the cause behind our thought.

So man’s mind is therefore a miniature reproduction of the Divine Mind, and we must fix our attention on the knowing that if the interior realm of causation be maintained in harmonious order the external realm of effects is certain to exhibit corresponding health, happiness and beauty. According to the internal expression within ourselves, so shall the external be. Man then puts his trust in God and co-operates with God in His perfect expression. This Divine Design is always within man himself.

Further, the human mind being the exact image and likeness of the Divine Mind, its creative power must be equally unlimited. Its degree is different, being directed by the individual, but its quality is the same. In quality there is no difference between the one and the other except the fact that one is individual and the other is Universal. And that the Universal is concentrated in the individual shows that the individual has a creative power that, when recognised, goes beyond all our previous conceptions. Even our greatest conception cannot cope with the immensity of the possibilities that are inherent within the human being. This becomes evident

when we reflect that it is not possible to set any limit to consciousness or thought.

The might power which the “I” has been given is the power to think, but few people know how to think constructively or correctly. Consequently they obtain only indifferent results. When the “I” is submerged in the personal and surrounded by negative conditions and desires, the personality is paramount. Then the mind dwells upon the personal which is often full of desire and selfish thoughts. When the mind grasps the truth that the germ of defeat is in every selfish thought it turns away from selfish desires and fears that unbalance the nature, and works towards the impersonal whence all power comes, because the impersonal is calm, balanced and is the source of inspiration.

The student of Divine Metaphysics must begin to realise the Divine Law of the impersonal—that every thought or idea and every transaction in this great and mighty Mind, the Impersonal Mind, must benefit every person who will co-operate with it, because of the Law inherent within it. That is why we must seek the impersonal Divine Mind and co-operate with it. This law must be paramount. The Divine Mind will give you everything according to the law of the Divine Mind. But you cannot get anything out of the Divine Mind except you fulfil the Law. As we go further we will see the greatness of this Law.

We should know now that any attempt to profit by the ignorance or weakness of people and to operate to our own advantage will bring us no good. The reason for this is plain, because the individual is not separate from the Universal and one part of the Universal cannot operate against the other part contrary to the welfare of that part; for thus they operate against themselves. And, knowing yourself, you cannot take from yourself.

This is the secret of life. Giving is the plan of the Universe. To give is to get.

Divine Mind is continually operating outwardly, expressing itself with all the bounties of itself, and we must be the channels through which it can flow. If we are channels through which it can flow, it gives to us by the process of that flowing. We cannot help but receive the bounties of the greatness, wisdom and truth and the abundance of everything that is ours by virtue of the Law that we are one with God.

That is why organisations which distribute at the lowest cost to the many are the most successful, and if your interests are in unison with the interests of others the Universe will aid you in your operation. This law is infallible, and those who recognise this Principle have a great advantage in the affairs of life. They will not then waste time and energy and labour on objects that can be of no possible use to them. They are able to concentrate on the highest possible degree of any subject and eliminate faulty thinking from their minds. You have seen how great organisations have been built upon the proceeds of the greatest turnover at the smallest profit; organisations that have done more for people in the world have the greatest success.

When you begin to realise the importance of the “I,” the seat of power, and that it is not separate from the Universal “I AM” who is identical in nature with it, you can repeat with the strongest affirmation: “I can be and I will be what I want to be because there is no power opposing me.”

There is a Divine Truth, and this Divine Truth can be for everyone no matter how great or how small, how well educated or how ignorant in the things of our mortal world, because we know perfectly well that the intellect is but a means of “getting by” in this world of ours, but if we have the Spiritual truths we will get more than just “getting by.” We will get right into the highest degree of our experiences and our possibilities; and our capabilities will be shown in the expression and manifestation in our lives.

The affirmation I have just given you will prove how wonderful it can be, when you realise it. The recognition of it in itself is proof positive that you are working with the Divine because there is no force opposing the Divine. But this affirmation must not be made in ignorance of the Law; otherwise it is useless. When the Law is understood, the affirmation becomes the “Word that does not return unto you void, but performs that which it was sent forth to do.”

So the Word must contain that germ of its Divine Nature, otherwise it will fade and die; and when you come up against any obstacle in your path it is not forcing the obstacle away that brings success but surmounting it with calm determination, knowing the strength of that “I” who is directing operations. Every time you repeat the word “I” know its meaning, so that you will not apply it to any negative conditions in your life but, by knowing

its power and associating yourself with it, you will eventually dissolve these conditions away.

We must come into a true and thorough understanding of the intrinsic nature of the “I”—you, your real self. Then, provided that your objects and purposes are constructive and in harmony with the Universe, you will become invincible and your results will be abundant and permanent.

Identify yourself with the “I” that is birthless and deathless and is never subject to disease or want. Make it a daily habit. Affirm yourself *to be*, and your mind and body and circumstances will respond. You are the master of every situation. There can be no “can’t” about this. There never is any “can’t” about the “I” at all, because of the fact that it is the Divine and only Cause—the Cause behind all Creation—and nothing is impossible to it.

You are one with the Universal Consciousness when, by using the instrument of faith, you realise no limitations. When faith is complete in oneself there is no limitation. But if faith is not complete and there is 50 per cent doubt, then I say that faith is just that much less. Faith, to be any use at all, must have that vision *within* that sees nothing impossible. The only possible limitation is such as is set by the limited concepts of the individual who thinks, and it is here that the difficulty comes in. Our thoughts must necessarily be limited by our conceptions of our awareness of our own true selves. We cannot think of something we cannot conceive. Therefore the more limited our conception the more limited our thoughts, and its creation will be limited accordingly in a corresponding degree. In other words, our faith is according to our realisation and recognition that this power itself is one with the Mighty Power and you are one with God in Spirit, co-operating with Him in His Divine Scheme on earth.

According, then, to the recognition and the realisation of our own true selves, so will be the strength of our faith. Any faith based on anything less than the oneness of the whole Universe which is behind all creation is based upon falsehood and must be limited according to that falsehood.

It is for this reason that the ultimate purpose of all true instruction is to lead us into the Divine Light where we shall see things beyond the range of any past experiences—things that have not entered into the heart of man to conceive—revelings of the Divine Spirit opening to us untold worlds of splendour, delight, and unending achievement.

See beyond the range of your own experience and beyond the experience of others, and in this way there is a wonderful revealing. We will know ourselves one with the Infinite Life. Quietly allow the Divine Love, Wisdom and Power to permeate your being.

If you want to acquaint yourself with faith read James. Study it carefully; and if you can grasp this great lesson it will be a starting point from which all shall be revealed to you as you unfold into the oneness of Life and Love, making Love the dominant factor in your daily life. And also I advise you to read Paul's Epistle to the Corinthians, the 13th Chapter, Moffat's translation, making Love the dominant factor.

We must become aware of our oneness with God and also discern our thought action. This is so very important. We discern where and how it is moving, and so we separate the real from the shadow. We do not have to overcome but to transcend and free our thoughts from limitation and illusion; and in the very centre of our being we find wholeness, completeness. This is the freedom of Truth. This is the law upon which Divine Metaphysics is built.

It is necessary to know and to follow out the Law in operation. When you start anything, complete it; see it through to the end. If you cannot do this, you have failed to realise the power that is within you. If you feel that your power is not strong enough for the gigantic task ahead, begin with small things, gradually you will get complete control. Do not admit failure of any kind whatsoever, because it does not exist, except in the mind of man, and, certainly not in the mind of God. There is no failure but experience on the Path.

Never allow your "I," your real self, to be submerged and overcome by circumstances and conditions; otherwise, you will not be able to control the conditions around you. You will know that it is the world within that controls the world without; the world without is effects, the world within is cause. With this knowledge you will become irresistible. People will respond to your every wish without any effort on your part, and negative conditions will dissolve away. Things will move for you in a mysterious way that even baffles your own conception of things.

Remember that the world within is controlled by the "I" as well as the world without. This is the meaning of the saying "All power is given unto

Me in heaven and on earth.” When Jesus said these words He knew that He was one with the totality of all Spirit, the One called God. This is a fact, a reality that has been accepted by all Masters (Saviours) and has been accepted by the best and highest religions and scientific thought. It is not a mere statement of theory made for the purpose of confirming an idea but it is proclaiming the Truth, the real Truth, which really *is*. It is not a product of the imagination, nor can it be a product of our mind; it is a substantial thing that stands as a foundation upon which rests the whole Universe and is also the foundation of your own life.

Man was created by God.

The first—God alone. This is the first and only Cause. Out of Him and by Him all things are created—there can be no other source.

All was created by the Infinite; and the Infinite saw that it was good. The Bible reveals that the Earth, and everything in it was created first—ready—complete—so that man, when he came, could take control and run the world according to God’s law. And God said: “Let us make man in our own image and likeness, to resemble us, with mastery over everything.”

When the Master came to proclaim the Truth of the Living God in every being, He proclaimed this true state so clearly in the statement: “I am the Son of God.” “Ye are the Sons of God.”

So we find that in God is the true consciousness, the will that directs.

There is the dual nature of God—the Will and the Intelligence—the will, the male or the positive; the Intelligence, the female or the negative; Father-Mother-God out of which everything has been created. The Father is the Consciousness, the Mother is the Intelligence, which is automatic in nature and brings forth form. The substance is the womb or vehicle in which the Consciousness and Intelligence forms its own creation and this substance is called mind.

Most people have missed the point of the great Christ Power within, because this Christ Power is the combination of the Father-Mother-God, and is the Child or expression of the Father-Mother—the Consciousness and the Intelligence as one, acting as one.

So your thoughts are the product of the Divine Power which exists within you. When you recognise that your thoughts externalise themselves you will learn that the law of thought is immutable.

We see then that the Christ is the Power that brings forth every good thing you have; health, happiness and excellence in life. That is why the Christ is proclaimed the completeness of everything in the individual.

“Know ye not then that ye are the temple of the Living God?” Practice until you become conscious of the great Creative Power in the world within that creates the world without. This is not obtained in one day or one week; it needs constant awareness of the truth.

Although Jesus had been taught by all the great Masters of His time, plus His great inherent knowing, His greatest realisation came when He commenced His ministry at the age of thirty. If we could only catch a glimpse of His Mighty Mind and see what it can do in our lives! The recognition of the complete awareness of this secret power is the key to all things.

It is only when we commence our ministry in life, in acting out our knowing, that we show our faith. What I mean by this is, that just to know is not enough: there must be action.

When this power is established the desire for wealth disappears because you have the means to create that which is greater than riches. It does not mean you have to do without things or even deny yourself any of the gifts of God. To get, you must give, and to give you must get, and the Infinite is not insolvent. It is not listening to the word; it is acting out the word in everyday life. That was the Master’s command.

When we are spiritually bankrupt we are insolvent because the Truth is not in us. To serve others we must have the power to serve, and true happiness comes from serving. The more we give the more we get. We must become channels through which the Universal can express itself in Divine action. God seeks to express Himself, and humanity is His best means of expression. He expresses Himself through the channels where He can be of greatest service to mankind.

Many have closed this avenue to the voice of the Truth and the voice of the Truth is not heard in them. In the Peace Conference there is not even a word of prayer, not even an invocation for the Divine Plan to manifest. Do you think we here, people who know the Truth, should allow leaders who know nothing about the Truth, who are devoid of the Truth, to lead us into destruction? Are we not awakened to the Truth that we can do what we

want to do and that we can have the leaders we want, provided we ourselves realise this Truth?

Dwell in the conscious awareness of your union with God, the great Universal Provider. Recognise the great omnipotence and the substance in which you move and have your being. Seek inspiration. Focus your mind on the worth while things and you will have access to the great omnipresence of Power and Substance of the Universe. This is no idle dream. Put into practice what I say and find how true it is.

Create the right causes within and these shall manifest without; *then* you become a joint creator with God, His will being done through you.

Some people think that when working with God they must go round in sackcloth and ashes, that they must live on the smell of an oil-rag, that they must sit on the mountain top year in year out, that they must dream dreams and keep on dreaming dreams. That is all fiddle-sticks! The real knowers are active, builders, receiving and giving, and giving and receiving. The minging mind will produce the things it sees; those who wander round in sackcloth and ashes will produce sackcloth and ashes.

Divine happiness, Divine health, is closed from us only because we are not recognising our real true selves. And because we do not know even the source of our own being we are ignorant of the power within us. According to the seed we sow, so will be the fruit.

You become the joint Creator with God and His will is done in you. He is the "Father who ever remains in me who is performing His own deeds." We must never lose this mighty understanding of the Truth.

The Creative Power that gives rise to thought is unlimited in its nature. But the thought is limited by the concept which it was sent forth to embody. No matter how great a conception is, it is limited, because the mind cannot comprehend all Truth. Yet you can live in Truth, although Truth is beyond mind. The mind which dwells upon the wider conception based upon an enlarged perception of the Truth will produce corresponding results. This is self-evident, for man can enter into his highest riches through the realisation of his oneness with Truth, his oneness with God. In himself is the very inner temple of God; there the Almighty dwells; this is the temple of the Living God. If the student will fix this very simple idea in his mind he will find the key to the whole mystery of man's power of self-evolution.

You are the creator of your own images and concepts, but do not try and find yourself in the images and ideas. If you do, you will find out it is you who are creating the concept or image in your own mind and this is but a thought of yourself. But within your mind there is the consciousness that creates the thought, and this is yourself, your real self.

We do not create God, we do not create the Truth; we only create a conception of the Truth in our minds. Truth is beyond our minds . . . Truth is not an idea or an image. The Truth IS, GOD IS, I AM.

Just as you cannot see or know what electricity is, yet you can see the lights; you cannot see the life behind all the personalities, yet it is there all the same. This is the teaching of the greatest, it is the highest teaching that can ever be given, because it reaches into the realms of Spirit where you really dwell and where your roots are. It is not what you are *but that you are*.

Seek the Silence frequently. The power comes through concentrative meditation while the mind and body is in repose.

Seek the centre of your Creative Power and see your thought going out to accomplish that which it was sent forth to accomplish. Wishful thinking must be done away with; it has no place in the Master Mind. People wish for this and that, while all the time they are thinking it impossible. A mind full of fear generally produces that which it fears.

You are the thinker, the Spirit with no opposition. The Spirit thinks in the substance and the thought is objectified. If you know the Truth you can create what you think providing you know the Law. But if you are ignorant of the Truth you create conditions that are negative because of the fear you hold in your mind. Then you react to these conditions and create the vicious circle. This is the manner of your thinking every day, is it not? All your troubles are paramount, everything that bothers you is generally on your mind, ill-health, unhappiness, limitation, lack, fear of the past and the future. Truth means release and life. Ignorance is frustration and death.

Thought is the Spirit's mode of motion and is governed by law. Its greatest vitality is given by Love, for this is the fruit of the Spiritual "I." Realise that the "I," you, "I am" Divine Spiritual Creative Power that knows no opposition. Courage and feeling are necessary. No lasting thought is ever produced without feeling. Would you listen if you were spoken to

without feeling? Would you feel the power of my thought if I skimmed over my words and without knowing the meaning of what I was saying? Behind the thought there must be feeling; this is the power that gives it form.

You must develop an awareness that will bring faith, courage and feeling into your efforts, and then you will know what Divine Metaphysics means. It means accomplishment— exercising, continually exercising the Truth. I cannot do that for you; you have to do it for yourselves. Exercise is the way to establish the habit; then the mental attitude is produced. Those who fail have only established the habit of failure; those who succeed establish the habit of success. React constructively to every event in life. Get the habit. Know there is no failure with God, neither can there be with you. React constructively to every event of life.

Exercise: During the first week you analysed your thoughts, that is, what you thought about during the day. That was to know whether your thoughts were positive and negative.

The second week you allowed your thoughts to move out into the conscious field. No matter what thought comes into the field of vision allow it to flow out through your conscious field, so as to become aware of it, allowing all the repressions to rise to the surface through the out-cropping of the subconscious mind, taking the power out of the negative thoughts and fears and holding fast to the positive ones, such as courage and confidence, harmony and love.

If you have done number one and two faithfully you are ready for this exercise.

This one is to still the mind. Relax the body and mind and remain calm. As thoughts rise to the surface let them go, but gradually get control. Do not allow them to affect you; control them through your calmness and peace of mind. Then in the midst of this calm and peace concentrate on your own reality, the centre of your being: I AM (the full “me” concentrating on that I AM). Hold the thought of LIFE, become aware of it. Still the mind; be still, and know I AM GOD within. I and the Father are one—one—one—one—ONE.

Keep saying it and do not allow any thought in your mind to interrupt you. Your consciousness must become aware of the fact that it is one with the Divine Consciousness, and that it is the expression of the Divine

Consciousness. The soul unites with the Great Spiritual Divine Over-Soul. The two are one. The individual who thinks he is separate lives in that illusion and has no existence in Truth. Enter into the Truth of your being and recognise your oneness—One—One—one—one—ONE.

“A peaceful and quiet and holy calm
Now and ever abide with me,
As love draws me close to the Mighty Word
Of the Stranger of Galilee.
As this truth abides with us forever
We can tender and gracious be,
In spite of the Cross we can journey on
Like the Stranger of Galilee.”

MEDITATION.

In this Divine Meditation there is quiet and peace. The body is still. The mind is calm and in the midst there is Life. Recognise yourself as Life—I AM THE LIFE.

SO MOTE IT BE.

LECTURE 4

The Conscious and subconscious minds are not really separate; the one is passive, the other is active. What we think in the conscious mind is accepted by the subjective or subconscious; the subconscious, having control of all the mechanism of the body through the nervous system, tends to out-picture what we think. Thoughts then become actions in the body through chemicalisation. Our thoughts change the tissue structure. This is proved by the result of experiments.

The mind has no power of itself, though many people believe it has, and teach such nonsense. The error has crept into various philosophies and psychological writings of our present day, and this has hindered most people in their development because they accept much that is error.

Matter has no power of its own; it is but mind in a grosser form. Nor has mind any power of its own; it is a substance in which our thoughts manifest, and it forms according to the thoughts we create.

The origin of all thought is consciousness. The consciousness is in mind, it is the originating cause in mind, and causes mind to become active to out-picture the thought that the consciousness holds. If you do not understand this you will be led into many of the difficulties that are evident in many different writings. When you read that mind is all-power, you well know that this is not so. Mind is passive in nature; consciousness is the director and creator of thought; and the intelligence, the active principle, out-pictures the thought in exact detail.

Matter has no power of its own; neither has mind. It is thought that acts upon both. Mind substance becomes form when thought is infused into it. Thought is spiritual energy and is carried into operation by the Law of Vibration. This vibration is given vitality by the Law of Love or Attraction and is given form by the Law of Growth; the Creative Power which is behind this growth is Spiritual activity, the Universal Intelligence.

Whenever we plant a thought-seed, the spiritual growth becomes active. The Intelligence in Nature is this Active Principle, the wonderful power that

works for us incessantly. Intelligence in Nature is Spirit's active principle and this Spiritual activity is growth.

When we plant seed in the ground the intelligence in the seed unites with the intelligence of the Universe, and thus we have Universal activity. The seed then becomes the flower or plant as may be.

The seed or plant in the ground is similar to the seed we place in our minds. The seed of a thought is an image or an idea, Spiritual activity is behind the idea, and faith brings it into operation.

Sometimes we think thoughts of fear, and these thoughts are similar to weeds that choke the real thoughts that we plant in the mind. As it is with the individual, so it is with all forms of life. Thoughts are seeds in the plane of the mind and become active through the creative power—the intelligence which is in the mind. All is mind; thought is mind in action.

When this activity is understood through wisdom we see the Christ in operation. The Christ is the Wisdom of God in man and no one can take this wisdom away from us; only the weeds of ignorance in the mind can hide it.

When man begins to understand these truths he develops faith, courage and enthusiasm, with the result that he accomplishes all through the recognition of his true Spiritual Nature.

Thus man sees that to serve is to receive, because he is the channel of service, and this channel cannot be clogged by acquisitiveness or superstition. When we believe in creed or dogma we are actually limiting ourselves and the channels become clogged.

Acquisitiveness and accumulation are also a hindrance. There must be a clear flow so that the mind can function perfectly. The Infinite Mind must come forth continually without interruption. It is the same with our bodies; when the eliminating process is clogged we get sick. So it is with the Divine Supply: we cannot clog the out-going process. This supply grows into a mighty flow through Divine ideas. There must be a freedom of incoming and outgoing. Service is the keynote, and we should know this wonderful truth now, so that we can become channels through which the Infinite Mind can work.

Wisdom is everywhere and is man's true nature. It is the action of wisdom that makes us whole in every respect. We do not get wisdom through the senses or by reacting to effects but through the Silence, and this

Silence is the first step to self-control and self-mastery. “Through the silence” we begin to unite with this Infinite Mind Consciousness and we become the channels through which the Infinite Mind can move outwardly.

When this truth is comprehended, a completely new mental attitude takes place in our life and circumstances. We begin to act constructively to every event in life.

How wonderful is this mighty truth, that in the Silence error is dissolved away, and in the quietness and peace the Infinite Intelligence itself moves silently into action. We must become consciously aware of ourselves, and this should be the starting point for every thought. We shall then create conditions according to the wisdom of God and bring unto ourselves perfect happiness, perfect health and abundance. This is no idle dream but an established fact.

It is under these conditions that we come into our inheritance of Health, Harmony and Abundance. We will find that to obtain these we must give up our limitations, our weaknesses, our enslavement, our self-pity. It means that you no longer believe in them but change your thought in the opposite direction, so that you consciously become aware of your Divine Nature, your real self.

And to that Divine Nature we hold on, no matter what comes our way from outside, no matter what kind of thinking the masses do, no matter what difficulties we have inherited through erroneous thinking in the past; no matter what errors we see around us, we will not believe in them. Our thoughts will move outwardly, in the opposite direction, and the errors that cause all our troubles will disappear.

Man himself is the only obstruction to the reaping of the mighty riches Spirit offers him. Spiritual activity is supreme, and is the perfect expression.

In the first chapter of Genesis we read that God saw His work was good, the Divine Eye could find no flaw anywhere; and we should note carefully that this absolute perfect creation includes man. But as soon as we descend to the intellectual, the world of error that is the world of man’s conception of things, it is quite different.

Man’s misconceptions result from the fact that he does not realise the true Spiritual nature of things, resulting in the misdirection of his creative

power of thought, which produces corresponding results and misinformed realities.

Man misdirects the power of thought. Man sees through mortal eyes and creates according to mortal interpretation. The Divine Eye sees clearly the true nature of things from the beginning and sees to the very end of things; man sees through the dimmed glasses of the senses. He believes what he sees to be true and the misconception of what he sees he brings into his life and circumstances.

Man's intellectual nature, not being complete in itself, sees "evil" as a power in the world, opposing good. The intellect is a necessary adjunct to mankind; but when man treats it as infallible, then he creates error, and by so doing out-pictures error in his mind, body and circumstances. It is always the deepest thought that manifests. You do not get what you want, but what you think deeply.

Then what is your deepest thought? Is it not a belief in something that you are afraid of? Thus man's conceptions bring forth his own misconceptions, because of the law inherent in his being.

I have shown you that the central point in mind is consciousness that has the power to create thought. Mind and matter are passive in nature, matter being a grosser form of mind in which form takes place in the physical plane, through the agency of thought-action directed by its consciousness.

We will eventually reach a state of understanding when we will be able to see those activities taking place, and we will not be blind to the causes that are in operation but will know them. Then we will realise the great meaning and importance of "as a man thinketh in his heart, so is he."

Man is created in the image and likeness of God, inheriting the same power to create. Divine Intelligence, being perfect, brings forth perfection; when the individual consciousness realises this, it will bring forth perfection, as did the first Creative Cause. This means that man must refuse to see error, for if he does see it he brings it forth in his own life.

So we see clearly that sickness has not been created, nor has it been brought into operation by God or by any other intelligence. Man himself has brought it into his own life through his misconception and recognition of error—his belief in disease. But immediately he becomes truly aware of

his true nature he loses all belief in disease, negative conditions and limitations.

Mind becomes active through thought, for thought is the creative power generated by Consciousness, the first and only Cause. We are beginning to realise more and more the power of thought, and thus we are finding a solution to our problems. The only way we will find that solution is to understand the mechanism of thought.

The trouble is that man has not yet seen clearly that if he reacts to error he establishes error in his life. The great prizes are awarded to those who have deeply discerned the power of thought as explained through Divine Metaphysics.

You must become one-pointed in regard to life, because life creates man's perfect state.

What does that really mean? It means that you turn your gaze upon Life with a one-pointed concentration. Your mind is like a lens. When the sun's rays pass through the magnifying glass and the focus is one-pointed, it will burn a hole into anything according to the strength of the manifestation. The sun represents the Consciousness; its rays are the thoughts, and the mind is the magnifying glass.

Our minds must be held steady and unwavering. If we move the magnifying glass there is distorted expression of the rays. Therefore we must be one-pointed as regards the Life that creates man's perfect state; then and then only can we shed our self-created illusion of sickness, limitation and death.

“Whatever you believe so it shall be unto you.” Man's creative power is one with the Creative Power of the Universe, and by this we think, and what we think so it is unto us. We are afraid of sicknesses; we believe in those conditions, and our minds out-picture what we believe and fear. Thus molehills become mountains.

But when our consciousness is directed and one-pointed in regard to life—the power behind all things—these mountains as well as the molehills dissolve away. The Master said in effect, that if you have as much faith as a mustard seed, you can command these mountains to be removed into the sea, and it will be done. If you recognise the Truth, these mountains you see

on your path shall move away and disappear into the nothingness where they belong.

Good and evil are relative terms, and the fruit is the growth and manifestation of these. So man eats of the effects and loses himself in illusion. We are bound up in the effects of our own causes. Freedom comes when we discern the causes in ourselves and remove them; then Love, Power, and Wisdom will manifest of their own free will.

Man's consciousness is not the result of some evolutionary process, nor is it the reaction to external things. It is the essential awareness of Life itself.

It is the awareness of Divine Life that produces the perfect form. Life-consciousness becomes aware of the form that is to be created, and the form is created according to that awareness. Life, being perfect in itself, knows no opposition. Neither should man know opposition when he is one with the Father, nor should he fear anything when this truth is dominant in the mind. The life of the Master Jesus is an example for everyone to follow. If you follow Him step by step you will see what is inherent in yourselves.

I have often repeated the following simile: the electric lights cannot exist unless the electricity exists first. The electricity is one, yet the lights seem separate. We only know that electricity is energy; we cannot tell what it is. No one has ever seen it.

Light is the manifestation of electricity. The Light in man is the manifestation of Life. "I am the Light of the world." All people are just like lights; the one Life is behind them all, the same Life in you and in me, the same Life everywhere.

Life is God, and is the Life that lives in us. Now forget your diseases and negative conditions, and concentrate upon the Light of Life. See the difference! It is amazing how the negative conditions drop away one after another. It is extraordinary and wonderfully true: this is the Truth that sets us free.

Man's consciousness is not the result of some evolutionary process, nor is it a reaction to external things; it is the essential awareness of Life itself. Man is essentially spiritual, and was so before he became physical; he is spiritual now, for that is his Eternal Reality and as he really is in nature.

Matter is powerless; it is passive. Mind-substance is the basis of matter, and as thought enters into mind it creates form in the mind-substance, and is out-pictured in the objective mind called “matter.” It is thought, then, that shapes and controls matter. It manifests in your conduct and actions and is reproduced in your environment.

The world today and the people in it are surviving on the heredity of those who have gone before. The environments of all past generations are accepted without question and we repeat the errors in thought and action daily, continually holding these conditions to us. The growth of the human soul is slow because man still believes in the errors of the past. Religious sects fight for their various beliefs, and the world has suffered in consequence. War is always engendered by “beliefs.” Slavery is the only name for all evils that have affected man, and disease is the greatest.

It is unfortunate for mankind that they will choose to pass through a sea of blood before the science of reason or Divine Metaphysics sets them free. Universal freedom has not yet gone through the sea of blood but it is now in the storm.

The beliefs which make man blind to his fellow-man are very strong, for they appeal to religious prejudices, which are at the bottom of many evils. Every person is suffering, either directly or indirectly, from the effect of some belief in sickness, or in other beliefs including dogma and creeds.

If it had been taught in the schools that the one Life created everything, that life is not a religion, a worshipping of images and idols, a belief in an image which is just as erroneous and evil as belief in disease, mankind would have been free.

We see throughout the whole of our mortal life, throughout the world, these sectarian dogmas and creeds at the bottom of every war, sacrifice and misery. Lack of understanding of the true fundamentals of life is the cause of all our difficulties. And we have leaders who know nothing about it—a case of the blind leading the blind, and all are massed into a carnage of death and misery. Then we think we can help them by sending them food and clothes. We can only help them by knowing and understanding the underlying principles of this Divine Life that is within all. This Power they must become aware of to create better conditions and to eliminate from

their own lives, sickness, misery and death, to stand up as true beings, the sons and daughters of God and to act as such.

We look forward to the time when true Spiritual leaders will come into the world.

I want to show you the absurdity of these beliefs. A child is affected by its parents' belief in sickness which is real to them. This belief is an enemy to health as slavery is to freedom, for man's belief in slavery and disease is colossal.

The Christ is the true man, and belief in disease and slavery is the enemy of true happiness. We have all seen that a man will die before he will give up his belief, so when a person has a belief in any particular disease he will not give it up until he destroys the body, even though he knows that fighting it will bring about his own destruction. Men hang on to their beliefs like grim death instead of letting them go.

So when I see sick people I find them like children or people deep in the belief of their disease. When I show them the error and convince them that it has no power but the power they give it, they learn the truth and are safe. The Divine Intelligence is continually in operation.

A belief in disease is like a belief in any other evil. There are those who put their entire confidence in their leaders steeped in error; they accept the beliefs; the blind lead the blind and they all fall into the ditch. Some who follow a religious belief in some outside God are the hardest to cure. I may say that I have had thirty years' experience in this work and I know how true this is.

A person came to me the other day suffering from a very serious trouble as the world believes. To me it was an ordinary condition, but to the patient it was a terrible thing. I said to him: "How do you think you got this?" He said: "God punished me." So I said: "A God of Love punished you? That you should think that a God of Love could give you a disease that makes you so miserable is beyond my comprehension. You cannot tell me that your God is a God of Love. What makes you think it is God who punished you?" The patient explained: "We punish our children," and I said: "That is wrong, too; if you were an example to your child you would not have to punish your child."

I said: "Do you really believe that God has put this upon you?" "Yes," was the answer. "Then if you believe that, I cannot cure you, because God is greater than I am. Why come to me to cure the disease that God has given to you? Don't you see, you believe in it and you are afraid of it; it is in your heart every moment of your life. It is the one thought in your mind and you are holding on to it. Believe in the true God and your sickness will disappear; it is of your own making. You cannot believe in God and disease at the same time."

I thus tore his belief to pieces. Thank God I did, for it released him from his bondage.

Man's freedom from sickness begins when he realises his consciousness as being one with the Infinite Consciousness. This must be realised by the individual first, before it becomes Universal, then naturally a change will take place in the whole race and a new super-race will come into being; for the very germ, the seed, is here now at this very moment, forcing its way through the darkness of the human mentality. It only wants man to bring this into operation, for he is the greatest power the Infinite has on earth, and he alone is the one who can do it. Then the Divine Man will appear.

"Believe in me and Him who sent me."

The way to complete emancipation is the recognition of the one Life, and the acting of that Life, because mankind alone is the instrument through which the Infinite is operating.

When we realise the perfect spiritual state, it will manifest; it will come forth of its own free will. This is the Law of our living, the Law of Life; that what we know to be true becomes true in our life, in our body, in our circumstances. "According to your faith so shall it be unto you." This is the old saying so often read, but so little understood. If you understand the depth and power of these words they will lead you into the mighty truth, and when you can accept this truth fully in your life the perfection of the innermost essence will be proclaimed upon the external. What a wonderful and mighty truth this is! "According to your faith so shall it be unto you." It can only be when you realise your own creative power, "made in the image and likeness of God," that you become what you really are.

Free yourself by the recognition of this truth. All limitations, all sickness and burdens will fall away from you and disappear into the nothingness

where they belong because they are man's own creation. God does not recognise them. Then why should you?

Raise your hand and take hold of this—the Tree of Life— and so gain your Divine Birthright. We are one with Life, the same Life in me is the same Life in every one of you. All the personalities you see are but the externalisation of the life within. It is the one Life manifesting in the many.

Get hold of it in your mind, make it the one-pointed dominant truth in your life.

Meditate upon it, go into the Silence with it. Take it everywhere with you and the Mighty Intelligence will out-picture itself in everything you do and say.

The beginning and the end are One.

Is there anything strange or peculiar about these words? They mean exactly what they say.

The Master said: "I am the Life." "The Father and I are one." And He proved that He was the Life by His faith in the Life, the Father in Him and He in the Father.

It is the Father that is performing His own deeds, that is what we must see. The Father is performing His own deeds, and when I am talking about the Father and the things of the Father, it is the Father who is showing Himself.

The Master brought to mankind the greatest message in all the world, that of man's Divinity and Eternal Existence in the all-good.

Man has to accept this to make it a reality in his own life, and within man himself is the proof of this. You cannot live by or for yourselves. It is the Life that is in you that lives, this is the one Life and that Life is God. So *you* come from where *I* came from, the same Life in you is the same Life in me. As you recognise it more and more, you become it more and more, and this life shall show itself in your life and circumstances.

The conditions which prevail in us are the result of home, business and social environment, and beliefs resulting from hereditary tendencies with countless thousands of impressions, ideas and prejudices. Much of this is received from opinions, suggestions and statements of those who know nothing of the Truth and we accept it without consideration or examination. If I can only make you wide-awake to be able to analyse every thought and

emotion I will have done you a great service. At least I hope I can make you understand how to operate upon your own thought-process, see where it is moving and what is the motive behind it. The secret of understanding the mind is to analyse your own thought-process; then you can judge people by their words. Cause and cure come from within and not from without.

Ideas presented to the conscious mind are received by it without reason and are passed on to the subconscious where they are taken up by the Sympathetic Nervous System and passed on to be built into the physical body. Here we see error becoming real to the mortal mind and it is produced upon the flesh. By this method we create and recreate ourselves, and we are what we are today because of our past thinking. The law of thought is the law of attraction in operation.

Sometimes we get things we like and sometimes we get the things we do not like. We make them our own by our thought action, consciously or unconsciously.

It is unfortunate for most people that they are creating conditions unconsciously because of lack of understanding. How many people create unconsciously the things they do not want, just because they do not understand the Law.

Once the mind begins to understand the Truth it actually refuses to accept error, because the mind is dominated by the Truth and there is no room for error. Error is opposed by Truth instantly, and immediately it enters into the mind it dissolves away into nothingness. Therefore unconsciously or subconsciously we do not create error when we understand the Truth. It is this understanding that is so essential; a conscious awareness of Eternal Truth becomes dominant in the mind.

We must be ever on the watch to select the materials that will build health, strength and happiness. If we are careless in the selection of these materials we have only ourselves to blame. Whatever materials we choose to build our mental home out of, these will be out-pictured in our physical home. How necessary it is then that we daily give time to Divine thinking—to feel that the Eternal is forever with us.

The Eternal Truth means our co-operation with the Law of health, happiness and abundance. We must look away from evil which is but of man's making and cling to God which is the Eternal Good. By so doing, the

power of our thought in the right direction produces results that we delight in.

It is already widely recognised that invisible matter can be condensed into a solid by mind action, that it undergoes “chemical change” as a result of mental changes; and when considering the cause and cure of disease we must bear in mind that matter is plastic to our thoughts.

When we understand this Truth it gives us a new out-look on life, changes our environment and changes ourselves. I guarantee that since you began this Course there is a new mental attitude forming in each and every one of you, and that is what I want. A change of mind means a change of body and a change of circumstances.

How different this teaching is from what you have heard before. It gives you a better understanding of your true nature, the nature of your Divine self; and by a complete understanding of your mental processes you will be able to dissolve away the conditions which are a result of error.

Now that you have stilled the mind and have realised that the Father and you are one, it is necessary for you to use your powers objectively and the exercise for this purpose is *Observation*.

In the various exercises given, we first of all analysed our mental thought-processes; then came the outcropping of the mind. Then in the Silence we recognised the oneness of all life. And now we begin to work outwardly to be able to observe correctly. This makes the mind keen for the proper application of Divine Metaphysics.

Observation.—Try to take in as many facts as you can about a subject or object before you. Observe them slowly and distinctly one by one. Do not spread your vision over the whole subject or object at once, but allow your vision to be macular. Allow every small detail to be distinct. Pass your eye over it and concentrate upon each part, till you perceive each detail.

This exercise develops macular observation—any subject or object will do. You must keep up these exercises week by week and follow them all through. I am not giving you these exercises for fun; remember, they are for the express purpose of developing your mind.

In this exercise you must see the smallest detail; the smallest portion that you focus on is the central point of concentration. Go over each point

separately and distinctly and you will have many different points of the object or subject registered in the mind.

Take the object again and go over it several times. Concentrate minutely on all the details. When you have a complete picture of the whole thing see it clearly in your mind in all its details.

If you do this exercise correctly you will be ready for others yet to come.

Do this exercise every day. Take at least 20 minutes to half an hour. I do not want you to remember anything at present; I just want you to visualise the details; memory will come later on.

When God made the Universe
He must have had a plan,
And to the earnest seekers
It's in the heart of man;
Not one man only
But the whole of mankind

And some day in meditation,
God's plan you're sure to find.

MEDITATION.

Close your eyes. Relax completely so that there is no tension anywhere. You will know your own consciousness to be. Be aware. The starting point of thought is "awareness."

BENEDICTION.

Great and Mighty Eternal Spirit, Thou art the Life in every one. We thank Thee for revealing Thyself to us this evening. Thy Omnipotence and Omniscience is omnipresent in every atom in space and in every atom of matter. We recognise Thee within ourselves. In our own consciousness we desire to bring forth Thy perfectness, and some day may we be able to say: "Oh Loving Father, I have revealed Thee to all men."

SO MOTE IT BE.

LECTURE 5

We have already realised that at least 90 per cent of our mental life is subconscious and a very small portion of this great mental world is utilised. The reason for this is that few understand or appreciate the fact that there is a ready, waiting, mental activity which we direct by our consciousness to work for us continuously twenty-four hours of the day.

We have the mechanism that will work for us if we know how to use it. It is the use of this mechanism that brings results and pays dividends.

Our conscious beliefs are most illusionary and erroneous, because we have inherited them from past generations who have, like ourselves, lived in ignorance of the truth of our great inner world. It is not very long ago since the western world took an interest in this great inner mental world of ours and yet today there are many professions that should know a great deal more about this inner world but disregard it almost entirely.

How then can we expect anything if our leaders in the intellectual world, in the professional world, or in the business world, still go on disregarding this wonderful inner world of ours? Are we to further this ignorance in perpetuity or are we going to start now and become aware of this wonderful mental field we have left unexplored?

In fact, most like ourselves have reacted to effects created in error and believe them to be true when all the time they are but the result of our wrong thinking caused by our acceptance of beliefs that are limited and confused. The conditions we are suffering from today, both individually and collectively, are nothing more than the result of wrong thinking. Consequently we reproduce in our world, and in the world around us, the effects of what we think, our thoughts producing their kind.

By the law of attraction we have brought upon ourselves what we now have. The generation to follow will inherit our mistakes and misconceptions unless we now begin to see the truth about life. We are the result of our past thinking, both consciously and subconsciously. Our mental home is built upon the thought-material we entertain.

We have failed to recognise that the great secret of power is the awareness of the Omnipresence of the Omniscient Omnipotence which is the Life within us. The Omnipresence is that which is present everywhere. There is no time or place where it is not present. It is omniscient. It is all wisdom and knowledge there is. It is omnipotence, all power there is.

When we recognise that this exists in ourselves, in the very centre of our being and according to our recognition of it, we will have those attributes. It means practice. It means Divine thinking and it means Divine reasoning. Scientific thinking enables man to realise and recognise that which is not seen. But that which is not seen is reality, while that which is seen is not reality but effect.

This life is consciousness, and consciousness is the cause. This is the power we possess and it remains for us to use it. Consciousness *is* and we recognise that thoughts alone can come from consciousness. Any movement, no matter what it may be, must come from a consciousness of some kind. Even about the movement in minerals, vegetables, and in the animal tissues, there is the power of attraction which is a form of consciousness. The Intelligence that is always expressing itself must have power of attraction to bring form into manifestation. That Intelligence itself knows exactly what to do because it is intelligence itself, but it does not operate until such time as the consciousness directs it, and that consciousness we all have in ourselves is the cause and the originating power of our own thinking.

The Universal Mind which is the Life Principle in every atom has the power within itself to create form. The mechanism of the Mind must be understood before we can use this mighty power for our own benefit. The secret lies in our ability to make connection with the unlimited source of the Divine Mind.

It is said that nature aids the strong in mind and deed. This indicates that we must plan courageously and execute fearlessly. With the knowledge of the source of all power we can determine the course we shall take and secure the best and most desirable things in life; health, success, strength and beauty.

Aspiration and harmonious relations must be maintained; this alone will accomplish results. And when we aspire, knowing the truth of the fact that

nature is strong in mind and deed, she flows in to fulfil for those who think courageously and move into action with faith.

If you are weak and vacillating in your thinking or your acting, then Nature will give you that vacillation. God gives to us just what we are.

The greatest hindrance in life is holding to old fixed ideas which cause perpetual errors, and we are perpetually reproducing those errors by holding on to old fixed ideas that have outworn their usefulness. As we move into a better understanding of life we will discard the old ideas of religion, of limited science, the belief that the earth was flat, the belief that God is a man somewhere in the sky, the idea that God inflicts man with all kinds of disease. For if we still maintain those fixed ideas we will be perpetuating errors in our lives and will burden those who come after with the same errors.

So we see the greatest hindrance in life is holding to old fixed ideas which cause perpetual errors. Infringing on the rights of others, the belief that the security of the self is bound up in the self, these beliefs produce the fear bug that hides in the deep recesses of the soul, eventually producing wrong action or thought, which will reproduce itself in kind. How often have we dwelt on the error that all our security is based upon our own selves, that it surrounds the self? This separates us from our brothers, and limits our achievements. It makes us fearful, it breaks down our health and it sends some to the asylum. It remains for us to eradicate the error through understanding; only then can we co-operate with the Divine Plan that brings true security.

The Universal Mind is impersonal, undisturbed, fearless and intelligent. To possess these qualities we must tune in to this mind and receive what it has to give us. We are the receivers, the Universal Mind is the transmitter. We see then how wonderful this is; and the Silence gives us this tremendous power.

No one realises the amount of power the Silence does give one till the Silence is reached. But that Silence must not be a form of dreaming; it must be a form of complete awakening to the awareness of the Consciousness in our own mind, thus linking up with the Universal Divine Mind and thereby receiving from the Divine Mind what it has to give. Practice is the thing that enables us to be proficient in the art of thinking, living, and acting.

In the world of form where the Spirit of God is individualised in man we must seek the Law of Causation by ourselves, for by no other means can we find it. We eventually find that we ourselves are the Cause of all the effects we produce; hence the necessity of understanding this Law.

Do not be unhappy or miserable in any circumstances in life! God is perfect love, and never turns anyone away nor holds anything against His most disobedient child. Therefore we must forgive others. We cannot expect to be forgiven unless we forgive.

Jesus said unless you forgive your brother your Father will not forgive you. A forgiving heart begets forgiveness.

Therefore we see that the Law of Causation is definite, that we cannot have forgiveness if there is no forgiveness in us. We cannot have strength of expression unless that expression is within us. Unless we *know* that we can do certain things we will not be able to do them. It is like a person who has a hundred pounds in the bank but who nevertheless cannot use the money if he does not know it is there.

Open your soul and your innermost thoughts to God completely; then only the good shall remain.

People fear their own thoughts. They are afraid to think upon the things that are past. We have to face everything that is happening in our lives and if we face them now we will get rid of them quickly and completely. If we are afraid of them we push them further into the recesses of our mind, there waiting to rise up to trouble us when an opportunity offers.

The great and wonderful truth is that you can take everything to the Christ of God and there have it dissolved away into nothingness, so that only the good shall remain. When we examine our fears and phobias and deal with them properly we have destroyed their power over us.

Open yourself to your Real Self, the Christ within. There is no need to hide from yourself. Free yourselves, not by introspection but by discerning your thought-action. Most people do not realise how they think or what their thoughts are.

When the soul is filled with Divine Light there is no room for darkness. The wand of Love can always reach the darkest corner of the soul and illumine the whole Being. This is the Divine state that the world is seeking

seriously today. But it can never find it until such time as Love begins to rise in the hearts of the individuals all over the world.

When one knows oneself one knows humanity. We are all alike unto one another. At heart the worst of us is kind in nature and only needs someone to touch the spring of life within by a loving thought or a loving action to see it burst forth in all its glory. How many poor souls today are in difficulties for the need of just that thought, that thought of love, that loving action that will bring the tenderness of the soul to the surface? When that is done you have done a wonderful thing indeed!

The mind is the substance, and thought is the inherent product of the consciousness within the mind which out-pictures in mind the forms that the thought engenders. But to have all the desirable things in life we must act in accordance with the law of the Universal Mind.

We have learned already that mind is substance with all inherent intelligence. This intelligent substance creates form through the Law of Motion, and the motion in this substance that creates form is thought. Thought is mind in action. The great mind—the Universal Mind—in which we live and move and have our being is endowed with the attributes of the Infinite which must of necessity be omnipresent; that is, it must be present everywhere. It is omniscient; therefore all wisdom there is. This mind will respond to our desires in direct ratio to our purpose and faith.

The purpose must be in accordance with the law of our being, that is, it must be creative and constructive. Our faith must be that faith of which the Master spoke, a power to move mountains, so that the strength of our faith be sufficient to bring our purpose into manifestation.

The Master said: “Thy faith hath made thee whole.” “If thy faith is as much as a mustard seed . . . ,” even then so can you do. But the faith He spoke of was not a talking of faith; it was the action of faith which is the real substance.

It has been proved beyond doubt that the faith that is called awareness is infallible because it is the Universal power and will stand the test of the greatest scientific investigation.

The brain is the organ of the individual mind which is in direct contact with the Universal Mind. Your individual mind is in contact continuously with the Universal Mind. Your individual mind lives in the Universal Mind

and the Universal Mind lives in the individual mind; they are linked together as one, not separate. And by the process of thought we produce from the Universal into the personal or physical.

Think of the wonder of it all: that the Great Designer of the Universe actually enables us to partake of His substance for our own benefit; and, naturally, if it is in accordance with the Divine Plan, think of the possibilities before you! It is so astounding, yet it is all so wonderfully true.

“I do the Will of my Father; the Will of the Father is done in me.”

Every single virtue or principle in the storehouse of nature can be expressed through the individual, provided he will take consideration and think about this wonderful truth, and put himself in line or in tune with the Universal Mind. It is closing ourselves off from this Universal Mind through our unbelief and our doubt that prevents this Universal Mind from expressing itself through the individual. Through the brain-mind knowledge of the Universe can be made personal.

We do not use one thousandth part of our brain-mind capacity; it is still in its embryonic state, yet holds all the potentialities. As the babe has the potentialities of the grown man; so the brain-mind has the potentialities of the God Mind. The moment you see the Master you know that he is Master. The reason why he is master is the fact that he enters into the Universal Mind, reproduces from the Universal Mind what he needs and performs feats which seem to the ordinary mind as miracles, yet it is nothing more than the law of Universal Mind in operation. The Universal Mind is waiting patiently to express itself through its instruments upon earth, you and me.

The brain and nervous system is the channel through which the impulses are conveyed to the body. When an idea is accepted by the mind it causes certain cells in the brain to become active. The brain is the instrument through which physical contact is made, and through the cells in the brain a definite effect is created upon the corresponding part of the body. According to the intensity of the idea or thought, so will the effect be produced.

Your mind interpenetrates your brain and, by the process of thought impulses are created in the cell structure of the brain; these are carried along the nervous system just as a current of electricity is carried along the wire. The area corresponding with the brain area is thus affected.

We see clearly the great truth, that all is mind; the substance called matter is mind in a passive phase, while the mind acting on it is the active phase and changes the tissue structure accordingly. And according to the power of the thought expressed by the consciousness so it shall be unto you. How extraordinary and wonderful this is when you see it clearly and distinctly!

When I wish to speak to you on the subject I link myself into this Universal Intelligence and, as I speak, the words flow continuously until the whole lecture is finished.

It is an extraordinary fact that this Universal Mind will give you what is necessary. Here I stand before you telling you all these wonderful things, things that even the human mind can hardly comprehend. Everyone has the same capacity; everyone has the same power to reproduce; but the law must be fulfilled. The mere act of turning on a switch and having light is proof of the fact that here we have the means to create light. But if you are ignorant of this fact there would be no light and you would remain in darkness. But immediately you become conscious of the means the light will be there. It is the same with the Universal Mind; there is no difference. You must have the same faith of application, the same knowing as at the time you put the switch on.

Consciousness is the director in the life or active principle, actively creating in mind and matter what consciousness is aware of. Neither the mind, brain, nor the nervous system has any power of its own, they are only instruments that convey the messages or out-picture what the consciousness thinks. Now we see clearly that consciousness is Cause.

The action of our thoughts is always creating whether the thought is positive or negative, whatever kind of thought it may be. That is a law you must recognise; and the mere fact of regarding error as a formative force or having power of its own in itself makes it so, relatively to ourselves. Therefore no sooner do we fear error than we begin to create the error we fear. How then should you in any circumstances fear anything in this world when you know that you and the Universal Mind are one? The reason why you have feared in the past is because you did not know and because you considered yourself separate.

To extinguish error you must learn not to fear it; that means to cease recognising it as having any power of its own, and so our salvation comes

from realising that in the Truth there is nothing but good. Error is but an idea of man's mind. God is all good and is the only power. The only thing that prevents man from using this great power is his own limited conception of himself, because he does not see that he is one with the great Universe, a unit in the Cosmic scheme of things.

The Truth is that there is nothing but good. This enables man to rise and stretch forth his hand and take hold of the Tree of Life; and then he lives in the eternal and the eternal lives in him, bringing forth beauty, wisdom and happiness. If the Infinite saw it was good, error must be that which man brings forth himself, in himself and by himself.

Our severe difficulties in life make us cry out loud for relief from our self-created hell; and we will not cry in vain. Spiritual forces will descend on man and lead him out of his desperate position. Then man will realise that within himself is the cause and the cure. Even when he cries out for aid from the physical plane he will find someone waiting to relieve him of his difficulties. We are all in the Father's Mind.

Do not think that the Almighty has left us to ourselves. He has provided all that is necessary for our good and for our complete freedom from all conditions if we will but believe in Him.

The subconscious is familiar with all the details of our physical and mental organism and when we realise the proposed end—that is, to know that the basis of our whole being is founded upon harmony, health and happiness—the Universal Mind, which is one with the subconscious, brings forth the state desired.

The body is the temple of the Living God, the individual I. This Divine part of man is given control and according to the understanding of the Laws operating upon the mechanism so will the results be. Thus the influence of the Mind can be exerted upon any part of the body.

Therefore a perfect understanding of the Laws governing our mental world is the primary factor in Divine Metaphysics, and as our discernment of the Laws expands and improves so will we become more like the Masters whose power and control of Natural forces is universally recognised. The only difference between a Master and the ordinary individual is that one has assumed control through understanding and the other is still ignorant of the fact that he can do so.

So we must begin to look within before we can use this mighty force which, when used aright, will bring us the best and most desirable things in life.

And as man becomes aware of his own Divinity he, from that point, becomes his own creator. The only power of man is the expression from within of the creative power which, in the first place, created man and remains in man.

Some people seem to have the idea that God created man and after He created him left him to himself. Ideas like these have been carried down through the centuries and we have accepted them as true without applying our scientific thought to them. We are now just beginning to throw off these inherited ideas and errors of the past, and by our scientific thinking we are now bringing into our lives the great power of the Infinite Divine Life that forever remains in man.

The creation on the plane of the concrete or material is the effect of the invisible Cause of the inner world. The body is the wisdom of God; the body is the result of the creative power of the Infinite Life within. But we must not believe that malformations, diseases and conditions in the body are the wisdom of God or the effect of the Infinite Mind. Man himself, not knowing the truth of his own being, began to act upon his own initiative, and as he looked outside himself, his misconceptions brought about the conceptions he produced upon his life and body.

Man, by disobeying the law of his own being, is the creator of all the suffering throughout his own world. He is caught up in the effects and he now lives in, and reacts to, a world of illusion created by himself.

The development of the animal man is the spontaneous operation of nature; but the development of the mental and spiritual man can result only from his own recognition of the Law of the self-expression of Spirit as operating in himself.

The fact that you can think independently of your body, the fact that you can also feel yourself independent of your body, the fact that you know that your body is a natural instrument of Nature, is proof that you have a thinking power, a power to think and create; and when you know that your body does not hold you to the flesh or to the conditions in the body, then you are free because you recognise that Spirit, which is your real self, is

independent of time and space and is not subject to these conditions. It is therefore for the setting forth of man's power to use this law that this course has been written; and accordingly the great fact on which we must rivet our attention about man, is that he "is made in the image and likeness of God."

A very little reflection will show us that this likeness cannot be the outward form, for the Universal Spirit in which all things subsist, cannot be limited in shape. It is the principle permeating all things, this innermost Life and Substance and vivifying energy; and of it the Bible tells us that in the beginning there was nothing else; in the beginning there was only God. What a Truth when realised!

Now, the one and only conception we can have of this Universal Life Principle is that of Creative Power, producing infinitely varied expressions of itself, by itself, through thought-expression. Man must develop intelligent co-operation with the Creative Power within himself; then he recognises clearly that he is made in the image and likeness of God: and the mode of action and the mode of expression is "like unto the same"—the power of thought directed by his own consciousness. As the consciousness of God is aware, so things are produced—as the consciousness of man is aware, so also are things produced in his own life.

But before the mind can be of any great value to its possessor a certain amount of concentrative attention is necessary. The development of any faculty is dependent on attention. The possibilities of attention, when properly directed, reveal startling possibilities. The cultivation of attention is the distinguishing characteristic of every successful man or woman.

When we focus the sun's rays through a magnifying glass to a pin-point it will burn a hole through any substance according to the strength of magnification. Should the rays, however, be not focused nothing will result. Man's mind is like the magnifying glass and the concentrated thought is the ray. Conscious attention is the focal power. When we fix our attention on any single purpose for any length of time, provided that the Laws are observed, there is nothing impossible. It is obvious then that we must master the instrument of attention, and now is the time to commence this fascinating experiment which will eventually make your mind keen, powerful and constructive.

I want you to go over the exercises I have given you each week. Every one of these exercises is essential because it brings your mind into a focal point which enables your mind to become keen and powerful. Without this practice you will not be able to manifest things. Carry out each exercise one after the other until you are proficient. If you have carried out my instructions from week to week you will be ready for the following:

Take any object or subject and bestow your attention upon it until you have mastered the art of holding your mind in one direction. Should your mind wander, bring it back until it recognises that you are the master. By this method have all great accomplishments been attained. This exercise is not difficult and it will become tremendously interesting. Further, the results obtained from it will pay rich dividends. You will be able to overcome any obstacle that may appear in your path onward and upward. Practice, practice, is the secret. Nothing worth while has ever been gained without effort, especially when the effort is in the right direction.

To enable you to acquire rigid attention I may tell you of a method that produces good results, a method that I have used on many occasions, and that is, to take any unfamiliar subject or object and concentrate upon it until your attention is able to extract the meaning. It is comparatively easy to direct your attention to a familiar subject or one you are interested in, but a subject that is unfamiliar requires constant effort on your part to keep your mind riveted to it for any length of time. This is the test you must pass before you can say that you have acquired attention.

Practice is the thing you need. As I lead you along step by step, you will realise how marvellously you have progressed. Merely listening to or talking about these things does not give you power; it is the actual doing of them that accomplishes results.

Put your whole heart and soul into the work. Only by so doing can you direct your attention away from negative conditions and apply your thought process to the constructive ones that you wish to make manifest in your life and circumstances.

You want to be able to control your mind, do you not? Yes. Then this work is preparing the ground for your next step. It is with such exercises as these that you will be able to control your mental attitude which is so important in the mastery of life. By these methods ideas will come into the

mind, but the mind must be ready to receive them and act upon them. We call this a successful frame of mind. All great people have learned the art of placing themselves in harmony with the Universal Mind and seeing the unity underlying all things; they thus organise their thinking in accordance with the principles of Divine Thought Action. They are able to change conditions and turn so-called failures into successes. You will be able to change conditions of sickness in the body into perfect health and adverse circumstances into successful achievements.

Successful circumstances, environment and good health are the result of mental and spiritual progress. The Spiritual always comes first; then follows the knowledge which brings that inspiration which leads to action. We perceive our opportunities and only the trained mind is able to take hold of them; and when the trained mind sees that the individual is a channel for the expression of the Universal it knows that the possibilities are inexhaustible. But only the trained mind can take hold of these possibilities and produce them in the personal life. It is up to you.

To absorb the Spirit of Power the inner consciousness must be aware of the unlimited resources of the Universal Mind; then the ordinary consciousness is able to use these resources in the outer realm. We make them our own by individualising them in our lives and circumstances. This can only be done by persisting in the practice of attention under the guidance of Divine Metaphysics.

Because of the ignorance that has accumulated throughout the ages, man has almost extinguished himself. Mental anxiety and disease of mind and body has been brought about by means of man's inhumanity to man through ignorance of Natural Laws. In the past there has been only a partial understanding of the forces of Nature, but as we become more able to grasp and understand the principles of the Universal Laws these miseries suffered by humanity will dissolve away and we will become more and more attuned to the Divine in Nature. This Course will help you to do this if you follow the instructions.

I know that you will enjoy results if you will persevere. You will find how much you have learned, and how different your attitude of mind is towards yourself, your brother and all conditions in life.

“Spring blew trumpets of colour,

Her green ran in my brain;
I saw a blind man groping
Tap-tap with his cane.
I pitied him his blindness,
But can I boast I see?
Perhaps there walks a Spirit
Close by who pities me.
A spirit who sees me tapping
The fine-sensed cane of my mind.
Amidst such unseen glories
I may be worse than blind.”

MEDITATION.

Become consciously aware in this concentrative meditation— where the consciousness becomes aware.

Silence.

BENEDICTION.

Great and Mighty Eternal Spirit, Thou art the Creator of all things and in us we find Thee in Thy mighty power and glory. We know that we are the expression of Thy Divine Life which lives within continuously, expressing its Divine Nature outwardly. We open ourselves to Thee, Almighty One, so that Thy glory and harmony, beauty and strength may be ours in this life now.

SO MOTE IT BE.

LECTURE 6

We have all experienced the result of impressions that we have accumulated in the past and stored away in our subconscious mentality. Our subconscious mentality has been filled with erroneous ideas, images, and fears that have kept us back and prevented us from really living—impressions of fear, worry, anxiety, disease, despondency that give rise to a doubtful mental attitude and then breed failure.

When the dominant idea in the mind is fear, everything works around that dominant idea and brings about a life of impotency. When the dominant idea becomes the truth regarding our oneness with life, then everything moves around that dominant idea and produces itself in our circumstances and life. Negative thought-material, instead of being of any value, brings more and more of its kind into our lives, and we are ever busy trying to patch up our lives without result. The majority of people have allowed this state to exist; it has taken root in the subconscious and is out-picturing itself and thwarting them at every turn. But if we begin now to store up courageous thoughts full of optimism, identifying ourselves with our true state, creating a positive and faithful attitude and refusing to be associated with the prevailing negative thoughts which make us slaves, we need have no anxiety about the future.

We will find that our future is safe because we are making it now, and now is the time: there is not a moment to be lost. We will then be free from the patchwork which is the hallmark of the attitude of mind that creates serfdom. There is no theory or guess-work about these truths. There is nothing secret about them when we begin to understand them; they are so plain that everyone can make use of them.

We must be sure that the right material is put into our minds. This alone is a guard against any negative kind of thinking. A lot of people may understand this intellectually; but then to understand it intellectually is not sufficient; you must have the feeling behind it, and that feeling must be a *knowing*, a knowing so deep that there is always an expression of feeling

rising up within you, a feeling of this tremendous power, through your oneness with the Divine Life.

Intellect is on the surface and is of very little value in and by itself; that is why, though there are today a great many people in this world who have a good education, yet there are many who, having no education at all, have made a greater success of their lives. Perhaps they have not fully understood the truth, but they have struck upon the principle of feeling deeply; and behind their thinking was that strong feeling that impels success. A great many people who have a good education today are merely as it were jogging along, doing nothing worth while to make themselves successful or to bring themselves happiness; they are always thinking negatively, and if they are not thinking negatively they are always living on the surface and indulging in what we call light talk. They talk about the books they have read, the different societies they belong to, and the small things that people of their type do. But remember that deep down in you is the reality, the spice of Life; see that it comes up to the surface, and then your thoughts will be of the substance that makes real people in the world.

When we acquire the right mental state we know that we are heirs to our rich inheritance, the practical power of the Spirit and Mind that can produce for us an abundance of every good thing, health, happiness and a successful life.

It offers us peace, poise, strength and beauty. But to assert our claim we must take possession. We must refuse to accept the heredity of erroneous thinking, a legacy left to us by our forefathers, and we must claim the heredity of our Divine Nature, which is continually urging us to accept our share of the unlimited resources of the Universe which is ready to flow into everyone capable of receiving. And it is this state of receiving that is so essential in one's life.

How does one then receive from the Omnipotent? By recognising the Omnipotent and opening oneself to this tremendous power and wisdom.

The doorway is the consciousness. The consciousness must become aware of itself to know that it is the individualised consciousness of the Infinite Mind and that there is no separation. From the Divine Consciousness flows the inexhaustible resources of the Almighty into the human consciousness which is aware of its own source. To keep these doors

open is the great secret of power, and these doors are kept open by a recognition of a feeling that you are united and not separate.

There are times when perhaps this feeling of consciousness will be receding and certain conditions of fear or unhappiness come into your life; but it should not be very long before you begin to reassert yourself and you then find that these negative thoughts that enter your mind no longer affect you. The dominant attitude will eventually be that you are completely aware of standing apart from all conditions; standing so apart that these conditions cannot enter your life again.

A little boy, very nervous, was brought to me the other day. He was affected by everything that was said or done to him. I said to him: "Look, sonny, have you ever seen a duck? Have you ever seen how the water runs off the duck's back?" He said: "Yes." I said: "That is what is going to happen to you. Whenever anybody says anything to you, you think of the duck and let it run off your back like water off the duck." And now he does not take any notice of anything anybody says. At his age he knew that the life in him was God living in him; he and God were one, Now if a little boy can claim his own inheritance, surely you can too.

Divine Metaphysics guides us into the right channels and enables us to obtain the bounties that are awaiting us. This source of all life, power and substance, is within ourselves, "made in the image and likeness of God." By this understanding only can we build a solid foundation. Those who have this foundation will build the real things of life. We will discover that we possess hidden power and abilities that will lift us far beyond the ordinary mortal who lives in perpetual fear and doubt. Never again will we be timid, weak and stupid, living in consciousness of error, and expressing that error. These words have a tremendous significance, and it is necessary for you to be aware of them to such an extent that you will feel their potency.

When you have a consciousness of error you are afraid of this and afraid of that. You believe in the negative conditions, you believe in sickness and in inferiority, you believe that you are not the equal of other individuals in the world. These beliefs are errors; they become dominant factors in the subconscious and are continually out-pictured in your life; nor do you have to strut around like a peacock to make people believe what you are not; that is just as much inferiority as the attitude of one who tries to hide himself.

We will realise that we are bound to the Omnipotence by our Divine birth, and must begin to use our inheritance at once. We must know that there is an Infinite supply and that we are the channels through which it flows. We must enter into our inheritance at once; tomorrow never comes. We must keep the supply moving and by so doing we gain more and more for ourselves.

If the body becomes moribund, accumulating waste, it dies; so does the mind die or become insane if it becomes bound by negative conditions. The individual becomes affected by this moribund material to which he is reacting all the time. You, as students of Divine Metaphysics, will no longer react to these conditions in this life nor will you react to the mental strata inherited from the past. You will create in the inner realm that which you want to see on the external. Spirit is all there is. There is nothing else but Spirit.

Jesus said: “As Moses raised up the serpent in the wilderness so must the Son of Man be lifted up.” This means that the individualised Spirit in man *must* be recognised by this recognition the Son of Man will see that he *is* the Son of God; thus he will be raised up.

Man is, further, warned that by eating of the fruit of the Tree of Good and Evil he will die in his sin. Here again is the great Truth revealed to man that he must see the Divine in his nature—that nature in him that knows neither good nor evil—for these are relative terms belonging to man’s conception of things.

The Divine Nature expresses itself according to the nature, which is perfection; but when man does not see his Divine Nature he creates in himself what he thinks. Jesus, again, says in effect that man must take hold of the Tree of Life, the true Life that is within him, and this will be as a Spring of Living Water rising up to Eternal Life. By so doing the Law is fulfilled, because man will then become one with this Life that is eternal; and as he grows into the supreme knowledge of the Truth so he will see that *he* must also be eternal.

When we further examine the allegory of the Bible we see that the Garden of Eden represents the soul where these two trees are growing; the one is the Tree of Life, the true nature of things, and the other is the Tree of Knowledge of Good and Evil. The latter belongs to man’s intellect and the

former belongs to God. The one what man *thinks* it is, but the Tree of Life is that which *knows* what it is.

So it is that man then takes hold of the Tree of Life and that, to him, will be the Spring of Living Water rising up to Eternal Life; therefore he does not see good or evil, because he knows that they are relative terms. He acts in accordance with the wisdom that is within him and out-pictures this wisdom in his life. He becomes a living example of the Divine Nature that is within him.

Adam and Eve are not separate persons but the two principles of the human individuality which are so closely united as to be represented as a wedded pair. These two principles are the inner and the outer, the soul and body. As the body has no existence outside the soul or life that is in it, it must of necessity out-picture what the soul feels and sees. The soul is the individual expression, where that individual expression—not knowing itself completely—is liable to out-picture error. The soul of man is that instrument of the Spirit that moves on all the different planes of existence. Yet a person can leave the physical earth and be just as ignorant after he leaves as when he was in it. Five minutes after he is dead he is just the same as five minutes before he was dead.

The only Truth in us is the recognition of this Divine Principle that enables us to think positively, knowing exactly what it will do and, by a form of instinctive and intuitive nature, the Spirit itself guides us in everything we do. There is no wondering why I did this or should I have done that; there is complete movement, always outwardly, knowing that every move that is made is the right one.

So, as the body has no existence outside the soul or the life that is in it, it must of necessity out-picture what the soul feels and sees. Therefore Eve is the soul and Adam is the body; as Eve is deceived so is this deception out-pictured in the body as a natural sequence of the Law inherent in man himself. The whole story is allegory, and unless you know the Truth you cannot understand it.

Since the soul is the builder of the body the deception which causes wrong thinking on the part of the intellectual man reproduces itself in the physical imperfection and in extremely adverse circumstances.

Here we see the explanation that the soul must recognise the Tree of Life, so that this same Divine Life in which God made man in His own image and likeness shall be produced in the outer. This is also confirmed by the Master's words to Nicodemus. Nicodemus had asked when the desirable state would come about when man would be born of the Spirit, and Jesus replied: "When the inner becomes the outer and the outer becomes the inner." "What man thinketh in his heart, so is he."

How absolutely clear and distinct is this teaching, and yet how few people comprehend it. All our religious life today is built upon the intellect, that element which creates images and believes them to be true. Thus man falls into sickness and limitation.

The Divine man does not create images, contrary to the Divine image. He knows himself to *be*, and from this knowledge of himself he works from within outwards, knowing the nature of his inner self, that the nature of his inner self is essentially Divine, producing it in the outer. The world today is ruled by the intellect and not until the true light of the Spirit is revealed to man's own consciousness can there be any peace on earth or harmony in soul and body.

This peace and harmony must come first into the soul of man, when man is once more like that image and likeness which he really is in the mind of God; then he will not be at variance with his brother. This is the only solution to all the misery in the world today.

But who teaches this extraordinary and wonderful Truth, this Divine Metaphysics that enables man to understand himself, that enables him to cast from himself all error, belief in sickness, belief in poverty and belief in misery? It is decidedly not the Church! Man could be free tomorrow if only 50 per cent would recognise this Truth. This is the only solution to all our misery—misery caused by sickness, want and persecution through lack of true wisdom.

We persecute our brothers, we kill them, we destroy them, and after that we judge them and we crucify them. We call for more and more sacrifices, we nail the Christ to the Cross daily, and we allow our leaders, who are even more blind than ourselves, to heap more misery upon us. Has there not been enough misery in the world already by the crucifixion of Christ in the

hearts of every man and woman, by our hearsay and actions of selfishness, individually and collectively?

We are all fighting over the things of the world, and yet the world belongs to no one. How wonderful it is when we see everything clearly in its true nature. When we see things clearly through wisdom's eyes we change entirely. Wisdom came to the world two thousand years ago; wisdom was crucified, and is still being crucified today.

Yes, we are all fighting over the things of the world, yet the world belongs to no one. We form monopolies to corner and control all the commodities of life; we then stand behind these groups to form a government to protect them and an army to fight for them and a religion to preach and pray for them. I sometimes wonder whether there is a sane person amongst us.

The church has failed utterly. It is no longer the voice of God, but the voice of our political, social and economic system aiding and abetting their evils instead of exposing them and leading us into the true light. It is utterly impossible to extricate ourselves out of the morass by means of peace treaties or by patching our old worn-out systems based on ignorance of the Truth, which is evident to any sane person who can think. We are getting deeper and deeper into the mire and no one seems to know the way out.

The cry must again go out: "As Moses lifted up the serpent in the wilderness so must the Son of Man be lifted up." This is the only way that man can free himself individually and collectively from all the misery and sickness and want, and gain that perfect state of health and happiness which is represented as "the promised land flowing with milk and honey and all the bounties of God waiting for sons and daughters to partake thereof! Come to the feast!" That is the story. We must look up and there see the real man with our Spiritual senses, our intuitive faculties and clear sight through which wisdom makes its truths known. It is our response to this wisdom that makes us truly intelligent.

When we recognise our true identity we become scientific and, by the help of Divine Wisdom, help to banish all errors from ourselves and the world. Therefore it is just as important for us to know our errors as to know ourselves.

We find people trying to lead the individual while they are still wearing blinkers themselves, oblivious to their own errors, and focusing their attention on the effects of these errors, with the result that these errors are being harboured in their souls and repeatedly expressed.

We must see clearly the Divine Mind and the carnal mind. We must become aware of the errors so that we can correct them with Truth; then they will no longer exist in our lives. These errors will pass away, leaving no trace.

So it is just as important to know our errors as to know ourselves; we will then see that which is real and that which is not real. We are what we think we are. If we think we are subject to sickness, limitation and want, then these things will be ours because of our belief in them. But if we know that we are not subject to these things, then reality will take their place, and this should be the dominant idea in our mind. Then every other thought would have to agree with the dominant idea, then error would not be accepted.

We would thus attract the real things of life. According to the attraction of the central idea, so would we attract things appertaining to it. If the dominant idea in our mind was doubt, fear, sickness, want and misery then we would attract all these things to us and our lives would be the out-picturing of the things attracted to the dominant idea in our mind.

Remember then the dominant idea; hold fast to it; think about it just as the little boy thought of the water running off the duck's back. Hold the dominant idea in your mind and it will attract everything according to its own vibration.

The more we enquire into what we really are, the more we will find out what we are not. And when we come to know what we are not, we will see that disease, misery, chaos, and lack, are of our own making and that the real man has no part in it.

We will recognise that the cause is in ourselves. We will see that we have developed an image of our own creation through ignorance of true wisdom; that image, that man is a creature subject to birth, life and death, subject to all evils including disease and because of this he has almost blotted himself out. This is not the real man but an image, a shadow and a damn bad one at that.

It is only by a simple word like “damn” that you will be made to understand.

Yes, you are the creator of error, and that error is developed and out-pictured. We know to our cost when error or ignorance directs, all goes wrong, and when wisdom directs all goes right. We are seeing it in our peace conference and our various organisations. We see it not only in our country here but all over the world in the present day. We see ignorance and error directing; we see everything going wrong. But when wisdom directs all will go right, and—remember—this wisdom is in ourselves.

Divine Metaphysics reveals the truth of our being, one with the Eternal Good.

Our thoughts originate in the consciousness, and if the consciousness is ignorant of its true nature the source of error is then created; but when the consciousness becomes aware of itself and its true nature it produces thoughts in accordance with the wisdom of Truth.

So I want you to think. Take a few minutes every night, and think about your consciousness; feel you are conscious and you will know that from your consciousness flows all your thinking. It is the originator of your thinking. If your consciousness does not know its own source it will become conscious of error, and you will find that your thoughts will express the error. But when your consciousness is aware of its true source you will begin to think thoughts of wisdom.

I can assure you that it is the most amazing experience you can have in your life. Try it out and see. Your thoughts actually change, and when we think through wisdom and truth we are no longer bound by our self-imposed slavery; we are free.

The glorious freedom that Truth reveals to us is that we are made in the image and likeness of God. It remains for us to partake of our Divine Inheritance, “with dominion over all things,”

Man’s spiritual understanding enables him to control everything beneath him, but man must first master himself through Love and Understanding, and becoming aware of his Spiritual state while living in the flesh.

The great and mighty truth is this: that as your consciousness becomes aware of its true source, linked-in with the great Infinite Consciousness that

is behind all Creation, there comes a time in your life when you feel all things are possible.

Doubt comes into your mind from the intellect, through your reactions to things external to the self, where consciousness is aware only through the senses.

Do you not see how essential it is that you should become aware of your consciousness in God, to realise that your consciousness is the externalisation of that consciousness that first created all things and exists in its own creations, and man is made in the image and likeness of God who created all things, revealing man's true nature. It is this same awareness of consciousness that made all the masters in the past, all the great saviours and sages that existed through all time. Men who performed so-called miracles are no different from any others except that they have the recognition of their true nature.

We saw both Jesus and the Christ, and so you must see your own name and see the Christ too. Then you will see the outer and you will see the inner. When the natural man speaks it is mortal, but when the Christ speaks it is Spiritual.

When ignorant of the Divine Law of Creation, man does not see beyond secondary causes, and because of his own creative power he creates thoughts that are ever externalising conditions representative of his conceptions; so he becomes more and more involved in the network of conditions from which he finds no escape. Because he is ignorant of the true law of his creative power or causation he never suspects the real facts that the originating power of all this inharmony is in himself.

The more we dwell on evil and fear the evil we ourselves create, the more is produced and this means death. Immediately we become fearful we create those conditions in our own lives that we fear, and we become involved more and more in that which we fear. Not until such time as we recognise that we ourselves are the creators of this fear and the conditions that are represented in our circumstances and in our lives will we be free.

I had a peculiar case the other day of a young man suffering great mental strain. He had tried to overcome his difficulties by affirmations; and he had gone into Christian Science, Yogi, etc., but seemed to be getting deeper and deeper into the mire. He came to me in a dreadful state. I could see he was

just ready for a real breakdown or an insane asylum, but immediately I showed him the great secret, that all the time he was delving into these books he never realised that he was the creator of his own thinking, the creator of the dominant idea in his mind. So as to the trouble that he had, and everything he thought about and read about, whether it was Christian Science or Yogi, it all formed round the dominant idea regarding his fear; everything he thought and read surrounded it and he was bound. Every thought was turned towards his negative condition.

So I began to show him clearly by unfolding his mind. He looked at me with wide open eyes and said: "I have never seen it like that before." He then felt free.

I told him not to worry any more, and not to read any more books in the meantime, but just to hold on to the dominant idea, recognising the Truth. I showed him how his mind worked, how error was produced, how real man had no part in it. As I showed him clearly that matter was just mind materialised, and that his thoughts were the materialising medium, his mind became clear. In five minutes he was well. That is Divine Metaphysics, showing you the way out of error. Most people are confused with the various ideas, this religion and that religion, this sect and that sect.

Yes, the more we dwell on the evil and fear the evil we ourselves create, the more is produced, and this means death. Anyone can see now that this is the stupid intellect at work. As the intellect is very much limited in man, he is unable to grasp the great truth, so he out-pictures the error in thought.

It is evident that the more we dwell on the conditions we ourselves create, the more powerful they appear, to oppose us, and the more we try to eliminate them without this truth the more they will establish themselves in us because they become more dominant. The dominant idea is generally error and not truth.

If I want to get away from a wall I do not push it away from me: I just move away from it.

Conditions have no power of their own; then do not push at them, for the more you push the stronger they get. But immediately you turn in the opposite direction, knowing that they have no power of their own, you move in the right direction and you are free.

We must look to the Christ within, and the Christ as the example to bring forth our true nature. If we fail to do this there is a feeling of internal poverty. We try to cover up this internal poverty through seeking position, clinging to society and desiring things, only to find ourselves deeper in the vicious circle, and then there is no harmony within or without.

When the Christ is established within, there is no internal poverty, no feeling of weakness, no feeling of inferiority, no feeling of want, no suggestion of a vacuum that you cannot fill

We seek to cover up this internal poverty by seeking things from the outside and we find ourselves more and more in the vicious circle. Do you not see now how this vicious, vicious circle is created?

When man recognises Christ in himself, then, through the centre of his own being, flows the Divine Life, and as the Father has life in Himself so He grants the son to have life in Himself. That is how the Son of God can say: "I and the Father are one."

Also we see the son of man and the Son of God—one is the inner and the other is the outer. The Son of God is the inner man and the son of man is the outer, and that is why the son of man must be lifted up so that he will recognise his true being and know that he is the Son of God. And if you know that you are the Son of God then you inherit from your Father all that is His. Is there any other source? You live and move and have your being in God; you cannot exist outside Him.

When harmony is established in oneself through understanding it attracts harmony, health and happiness. When you know the Truth of the indwelling Spirit of Power "Thy sins are forgiven thee, now arise and walk." Thus the cause has been removed and the effect must disappear too. The Cause has always been the belief in sickness, disease and in all those things that make man a slave. If anyone can completely understand this now, in the innermost part of his soul, completely, without any doubt whatsoever, these conditions will fall away.

So we see then that the effect disappears too; yet medical science today in treating effects is only intensifying the suffering of humanity. We must eliminate the Cause. For if we live in the world of effects trying to eliminate them it means only death to both soul and body. We add to the effects by the

power of our own creative thought through the belief that the conditions or effects are real.

It is really extraordinary to see so many people in this world today weighed down by the effects of the name of a disease which is given to them by the medical people. I am not decrying medicine, but showing you the fallacy of its mode of action.

If you had no trouble you would soon have had one given by the identity of a name and you would have gone about quite pleased with the name. All your friends would have begun to know about it, as you trotted it around; they would have begun to believe in it too, and so it would have increased in size until eventually you would have come to the conclusion that it was better to get rid of it.

But that is not so easy; for it is established in the mind. Not until the enlightened mind comes along to show you how it originated, that it was the state of mind at one time, and as it gathered together the fluids of the body it formed the idea in matter. When you see that matter is but mind materialised, that you materialised this condition in your body and by bestowing your attention upon it you realised that the only power it has is the power you give it. If you withdraw the power you gave it, it has no power of its own and will dissolve away into nothingness.

We give disease power by our own creative faculty until eventually it becomes so great that we cannot move it. We virtually destroy ourselves, assisted by a system of medicine that knows nothing about the real healing power of life. Only by discerning our thought-action and realising the truth about ourselves can we be freed from all these conditions and limitations. When we succeed in correcting the error the fluids in the system change and establish truth or health. The Truth is the cure for all cases. Disease is but a name for the disturbance of the fluids or mind; the mind or fluids are calmed by the Divine Truth. Herein lies the great and wonderful power of the Truth that sets you free.

Now just think on this: your real state is Divine. When the fluids are calmed and the mind is calm, the real state asserts itself. When the fluids or mind are disturbed then we call it disease. I cannot put it in plainer language, and the fewer words I use the better. Just think what these few words mean to you. Read them again.

You make your own prison house
With the human mind.
You're judge, jury
And gaoler you'll find.

You can free yourself
If you'll only try,
By raising your consciousness
From Low to High.

So we find we are our own gaoler, we are our own judge and we make our prison-house with our human mind. And we can free ourselves if we will only try by raising our consciousness from low to high.

MEDITATION.

Relax the whole body and mind and come into a better understanding of the Truth that sets you free. As we recognise this Truth we find that our minds become calm and peaceful and all error dissolves away.

Silence for 7 minutes.

SO MOTE IT BE.

LECTURE 7

ALL is Mind—Matter is mind materialised.

The full import of this statement will not dawn upon you all at once; it needs time for contemplation.

Sometimes it is difficult for the student to comprehend this wonderful truth, but it must become a mental fact to the student because it is the Truth and Truth eliminates error. When we have error in our minds it reproduces itself. When we have Truth in our minds it eliminates error. So you must contemplate the great Truth that all is mind, and matter is mind materialised.

Man has split the atom and used electronic energy. He has measured the distance of the planets and is on his way now to visiting the nearest of them to the earth. Yet the greatest knowledge has not yet been tapped.

How is mind materialised? Mind is materialised through the power of thought.

Where does thought originate? Thought originates in the consciousness.

The next question is: Where does consciousness originate? Consciousness originates in the Divine Mind. It is the moving factor in the Divine Mind just as it is the moving factor in man's mind.

These are tremendous and important statements, and I know that when they are completely and properly comprehended they will give the student a new lease of life. He will begin to understand not only his own thinking but also the reason behind those things surrounding him. Therefore these statements require time for contemplation before the full import of the meaning takes root in your mind. It must be built up in the mind to become the dominant idea. If the dominant idea in your mind becomes the Truth, then you will find that adverse conditions will disappear from you altogether, because the dominant idea is always the orbit round which everything must move.

Just as the planets revolve round the sun, so do all thoughts revolve round the dominant idea, when the mind is organised according to the Law

of Truth of the indwelling life. To identify yourself with that life is to get into the stream of Cosmic Life. It is the expression of the Infinite Love, Wisdom and Power that creates the perfect state in man. When mankind realises this the whole world will change.

The perfect state can never cease, for it is our foundation, our salvation. When we make it a reality in our life, here on earth, then we will be in heaven, because heaven is a state of consciousness, and hell is also a state of consciousness where man is reacting to his own negative conditions. He makes a hell of his own life, in his own mind, by reacting to his own adverse conditions and thoughts. So you see it is vital that we have the dominant idea of Truth and around that dominant idea build that which will out-picture and plan our life.

The source of our being is God, and once we become aware then we know who our Father is. We become aware of the great Inner Light, for there is no darkness in the Divine Light that shineth in man. Man lighteth his own consciousness by the awareness of his God-Consciousness or Christ-Consciousness. His own consciousness becomes lit because he recognises his own God-consciousness, the supreme factor in him. Man's personal consciousness is just an outer expression of the inner consciousness, where the personality seems separate and surrounded with things, reacting to conditions and circumstances that may be good and bad. But Man's Divine Consciousness does not know or react to any of these conditions, because it is not subject to them. When man begins to look inward he finds this Divine Consciousness, and when that conscious state is established the other passes away and dissolves into nothingness because it has no power of its own.

Man himself can, for the time being, by his own thought create his own prison walls. According to his own concepts so is he limited. Even man's created concept of himself is a limitation.

It is not *what* it is but *that* it is. Most people make an image of the Divine and put Him so far away that they can never reach Him. By putting the Divine outside ourselves we will never reach Him, we will always be looking for God away in the distance, when in reality He is exactly here now within.

It is the recognition of the Divine in man's own consciousness that makes God a reality in man's life. When once God begins to work that work never ceases but goes on expanding into more and more radiant forms of beauty, because it is the expression of the Infinite which is in itself Love, Wisdom and Power—Eternal, Spaceless, Deathless and Birthless—a never-ending expansion within man himself. This is the glorious truth, and it is not an imaginary thing; it is actually eternally true!

These days of Creation are still in their prime, and the germ of the New Heaven and the New Earth, which the Bible promises, are already maturing in the heavens and the earth; they are now only awaiting—as St. Paul says—for the manifestation of the Sons of God to follow up the principle of evolution to still further expansion into the glory that shall be revealed. Man's true spiritual evolution commences when he realises the Truth of his own being, first in the individual, then in the race.

So we see how the whole scheme of things is worked out so perfectly now, by the Great Architect of the Universe.

Man's fears are all formed from his lack of understanding of the materialised world that surrounds him. We must listen less to what others have to say about the phenomena of the world and ponder more over the Power behind the phenomena; this Power brings us nearer to that indwelling life and presence of God-Divine-Mind, the cause of all perfect objective phenomena.

The Cause of all form is greater than all form. The indwelling life-intelligence is the Power behind all things, seen or unseen, so that every time you think of the indwelling life identify yourself with it and see the body as the inter-expression of it; thus there is a wholeness created, a healing, that makes itself known to you through the release of the Spiritual energies from within.

Immediately one begins to recognise this wonderful truth of the indwelling life, the Spiritual energies begin to work from within outwardly and express themselves in the body, because the body is but the wisdom of the Living God; but conditions *in* the body are created by man himself through not knowing or understanding the true law. He misinterprets what he sees, and because he reacts to the conditions external to himself in a

negative way he creates thoughts which coincide with what he believes, and therefore his beliefs lead him into darkness.

The Cosmic wholeness which occupies every atom in space is placed in your hands to use. I use the words “Cosmic Wholeness” and want you to ponder over these words: *the Cosmic wholeness which occupies every atom in space is placed in your hands to use*. You therefore achieve the power to be, the power to be healthy, that complete joy and ever-increasing abundance to meet all your needs.

All is mind, and within this mind is all matter and form. Form is but the materialisation of mind; therefore, within is the power of materialisation, and that power is thought. Thought originates in the consciousness. The consciousness originates in the Divine Mind and is the moving factor in Divine Mind, as it is the moving factor in the human mind. But, to be able to think correctly in accordance with the Divine Mind, we must make it the central idea around which everything will move. Hence all negative thoughts can have no place. This consciousness separates us from this world of sin and death and *brings life and immortality to light in this life*. Man’s world alone is the world of the senses and man created it. God’s world is not the world of the senses. Jesus made this plain when He was asked the question what is the first commandment of all, Jesus answered: “The first commandment is ‘Hear, Oh Israel, the Lord our God is one Lord.’” Here He admits of a Supreme Power only—one only—and says: “Thou shalt love the Lord thy God with all thy heart and thy neighbour as thyself.”

There is One only and none other than He, and to love Him with all your heart and soul is infinitely more than all offerings and sacrifices.

The offering of prayers year after year has never taken the sense of error from the world. If the teachings of Jesus had not been misconstrued this present world would have been rid of the thousands of errors it now has. Good prayers are our acts and false prayers are our words, and by their fruits ye shall know them.”

Prayer is where the word that is expressed must have a profound meaning and feeling behind it. The word is not on the surface or the tip of the tongue. The old saying is: “What is in my tongue is in my lung,” meaning

what is on the tongue is in the heart, and unless it is so then your prayers mean nothing.

“It is not all those who say, ‘Lord, Lord,’ shall enter into the Kingdom of Heaven” or the kingdom of true thought-action. It is not those who say “I understand it,” but those who practise it, so that the world will be wiser for the knowledge. It is easier for a camel to pass through the eye of a needle than for one who is learned in this world’s knowledge (effects only) to embrace the truth of the Christ.

The great truth we must see is that thought will lead to action, action will develop methods, and methods will develop conditions and circumstances, and finally materialisation. Unless we can see that clearly, we are lost in a host of images that mean nothing, we are surrounded by images and ideas and cannot see our way out. There is no clear thinking, but there is plenty of confusion. Confusion in your mind means confusion in your circumstances. When the individual sees clearly and knows exactly what to do, he has a clear line of action. Everything moves according to plan. But if you are confused in your thoughts so will your methods, actions and materialisation be confused.

Divine Metaphysics is a system that enables you to see clearly, to understand and think fearlessly and move courageously in a world of shadows. There is nothing to hinder you when you know that all is mind, that matter is mind materialised, that thought is the power that materialises it, and that this thought originates in the consciousness. The consciousness originates in Divine Mind and is the moving factor in the human mind as well as it is the moving factor in Divine Mind. Universes and planets are planned by the Great Divine Architect of the Universe, so the same mode of action in operation in the Divine Mind is the same in operation in man’s mind, the only difference being in degree.

Starting from the beginning we know there is but One Who is God and there is none other beside Him. There is no other being, no other force. There is One Being and this Being is your being. It must be, it cannot be anything else. If there is one Being you must also be a being in that Being; therefore that Being must be in you and you must be in that Being.

You cannot call the Infinite good in the sense that there is evil, because the Infinite knows no evil. Good and evil are relative terms. Good and evil

cannot exist as opposing each other; the one is, the other is not.

There is no such thing as a negative power in the sense of a power which is not the one all-originating power. The negative power we are aware of does not oppose this all-originating power but is the complement of it, just as the north pole and the south pole oppose each other to create attraction. The one force that creates them both is electric and it is the same in the atom; the electron is but the product of the proton.

Similarly, life is but electricity in a higher form. All energy is the same mode of manifestation of the One; it is always making something, and in so doing it may unmake something else. What we know as negative force is the operation of the Cosmical Law of Transition from one form to another. When man knows and understands the law in operation he sees that within himself is the same law in operation.

Immediately the Divine Life comes into operation in your being it begins to tear down to build up new and perfect conditions. The old must disappear before the new can be built up. That is why when a person is being healed, there is sometimes a strong reaction where Divine Life is breaking down the old rubbish to eliminate it out of the body in order to build the basis for a new structure. One has really to understand and endure under these circumstances with faith. But when you succumb and imagine that these conditions are negative and evil you immediately create evil and you resist the good. Then try to understand the good and the action of the Spirit, and then you will find there is complete expression; all these conditions eventually dissolve away and you become stronger and stronger every day.

The Universe was thought into shape before it became a material fact and if we are willing to follow along the lines of the Great Architect of the Universe we will find our thoughts taking form just as the Universe took concrete shape. It is the same mind working through the individual, for there is no difference in kind or quality, the only difference being in degree.

All is mind and material matter is mind materialised; constructive thought-action forms mind substance into form and materialises it.

Thoughts that are sustained by emotion have more behind them than thoughts that are insipid. One who knows the art of thinking can manifest thoughts, while those who do not know the art manifest but little. The manifestation of thought is most powerful when you become aware of the

source of your thinking. Recognition of the fact that the consciousness is the originator of the thought and that consciousness is the Divine Life, the Power of the Divine Mind individualised in man's mind, then your thoughts become a power. With this understanding you are thrilled with the thought and the very moment you express that thought, so shall it be.

Most people are unaware that they are thinking; they are controlled by the emotion of fear, anger, jealousy and have lost control of their thinking. The fact is that thoughts engendered in these circumstances are very often manifested; their manifestation causes more fear, and as attention is bestowed upon them they are intensified. The clearness of this statement should show you its true meaning and every endeavour should be made to guard against this condition.

We must become aware of the Truth of our own creative power and experience the joy, the extraordinary and magnificent joy, of the understanding that our consciousness is the ruling factor, and the point through which we think is the same point through which the Divine Mind thinks in us. If we can but see the importance of this, it will enable us to think correctly. There will be no more weakness and no more insipid thinking; there will be a thinking that is in accordance with the truth that will bring the materialisation of the Divine Mind into material things.

But when our thoughts are engendered through negative emotions and our attention is bestowed upon them they are intensified, and this is the cause of most illness and failure in life. That is why I am drawing your attention to these great facts, so that—through understanding—you will at least make some effort to correct your thinking. We ourselves create the world from which our future will emerge. We can make it grand and beautiful or we can make it the opposite and reduce ourselves to impotence in the midst of plenty.

You see now the whole story: that thinking is behind everything. But to say that thinking is behind everything is not all. If man thinks deeply about it he will begin to understand something of the Mighty Truth within himself: that he is made in the image and likeness of God. But not until it is brought to your notice in such a way as to make you aware of it, will you realise the importance of this. The fact is that we are not limited, and no one can place any limitation upon us except ourselves.

Throughout the ages man has had a belief in an invisible power. Yet this belief was vague and inaccurate, with the result that his life was out-pictured just as he thought. But as we gain a true knowledge of this great Creative Power behind all things we begin to personalise this power we call God, which is the essence of Spirit, that permeates all things and is the foundation of all things.

This substance is inexhaustible and is linked to the subconscious. By understanding the law of thought-action we make it personal or visible in our own lives in the physical plane. The visible is represented by the brain, the nervous system and the body; the invisible, the impersonal, the spiritual supports the visible and gives it life just as electricity gives power to light.

The personal consciousness is the personal entity and the Spiritual is the impersonal. The impersonal gives birth to the personal; it is the same kind and quality except that one is omnipotent and impersonal and is expressed in everyone, and the personal is the expression in the individual. When the individual becomes aware of the impersonal he links himself with the impersonal and he can say: "I and the Father are one."

The personal consciousness that can be aware of this connection can say with conviction: "I and the Father are one." What a tremendous and mighty truth this is, when comprehended in its full light! To see it only as a shadow or on the surface means nothing. Anyone who has done any good in this world has thought deeply, has reached to the depths of his own being and there extracted from it the essence of everything and then manifested it by the power of his own thought. I am not telling you something that cannot be done; I am telling you something that I am doing every day. You have seen with your own eyes people suffering from so-called incurable diseases, healed daily, and adverse circumstances in the lives of others removed, *and this is within your own reach*. What I can do you can do if you will but believe.

The facts are: Man is made in the image and likeness of God, reproducing in individuality the same universal mind-consciousness that is the origin of all things, and thus reproducing also its creative process of thought. And because man is ignorant of this Truth he brings upon himself his troubles and limitations.

I will read that again, because I know that I have put into one or two sentences a mighty truth requiring contemplation. Man is made in the image and likeness of God, reproducing in individuality the same universal mind-consciousness that is the origin of all things and thus reproducing also its creative process of thought. And because man is ignorant of this Truth he brings upon himself all sorts of troubles and limitations.

So we are led, step by step, out of this ignorance; and into this knowledge we are also led step by step. This gradual unfoldment is a process of growth, first in the individual, then in the race; and this growth is founded upon the law inherent in man himself, which always acts uniformly, making no exception in favour of anyone. It does this positively as well as negatively. As a man soweth, so does he reap.

These are truths, as you know; you understand them and you believe them too, which is much more. Now act upon them—that is the important thing. It is the acting that counts.

“Whoever of you is defective in wisdom, let him ask God who gives to all men without question or reproach, and the gift will be his. Only, let him ask in faith, with never a doubt; for the doubtful man is like the surge of the sea whirled and swayed by the wind; that man need not imagine he will get anything from the Lord, double-minded creature that he is, wavering at every turn.”

Are there any words that could give better expression to the meaning behind them? I do not know of any other such words; that is why I repeat them. They have sounded throughout the ages; those who really understood them have taken them to heart and worked on them. Those who did not understand them read them but passed them by and suffered the consequences.

Now, our ignorance of the law will not exempt us from its operation, no matter whether we ignorantly obey the law or ignorantly disobey it.

The law of our being acts just as positively as it does negatively, according to man's thinking and acting; so that according to man's own creation he reaps what he sows. This Law does not take into consideration what kind of individual is acting upon it. It does not make any exception, whether a person be a saint or a sinner, a Jew or a Gentile, king or tramp; for these are but illusions in the world of shadows. The law brings about

just what the man himself creates. If he understands the Law the Law will operate for him. But to enable the Law to operate, one must become the Law.

The plain meaning is: Be true to yourself and you will be true to others. God gives because man asks and knows the law of how to receive. When one knows this law one proceeds along the path humbly yet positive, kindly yet just, and true to oneself.

“To thine own self be true and it must follow, as the night the day, thou canst not then be false to any man.”

The Law is the Law and it does not alter to suit the convenience of any individual. The law is immovable, unchangeable. You become the Law when you know the Law and work with the Law. Astounding, yet true, if you could only comprehend it! In fact when you leave this room tonight you will probably have forgotten about 99 per cent of it. But if you can hold a modicum of it, just a grain of it . . . ! As the Master said in effect, if your faith be as much as a grain of mustard seed it will grow; and if you believe in this and have faith in it, verily I tell you it will grow and grow in your lives.

When we recognise the connection between the conscious—the personal—and the impersonal, the individual and the Universal—because one is out-picturing the other—they are not separate but linked together as one whole. The personal consciousness has the will to choose and can exercise any method it thinks best to solve its difficulties. The impersonal, being the origin of all power, has infinite resources at its command and can bring about results by methods that the individual consciousness cannot even conceive. We can either rely on our limited personal consciousness or we can use the only scientific method that can bring about real results, that method of uniting with the subconscious, omnipotent and impersonal by consciously using this omnipotent power in our daily lives. To be able to do this we must become aware of the fact that the personal is the out-picturing of the impersonal, that the individual is the out-picturing of the Universal; and the Universal with all its intelligence, omnipotence and unlimited resources is at the command of the individual. The personal carries all the attributes of the impersonal, and recognition of this is necessary before these things come into operation.

Let us go over this again just to see clearly the true meaning. I feel it is so important that I want to make it as clear as possible.

The personal is the out-picturing of the impersonal, the individual is the out-picturing of the Universal, the Universal Mind is behind the individual mind, the individual consciousness can call upon the Universal Mind to manifest what it desires, provided that you have one thing, and that is your belief, your faith that this Universal Mind will produce for you the things you desire.

In other words, to state the whole thing clearly: the Universal Mind is one complete whole, not separate. It gives birth to the individual mind. In this Universal Mind there is consciousness, Universal consciousness, and the Individual consciousness is linked up with the Universal consciousness which is omnipotent. In the Universal Mind there is everything, a complete supply of everything; and there is nothing that has ever come into this world or into materialisation except it first existed in the Universal Mind.

The substance of your body, the substance of everything you see, the whole world, all the Universes, everything, is of the one Substance. All came out of the Universal Mind, all is mind and what we see is mind materialised. When the personal consciousness knows, it links up completely with the Universal; it brings from the Universal, through the consciousness, and it manifests into the physical form; and into this physical life you materialise, you actually materialise, the Universal Mind.

The brain and the nervous system, and the body, is the outward manifestation of mind. Mind of a positive nature interpenetrates the mental substance of a negative nature, supports it and directs it.

Immediately you have the understanding that you can use this great mighty, inexhaustible source then you have reached the stage of understanding of the Christ who knew perfectly, and without any negative thought or doubt, whatsoever in His mind He manifested. He fed the multitudes, He healed the sick, He turned water into wine, everything was done in the complete understanding that "I and the Father are one."

Now the exercise for this week is to re-picture in your mind details of any object under observation. The idea is to be able to re-picture in your mind all the details and see them in the mind. Take a face for instance; re-picture in your mind the eyes, eyebrows, nose, mouth, chin, cheeks, contour

of face, ears, forehead, head, hair, colour, etc., any marks, lines or spots on the face, no matter what it is, then you will begin to know each other outwardly.

The idea is to be able to out-picture in your mind all the details you want to see. Later on you will have an exercise on how to take something you have never seen. It is more difficult to picture something unseen than something you have seen, but by picturing something you have seen you are laying the foundation for something you have not seen.

This exercise will make your mind flexible and pliable; it will enable you to visualise details that are necessary if one wants accuracy. In building an intricate machine the inventor has to see all the details work in his mind. This exercise will enable you to concentrate on the things you want and not on the things you do not want; they are brought into manifestation because you fear them. When you concentrate on the things you fear, your mind is not under control.

This exercise will enable you to visualise the constructive and prevent the mind from dwelling on the destructive; for by the law inherent in ourselves we bring about the things we visualise, whether we fear them or not.

“What I have feared has come upon me.” Therefore, use the great mighty power that is within you, in the recognition that the consciousness of God is the originating power in you *and it is the only power there is.*

“I take a seat beneath a tree
And invite my friends to visit me
You may say ‘You’re all alone,
Your friends have gone, they must have flown.’

My friends, my friend,
You cannot see.
They’re invited thoughts
That visit me.”

MEDITATION.

Great and Mighty Eternal Power, in this perfect state of relaxation we invite Thee into our being to express Thy great and mighty Divine Consciousness which enables us to reproduce the image God holds of us.

SO MOTE IT BE.

LECTURE 8

Before a house is built the architect must see the complete house in his mind. Then he puts the plan on blue prints in every detail, and the house is built according to plan. We must take this as a fundamental law in our own building, that is, what we are to make of ourselves in life.

We must see the end before a single step is taken. We must have a purpose, and the purpose must be seen complete, so that the Universal Mind can have some idea of what we want.

Remember the subconscious is the Universal Mind, and it is the Universal Mind and the individual mind we are dealing with. The Universal Mind and the individual mind are one in action.

The Universal Mind supports the individual mind, and then the individual mind gives expression to the Universal Mind. Metaphysics means clear thinking, seeing the Spiritual and the material as two aspects of the same thing: the one is but the manifestation of the other.

If you are not sure of your plan, then layout the blueprints in your mind again. Try to see the complete thing. Then work out the details, and let the Universal Mind help you in your task. What we mean by that is to realise that the Universal Mind can and will fulfil the details. It will work out the details for you and bring about the particular conditions and circumstances; yes, and will make millions of workers co-operate with you.

The Universal Mind is the mind that penetrates all sources; and once you understand the Universal Mind and can work with it, you know then that you are not alone. This Universal Mind, interpenetrating all other personal individual minds, finds ways and means of expressing itself. For those who are strongest in the belief in the Universal Mind, for those who have more courage, faith and understanding, the Universal Mind will work through other individual minds on their behalf. This was the great Truth that the Master showed in His teaching, that He was not separate from the Universal Mind, from man, or from God, but one with Him, and, as He is in everybody else, that which was necessary at the moment was thus fulfilled. He did not have to wait, in fact it was already done.

Take up your mental blue prints again, examine them, and see what the subconscious Universal Mind has worked out for you. Make the details part of your conscious plan. Make the pattern clear; make it beautiful. Do not be afraid to make it big and grand, but above all hold to the ideal of the whole completed. Then the Universal Mind will understand better how to fill in the details.

Remember that no limitation can be placed upon you by anyone but yourself. Draw on the Infinite for your supply and construct it in your imagination. It will have to be there first before it can appear anywhere else, as we will see in our next lesson, which will teach us how to use our imagination, concentration, and will, associating the three of them and acting as one. I will show you that your imagination must be clear and strong and not of a dreamy, insipid nature, but a concentrated imagination. These are fine points, I know, but they are very necessary points when you want to work efficiently and effectively, as you do.

The clearer and firmer the image the nearer it will be to its manifestation. Remember you can be what you want to be if you know the way, and Divine Metaphysics shows you the way.

You cannot do things by yourself; it is co-operation with the Universal Mind that makes so-called miracles possible. The Universal Mind gives you just according to the courage you have and the effort you make. If, at first, the general plan is dim, it will soon take shape. You will find that it is being worked out for you, *but you must co-operate*. View the plans, discuss them with the Great Architect of the Universe. There will be an inner agreement, a feeling of satisfaction as if your plans have been accepted, and millions of workers are set on your job.

The Great Architect of the Universe is the great Divine Principle which is Intelligent in itself, and you must have the feeling that you can talk with this Great Architect of the Universe. Remember, you are not alone; you are the expression of the Infinite Life; you cannot live unless that Infinite Life is in you. It is an extra-ordinary thing that when you begin to commune with the Great Architect of the Universe there is an inner feeling that your plans are being completed; there is an acceptance of your plans and then into operation move the great Universal Forces on your behalf.

It can be done; it has been done; and it can be done again. It only requires your faith and co-operation. Do not forget that this is actually true. Then make it your own experience. By holding the ideal in mind firmly completed, the outline will soon take form, the details will gradually develop, and the power and material by which you will be able to formulate your plans will eventually materialise in the objective world. You will soon know what your future holds for you.

One thing will lead to another when you have set in motion the manifesting power of the Universal Mind; nothing can stop you except yourself. What a great Truth this is! It comes from the Highest Spiritual Realms; it is inspired teaching; it is the teaching that is actually true, because it has been done by the Masters, and they are just ordinary men who understand the Truth.

The Masters seem to be supermen, but they are not supermen. They only appear to be so because they act with natural abilities that God has given every man and woman. It means using our talents to express our real selves in this world, which is but the out-picturing of the inner world.

The outer world cannot be unless there is an inner world, and the outer is a manifestation of the inner; so will the things which appear in the outer be the manifestation of that which you plan in the inner. That which you have created in the inner through your concentrated imagination, your belief, your understanding and your co-operation with the Universal Mind will surely appear in the outer.

The Universal Mind will not force upon you things you do not expect. You must act in accordance with the Law. Friends will come to your aid, circumstances will be created in a way that amazes the uninitiated, and finally materialisation will be accomplished.

Once the Universal Mind, or the subconscious, begins to out-picture, keep the flow moving freely by faith and courage. Do not stop to doubt. Some people say: "My goodness, that was a wonderful thing that happened to me. Do you think it could happen again?" They think it happened by chance. Let me tell you there is no chance; everything moves according to Law!

So we see that faith and courage, these two, work hand in hand. The great Universe took shape in the same way; so you are just following out the

Universal Law. The greatest channel that the Great Architect of the Universe has for expressing Himself in the physical is *through you*; so there is nothing to fear.

When we can fully comprehend in our minds the completeness and the mightiness of this Truth, that the Universal Mind is the only mind in existence, it gives rise to the individual mind, and as that individual mind becomes personally conscious in its oneness, it gives expression to the Universal Mind for the benefit of the individual through the individual.

I want you to keep this in mind clearly; it is so essential that you should grasp it and be aware of it continuously, so that when you wish to accomplish anything success is assured.

The same mind is operating through the individual that in the first place organised and manifested the Universe. There is no difference in kind or quality, only in degree, and that degree can expand according to your trust in this great Divine Mind.

We must develop a power of concentration that will associate facts and ideas in one concrete whole directed to our purpose.

It is an extraordinary fact, one which I have explained before, that the source of supply—the Universal Mind—is the basis upon which the individual mind is built. The individual mind is in the material world, reacting to things material. These material things were firstly invisible, for everything visible has come from the invisible. In the mind there are many factors that have not been organised into concrete form ready for manifestation, but when we apply our concentrative power to any particular subject or object external to ourselves regarding “the thing,” these particular factors move outwardly through consciousness towards “that thing.” As they pass through our consciousness they become analysed, they become associated and classified. One idea is tied to the other, and we find a string of facts moving out into consciousness to aid us in our accomplishments.

The Universal Mind knows all things and expresses itself through the conscious mind, creating for man what he needs. If you imagine in your own mind that the Universal Mind will not give to you it will not do so, for the simple reason that it responds only to faith, co-operation and understanding. The personal consciousness, the subconscious mind and the

Universal Mind are linked together and act as one when we understand the Truth.

In the first place the Mighty Intelligence which created the Universe reveals the inherent, immovable, unchangeable aspect of the Law which cannot be affected in any way either by angel or man. That is to say, the Law of Thought—"as you think, so shall it be unto you"—cannot be changed by anybody. The Law is paramount and nothing can interfere with it; it was ordained by the Almighty and remains throughout eternity in the inner and outer realms, and through this Law the Universal came into being.

The second aspect of the Law reveals that this Intelligence, which created the Universe and all that is in it, will respond to man's own creative thought in creating for him, in his own world of action, good or evil, according to what he thinks. "As a man sows so shall he reap."

Man cannot alter the fact that his thoughts shall bring him just exactly what he thinks. The Intelligence has made it possible that the substance of the Universe will respond to man and form according to his thoughts and beliefs, and so will out-picture what he believes. If he believes in sickness it will be produced. If he believes in health it will be produced. If he believes in plenty it will be produced.

Now, these are definite and absolute laws. Man can create good and evil, the good things and bad things. His negative thoughts and emotions begin to tear him down; the positive emotions of love and harmony, constructive thoughts, courage and faith, will build for him. The good things he does not worry about; it is the evil things that worry him. A pain will bother us, also lack of something we desire. As man, he does not see the manifestation of his desires at once; thus he worries about it and thereby he increases his negativeness and prevents the manifestation. He gives sickness an identity of its own and a power that can overcome him. This causes him to fear, when all the time it has no power except the power that he gives it.

Now we come to the third aspect of the law. Through the grace of God, man is released from all his troubles when he realises his true sonship and becomes one with the Infinite Life and responds to the first Law of Being. All his self-created evil is wiped away, and he stands as he was born, in the image and likeness of God.

These are tremendous truths, and it is so essential that the student in Divine Metaphysics should grasp and thoroughly understand them.

I may say this, that my grounding in Metaphysics was given by the Masters who demonstrate these laws daily, and, as I have already shown in my work of healing it enables me to give you a real explanation of this wonderful Truth and I earnestly hope you can grasp it.

You will notice how the one Truth, like a golden chain, links all the pearls together in one string, and it is this that enables you to hold fast to the Truth while seeing the many facets as you look at the wonderful whole.

What the great spiritual leaders of the race always worked for was to impart the understanding of the Law to the people. This work not only applied to Moses and all the other prophets, but also it continues today, and is still in its infancy. For generation after generation the law is still further revealed as the progress of humanity rolls on. As the individual minds of humanity are capable of being able to absorb the great facts of the Universal Mind, so do these facts become individual.

The Truth is to reveal the Universal to the individual, but the individual must evolve so that the Universal can merge with the individual, and the individual must recognise this.

As humanity then evolves we find the Universal revealing itself through the Science of Truth to mankind. When the very core behind Creation is revealed to man's own consciousness, he will see the great Divine, the Christ, in man completely free, brilliant and clear without a flaw of any kind, the Pearl of great price.

So the revealing of the Truth to mankind is still in its infancy, for few yet understand the mighty Law of God within man himself.

During the last few generations there has been a partial clearing of the mental strata of the mind, but it has become fogged again by war and destruction, intent on getting and fulfilling the desires of the body when, if they will only look to the inner and see how to build it up, the outer will be built likewise. We can see how the majority of people lose this great Truth; they look to the external effects all the time, forgetting that they have to build the inner before they can achieve in the outer.

Still, even this will cause man to evolve, because he will crave for something to lead him out of the conditions into which he has drifted

through his misunderstanding of the Divine Laws, as man brings about his own hell. There will always be someone ready to answer the cry when it goes up. God has not forgotten humanity; in fact, humanity is His own Life and Substance.

Those who let others do their thinking for them violate the Law of their own being. Many of the leaders, including those of the church, are devoid of the real Truth; their hearts are so full of “religion” that there is no room for Love; and their minds being filled with theories and opinions, there is no room for Truth.

The Law is that thought will manifest to the one who knows the Law and speaks with the Divine authority that masters every situation. What I mean by Divine authority is more than a mere saying.

Not until you have complete understanding in the centre of your being, and know that you are Divine now, as you have always been, understanding that the same power that created Universes is the same Creative Power in you, can you say with conviction: “My word goes forth and shall not return unto me void but will carry out that which it is sent forth to do.”

Knowing and understanding that it is God who is actually manifested through us, and that it is His Will and not our will that will eventually be final in everything, then God’s Will must become our will through Love and Service.

Remember that the subconscious is the Universal Mind; and here the details are being worked out for you. Have a good look at them with your conscious Mind, because only through the consciousness can they manifest. See the details accurately, so that the consciousness becomes aware of them. Only when the builder perceives the architect’s plan in detail can he build the house to specification.

You are the builder; then get the details clear and distinct. The clearer, the more distinct, they are in your consciousness the better and more perfect will be your structure. As the Universal Mind has all power to produce and is unlimited in its scope, so is the mind that is one with it unlimited in its scope. You can build for yourself the kind of environment you want, according to the power of your thought and understanding. The same applies to your health, your life, your friends.

If the Divine Mind is unlimited, so must its expression be unlimited, and *you* are that expression. If you fail it is your own fault; you must examine your thoughts from time to time to see that no limitation, doubt or fear enter in. These three are the only hindrances you will ever have. If you work with untiring effort to produce, you cannot fail. Be up and doing. Laziness is frustration; get it out of your blood by continual mental planning.

The cells of the body are continually creating and recreating the body; they draw the food they need, and they discard what is not required. They are stimulated or retarded by suggestion given consciously or unconsciously.

By the same Law, and in the same manner, every form in life attracts to itself the necessary material for growth. The trees, the flowers, the plants win by silent demand the material for their perfect expression. The same law applies to mankind. We attract what we need for our growth; and according to the suggestion and thoughts we harbour, so will we stimulate or retard our progress.

When we begin to realise the tremendous power of suggestion and auto-suggestion, we make use of it. I see it every day in my work. I can tell whether the individual is receiving the Truth or not, or whether there is a barrier that prevents it, generally some particular form of disbelief. There is generally something in the subconscious mind that is preventing the receiving of the Truth and hindering its expression.

I know also that immediately the suggestion is accepted and the power of the Truth takes hold of the individual, that individual is going to get well. Some will react to the old condition occasionally because they still believe in it. After a while it may rise to the surface and show itself, as it tends to come back again if we believe in it, but eventually it will be completely eliminated and destroyed by the Truth. The Truth sets us free.

According to the suggestions and thoughts we harbour, so will we stimulate or retard our progress. If we want to succeed, the mental attitude must be one of confident expectation.

Feeling gives vitality to thought, and we must hold it steadily till the Law of Growth brings it into manifestation. It is a wonderful Law that the Infinite has decreed, that man has within himself such tremendous powers

and such unrivalled faculties, of the possibilities of which he has but a faint conception.

We have been taught to look without for this power. In our religious beliefs we depended on others who could make intercession for us. This has been a sad mistake, one that has hindered the progress of the race for centuries. I am not saying that there are not great unseen Spiritual forces and great unseen Spiritual beings actually with us who can assist us, yet man must make his own direct contact with God. Is it not said that we are the temples of the living God? There are great Spiritual Forces who work through mankind, inspiring him, directing him, but to know God man must first know himself.

The great Spiritual forces are not concerned whether we are successful in material gains or not; the main thing that they are concerned with is that we get the proper experience that will enable us to become more Spiritual and become more the sons and daughters of God. When we begin to know this Law we begin to see this great Truth of which the Master spoke: "But seek ye first the Kingdom of God, and His righteousness; and all these things shall be added unto you."

If anything happened in our lives beyond the ordinary we were told it was supernatural. This humbug and superstition is now coming to an end by the light of the greater knowledge of man himself, and soon he will cast off the shackles that have bound his thoughts for centuries.

Yet there are many who have come to an understanding of this wonderful power within, who make serious and conscientious efforts to realise health, happiness and abundance, yet they appear to fail; they seem unable to bring the Law into operation. They want power, money, health, abundance. They concentrate on the external things and miss the point that these things can come only when conditions are prepared to receive them.

It is not what you want that you get, but what you attract; and attraction comes from within. You build up within to attract and manifest things without. Most people run after the external and fail to build the internal.

How often has it been quoted: "But seek ye first the Kingdom of God, and His righteousness; and all these things shall be added unto you." We must first find the Kingdom of Power within, so that we can attract, build

and materialise the external world. The power is within, the substance is within, the way is within, in fact all is within.

When we seek to ascertain the Truth and look only for wisdom, wisdom will unfold and disclose the source of all power and will express itself through us, creating in the external world according to our ability to act courageously for a noble purpose.

Do not worry about the external world. Make the internal world perfect, and soon the external will show itself in ways that will surprise you. When we seek wisdom we become creative. The greatest gift that God ever gave to man was this creative power within himself. If man fails to use it, he is wasting his time.

One life wasted here now upon this earth without acquiring the awareness of your creative power may mean a thousand, perhaps two thousand years of waiting. You cannot do in the Spiritual world what you can do here. You are here to gain experience of the Law on earth and this cannot be obtained in the Spiritual world. It means actually learning through action. There is certain knowledge you cannot obtain except through experience on this particular plane of existence, and if you waste one life here it means lost opportunities.

Here is an illustration. Supposing you do not become consciously aware of your own identity while living on this plane of consciousness in this material world, and supposing you are just working externally. Reacting only to external things, you have not become aware of your own identity, "I am that I am." When you leave the physical world you find that there is something missing; the complete identity is not there because you have not claimed it in the material world, the grossest of all the manifestations of the Universe. Something is missing, something that prevents you from getting completely away from the earth, because you have not realised the greatest thing in the whole Universe regarding yourself, and that is to recognise and become aware of your own identity while on earth. Therefore you must come back again, yes a thousand times if necessary, until such time as you do find that awareness. There is no possibility of your escaping the earth or moving in the interplanetary spaces in the etheric world without having this knowledge first; you are still bound to the earth, in the earth circle, until such time as you have acquired the awareness of your own identity. All the

great Souls are eagerly awaiting your awareness of the whole, because the whole race must move as one; all must know the Truth, otherwise the Oversoul is not complete.

Concentrate upon the worth-while things of life. The Law of the Universe is to express the finest things in Nature, the noblest, the most elevating. Nature is always improving in ways and means; we must follow suit, and then our work will be permanent. Build upon this rock of Truth and then you need not worry about the outcome. We must concentrate on things we want, not on the things we do not want. Put the Law of Abundance, the Law of Health, the Law of Happiness into operation and the manifestation is assured. "But seek ye first the Kingdom of God, and His righteousness and all these things shall be added unto you."

The Law will operate for man in any way he chooses. It will bring poverty, lack, limitation, because he concentrates upon these thoughts; through fear he creates them. The Law will operate as surely in the opposite direction by entertaining thoughts of courage, abundance, health, happiness. We make ourselves by our thinking. The difficulty for many is they get too anxious; they manifest anxiety, fear and distress at the slightest provocation.

Remember opinions are not always the best knowledge in the world. Figures and facts are necessary before you put any project into operation. You may have lots of opinions about various things, and your conclusions may be utterly ruinous; but when you have facts and figures you can say you then have the foundation to work upon.

A lot of people just put into operation some idea because they have an opinion in their mind about it. It is necessary for you at certain important stages to accept opinions, but any person who really believes that he is going completely to succeed on the opinions of others or his own opinions *without obtaining facts* is a loser from the start.

The fundamental principle of the whole Universe is built upon facts. Therefore you build outwardly upon facts just the same. If you have an idea that you can take hold of that live electric wire, or if another person accepts your opinion and takes hold of it, he will be dead. One has to realise that it is necessary to think.

If we manifest anxiety, fear and distress at the slightest provocation, we undo all the work previously done, with the result that the thing is as far

away as it was when we first thought about it.

Remember the subconscious is the Universal Mind out of which all things come or grow. Then plant the seed in the Universal Mind and let it grow unhindered, water it by faith and courage, watch it grow. Do not disturb it by fear or anxiety or doubt. Constructive thought-force is the greatest power in the world. By its means the Universe was built. Surely this is sufficient to make you realise its importance.

Then practise it daily until you have established the habit. It is when the habit is established in man that he is a success. The success habit or the failure habit is established by thinking. A person may do a thing by half, then start another and leave that half-done, with nothing completed. A thing half-done is better left alone because the semi-doer gets into the habit of doing things by halves and never succeeds, because an unsuccessful habit is established. *Make the habit of completing everything you set out to do.*

The consciousness of man directs and the Intelligence out-pictures, in movable pliable substance; responding to the direction of the Son of God. When man is aware of this fact, he consciously acts upon this substance for his own good, and for the good of his fellow-men; but when he is ignorant of this Law, he creates discord, both within and without. One can readily see, when this truth is thoroughly understood, that no negative or vacillating thought is allowed to remain in the mind. Therefore man then uses the instrument of Faith and Awareness of his own Divinity and proves himself to be the Son of God.

Man is the microcosm, the manifestation of the Infinite, of the Macrocosm. The child, when he grows up, becomes the father of the man. The son of man, when he is raised up, becomes the Son of God.

There is only one self-existent, self-transforming power in which everything, no matter what the mode of manifestation, is its own creation, because there is no other source from which it could come. Thus the ultimate conclusion must be the recognition of the unity of God—*as one Being*—not separate beings; therefore God is in man and man is in God. Herein lies the great truth: “I and the Father are One.” There is no separation.

Until this becomes a dominant idea in your mind you will still allow wayward and negative thoughts to come into it and while you battle with

them you lose your identity in such thoughts.

You do not have to fight the things that have no power of their own. Once the dominant idea is built up in the mind about yourself being identified with the greatest All-powerful creative power that existed in the beginning and is now still the same, then there is a power that transforms all negative thoughts that enter into the mind. They are changed before they enter into the mind, because of the dominant idea you hold. “Get the dominant idea,” and when the habit of success is established, then success is assured.

If you will think quietly, you will realise that you cannot entertain a thought that is beyond the bounds of possibility, if you have sufficient faith and belief to try. But the snag in everyone’s life is that “it has never been done before,” and therefore, it cannot be done. Naturally it cannot be done. Only he or she who knows that there are no bounds to possibility can believe. Get your facts right, aligned with the Power and the Law, and success is assured.

It is up to you to try, and now is the time; tomorrow never comes. Remember the majority never lead; they are always led. How do you feel? Do you want to lead or do you want to be led? Then start building the structure of leadership now.

This is the exercise this week:

See the blue prints clearly. Try to see, if possible, the blue print of what you would like to be. Practise till you find the details getting clearer. Look into the Universal Mind and there see them permanently stamped in perfection. Let the great Intelligence help you; it works from within. Your subconscious is the Universal; picture yourself part of it, and get your model out-pictured in the consciousness. Details will come to be as you look for them day by day.

Do not hurry or worry or become anxious when you see your model. Just believe that it can become real in the material plane. It can be as real as it is in the Spiritual or mental plane if you persevere with courage, action and expectancy.

“Hear and I will answer. I am calling you to link your soul and heart to me. Even only a glance of faith, a look or word of Love. I will return them hundredfold and your supply is secure. By linking yourself to Me you

receive all things, and the soul in human form needs, too, the things that belong to its habitation; this also shall I supply if you will but believe.”

MEDITATION.

We are now realising our oneness with the Universal Mind; we see ourselves not separate but the expression of it.

The Universal Mind is waiting to express itself through us.

Silence

BENEDICTION.

Great and Mighty Eternal Spirit, we know that there is but one Substance, one Mind, one Consciousness, the three in one out of which all things have been created. We are the expression of that Divine Nature—Consciousness. Intelligence and Substance in form. We recognise truly that we are made in the image and likeness of God, having power to create by the consciousness of the Spirit in us; and by the Universal Mind Intelligence, and in the great Substance of the Universe shall the form come forth. And as the Divine Pattern is woven outwardly, so we observe Spirit made manifest. Let this understanding be complete in the heart of us all, so that we may learn that there is no separation between us, Great Almighty “ONE.”

SO MOTE IT BE.

LECTURE 9

When the Law is not understood we are slaves of our subjective mind, and, when understood, we are masters of ourselves. The reason why that is so, is, when the Law is not understood the thoughts that we believe in take root in our subjective minds and influence us continuously. When the Law is understood these things have no power over us, because we do not believe in them. Then the subjective mind and the influences of these thoughts have no longer any power over us and we are master of ourselves and fulfil the law of our being, as given in the first chapter of Genesis, when God said: "Let us make man in our own likeness to resemble us, with mastery over everything." These words are known to everyone, but few understand them. People think that they are there just as words, beyond the comprehension of most people. By Divine Metaphysics we know the meaning of the Law; thus we understand the prophets.

"So God formed us in His own image and likeness, with power to create by means of creative thought. Thus we are like unto God having dominion over all things, through our creative thought."

Jesus said: "All power has been given unto Me in Heaven and Earth." And Moses was given instructions to go to the children of Israel. "God said unto Moses: I am that I am, and thus shalt thou say unto the children of Israel: 'I am hath sent me unto you.'" "You must tell the Israelites that the Eternal, the God of their Fathers, the God of Abraham, the God of Isaac, the God of Jacob, has sent you." "This is my name for all time. This is my title for all ages."

So we see here a clear statement: the Eternal, the Father of all people, showing distinctly again that the real power that man has is the power of creative thought, inherited from God where creative thought originates.

This is the announcement of Being in the Absolute; in that first originating plane of pure Spirit is the Consciousness that enables man to think.

When you begin to realise this truth you will see what your thought really means, showing that the only possible mode of *being* is the "consciousness

of self-existence”—“Awareness”— without limitation of either time or space: the realisation of the Universal Here and the Everlasting Now: the concentration of the “All” into point and the expansion of “point” into all; this is but one Being, and that is God Eternal.

So we see clearly and distinctly that there is only God, the only one self-existing Being that has consciousness, to create through creative thought, and that same power has been individualised in man because he is made in the image and likeness of God, and by the same power man creates. Therefore the creative power is to think, and consciousness is the only thing that has the power to think.

This then is the announcement of being in the Absolute, Pure Spirit; “I am” is the original thinker.

So this original thinker, “I am,” is the cause behind all things. It must be so. “I am” everywhere. This original thinker is everywhere, there is nowhere where “I am” not; “I am” not limited—undifferentiated or differentiated—“I am” not limited in my self, nor “am I” limited while “I am” living in you, because there is no limitation in Me whatsoever. “I am” the perfect Freedom of Life, “I am” free always, “I am” not subject to any condition, any disease or negativeness whatsoever; “I am” actually and completely free, controlling all things.

This is the foundation of our own Spiritual Being the source of our thinking as well as that of our physical existence.

We have already seen clearly that matter is but mind materialised. The only Spiritual power there is, is man’s power to think, to create. Mind Substance, of itself, has no power of its own; it is the substance that forms according to the thought directed by the consciousness. You can limit yourself by your own conception of yourself, but you cannot limit consciousness, mind or thought. You can say about yourself: “I am a mere nobody,” “I am full of fear and negativeness,” or that you believe you cannot do this or that. Well, you are limiting yourself by your conception of yourself. But you cannot limit consciousness, mind or thought. They are beyond limitation, free, unfettered. Thought is the product of consciousness, and mind is the vehicle of expression through which it expresses itself and out of which form is created. Yet consciousness is supreme in all circumstances, always able to create (and at any time) thought after thought,

creation after creation. As one thought or creation dissolves away another is created. This is the unlimited power of the Divine Consciousness also in man.

“Awareness” is the best available word we have to explain “consciousness,” because consciousness is like electricity in that no one can explain it. No one has ever seen Life, no one knows what it is; no one knows what consciousness is either, because consciousness is Life. We can have a feeling of consciousness, but no one can explain what it is; yet we know that it is. And it is not *what* it is that is so essential; it is to know *that* it is, that it is in itself unlimited in its nature; and in this unlimited state is the power to think.

Consciousness must become aware of itself. We then become aware of the “all” concentrated into “point” in ourselves, the “point” developing into “all.” “All” has no boundary, and “point” is everywhere. “Point” began to expand into all when we became aware of the “all.” It is the same thing as the drop is in the ocean and the ocean is in the drop. The same material in the ocean is in that drop. The whole is behind the “point,” the whole is behind everyone of us, the whole is behind all the individualised consciousness in each and everyone. Just as the one electricity is behind every light, so is the one consciousness behind every individual expression of the one consciousness; and when the individual expression of the one consciousness becomes aware of its source, then we can think constructively.

“Point” is concentrated into individuality. Individuality then expands into the “all.” Similarly, man’s consciousness becomes the consciousness of God to the individual. There is One Lord, and the Lord then is within you; therefore the expression of creative thought is the expression of the Creative Principle. We see clearly that thought is the expression of the Creative Principle that existed in the beginning and is now individualised in you and is not limited by that individualisation, because it still retains its wholeness.

Thought carries with it the Creative Principle of the Universe. One purpose in life is the growth of the Creative Principle, underlying all creation and giving it effect. Thought is the expression of the Creative Principle and has inherent in itself the power of growth and eventually must manifest.

Man is free to choose what he thinks, but he must remember that thought is governed by an immutable Law. Therefore if a certain line of thought is persisted in, it will produce results in character, representing the dominant mental attitude. Similar thoughts combine together to form the character of the individual who thinks them. That is why Divine Metaphysics shows us the way. It is the highest form of teaching, and does not lead anyone into by-paths that only confuse.

A person told me the other day that someone said to her: “Your child died because your husband had sinned.” Such a statement is the product of the imagination lacking the truth!

Some will read a book on Karma and speak about it as if they knew all about it. But babes in the kindergarten cannot understand the University standard.

There are only two things:

Mortal-Ignorance Divine-Wisdom.

When you know wisdom you act as Divinity acts. When you are ignorant you act as an ordinary mortal acts; he lives in the effects that control him. Cast these things aside and come into your Divine nature; then there is no longer any confusion.

The most desired by all is a state of health and circumstances that produce a happy and constructive life. Therefore methods should be studied that will create habits of constructive thinking that will produce only these desirable conditions. This is by no means easy at first, as old mental habits are difficult to eliminate. If you have in the past established the habit of critical and destructive thinking, such is bound to have an effect upon your environment, and it will be necessary for you to cultivate a mental attitude that will lead to constructive thinking. Imagination and concentration are the adjuncts for this purpose.

Imagination gathers up the material for the mind to weave the fabric for your future; concentration is the focusing of the mind by the will; and the mind flows into the mould made by the will through concentrative thought. Mind must be made obedient to the will, and the will must accustom itself to command.

The will takes root in the very centre of our being. It is the power in the Creative Principle behind all growth. With imagination we can penetrate new worlds of thought and experience. Constructive imagination must precede every constructive form of action.

There is a form of imagination that is fleeting and superficial, having no depth whatsoever—fleeting, mythical, with no target, as it were, for the future. Constructive imagination has a foundation upon which to work; there is a purpose, there is a target, there is the objective that you want to reach. It is not by dreaming dreams that we can reach our objective, but by constructive thought and action. When we recognise that the will is this Creative Principle and is behind the thought we create, we see how thought has the creative power and growth behind it. The greatest thing that man could ever conceive in his own mind is the awareness of this dynamic power within himself.

Concentrative power enables us to produce, to build according to plan. Imagination can be fairy-like, with dreams and fantasy that dissolve like mists into nothing, but when concentration and will are added to imagination, the outlook is like that of the builder who commences building the house according to the architect's plans. It is the master mind at work. To cultivate and develop a muscle you know that one must practise with that object in view; so must one practise to produce that kind of mind which we call the master mind, capable of concentrative thinking plus imagination, concentration and will.

Let us call it constructive imagination for want of a better description. Constructive imagination is by no means the easiest thing in the world. It requires much hard work on the part of the student, but when it is acquired it will yield handsome returns, for the great things in life come to men and women who have the capacity to use constructive imagination and make their dreams come true. They have a target, a purpose.

Most people in the world are like elephants not knowing their own strength; they allow themselves to be mastered by puny drivers whom they could brush aside with ease.

Constructive imagination, then, is imagination plus concentration and will; these are at the back of all action. The only difference between the feeble and the powerful, the great and the insignificant, is energy and

invincible determination directed by an indomitable will knowing the Law of constructive thought: that whatever man thinks, so will he produce. He knows that the power inherent in thought is the principle of growth, because the very source of that thought comes from the consciousness, the first Principle behind the whole Universe, and its one mode of action is constructive thought. Tennyson says, "O Living Will, thou shalt endure when all that seems shall suffer shock." Will shall endure in one's life, no matter how difficult it may be.

It is that will that we need, the will that comes from the realisation and recognition that will lies in the Creative Principle. Will can do anything that can be done in this world. It kindles the eye and the brain with a proud pulse-beat, towards the unattainable. The great obstacle to the proper use of the will as regards the majority of people is the lack of ability to concentrate.

We must become thoroughly conscious of the fact that in Divine Mind is the Creative Principle wherein inherent is the concentrative imagination backed by will which is omnipotent, omniscient and omnipresent, and this is also inherited by the individual mind, the one being the expression of the other.

When we become consciously aware of this omnipotence through the power of our own thought, then our will becomes dominant. Will is not something that we have to force and squeeze out. We do not have to crunch our teeth and clench our fists in the belief that we are using will. Will is a silent power; it is a knowing.

(Dr. MacDonald-Bayne demonstrates the Silent Power to the class and the whole hall is filled with power.)

The meaning behind will is that consciousness becomes aware of its identity with First Principle, the power felt is the result of my awareness.

Some have been seeking for this knowledge all over the world, yet if they could comprehend what I am giving now, and understand the Truth about it, they would know that it is the secret of all development and achievement.

The next step is to place yourself in a position to receive this power. As it is omnipresence, it must be within you. When you realise that all power is within, your next step is to develop and cultivate it.

The Law of Attraction will certainly and unerringly bring you the conditions, environment and experience in life corresponding with your habitual predominant mental attitude. This mental attitude is not what you just think when you read this lesson but the continual attitude you hold throughout your thinking life.

Many people read an article or a saying, and for the time being their minds are lifted out of their habitual thinking. The majority of people who look for sayings are in a negative mental state, otherwise they would not be looking for them. When you begin to *know*, the knowing becomes the dominant thing in your life and then you are always expressing this power, this Truth, the Truth of your own being. But if you are always looking for sayings and feeling that a saying will lift you up for the time being, you are still in your negative mental attitude. Do you not see it is the “knowing” that must become part of yourself, so that this “knowing” will always be there?

You cannot entertain weak, harmful, negative thoughts for most of the day and expect to bring about beautiful strong harmonious conditions by ten minutes of strong, positive, creative thinking. If you so think, then you are on the wrong track. Nor is it just an hour of these lectures that is going to give you this great and mighty power. Jesus says that it is the acting on the word that will give you the power.

Ideas have a real existence in the Spiritual world, in the real substance out of which all things are created; and the power that ideas have is according to the nature we attribute to them. Fear is also an idea created by man himself; this becomes condensed into matter, and is seen by the mortal eye. “What I have feared has come upon me.” It is a creation composed of the characteristics conceived by man’s own belief.

Take for instance the fear of disease. Disease was once a simple uncompounded idea, but when it finally takes on an identity from man’s fear of it, it grows rapidly like a poisonous weed and derives its sustenance from the very life blood to which it owed its existence. It rises through man’s own belief in man’s own mind, and what a hideous belief what a terrible fear, is attached to it.

If we could take the fear of belief in disease out of the world today, the world tomorrow would be new. All horrible characteristics of disease are

drawn from the mind of man, who, could he only understand what he is doing, would plant good seeds in his soul or mind, which would flourish cultivated by faith and understanding; then there would be no room for disease, or indeed the sustenance for it to live on.

Mind is matter, and matter is mind; its form can be sustained or annihilated according to the thoughts we entertain. When man's eyes are closed by ignorance or unbelief to the real world wherein lies the cause of every effect visible in the natural world, he is lost in the wilderness of his own making. But when the true Spiritual life is revealed to us and we understand ourselves we shall have our happiness or misery in our own hands, and much of the suffering of this world will be done away with. How true it is that immediately man sees his own Divine nature and recognises himself in that state, not subject to any belief of the mortal mind or the error in consciousness, all these things fall away. And it is for you, you who eventually will be "working" among the people one day, who will be real carriers of the Truth, who will go forward and show mankind the true light, will light the world by light of your own being.

If I were to believe that disease has an identity, that it has a power, that it has a power in itself, then I would be as useless as those who give it names, and, God knows how impotent they are in curing disease.

You see that Creative thought is the power behind all things. Mind substance in itself is free from any condition. The form that takes place is made out of that substance and is free from any condition and without a flaw. Then where do the "conditions" come in? In man's belief of course!

Immediately you begin to disbelieve in the power of the trouble that controls you and you see the glory of the Spirit and the power of the Spirit within you, that Creative thought will begin to function through you, and the former adverse conditions will die away just as weeds die when they are taken out of the ground. When their roots of disease no longer have any sustenance they will disappear. They *must* then disappear.

Most people, including the medical world, believe the cause of disease lies in the body, but those who are aware of the Truth know that this is not so. When our belief embraces disease, failure, limitation, death, we must be liable to it, but when we come to understand that matter is nothing of itself

unless it is used by mind and everything that it embraces, then disease, limitation, death, will no longer exist.

All mistakes are the mistakes of ignorance. The gaining of knowledge and power is what determines growth and evolution. The recognition of truth and the demonstration of that knowledge constitutes the power we have, and this power is Spiritual power. This power lies in the heart of things. It is the soul of the Universe. We must identify ourselves with it and act in accordance with its perfect law of creation. We create out of this substance the things we need and the circumstances we desire and the health we long for. This knowledge is a result of man's ability to think.

Thought, then, is the germ of man's conscious evolution. When we cease to advance our thoughts and ideals our forces begin to disintegrate and the changing conditions begin to register in our countenance and circumstances. We must hold our ideals of the conditions we wish to realise. We must recognise that true state "made in the image and likeness of God," free from all conditions, not subject to disease or limitation.

I wish you could truly understand this Creative Power; it is so great, so wonderful in its nature!

Imagination then is the matrix on which all great things are fashioned. Within mind are the ever-moving forces with which to secure circumstances to build a successful life. Thoughts are the material, imagination is the mental workshop, concentration is the focal point, and will is the manifesting power. With this combination nothing is impossible.

When the ideal is steadily held in mind it attracts the necessary conditions for its fulfilment. When we have a purpose or a target in the mind, our creative power of thought begins to work outwardly. Our creative power is the combination of imagination, concentration and will. We find this law an immutable; two and two make four—we know the answer before we begin.

The ideal must be held in the mind; it must not be interfered with by fear or by limited ideas or fear of the consequences. There must be a fearless expression of your own thought, you yourself knowing that you are the expression of, and in, the Universal Mind, not separate; and you give expression to the Universal Mind through yourself. Then your plans will materialise in direct ratio to the faith you have in your ideal and your ability

to accomplish. By this method you will weave a garment of Spirit, of power, into the web of your entire existence. You will build a character that is dominated by Truth, a character that will always be with you, and, as you trust in the Omnipotent Power and Intelligence in which you move and have your being, you will have that charmed life and be forever protected from all harm, while you attract to you the conditions of power, health, peace and plenty.

We are in this world of matter, which is mind vibrating at a lower vibration; we have to learn to manipulate matter, to understand its constituents. We learn the power of creative thought and become aware of the source of our being; then we can manipulate this substance with effect. If we do not learn that now, we are wasting our time.

If one is living in negativeness, fearing this and that, believing in this and that, one will lose oneself in the things that are of no value. It cannot be otherwise, because the law fulfils itself. As a stone falls to the ground by the law of gravity, so will you attract to you yourself according to the dominant mental attitude you hold.

Imagination, concentration and will are the foundation for constructive thinking. By these you will penetrate new worlds of experience and enrich your whole life. Things that have never been done before can now be accomplished. Do not agree with those who say that it has never been done and cannot be done—remember that someone will eventually accomplish the seemingly impossible, *and that someone can be you.*

Some people believe, when they try but fail, that they are finished. But if I failed a dozen times to do a thing I can still go on trying to do it until it is eventually accomplished. There is no failure but experience. Most people are always looking at the outside instead of at the inside, when by looking at the inside they see the real power of Creative Thought that overcomes all obstacles.

The cultivation of the imagination, concentration and will leads to the development of the future you hold before you. It is the ever-moving force with which to attract and secure the individuals and circumstances necessary to complete your plans. You must now practise and develop these powers, and this can only be done by exercising these powers and faculties.

The exercise for this week, then, is to take any subject or object you like, preferably an important one, and try to visualise it as a whole with all the details and to see if you can improve upon it. Visualise, for instance, a house, a building or a motor-car. Could you improve upon anyone of these? Use your imagination. By so doing you will learn not to accept things as they are but to develop that see-ahead mind.

It is only by exercising such faculties that people have in the past gained that see-ahead mind, knowing exactly how to accomplish. You will find the improvements that you can visualise are generally included in future models. This goes to show that others have been thinking on the same lines, that is, doing the same thing, and now you are on the right road for success.

Try to improve conditions in your business, your health and life. See where improvements can be introduced with benefit to all. This will make your mind keen and penetrative, with improvements in health, success, and happiness, improvements in the home.

Use your concentrative imagination to see and to feel, and to carry out what you see is necessary. Every time you do something along those lines it gives you strength and confidence, taking you out of yourself with its small circle of personal limitations, selfish ideas, egotistic thoughts and emotions.

Note, too, that impersonal service for others greatly helps you spiritually. "Get busy" is the motto that brings results. Get busy!

Rise above all doubts and fears,
Rise to heights where skies are clear.
Let the Sun of Righteousness
Penetrate your consciousness.
Let the efforts of your mind
Become as one with God behind.
In everything you think or do
His wondrous strength will see you through.

MEDITATION.

Great and Mighty Eternal Power, Wisdom and Truth! Thou art the perfectness in all creation. Thou art the only Reality. Things that have no existence in Thee should have no existence in us. By our complete belief in Thy Eternal Wisdom and Thy Perfectness we will fill our whole minds, so that we cannot believe in things that are not of Thee, those things that are untrue. Those things pass away and dissolve into nothingness where they belong. Help us to think clearly such thoughts like unto Thine own, for Thou hast made us in Thine own Image and Likeness, free from all conditions and limitations.

SO MOTE IT BE.

LECTURE 10

As This is the last lesson in the first series of Divine Metaphysics I will include some sayings from the Bible so as to convince your mind of the reality of what I have taught you.

The Bible is a book that is read by most people in the world, but it is very little understood, and not until we get a grasp of the inner laws of Being can we understand what the prophets were saying. They were men of wisdom who understood the Laws of Life. When we grasp the knowledge and wisdom of the prophets we shall also know the laws of life.

Some worship intellect as a god, ignoring its limitation. When intellect says that such and such a thing must be, or that it cannot possibly be, the matter is settled forever! This is the stage in which man finds himself today. He is controlled by opinions of others who have, in fact, a very inferior intellect, an intellect that in its present stage of unfoldment is only able to grasp a very small part of the Universal Mind and its Laws. The feeble effort of this type of intellect is so glaringly apparent to the student of Divine Metaphysics that he has a feeling of sorrow rather than disgust when he sees lack and limitation in the midst of such unlimited possibilities.

There are regions upon regions of reality and fact that the limited intellect cannot even dream of. The majority shut themselves off from further knowledge in their smug limited attitude towards the real things of life. Even the unfoldment of one new sense would open a new world that would bring to light facts which would completely revolutionise their entire world of conception by reason of the new information.

So we see that the intellect can go only so far. Intellect believes in the things it sees. Through the senses intellect gathers information and believes also that there is nothing beyond what the senses can reveal to it. But that is a fallacy and we know it.

Those who are students in Divine Metaphysics can enter into a new world of action through an understanding of Divine Laws, to be able to perform feats that seem incredible to the ordinary individual. As our

consciousness unfolds, we gain more and more knowledge of the Universe and of man.

Psychology stops when it reaches the limits of mental consciousness or, as it is called, self-consciousness and when it denies there is anything beyond the explored regions of the mind. But there are vast unexplored regions of the mind that more and more people are now beginning to experience, and there is still more to experience in the great realms of the Universe. Yet those who have not experienced this knowledge deny its existence. This state of mind is a hindrance to further advancement. If we wish to advance and change our conditions, we must change from our narrow bigoted attitude to an attitude that is able to expand into the greater conception of what we are in reality. In fact, we must change ourselves.

We must realise the power of our innermost thoughts, for these have the power to thwart our ambitions, our desires, our wishes. They spring up as plants do from the seeds that are planted firmly in the soil and flourish by the law of growth. These seeds are fear, doubt, limitation—refusing to acknowledge the Truth.

The question you may ask now is: How are we to change ourselves, to change conditions?

The Law of Cause and Effect is absolute and invariable in the realm of thought as it is in the world of material things.

The most powerful affirmation is “to know,” to know that what we hold fast on this plane is held fast above, and what is held fast within is sure to express itself without. The outward manifestation we experience is none other than that which is held fast within. The Law of Cause and Effect is unalterable, invariable; it is absolute.

By constant knowing, it becomes part of ourselves. We are actually changing ourselves. We are making ourselves what we want to be. This constant knowing is experience plus understanding, plus wisdom, plus that realisation of what you are in reality—not the outer man but the inner—the recognition that the consciousness in man is the individualisation of the Creative Consciousness of the Universe. Just as every light in the city must have electricity behind it, so must every personality have the life behind it; Life then is God and no other thing, nothing else. Your physical brain and

body are created by the Universal Intelligence only for the one purpose, namely, for that Intelligence to express itself in the physical form.

The Universal Mind, as I stated before, gives rise to the individual mind and the individual mind gives expression to the Universal Mind. There is no separation between them, neither is there any separation between God and you. This so-called separation was the product of our old mental thoughts, the product of our own mind, reacting to things external to ourselves, not knowing the complete Law.

We reacted negatively and by so doing created images in our minds, images that were untrue, not real, not according to the Truth, and these developed in our minds this sense of separation that has now become the race-thought that has been produced generation after generation, and on which we are today mostly fed. We are affected by this race-thought of separation, which is the root of all the troubles in the world today. Any individual who does not take an interest in this form of teaching is going backwards. Always remember that you either go forward or backward; you never stand still.

It is this knowledge that enables humanity to understand life, this knowledge that will bring happiness, peace, good health and plenty to every soul that acquires it.

So character is not a thing of chance; it is the result of continual knowing. “Ask and it shall be given unto you, seek and ye shall find, knock and it shall be opened unto you. For anyone that asketh receiveth and he that seeketh findeth, and to him that knocketh it shall be opened,” Matt. 7: 7, 8.

So we see that this wonderful Truth which is revealed to us through the prophets is the Law of Life. Had it been heeded by the generations past, we should have been in a better position today. The prophets understood the Law of Cause and Effect and saw what it would bring upon the people. It was through this understanding that they made their prophecies.

In a previous lecture I spoke of Moses and the burning bush. In whatever way we interpret the story of Moses meeting the Divine in the burning bush, one thing is plain: it indicates the point in his career when it became known to him that the only way of liberation for mankind was through the recognition of the Oneness of all—the One Being in all; and all Beings are the One and *One only*.

So we are brought back to the statement of our being the image and likeness of God. This Truth then is carried down through the ages and, though buried and covered by dogmas and creeds, it still cannot be lost and completely hidden; it will rise again to its proper place in the lives of the people, to lead them into the perfect liberty of life.

There is always the Intelligence expressing itself through the individual who recognises it, and it is only by the recognition of the Intelligence of the Universe, linked-in with ours, that we can ever hope to have the expression of that Intelligence through our mind and brain, these being the instrument that the Intelligence created for that one purpose. We ourselves are the only individuals who can hinder that expression, due to our limiting ourselves to the mortal senses and failing to see that the power of God dwells in the soul of every human being. This great power, revealed by Jesus, became known to the world as the Christ.

It will not be long before people all over the world will be crying aloud for this great Truth, and then it will again be heralded as it was in the deliverance of the Israelites out of Egypt. So it will be the same power that will deliver the people of God out of their self-imposed misery and slavery.

There are many teachings in this world, but all of these are inferior to the teaching of Moses and Jesus, which is the final, the one and only Truth.

Man's creative process of thought is like unto that of the Infinite, who created man in the spiritual state; and He *now* holds him, just as He created him, in His own image and likeness. This recognition must come from the individual, to make it a reality in his own life; and immediately the individual begins to realise this great Truth, so it begins to be the property of the race.

From "Point" all begins and extends outwards. Therefore, it must also be the same in the individual. That point through which the Infinite expresses the individual is the point through which the individual expresses the Infinite. This so becomes the property of the race, but it must necessarily begin with the individual. We know what mass thinking can do; an individual from a platform can influence people to destroy one another for the sake of an idea, for the sake of financial interests. When man can be swayed to such an extent, then he has lost his understanding of the Truth.

But if he stands by the Truth he will see to it that this kind of thing will not happen again.

In the days of ancient Egypt the people had to be educated up to this great Truth, and they have not advanced very far in this education even yet. Moses' eyes were open to see these truths as the Power to expand throughout humanity and liberate the world. He realised that his mission was to set man free by educating them gradually into the true knowledge of the Divine Name, so that they might gain a true understanding of the Law of their own Being.

Moses saw, in the understanding of this truth, the liberation of humanity from limitation, misery, disease, want. Then came the Master Jesus. He came to fulfil and complete the work that Moses had begun. The one showed God as the Universal Spirit, and the other showed this Universal Spirit individualised in humanity.

Moses and Jesus are therefore linked together as the two great prophets who came to show man the way to his own freedom and salvation. The emancipation of the race can be attained only by the understanding and application of the Law of Being of the individual. When this can be developed in the Race, mankind will then free itself from its own self-imposed misery and illusion. We now see so clearly how man has been misled through the intellect, the limited intellect, an ignorant intellect, that did not know the completeness of the Law.

Modern research has shown us that the great fundamental Truth was not confined to Egypt, but that it formed the ultimate centre of all religions of antiquity. It was the secret in which the supreme initiation of all the highest mysteries culminated. It could not be otherwise, as it was the only ultimate conclusion to which generations of clear-headed thinking people could come. But these were sages, philosophers, men of wisdom and knowledge; and this final conclusion was beyond the masses. Then came creeds and dogmas, which added further confusion among the ignorant masses.

The Truth is lost in a mist of meaningless words that confuse even the learned in our midst. The learned confuse themselves and others by the spinning of words.

Today it is only the sages and deep thinkers of a high standard who can pierce the veil into these great truths. Yet Truth is simplicity and only the

unfolded mind can grasp it; the learned are mystified in a maze of conceptions.

We find, in the lower orders of priests throughout the world today, very little knowledge of the inner mysteries, but immense knowledge of ritual and formula which they practise continually without having any idea of what they are about; and so they go on mystifying the people and confusing themselves.

The Truth is so palpably clear to anyone who enquires deeply enough. It is that deep, deep insight and feeling within man that enables him to seek and find the root of his own being. When he searches in himself he will find this root is rigidly held in the Divine Spirit which gives growth to all and is the foundation upon which humanity is built.

We find the people of the Christian faith praying to God for the destruction of others of the same faith while the others, too, are doing the same thing. We also see those different faiths continually warring against each other. What a calamity with leaders who are blind to the Truth, leading others who are blind, into destruction! You see it all over the world.

If you read the newspapers you will see ignorance of the Truth everywhere—mass ignorance, riots, Hindus and Mohammedans killing each other. We ourselves are not much better. I am not saying that people should not be punished for the deeds that they do, but I am sure of this: **MAN HAS NEVER BEEN GIVEN THE AUTHORITY TO TAKE ANOTHER MAN'S LIFE**, and we will find that out when we ourselves leave the physical earth.

Jesus said plainly: “You are worshipping something you do not know, but we are worshipping something we do know. God is Spirit, and His worshippers must worship Him in Spirit and in Reality.”

Hence, throughout the ages, we find an inner religion of the supreme mystery for the initiated few, and an outer religion, for the most part idolatrous, for the purpose of creating a religious dogma or creed, thereby holding the people in subjection through religion. So all through the ages (and even in our present day) the people were not left without a religion, but were given one that was thought suitable to their gross comprehension of things. This was left in the hands of the lower order of priests, who themselves were little, if at all, better instructed than the worshippers.

Here we see how essential it is that this knowledge be given to the world to bring mankind to a better understanding, not only for the world at large, but also for the individual, because the individual as well must demonstrate in his own life the Divine Power that is within him.

When we realise that our personal consciousness can be opened up to the higher Intelligence where lie the perfect ideas, we will have the undeniable proof of the higher Intelligence which is the only source, and we partake of its power and possibilities according to our ability to co-operate with it. This is the Christ Mind where all is possible, for the Christ Mind understands that matter outside the mind is the manifestation of ideas within the mind. The human personal mind allows feelings of fear, doubt, lack of confidence, to dominate, and establishes images of destruction and failure in the mind; and by the very ignorance of our creative power we allow these to be reproduced in our daily life and experience in corresponding events and situations of unhappiness, ill-health and failure. But when the personal mind collaborates most effectively with the Christ Mind we see the results immediately and instantaneously, results that are obtained seemingly miraculously.

Here is a tremendous truth: that at the very moment we understand this Truth we can perform it. We are not individuals who are separated from the Divine Mind, because we are the actual expression of that mind.

Did I not say that your brain and your body is the expression of the Universal Intelligence? It is the means through which the Intelligence can express itself in the physical form. The individual is given free will and an individual consciousness to understand and co-operate with this great Infinite Mind, so that the two can work in harmony and man can produce, in his own life, according to the perfect ideas that exist in the Divine Mind.

In other instances an idea or plan drawn up in the beginning by desire is acted upon step by step by the Creative Power. It appears by degrees, not in regular order and sequence, until it reaches completion.

When we use these Laws unconsciously, the objective seems so strange to us when materialised that we admire it and look upon it as if it were the work of some outside force that we do not understand. We may think it is the result of an accident, and may fail to realise the part we have played in the working of these higher laws. Many fail to perceive the workings of the

Creative Universal Intelligence and obviously believe that it is entirely the work of the personal mind, while there are others who perceive the Higher Intelligence quite naturally. It is by this co-operation with the Higher Intelligence in our own life that we know what is going to be the result.

A well-known scientist said: "It never occurred to me that anyone could be so dumb as not to recognise a Higher Intelligence." We know now that those who understand the Creative Scheme so well that they are quite aware of its particular activities, live unusual lives and produce unusual things. We know that when we have set a law in motion it must produce that which it was set in motion to do. There are others who, though they make progress by unconsciously including the Higher Intelligence in their working plans, are led astray into byways—byways suggested to them by worry, fear, lack of confidence—who will always be led astray unless they can perceive their own negativeness and acquire a practical understanding of the Christ Mind within.

We must see clearly our own mental action and reaction and also see that the Divine Mind, when set in motion, *can conquer all things*. But when the individual thinks in terms of separation there must be fear, there must be worry, led into byways, led astray, because there is no co-operation with the Divine Intelligence, and all the time the Universal Mind is waiting to express itself through you.

It is not what happens to us in our life, but our reaction to these things that counts.

No matter what name we give the Creative Power, this power manifests itself to an individual in exact correspondence to the state of mind in which the individual unites with the Creative Power. When we consciously use the Christ Mind we depend for power and ideas "upon Him that is able to exceeding abundantly all that we ask or think according to the power that worketh in us." (Ephes. 3: 20.) In this way all the possibilities and the power we attribute to God in the ordinary sense of the word are utilised in our own lives.

Thus, through the channels of our mind, we can continuously accomplish the things we otherwise could never achieve by ourselves in our ignorance of the truth. The Universal Mind can express itself only through the individual mind that recognises it and the Laws of the indwelling Christ

Power to produce. The Christ is the link between God and the individual. The Christ is the individualised Spirit of God; He is the Son of God, the individualisation of God Himself. He becomes the; individual and He knows. So the Christ sees both, knows both, knows the weakness of the flesh and the power of the Spirit. The Christ is the highest manifestation of the Individual Spirit recognising its own source and also seeing the negativeness of the individual ignorant of the Truth. The Christ sees the real and the “unreal,” knows which is the real, and corrects error with Truth.

It is our continual knowing that is so essential in this everyday life. “Therefore if any man be in Christ he is a new creature; old things are passed away; behold, all things become new.” (2 Cor. 5: 17;)

So few realise that all the power and all the possibilities that are attributed to God and the Christ can be consciously employed by us through the channels of our minds for the purpose of creating for us “Whatsoever we ask.” “Let this Christ Mind be in you that was in Christ Jesus, who being in the form of God, thought it not robbery to be the likeness of God.” (Phil. 2: 5,6.)

There are things that mankind desires. These are: Love, Health, Abundance. Love is the greatest of all, because it means the greatest to every soul that lives. These things in themselves, though great and most desirable, can be obtained only through first attaining to wisdom. Wisdom is within, and this wisdom includes things in their perfect form.

The body is the wisdom of God. The body in the perfect form is the wisdom of God; the body in disease is the ignorance of man. It was this Christ that Jesus showed, so that all could follow in His footsteps. It was by the Christ He healed. It is only through the Christ that the world can be made wiser and better.

The wisdom of this world is not the wisdom of the Christ, because in the Christ there is no error, but through the Christ all error is destroyed. For the Christ is the Love of God. The Christ analyses all misery and trouble, and liberates the soul from this world of error. This Christ Power is in you, and is the individualised Spirit of God; no matter what name you would like to call it, it remains the same always.

“Act on the word, instead of merely listening to it and deluding yourselves. For whoever listens and does nothing, is like a man who

glances at his natural face in a mirror; he glances at himself, goes off, and at once forgets what he was like. Whereas he who gazes into the faultless law of freedom remains in that position, proving himself to be no forgetful listener but an active agent; he will be blessed in his activity.” (James 1: 22, 25.)

Is that not plain enough?

To think correctly and accurately we must know the Truth. When Truth is the underlying principle in every individual life, in every business, in social relations, right action is the outcome. To know the Truth is to be sure, to be confident. It is the only solid ground in a world of doubt, conflict, danger, disease and misery, and it gives a satisfaction that nothing else can give.

To know the Truth is to be in harmony with the Infinite and Omnipotent Power. We must connect ourselves with this power which is irresistible, and which will sweep away every kind of discord, inharmony, doubt or error. This Truth is real, is mighty, and it will prevail when all that “seems” shall pass away. “I have set the Lord always before me because He is at my right hand. I shall not be moved.” (Psalm 16: 8.) “Thou shalt also decree a thing and it shall be established unto thee, and the light shall shine upon thy ways.”

Our ability to decree a thing is God’s provision whereby human events and material circumstances may be created. Our ability to decree a thing enables God to produce for us. That is the true meaning of it.

Those who acquaint themselves with the power of Christ within can specify with authority what they desire, knowing that they are expressing powers conferred for this particular purpose.

Whether we are conscious of it or not, faith and fear are the two activities of the mind responsible for the things which are making or breaking our lives. How to direct the creative power wisely is the knowledge we are all seeking. Lack of this power and the unconscious use of this power are at the root of all failures, unhappiness and much ill-health.

The humblest intellect can readily foretell the result of every action when he knows that it is based on Truth. But the mightiest intellect, the most profound and penetrating mind, loses its way hopelessly and can form no conception of the results which may ensue when his hopes are based upon a foundation he knows to be false.

Today it is necessary to be able to apply the law intelligently, and to do this we must realise that the Spirit is whole and perfect, because one part cannot be perfect and the other imperfect. When we recognise one whole we recognise one whole thing itself, perfect and it cannot have any imperfection in it whatsoever.

The fact that Spirit is omnipresent is the only reality, and because it is omnipresent it must be present in every atom of your body, your brain and every atom of space. It is this reason, this understanding, that enables the mind to produce what it feels and knows, because of a surety what you feel and know in your own mind will be produced outwardly. If you fear disease and trouble, that fear will come upon you. Be confident in the Law, understanding that it is God's pleasure to produce what you decree, and the Law is that "Believing is receiving."

Spirit is omnipresent, the only reality. This is the Christ in you which is not subject to disease or sickness, and when your mind sees this great Truth clearly every cell in your body will take on wholeness. If you see sickness, sickness will manifest; if you see perfection, perfection will manifest. Truth dissolves error away to nothingness where it belongs.

The greatest and most potent affirmation is to "know." One can repeat an affirmation if one feels that the mind is more satisfied with the spoken affirmation. "I am whole, perfect, strong, loving, harmonious and happy," this being in strict accordance with the truth. It helps to remove error and discord, but to repeat an affirmation to be effective the prerequisite state is a "supreme knowing" that nothing can move, and it is this knowing we must get.

This knowledge, repeated to you, gives you a feeling that your mind is changing for the better, your circumstances are changing for the better, *you* are changing for the better.

If people only knew what they could get out of this they would be seeking in their thousands. But do you not see that the student has to be ready before the Master appears? It is this state of knowing that is the foundation of our being. Therefore the most effective affirmation is to "*know*" the Truth.

"When thou passeth through the waters I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire,

thou shalt not be burned; neither shall the flame kindle upon thee. For I am the Lord thy God, the Holy One of Israel, thy Saviour.” (Isaiah 43: 2, 3.)

Some will say, and with sincerity, that with the pressure of world conditions and with life moving so rapidly it is difficult for many of us to find time to do much conscious thinking. Nevertheless, thinking for the purpose of thinking the thoughts that will produce results for us necessitates time and conscious effort. We must have at the back of our mind an awareness that is built up through the practise of our conscious thinking. Even in the heat and strife of business life this awareness is present as a guiding factor in our lives. We can never lose it; it must become part of ourselves. It is only by thinking that these laws can be discovered and applied at will. They can be relied upon because they are immutable.

Intelligent asking and intelligent believing are the steps to be taken for conscious creation. If we can understand and respect these laws, we can employ the Universal Mental activities for our own benefit and for the benefit of others as well. Here is the mighty Truth! The results of modern science are God’s reward to man for making this intelligent mental effort.

What I want to bring most vividly to your notice is that *your wealth lies in the Creative Power, not in the things created. This is the Eternal Truth in all spheres of life in the Universe.*

The majority of people lose themselves in the things created, with the result that their minds are always on the things created and never on the Creative Power; consequently they never get the results they should get, because of the misapplication of the Law.

We find this individual use of the Creative Power, that creates for the individual whatever he asks in the Law of “Believing is receiving.” This is revealed to those who understand and act upon the simple method taught by Jesus, who revealed the Christ Mind in all human beings.

The things asked for cease to be the paramount longing in the human heart. To know and employ that which produces all things becomes the wealth of human experience.

Here is the great and mighty thing that you must see in your own lives. Do not be led astray by the glitter and tinsel of the external. Immediately you gaze upon the thing desired you are led astray through fear, doubt and anxiousness, and the Law is not applied completely. But when you gaze

upon that Creative Power that enables all things to be manifested according to the idea which is held there, you know that what you create internally shall be produced externally.

“What you hold in secret shall be revealed on the housetops.”

So learn this quickly now: The things you ask for cease to be the paramount longing in the human heart. To know and employ that which produces all things becomes the wealth of human experience.

“I am the source of all things, for I dwell in thee. Ask Me and I shall shower you with every good gift, because have I not created thee so that I should make thee the channel for My own Divine expression? Look to Me, to Me alone, and I will satisfy thy thirst; and more shall I do. I shall set thee upon the throne of thine own kingdom to do with it whatever thou desireth. I shall guide you with my counsel and afterwards you shall receive My glory.”

MEDITATION.

Silence.

BENEDICTION.

Great and Mighty Eternal Spirit, Thou hast shown us the way. Thy means of creation becomes our acceptance, and when we look unto Thee we see the law fulfilled. We thank Thee for the wisdom Thou hast bestowed upon us and revealed to us through these lessons. May the succeeding lessons in the Advanced class of the Masters' Divine Metaphysics be even greater, and bestow more of Thy Wisdom, so that the teaching of every student shall become a blessing to the work and a glory to Thyself.

SO MOTE IT BE.

**What is Mine is Thine
(Part 2)**

LECTURE 11

This is the first lesson in the Masters' Divine Metaphysics Course, which is a continuation of our last course on Divine Metaphysics and is published in the book, "What is Mine is Thine," Part 1; and it is my earnest desire that you will derive even greater benefit from this instruction.

The Universal Mind and the individual mind are one. I will make plain this statement to you as I go along.

The consciousness in the Universal Mind is one with the consciousness of the individual mind. It is the consciousness that says "I." Herein lie the Spirit of Power and the creative power in man, the source of will, imagination, visualisation and thought.

We must see clearly the truth of this great statement, "The Universal Mind and the individual mind are one, not separate." They are one and the same; the Universal is expressing itself through the individual and the individual gives expression to the Universal. When the individual actually knows this truth he co-operates with, the Universal Mind and begins to express the unlimited resources of the Universal Mind. Its creative ability and its creative growth can be used by man because the consciousness in the Universal Mind is one with the consciousness in the individual mind.

Consciousness is in mind, and through it all creative work is performed; it sets in motion the process of creative growth, which becomes automatic in nature and out-pictures the idea in all its details. Therefore the consciousness in the Universal Mind is identical with the consciousness in our mind—the only difference is in degree; and it is with this consciousness that we create. It is the source of our thinking, the source of our will. The Universal Mind is all there is, and all must be in it and of it because there is no outside it. Then all is mind. Matter is mind materialised.

The will is not something that we have to create; it always exists in the Universal Mind, it is the Creative Principle that becomes active when the consciousness becomes aware of itself. When we become aware of our oneness with the Universal Consciousness it operates automatically.

You think in your mind, and your thoughts are in your mind. You create images in your mind, and through your imagination and visualisation form is created. Visualisation is a subjective activity, an activity in the inner world, in the mind where the conscious “you” actually visualises and creates the actual form which will sooner or later express itself, in the outer world of matter—matter, as you now know, being mind materialised.

I want you to see clearly that the Universal Mind will bring into operation the law of attraction through your visualisation, because it is in Universal Mind that you are actually creating, and there cannot be any other mind. Then visualisation is a form of constructive imagination in the subjective mind or the inner world. “Seeing” is a physical sense that is relative to the objective world, the world without. Visualisation attracts the vitality of the Universal Mind, so that the thing visualised will manifest itself in form.

We perceive that “seeing” is a sense that reveals to us things already formed. Visualisation is different; it is “seeing” something that has not yet come into form but is the means through which it will come into form. We use the vitality of the Universal Mind in the subjective realm, and when we know what we are doing we get results. We know what we are doing when we realise that the consciousness in our mind is the Creative Principle that acts on the Universal substance so that the form will be produced outwardly.

Many people are not able to use the vitalised power of visualisation because they lack the practice in constructive imagination. Constructive imagination is an imagination that has concentration and will. Sometimes, imagination may be of a fluctuating nature, where there is no concentrative effort, and no definition. This kind of imagination is of little value as far as creating is concerned because it is loose and has no definition.

Constructive imagination is where there is defined concentration; and behind that there is will. Visualisation is the outcome of this constructive imagination. It is the complete idea that brings into operation automatically the creative principle to out-picture its form. This can only be done by the individual who can use the great wonderful power of constructive imagination with understanding.

Visualisation is creating in the inner world a structure that will be built in the outer. The law is that what we create within must of necessity attract to itself the substance for its materialisation. Thus we prove that matter is mind materialised, and the form is the materialisation of the idea in mind. We can thus prove definitely that matter is mind materialised. Grasp this truth: There is nothing else but mind.

To master the material world we must not only believe, we must also know that there is no such thing as matter. Matter is only the name of the opinion we hold in regard to it. We have names for things, just as we have names for disease. We give names to the different structures of matter, but when we analyse it we find that matter dissolves itself into a form of energy, and that form of energy resolves itself into mind. From mind matter must come; thus matter is mind materialised.

The highest possible gift that man has is Love. If you want love, the only way to attract it is to become Love, and the more you become Love the more you attract. But to love, you must first feel it within. You cannot attract love unless you express love; and you cannot radiate Love until such time as you *feel* love. Love must be known in the inner world of the self, and then you become the magnet of love because of the fact that when it is established within you, it is the greatest attraction there is— because Love is the foundation of the whole Universe.

Love is behind the atoms in matter, behind the cells in plants, within the instinctive nature in the animal and is the greatest thing in the human life. It is the attracting power that enables all things to move round a central point. It is the sun of the Universe of Universes which we call the heart of God. It is the expression of the Divine Nature that pours out throughout the whole Universe and everything must move round it; and because it is the centre of the Universe it must also be the centre of mankind too, and it must be the centre around which everything in our whole life must move to make our experiences in this life worth while.

Everything experienced in life is the result of the Law of Attraction. By this law we attract to ourselves the things that make up the sum total of our existence in this life on earth. Just as the fabric of our soul is also built from what we think, the soul is the attractive force, the body is but the outer covering, the physical manifestation of what the soul feels and thinks. The

Law of Attraction then is fundamental and eternal and there is no escape from the result of its operation; and the knowledge of this law is absolutely essential to those desiring to make permanent progress.

Nothing happens without a definite cause. Every situation or condition can be controlled by bringing into operation definite causes for such control. You will be able to formulate your plans with exact knowledge without which most people fail. When you succeed you will know why, because you created the necessary causes which make failure impossible under this dependable law when properly understood.

It is so essential, when we are entering into this Course of the Masters' Divine Metaphysics, to understand how the Master can make a plant grow from the seed held in his hand, or make visible anything that he wishes to be seen. The same great truth operated when the Master Himself fed the multitudes from the loaves and fishes; and I have been with the Masters in the Himalayas when food was manifested through spiritual means, actually food that we eat. These things seem impossible to the ordinary individual, but once you understand this Course and actually experience something of the laws that I will explain to you, you can experience for yourselves the Law of Manifestation if you put this knowledge into operation. You must put it into operation with faith and understanding, and then you will get results.

The ordinary man is governed by his feelings and emotions and has no definite knowledge of the Law of Cause and Effect. He may have heard of it often enough—like a platitude it haunts him, and, like the ghost, it always disappears into mist just because he has never learned how to put it into practice. It is a “theory” in his mind, a theory that he has never really understood. Many people have never even heard of it. Yet everyone is affected by it in one way or another.

Some people try to justify their actions done under a feeling of emotion, of fear anger or jealousy, failing to note that the Law of Cause and Effect does not justify any action; it only produces the effect of the Cause, so they seek to console themselves with explanations and excuses—they think only in terms of *self*-justification or *self*-defence. But those who understand the Law think impersonally, and act impersonally, and if you can do this you have entered into the true power of the Universal Mind.

We must know that facts are facts, and we must visualise clearly to the end and meet all requirements fully and fairly, with the result that we attract to ourselves success, honour, love, friendship, health and happiness—not that this is our only desire: our desire should be to express life fully and freely, and then these things are ours *as a natural sequence*.

To those who understand the power of this law, possessions are only a veneer in the sense of this power. They are because of the Law of Attraction, set in motion by the individual who operates the law. In the majority of cases when the consciousness, the “conscious you,” is concentrated upon the particular object of desire, the fear of not obtaining the object of desire becomes so dominant that the Law of Cause and Effect is reversed, and the desire is frustrated and never matures.

Many students in Truth are trying to demonstrate things, things, things all the time. The Master never tries to do this; he is far above it, he can demonstrate anything if he wants to. By development and experience obtained by practice we will be able to use our mind properly. The sense of fear will have passed away and the sense of confidence will take its place.

In our visualisation of the Creative Principle in operation we must know that by our higher intelligence we are making valuable contribution to the world at large, and this cannot be done by limp thinking.

Thought is the connecting link between the Universal and the individual. When a thought by the individual is placed in the Universal Mind it takes root and comes into fruition, by the Law of Growth, as explained in Part I; we see clearly that in the Creative Principle the Law of Growth is operating continually.

Immediately you place a thought-seed in that Principle it begins to grow immediately. It is the same with the earth; if you take a seed and place it in the earth, immediately that seed unites with the Creative Principle to reproduce its kind. The seed dissolves away, while the life reproduces in the substance the exact replica, duplicating the pattern in manifold.

The same thing applies to our minds; there is no difference. Thoughts are the seed sown in the inner world, and Universal Mind reproduces the fruits in the outer world. They begin to take effect and we find that conditions and environment are but the objective form of our thought.

The procedure should be as follows:

We must build up and maintain in the mind the true state of the self which, when manifested will produce for us the experiences that will mean health, success and happiness or whatever we wish. Therefore we must include the Creative Law of our Divine Mind in our everyday working scheme. It cannot be lived just for a few minutes before you sleep at night or for a few minutes as you wake in the morning; it must be continued during the day—otherwise you will violate the Law. We must include the Creative Principle of our Divine Mind in our everyday working scheme. This will increase our ability to sustain our opportunity to succeed a millionfold. “Acquaint now thyself with him and be at peace, therefore good shall come unto thee.”

It is the nature of the Creative Principle to establish the things which we decree. But to decree a thing it is necessary that he or she who decrees it must first understand the law of growth as it pertains to the Creative Principle, and the means in which these thoughts are placed in the Universal Mind, so that growth will come forth continuously and the thoughts express themselves in the form that we desire.

Therefore it is very important for us to realise the fact that we are one with the Creative Principle and we are required to co-operate in the process of this establishment and to play a conscious part in creating the image that we wish to see recreated or externalised in this material world.

Sir James Jeans * says: “The material Universe is proved to consist of little more than the construction of our own minds.” Now, here, for instance, is one of the greatest minds of our time and though Sir James Jeans has now left his physical body he will be of greater value than ever before. Great minds do not die; they help those who live on the physical earth to express more of the Truth of ourselves and the Universe in which we live.

If you reason fully and conclusively, you will see that all must be mind. There cannot be any *thing*, unless it be in the Universal Mind, as it is all there is. Matter changes into a substance that is unknown. This unknown substance is the Universal Substance out of which everything must come because there is nothing else.

We have the ability to transform ourselves and our conditions by changing our minds; we change our minds by arranging and rearranging the

ideas which compose our mental structure.

In our last series of lessons we had to look into our minds and see what our ideals were, what our thoughts were. The students who have carried on from the last course are now ready to step into this one. After cleansing the mind and rearranging the ideas you will note that your conditions have changed. A change of mind means a change of circumstances and conditions. You must revolutionise your mind so that you will have the definite change you desire.

To produce the experiences that will mean health, happiness and success for us, we must build up in the mind the idea of the self that is capable of manifesting such experience, and we must regulate our thoughts and feelings in accordance with this idea with the expectation that it will become an integral part of our real experience.

It is extraordinary but it is true that, as we progress in Truth, we see deeper and deeper into this wonderful power of creation. To make this your own reality, try this experiment: What do you think of God? Question yourself, ask how much power and possibilities you attribute to Him. Become conscious of the image He makes in your mind and the place He occupies in your life, your schemes, your affairs. When you have done this, think of your own creative capacity. Now add the qualities you attribute to God—apply them to your life, your business, your health, your social schemes. By doing this you bring into operation the higher phases of your mind. This makes all things possible and God becomes a reality to you, an experience in your life, because God and you are not separate: you are one and the same in quality, same in substance, same mode of action, the only difference being in degree. God expresses Himself through you, and this is the great Truth of which Jesus said, “I and the Father are one.”

When we dwell upon the attributes of God we create in ourselves these attributes, because thoughts are things. When we dwell upon the unlimited nature of God, the Love of God, the Peace of God, the inexhaustible resources of God, the power of God, the wisdom of God, the Creative Power of God, the eternal nature of God, think then what happens in your own mind; think how it begins to expand, and as these are the attributes of God they are also applicable to mankind, because man is made in the image

and likeness of God, using the same creative power with dominion over all things.

Just as we weave habitually into mental images and impressions the ideas that come into our minds from our objective mind, let us then likewise weave all these ideas, these things we have believed to be true of God, into a conscious realisation in our mind, to visualise them, and externalise them in our lives.

We will find that all we attribute to this ideal of God will produce ideas that can be acted upon, and brought into actual experience in our own lives. As thought is creative, we create in our inner realms by the power of our thought-action, and the natural sequence of the Law will produce in the outer what we create in the inner. But the majority of people have thought that the attributes of God were far removed from themselves, and by so thinking they separated themselves from God. The attributes of God that are placed in man himself become unusable if a man does not believe that he is capable of using them.

When, however, we identify ourselves with the Creative Principle we will feel that those attributes also belong to us. Plato* says, "Mind is ever the ruler of the Universe." We will then find that within ourselves we have those things which we realise are ours by virtue of the fact that we are not separate from God, but that God is expressing Himself through us. It was this great truth that the Master saw clearly when He said: "Do you not believe I am in the Father and the Father is in Me? The words I speak to you all I do not speak of My own accord, it is the Father who remains ever in Me who is performing His own deeds." (John 14: 10.)

Here is proof, but it is seldom understood in its completeness. Most people attribute this to Jesus only and not to themselves. If you then build in your minds the greatness of these attributes, the smallness of our materially-minded attitude will disappear. The petty mental state held by the majority of people is being produced in their circumstances and their lives; their mental state is stamped upon everything they do.

We now see clearly that right thinking is necessary for right action. To know the truth of our being enables us to perform every transaction according to the nature that will bring forth right conditions in life; therefore we can tell the result of any action that is based upon a true

foundation. Happiness, success, good-health, do not just happen. They are not accidents; they are the working of the natural law which we must discover and with which we must collaborate. This law exists in this world for mankind, for the happiness of all people for perfect health, for abundance of all the necessary things we require. Let us then believe in this omnipotent power to produce for us. It is the pleasure of God to produce for us. It is the pleasure of God to produce what we decree. It is God's privilege to produce what we decree, but before we can decree anything we must know the truth about ourselves.

Only those who have dared to act upon their beliefs have ever achieved anything worth while in this world. When we take stock of ourselves we will find that very few of us have really dared. We talk a lot about the things we believe in—but do we venture to act? Let us cast our eyes back in our lives and we will see that the great things we did were when we *dared*.

Then if we believe that the attributes of God are in us—call it the Christ-mind if you like, it is one and the same thing—the secret of our power is not only in understanding that these Infinite resources are available for us and all mankind to call upon but it also lies in the “doing of it,” using these power and resources in our everyday life.

“In the beginning was the Word, and the Word was with God, and the Word was God, and the same was in the beginning with God.” “All things were made by Him; and without Him was not anything made that was made.” “The Word was made flesh, and dwelt amongst us.” (St. John 1: 1-3,14).

We see clearly that this is the Word—the Word was made flesh—and that Word is this Divine Word in you. “I am the Life.” “I am” the consciousness. “I am” the individualised conscious life of God, I am the living thought of God, God has made me in His own image, now He holds me in His Mind perfect, and He must be in the image of “me” that He holds in His mind, and this is how we must see ourselves. The very centre of that image must contain the very essence of God Himself. Therefore we know that we have the attributes of the Divine nature and that in the Divine Image these attributes exist. It is for us to call them forth from within into the outer realm and to see them demonstrated, because is it not said that we are made in the image and likeness of God with dominion over all things?

If we realise, as we must, that nothing happens without a definite cause, then we shall be able to formulate our plans in accordance with the exact knowledge. We can control any situation by bringing adequate causes into play, and when we accomplish we shall know how exactly we did accomplish.

It is because the ordinary man has no definite knowledge of this Law that he is governed by the opinions of others; he is not sure and therefore is a slave to his fears, feelings and emotions. He thinks chiefly about justifying his actions. If he fails as a businessman, he says luck is against him. If he lacks friends, he excuses himself by saying he is too sensitive, too fine in nature to be appreciated. When he becomes ill, he blames everything and every person but himself. He seeks to console himself with explanations and excuses, which only make things worse than before.

As soon as we see a condition manifested we should admit that the cause was created by ourselves. We should immediately apply the Law and dissolve the conditions of which we are the cause. Our happiness and misery are of our own making. If our belief is founded upon opinion it is liable to make us unhappy. Our wisdom must be founded upon science or facts. If our knowledge is founded upon opinions it is liable to make us a failure in our everyday life. If we are subject to the opinions of others, our lives are built upon the shifting sands. We must be able to separate truth from error, and this is the science that this course of Divine Metaphysics gives us. We must not spend our time in mere affirmations of our oneness with God. We must establish the Divine Presence by our actions, by relieving the sick of their error, by adjusting the lives of those whose lives are barren and wasted into a profitable experience through the Truth of "being."

In regard to the prevalent sickness of mind and body, the real trouble is that the world is spiritually sick. The invention of disease has made the mind of man sick with error. Man believes in the error of sickness because the learned physician pronounces him sick with such-and-such a disease. If medical science, in which a great many people believe, would investigate the mind a little more and medicine a little less, they would be of greater service to humanity; by inventing disease, instead of helping man, they have made him worse. A new disease appears just as does a new fashion.

We have fashion in disease as we have fashion in clothes. When a new disease is mentioned most people fall into line with it. The sick cling to their symptoms, and the disease that medical science identifies with them causes the error to be firmly stamped in the mind. In hundreds of cases when I have explained away these symptoms and revealed the error in the mind, these sick people immediately become well. All over the world I have done this, and the results in many cases have been looked upon as miracles. But they are miracles only to those who do not understand the Law, and there is no miracle when the Law is properly understood.

You cannot have an effect without a cause, and when the cause is removed so is the effect. If the substance of the whole Universe is a perfect substance without any flaw in it, and if out of that substance all creation must come, then the foundation of all creation must be flawless. How then does error come about? Error comes about because man does not know himself. The real and perfect he seldom gazes upon; Truth is built on science and facts. Error and confusion come about by belief in that which man sees with his mortal sense. *If he would but use his spiritual sense he would be free.*

The Christ is the One that stands above all, seeing and knowing the real and the perfect. The Christ also sees the error and corrects it; then the real, which is eternal, takes its natural place; and the error, being a consciousness of illusion, is dissolved away.

You cannot have an effect without a cause; and when the cause is removed, so is the effect. The cause of sickness and failure in most cases, I will say, is a consciousness of error. When our consciousness becomes aware of error and is not aware of Truth, then error will predominate. We must learn immediately that when error takes root in the mind through our belief in it, it begins to reproduce itself objectively.

Thought is the connecting link between the Infinite and the finite, between the Universal and the individual. When a thought is placed in the Universal invisible substance out of which everything must come, then in this Universal Mind-Substance it takes root and the Law of Growth begins to take effect. We find that conditions and environment are but the objective form of our thoughts and ideas.

Thought is a product of the Creative Force, having within itself an active vital form of dynamic energy that expresses itself in exact correspondence with the image projected by the Creative Principle or Consciousness, bringing it out of the invisible substance, “Universal Mind in which all things are created,” into the visible form or objective world which is the “Universal Mind” materialised.

I will say again that this is of tremendous importance to us. It is so comprehensive in its nature, and I will try to make it plain to you. Thought is the product of the Creative Force that has within itself an active, vital form of dynamic energy expressing itself in exact correspondence with the image projected by the Creative Principle or Consciousness, bringing it out of the invisible substance, “Universal Mind, in which and from which all things are created,” into the visible form in the objective world which is the Universal Mind materialised.

This, then, is the Law or mode of action by which and through which all things come into manifestation. The Infinite Creative Power is inherited by mankind by virtue of the fact that God made us in His own image, like unto Himself, with power to create, given dominion over all things, the only requirement being the understanding and the application of the Law. “Thou shalt be steadfast and not fear, and thine age shall be clearer than the noon-day! Thou shalt shine forth! Thou shalt also decree a thing and it shall be established unto thee and the Light shall shine upon thy ways.”

We are individualised Spirit in the Soul of the Universe. The Universal Spirit has manifested itself, and we are the means through which it manifests in material form. The real value lies in our conscious co-operation with our higher intelligence, and this can only be known through practising a technique that proves the possibilities of such co-operation. Results are constantly obtained in exact correspondence to our knowledge of how to apply this Law, and the understanding of our ability to use this source, and, as with all techniques, practice makes perfect.

It is the practical application of this Law that actually performs these so-called miracles, which are miracles only to those who do not understand the Law or the fundamental principles behind it.

Most of us praise and pray to God, and this shows that we believe in Him, yet we fail to employ our belief in Him for any practical purpose.

When facing difficulties we fear them, and when all methods fail we make an attempt to receive help from God, and if nothing comes of it we fall back in desperation, putting God on the list of failures like ourselves. This is simply because we do not understand the Law of the Creative Principle which could have supplied all the help needed but “Ye ask, and receive not, because ye ask amiss.”

Now our creative equipment must be used continuously, and we cannot acquaint ourselves with it until we can use it satisfactorily— and this requires practice. But you see at once that it is possible for everyone to act immediately and thus to improve his or her position.

In our next lesson we will further explore the avenues by which we can practise this, the most important of all techniques.

The exercise for this week is to take a rose or a flower and concentrate upon it, its perfume, its form, how it originated. Think back until you get a clear conception of its creation, and all the processes involved, until it becomes real to you.

This exercise will do two important things. It will teach you to concentrate; it will also give you an understanding of the creative process of Divine Thought. When you can co-operate with the Divine Nature in the flower, you can consciously cause the flower to grow at will. This is the power of the Masters, and it is right that you should also begin to learn the how of it. As we continue in the Masters’ Course of Divine Metaphysics we will learn the principles of creation and how to co-operate with them; and we will ultimately control Nature’s forces through practice.

Through knowledge and understanding of the Divine Law we can operate upon the Universal Mind that is in every individual. As we act upon the Universal Mind, we act upon the individual mind at the same time. The Universal Mind being all intelligence, it is not necessary to know the name and particulars of a person, what kind of face he has or what clothes he is wearing; when help is required, it is given immediately. Some say that you must have something to identify the person, but this is not necessary. Jesus healed the centurion’s servant when the centurion told him that the servant was sick. Jesus immediately saw him and administered to him. When someone tells me about a person who is sick I see the person and administer to him. There is no difference between the Law now and the Law that Jesus

used; it exists eternally, but in future years it will probably be more clearly understood. The time will come when all will grasp this extraordinary, this wonderful Law which acts when we become the Law. “Acquaint thyself with the ways of the Lord thy God, then shalt thou overcome all things.” “Practice means perfection.”

“Well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy Lord.” “For whosoever hath, to him shall be given, and he shall have more abundance.” (Matt. 13: 12.)

MEDITATION.

10 Minutes.

Close your eyes and feel at peace. *Now what think ye of God?*

BENEDICTION.

Thou art the Living Essence that gives us Life and Consciousness. All that is Thine is mine.

SO MOTE IT BE.

* [Sir James Jeans](#) (1877-1946) British mathematician, physicist, and astronomer.

LECTURE 12

In this lecture I will repeat one of the most important factors of our last lesson, namely, “What do you think of God?” Question yourself as to how much power and what possibilities you attribute to Him. Become conscious of the image He makes in your mind and the place He occupies in your life, your schemes. When you have done this, think of your own creative capacity. Now add the qualities you attribute to God, apply them to your own life, your business, your health, your social schemes. By doing so, you bring into operation the higher phases of your mind. This makes all things possible, and God becomes a reality to you in your experience.

When we dwell upon the attributes of God we create in ourselves these things, because thoughts are things. Immediately we dwell upon an attribute, we begin to develop it within ourselves. Thoughts are things. When we dwell upon the unlimited nature of God, the Love of God, the Peace of God, the Power of God, the Wisdom and the Creative Power of God, the inexhaustible resources of God and the Eternal Nature of God, we make these our own.

Just as we habitually weave into mental images the impressions and ideas that come into our minds, from our objective world, likewise we must weave all these attributes that we believe to be true of God into a conscious realisation in our minds. Then we will find that all we attribute to God will produce ideas that can be acted upon and brought into actual experience in our lives. As thought is creative, we create in our inner realms by the power of our own thought-action; and the natural sequence of the law must produce in the outer what we create in the inner. In such manner as we identify ourselves with the Creative Principle and all the real and eternal attributes of that creative principle, we find that they begin to be reproduced in ourselves.

The exercise which I gave to you in the last Lecture is a most important one, and I would therefore like to deal with it again.

The exercise for last week was to take a rose or a flower and concentrate upon it, its perfume, its form, how it originated. You were asked to think

back until you got the clear conception of its creation and all the processes involved, until it became real to you. Now this exercise will do two things; it will teach you to concentrate and will give you an understanding of the Creative process of Divine Thought. When you can co-operate with the Divine Nature in the flower, you can consciously cause a flower to grow at will. This is the power of the Masters, and it is right that you should also begin to learn the how of the power of the Master.

What we must do is to see Nature behind the flower. We see that from the ground a flower grows, with its perfume, all its various shades and colours. How did the flower originate? Where did it come from? Where did the perfume come from? Where did the colours come from? We then begin to realise the importance of thinking back until we reach the source of things, and trace the creation of the flower in every detail.

In continuing the practice of the technique for the development of the power within, we will further explore how to apply it most effectively in this lesson.

We have often heard the saying, "Faith is the substance of things hoped for, the evidence of things not seen." It is a very common saying, and often to most people only just a platitude with no real meaning of the hidden secret behind it.

Our creative power depends upon the potential power of Spirit. Creation calls into existence that which exists in the objective world, and faith is the instrument of this creation.

First, the idea is created in the mind. This idea must be sustained through concentration and faith, and then creation operates of its own free will; it is automatic in its nature. Just as electricity will flow into the light immediately you switch on the electricity, so does the creative power flow into the ideals you hold before it. No one knows what this Creative Power is, just as we do not know what electricity is.

We must clearly understand our relation to the Creator. Jesus compared it to that of a father and his son. I am in the Father, and the Father is in me and I in you. In all of Jesus' words and acts he showed His understanding that all human beings were not separate from the Creative Principle but one with it. This power was manifested in him, in Spirit, in mind and matter, all being manifestation of the same thing.

“All things were made by Him; and without Him was not anything made that was made.” (St. John I: 3.)

Thus here we see a clear description of the fact that matter really *is mind materialised*. When we take into consideration matter, we think of it as solid; we find that this solid substance is just a mass of atoms, and as we raise the vibrations of these atoms from its solid state, we change the structure of matter from solids to fluids. Carry the process further, and it changes into vapour; from vapour to etheric substance; and then to mind-substance, which is the basis of all matter, and in which forms are built. So matter is mind materialised. The oneness of all, the creative energy in all, God in all and God *is* all. This the Master perceived as a fundamental Truth and used it. The Truth gradually unfolds itself and is revealed to the consciousness. When perceived by the consciousness, it begins to establish itself.

The Master discovers the method by which His needs are supplied by which wisdom is obtained, by which error is dissolved away, and by which health is restored. These possibilities and capabilities are inherent in all individuals. Their use is determined by the degree of understanding. We are always unfolding. At the beginning one may find it not easy to comprehend the completeness of the true understanding of Creative Power in man, but after a time one begins to see clearly how to put into operation this Creative Power, and it is the *understanding* of the laws that is necessary.

Want, limitations, sickness and failure and unhappiness in our daily lives are evidence of our ignorance of this fundamental truth. Therefore we must acquaint ourselves with the Creator to understand the laws of creation. “*I am come that they might have life and that they might have it more abundantly.*”

In taking advantage of the wonderful possibilities opened up to us through the operation of the Law we must remember that the Law fulfils itself when we know the secret of how to operate upon it. Jesus said, “It is not I that doeth the work but the Father that dwelleth in Me, He does the work.” We must take exactly the same position. When we comply with the Law of the All-originating Mind we bring about results. It is for us to create the ideals into which the Intelligence of the All-originating Mind will flow. Some think that man himself has to create the Intelligence to bring about a

specific purpose or result. What man has to do is to act in accordance with the ideal and know that the Universal Mind can be depended upon to find ways and means to bring about any physical manifestation.

When you eat your food the Intelligence knows how to get it to the various parts of the body; you do not have to tell the Intelligence how to do it. It does it naturally. It is the Intelligence of the whole Universe that acts to out-picture the ideals that you hold in your mind, and it is the same Intelligence that works through your body, that works through your affairs, the same works through-out the whole Universe and it actually works according to the Law. According to the image held by your consciousness or in your consciousness; that image will be reproduced externally according to the feeling or faith that you have behind it, and the faith and understanding to sustain that image, to hold it until it is complete. James says that you must hold the image “. . . with never a doubt,” “the double-minded creature need not think that he will get anything from the Lord.” The double-minded creature is one who believes one moment and doubts the next.

The invisible power of electricity can be controlled and used only by the laws pertaining to it. We know that millions have benefited by it, and if we consciously or ignorantly violated its laws by touching a live wire the result would be disastrous. The lack of understanding of the Law that governs the invisible world has the same result and many are suffering the consequences of the violation of this Law.

Many people create ideas in their minds which they would not like to see established in their own lives, yet they think these things about other people. Remember that whatever idea you hold in your mind, whether it is about yourself or anybody else, it tends to out-picture in your own circumstances and your own life. Whatever kind of thought you hold it will tend to out-picture. Jesus said, “Do not condemn lest you be condemned.”

“Beware that thou forget not the Lord thy God, in not keeping His commandments, and His judgments, and His statutes, which I command thee this day . . .” (Deut. 8: 11.) “. . . And thou say in thine heart, My power, and the might of mind hand hath gotten me this wealth. But thou shalt remember the Lord thy God: for it is He that giveth thee power to get

wealth, that He may establish His covenant which He sware unto thy fathers, as it is this day.” (Deut. 8: 17, 18.)

All who desire the impersonal power must become as humble as the impersonal power itself that expresses itself even through its humblest creation.

“Unless ye become as a little child, ye shall not enter the Kingdom of Heaven.”

He who is puffed up cannot know God, because he knows only his outside personal self.

Your humbleness is not a negative attitude, but a positive attitude towards life. Thus you become attractive. Birds, animals, people seek you, because that power is seeking itself, finding itself in you. When that deepest thing in you finds itself in something else it flows to it, and seeks to unite with it. Then create within yourself, by desiring this most extraordinary and wonderful power—the Love of God that brings about every good thing and attracts to the one that has it the best in life.

Unless the circle is complete between God and man, the Law will not work. Thus we must operate in harmony with the Law and know what it is.

We see the Law in operation everywhere; all nature testifies to the operation of the Law by silently and continually expressing itself in the Law of Growth.

We see that Nature is behind all things, the Creative Power that is out-picturing the idea complete in every detail.

I want you to practise your flower-exercise and see what it will bring into your mind by deeply concentrating upon it. Become aware of the smallest shadings in Nature’s abundance of colour. You will find that all the details are perfect. Nature expresses itself in perfection and will do so in your life, body and circumstances, *if you will but allow it to do so.*

Where there is growth there must be life, and where there is life there must be harmony. Life is constantly attracting to itself the conditions and the sources of supply that are necessary for its complete expression in everything.

If your thought is in tune with the Infinite Mind and in harmony with the Creative Principle in Nature, it will form the circle to make that connection necessary for the Law to operate.

In the growth of a tree, the Life rises up the centre and returns to the source after travelling to the furthest leaf, and returns by way of the bark to the ground. If the tree is ring-barked the tree dies because the circuit is disconnected. When we think thoughts that are not in harmony with the Infinite they are not received at the source and we break the circuit ourselves—we break the line of supply. Doubt and fear to a great extent are the things that ring-bark our thoughts and desires.

When you are spiritually in tune, the spiritual channels are free, and there is a constant flow of Divine Energy through you. If your thoughts are not in harmony with the spiritual self, your thoughts and emotions cling to you and finally bring about disease, misery and possibly death.

There is a complete circuit continually flowing between yourself and God. It is the flow of Divine Energy that never ceases, not for one moment in the whole twenty-four hours of the day. You can become aware of this union; and as the awareness of this flow of the Divine Energy becomes greater in your life, so will it flow into you with greater power. But if your thoughts are not in harmony with your spiritual self your thoughts and emotions cling to you and finally bring doubt, disease, misery and death.

The physician may not diagnose the case so correctly in this way. But he gives it a fairy name which has been manufactured for the various ills which are the result of wrong thinking, though the cause underlying them all is the same. If, instead of giving more poison in the names of diseases, wisdom were substituted it would strengthen and nourish those who hunger and thirst for the bread of life.

Most people cling to the name of a disease when they are sick, thinking to give it an identity. But you do not need the name of a disease, you need words of wisdom. It is the cup of life that you must drink. The understanding of these words reveals the Truth, and a new life begins for you once more; the inflow and outflow of the Divine energies will continue and the circuit becomes complete.

The happiness of man is not increased by opinions founded on ignorance or theories of the physician who cannot cure the sick. Jesus cured the sick, and if people understood Him they might do the same again today. We want the understanding of Jesus, and not a theory that cannot be put into practice. Jesus proves the power and goodness of wisdom. He was the oracle, and

Christ was the wisdom that cured by giving the bread of life to the sick who had been deceived by others ignorant of the Law. This Truth will eventually be revealed to mankind; the scales will fall from the eyes of man, and he will see how he has been deceived generation after generation.

The material world is the revelation of the Creative Power manifested through the mind; both grow out of the same source; both grow out of the same root. Visible things are the representation of things invisible. So both come from the same source. Visible and invisible things have the same source. If we can comprehend this Truth we will rise above the effects that we see in our everyday life. We will understand the conditions that surround us; we will no longer be afraid of them but will meet them face to face and will know how to eliminate them.

The material manifestation is made after the image of things seen in the mind. Man, made in the image and likeness of God, lives in a material world in which he has been given dominion—a world so constituted that, if he will use it intelligently, it will continually lift him up to Spiritual heights yet unknown. He will expand his consciousness and practical knowledge of his oneness with the Creative Source—God; when he acquires this knowledge he will by the *conscious* use of Creative Laws, have revealed to him a deeper significance than the mere intrinsic value of material possessions obtained; they will represent to him the extent of his Spiritual knowledge and his ability to collaborate with the Creator of all things.

We will see that it is a spiritual world and not a so-called material world. The “idea” is obviously a material idea in the mind, the description “material” conveying to the mind just an idea of something of which nothing at all is known or understood. But when we see that material substance and the invisible are one and the same thing, we appreciate the fact that one is the cause and the other is the effect. We will see that this whole world has come from the invisible state and has been formed according to that Divine image held in the mind of God.

Then man will see that he is one with the Creator, and with the same process he brings forth into his life and circumstances the conditions and things that he desires. If he fails to understand these things he will create a series of causes and effects, and he will eventually be enmeshed in an illusion of which he knows little or nothing until the Truth dawns upon him.

“God himself has made it plain—for ever since the world was created, His invisible nature, His everlasting power and Divine being, have been quite perceptible in what He has made.” (Romans 1: 20.)

I am quoting this to show you that the ancient prophets had this great and wonderful knowledge, which is again being revealed so that man can know himself. The world will raise itself out of its despair and enter into a new understanding through a restatement of the Truth of the Prophets.

“Nothing is hidden except to be disclosed, nothing concealed except to be revealed.” (Mark 4: 22.)

We have seen that all power and glory is from within— likewise lack, limitation and sickness or adverse circumstances are the result of weakness—weakness, simply the absence of power. Weakness comes from nowhere, being the error in man’s mind—a belief in limitation, want, and sickness—it has no power or identity of its own.

Anything to have power must have the Creative Power behind it; it must have the essence of God in it, otherwise it will dissolve away into nothingness. The only identity these negative things have is the power we give them, the identity we assume them to have. We give illness an identity by calling it a name, don’t we? Immediately we call it a name we become afraid of it and we fear it; as soon as we fear it, it grips us.

So we see now that these things are but beliefs in man’s mind, and the remedy is simple. Develop the power of Truth, and this is developed by practising the Truth in our daily lives. Knowledge must be applied—it does not apply itself. The source of knowledge is from within and we must apply it.

No matter what kind of work you are employed in, regular channels will increase and develop; possibly new and unusual channels will open when the Law becomes fully operative through your application,

You will find that the things you seek are seeking you. This is the law of attraction in operation.

When we can see, through cause and effect to further causes and effects moving through a number of series of causes and effects, then we begin to see the Law in continuous operation, through a series of causes and effects starting from the original cause. The far-seeing person is one who has studied the Law in continuous operation and can determine the results far

ahead. It was through this deductive observation that the ancient prophets were able to determine accurately the conditions of the world today and by the same power we can read the writing on the wall.

Often, things happen to us which we think have no bearing on our recent operations, and we do not realise that these are the result of a series of causes and effects that are moving into place.

If we create error in ourselves we externalise it by the God-given power within us, but it has no power except the power we give it. Therefore hold fast to that which is good, so that it will manifest in your life. Herein lies the secret of understanding the Law of cause and effect. Hold on to the good. The individual setting into operation of the law of cause and effect should therefore begin with the true foundation based upon Spiritual Science and not upon human emotions and limitations. Even the human intellect is very much limited when we come to recognise the Law of Cause and Effect in sequence.

If you base your actions upon your emotions you will set into operation causes that are founded upon a false foundation and that will reproduce similar effects. If you set into operation causes built upon the true foundation of Spiritual Science, then you will know exactly what the result is going to be. But you can never determine the result if your foundation is built upon human emotions or even upon the human intellect.

We must learn about the mental and spiritual laws that govern our lives and when we do we will have the key to success, health and abundance. By this means, only, can we produce results. If you think that success can be assured because of the family tree you will fail. This mental attitude of depending upon dead people will not produce the results the world demands of you. Some try to fool the people by an alleged Divine authority. Those people who believe in such authority can never produce the results for themselves; they are limp thinkers. If you believe that University degrees alone will produce results you will find that you will not produce the results you desire. Results are the effects of the movement of mind or thought upon other minds and the effect of thought acting on substance. Real thinkers are those who realise the real; that which is greatest within them is that which causes them to be real thinkers.

To see this greater thing, to know this greater thing, to become one with this greater thing, is indeed to appreciate it. The Master said, "I and the Father are One." The Father is greater than I. This is the greatest amongst us, the great Giver is God who is the greatest. This is the secret of power of all the great: they rely upon the one that is greater, the greatest of all, and not of any individual or anything external to themselves, but this that is greater within. Now don't you see why the great in the world become great? They do not rely upon themselves; they co-operate with that which is greater, and they know and understand the laws pertaining to it.

Here is the supreme power that is equal to any emergency. Your conscious mind may not know how to solve any problem, but, when you refer it to that which is greater within, the all-knowing intelligence comes into action.

The requisite condition of the mind for this true expression is a calm, faithful attitude towards all things, no matter what they may be. It is only when the mind becomes blurred through fear, doubt and limitation that we lose the connection that makes us gods in the flesh. The greatest becomes the servant of all when we understand it. The Master revealed this when he said: "But he that is greatest among you shall be your servant."

The most wonderful idea that can ever fill the mind of man is "I and the Father are one."

Chemistry in its highest activity is called Divine Alchemy. Divine Alchemy is the transforming of base materials into the highest manifestation that is possible. Here we see the transmutation as the law of growth. The plant transmutes the mineral of the ground into itself. The animal transmutes the plant into flesh. Divine Alchemy which is the power inherited by man is capable of using and transforming all substances by the power of thought, provided he knows the Law. This is what the Masters know and understand. They are not different from anybody else, except that their understanding is greater—not only greater, but they also co-operate with Him that is the greatest.

The human consciousness does not know how it is done, but there is an Intelligence that does it. What we must realise is that it can be done, and it is this truth that must be established in the mind. It was this mighty truth

that was revealed to Jesus, that enabled Him to change the water into wine. He knew that the transforming power of all substance was *within* Himself.

This was done by the carpenter's son who knew that life itself which abides within every form, knows "how," and this, the greatest of all is our servant—the servant *within* knows. "My kingdom is not of this world." All that is necessary is to know that it can be done by the greatest of all—our servant, the servant within knows. The greatest among you is the servant of all. This the Master revealed to His disciples, who sat at His feet and drank in His great wisdom.

"My Kingdom is not of this world." My Kingdom is of the world within, that knows the greatest of all. "I and the Father are one."

The Kingdom of this world is human thought, action, and reaction to things that the human mind does not understand. Therefore the result must be confusion—ending in nought. The Kingdom within is where the individual identifies himself with God. Instead of being a slave to the identification of the limitation of human thought and reaction we unite with the cosmic creations which are the outcome of Divine activity in the form of Divine thought-action, carrying with it the Intelligence to fulfil the decree in its minutest detail. So we identify ourselves with that which is greater—which is the greatest, which is the servant of all and shall give all to us when we co-operate with it and apply the Law, for "Faith is the substance of things hoped for, the evidence of things not seen."

It is feeling that counts in this work—not so much the Intellect. "Scroll after scroll weigh down our weary shelves. The only point of ignorance is centred in ourselves."

How many shelves are weighed down by piles of intellectual nonsense? "Learn to discern the false, the ever-fleeting from the everlasting. Learn, above all, to separate head-learning from soul-wisdom, the 'eye' from the 'heart' doctrine. Even ignorance is better than head-learning with no soul-wisdom to guide it."

"Who am I?" "Who do you say I am?"—My answer will be for you also if you grasp the full significance of it. God supplies the answer in full: "Thou art my beloved Son in whom I am well pleased."

Our friends and others may call us all sorts of names without any thought of our welfare, but as God has named us we remain permanently in His

Eternal Mind just as He named us. Then let us act as such, for Divine acting is the establishing of the Law.

The more we can grasp this truth the greater do we become in the expression of our own lives and in the lives of others.

The mental activities of the majority is the result of ignorance, but with this new understanding we can change these negative conditions into new wine, that wine that tastes better than all other wines. Just as Jesus turned the water into wine at the feast, so this can be done only by holding the idea of God's whole presence as a living cosmic fact in our minds and the miracle will be performed.

Our conscious mind does not have to know how it is done, because the servant within knows how to do it. We have to think constructively, we have to use imagination, concentration and will, as I said in the last series of lectures. Imagination with concentration is effective with will and feeling as the dominant factors to produce results.

The light behind the picture does not care what kind of picture is held before it; it just reflects the picture on the screen. The pictures we hold firmly before the Creative Principle is expressed outwardly. If we want a desired result we must hold those pictures that will produce that result. If we look for the evil in others, we will hold the thought in our own minds and we will surely see it externalised in our own lives.

If we harbour envy, hate and jealousy, we hold these pictures in our mind, and the Creative Principle will express them in our life. We cannot hate another without injuring ourselves. The Law never fails.

The one idea that must be paramount is that "The Father and I are one." For the Father is that Life that transforms all things into the highest manifestation. Base thoughts are turned into loving thoughts, negative and limited thoughts are turned into a faith that can move mountains, because as we discern the cause of our human motives they dissolve away and the real takes its place.

Our conscious mind does not have to know how it is done because, as I have said, the servant *within* knows how to do it. But we have to discern deeply our thoughts, so that only the right ones will be given the power to grow.

The reward of this mental attainment is beyond price and cannot be classified with the rewards of any other effort whatsoever. This mental poise and power can be permanently established, and no man and no law can deprive man of this cosmic unity through which all is possible. There is no degree of material wealth, no degree of material power, no intellectual attainment that can compare with this living satisfaction.

In every person's life there is a dominant idea that determines the general trend of his thought, and which determines his path of life, our whole mind, life and conditions can be changed by changing the dominant idea. Paul says, "Let the mind be in us that was in Jesus Christ." The dominant idea which Jesus held was: "I and the Father are one." It was this that made him the most dramatic person the world has ever known or is likely ever to know.

If your life is monotonous and commonplace you will discover, by examination, that it is so because of the dominant idea in your mind being like every other person's dominant ideas— in short, you are a victim of the mass teaching that you have accepted, and therefore there is no dramatic power in your mind. You are a limp thinker; your only escape from your monotonous and commonplace life can be done only by yourself.

Then start with the supreme idea of your identity, "The Father and I are one." How many people read book after book and are not one bit further forward. In fact they are worse off because they have cluttered their minds with so many different ideas that they are completely confused. Do not lose the power of your own thinking. This is the most important thing in life. Why let others do your thinking for you, when *thinking for yourself* is the greatest asset you have?

The great majority of people falloff to sleep at night happy or sad, depending upon the feelings produced by their failure or success. Let us make a new beginning: instead of going to sleep with a state of mind that has been produced haphazardly by the influences of our success or failure, let us see ourselves as we really are: "One with the Father."

In the days that follow we shall find that a change is taking place. Feel that a higher Intelligence has begun to fulfil your desires, working for you by means you know not. As days go by, your experiences are bound to be different, you will know the reason why; move along smoothly, caring not

for results, these are sure to come. Most people are always looking for results, and if these do not appear on the horizon fear and doubt enter. This makes them unstable, double-minded.

Before you arise each morning, take a few minutes to recollect the Truth that you found the night before.

No matter how contradictory your experiences may be during the day, know that the higher Intelligence is in action and all is well.

Do not deny any physical illness, poverty, limitation or any of the actualities of your experience; it only gives them power by giving them a definite place in your mind. The most constructive step is to maintain the state of mind that you had before sleep, and on regaining personal consciousness in the morning hold on to the perfect image, and the higher Intelligence will begin to show in your daily experiences.

“I and the Father are one.” The complete and perfect dominant idea made the One man the most dramatic man in the world, and probably there will never be one who is greater or with more dramatic power and understanding. If this one dominant idea can do this for one man, it can do it for you. According to your understanding so shall it be unto you.

“Be not overcome with evil, but overcome evil with good.” Thou shalt decree a thing and it shall be established unto you. “Make your decree and strengthen it by adding unto it.” Do not destroy or retard its progress in its development; just know that it is being done unto you.

This sustained mental state in contrast with your limp thinking of the past will be the means of creating all you desire. “So God created man in His own image, in the image of God created He him; male and female created He them.” “Be fruitful and multiply, and replenish the earth and subdue it and have dominion over all things.”

“This day we fashion destiny, our web of fate we spin.” “He shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.” (Psalm 1: 3.)

MEDITATION.

Silence—10 minutes.

“ I and the Father are one.”

BENEDICTION.

Loving Father, I know I am one with Thee, and, being one with Thee, I am one with Christ who revealed Thy power and glory in His life. This also can happen to me.

SO MOTE IT BE.

LECTURE 13

Modern physics has proved that mind and matter are ingredients of one single system. When we realise this truth we know that it is not the product of our imagination but a result of scientific investigation along well-known lines. So there is no longer any room for the kind of dualism which has haunted philosophy during the last two centuries. And this single system is the Universal Mind. Jesus saw this clearly, as also did the Masters in the Himalayas who demonstrated this Truth by their power over the material world through their understanding of the materialising power of thought.

This mistake of dualism of mind and matter has confused many, including the Christian Scientists who try to prove that matter does not exist. If they had shown it was belief that caused the phenomenon and not denied matter, they would have attracted the whole world's attention by now and would not be so impotent today in the healing of disease. The spectacular results which were obtained in the first instance have almost completely disappeared through the confusion caused by a system of metaphysics that has run wild. It is not the denial of matter that heals, it is through the understanding of the fundamental truth by which we can act on matter, and which gives us power over matter. It also gives us the power over external things and conditions, but we can never overcome or control material conditions even if we deny them, when the cause of our trouble is belief of the error in the mind. We must see clearly in our own mind that the cause of the phenomenon is a belief, thought, or an idea which we assume to be real.

I want you to understand this clearly, so that you will no longer be confused in your mind regarding the phenomena we see before us. The Masters understand the laws of life and have for centuries practised a system that enabled them to control matter, through the natural forces and, through their experience, have given to the world a scientific basis for this Truth. But most people cannot understand it because of the fact that they think that matter is fundamental and that the effect which they see expressed in matter is real. This is but the effect of a cause in the inner

world of thought action. Thus we are looking at effects; we are looking at the phenomenon, and there is no use denying the phenomenon. We must find out the cause behind it and eliminate it. We will find that the cause behind it is the power of our own thought action. An idea in the mind of God is perfect, but an Idea in the mind of man may be far from perfect.

The conception of the Universe now generally held is that of leading men of science, including the late Sir James Jeans, Sir Oliver Lodge¹ and Sir William Crookes,² who set forth so lucidly the implications of their modern beliefs regarding man's relation to the Universe, to the Creative Power, and to their fellow men. These "discoveries" are only natural and inevitable to those who understood the significance of the facts which the Master Jesus revealed to the world in His teaching, His acts, His parables and His healing.

Those who have sufficient intellect to comprehend the Truth and who have devoted time to it can easily pursue this wonderful extraordinary science of Divine Metaphysics. And as we become more acquainted with the understanding of those great scientific minds that the centuries have produced we will realise more and more that theirs is the leading thought in the world today.

We play a part in the great scheme of evolution according to the nature and intention of the Great Creative Principle. Through the instrument of mind in action (otherwise thought) we play this part consciously or unconsciously, constructively or destructively, producing health or sickness, success or failure, according to the nature of our ideas. It is a fact that ideas count in this world; ideas indeed are the motivation of our conduct; they are the cause of our actions; they are out-pictured in our life. When we hold in our mind an idea, and if it becomes dominant, we will see ourselves expressing ourselves through that same idea.

So the idea must be the real one, a good one, one that is to benefit and serve our fellowmen.

Sir James Jeans says: "To say that mind cannot influence matter now becomes as absurd as to say that mind cannot influence ideas. Matter must be of the same general nature as an idea; matter outside our minds produces ideas inside our minds, causes must be of like nature to their effects."

Here is a clear statement. Now I will go to the Bible and read from Romans 12: 2 (Moffat translation): “Instead of being moulded to this world have your mind renewed and so be transformed in nature, able to make out what the will of God is, namely, what is good and acceptable to Him and perfect.” The meaning is perfectly clear: not to allow the mind to be affected by the external world through ideas created in reaction to the outer, but to know the real and the true, thereby externalising these ideas and transforming the nature of the external circumstances in our lives in accord with these ideas.

In our own experience we find that when ideas are created in our minds through outside negative or destructive conditions they tend to out-picture themselves. Ideas of fear, ideas of limitation, ideas of inefficiency, ideas of evil, etc., all these tend to out-picture themselves in our lives because the idea is established in the inner world, and do you not see how important it is to watch carefully and discern what your ideas really are? Are they moulded from the outside world or are they moulded from the true within?

Then we realise the inner self identified with that great Infinite Principle of Life behind all creation, and with all the attributes we would like to see externalised in ourselves, its unlimited inexhaustible power, its great wisdom, and the magnificent thing called Love. We must dwell upon these in our own inner world before we have them in the outer.

Thoughts and ideas are the cause of the outward manifestations. As our thoughts or ideas change, all outward and material conditions must change in order to be in harmony with them.

The objective world is controlled by the unseen power of the consciousness within, whether its creation is the thought of God, angel or of man. The thought is produced in the Universal Mind by the Consciousness and because of the Law must out-picture itself. Man’s subjective mind is of the Universal Mind and is one and the same, the only difference being in degree. They differ only as a drop of water differs from the ocean. When that drop is in the ocean, it is the ocean. They are the same in kind and quality. While the Consciousness produces a Universe or man in the material form out of the Universal Substance so does man produce his own conditions and circumstances out of the same substance.

When we begin to understand this system of Metaphysics we will use it in our own lives, and then we shall be happier and healthier.

We will know the Law that no one can take from us, a Law of which we have perhaps not realised the full significance, but as we go on day by day we do find in our experience the reality of this Law, this Divine Law that is *within* us.

So it is the recognition of this tremendous fact that places us in touch with the omnipotent and omniscient qualities of the Universal Mind. By our consciousness we can suggest to the subconscious mind, which is one with the Universal Mind, and it is quite evident that no limit can be placed upon its activities. When we understand the principle of prayer we shall see that results are the exact operation of the law and that there is nothing religious or mysterious about it. Prayer is creating an idea in the inner world with the understanding that it will be produced in the outer. But the method must be known and understood. We must close our minds from the outer so that no condition or circumstance can create any idea or thought that will reproduce itself as we hold our relationship to the Creative Principle. This change is accomplished by consciously looking to the higher phases of our mind, the Universal, for ideas that will help us to solve our problems.

So true prayer is that we go into our closet and close the doors. This does not mean going into a room and closing the door but closing the door of the senses that react to conditions and circumstances outside. Sometimes when persons are being healed their mind for the time being is taken completely away from their trouble. Their mind is elevated to such an extent through the operator that they see distinctly the Divine Principle in operation and at that moment everything external is closed off, Life is freed and its forces take control. In many cases instantaneous healing takes place this way.

Thus, when we definitely analyse this tremendous and wonderful power that we have within ourselves, we will know we are made in the image and likeness of God.

In 1 Corinthians 2: 12, we read: “Now we have received the Spirit—not the spirit of the world but the Spirit that comes from God, that we may understand what God bestows upon us.” The Spirit is the real power, the real power of manifestation, and when we understand that God has bestowed upon us all His attributes, His own attributes, perfect health,

happiness and abundance, wisdom and Love and all things that we ask, we shall receive, provided we do not ask amiss.

You are now beginning to see your minds and the action of thought, and the approach that is necessary to enable you to perform these so-called miracles. But, as I have pointed out before, they are not miracles, they are the direct action of the law of mind in action, and you will find this to be true in your own experience in life by putting this Law into operation.

If we allow fear, anxiety, failure and limitation to enter our consciousness from the outside world we lose that true understanding of what God has bestowed upon us.

Man is made up of Spirit, soul and body. The outer changes while the inner never changes. In our descent or out-springing from the inner into the material world, we realise that the Spirit is the inner; next comes the soul, the manifestation of Spirit; then comes the body, the manifestation of the soul. Yet all are really one—just as steam, water and ice are related to each other so are Spirit, soul and body related, being only different degrees of condensation. Therefore, in the thinking of ourselves, we must not separate Spirit, soul and body but rather hold them as one if we would be strong and powerful. We will then see clearly that the body is the instrument through which God is expressing Himself in the material world, and that any adverse phenomenon that appears upon the body is created by the belief of the individual—(the individualised spirit who *thinks* being the only cause)—being ignorant of its true source reacting to external effects, believing them to be real.

Thus we see clearly that the conscious Creative Mind of the Universe creates all within itself. All is in it and of it; the same creative mind created man and is individualised in man, and by that same Creative Power man creates for himself. With our beliefs and our ideas we must be careful that they are according to the Divine Plan and not the result of fear, anxiety, limitation that comes from outside reactions.

Grasp this wonderful Truth. To hold a thought complete and absolutely free from any of these negative conditions for sufficient time it will reproduce itself on the outer if we have sufficient will and feeling behind it.

This is the power of the Masters, but the power of the masters is none other than the power within yourselves. The difference between you and the

Masters is that by their experience with the Law they have acquainted themselves with the Law and have become proficient in operating upon it.

Carnal mind or mortal mind, terms so much used and abused, is the error-consciousness which Paul speaks about, which gathers information through the five senses from the outside world, and through our belief in the errors acquired through lack of understanding that the external world is but the manifestation of our inner world, we fail to see that we ourselves produce the conditions we deplore.

To be carnally minded or believe what the carnal mind says is death (sorrow, troubles, sickness), but to be spiritually minded is to be able to still the carnal mind and let the spirit speak within us—that is life and peace, harmony, health and abundance.

“The natural man receiveth not the things of the Spirit of God for they are foolishness unto him, neither can he know them because they are spiritually discerned.”

The natural man who sees through his senses reacting to outside world knows nothing of the Spiritual world within, and to him it is foolishness, for he cannot discern these things, because they must be spiritually discerned. He must “become” to know the Truth, “Unless ye are born again, this time of the Spirit . . .”

How many are unaware of the truth of the Law that Spirit is the moving factor in all things. “Foolish are they who do not understand, they heap upon themselves coals of fire.” I am quoting these sayings to you to show you clearly that the Bible is a Book of wisdom, but if the Law is not understood it cannot be “read.”

Whatever we identify ourselves with, determines what we shall be. “As a man thinketh in his heart so is he.”

To identify ourselves with the source of our being has always been the secret power of those who have been acclaimed by the multitude as miracle workers, yet it is but the operation of a definite Law that is infallible, and the more we comprehend it the more it becomes part of ourselves—so shall we produce that which the multitude call miracles.

We must be ready to enter into the discipline necessary to think correctly. Even if it is evident that wrong thinking has brought about failure,

unhappiness and ill-health, some will not see the truth that *thought* is the only cause behind all outer manifestation.

This truth must no longer be a mysterious legend; it must become the household word in every family. The only way to accomplish this is to make the supreme mystery of life the starting point of the child's education instead of it being reserved as the last and final teaching before we die.

In schools we clutter and cram the mind of the child with much useless rubbish that he will never use. Children are forced to accept facts having no foundation in Truth and the child becomes a sponge, an automaton, no longer able to think except in terms of what is forced upon it. Proper culture would teach the truth of being, also the culture of the mind. The mind would be trained to think on the plane of higher ideals which would bring wisdom and understanding and put kindness and happiness in their natural place. Culture is a sure foundation for successful living, not the narrow socialised bigoted culture we see today but an expansive culture that grows to include all nations, all peoples, and is not confined and limited to any group of people or society. Truth is not found between the covers of a book but in the heart of enlightened man himself.

Truth is freedom, expansion, completeness, fearless understanding and love. This alone will give complete understanding between man and man, nation and nation, people and people. Go—find the truth everywhere—in the garden, the fields. See it in every man's eyes, in every living thing! We see there the Living God expressing Himself and we will learn that there is no separation between man and God and between man and man.

We must train people to think for themselves; we must not do their thinking for them. Man must become his own emancipator. He has long enough been cajoled and deceived by leaders who are selfish, limited, and ignorant of the Truth.

Are we not today fed on propaganda? We swallow these mental pills, digest them, become automatons repeating rote, bringing destruction upon ourselves by our own inherent power. Man will not think for himself, so he becomes irresponsible; he gives up his authority and loses his individuality; consequently he suffers mentally and physically—he becomes cramped by orthodoxy. His intellect is fed on lies and tradition, his physical life is one rush and tear to make ends meet. The law of the jungle seems to be evident,

the survival of the fittest. Man's health in consequence suffers mentally and physically, all because he does not understand the truth. "The writing is on the wall."

Our thought must be clear-cut, definite, unchangeable; our reactions must not be the reflection of the kingdom of the outer manifestation but must be of the kingdom *within*.

Surely we have sufficient sense to realise that we cannot expect to see negative conditions, built up through twenty years of negative thinking, melt away as the result of twenty minutes of right thinking. If you wish for harmonious conditions in your life you must develop a mental attitude that reflects the kingdom within which is harmony; and then your world without will be the reflection of the world within.

The Universal Mind which is the realm within is the source of all wisdom, power and intelligence. The Universal energy is the one force which externalises our thoughts, as it externalises all motion, light, heat, colour and sound.

We must understand that the Creative Power of thought originates in the Universal Mind Consciousness. Our consciousness, being an externalisation of this originating consciousness— thought, is then "mind in action" and produces it according to the kind of action.

The Universal Mind is resolved into an electronic substance that fills all space, and is the basis of all form. Our thought originates within and is externalised in form; then change of thought changes form: Immediately, we change our mental attitude from fear to courage, from ill-health to health and happiness, from limitation to plenty, from inharmony to harmony, our outer world begins to change in accordance with what we create in the inner. Then let us identify ourselves with our Divine Nature— made in the image and likeness of God with dominion over all things. And it is this identification that is so essential.

Most people are imitators, being controlled by the actions and ideas of others. These lessons which are being imparted to you whilst you are assimilating the Truth will help you to think deeply. Every sentence is concentrated Truth-matter requiring deep contemplation. Negative conditions in your life will disappear immediately you allow the Divine Nature to take its place. For negation has no power of its own. Keep the

mind in a positive attitude at all times by the awareness of the Law of your Being.

When any individual ridicules all that it has hitherto held sacred, simply because it has never learned the Eternal Truth, and has placed his faith in forms, ceremonies and traditions— then woe to that individual, because by the inevitable law of nature, in the plane of the mind, he will bring catastrophe upon himself. It is the immutable Law of Cause and Effect; I have repeatedly told you that this is one Law—and not two laws; Effect is but the Cause manifesting. So we see, Cause and Effect are one. Cause is thought-action—thought-action that manifests from the mind into the vehicle of matter and creates the Effect. The beginning and the end are in the beginning. Immediately you remove the Cause, the Effect will disappear .

Here then is the Truth. Remove fear, anxiety, limitation, doubt and all such things, not by denying them but by knowing what they are; having no power of their own they disappear, and then the real, which exists eternally, takes its place. The real is not the product of your imagination—you cannot use your imagination to bring it into operation, yet through your imagination you can co-operate with the real by identifying yourself with it. Fear and limitation and such-like are the product of your imagination, having no power except the power you give them.

Jesus taught us how to identify ourselves with God, our Source and His Source. The religion that Jesus taught was the re-identification of the individual with God. The religion that the Church teaches is not the religion of Christ.

The Church functions as a sort of ecclesiastical and moral and social organisation assisting the civil authorities in preserving order and maintaining a high moral standard. It performs a praiseworthy work in high political science, but whence comes the Divine authority? The only Divine authority is concentrated in man himself, not in any organisation. Everything is between God and man, and no organisation external to man's inner world has any authority over him. He is his own master, made in the image and likeness of God.

So we begin to see the Truth, to know what Christ taught. We know the truth, then, about ourselves.

Thus here we arrive at the source, and we are not travelling on a road that has not been tried before. We have ample proof that man may stumble, but he will never fail, as long as he holds steadfastly to the truth of his being. Failure is impossible with God. When we realise that failures are but experiences on the way we shall no longer fear or become dismayed, instead we shall move forward fearlessly.

I gave you in the last lecture the dominant idea that: “The Father and I are one.” When we keep on going forward with this firmly established in ourselves we find that failures or stumblings on the path turn out to be experiences that lead us further along that way that has no ending—infinite expression in the infinite mind, from one victory to another, from one glory to another .

Some may not have the courage to go on because they have not caught a glimpse of the faith that is the substance of things hoped for, the evidence of things not seen. “Commit thy works unto the Lord and thy thoughts shall be established.” (Prov. 16: 3.) “Trust your affairs to the Eternal, and your plans will prosper.” (Moffat translation.)

The prophets were men who understood the Law, They had gained the experience. They opened their minds to the Intelligence that knows all things and the Intelligence revealed the Truth to them.

It is in the quietness of your own meditation that the Intelligence will reveal to your own consciousness the greatness of itself.

“Trust your affairs to the Eternal, and your plans will prosper.” This means that we must look beyond our intellect to a Higher Intelligence. Our constant belief in eventual success reaches out and unites with the Source of our being, our higher intelligence. Faith in holding-on protects the idea in the realm of the Higher Intelligence against the negative suggestion coming from fear, worry, apprehension. Holding-on with the feeling that the operation of first principle (Universal Mind) will fulfil our ideas is the conscious part we must play in co-operation with the higher Intelligence or Universal Mind.

We must know that the Universal Mind will fulfil our ideas, then we will go forward with a different understanding.

Many people are conscious of the great value of that state of mind which holds on with courage and patience, feeling that eventually success will be

attained. But just to hold on and not include in our vision the Higher Intelligence limits the strength of our nature in holding on, and consequently we unconsciously employ only a small percentage of our power and possibilities. By including the great potentialities of the Universal Mind or the Higher phases of our mind in holding-on we extend our plane of creative ability into that limitless imagination that unites us in action with the Universal Mind itself—where all things are possible.

Clairvoyance is a sight beyond the physical senses that reveals a world of action—the Cause of which is seen in the external effects. Science has pushed further into this unknown realm and reveals that the material and the Spiritual are one. Where the border-line is, they cannot say; but the extraordinary Truth is this, that some had the gift of clairvoyance or clear sight revealing truths unknown to man, and now Science is beginning to show definitely the Truth of this.

As time rolls on, more and more will be revealed. To think that what is beyond the reaches of physics is unreal, why that is as false as the belief of a century ago that there was a difference between energy and matter or that it would be impossible for man to speak across the oceans and continents through the air.

We are urged on by our imagination followed by our observation. With a vision within us of the potentialities of our new knowledge we are able to move forward into a new world, proving that we are really the sons and daughters of God, possessing the attributes of our Father. And one day, as we develop along these lines, this clear sight will come to us all. For instance, only the other night a patient of mine rang me up about a man I had never seen, a man in the hospital who had been given only two hours to live. Everybody was terribly affected by this sentence of death. Immediately I “saw” a picture of the man; I “saw” him in the hospital in his condition, and I ministered to him. The next morning I got a ring from the man who had originally phoned me. He said a most wonderful thing had happened. At 11 o’clock the sick man had taken a change and his doctors say he would now live. “Extraordinary” you may say, yet it is not extraordinary at all. Here is the Universal Mind, in which you and I live and have our being; now in the Universal Mind, in the inner realm, we know each other; it is only when we enter into this outer realm that we assume separation and the

personality takes control. We do not know each other because we put off the real and take on the unreal. But in the inner realm we do know each other, and it is in that inner realm that we see clearly and we minister unto the sick, sick in mind—sick because there is a belief in error. When I speak to the Spiritual self I rebuke the error that has no power of its own, no power of itself—it is but a belief that has been assumed. “Don’t you see that as soon as we let go of the belief, we begin to get well and the Universal Life will take action through us.” Is my consciousness not the Creative Power that is one with God? If I am made in the image and likeness of my Father and I have all His attributes, cannot I say, as the Son of God, “Arise, take up your bed, and walk.” “According to your belief so shall it be unto you.”

The Creative Force in man in its highest sense is a selfless force in that it urges us to bring forth not for our own needs alone but also for others. Let our work of labour be our love for mankind, and the highest and the greatest power in the Universe will respond to our call. “Know that ye have the thing even before you ask.” “And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith so that I could remove mountains, and have not love, I am nothing.” (1 Cor. 13: 2.) I am nothing without love. I am nothing without God, for God is love; love is God and God is all.

That people do not understand these laws and forces makes no difference in the operation of them. What seems to be super-natural is in reality natural. Nature cannot be unnatural. The fact that radio waves cannot be seen does not make them less real, less usable, less controllable than the flow of water through a pipe. Science follows Metaphysics; Metaphysics is that which is within the realm of physics, pointing to the way of action, so that that which is unknown may become known, “That which is concealed may be revealed.”

“What no eye has ever seen. What no ear has ever heard. What never entered the mind of man, God has prepared all that for those who love Him. And God has revealed it to us by the Spirit, for the Spirit fathoms everything, even the depths of God.” (1 Cor. 2: 9-10.)

Now let us continue the exercise begun in the previous lesson, of going to sleep realising the truth that the “Father and I are one” and when awakening in the morning feel what you knew as you passed off to sleep,

that *you know* that you *are*. This tremendous truth will soon come into your life, and you will feel that, behind your mind, in everything you do, God is with you, the Father is always there, He is never separate from you. You are never alone. This is indeed a feeling of comfort, is it not? Many people are afraid to be alone—they are afraid of their own thoughts; they must rush here and there, they want to run away from themselves. Do you not see how beautiful it is to be with your Father, to be with God all the time? This rushing here and there, this anxiety, this confusion is the result of a disturbed state of mind that lacks the Truth. When this troubled state of mind disappears through the Truth, then there will be calmness, a sense of peace. “The peace I give you is not the peace the world gives you, My peace I leave unto you.”

“We are all sons and daughters of God by birth, for God is the Father of the race, but all are not sons and daughters of God by faith. We must attain the victory over the self by faith in the understanding that we are one with the Father; then we become the pattern for all. For all who do the will of God are sons and daughters of God by faith.” When the great Truth of the “Father and I are one” takes root in your consciousness, your every action reveals this truth regardless of race, colour or creed. “Let every Soul be subject unto the higher powers, for there is no power but God, the powers that are ordained of God.” These are ours by faith and understanding.

So we are all sons and daughters of God by birth; we have now to make ourselves sons and daughters of God by faith.

MEDITATION.

“I and the Father are one.”

BENEDICTION.

This is the temple of the Living God that is not made with hands but with the very word that flows forth from God, and that word was with God, and that word was God, and that word was made flesh.

SO MOTE IT BE.

[1](#) Sir Oliver Lodge (1851-1940) British physicist and writer.

[2](#) Sir William Crookes (1832-1919) British chemist and physicist.

LECTURE 14

“My word shall not return to me void, but it shall accomplish that which it was sent forth to do.”

A great many people today do not realise the power of the spoken word and do not realise the importance of a phrase that appeals to the mind. Words are like music; they are like the notes that are placed in a symphony, giving it that beautiful rhythm that charms the mind. These words are not the orthodox literary style, but they are placed in such a way as to reveal the truth, and they are music to the ear that can understand.

Thus we live in a world we know not. We hear sounds but do not feel the true expression, because we are not attuned to the feeling behind the expression.

At this stage I want to show you clearly how your thinking and your words mingle in the ether. Vibrations are set up by thought, and by sound, and they have an effect upon the mind. Sometimes we think certain thoughts yet speak different words, and so we create that confusion which rebounds upon ourselves.

The cause of most of our troubles in this world today is that we are told what to think and what to say. We become puppets expressing the ideas of those whom we follow blindly. What we need is to be told *how to think for ourselves*, so that we can speak for ourselves, and free ourselves from bondage of race-thought and propaganda, free ourselves also from the belief in sickness and limitation that makes us automatons and weaklings in a world ruled by wrong thinking which we perpetuate, and from which we suffer the consequences.

“There is nothing either good or bad but thinking makes it so.” “The fault, dear Brutus, is not in our stars but in ourselves, that we are underlings.” Shakespeare¹ put his finger on a truth that was hidden from most. Within us lies the touchstone. It is the power of our thinking which gives to each thought and deed its true and real significance, gives to the word its true expression and power.

The world of mind and the power of thought is not a new discovery. Those who have sought have found the means for greater opportunities and have advanced above the average. They have become the extraordinary, the unusual. When the Christ-Mind in you is the power behind your thinking and behind your words they will be true. It was this mind acting within those who understood this Truth that brought about their achievements. Through the consciousness of this mind in you, new worlds are yet to be discovered. Directly or indirectly the greater part of our daily lives are dependent upon those who have made these discoveries and upon those who have developed them.

The great thing in life is to understand that there is no separation, that there is no division either in life or in substance. There is no division in consciousness, there is no division in the Intelligence. There is no division in anything that is real, because reality is all there is; it is one whole and cannot be divided. All “his activities are in that one whole.”

Some people give names to certain things. They will, for instance, give a name to a certain ray, this or that ray, this atomic form or that atomic action, whatever it may be. But after all, these are but ideas; they are not the real truth within man himself—they are ideas within man’s mind. Naturally it is good for man to have ideas, because the process leads him towards the Truth, but unless he can discern within himself his ideas and realise that which is himself—his own reality, from which his thinking and acting moves outwardly—he will still live in a world of images and ideas and not reach the point where he can claim the unlimited, inexhaustible reality which he is one with.

It is this wholeness that I am trying to show you, and when you comprehend it I assure you that your thinking, your words, your deeds, will become creations that generations after will look upon as something well done.

We must also discover and use the Laws of our own minds which will not only permit us to partake of all that the past and the present can provide but, above all, also make it possible for us to be consciously creative in the future. These Laws will reveal to us secrets which the minds of others cannot reveal. “He that believeth in Me, the works that I do shall he do also, and greater works than these shall he do.” (John 14: 12.) Here now are

words placed in a particular way. These convey a tremendous meaning. They enable us to see the mind of Him who spoke them. We understand His words, and we can read His mind the more clearly we perceive the Truth of our being. We can read the minds of the prophets, the minds of the Masters and the minds of all those great people that the world has known through understanding their words. It is through the knowing, the getting an understanding of the mental attitude and the meaning behind the words, that we realise their over-whelming power. These words have come down through the ages, will go through the ages, and will still maintain their power, because they are eternally true.

And the words mean just what they say. "He that believeth in Me, the works that I do shall he do also, and greater works than these shall he do." All great things come through recognition. The sceptre of power is consciousness, and thought is its messenger; and this messenger is constantly moulding the realities of the invisible world into conditions and environment of our objective world.

The real business of Life is thinking, and the power which has been placed in our control is the magical power of thought expressed from an awakened consciousness. An awakened consciousness! What is the meaning of "an awakened consciousness?" The words may mean very little to many, but when we come to understand the great meaning of an awakened consciousness, then the flood of this mighty power spreads before our minds.

An awakened consciousness is the consciousness that has awakened to itself, and recognises itself one with the source of all creation, one with God, linked-in with the one creative power of the Universe expressing itself through mankind, and as we recognise this consciousness we make it our own; the only creative power there is, is this one consciousness of God expressed through us all.

It takes some time before we can comprehend this. We may have little understanding at first, but it will grow more and more, till the full realisation dawns upon us, that it goes into infinity. The more we realise it, the greater this consciousness becomes for us, the greater becomes our creative power within.

It is not until we have a true recognition of this that we can expect to get results. The greater rewards go to those who can think; the less we think, the more we have to work, and the less we get for our work.

What we need to know is an understanding of the mind in action. Consciousness directs, Intelligence fulfils that direction in the substance, and form comes forth. Our relationship to the Universal Mind is as a craftsman is to his tools, as electricity is to a dynamo. We see, then, that consciousness is the director and we see that this Universal Mind, which is Intelligence, comes into action. It is the servant of man as well as the servant of God; the substance is the very mind itself, and is the very energy which is moulding everything, because we cannot separate mind and energy from matter. Matter cannot be separated from matter. Matter is energy, and energy cannot be separated from Intelligence, because energy is Intelligence in action. And Intelligence cannot be separated from consciousness, because consciousness is the director of the intelligence itself. There is one mind complete in itself with all the creative principles in operation and within itself all the necessary intelligence and substance to create, and you are one with this creative mind. By its power you create whether you like what you create or not. According to your thoughts so are your circumstances and conditions. We see clearly the simplicity of the one law that operates throughout the whole Universe.

The late Lord Kelvin² by his scientific formulae proved that the atom itself is like a solar system and according to the size, relatively speaking, it was the exact replica of the Universe we live in, with the sun and planets revolving around it. According to size, the same distance between the protons and the electrons and the sun and the planets are relatively the same. The same action in the Universe is the same action in the atom—the infinitely great and the infinitely small. There we see energy from the very source of itself going outwardly, expressing itself, according to its nature, in the greatest and the smallest. Thus the potential power of the “I am” staggers the imagination of man.

These are facts; they are not the product of my or any imagination.

And, after all, what is it that keeps this Universe and world systems in operation? It is the power of conscious thought. What we must have is an understanding of the mind in action. Consciousness directs; Intelligence

fulfils that direction in the substance, and form comes forth. Our relationship to the Universal Mind thus is as a craftsman is to his tools, as electricity is to a dynamo.

It supplies the power to produce, and what we have to do *is to practice*. We are the channel for its activity, the Universal acts through the individual it created for that purpose. When we recognise this our limitations disappear.

Spirit is consciousness and consciousness is you; you are the means through which the power works; all you have to do is to allow it to work properly and this requires a knowing how. Thought is the switch that turns on the power, and we can use it one way or another.

We must learn to think for ourselves, not letting others do our thinking for us or we shall find the forces turned against us.

Antagonism creates division in the mind of man. We have political systems that have no truth in them, and behind our political systems there is a financial system that keeps our political organisations in operation; so we have separation, people are divided against one another, so that they will not find out the Truth about things. When the Truth is really known to man he will know that there is but one God and that we are His instruments. The world belongs to God and no one else, and we are all joint heirs in this inheritance.

In my last lecture I stated that the Universal Mind has resolved itself into an electronic substance out of which all things are created. It is evident that this is the basis of matter, as scientists have resolved matter into molecules, molecules into atoms, and atoms into electrons; and they proclaim that these electrons fill all space, they are omnipresent—present everywhere, fill all ponderable matter, all physical bodies, and fill all space. There is no empty space, because Universal Substance fills all space, and it is out of this Universal Substance that all things must come and must exist.

Science has proved that which the Masters knew thousands of years ago, that matter was nothing more than a mental substance materialised by the power of thought. They understood also that the Creative Power and the moving power of their thought is the consciousness.

The next question is—How do these electrons form atoms and atoms form molecules and molecules form bodies? The answer is: Because behind

and within is the idea that attracts these electrons, atoms and molecules and forms a body according to the idea in mind. The idea in mind must have a cause, and this cause is none other than the consciousness that alone can create the idea or mould into which the substance must flow. The ancient prophets and the masters, as well as masters of our present age, recognise the Truth that the mode of action in regard to the Creative Power is the same in us as it is in God. That is the reason of the all-important statement, that God made us in His own image and likeness, to have dominion over all things.

Man with his human body was created by God, and the only way God can create is to express Himself—therefore God and man are one and the same. We are made out of the substance of God and His consciousness is His creative power, and it is also ours.

Some people try to explain away the physical form; they believe that the physical form does not exist, has no existence at all. But it is perfectly clear that the physical body is the Creation of God, that all true physical form is the Wisdom of God,—otherwise it could not exist. Man, however, does not know what the physical body is. It is his belief through his senses that makes him impotent regarding his body. He believes in sickness, limitation and death, which are real only because he believes in them. Do you not see now, as one recognises the true nature of oneself, that the body is the substance that responds to thought, that it is mind materialised.

There are many erroneous ideas, because people have not recognised this Truth, and this has misled people and left them still in a mystery regarding the physical form.

So all the intricate activities that take place in the body are the expression of the wisdom of God and no one else. The cells carry with them the necessary intelligence to carry on their work of assimilation and elimination. A number of different cells carry on different occupations in the body, but there is only one Intelligence behind them all.

Each of these cells is not only a living organism but it also has the necessary intelligence to carry out its particular work in co-operation with all other cells in the body. It is therefore evident that there is mind in every atom, in every cell, in every body. This mind is of an instinctive nature, it follows the Divine Plan. This mind is negative to the consciousness in man

and responds to the direction of Consciousness. Individual consciousness can control and direct these electrons, atoms and cells; hence we begin to understand the principle upon which Spiritual and mental healing is done.

If you could see with your own senses the movement that is created in the body through thought, movements of one mind upon another mind and the movement of mind upon substance, you would recognise at once instantly the power of your own thought. In fact I can, if I wish, make the whole of the structure of your body whirl with energy just by looking at you. All I have to do is to look definitely at you. (Demonstrated.)

There you have the power and strength of the conscious awareness. I am not telling you something that is imaginary; I am trying to show you something that is real. This power is vested in everyone. Greater things than these shall you do if you will but understand.

This mind underlying the cell-life is known as the subconscious mind and it responds to our consciousness. The main point I want to show is, that this mind constructively responds to the consciousness when we control ourselves: the Universal Mind will become our servant through faith. “Man, Know Thyself.”

All external appearances are the result of thought. These things have no permanency outside the realm of thought, because they originate by thought. So all that has appeared by thought can be dissolved away, withdrawing the power away from the thought. Everyone is the reflection of his or her own thoughts in form, character and environment. God created man, but man created his own environment, his own character and conditions. The proof of this is so complete that the truth of it is accepted by all scientific thought. It is the unseen world that controls the objective world, because one is the inner and the other is the outer. They are both the same. One is but the reflection of the other. All is mind.

I showed you some time ago in the lesson on symbolism that the great symbol for the whole Universe is a circle. Then the next symbol is a line drawn across the circle. That line does not divide the circle; it shows that the one is the active portion of the Universe and the other the passive—showing that the one acts in the inner and the other reflects in the outer. What is active in the inner mind is produced. What is held in the inner is produced in the outer in form.

Behind and within all creation abides the Infinite Intelligence that knows all things and has unlimited resources at its command. The great fact is that this mind is the servant of us all, as well as the active principle of all creation. We are the finite expression in the Infinite Mind, we are the sons and daughters of God by birth, and, through faith, the Universal Mind becomes our servant.

This indicates that our thoughts and words should be in perfect accord with the Truth; they must mean the same thing. When our words and thoughts differ they create confusion in the ether, just as if two opposing forces were released at the same time. Our words must be the language of our thoughts. This determines the importance of the saying, “My words shall not return unto me void but shall accomplish that which it is sent forth to do.”

The thought force mingles with the sound of the voice and produces their likeness in the ether. These invisible forces crystallise into visible form according to their vibrations. If the thought and the word are opposing each other they are broken up and dissolved into nothingness, because they are not in harmony with Universal Mind. It means that we cannot make effective affirmations if in our minds we are not clear about what we say, or if we do not believe what we say.

Hence we see why the results of so many affirmations and the time spent on saying them are useless. *Affirmations do not dissolve away the error: we must know what the error is, and then we can dissolve it away with the truth.*

Divine Metaphysics gives us a true understanding of the principles involved, and so we move from one victory to another.

We cannot escape from the impression we print in our minds by a consciousness of error, neither can we escape from the words which we express in the belief of these errors.

As our thoughts enter the higher planes, so do we manifest more life. As we leave the consciousness of error and enter into the higher truths where we have a consciousness of truth, the error then dissolves away into nothingness—where it belongs. But if we believe in the error we sustain it with our belief, and this many people are doing today through their fears of the errors they themselves create.

As we think in the higher planes, so do we manifest more life. Thus we are relieved of the conceptions and opinions received through our ignorance of the real nature of things. By the power that man has of clothing his thoughts in words, we possess today the thoughts of the great thinkers of all time who have given to the world a legacy that could not be obtained otherwise; we are virtually in communication with their minds. By the means of written words we are able to look back over the centuries and bring into the present a foundation upon which new knowledge and facts are built through science and observation.

During the last few centuries mankind has gone further away from thinking universally into a more limited and parochial way of thinking. The pendulum is about to swing the other way, more towards the Universal again, and those who have this knowledge will be in the van of progress to lead the world into a more harmonious state of Universal thinking, where separation and confusion will disappear, for the expression of the Universal thought is seeking to take form in the mind of man.

We see clearly the wonderful Truth that behind the scheme of the Universe, and behind the scheme of mankind is our spiritual evolution. Spiritual evolution has long begun and man is in the forefront of this spiritual evolution. We, ourselves, are the means through which the spiritual evolution of this world takes place. As we recognise the Spirit within us and understand the Spirit's mode of action, not only do we spiritualise ourselves but also we carry the world with us in this upward unfoldment or spiritual evolution.

In the Universal Mind the idea is the creation, the formation of a Universe or the formation of a world system, with man as the ultimate aim, being the image and likeness of the Creator. With this inherent quality in man he is likewise ever desiring to express himself. That is why man is at his best when expressing himself in his highest levels.

Words are the expression of thoughts. When words are placed together to express an idea in its most fascinating way, they carry with them a feeling of rapture, as do notes of music when so arranged as to express harmony. When we are caught up in this rapture we are receiving from the Universal a glorious symphony which we subconsciously recognise deep within ourselves.

It is when we are in a subconscious state, or a state where our personal consciousness is in abeyance and we are listening with something deeper than our personal consciousness, that our senses seem to be closed off. If a sound takes place there is no note of it in the mind, but there is a sort of deeper, instinctive, inward living, and there we can listen to the symphony of the spheres. So it is with the words that are created and spoken in such a way as to give you a feeling that holds you in rapture; it is like music to the soul. Words that can reveal the truth of our being, thrill us to the core. Orthodoxy has frustrated our expression of the past. We must free ourselves by being original in all we do.

Let us learn to build the words that will bring to us the secrets of the heart of God, for they are joy to the ears of all who desire the truth, giving us all we need and more; health, happiness, abundance.

So we listen and learn to build up words like the prophets of old.

I do not think any Book is more full of wisdom than the Bible. Some people denounce the Bible; they say it is a lot of rubbish—and it is a lot of rubbish to those unable to read it, for they have too much rubbish in their minds. When they clear that out, then they will find at least some truth in the Bible.

“In the beginning was the Word, and the Word was with God, and the Word was God.” “And the Word was made flesh, and dwelt amongst us.”

Do not these words reveal something to you even if you do not understand them fully? There is something that stirs the soul, and that is the Truth. “In the beginning was the Word, and the Word was with God, and the Word was God.” “And the Word was made flesh.” I do not need to explain this more, do I? Yet people will say “I cannot understand it.” Words like those just quoted become mental shrines that live forever. They delight the mind, for they contain all knowledge. In them we find the wisdom of the past in the ever-present, as hope for the future. They are living messengers from which every human or superhuman activity is born. They are the invisible and invincible powers which finally objectify themselves; and according to the form they are given and the interpretation put upon them, so will they come forth in your life. That is why the more we know of the Truth the greater these words become to us and the more powerful become our expressions and our lives in general.

Listen to these words:

“I have set the Lord always before me: because He is at my right hand, I shall not be moved.” (Psalm 16: 8.)

Here we see, then, the Lord as the Law of God that exists as an immutable Law and, as we set this Law always before us it is at our right hand; it is always ready for action and nothing can move against it.

“He shall not be afraid of evil tidings: his heart is fixed, trusting the Lord.” (Psalm 112: 7.)

“Who forgiveth all thine iniquities; who healeth all diseases; who redeemeth thy life from destruction; who crowneth thee with loving kindness and tender mercies; who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle’s.” (Psalm 103: 3.)

Here is another saying with, I think, one of the most beautiful phrasings of words, namely, “The Kingdom of Heaven is like unto a merchant man, seeking goodly pearls: who, when he had found one pearl of great price, went and sold all that he had, and bought it.”

The beauty of these words consists in the beauty of the thought behind them, and what thought can be more beautiful than the thought of the Christ Mind? People do not understand that the Christ is the true expression of God—it does not make any difference what name you call it; the meaning is the same; and immediately we understand the meaning behind these words, showing the one same Life in every individual, we will the better understand the Fatherhood of God and the brotherhood of man.

The power of the thought gives power to the word. The power of the thought exists in the consciousness that expresses it. That consciousness that is aware of the Divine Principle gives words their distinguishing characteristics, and to know this Divine Principle we must identify ourselves with it.

When the answer to a sum is incorrect it is not the Principle of mathematics that is wrong, but an error has entered into our calculations. When the principle of mathematics is properly applied the error is no more and the sum is found to be correct. When we apply the Divine Principle in our lives we find that the error in our lives will be no more.

When health is established sickness disappears. When we know the Truth we cannot be deceived by error. Where there is light there can be no

darkness, and where there is abundance there can be no lack.

Life and health are the secrets behind our own thoughts; we find that, in the very centre of the very core of our being, attributes of Life and Health are waiting to express themselves from within outwardly; all we have to do is to recognise them in the flesh, and they pour forth of their own free will. And, as they flood the whole organism, adverse conditions and circumstances disappear: the error is corrected.

We cannot escape by denying the error; we must discern it to know what it is; then the Truth shall set us free. Affirmations will be impotent unless we know this truth. We cannot escape from the error by affirming the opposite, for both are in the mind: the error will still remain unless we know it for what it is. I do hope you grasp the significance of this grand truth.

The glorious Truth that enlightens the heart and the mind of man is that a thought that has life has principle in it and takes root in the Universal Mind and grows to maturity. It replaces all negative conditions that contain no life or principle. The only power adverse conditions have is the power mortal mind gives them. As we believe in them, so they are to us as we believe.

When the sum is correct the error disappears; when the error is eliminated the answer is correct—and so it is with the mind of man. With this understanding you will be able to remove every manner of discord in mind and body and circumstances. Those who are wise enough to recognise the creative power of their thoughts and words acquire an invincible weapon which makes them masters of their destiny.

The subconscious does not reason; it produces what we think. We must be prepared to accept responsibility for any line of action we take. Therefore a necessary factor in our daily life must be to exercise control over our thinking so that we objectify the things we want, not the things that we do not want. Fear is a germ that breeds negative thoughts quicker than any other negative state. When fear takes hold of one the whole mind becomes confused, and not until we get control can we eliminate the thoughts that fear engenders.

I am certain that fear disappears from our mind when we understand the mechanism of our own thinking and the power behind our thinking.

We are not aware that the subconscious is really producing for us these thoughts until we find the negative conditions staring us in the face—and

then we blame everyone and everything but ourselves, and so we continue to create the error and reproduce these negative conditions because we believe they come from outside ourselves. Remember: the more we put the blame on other people and things for our own conditions the more do we hold them to us and the more they will stick to us, because we have not yet discerned the Cause.

We must develop an insight into the workings of the mind and the out-picturing of our thoughts and words. For, many a word spoken in jest becomes true. Little did you know that your thoughts and words form in the ether and that though you forget them they reappear later on.

This insight will enable us to see the possibilities of any undertaking and guarding against any difficulties that may appear ahead. The man who knows the true facts is superior to the man who bases his thoughts and actions on opinions.

Then let us turn our undivided attention in the right direction, based upon the law of mind in action. We shall, as a result, gain the greatest possible return for our efforts. We may enter into any field of action and there explore, develop and achieve beyond our wildest dreams.

The exercise for this week is to think upon the Creative Power of thought coupled with the words that you speak. Search deep into the mind and consciousness, and dwell upon the Creative Power, until you have gained a true understanding of the value and power that is behind your words and thoughts. Examine your conditions, health, life, and circumstances, and see if you can connect them with your thoughts and words as expressed from time to time.

Do not be afraid to go deep into your mind. These exercises will prevent you from creating further adverse conditions and will give you an opportunity to express thoughts and words that will produce positive conditions, the things you want—instead of the things you do not want.

I want you to think of the creative power of thought, that creative power which is behind your own thought. Think back until you find yourself thinking in your own consciousness, and search deep within yourself to the source of your thinking. Think of the words you have spoken. Think whence they come. Be still; and, when you have found the source of your own thinking, then let the power of thought enter your mind—and it will be

a power indeed. It is by this method that adepts are trained to produce a thought that can actually appear. It wants practice, of course, and at the present time you may disbelieve what I say, but, if so, it is your disbelief that then prevents you from obtaining the necessary power.

“A wholesome tongue is a tree of life.” (Prov. 15: 4.) “A man hath joy by the answers of his mouth: and a word spoken in due season, how good is it.” (Prov. 15: 23.)

“A man’s belly shall be satisfied with the fruit of his mouth; and with the increase of his lips shall he be filled. Death and Life are in the power of the tongue: and they that love it shall eat the fruit thereof.” (Prov. 18: 20-21.)

“By thy words thou shalt be justified, and by thy words thou shalt be condemned.” (Matt. 12: 37.)

“The lips of the wise shall preserve them.” (Prov. 14: 3.)

Then listen deep into your soul and find the source of your thought and the source of the word that you spoke, then you will know that in the power of the tongue lie life and death.

MEDITATION.

Great and Mighty Eternal Spirit, Father-Mother-Life, we know that we are one with Thee. Separation is but an illusion of the mind which denies us the power of the spoken word or the power of our thought, for as we react through our senses so we lose our understanding.

We know Thou art the Father of Love, Peace and Harmony. We are Thy children suckling at Thy bosom and we are sustained by Thy Life which we draw from Thee.

¹ William Shakespeare (1564-1616), England’s greatest dramatist and poet (from ‘Julius Caesar’).

² William Thomson Kelvin (1824-1907) 1st Baron. British mathematician and physicist.

LECTURE 15

To acquire the power that overcomes all things we must refuse to identify ourselves with family, tradition, state or church.

Those who have been caught up in the net of race-thought, nationalism, creeds, politics, disease, ignorance and death have permitted beliefs to rule them. They have consequently become impotent; they have lost their Divine Power over the things of this world.

The great mass struggle that we see going on everywhere is nothing more than the inner struggles of the individuals. The ignorance of the individuals is shown in the masses. In the midst of amazing scientific achievements we find ourselves in a world sick, disabled and depressed. Anyone can see that disease is not isolated; its ravaging effects are world wide, revealing deep underlying errors in our whole civilisation.

This lesson is one that brings to us a better understanding of the underlying causes of our civilisation. What applies to the individual applies to our civilisation, and I am taking a broad view of it to show clearly how we should act and think. We have the power within ourselves, a power beyond the understanding of the majority of people who live on the earth. This power is given to us, inherited by us, from our parent Father-Mother-God, and it is our birthright.

True statesmanship requires clear thinking, scientific thinking from cause to effect. This cannot be done by politicians whose sole training is in the art of gaining for themselves some public office and who make vain attempts to solve problems without understanding the fundamental laws governing human life. Unaware of the power of properly directed thought in accordance with the laws of the Universal Intelligence and holding to our old fixed mental habits, we are like sheep driven to the slaughter.

Our habits of thought must be studied, understood and corrected. Not until our thoughts become truly intelligent can we expect to see results that satisfy the human heart. We are still unconsciously and ignorantly pinning our faith to the power of things seen, the power manifested in material things already created, remaining blind to the fact that these things are but

the effects of the thoughts and ideas in the minds of men. These things are not the source on which we should draw to live, to think, to reason, being effects, not causes, and they must change and disappear.

How sad it is to see all hope and faith in the self completely disappear for the illusion of the things that have no true foundation upon which to build the future. Our minds are built up and maintained under the influence of limited ideas derived from these material things, ideas which originate from effects instead of ideas that originate in First Cause, which is the only true foundation for the assurance of health, happiness and success and a continued civilisation.

On account of our lack of understanding of First Cause we find ourselves in a chaotic condition; we have become the victims of our own creations.

Now, let us come back to the first statement about man in Genesis. Man is made in the likeness and image of God, and the name of God is “I am.” “I”—identity: “am”—reality.

“I am” identity—nothing else has an identity in this world except the “I am,” and you are that identity, “I”—identity— “am” reality.

So we see the name of God is “I am,” and then we see clearly that the name of God is stamped within ourselves in the name of “I am.” It is quite evident what Jesus said; He showed that the Universal in God was the individual in man, and as soon as we realise this the veil is lifted and the power shines forth. From His instructions we see that it was no mere figure of speech that “anyone who drinks the water I shall give him will never thirst any more, the water I shall give him will turn into a spring of living water welling into life eternal.”

The water that He spoke of was the Truth, knowledge of man in his true Spiritual state, one with the Father. The Master is so clear in everything He says when we are to read the Truth into what He says. He does not put Himself forward as the only Son of God; He shows Himself as the son of “our” Father, not separate, but the Divine expression of the Eternal Life that lives in all. Neither does he claim for himself “Divinity”—He proclaims the whole of humanity to be Divine in nature. And it is for us then to recognise this truth, to become co-heirs, co-partners with Christ in God, and governing His world so that all His children shall receive their inheritance.

I AM THAT I AM. In other words, I occupy exactly the place in the Creative Scheme which I think I occupy, and the thing I ask for is in its process of creation and occupies a corresponding place. According to what I think I am in this Creative Scheme of things, so shall I be.

Now, as we have lost ourselves in a maze of ignorance, we see the result in the chaotic condition throughout the whole world today. We have to find our way back to the starting point where we become consciously creative, so that we can direct the creative forces intelligently, in such a way that they continue to build for us, and that we remain the controller instead of becoming the controlled.

We have not yet learned the complete understanding of our Divine Creative Power, because we have lost ourselves in the beliefs of this world, in race-thought, impotency, inferiority, sickness and other things that are not of God. But, because we believe in them, they are to us according to our belief.

Although our higher intelligence remains at all times mysterious, eluding investigation and complete interpretation, yet by employing a conscious technique that is revealed to us by Divine Metaphysics we can transcend our conditions and bring into use the creative faculty of the Higher Intelligence to find the solution to our problems. But, if we identify ourselves with our conditions and react to these conditions, we can never transcend them. On the other hand, by entering into the realisation of our oneness with the Creative Power of the Universe we transcend these conditions, and by our own creative faculty, in our own consciousness, produce externally what we know to be true within. What we create within is produced on the outer.

Now we must first of all identify ourselves with that which is alive, that which is alive with Life-Intelligence that keeps our hearts beating. Remember that it is not the state or church or family that makes your heart beat. You can have due regard for your church, your nation, and your family, but do not become confused with them. It is the Life of God that makes you alive, gives you the power to think and act, then “acknowledge Him in all that concerns you.” This is a continuous realisation of the Truth of our oneness with the great and mighty God of all time, of all ages.

There are religions that bring into operation gods and demi-gods which we worship as if they were real. Now, these things are not real; they are images in the mind, images that have no power of their own. But I know that the Almighty God dwells in me and you, and is the source of all Creation; and the power that enables me to think is also the Creative Power in the Universe and is the creative power in man. This is “the God” to worship and nothing else.

If you worship images in your mind you are lost in your belief of these images, and if you believe in these things you see external to you, and think they are real, you are lost again in the illusion of this world. The Master said: “My Kingdom is not of this world.”

Submit yourself to God alone as the prophets did. Read in the Old Book what Isaiah says, what Daniel says. Did these prophets bow the knee to any but “the Eternal God?” No, they knew the eternal Truth.

Refuse to become a slave to any group, nation, society, family or thing external to yourself. “I must be about my Father’s business,” should be our business also; then let our visions be transferred to the Higher Intelligence and hold them there long enough to affect the minds of others so that the desired results will be brought about.

Where two or three are found together and consciously transcend this mortal mind, they can bring about things beyond the understanding of the mortal mind. We are one with the Intelligence of the Universe, the Intelligence that is behind all creation, that knows all, that understands all, and it is from this Intelligence that man unfolds all that he will ever learn regarding the real things of life. The laws that reveal all that man can ever know already exist. The methods and means are already waiting to come into operation. From the invisible, they form in the consciousness of man and come into visibility; then they become actual things that the eye can see. This great intelligence has within itself the means and the power to produce, and it is your servant every moment of your life if you will consciously unite with it.

As I said, it is necessary to have faith. “Thy faith hath made thee whole.” It was stated that faith was the greatest thing in the world. So it is, but not blind faith. Blind faith has much doubt in it. That is why nobody gets anywhere with faith except he understands and feels. The heart and the

mind must come together as one complete whole. The feeling behind the thought must be the feeling of the Truth and it is this feeling in you and me that makes things real in our lives; without it our thought has no real power. It is mostly through our feeling that the Intelligence moves in us, and its nature is eternal and ever-present.

Today as always we are moving, living and having our being in this Higher Intelligence—God—whose scheme of Creation is the things of the invisible realm which continue to express themselves through our consciousness in order to reproduce themselves in the material world for our benefit. If we co-operate with this Divine Mighty Intelligence we can bring about the conditions in our world that we long to have.

We should at once recognise that this is the perfect system, the perfect technique to use. On the other hand, if we use a system that makes us fear, makes us fear for instance that we shall not be able to obtain even the necessary things of life, our inspiration to work begins to wither and die. It is the inspiration to work and act worthily that gives happiness, when we know that behind us there is something that is beyond our imagination, a reality that knows all things and is prepared to act with us for the purpose of expressing that which is in Heaven. “Thy will be done on earth as it is in Heaven.”

Any system or idea which aims to be practical without including a sane and logical use of the Higher Intelligence (God) is doomed to failure. This is why we see the sentence of failure in the Peace Conference and UNO* and all the rest of the conventions taking place before our very eyes without the co-operation of the Higher Intelligence. You cannot succeed if you leave God out, failure is inevitable then. To be a success as an individual or family, in life generally, or as a nation, is God’s business. God’s business is humanity. “I must be about my Father’s business,” and this is our business. There is no other way.

If our civilisation, with its railroads, steamships, airships, modern inventions and giant cities of sky-scrappers, is to evade the fate of ancient Rome and Greece and other bygone civilisations we must at once recognise the importance of Spiritual as well as material values, and must apply them jointly for constructive results, as taught by the great Master himself whose ideas were the essence of logic. At no time did He recognise that war,

revolution or bloodshed were necessary adjuncts to the foundation of a great culture and civilisation. He showed the meaning and purpose of man's inner struggle to be the necessity of relating himself to the Source of all Life in order that he might consciously co-operate with this all-originating Life Intelligence in creating for himself that which was his own. "Son, thou art ever with me, and all that I have is thine." (Luke 15: 31.)

How few of us comprehend this wonderful truth, that is nearest to our very heart. By looking outside ourselves we become confused with things and conditions that we see: our mental make-up is the result of our thought-action regarding these things, and we are lost in a world of illusion, in which our mind is confused. That is why we must get back to the starting point, so that we can create consciously the things that are so necessary and are so near to our heart. We shall then know clearly and distinctly that, when we reach the cosmic state of consciousness, it is a complete giving, expressing the Divine Law in operation. You also observe that, when this cosmic state of consciousness takes place in the mind, there is no selfishness; peace is the word; and the feeling in the heart is love. When love begins to externalise itself we see clearly that the whole world is one family, the one expression of the one life, and, as you realise this, you enter the eternal stream of life, and not a life that ends with death which is the ignorance of this world.

We see clearly that this is the only means by which we can ultimately produce peace, prosperity, happiness and health, and thus continue to build a well-ordered world. "Be not conformed to this world: but be ye transformed by the renewing of your mind." (Romans 12: 2.) In other words, do not allow the ideas which spring from existing conditions in the material world to dominate you, but control your thinking and employ the Divine Intelligence to create new conditions in accordance with its attributes.

Here then is the guide to our lives. Is there anything clearer?

We have failed to realise that this Principle has been and remains the fundamental principle in creating our civilisation and our culture. This rule has stimulated all scientific research and has opened the doors into the realms of physics, chemistry and all the branches of science and art. We can apply this principle with greater understanding to carry us on to ever greater

success and victory. The time has now arrived for us all to recognise our ability to become consciously creative. We must no longer react to conditions, must not allow them to dominate our minds and again express that which hinders us. We must transcend these conditions and enter into the creative power which is situated in ourselves.

We must be a help to our leaders, and with all the power we possess must carry the civilisation on to a more magnificent proof of the eternal creative power of God revealed in us. The power of individual conscious thought was revealed to us by the Master who discovered the power within Himself and who gave us a method to direct and control the energy manifesting itself in all nature. By drawing upon and using this power we, as individuals, can draw upon the unlimited resources of the Universe to build and maintain a greater civilisation and save our culture from the fate that befell the people of the buried and forgotten world of the past. We have the power within ourselves today to do this because we inherit our birthright from God. As long as we are enslaved to conditions because we identify ourselves with the things that are seen, thus identifying ourselves with the conditions that exist in our midst, we become mere puppets; like sheep we are driven to the slaughter.

Immediately a body of individuals become imbued with the creative power in action there is nothing that can stop them.

Unfortunately we have been dumb and blind to the presence of this Mighty Power within us and have continued in our ignorance to deprive ourselves of the many things possible of achievement, failing to note that our supply can come only from this source. We must become aware of the creative source of which we are an integral part and by our conscious co-operation produce an ever-increasing abundance of both Spiritual and physical things for the benefit of all.

We must determine what is to enter the world within, as we have already learned the Law that the conditions which we find without are in exact correspondence with that which we create within. We must realise that whatever enters the senses in respect of the outer world will result in a mental pattern for the creative energies to produce outwardly. Little have we known of this great power within ourselves, of the Law of this creative

power. The thoughts we hold in our minds are produced outwardly by the creative energy within.

This creative energy is like the light behind the picture; as the picture moves, so the light expresses the picture upon the screen. The light itself does not care what kind of picture is presented, whether it is a good one or a bad one. The light shines through the picture and the picture is expressed upon the screen. So are our thoughts and ideas, even those which come from the things external to ourselves, things which we hold in our minds as real, believing them to be true. But if we fear them we add coals to the fire we ourselves have kindled.

Therefore a careful analysis must be made before we entertain those thoughts engendered from things that are seen in the world of effects, "Be ye not conformed to this world."

If our minds are filled with fears and worries bred from existing circumstances, or by waiting for someone or something to change conditions for the better, we are not only unconsciously and ignorantly helping to maintain our present conditions but are helping to make them worse. We must arouse ourselves to the fact that we individually can bring about conditions which will mean greater success and happiness and a great measure of good health; and the way to begin, is to rearrange our thoughts. "To be transformed by the renewing of the mind."

Thoughts are things. They may be invisible, but they are just things all the same; they are the things that will become visible in the future.

Through our interior processes of thought, regardless of the thoughts of others or of exterior conditions, regardless of our environment, we become consciously aware of our own creative power in co-operation with the Universal Mind or Life-Intelligence, and we can exercise a power that, by creating in our inner world, we will externalise in exact correspondence. We see not only this applied to the individual in his life but also in the whole world, and especially at this time.

We can control our destiny, renew the body from its very foundation and build a mind and soul capable of directing the destiny of which we can be proud. We shall transform our living experiences and make constructive links in a chain of events that will transform even our social systems and institutions.

By the exercise of this inherent power we can become aware of our negative images and our positive images through deep discernment, for, if we unconsciously realise a condition, that condition eventually manifests in our lives. Therefore the analysis of our thinking is the most important factor. To control thought is to control circumstances, conditions, environment and destiny.

If you see now a glimmer of the creative power that exists within you, you will realise the great possibilities of your own great responsibilities.

Constructive ideas are not bred in a negative depressed mind. The quality of your thought depends upon the material of which the mind is composed. If this material has been composed from thoughts of vigour, strength, courage and determination, the thoughts that emanate from such a mind will possess these qualities. Then the vitality of the thought depends upon the feeling with which the thought is impregnated, and the feeling necessary to give thought its vitality and immediate growth is an enlightened consciousness, conscious of its true nature—and what else can give a thought power but an enlightened consciousness of the Truth of the Consciousness itself, and the source of its own being, the source of thinking of the very thought which goes forth with that particular state of consciousness that has created it?

This is the difference between the thought that has no vitality and the thought that has real power, an enlightened consciousness of the Truth that the Creative Power in God has been inherited by man, and is the source of our creative thinking. If thought is constructive and possesses this quality it will have life, it will attract to itself everything necessary for its complete expression.

If a thought is destructive it will have within itself the germ of its own destruction. It will die but in the process of dying it will bring sickness, disease and every form of discord. This we call evil and when we bring it upon ourselves we attribute it to a supreme being, but this supreme being is simply mind in action. It is neither good nor bad, it is just the result of our own thought action.

Good and evil therefore are not entities, they are simply words which we use to indicate the result of our actions and these actions are predetermined by the character of our thoughts. Therefore we can say that constructive

thoughts are good and destructive thoughts are evil, and man is the root cause of both. We cannot say that God is good because of evil, for these are relative terms. Man, given free will to use the creative power, produces good or evil according to his thinking. "There is nothing good or evil but thinking makes it so." (Shakespeare.) But the majority of people make God good because they experience something else that is evil, but this is of our own making and as soon as we see this we will cease to create evil.

Now, this good and evil is in our own minds as shown you in the Garden of Eden, the two trees growing in the Garden of Eden, one was the Tree of Life and the other was the Tree of Knowledge of Good and Evil. And it says if you eat of the fruit of this Tree you will surely die in your sin. That means to say, you shall surely die in your ignorance but your salvation is to take hold of this Tree of Life and know that this Life is the only reality. It cannot be anything else but that which is perfect in itself. This Universal Intelligence will express itself through man; there is no other way. The Universal Intelligence will express itself through you according to your understanding and your awareness of it. According to the realisation of the Divine Nature in yourself so will the representation be in your outer structure.

We must realise that there are infinite possibilities waiting to be grasped and used in the positive way, to ensure that the results shall be harmonious. "Cast the net on the right side of the ship, and ye shall find." (St. John 21: 6.) Let us then cast our net on the right side of the ship and we also shall find.

If we observe the images we obtain from our reaction to conditions in this material plane we shall find they are composed of a varying percentage of positive and negative elements. When you close your eyes your thoughts form a mental picture of yourself which corresponds to existing facts intensified by ideas springing from fear and apprehension mingled with hope and desire which keep crowding into your mind. In summing up your mental vision the percentage would be approximately 20 percent positive and 80 per cent negative. Try for yourself and see if this is not true, and with a great many it is more than 80 percent negative, perhaps 95 percent.

How do we expect then in our own lives to produce that which is conducive to perfect health, happiness, success and abundance, and also to

help those who are leaders to see the truth and produce for the nation and for the world the things that are waiting to be expressed anxiously waiting to be expressed outwardly, so that we can partake of the great good gifts that God has stored up for us and is waiting to give us when we can receive them?

If we would improve this situation we must be capable of visualising while understanding the power of the Creative Force. Perhaps you have not yet grasped what I have said. But from even that sentence alone, if you can understand it completely, you will see that your visualisation will come to something and not to nought as in most cases.

We must hold our ideal in mind until the vision becomes clear and made real. We must not think of persons, things or places, for these are entities already made. Things are not made out of things seen, but out of things unseen. The environment and condition you desire will contain everything necessary. The right person, the right place and the right things will be in the right place at the right time. "Commit thy way unto the Lord; trust in Him; and He shall bring it to pass." (Ps. 37: 5.)

I am proving to you the knowledge of the ancients, who were acquainted with the Intelligence of God, great prophets of the past, saviours and sages, who understood these Laws. They were the pinnacles that stood above the mountains of humanity and they are the pinnacles that still stand out, and will be the shining pinnacle upon which we look to guide us on the way. If we can grasp perhaps even a glimmer of the consciousness and understanding of these great saviours and sages we will ourselves be following in their footsteps.

It is sometimes not clear to many how character, ability, attainment, achievement, health, happiness and destiny can be controlled through the power of visualisation, yet this is an exact scientific fact that has been proved beyond doubt.

The quality of the mind depends upon what we think, and our ability and mental capacity depends on the quality of the mind; and our attainments and control of conditions and concentration depend upon our ability. When we work with the Law things seem to "just happen." There is, no doubt, evidence of this in your own lives. When your ideals were of a higher order without selfish or ulterior motives, these were the times when you co-

operated with the Universal Mind, perhaps unconsciously. But if we know the Law that operates, can we not co-operate with this mind consciously so that we become consciously creative, so that we shall no longer become the controlled but become the controller?

The whole world is thinking, but the value of dealing directly with thought and thought-process is little understood, and is recognised by only a few. We must deal directly with our thoughts as we deal with physical things. This is a lesson that all people must learn. Thoughts are just as real and more real, for they are the forerunner of things to come. It is thought that controls and directs the Universe.

Let us then create the ideas that have the true element of success. We must forget the self and be submerged in the great Universal All, so that the Supreme Power of the Eternal shall manifest. Until these ideals are intelligently acted upon, the whole civilisation is doomed to destruction. Such things are much closer than the average man thinks. The results depend upon you and me. The crisis which looms ahead contains within it the success we are looking for and a cure for all our ills. For when the things of the flesh shall pass away, the things of the Spirit shall appear.

“I saw in the night visions, and, behold, one like the Son of man came with the clouds of heaven . . . And there was given him dominion, and glory, and a kingdom . . . which shall not be destroyed.” (Daniel 7: 13-14.)

“He who has ears to hear let him hear.”

The exercise for this week is to concentrate upon the Creative Power until you get a complete grasp of its true meaning and power. You will know when you have grasped this all-embracing power; the feeling will be one of great strength. Only you yourself can find this; it does not come from without but from within.

We have caught at least a glimpse of this Creative Power, let this glimpse become a flame in ourselves by realising and recognising it more and more so that it becomes our own, so that we really know the creative power with which we create, and in that state of consciousness all is possible.

MEDITATION.
10 Minutes.

Mind be still; let that which really *is* take its true place in our consciousness.

BENEDICTION.

Great and Mighty Eternal Father, Thou art the Creator of all things, and this is Thy Holy Temple, Thy perfect dwelling place from which radiates Thy Love, Wisdom and Power, to all Thy children.

SO MOTE IT BE.

* [UNO](#) (United Nations Organization 1945).

LECTURE 16

What we see with the eye is that which exists in the objective world, the cause of which once existed in the invisible world. It is necessary for you to grasp this great Truth, otherwise you will not gain the tremendous power that Divine Metaphysics gives you.

What we visualise now exists in the invisible or Spiritual world, and, if we are faithful to our ideal, our visualisation will one day appear in the objective world. Visualisation is a form of concentrated imagination which forms impressions in the mind which form into ideals. What we create in our own minds now, and if we take the time to visualise it, we will create in the inner world that which will be externalised in the form we visualise.

They are the plans from which the great Architect of the Universe will weave in the future for us. "As ye believe so shall it be unto you."

We are a combination of the Spiritual and physical or mental and material, two different manifestations of the same thing. Successful results may be obtained only when the two operate together, for they cannot be disentangled.

We are the result of Spiritual expression. What do I see when I look among you? I see what was once in the invisible Spiritual state and has become visible in the physical. The Spiritual and the material are then two different aspects of the same thing. You cannot disentangle them. One is the expression of the other.

The created and the creator are one. Matter is Spirit made manifest or mind materialised.

As thought and feeling run together, the more feeling there is in the thought the more power it has. That is why emotions so easily overcome the intellect.

Thought and feeling are the invisible combination, the very fountain head of power. That is why we must attach our feeling to the right kind of thought. Our imagination must not be allowed to run riot. Imagination is a good servant but a bad master, and unless we control it we may be led into all kinds of conditions that have no basis or foundation in fact.

To guard against mental chaos we must not accept any opinion without due examination. Care must be taken to construct only mental images which are the result of scientific thinking and not sloppy thinking. The trouble is that mental images are so often constructed by people who just believe without due regard to facts. Every idea should be subjected to a searching analysis; we must accept nothing unless it be scientifically exact. Then everything we do will be crowned with success, because we shall know what we are doing from the beginning.

You will remember that I told you in the last lesson that people who based their knowledge from external reactions or based the foundation of their lives upon opinions were building their house upon sand. You must not build upon opinions; you must build only upon solid and sound scientific facts, devoid of error, and the only way to avoid error is to apply the Truth.

It is the Christ that knows error and Truth, and knows how to separate one from the other, knows also how to deal with error. The Christ in you is that Wisdom of God that is able to see clearly that error is not of God but the creation of man's own mind; therefore you are able to dispense with it, knowing that it has no power of its own, as ignorant man alone is the creator of it.

The great secret of success in all undertakings is the insight that gives us the torch to light the way.

The knowledge of these higher forces makes all physical forces fall into insignificance, and when we look round we see the mental strata of the people in the world, and this is most clearly seen in the intellectual status of the worshippers as indicated by the deity they worship. The pagans worship a god of fire, a god of water, a god of this, a god of that. The heathens make graven images of their gods and worship the graven image. We worship a god of love in theory, but in practice we make graven images of wealth, power, custom, convention and fashion. We fall down before them and worship them.

We are not so very far removed from the pagans or savages who worship their images, and we must get a proper understanding of the wonderful Truth that the only object we can worship is the "one and only God" who we know lives within us and is our Life. Our Father who is in each and everyone of us is not a mere personality, nor the conditions, nor the wealth

or pomp, nor the robes or anything else, but the one and only eternal God, the God of Power, the God of Love, the God of Wisdom, living in each and everyone, but unknown to most people because they worship images external to themselves and live in the illusion of their own creation, a god of their own making.

The germ that gave rise to the Christian religion has been submerged in sanctimonious formalities, and is no longer visible as a guide to humanity as intended by the man who taught it; and so the world is now worshipping something it does not know.

The finest and most powerful forces in existence are mental and Spiritual forces. These are thought and feeling, otherwise Love and Wisdom. Wisdom is the thought of God, and Love is the feeling of God, and it is said that we are made in His image and likeness.

We are accustomed to look upon the world through our senses, and from these experiences our conceptions originate, but true conceptions are secured only by Spiritual sight. To obtain this sight the mind must be concentrated upon a given direction— towards the Kingdom of Heaven within.

Subconscious concentration is what I call contention, an attention that is caught up in the subconscious, but this first requires conscious concentration. The concentration of which I speak is little understood. I can only make it clear to you by saying it is a concentration in the Universal Mind in which we become identified. This form of contention is a form of concentration that in the first place becomes awareness; then, as the object or thing is realised, it is carried into the subconscious, and there is a continuous attention, a subconscious concentration that still holds on to it, and this belongs to the subconscious realm. Then we are able to use our consciousness in gaining further experiences. This subconscious concentration holds on to these ideas or experiences, and by doing so they are carried into the Universal Mind in the invisible world; and as sure as the sun rises every morning, they will be out-pictured in the objective world.

When we lose the personal self in our concentration or attention we give of our best. A person conscious of the personal self can never be a great actor or orator. We must be so engrossed in the subject that the individual mind is linked up with the Universal and is drawing from it knowledge and

insight impossible of attainment in any other way. That is why a person who is always self-conscious when doing anything, does it very badly. But for those who are unconscious of themselves and are lost in that which they are doing, and who draw from the Universal Intelligence the inside knowledge necessary for complete expression and according to the idea that they hold in their mind, that idea will be expressed and expounded—because all ideas seek the substance to manifest in the physical expression.

Therefore this method of concentration wrests the secrets from heaven and earth, and knowledge is irresistibly drawn to the mind so trained in this way.

Awareness of our oneness with the Divine Nature or Cause of things will enable us to grow out of our limited state into the glorious expression of that which we know ourselves to be, translating into character and circumstances the ideas we hold, in that mind that knows no opposition. When we become aware of our oneness we identify ourselves with the Cause of all things, and naturally we must as a natural sequence grow out of our limited state into the glorious expression of that wholeness which we know ourselves to be, made in His image and likeness (the Son of God), translating into character and circumstances the ideas we hold in that mind that knows no opposition.

If we will realise great thoughts we shall experience the emotion that corresponds with great thoughts. We will then appreciate the value of Divine thinking. This we can do by following a line of action so that this great Intelligence can reveal itself to us and we become aware of it.

Has the Intelligence not created the body for its own self-expression? Your body was not made by hands; your body is the wisdom of God, and if it is the Wisdom of God it means the expression of that Wisdom of God which must be perfect in itself, and as God created the body for His expression is it not easy to realise that true expression can come through the instrument created by the mighty Intelligence, for its own self-expression?

The fact that we can think and meditate upon this great Intelligence is proof of the fact that the Intelligence is expressing itself through us, and the more we can do this the more of this Intelligence will be expressed through us all.

As man operates upon this mind he unfolds in his own consciousness the ways and means through which this knowledge can be used in the physical plane. Physical energy is nothing compared with the omnipotence of thought, because thought enables man to harness all other natural resources. What is physical energy compared to this power of thought that man has in his own mind when he recognises his consciousness and then identifies himself with the originating consciousness of all things that exist?

When our consciousness can be focalised to a point where it becomes identified with the object of its attention, the mind absorbs the object of its attention as the body absorbs food.

When the condition of contention is reached on any matter of importance, power will be set in operation; and information will be received which will lead to success. Concentration leads to contention which reaches into the realm of intuition. From concentration in the first place in our conscious mind we enter into a state of concentration or contention in the subconscious mind, opening the doors of intuition and bringing in that which is from above, bringing in the great knowledge of the Universe into the conscious realm here and now.

Intuition often solves problems that are beyond the grasp of the reasoning power. The answer is known without the drudgery of tedious calculations. Conclusions are arrived at without the aid of experience or memory. The problem is worked out in the Universal Mind which reveals the truth for which we are seeking. Intuition can be cultivated and developed. If intuition is given a royal welcome, it will come again; if it is ignored and neglected it will make its visits few and far apart.

Intuition is developed in the Silence. Great minds seek solitude frequently. The mind that is not capable of entering the Silence is a mind that is full of movements antagonistic to nature. This weakness shows itself through lack of self-control, a mind full of vanity, jealousies, envies, hatreds, fears and conflicts. If you cannot be alone with yourself there is something wrong with you and you should seek out the errors and destroy them with the Truth. When we are able to enter into the Silence and be one with the Divine in nature, we find a peace unknown except to those who have acquired this Silence. If you have phobias, fears, envies, jealousies or hates, which are antagonistic to Divine Nature, then it is impossible for you

to enter into this Silence; you will always be seeking some outside distraction. You are then caught up in the net of distraction and seek to free yourself through amusements and distractions, but you do not thus get rid of your confusion—you only add to it. This must be discerned, and the means of your trying to escape must also be discerned; otherwise you will not be free.

How easy it is for the mind that is freed by the truth to seek the Silence in unison with the Divine. Every obstacle conquered, every victory gained, gives you more faith, more power, greater ability. Your success will be determined by your mental attitude; your mental attitude you have when you take up the work of eliminating and destroying the error by the Truth.

A definite purpose sets in motion the invisible world to find materials necessary to serve that purpose. Aim to give service instead of seeking reward and position. Premature wealth or position cannot be retained unless it is earned. We get only what we give. The law of compensation relentlessly brings about an exact equilibrium to those who try to get without giving. We must find the true source of power which is the Truth of our being, not the symbols of power such as wealth and position. When this true source is known we are no longer interested in shams and pretensions. “Seek ye first the Kingdom,” *and the kingdom is within*. Through the Silence we can find this Kingdom, for we must close the door on the inside, to keep the noise of the world of effects outside. Then, and then only, can we commune with the higher self, the God of Power, the God of Wisdom and the God of Love. These statements are true, but how seldom are they realised or practised.

“Happy is the man who findeth wisdom and the man that getteth understanding.” (Solomon.)

Understanding is a Spiritual birth, a revelation of God within the human soul. We may have an intellectual perception of the Truth. We can easily grasp with the mind the statement that God is the Giver of all good gifts—Life, Health, Love—but true understanding is revealed to the Consciousness from within, not from without. We may read books and may be able to repeat parrot-fashion what we read, but unless we begin to feel it so that it becomes part of ourselves, deep down in ourselves, and know that it is really true, we shall not be able to use it. Words are forgotten, they

disappear into nothingness; the Truth must stand clear, defined and stamped in your mind.

On the plane of mind one can effect a cure if the sufferer will repeat to himself a formula that grasps the attention, but this cure may not last, not until deep down in his soul he is conscious of his oneness with the Father. Not until one knows within oneself that the source of all wisdom, health, joy, peace, is within one's own being, ready at any moment to leap forth at one's call, can one have true understanding. It is when we are rejuvenated by the Spirit that our whole being is filled with this force. It is not only the mental thought or mental action but also a deep feeling that belongs to the deeper self wherein lies the power of this awareness.

This is the Comforter of which Jesus spoke, the Comforter that would reveal all things, the Comforter that is within revealing Himself to you. I cannot reveal God to you but God will reveal Himself; if you seek you shall find, knock and it shall be opened unto you.

Intellectual knowledge can be bought at the bookstall for a few shillings but understanding or realisation cannot; nor will crying and beseeching bring Spiritual understanding, "Ye ask and receive not, because ye ask amiss . . ."

Emerson* says, "It comes to the lowly and simple. It comes to whoever will put off that which is foreign and proud, it comes as serenity and grandeur. When we see those whom it inhabits we are apprised of new degrees of greatness, from that inspiration that man comes back with changed tone. He does not talk with men with an eye to their opinions—he is plain and true, has no rose colour, no fine friends, no adventure . . . does not want admiration—he *dwells in the hour that now is.*"

Why should he "want" when he has the greatest of all things, when he is one with the greatest, when he is in touch with the Mighty Power of the Universe? All the other things fall into insignificance; they mean nothing. But as man worships the things that are on the surface, such as wealth, position, and power. So is he lost in them and cannot gain that true satisfaction which comes only from the recognition and realisation of his oneness, his identification with the Infinite Life that gives life and promise to all.

“And ye shall seek me and find me when ye shall search for me with all your heart. In that day, when more than riches and honour and power and selfish glory you shall desire Spiritual understanding, in that day will come to you the revelation of God in your own soul, and you will be conscious of the indwelling Father who is Life, Health, Strength, Power, Peace and Love.” Not until we have put off the outer by which we are blinded can our sight be regained, once more to reveal to us in the inner realms the great Truth that the Mighty Power of God is the only power there is.

One may seek health, another may seek happiness, another love, another abundance. This is but a partial revelation. The full and complete revelation comes when there is no other desire except the one and complete desire, the realisation of the indwelling God. To emphasise this point, I will repeat the reference to King Solomon.

In the beginning of Solomon’s reign as King over Israel the Divine Presence appeared to him in a dream saying, “Ask what I shall give thee,” and Solomon said “Give thy servant an understanding heart,” and the speech pleased the Lord, that Solomon had asked “the thing.” And God said unto him “Because thou hast asked ‘the thing,’ and hast not asked for thyself long life, neither hast asked riches for thyself nor hast asked the life of thine enemies, but hast asked for thyself understanding to discern judgment, Behold I have done according to thy words. Lo, I have given thee a wise and understanding heart, so that there was none like thee before thee, neither after thee shall any rise like unto thee, and I have also given thee that which thou hast not asked, both riches and honour so that there shall not be any among the Kings like unto thee all thy days.”

In losing sight of all worldly goods and selfish ends and desiring above all an understanding heart or a Spiritual consciousness of God within him as Wisdom and understanding, Solomon received all the good things included, so that there was none like unto him in worldly possessions. “Seek ye the Kingdom of God (the Consciousness of God) and His righteousness, and all things shall be added unto you.” Therefore you seek the consciousness of God and the right use of it, and all things shall be added unto you. Perhaps you have not quite seen these fine points before, but by the time we finish this Course I hope to reveal many such points to you, so that you will understand, and as you seek the source of all things and find it, you have all

things. But if you seek only a part, you have not the source, because of the fact that your attention is directed outwardly towards things and you lose the great understanding of the power of the centre from which those things move and flow.

When we seek first and foremost the Kingdom (the true consciousness within) all things, including health and happiness, are given to us without our thinking or troubling about them. They come as a natural sequence. Do you not see that we are always troubling ourselves about the things we want? When we are seeking health we trouble ourselves about the conditions we have got, our diseases which are but errors, which take hold of our mind. The more we get entangled in them the more we are confused. Seek ye the Consciousness of God (the Kingdom of God) and His righteousness (and the use of it), and all things shall be added unto you.

By keeping our mind and heart in the understanding of our oneness with the Divine Spirit our bodies are preserved and strengthened. When we do not keep this contact our minds become affected by outside things; we are living an unnatural life, living a life apart from the source of all Life.

We must cultivate the Spiritual side of our being if we desire to become fully developed and perfect men and women; by doing so we shall be happier in mind and healthier in body.

Some will say: "Well, how can I find this thing you are talking about?" Again the great light has not dawned upon the mind or consciousness that asks such a question.

I know myself to be, I cannot be anything but alive. I know that I am aware, that I have consciousness. Consciousness does not come from anything but consciousness, and consciousness exists in the eternal, which created the mechanism through which I can think and speak and form words according to the thought in my mind, and the sound of my voice is heard, and the words are expressed through the lips and tongue, a mechanism created *so perfect* that immediately the thought comes into the mind it is expressed outwardly.

I know myself to be, then, the Creation of God. I don't know what God is, but I know that He is, because I know myself and the more I know myself the more I shall know of God. Take that into the Silence with you. Dwell upon it.

There are those who seek the Truth for selfish gain, yes, men of learning and wealth, men of reputation and of power. Their eyes are blinded by the tinsel glitter of their selfish selves, they know not the Christ that dwells in the heart of all, and while the light is hidden from them it is revealed to the humble and contrite heart.

The desire has been for money and other symbols of power but with an understanding of the source of power, the Christ within, we can dispense with the symbols. We no longer need the symbols, these things that are but myths, for you will surely see they are only myths when you know Reality.

When the consciousness in man sees its own source it can take hold of the basic principles of things, and, when we get to the heart of things, there and then only can we understand them and command them. The form is just the outward manifestation of the creative power within. And is it not true that when we become conscious of the true sense of our being and the true source of our being, we can take hold of the very substance and mould that substance into form?

The exercise for this week is to realise clearly the fact that we must not seek the Creative Power as a means to obtain that which we desire. If we do, we shall be gazing on the object of our desire and fail to realise the true source of things. We may reach the object of our desire and still remain impotent because we have not reached the source from which all things flow.

We must identify ourselves with the creative power that can produce all things.

Some concentrate on health, some concentrate on wealth, some on happiness and some on other things. Some are continuously exclaiming about their demonstrations. This is but the prattle of an immature mind like the frolics one sees in a kindergarten.

The great secret is to find the source of all things—"the Creative power"—and to identify ourselves with it. When the heart of all things is found in oneself we no longer seek outside for them, for we will have found the source from which they flow. We will find that all things are ours as a natural sequence.

The pearl of great price becomes a Reality because we have given up all else to obtain it. We will have found in ourselves the Life Principle that sets

in motion the Universal Forces that automatically guide and direct all things and that attracts to itself the substance it needs to manifest in form according to the realisation and recognition of the power we possess to establish on the external that which is ours within.

The pearl of great price! We shall have cast all other things away gazing upon that one thing; the kingdom of God within and His righteousness—the consciousness of God and the right use of it. The revelations of the Master of all masters have shown this to be the true way, and there is no other way. The road is narrow but he who seeks it shall find it.

We see clearly that the most tremendous and revolutionary power that man has ever seen in his life is this pearl of great price. Through it we find in ourselves the right principle that sets in motion the Universal Forces which automatically guide and direct all things and that attracts to itself the substance it needs to manifest in form according to the realisation and recognition of the power we possess to establish on the external that which is ours within. “Son, thou art ever with Me, and all that IS MINE IS THINE.”

Concentrate upon the method I have outlined. Seek first the Kingdom of God, the source of all creation, then all things will be added unto you as the result. When this becomes our daily experience we shall know that the Son of man has become the Son of God.

“Do you not know that you are God’s sanctuary and that the Spirit of God has His home within you?” (I Cor. 3: 16, Weymouth’s Translation.)

MEDITATION.

10 Minutes.

Repeat in your own minds what I say, knowing it is true with yourselves.

O, Thou, in Whom we live and move and have our being, give us grace to realise that we are made in Thine image and likeness and that we and Thee are one, and the more we know of ourselves the more we know of Thee. Apart from Thee we can do nothing. For when at the door Thou didst knock we listened and heard Thy Voice. We opened that door, and there we found Thou hadst come into us to remain in us forever.

BENEDICTION.

Loving Father, I am the shrine in which You speak; these words are not mine but Thine, Oh, Immortal One.

SO MOTE IT BE.

* [Ralph Waldo Emerson](#) (1803-1882), American essayist and poet. Leader of the 'Transcendentalists'

LECTURE 17

We have already learned that the great secret of attainment is to find the kingdom of God (the true consciousness of God) and His righteousness (the right use of that consciousness). When this Consciousness is found, and we become aware that it is the only source of power we begin to use it correctly. I am the Life, the Source of all things.

By this Law the individual may control other forms of intelligence less aware than himself. As this requires a recognition and realisation that we are the individualisation of the highest Universal Intelligence, we see that Creative Power originates in the Universal, and this Universal Creative Power becomes individual when it is fully recognised. By this means the Universal creates form through the individual. The Master said, "It is the Father who ever remains in Me who is performing his own deeds." The connecting link between God and man or the Universal and the individual is the conscious awareness of this Truth, and then the thoughts that flow from the source produce results. The Universal is made manifest in form through this thought-action. But before this law can be fulfilled there is the principle of Love to be considered, for within the Law is the law of growth, and the law of growth depends upon how we reciprocate towards the Principle of Love.

Thus, first of all, we must get a clear visualisation in our own minds regarding the Universal and ourselves. We can never expect the Universal to manifest through us unless we recognise the fact that it can do so; and we shall never be able to use our consciousness efficiently and effectively if we are not aware that the consciousness we have is the individualisation of the consciousness that is behind the Creation of the Universe and all that is in it. The power of our consciousness is in the degree of our recognition and realisation of this fact. "According to your faith so shall it be unto you." We may see this Law of Creation, but it is not the final enactment of the law. We will follow up in this lecture the law of growth and explain how it comes about. In this law of growth we reciprocate towards it, and it should always be remembered that it is also the law of love.

If you follow carefully, you will see definitely that unless this law of love is fulfilled nothing is gained—no matter if a man should gain the whole world, without love he has gained nothing—all his material gains turn to ashes. St. Paul says, “I may distribute all I possess in charity, I may give up my body to be burnt, but if I have no love, I make nothing of it.” (1 Cor. 13: 3.)

You may ask me what is the great commandment in the Law, or what is the rule for all successful accomplishments. I will not only state the Creative Law but also reveal the rules for the intelligent use of it, and I cannot do better than repeat the Master’s words: “Thou shalt love the Lord thy God with all thy heart, with all thy soul and with all thy mind.” This is the first portion of the Law or Commandment, and the second is like unto it. “Thou shalt love thy neighbour as thyself.” “On these two commandments hang the law of the prophets.” By these rules only, can successful accomplishments be obtained. When we find the Kingdom of God we cannot help loving that kingdom. If this is not so with you, then you have not yet found it, and it will be necessary for you to go back again and seek till you do find it, otherwise the law of growth will not be in you.

“Love thy neighbour as thyself.” Do these words challenge you? Do you push them aside with little or no thought? Most people look upon this as a virtue and not as the observation of a law.

Our neighbour is not only essential to us economically and socially, but also is the expression of the whole to which we ourselves belong. If we are to accomplish successfully we must understand the joint relationship of ourselves, our neighbours and the Creative Principle. The consciousness of this relationship will create a new world for us and for our neighbours. We cannot escape this law and we cannot escape the law of reproducing what we create within ourselves. We may desire something, as most people do, and, as I told you before, they may rave about their manifestations, manifesting this and that. Their desires may be complete because they have believed that they shall receive, but what they receive carries with it a responsibility, and very often suffering comes afterwards. I want to show you the laws that are so essential for successful accomplishment, so that happiness as well as success shall rule the life.

The Love of God means that we at once direct our attention to the source of all things, and thus we unite with the Creative Principle. To love our neighbour as ourselves we unite with the Creative Principle as it is manifested in mankind. It is impossible for us in any circumstances, no matter how we try, to produce a semblance of that unblemished life on the surface, unless we understand these laws.

For the complete fulfilment of the Self we must first consciously unite with the Creative Principle (God) within ourselves and in turn unite ourselves with this same Principle manifested in our neighbour. We then at once unite ourselves with the invisible and the visible, the impersonal and the personal, the Universal and the individual. Our only possible success depends upon this Principle of combination.

Perhaps we have not seen this before clearly enough, but when we go deeper into the subject of the Master's methods of expressing in the material world we see what he really meant, for he took into consideration the fundamental laws of the Universe. When we actually act with the Universe we become the focal point through which the Universal forces begin to flow. When the individual himself or herself becomes aware of this Truth, there is no forcing things; all that is necessary is to have the true mental attitude, or the mental film, through which the Creative Power will produce upon the screen of life, knowing that the perfect picture is essential to bring success and happiness. So we understand how this picture will be manifested upon the screen of life and the kind of picture required to make that life worth while.

Divine Life, which is Love, is the true picture—and we cannot improve on it. We must not only perceive but feel this common link with our fellowman.

Our desires must be Universal—not personal, not selfish and then all the power visible and invisible is united in our efforts. All the power and privileges of the Creative Principle become ours for the expression of our desires.

By increasing our consciousness of God and self, material things then draw us nearer to God instead of leading us away from Him. Thus God has a place in our experiences as we receive His health, happiness and

abundance, and we become conscious of our Spiritual growth in this manifestation here and now.

So you see clearly that the existence of the individual who thinks that he will receive the greatest benefit by feeding on carrots and turnips or by clothing himself in sackcloth and ashes or smearing his face with dung or sitting in a state of sublime meditation, can never be of any value to the Creative Principle that desires to express itself in action. The Mind of this type of individual is so filled with error that there is little chance of the Divine Principle expressing itself because it is hindered by these mental illusions.

In our Spiritual growth we must realise that things not only belong to us but to all, and as we love our neighbour as ourselves we become the channel through which others can find this true and only source of supply. As our service increases in value for others, so we cannot fail to receive more and more riches and increasing abundance of all the good things that God has stored up for those who love Him.

We become aware of the fact that unless others are successful they cannot partake of the service we render; our success is our neighbours' success. Therefore love serves material ends as well as Spiritual ends.

Man's natural birthright is to inherit the unlimited possibilities of the Creative Principle through co-operation, and this co-operation is based upon the fundamental law of: Love God—Love thy neighbour as thyself.

Jesus made this great discovery and imparted the way in which he used his mind in accomplishing what he did. He discovered that the Creative Principle operating in his mind was the same Principle common to and operating in all minds. This was the Christ-Principle and it was from this Principle, the Christ, that He spoke, when He said: "Verily, verily, I say unto you, he that believeth on Me, the works that I do shall he do also and greater works than these shall he do, because I go to my Father, and whatsoever he shall ask in My name that will I do, that the Father may be glorified in the Son." "If ye shall ask anything in my name I will do it, if ye love me and keep my commandments."

It is not of the personal self I am speaking, but of that inner self, that higher self which is not aware of personality or personal things, but the awareness of that unity between man and God, that unity which comes only

through the recognition of Divine Spirit, that is the true man himself, and by that spirit only can man speak with authority and with understanding. The personal mind is full of images which belong to reactions and conditions external to itself, filled with opinions of others, opinions which have come down through the race through centuries of error and through religions that breed fear and ignorance. When we find ourselves reacting to these conditions, our minds cannot perceive the truth. Only when the mind is free can we know the truth.

The Christ is the Creative Power in man—God individualised—the Son—the Christ of God unto whom all power is given in heaven and on earth, and for the fulfilment of this the commands are: Love God, love your neighbour.

These commandments are the logical check on our wild asking, and they also deny us the right to seek for ourselves by means which interfere with or destroy the rights of others.

The individual may ask for whatever he desires believing he will receive, good or bad, according to the desire, but this brings with it personal responsibility and often suffering.

But in these commandments is the rule for the control of our thought, in order that we may employ the creative laws constructively and successfully, and so that these will result in happiness as well as success.

You can now see clearly that these laws are for our own benefit. Then let us put them into operation at once, for as soon as we do this we shall find that the Universe will crowd in upon us with all the gifts that can be bestowed upon us.

God has placed in our hands the unlimited power of the Creative Law which will bring to us a permanent constructive use of our own minds in co-operation with the Divine Law of Love. Thus, by obeying the commandments, we find the Kingdom of God and His righteousness (the consciousness of God in ourselves, and we learn to make the right use of it).

“The eye has not seen, nor the ear heard, neither have entered into the heart of man the things which God has prepared for them that love him.” (1 Cor. 2: 9.)

Immediately we begin to concentrate on something external to ourselves we have lost the Creative Power. But immediately we begin to see within

ourselves the Creative Power developed for the purpose of attracting and receiving the things that are necessary, then the things that come to us no longer turn to ashes; they are the direct expression of that Divine Principle that is within us.

By following this instruction we transcend the conditions of the material world, because God's laws are revealed unto us and God's Nature becomes our human nature. The more we realise that God's nature becomes our human nature, we lift ourselves into the higher Spiritual and material realm of God's creation. It is the scheme ordained by God and revealed to us through the Master of Masters. When we learn this Law we need not operate in a limited way but through the channels of our enlightened consciousness united with the Consciousness of God. Then we enter into our unlimited possibilities.

Perhaps you have not quite grasped this magnificent Truth yet; perhaps the opinions you still held in your mind are preventing the complete realisation of this Truth. But when these opinions are dissolved away, this Truth will come into operation, and then the great power which is the centre of Creation, and is the central power within man himself, will be realised.

There is no separation between God and you. There is no separation between the Universal and the individual mind; there is no separation between the impersonal and the personal, or the inner and the outer. When the outer recognises the inner as its Source, the outer becomes the inner and the inner the outer. When the outer recognises the inner as its Source, the outer becomes the inner and the inner the outer.

Through this method our limited intelligence becomes unlimited, thus allowing us to operate and to overcome material conditions and manifest in a world of greater freedom. "No man is wise enough by himself." (Plautus.)¹ "I of myself am nothing, but with God I am all things." "All things are possible." It is by this conscious realisation of this magnificent truth that we transcend the limited sense of our mortal mind and enter into our higher mind to receive power and authority that is ours, waiting at all times to be used.

"Whom say ye that I am?" Whom do you think I say you are? Let me answer this for you. The Christ of God is in us, and we need to be conscious of the fundamental truth that we are not merely individual selves, and that

all mankind does not consist of merely a vast number of individuals, but that as individuals we exist in the great whole. And there is no separation. As this mighty truth dawns upon us we begin to love God and to love our neighbour. How could it be otherwise?

So we enter into the true Law of Life and we begin to express it. Now we see clearly that in this Law is the solution of all our problems. It is the beginning of the elimination of all strife and misery in the world. But instead of being shown this as a leading factor in our lives upon which we should concentrate, we tend to concentrate upon the evils that are before us and by seeing them we reproduce them. What we create in the inner realms of the mind we shall surely produce in the outer.

We must become conscious of our relationship to First Principle—God—consciously employing the Laws of His Creation—to become co-partners in His great scheme; to know the self here on earth; and to realise that above the human self is the Christ-self and above this the Father of Love—the Universal All, the three in One. The Son of man is raised up to be the Son of God, partaking and using all His attributes.

Many people cannot understand this language because it is a Spiritual thing. It is easier for a camel to enter through the eye of a needle than for a rich man to enter the Kingdom of Heaven. What is meant is that it is easier for a camel to pass through the eye of a needle than for a person who is only versed in the things of this life on the material plane to understand Spiritual things.

The world is fighting over things of the world, yet the world belongs to no one.

Tennyson² says:

“Speak to Him thou, for He hears, And Spirit with Spirit
can meet—

Closer is He than breathing, and nearer than hands and
feet.”

To raise oneself to the higher self and to know oneself in the higher self is truly the purpose and meaning of life.

We must cease to look upon ourselves as separate from our neighbours. So we will banish savagery and barbarism. Wars and crime will continue

until man aspires to the Christ that is within him, wherein only God's revelations can be revealed.

Let us unite our mental and physical efforts for our highest achievements. It is only through the union of our mutual efforts that we can achieve and experience that peace and understanding so essential to make life worth while. We must make this our common ideal, so that it will grow into that which God has already established for mankind. Man has only to accept it by acting according to the Law of God, and then the Divine Love will change the nature as a natural sequence. As ignorance disappears, wisdom remains; and wisdom and love are the pillars of the foundation upon which all Universal action is determined. All Universal action is determined upon these two principles of Love and Wisdom. They are the two pillars that stand at the door of the temple into which we must enter.

Not until we can embrace the whole with the nature transformed shall we be released from the sorrow and conflict resulting from man's own actions caused by his ignorance of the Law of his own being, with the result that he maintains the effect of his wrong thinking and actions and eats of the fruit thereof.

When we decide to be led by the Divine Intelligence we shall not be affected by our actions. We shall be active partners in "the glory that we are to have revealed." "Even Creation waits with eager longing for the Sons of God to be revealed." (Rom. 8: 18.)

So here we see that the prophets understood these laws and these great men of wisdom tried to show the people of the world the Truth, the fundamental principles upon which a true and lasting civilisation can be built. But instead of taking notice of the prophets the world refused to accept the word of Truth and still refuses to accept the prophets' words today. This is the only Truth upon which civilisation can be built with any satisfaction that will give man his true freedom.

Man's true Spiritual evolution commences when he realises the truth of his own being, first in himself and then in his neighbours. "Know thyself," and "to thine own self be true, and it must follow, as the night the day, thou canst not then be false to any man." No individual can be true to himself unless he is one with all other selves and to all other selves be true.

In the world today are many teachers who do not even know the meaning of Truth. The time will come, as has been said “. . . but I upheld Thy name.” And the answer will be, “I know thee not.” No, what is on the tongue must be on the lung, as the old saying goes. What is on your tongue must be in your heart, and by what is in your heart so are you known.

We cannot selfishly and intentionally deprive others of the things they wish, nor dare to interfere in their development and growth if we are to participate successfully in the lives of others. “Let everyone of us please his neighbour for his good to edification.” (Moffat’s translation.) “. . . each of us must please his neighbour, doing him good by building up his faith.” (Romans 15: 2.) No, we dare not interfere with the development and growth of our neighbour. There are many families who are united in many things but who are unfortunately divided by their beliefs. Only when the real truth is known can they be really united.

Try then to see clearly that no one must interfere in the development of the Christ-principle within.

The Christ says, in other words, if thou must follow Me, thou must follow Me completely. Even father or mother or sister or brother or child, even if you allow those to interfere, then you are not worthy of Me. This is the Christ talking within you. We must all see that these are but personalities in which the Christ lives, we must become aware of the fact that the only thing that matters is the Christ that dwells in us all. The Master’s words are so clear: Do not let personalities interfere with the revealing of the Christ within. There is but one living Being and He is God, and His son is the Christ who lives in every human soul.

Our love for our neighbour places us in a constructive harmonious relationship with others, which produces in our minds that perfect balance between God, ourselves and the world, with the result that the visualisation of our own individual plans are sure to manifest in the objective world with the greatest possible success.

We cannot separate the Spiritual from the material or the inner from the outer. What we create within must be established on the outer, whether we like the result or not. We will know that we are responsible for the good or the bad.

The commandment, “Thou shalt love the Lord thy God with all thy heart and with all thy soul and with all thy mind, and thy neighbour as thyself,” will give us the method and technique to use constructively the Laws of Creation. Without this understanding and practice these laws cannot be used constructively.

How many people are suffering today from the result of the ignorant use of the laws of Creation! As we pass through this material world, understanding the relationship of God and ourselves, and our neighbours, we will find a sane and satisfactory solution of all our problems, but if we consider only one relationship and not the other we will continue to reap defeat.

“Love worketh no ill to his neighbour; therefore Love is the fulfilling of the Law.” Many are deprived of the satisfaction and happiness they anticipated by the fulfilment of their desires in their life. This is due solely to the fact that they ignorantly employ methods that interfere with the growth and development of their neighbours. While the laws of Creation fulfilled their desire they, in their ignorance, overlooked the necessary elements for success, love being the fulfilment of the Law.

When we take the Higher Intelligence into our operations the inharmonious elements will rearrange themselves. They will be straightened out in the most unexpected way. We must not designate ways and means, we must leave that to the Intelligence. The ways and means will fit themselves into the mental image you hold, because the Higher Intelligence is capable of leading us into avenues more wonderful and infinitely more satisfactory than we ourselves could have chosen.

Some people allow their work to dominate them. They struggle and rebel, they hate this and they hate that; they have lost their self-control. But you, to establish the necessary state of mind, will soon control your work and your circumstances. Negative thinking and negative action produce their kind; you will surely eat the fruit of your own growing. How true is this.

The Christ is the bread of life, that God has given to the world, and those who eat of this bread from heaven (the true consciousness of God in man) and drink from the Spring of Life (the out-pouring of the Divine Intelligence) shall never hunger or thirst again, for their souls are fed and their lives are purified.

When man purifies himself through the understanding of the Law of Love—to love God and love his neighbour as himself—he will be lifted to the throne of power.

The Father loves us all with a deathless love, so we must love one another. This is the enactment of the Divine Law of Life both in heaven and on earth, and it fulfils our greatest desire.

“I Thank Thee, Loving Father of us all, Lord of Heaven and Earth. Thou hast revealed Thyself to us and taught us how to light the Path for others. What Thou hast given to me I have given to them, and through the sacred word of Life I have bestowed upon them the understanding heart of that Thou hast given to me, so that we all might know and honour Thee through the Christ that dwells in every Soul that knows Thy Love which is and evermore shall be.”

MEDITATION.

10 Minutes.

Now let us meditate in the quiet of our own souls.

BENEDICTION.

This is the Temple of Thy Living Presence. I am the Living Thought of Thy Almighty self, made in Thy image and likeness. Thy Spirit is in me and my soul and body is also of Thine own mind. I am one with Thee, Spirit, Soul and Body.

SO MOTE IT BE.

¹ Titus Maccius Plautus (254?-184 BC), Roman comic dramatist.

² Alfred Lord Tennyson (1809-1883) 1st Baron, English poet, poet laureate from 1850.

LECTURE 18

Wisdom and understanding are the only true guide to life.

“Love casteth out fear.” These words have not yet revealed their power to the multitude, though to the few they are somewhat understood. When love is absent, fear is operative. Darkness is but the absence of light; evil is but the absence of good. Negative and unreal things are only because there is the absence of the real.

When we recognise this Truth in ourselves we see clearly that it is necessary to know fully that which is real, so that there is no room for that which hinders true expression. When we have love, we have no hate, jealousy or envy; these things cannot enter into our hearts when our hearts are full of love. But when we have no love these things do enter into our hearts, and we are injured by them. They not only destroy the body but they actually mutilate the soul.

Where there is truth there can be no error, and love casteth out fear. These two great statements are of the utmost importance to us; they lead to our salvation.

Truth is the search for First Cause, and when we find the Truth we have found the Cause of everything; and when we have found the cause we shall have found the means to control the effect. First Cause is the Infinite Mind and Consciousness, through which everything is created. We are the Living Thoughts of the Almighty. Man’s consciousness is the out-picturing of this Divine Consciousness, and by this consciousness man thinks. But man is not aware of it; he just thinks and sometimes he is not aware of it—he is not aware of the fact that he is even thinking. This is a very bad state to be in, I can assure you. The majority of people in asylums are there because they have failed to discern their thinking. And there are a lot of people outside who are doing the same thing.

All things are resolvable into the one, and thus things can never be in opposition to one another, but can be translated from one to the other. Therefore, the knowledge of First Cause or God is of primary importance to us. And when we recognise this Truth clearly in our minds we see that there

is no room for fear. We can resolve all conditions, even in our bodies, by the power of thought, which produces chemicalisation in the body. Adverse conditions are then dissolved away. They are dissolved by the Truth, the Truth that makes us free.

As Love casteth out fear, so does love cast out all that is contrary to our real nature. If we examine fear we will see that it is a form of thought that paralyses the nerve centres, thus affecting the circulation of the blood which in turn affects the entire body, mentally and physically.

To overcome this negative state we must apply the antidote of Love. Love is power, just as electricity is power. Love pours forth from its fountain in an ever-continuous stream;—it is the only real power or energy there is, and as we can partake of it, so do fear, limitation and sickness disappear.

The reason why Love is the only energy is because there is only one energy having any power of its own, and that is the energy that flows from the Infinite fountain of all expression. This energy is the fundamental Principle of Life that pours through all creation, including the mineral, vegetable, animal and humans; also the angelic and the higher realms of Spirit are subject to it; and as we reach nearer and nearer to its source, we become more like the Source itself. In all planes of manifestation it is conditioned, yet it is the only energy that manifests in any plane, and its motion is Love.

Then Love is the only energy that exists in the whole Universe, but few have actually perceived this great Truth. When we begin to use it we shall find that everything responds.

In our search for Truth we find the key to the elimination of all our troubles.

We shall learn that cause and effect, the inside and the outside, the unseen and the seen, positive and negative, north and south poles, are not different entities but are two parts of the same thing; not separate things in the whole, but two aspects of the whole.

Love is the vital force that manifests through everything. It is the power that harmonises everything and we cannot separate love from anything in nature, for it is the cause of all true manifestations, and it remains when all other conditions are removed.

Ignorance is but the absence of knowledge. We always know when knowledge is absent when we see people acting abnormally. It is the Truth that makes people act naturally. Ignorance has no principle in itself; therefore we learn that it has no power of its own. Only knowledge has power. “Through wisdom a house is builded and through knowledge it is established; and by knowledge shall the chambers be filled with all precious and pleasant riches. A wise man is strong; yea, a man of knowledge increaseth strength. My son, eat thou honey because it is good: and the honeycomb which is sweet to thy taste. So shall the knowledge of wisdom be unto thy soul; when thou hast found it, then there shalt be a reward and thy expectations shall not be cut off.” (Prov. 24: 3-5, 13-14.)

Here again we see how the prophets of old understood the Truth. This knowledge should now be clear in your mind, so that you can actually perceive it, yet the important thing is not only perceiving it but *knowing it in the heart*, so that it becomes habitual in your everyday life.

Good is real and tangible, while evil is simply the absence of good. Evil is thought to be a very real thing but when we apply knowledge to it we find that it has no principle, no vitality, no life. Love alone has life; it is the only vital thing in creation. Truth destroys error as light destroys darkness; so evil vanishes when good appears. There is but one principle in the world, but many have not yet grasped this truth; even the Church is still grappling with the evil that it thinks has a principle and power, with the result that it has not advanced very far in enlightening the world of the one principle that has Life, that one principle that can change the world. The Master said, “Resist not evil.”

When we gaze upon it we give it power by our own thought, and that is the only power it has. We see clearly that if we gaze upon it we make it our own. Evil cannot exist in reality or outside reality, for there is no outside. The real self knows it not, is not touched by it. It is only the selfish self that knows it, or what we call the carnal or mortal self; that is the self that sees through the senses and obtains all its information through the senses—and those who obtain all their knowledge through the senses, generally find that they are reacting to effects created in error and by doing so they are steeped in illusion and have lost the real. We must seek for the real in ourselves and

we will find the real there *within*, waiting to express itself, and as we gaze upon it we see that it is the Christ of God, the Son of Love.

God is Spirit and Spirit is Life; and Life is Love, and Love is the vital force, and this vital force is harmony. Then we must worship in Spirit if we would attain a consciousness of God. Idols and symbols are but images in the mind, and we gain little from them. We must identify ourselves with Spirit or we shall become as impotent as our images which are created by the ignorant self. The self must identify itself with Spirit and know that Spirit is the power behind thought. With this understanding we realise that the greatest power in heaven and earth is Thought.

When we begin to examine the statement that the greatest power in heaven and on earth is Thought, we realise that it is the Truth. Thought is energy that is directed from the consciousness which is Spirit, the only source of creation in God and man. And as we recognise this fact and realise that when this consciousness becomes aware of its true source and this source is within, we begin to think with power and determination. There is no lack of energy behind the power that flows from a thought that is generated from awareness of the consciousness that knows itself. It goes forth to perform that which it is sent forth to do. Thought is the only power which brings that which is invisible into the visible. Thought is also the power that man uses for his own destruction when ignorant of this truth.

Is it not vital then that we gain wisdom, to know how to think, so that we can prevent conditions that mar the Life? We inherit from the Infinite Mind the true creative power because we are made in His image and likeness.

Mind substance is static, consciousness is active, and our ability to think is our ability to act upon the Universal Mind-Substance and to convert it into mind in action. When we see mind in action we know that it is a result of thought.

We speak of mind and matter as two separate things, but with knowledge we understand that one is but the out-picturing of the other. Movement in mind produces forms in matter. The thought in mind is materialised and called matter, and Thought is the moving factor that materialises it. Could there be anything plainer than that? I do not think so. Perhaps it may take some time for you to realise the full significance of this great truth, but from that day your weakness will disappear and strength will take its place;

sickness will disappear, and health will be restored. Your lack of things will disappear and the bounties that have been waiting will be showered upon you, and you will partake thereof. How wonderful is this Truth to the mind that can perceive it.

When our Thought is powerful, constructive and positive through the realisation of this oneness of Life, it will show itself in health and harmony, success and happiness. If our Thought, through lack of this knowledge, becomes negative and weak, critical and destructive, it will manifest in our bodies; then fear, worry, nervousness, lack and limitation will result in discordant conditions in our environment. This is the Law of Cause and Effect in operation.

Wisdom gives to us the understanding that these things have no power of their own; the only power they have is the power we assign to them, and they dissolve away as the real takes its place. The real is the principle of Love—Harmony, or the Vital Force in everything. God made the Universe *by pure thought*, positive and creative, which is the expression of His nature—Love. Love is harmony; it is the vital energy that always remains when discord has dissolved away. So we come to the conclusion that these things that are not love, that are not harmony, have no power of their own, because they are not generated from the Fount from which all things flow. They are generated from our ignorant selves. We see clearly then that Love is the only energy that there is. That is why, when you gaze upon it, it comes into being in your life.

God made the Universe *by pure thought, positive and creative*, which is the expression of His nature—Love. Then Love is the union between God and mankind. Flowing from its source this Divine energy is the eternal link we have with God. So man becomes the vehicle for the expression of God. This is not a religion; it is pure science, the science that can give man a knowledge of himself.

By our gazing upon the fountain of Love, God's nature becomes our nature. Then our thoughts carry with them the Vital Force which produces startling results.

It is no longer strange to us that our thoughts become the healing power that changes the ethers of disease and death, to those of health and life.

By the power of the holy thought our bodies will be changed from carnal flesh to Spirit form.

When we realise fully the wonderful tremendous Truth that Holy thought can change the carnal flesh to Spirit form, we shall understand the way the Masters make themselves invisible and visible at will. Holy thought has the effect of raising the vibration so high that the carnal flesh changes; flesh is mind-substance materialised. Is it not true that man's thought has become materialised because he is materially minded?

It is also true that if man's thoughts are holy, then these vibrations which are so-called solid will change and become invisible to the ordinary eye. This is very clear and distinct when understood and it can be performed by men and women by the application of this law. So do you not see now that it is possible to remove disease and conditions from the body when it is eliminated from the mind?

By the power of the holy thought our bodies will be changed from carnal flesh to Spirit form. The greatness of this hidden secret is at present beyond the comprehension of the carnal mind, yet it is waiting to be applied in our lives, and as we learn more of the Laws of Life so shall we be able to use them.

The one Creative Principle in the physical, mental and spiritual worlds is the Eternal Energy originating in the Universal Mind Consciousness from which all things proceed. We are related to this Creative Principle by our power to think, and our thoughts are the seeds which result in action, and action results in form. All forms depend upon the rate of vibration of our thought which we can change according to our wisdom and understanding. This is the action and reaction between the Universal and the individual. The inner becomes the outer through the power of thought. Wisdom and understanding are the pearls beyond price. By these you can do everything; without them you can do nothing. With them you are led into the pathway of happiness, health and all the good things in life; without them you are led astray, because you allow your emotions and reactions to the conditions external to yourselves to affect your mind. You build your thoughts upon external conditions, and naturally you produce upon the outer what you create in the inner.

The Creative Energy originates in the Universal and is manifested through the individual. The individual consciousness acts upon the Universal Mind and sets it in motion. This reveals the tremendous power of thought, and the kind of thought depends upon our wisdom and understanding, upon the realisation of our oneness with the fountain of Love and Life.

Upon the realisation of our understanding that we are not separate from this Fountain of Love but that the stream of this Mighty Energy is flowing through us eternally, then we see that the only way that we can receive this is to open ourselves to it through understanding. Understanding is the gateway through which flows all that is true to nature into man's mind; then we receive from the Universe by using the Principles of the Universe for our own benefit and for the benefit of others.

Thought is dynamic; mind is static. Thought quickly tends to convert itself into a power and organises the substance into form. The instrumentality of means is within the thought itself; it carries with it the intelligence to produce its kind. It is the rays of the light that project the picture upon the screen. According to the picture we hold, so shall it be expressed upon the screen. The light does not care what it shines through, whether the picture is blurred, dirty, good or bad; it just shines through it. So the thought which carries the Intelligence reproduces itself upon the screen of life. Look at the masses, see what mass-thought is doing and what it has done. It is sometimes disheartening to think of the many, many millions of people in the world who have no knowledge of this truth, and what they are doing to the world. Not until they seek wisdom and understanding can the world be a better place to live in.

Happy is he who has found wisdom, the key that opens all doors.

Our advancement is based upon the understanding and conscious use of the inner laws which will increase our intellectual power and vigour. We shall be able to produce new and better conditions, assuring the establishment of a civilisation greater than any of which the world has yet dreamed.

The method and technique explained will establish new conditions and provide opportunities for further progress—not only in the individual but in the whole race.

The conscious operation of these inner laws is easily understood when we realise that God is Spirit. Man is a Spiritual being, made in the image and likeness of God, and the activity which Spirit possesses is the power to think. Thinking therefore is the Creative Power. All manifestation is the result of thinking. When Creative thought is manifested for the benefit of humanity the result is good, but when Creative Power of thought is manifested in a selfish and destructive way it will result in discord, misery, sickness and death. Each kind indicates the nature of the result of our thinking creative-process. And if you comprehend this and apply it, then you will not be adding to the misery of the world and yourselves. If, however, you refuse to listen, then this tremendous power will work against you and the world. This tremendous power which man has in his own consciousness will sweep everything before it.

Those who try to prevent the growth of the individual will suffer the reaction. No one dare hinder the progress of another; this has been the cause of error in many lives. The reason is deeply hidden in the fact that the stream of life is Universal.

Thus wisdom and understanding is the key to our thinking. "Understanding is a wellspring of Life to him that hath it." (Prov, 16: 22.)

"Happy is the man that findeth wisdom, and the man that getteth understanding, for the merchandise of it is better than the merchandise of silver, and the gain thereof than fine gold. She is more precious than rubies, and all things thou canst desire are not to be compared unto her. Length of days is in her right hand; and in her left riches and honour. Her ways are ways of pleasantness, and all her paths are peace. She is a Tree of Life to them that lay hold upon her: and happy is everyone that retaineth her." (Prov. 3: 13-18.) "The wise shall inherit glory." (Prov. 3: 35.)

The prophets wrote the Bible to enable mankind to find the way back to the source from which we came. The Bible is the means through which we can find our way, but we can take from it only what we can take *to* it. Therefore the more wisdom and understanding we acquire, the more wisdom we can obtain from the book of Wisdom. When reading the Bible we should know whether we are reading about the physical, mental or spiritual, and it requires wisdom to discern which is referred to.

“Wisdom is more precious than rubies; and all the things thou canst desire are not to be compared to her.”

The secret of power is the perfect understanding of the combining principles, forces and methods of God and man, and a perfect understanding of our relationship to the Universal Mind. The Principle inherent in God and man is unchangeable; the principle that creates thought, then, is reliable and eternal. We are the active partners with the Universal Mind, and through us the Universal Mind expresses itself—through the power of our thought. Through the power of our thought the Universal Mind will continue to express itself, and thus we can determine the result beforehand.

I will repeat that for you, to make it even clearer and more definite in your mind. Through the power of your own thought the Universal Mind expresses itself through you. There is nothing outside the Universal Mind; all is in it—we are in it, everyone of us is in it, and we cannot get out of it even if we try, because there is nowhere outside it. The significance of this unerring Truth has not dawned upon the mind of many, but when unto those to whom this great Truth is revealed the torch of power is lit it can never again be extinguished. Carlyle* says, “The great law of Culture is—let each become all that he was created capable of being.” What a wonderful statement!

We have been as blind as others living under other cultures, and in our ignorance have failed to find a way out of the influence of our negative and destructive conditions. But with this new understanding we can progress to greater heights than any of which we have yet dreamed of. Heights of understanding, if they had been known to past civilisations, would have saved them. And now this understanding can produce for us a civilisation that will surpass our most exaggerated imagination, if we will but accept it and use it. This is true. If only each and everyone of us could grasp the significance of it we would see that the whole race would rise to the pinnacle of its greatness. The race would enter into its spiritual evolution overnight, and there would be revealed that which the creation is waiting for, the revealing of the Sons and Daughters of God.

We are all sons and daughters of God by birth but we must become sons and daughters of God by faith through understanding and wisdom.

We must at once increase the consciousness of our mental and spiritual power and intelligently use it for the benefit of all. Without this consciousness the true meaning of our future has no logical promise. We would be like all other civilisations that have been destroyed in the mist of ignorance. Where they have gone no one knows. We find ourselves scratching here and there for certain relics of the past. We try to form some idea of past civilisations, but only in the depths of the soul can we search deeper than that which is seen on the surface. Through true understanding the vision is revealed, the truth of the Sons and Daughters of God, and from that point we start anew a greater civilisation.

By living rightly in wisdom in the very lowest rung of the ladder which we see in this physical plane, we shall gain His inheritance and know, in the darkness that surrounds us, that the Light that lighteth the world is within ourselves.

We have failed to grasp the essence of our religion, and this failure has limited our power and possibilities. We have allowed others often less informed than ourselves to mould our thoughts and action, and to conform to certain religious beliefs—and we have become confused. We have not dared to assume that our thoughts and our method of thinking can possibly have anything to do with the shaping of our destiny. We have hitherto ascribed the events in our life to the will of God. But this is a mere alibi, an avenue of escape from the conscious use of Creative Laws.

We have superficially satisfied ourselves with the acknowledgement that thoughts are things and that thinking is the greatest factor in our lives, but we have not sought to understand the vital and important nature of these factors and we have thus deprived ourselves through not establishing this understanding as a fundamental working basis for our daily lives. Is that not true? Yes, we repeat these things glib fashion, we read them, then pass them by. You also repeat many things that I have said to you, yet you have not taken hold of them and made them your own, nor have you actually acted upon them. It is not listening to the word, as the Master says, it is acting on the word that counts.

So we see how those blind to the great Truth become leaders of the blind, and they all stumble and fall.

The self-evident law of Creative Power in man produces his own misery, because of the lack of this understanding. So the statement in Genesis, “Let us make man in our own likeness and with mastery over everything,” means exactly what it says. Jesus in effect said, “Make this recognition the centre of your life and you have tapped not only the source of everlasting life but the power to produce and control all things in heaven and on earth, but refuse to believe it and you will die in your ignorance.” That is the meaning of His words—the exact meaning of His words in modern language. In this way we make this recognition the centre of our life, and in this way know that it is the source of everlasting life; in this way we know that it is the only power that can produce and control things rightly, not only in our physical and mental state but also in our spiritual state as well. But if we refuse to believe it we will die in our ignorance. We will not be one jot better off by coming into this world, if we cannot leave it better than when we came into it; in other words, we will have only hindered the progress of mankind instead of enhancing its progress.

The narrow ecclesiastics promise you Divine vengeance for daring to question their theological formulae. The ignorant theologians who chained themselves try to chain others with the promise of Divine vengeance if they do not adhere to “the” ritual. But man brings upon himself his own vengeance through the ignorance of the Divine Creative Law within him. As he sows so does he reap, whether he sows in his own ignorance or through the ignorance of others. With this understanding we shall be able to meet the problems that arise in our lives with greater success.

It has been the conscious application of the known laws of which I write that the many problems brought to me have been solved. God reveals Himself in many different ways to increase our consciousness of our relationship to Him.

By using these laws to solve successfully our everyday problems we gain a greater realisation of the power of God, individualised in ourselves. Then let us constantly and consciously employ this technique in our everyday life, so that our individual example shall be the way that mankind may also take, to reveal the glory of the Sons of God for which “Creation” is patiently waiting.

“Evil is but a myth clothed with shadows of a thought. The only evil from which man can be redeemed is self. If man would find this saviour he must also look within, and when the demon self has been dethroned the Saviour Love will be exalted to the throne of power.” And Love is the only thing that can ever exist; it is the only real power, the only reality. All other things are illusions created by man himself in his state of ignorance.

It says in Proverbs: “Before destruction the heart of man is haughty; when pride cometh, then cometh shame.”

Jesus says: “Whosoever therefore shall humble himself as this *little* child, the same is greatest in the Kingdom of Heaven.” (Matt. 18: 4.) This means that to acquire wisdom we must be humble, and when it is attained we must be humbler still. Wisdom is God’s expression. And we cannot obtain this expression until such time as the “self” has merged itself with the impersonal or the personal self has dissolved itself into the impersonal. I mean this: that the “self” must be dissolved away into the impersonal that is behind all self. Where is the real power? Where is the power of the light? Not in the light itself. The power of the light is in the electricity which is behind it, and the power in each and everyone of us is in the impersonal life that is behind us all. So you must lose the personal to gain the impersonal. We must lose this life to gain the greater life. The Master said: “He who loves his life shall lose it and he who gives up his life shall retain it.”

We are all heirs to all wisdom and understanding. Only through lack of wisdom do we make mistakes. We are heirs to all love, so that we need never know fear or jealousy. Heirs of all strength, all life, all power, all good! To receive, we must merge the personal life with the impersonal. To be impersonal we must be humble yet positive, understanding the Creative Law within our own Consciousness that “Love worketh no ill.”

We are joint heirs with Christ-in-God to all that is His, and as God is everything we are heirs to everything when we attain to an understanding heart.

Emerson says: “Every man is the inlet and may become the outlet, of all there is in God.” It means that all that God is and has is in reality for us His heirs, if we only know how to claim our inheritance through the wisdom that is “more precious than rubies, and all the things thou canst desire are not compared unto her.”

“Son thou art ever with Me. ALL THAT IS MINE IS THINE.”

“The wise man partaketh of it—the ignorant knoweth it not.”

WISDOM AND UNDERSTANDING.

The highest Wisdom and Understanding we can aspire to is:

“Loving Father we set our affections upon Thee, and we see how rich we really are.”

The exercise for this week is to concentrate on Wisdom and Understanding until inspiration is achieved. When inspiration is reached it will abide with us all the days of our life. This is truly the secret of successful living. Concentrate upon Wisdom and Understanding, which are more precious than rubies.

MEDITATION.

10 Minutes.

“We are the Wisdom of God.”

BENEDICTION.

Say in your heart as you follow me, in your heart, deep in your heart, knowing it to be true:

“Loving Father, this is Thy Holy Temple, Thy perfect dwelling place.”

SO MOTE IT BE.

* Thomas Carlyle (1795-1881), Scottish essayist, historian & writer on social and political problems.

LECTURE 19

The entire material world is the expression of the Creative energy revealing a knowledge of “how” and the conscious use of the Creative Process of Thought. In the process of creating, the Infinite Mind must have had the scheme complete otherwise all would be chaos. So the Universe follows an orderly plan of continuous progression fulfilling the Law or the “will” of the Infinite which occupies the central place in the completed idea held in His all-embracing Mind. The comprehension of that statement as it is, is sufficient to give us the complete understanding of the “how” of the Universe and the application of the creative power in regard to our thought-processes. This complete idea is being objectified in detail as an orderly plan. The most important part of this creation, to us, is ourselves and the use of our own creative power. There is only one Mind in which everything is and can ever be. We are creative in this one Mind, but, if we are unaware of this fact, we will not be familiar with the ways and means of *how* to create.

The Infinite Mind is the only Mind there is, and there is no outside it. In other words, God is expressing Himself, and He alone is expressing Himself through us. When we recognise this and see it in its completeness, the great significance of the Truth of the words “I of myself am nothing, it is the Spirit of the Father within me that doeth the work” dawns upon us. And it is this recognition of submerging the personality for the greater personality of that Mighty power which is capable of producing or doing anything provided we realise it. But the fact is that we ourselves try to perform all the feats, thinking that we in our own mortal state can produce what God cannot do. That is the fallacy, and it is the cause of failures in life. But when with understanding the union is made by submerging the personality, knowing that it is nothing—“I am nothing, it is the Father in me that is doing the work”—then we begin to perceive that the essence of the Universe is within ourselves and we begin to feel the power that is creative.

This enables us to unite with the invisible forces of the Universe, to plan fearlessly and execute with wisdom the ideas we place in the Universal Mind to manifest. The revealing of the idea is perceived through

contemplation in Silence. This seems to be the condition required for all great undertakings. Therefore we see there is but one Mind in which we act, one Mind in which we think; but because we think separation, we believe our own minds are separate from the Infinite—and this is not so. When we actually sow seeds and plant them in the Universal Mind they are sure to grow. It is through separation that fear comes. Fear and doubt destroy the seeds before they even take root.

When the idea is held in the mind that is linked to the Universal, details begin to form in rapid succession. It is then that we understand the process of creation as seen in nature, where the details of the idea are being expressed in perfect sequence. We must apply this Law to our own creative processes and reap our reward. According to our faith so shall it be unto us.

The supreme wisdom is to follow the inspiration received from the Universal Mind, which is at hand at all times to lead us through to the complete manifestation. The inspiration that comes from Universal Mind is a continual flowing of the Universal Intelligence, which is necessary so that the complete manifestation will be manifested in the outer plane. Only through the continuation of our ideas being held and expressed in the natural sequence do the details manifest as you see in nature. If man is made in the image and likeness of God you can see that the “how” is in man himself.

When we fail to recognise the fact that we are creating in the Universal Mind, which is our inner world, we react to effects in the outer that are not understood by the limited understanding of the ignorant personal consciousness or habitual mind, and this is the cause of failure.

Thus we see there is the God-Mind, the Christ-Mind, and the human mind. Although seemingly separate, these three are one. Should, however, we act from the limited understanding of the human mind we get lost in our reaction to effects, not knowing that what we create within we produce in effects without.

The Christ-Mind is always conscious of the unlimited power and ability of the God-Mind to produce super ideas; at the same time it understands the limitation of the human mind. The Christ is the link between God and man; the Christ-Mind is conscious of itself, conscious of God and understands the mortal sense of illusion. It is conscious of its own power and ability to

create in the God-Mind and it understands the causes of fear, limitation and error in the mortal or human mind. "I am the Way, the Truth, and the Life: no one cometh unto the Father, but by Me." (St. John 14: 6.) Now these words become perfectly clear to you, I hope; and if they are, then a new life is in store for you.

We will find that this sustaining power, the power that is so essential in this life of ours, will carry on even under adverse circumstances, so that as we push through the conditions and over them we will find waiting for us the glory of our experience manifesting in our creation; and we shall acquire the ability to carry on under more and more exacting conditions, until such time as we reach the pinnacle of experience that enables us to take everything in our stride, knowing the power within us, and that the God-Mind in whom we work is available not only for sustaining the individual but also for creating and bringing every detail into its most minute, its perfect manifestation.

To know the Christ in ourselves is the secret of all attainment, for when we know the Christ-Power that has no limitation, and has power to dissolve all error, we will know God the Father who is perfect beyond our mortal conception. Only the Christ knows that all is possible, and those who have seen the Christ at work know that it is the Father expressing Himself through the Christ within. "If ye had known Me, ye should have known My Father also." (St. John 8: 19.) "And from henceforth ye know Him, and have seen Him." (St. John, 14: 7).

The Infinite-the Father-the God-Mind, the Son the Christ-Mind, and the human, the habitual or mortal, mind become for us the unlimited source of all ideas. Once we possess this knowledge and how to use the creative processes of our mind we can intelligently control our feelings and ideas that arise in desire and transcend the habitual reasoning, seeking the laws of the Christ-Mind. If we fail to recognise this higher intelligence and exclude it from our consciousness, though it will still be the basic principle of all existence, we shall react to the effects that we see with the habitual mind, and through not understanding the law we may fear, we may become anxious and believe in the error created all through lack of understanding. For if we think lack, limitation and sickness, we shall find their fruits on every hand. If we believe that disease, poverty, unhappiness, are realities,

and if we fear them, the result will be just as certain. Job said: “The thing I feared has come upon me.”

When this state appears, the Christ-Mind in us becomes of vital importance. It enables us to transcend the reasoning of the habitual mind, and intelligently to unite ourselves with God the Father. Thus the Christ-Mind, understanding the limitation of the habitual mind, directs our thoughts towards the Creative Power and becomes the channel through which the habitual mind consciously operates; then the omnipotent omnipresence is realised in our objective world here and now, and what has been done two thousand years ago, what the prophets had done, and what other great men and women have done, *can be and is done again today*. The same life, the same power and the same mode of action will bring it about.

When our habitual mind itself is in the throes of fear, doubt, and apprehension, it tends to discourage and even to destroy our objective world. But by co-operating with the Christ-Mind it can refuse to allow these negative ideas to establish themselves. This is done by the belief in *the certainty* that an idea held in the mind is acted upon by the Creative Power, and we therefore choose the ideas we wish to see established. Then thinking becomes a science, not a haphazard thing, fire-and-miss, that is, alas, so evident with the majority of people. That habit-thinking which we see being done all over the world and even among ourselves is the result of unscientific thinking and unscientific reasoning. If you are going to base your life upon opinions you will fail; if you base your life upon the science I have shown you, you are sure to be a success, and failure will be impossible.

In our ignorance of the Creative Power we allow to be reproduced in our daily experience events of unhappiness, failure and sickness corresponding to the prevailing mental attitude we hold.

Thought is creative, but there are different degrees of creative power behind thought. The more we feel the Creative Power, the greater is its power to manifest. The more we feel the Creative Power, the more it will manifest in our lives.

There is a Cosmic energy in which we live and move and have our being. We breathe in this Cosmic Force, and when we feel our oneness with it we

make a conscious connection with all life, all intelligence, all substance. When we consciously identify ourselves with this Cosmic Life it gives us that scientific basis for understanding the Law enabling us to free ourselves from disease, lack and limitation of any kind. You become aware that you are breathing in the Life into your own nostrils. "Divine Life fills me." The knowing and feeling in regard to this is sufficient to dissolve away adverse conditions that may enter your daily experience. Thought that is in harmony with the Universal Mind will result in corresponding conditions.

The train of causation created by our thinking is in strict accordance with our mental state; that is why we should gain as soon as possible the mental attitude that corresponds to the constructive Law of the Universe. It is found in the first paragraph of this Lecture. I will read it once more for you, so that it will enable you now to see a little more clearly:

"The entire material world is the expression of the Creative energy revealing a knowledge of how and the conscious use of the Creative Process of Thought. In the process of creating, the Infinite Mind must have had the scheme complete, otherwise all would be chaos. So the Universe follows an orderly plan of continuous progression fulfilling the Law or the 'will' of the Infinite which occupies the central place in the complete idea held in His all-embracing Mind. . . . This complete idea is being objectified in detail as an orderly plan. The most important part of this creation, to us, is ourselves and the use of our own creative processes. There is only one Mind in which everything is and can ever be. We are creative in this one Mind, but, if we are unaware of this fact, we will not be familiar with the ways and means of *how* to create."

So we see that the complete idea is within the mind, and the will is a central point in that idea; and from there all details are worked out perfectly, coming into fruition in exact sequence. When we apply the Universal Law to ourselves we see how wonderful this Truth is and what a mighty thing it can become to us. If, however, we fail to recognise this Truth, then we are lost in our fears and doubts and reactions to the effect we create in the outer world, because of the errors we create within.

The Universe is governed by an unerring law. Every effect must have a cause and the same cause under the same conditions will invariably produce

the same effect. We create the causes within and these in turn express themselves as visible effects without.

The answer to our prayers is subject to this Law. This knowledge will take your religions out of the realm of superstition and credulity, and place them upon the rock of scientific understanding.

When I speak to the sick and weary, I show them the science of Life and this is my religion. I have no religion independent of my acts. When I am religious I put it into practice, and when I am putting my religion into practice for the benefit of the sick and the sorrowful, and those whom I can help, I know what I am talking about. I am showing a science, not preaching a superstition, and if you look into it rightly you will discover that there is more in it than you at first supposed. St. Paul says, "Show me your religion or faith independent of works, and I will show you my religion or faith by my works."

Some talk about religion, talk about this and that, but unless they can put it into practice, they are what I call charlatans—they are talking about things which they do not understand and are trying to make themselves out as something that they are not. There is no such identity as goodness by itself. Goodness is identified by acts.

Practical and scientific religion is acting and producing results; religion by the spinning of words is nothing. So by establishing the Law of the Science of Truth we destroy ignorance. The introduction of one destroys the other, to all who will understand. The introduction of this science can explain the errors that keep us in trouble. This is what the prophets understood, and wise men have looked for it ever since man began to think. This is the Kingdom of Heaven, the Law that is written in the heart. It is the knowledge of ourselves by which we can see the cause of our own misery. If we do not see the cause of our own misery, we will keep on creating more misery.

Disease and misery, and all that they pertain to, and the causes of them, are error in the habitual or carnal mind, and must be corrected by a power independent of itself. This is done by the Christ which is governed by science. In all cases the error is a chemical action reproducing itself in the cell structure of the body through mind action, because all is mind: and so there are two rogues—the carnal mind and the error it produces. These two

rogues are at war with each other. There is an old saying, “When two rogues fallout an honest man gets his due.” So when error is at war with its creation it develops some truth. It shows that cause is error established in carnal or habitual mind. This will create a partial clearing of the way for the error to be dissolved.

The end of error comes by the introduction of the Law of God, which the Christ within knows and understands. While seeing the error, the Christ also knows how to dissolve it away through the science of the Truth that the perfect dwelleth within, and to gaze upon it we bring it forth.

So the most wonderful Truth is, that the only living Being, the only Being that is expressing Himself, is God. God is expressing Himself continuously, and God is not subject to any disease or difficulty, or limitation of any kind, and He is never sick. The substance in which He works and acts is a perfect substance and He is the consciousness and intelligence in it, creating all forms and maintaining them perfectly. This substance is not subject to any disease or condition, neither is its Creator. Whence then comes the condition?

The condition comes when man, made in the image and likeness of God and not understanding this truth, and believing in separation, creates by the very consciousness within him these errors, believes in the errors he creates, and establishes the errors in his own mind, which reproduce themselves upon his body, circumstances and conditions; and as he continues to react to these he enters into the vicious circle from which he cannot escape until such time as the science of Truth, or the Christ, scientifically corrects the error—and then the chains are broken and man is free.

The end of error comes by the introduction of the Law of God, which the Christ within knows and understands, and while seeing the error the Christ also knows how to dissolve it away through the science of Truth that the perfect dwelleth within and to gaze upon it we bring it forth.

Seek the Kingdom of God, the pearl of great price. When this is found, all is possible. This is not obtained by the cold calculation of the intellect, but through a feeling and understanding heart, a condition that the intellect is incapable of; and our happiness is the effect of this understanding.

All religions embracing creeds contain rewards and punishments, so holding out inducements to be good on the one hand, and retribution on the

other hand. This is not the religion of the Christ. The Christ is in us and is the real in us, and to know ourselves is to know the Christ, and to preach this religion is to help each other out of our troubles, and to destroy the enemy error that has possessed us.

It is easier to talk about religion than to practise it, and to practise it is to talk it, to show its effects by reducing and eliminating error. To give all who ask of you, some spiritual knowledge that will cool the fever, calm the excited brain and lead them like the True Shepherd to their home of health and happiness where they can rejoice with their friends, surely to do that is truly the work of the Christ within.

But when people ask for this spiritual bread they are given a stone, because the true religion of Christ is not known by those who profess to teach it. Thus the misery still prevails.

To be a follower of Christ is not an easy thing, but to be a representative of the Kingdom of Heaven is not so very hard. It only requires one to become as simple as a child. To call yourself a follower of Christ is to call yourself a pattern of goodness, and that was more than Jesus did of Himself, for he never sounded the trumpet of His own praise. “Why call Me good? There is none good but God.” So we are called upon to be the followers of Jesus so that the world will be better by this truth. This is our happiness and the happiness of others, for we are all workers, working for the freedom of mankind; and so we must dismiss superstition and error, and embrace the true science of religion and fight the enemy of health—misery, want and limitation— like a true soldier of true science.

It is not trying to be a pattern of goodness that is so essential but to be the representative of the Kingdom of Heaven. If you can see this point clearly enough, it is not difficult for you to become representative of the Kingdom of Heaven; and you will be able to explain and show the way to the Kingdom of Heaven, which is a Kingdom of the consciousness where there is health and strength and all the things that God has prepared for those who love Him.

“He who seeks to save his soul alone
May find the path but will not reach the goal;
But he who works in Love may wander far,
Yet God will bring him where the Blessed are.”

So is it to work in love, understanding your brother helping one another.

No good can come from prayer that is based upon superstition and ignorance. The mind that is ignorant of self, Christ and God, will find no more favour or reward than is deserved. Prayer is the desire of the heart, and if the heart is right the prayer will be answered.

The heart is the emblem of knowledge. A heart that is full of superstition, ignorance, deceit, and hypocrisy is corrupt.

Some think that, to pray, all that is required is to humble themselves, to get down on their knees, and hold up their hand in a hypocritical attitude and ask God some favour which they are not entitled to. "But God rewards everyone according to his acts and He knows our wants before we ask." Some pray thinking that by doing so they are either flattering or honouring God and He will be pleased to see how much they honour Him. This is not the wisdom of God. God asks no such worship. Jesus says to worship God we must worship in Spirit and in Truth, for He is the Truth and not the error. To worship Him in the Truth and not the error your heart must be right. Approach God with a contrite heart, but if it is full of ignorance, superstition, hypocrisy, then you are wasting your time. Unless you become as a little child you shall not enter the Kingdom of Heaven. Unless you put aside pride, hypocrisy, envy, jealousy, hate and all superstition, you cannot enter this Kingdom. When you can discern the cause of these hideous things and not run away from them, then you will face them boldly and destroy the error with the Truth of the Christ within.

I take this little child and place it before you. It is such as these that make up the Kingdom of Heaven.

It is the wisdom of God that is expressed through the mind of man that gives understanding. And this wisdom can be yours too, a mighty wisdom so glorious in every way. Our reward is our act; what we create within, so shall it be in the outer. "As a man thinketh in his heart, so is he."

Some who pray expect God to leave the principle of Science upon which He built the Universe, and to come down to ignorance, to please some selfish motive. Such as these know not of the science of Truth.

God is a centre of Love, Wisdom and Power, which pours forth in eternal streams. Those who want to enjoy His love and wisdom can get closer to Him by understanding themselves. But if we stand out in the cold, it is our

own fault. This has always been the saying, since time began, by those who knew the truth, "Know thyself."

God pays me as soon as my work is done; in fact, it is He who doeth the work. I ask no favours from Him apart from His principles upon which I can operate through understanding. If I act wrongly He will not step in and correct me. I must do that myself, and to do this I must know myself. I must know the Christ and I must know God. Then I am free, because I act upon the principle that man is made in the image and likeness of God. So I act upon the scientific principles of God, upon which the Universe is built. These Principles of the Creative Power exist in us, and knowing that such is the case so it shall be according to our understanding. If two agree upon the same thing, so it shall be unto them.

When we act rightly we get our reward, for either our happiness or our misery is the result of our acts; and as we are not separate individuals, but individuals in the one whole, our happiness is in our neighbour; and to love our neighbour as ourselves is more than prayers or burnt-offerings or sacrifices. It is more than a principle of ethics; it is a law of self-preservation. If you understand this, you are not far from the Kingdom of Heaven. If these words that I have said to you remain with you, deep down in your soul, and you act them out in your ordinary life and experience, then you will find a change taking place; conditions will change; your life will change; your health will be restored, for you will know what you are doing.

A desire to know God is a desire to know ourselves. The more we know of ourselves the more we will know of God, and this is an ever-unfolding process which stretches into eternity. As I know more of myself day by day, so do I know more of God, and it is the same with you all. This alone will lead us into the Kingdom of Heaven, which is a Christ-state-of-Mind that leads us to health and happiness, and all the things that God has stored up for those who love Him—worshipping Him in Spirit and in Truth.

It is nearly the anniversary of the great event, when a man was born with wisdom, and that wisdom came unto the world, yet the world knew it not and refused that wisdom, going its own way, performing its own deeds. He was the Prince of Peace, who came to bring good-will to the hearts of all men. But the mind of men war against each other, and their hearts remain chained to that horror of uncertainty which still prevails today. We cannot

escape from the conditions of the world in which we live if we contribute to these same conditions. We are just as responsible for the conditions that took place at Belsen* camp in Germany, just as responsible as the people who performed the atrocities.

The Prince of Peace did not say it was necessary to have war so that man could come together to rejoice in that which God had given him, to replenish the earth and multiply and make it productive. Yet man fights over the things of the earth—and the earth belongs to no man. He can take nothing with him except the wisdom he obtains, that wisdom obtained through a humble and contrite heart.

We must recognise the true Prince of Peace who said: “Love ye one another.” He is the true wisdom given to the world; He is the Life that lights the world into the Truth of Love and Eternal Life that would set us free.

Unless we have that Prince of Peace in our own hearts we are liable to be led again by propaganda, which spreads like a noxious weed, a vicious thing that enters into the minds of men to destroy them. Unless we have that Prince of Peace in our own hearts and the wisdom of God to guide us, we are liable to fall again into the error of destroying our brother whom we have never seen.

I was a soldier myself, so I know something about it, but now I am a soldier of Truth and I try to be a good soldier of Truth. The science of Truth is the science that will lift the world out of the conditions it is in today, into that new Jerusalem we are looking forward to, for Love is the only thing that will save the world.

Except a grain of wheat fall into the earth and die, it can be nothing but a grain of wheat, but if it die and it lives again— from its grave a hundred grains of wheat will arise. These truths that I have given to you, must take growth in your own souls so that they may multiply. Then walk in the light when you have the light, for he who walks in the darkness cannot find the way; but he who believes my words and acts upon them will find the Truth that will set him free. Behold a light has already come into the world; this light is the Son of Man who became the Son of God through faith and understanding. That light is still here to light the path to the new Jerusalem.

Some say Life is a Law,

Some say it is a game.
In it some look for pleasure
While others seek fame.
 But Life is a principle
 Exact and true.
 Just think for a while,
 Then you'll know what to do.

Mathematics and Music
Are as exact as can be.
One is figures,
The other harmony.
 Live the Life,
 Then you will see
 God in all humanity.

The exercise for this lesson is to trace your way back to God through the Christ within. You will find the method that suits you best; the main thing is to find the source and this you will find established within yourself. When you feel you have found it, try to realise it more and more. This you will find will lead you to eternity. Yet eternity will no longer bother the mind, because you will know that you *are* eternity and though your progress means an eternal unfoldment there will be the satisfaction in the knowing that all is well in the Mind of God.

MEDITATION.

10 Minutes.

I am Thy child, Thy living image, O Eternal One.

BENEDICTION.

Great and Mighty Eternal Spirit, Thou art the essence in everything that exists. Help us to grow nearer to Thee in understanding, to have Thy Divine Love and Wisdom in our hearts, with our minds clear to see the perfect

vision of the Christ within, the Prince of Peace deep in the hearts of every human being, and there to dwell forever.

Help us to be more like Thee, as Thou hast made us in Thine own image and likeness. Let this be the Truth that enters into the heart of every woman and man that lives upon this earth, to know Thy love and understanding, Thy wisdom to guide our hearts and minds, so that we ourselves shall be to our brothers and sisters as Thou art to us.

SO MOTE IT BE.

* Bergen-Belsen Concentration camp WW II.

LECTURE 20

The most common thing in the world is prayer, yet it is the least understood. All peoples of the world forming the many different colours and creeds engage in it, but only a few pray with understanding. The masses, still steeped in idolatry and superstition, pray, yet with no real understanding of what they are worshipping. This is evident today as it was two thousand years ago when Jesus uttered these words: “You are worshipping something you do not know; we are worshipping what we do know. But the time is coming when the real worshippers will worship the Father in Spirit and in reality, for these are the worshippers the Father desires. God is spirit, and His worshippers must worship Him in Spirit and in reality.”

Prayer is not a petition, a demand or command. Prayer is Divine co-operation in the opening up to receive the Divine Blessings that are ever being mediated to every living Soul from the one great Source of Life and Love.

It will be observed that to repeat or read a prayer parrot-fashion is of little value in gaining this blessing, when it is essential that the heart should speak, not merely the mind, for where the heart is set the mind does not wander.

Most people of the Christian faith repeat the Lord’s Prayer without the slightest idea of its meaning and I propose to reveal the completeness and the beauty of this wonderful prayer that the Master gave as a true guide to all humanity.

Prayer is union with God, but before we can have that union we must understand that God is not a deity that is external to ourselves and far from our reach, that we have to beseech Him to come to us from a great distance and with a doubt that He may ever reach us. We must realise and recognise that God is our Father-Mother, the very essence of the one Life that sustains us and makes us conscious living beings, to become conscious of this essence of Love and Life that redeems us.

It took Jesus three years to teach His disciples to pray, and even then they did not fully comprehend the great significance of prayer. Jesus was the greatest exponent of the power of Prayer, and let us examine what He says. We will try to see what was behind the words He spoke; in other words, we will try to enter the state of mind that was in Jesus when He prayed.

His words were but the expression of the thought behind them *and can be rightly interpreted only if one has a knowledge of the nature of God to whom He prayed:* and with the knowledge we have acquired let us try to see what was in the mind of the Master and try to comprehend what He knew when He prayed.

The Law is that thought will correspond with the object asked for and bring forth in the material world in exact correspondence with the thought produced. We must also see that the thought must have the germ of Truth in order that the Law of Growth will bring into manifestation the good, because good alone can confer any permanent power.

The eternal fundamental principle inherent in all things is attraction. Love attracts Love, hate attracts hate, thought attracts its kind. It is because of this great Principle that every philosophy, every religion and every science, has proclaimed Love the highest attainment, because through it all things are possible. It imparts that vitality to thought to make it real. To love is to feel! and to feel is the moving force behind thought. In other words, feeling is desire and desire is Love-attraction. According to the thought, then, so shall it be unto you. Thought impregnated with Love becomes invincible. It is this principle that gives thought the dynamic power to correlate with its object and master every adverse human experience.

The Universal Mind of God is that boundless ocean of Life, omnipresent in nature, that fills all space. This ocean of life is the Living Substance or Intelligence underlying all things and is acted upon by the creative Self-Conscious Life that interpenetrates it. The Universal Mind of God being dual in nature, Father-and-Mother, one component part is passive while the other is active, and through this interaction all is created.

The Self-Conscious Life is none other than the Spirit of God spoken of in Genesis “as hovering over the waters,” the waters meaning the passive phase of the Universal Life that would respond to the Self-Conscious Life or Spirit. “God said, Let there be light: and there was light.”

The Spirit or Self-Conscious Life is the director in the creation of all form by virtue of the power of thought inherent in it to call atoms of the passive Life into form and by the Law of Attraction, which is dominated by the kind of thought projected into this ocean of atomic Life of the Universe. This Law operates in all creation whether it be a creation of the Infinite Conscious Life in man or the creation of the Supreme Conscious Life—the Infinite Self that animates the whole Universe.

The Master and prophets understood and used this Law and performed what to the unenlightened were “miracles.” To them it was the natural sequence of the Law in operation.

It is with the same Law that the healing you have witnessed being done through me has been performed. I have so often told you that it is the Spirit of the Father that does the work. I am just the instrument He uses in mediating His Life to you. “I will give unto him that is athirst of the fountain of waters of Life freely.” (Rev. 21: 6.)

Jesus said, “As the Father hath life in Himself so He grants the son to have life in himself,” meaning that the same creative Life in the Father is in the son. The only difference is in degree, and this is the All-Creative Life in us, of which we are mostly unaware, and because of this fact we are unable to pray with understanding.

The great statement of Jesus was that “The Father and I are one.” The Father is the great Universal Divine Mind wherein reigns perfection—Love. The Son was the direct expression of this unerring Universal Mind, and the only way in which the Universal Mind can express itself fully is through the Son’s awareness of the Father, united in Himself as the point through which the Father can express Himself, that whatever the Son asked, the Father would produce. But the Law had to be applied, otherwise the process would not work. The Apostle James says, in other words, that we must use faith with never a doubt, for the doubtful (double) minded person can never get anything from the Lord.

Jesus says, “Ye have heard that it hath been said, thou shalt love thy neighbour and hate thine enemies, but I say unto you, Love your enemies, bless them that curse you, do good to them that hate you and pray for them which despitefully use you and persecute you *that ye may be the children of your Father which is in Heaven*, for he maketh the Sun to rise on the evil

and the good, sendeth the rain to the just and the unjust.” Here He sees the great Truth that God is the Father of all. To Him all are alike, because He sees no evil—which is alone in man’s mind.

Carlyle and Emerson were two great men. Carlyle hated evil with all the power of his soul and he brought all that hate could bring into his own life, whereas Emerson loved the good and brought nothing but love into his life. The one who loved had a charmed life; the other, though good in the sight of the just, preferred to hate evil, and hate thus dominated his life and he lived a living hell.

How many preachers today are always concentrating on the evil in the world! We need an abundance of preachers who can love only the good and preach it. Evil, having no power of its own, will fade away into nothingness because it has no substantiality. Only the good is permanent. The foundation of the Universe is built upon Love, and that is why good must and will triumph over all conditions; it remaineth forever.

Then Jesus says, “When thou prayest, thou shalt not be as the hypocrites are, for they love to pray standing in the synagogues and on the corner of the streets that they may be seen of men. Verily, I say unto you they have their reward. (Meaning that nothing can be forthcoming from such prayers.) But when thou prayest enter into thy closet, and when thou hast shut the door, pray to your Father which is in secret, and thy Father which seeth in secret shall reward thee openly.”

The closet is the inner mind which is the secret place of the Most High. There and there alone can we find God in the very depths of ourselves, and whatever we desire when we pray we shall have if we believe we have it—that is knowing the Law, that we are one with God, and the only way to get anything is to understand our unity; and the manifestation of what we desire depends upon how deep our feeling is, and how strong is our faith.

What sort of mind have you? Are you generous and big or are you small and selfish? Listen to what Jesus says, “Give, and it shall be given unto you, good measure pressed down and shaken together and running over shall men give unto your bosom. For with the same measure that ye mete withal shall be measured to you again.”

It is a simple fact that one plus one makes two, and this is an eternal truth. The mental and spiritual realms are governed by fixed laws as simple

and accurate as the Law of Mathematics. Certain conditions of mind are connected with certain results, and the two are inseparable. When we have one we have the other.

Listen again to what the Master says, “Verily, I say unto you, if ye have faith and doubt not, ye shall not only do this which is done to the fig tree but also if ye shall say unto this mountain, ‘Be thou removed and be thou cast into the sea’ it shall be done, and all things whatsoever ye shall ask in prayer, believing, ye *shall* receive.” Here again we see the Master’s great understanding of His oneness with the whole. He was virtually the will of the Father. His feeling was so great in regard to it that all was possible unto Him, and again He says, “. . . and when ye start praying, Forgive, if ye have ought against any, that your Father also which is in heaven may forgive you your trespasses. But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.”

Jesus saw clearly that adverse conditions in life were the result of trespassing the Law. Error will produce error, truth will produce truth. He saw clearly then if we hated we would produce hate. Envy produces envy, jealousy brings forth its kind. Our Father, being the giver, can only give to us what we *are*.

Some have health but no wealth; some have wealth but no happiness—others have wealth but are full of disease. Some will pray, yet get no reply. Is there any reason why they should, with the mental attitude that they hold? A change of mind means a change of circumstances. Cannot you see clearly that the greatest exponent of Prayer meant what He said? Yet few could understand His words; even with His constant presence it took His disciples three years to learn the power of Prayer, and even now, after two thousand years of the study of His teachings, there are few who can realise the wonderful power of man’s greatest instrument—prayer. He says again, “When ye pray use not vain repetition as the heathen do, for they think they shall be heard for their much speaking. Be not ye therefore like unto them, for your Father knoweth what things ye have need of before ye ask Him. After this manner therefore pray ye.”

“Our Father which art in Heaven
Hallowed be Thy Name.

Thy Kingdom come, Thy Will be done on earth
as it is in Heaven.
Give us this day our daily bread,
And forgive us our trespasses
As we forgive them that trespass against us.
Lead us not into temptation,
But deliver us from evil,
For thine is the Kingdom, the Power and the Glory,
For ever and ever.”
Amen.

How many utter the words of this grand and simple prayer, yet the full significance of its meaning does not filter through into the Soul. Let us look at it and unravel its deep significance to man. To know it fully, we realise that it has everything in it to guide man’s life through eternity.

Jesus starts with “*Our Father.*” Herein is established the common brotherhood of man and his relation to the Father of all—the Giver of all gifts. Most people utter these words in ignorance of their true meaning, as would a child small in understanding, the words indicating only some outside power to which he looks for aid. But as the child grows to maturity he sees he is the father of the man. So, as we progress in Truth, we learn the true meaning of the Master’s words: when Jesus spoke these words He knew the relationship between God and man. Now when we speak these words in future we should know our relationship with God and the full manifestation of our Father within us.

“*Which art in Heaven . . .*” The Kingdom of Heaven is *within*. In these words the whole of the invisible to man is opened up. For “Heaven” in the prayer means that the unseen has brought forth all the seen. The One Almighty Mind has brought forth all that is seen; this Mind is in us, and our relation to it is our union with God through our understanding that there is no separation, that we ourselves are the true likeness of Him who created us in Heaven. The Spiritual or inner side of life is greater by far than that which is seen by man in the physical. What we see is but effects which have come from within, and in the acknowledgment of the mighty Unseen; so we realise that our Father is truly in Heaven and that we are thus eternal.

“Hallowed be Thy name . . .” God is Love, and we recognise that our Father is a Father of Love, and we reverence Him with all our heart and mind. There is none greater than He. “What man is there of you whom if his son ask bread will give him a stone or if he ask a fish will he give him a serpent? If ye then, being ignorant, know how to give good things unto your children, how much more shall your Father which is in heaven give good things to them that ask Him?” For He is the Giver of all good gifts to mankind and a lavish Giver too.

“Thy Kingdom come . . .” Here is the fountain of glory, the Kingdom of order and beauty, that in which we can delight and play our part in every day of our life. But man has lost his way in ignorance and has created disorder and chaos, and calls out in anguish, in his soul’s distress, for his soul is one with the souls of all men and feels the pain that man creates for himself and suffers there for.

“Thy Will be done on earth as it is in heaven . . .” Jesus knew the inner order of the mind of God, the perfect state, and asks that it shall be done on earth. It is man’s heart’s desire to see this Divine order expressed in all its perfection on earth, but man fails to see that this rests with himself. To fulfil this desire he must live in conformity with the mind of God.

The insight of Jesus to the eternal workings brings home the full realisation of our utter dependence upon the Father of all and of Whose Life we partake. For as the Father has life in Himself, so He grants the son to have Life in himself, and with this understanding that the one Life is within all, so is the Christ in us. With this feeling of our oneness we know that the Father and I are one; it is this knowing that holds the secret of all Creative Power, and it is this same knowing that gives us that power of which Jesus spoke: “These things I do, Greater things shall ye do if ye will but believe.”

“Give us this day our daily bread . . .” Every soul must take time daily for quiet and meditation. In daily meditation lies the secret of power. No one can grow in Spiritual knowledge or power without it. Practise the presence of God as you would practise your favourite piece of music. “Come ye apart and rest awhile.” To come into the Presence and there drink of the Love and Power of the Father, to renew soul and body, so man day by day gains more and more of the inner Life of God.

The “Bread” is the Bread of Life which contains in itself the fullness of knowledge for all. There are many who can hardly lift a crumb of this Spiritual Bread to their lips, let alone the real daily portion that God offers to man. The completeness of His mighty works is already accomplished; man must partake of this day by day. As man takes his portion he realises, perhaps for the first time, his great responsibility towards his brothers. He gives the good that he may have more to give out, and the more he gives the more he gets to give.

The story of Solomon is so appropriate here that I must repeat it.

When Solomon became King of Israel, the Divine Presence appeared to him saying, “What shall I give thee?” And Solomon said, “Give thy servant an understanding heart.” And God said unto him, “Because thou hast asked *‘the thing’* and hast not asked for thyself long life, neither hast asked riches for thyself, nor hast asked the life of thine enemies, but hast asked for thyself understanding to discern judgment—Behold I have done according to thy words. Lo, I have given thee a wise and understanding heart. So that there was none like thee before thee, neither after thee shall any rise like unto thee. And I have also given thee that which thou hast not asked, both riches and honour.” The inner meaning is, Seek ye first the Kingdom of God and His righteousness, and all things shall be added unto you. Divine Ideas are the bread of God; all must eat then to live both spiritually and physically. Constructive ideas emanate from the mind that is tuned in to the Eternal. It remains for us to operate the Law to produce the results.

As man eats more of the Bread of Life, by his inner knowledge he sees his own errors with a clearer vision; he sees his debt to humanity as a whole, because he now realises that there is no separation.

To raise man’s consciousness, to see the good, he must firstly raise his own consciousness, and in all humility he cries, “*Forgive us our trespasses as we forgive these who trespass against us.*” Man must see clearly that, unless his mind is clear and with a forgiving heart, the Father cannot give him what is not his own by virtue of the Law inherent in himself. Only by forgiving can we be forgiven, only by cleansing our heart can we be healed of all manner of disease and confusion. To get into closer relations with the great Spiritual forces of the Living God we must be born of the Spirit of Truth.

“ . . . and lead us not into temptation but deliver us from evil . . . ” When the truth of the power of God has awakened the Soul, it sees the mighty power for good or evil, and for a moment he sees that if he did use it for evil he sees the potency of this mighty power. But then as he sees the true inner light, that good can only remain, he looks deeply within himself and he knows that he belongs to God. He belongs to the Kingdom, the Power and the Glory, and he cries with all the strength of feeling that he possesses.

“ . . . For thine is the Kingdom, the Power and the Glory, For ever and ever.”

Amen.

For now man has seen the Christ that lives in himself and is waiting till all shall find the same fullness of expression that will bring man to his fullness of the glory that is within him. From henceforth he has died to the world of temporary and transitory things and lives in the Kingdom of Love, Power, Wisdom, Beauty and Strength, Peace and Plenty and opens the gates that all who seek shall also enter therein.

Herein lies the Secret of Prayer. Having become aware of your true nature, whatever ye decree in the inner realm, so shall it be unto thee in the outer. There is no favouritism in Nature; man gets what he himself is. There is no separation whatsoever between our roots and the roots of the Universe, there is no distance between them; the same stream of consciousness which flows in the mighty whole of the Universe flows through mankind. You do not obtain this knowledge by dreaming false dreams but by constant daily aspiration in full conscious awareness until the inner becomes the outer and the outer the inner. “All power is given unto Me in heaven and on earth.” “Whatsoever ye shall decree in my name so shall it be unto thee.”

This, then, is the secret and mighty power of Prayer that is hidden to the masses. If the world would only recognise this tremendous force and use it, a change would be wrought overnight. For “I am with you always, even unto the end of the world.”

“I am in the mineral, I am in the tree.

I am in the animal, I am in humanity.

I am in the earth and fire, I am in the air.

I am in the water that flows everywhere.
I am not a failure, I am not a slave.
I am the true expression of that one Life that never enters
a grave.”

MEDITATION.

10 Minutes.

A prayer of the Soul united with God.

BENEDICTION.

Thou Great Adorable Loving Father-Mother of all. Thou hast created us in Thine own image and likeness, inheriting the same Conscious Life. We thank Thee that Thou hast sent one in His fullness to reveal this to us and that through Him we have been led to Thy Presence within ourselves. For this we praise and adore Thee. Thy ineffable, inscrutable, eternal, ever-present Life is a joy to us, and as we aspire to and adore Thee, more and more of Thy beauty and love and strength and glory is revealed in us.

SO MOTE IT BE.



Dr. Murdo MacDonald-Bayne M.C., Ph.D., D.D.

Founder of the College of Universal Science and author of "*Divine Healing Of Mind and Body.*" Murdo was born in Scotland in 1887 and served in the Great War (WW1) where he was awarded the Military Cross. He writes from practical experience having travelled the world several times healing thousands of people of all kinds of diseases and teaching the Truth of the Law of Being to many thousands more.

According to Murdo he had studied and gained experience in many lands and had spent long periods with the true Masters of the Tibetan Himalayas, where he received the true enlightenment essential for the writing of *The Higher Power You Can Use* and *I am the Life*, the pinnacle of the Truth. From 1944 'Dr. Mac' as he was affectionately known, resided in South Africa where he gave weekly lectures, some of which, over a four year period, were sound recorded. During a visit to England he passed over, suddenly in London, February 1955. His writings, then as now, still have a powerful inspirational and healing influence on those who seek the Truth.

WHAT IS MINE IS THINE

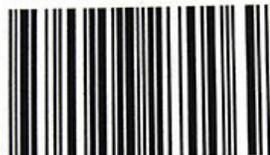
Divine Metaphysics is a system or technique that enables us to eliminate from our minds, our bodies and our circumstances, adverse conditions and replace them with perfect health and happiness and an abundance of the things we need. You may say that this is a tall order. Nevertheless it is true. It has been done by the Masters, who state positively that it can be done by anyone who will practise diligently.

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